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Pacemaker post transcatheter aortic valve replacement: A multifactorial risk?

Stephane Noble, Karim Bendjelid

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Abstract

Pacemaker post-transcatheter aortic valve replacement is related to multifactorial risk. Nwaedozie *et al* brought to the body of evidence electrocardiogram and clinical findings. However, procedural characteristics have at least as much impact on the final need for a permanent pacemaker and potentially on the pacing rate. In this regard, long-term follow-up and understanding of the impact of long-term stimulation is of utmost importance.

Key Words: Transcatheter aortic valve replacement; Permanent pacemaker implantation; Conduction abnormalities; Right bundle branch block; Left bundle branch block

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Core Tip: Since the first transcatheter aortic valve replacement (TAVR) in 2002, TAVR has become a recognized alternative therapy to symptomatic severe aortic stenosis independently of the surgical risk score. The multiple iterations of the delivery systems and transcatheter heart valves (THV) over time associated with better patient assessment and the growing experience and expertise of the operators improved the procedural and follow-up results. However, despite the possibility of repositioning and partially recapturing some of the self-expanding THV and generally higher implantation targets, the need for a permanent pacemaker remains the most frequent complication post-procedure.

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INTRODUCTION

Since the first transcatheter aortic valve replacement (TAVR) in 2002, TAVR has become a recognized alternative therapy to symptomatic severe aortic stenosis independently of the surgical risk score. The multiple iterations of the delivery systems and transcatheter heart valves (THV) over time associated with better patient assessment and the growing experience and expertise of the operators improved the procedural and follow-up results[1-3]. However, despite the possibility of repositioning and partially recapturing some of the self-expanding THV and generally higher implantation targets, the need for a permanent pacemaker remains the most frequent complication post-procedure. Importantly, the left bundle branch travels commonly 2 to 3 mm below the base of the interleaflet triangle between the noncoronary and right coronary leaflets and is therefore at risk for interaction with the THV[4].

Conductance disturbances and the need for permanent pacemaker implantation post-TAVR are multifactorial and have an important clinical and economic impact (price of the pacemaker implantation, higher length of stay)[5]. In a multicenter European trial using balloon-expandable valves, conductance abnormalities were the second most common reason for prolonged hospitalization after logistic causes[6]. Delayed atrioventricular block can be seen up to 8 d post-TAVR in 7% of the cases, but patients without conduction abnormalities immediately post-TAVR did not present any delayed high-degree conduction disorder in a multicentric report including 1064 patients[7]. The European Society of Cardiology (ESC) guidelines on cardiac pacing gave a class I indication for permanent pacemaker implantation in the context of a complete atrioventricular block or new alternating bundle branch block and a class IIa for right bundle branch block and new conductance disturbance (PR prolongation or axis changes)[8]. Interestingly, a class IIa for ambulatory ECG monitoring or electrophysiology study was given in the setting of persistent new left bundle branch block > 150 ms or PR > 240 ms with no further prolongation during 48 h and a class IIb in the context of pre-existing conduction abnormalities with prolongation of > 20 ms of the QRS and PR interval.

In the present issue of the Journal, Nwaedozi *et al*[9] assessed the effects of baseline nonspecific interventricular conduction delay and supraventricular arrhythmia on post-TAVR permanent pacemaker need and also reported the impact of permanent pacemaker implantation on clinical outcomes at one year. In this regard, they retrospectively analyzed the single-center cohort of a tertiary hospital in central Wisconsin, United States involving 357 patients who underwent a TAVR (95.2% of transfemoral approach) between January 2012 and December 2019 using balloon-expandable and self-expanding THV in 53.8% and 46.2%, respectively.

One of the strengths of the study is that they analyzed the rate of pacemaker dependency at follow-up, which was as high as 78.9% one month post-pacemaker implantation. In addition, board-certified cardiologists reviewed the ECG. They found a permanent pacemaker rate of 16% at one year with no significant differences between self-expanding (17.6%) and balloon-expandable (14.6%) THV. Their pacemaker rates are similar to the Medtronic self-expanding THV in the Evolut Low-Risk trial (17.4% at 30 d and 19.4% at one year) and slightly above what we could expect with the Edwards SAPIEN 3 balloon-expandable valve (PARTNER 3 trial: 6.6% at 30 d and 7.5% at one year)[10,11]. The median time of implantation in the study by Nwaedozi *et al*[9] was 2 d, and half of the patients underwent pacemaker implantation within 48 h post-TAVR. Complete atrioventricular block was the predominant indication (66.7%) and the other indications were as follows: left ventricle dysfunction (10.5%), symptomatic bradycardia (8.8%), and symptomatic second atrioventricular block (1.8%).

The main findings of this trial are that pre-TAVR type II Diabetes Mellitus and QRS duration > 120 ms, regardless of the presence of bundle branch blocks were predictors of permanent pacemaker need post-TAVR. They also demonstrated a linear association between post-TAVR permanent pacemaker rate for every 20 ms prolongation of the QRS duration above 100 ms. Finally, at one year, there were more heart failure hospitalizations (28% *vs* 14%, $P = 0.022$) and myocardial infarction (9% *vs* 2%, $P = 0.031$) in the group requiring a permanent pacemaker.

The limitations of this report are related to the design of the study which is a retrospective analysis of a single center experience with a relatively small number of patients ($n = 357$) treated over 8 years. During this long period, there were multiple THV iterations, implantation technique refinements, and a regular expansion of the indication creating a heterogeneous population. The results have to be brought into perspective. Indeed, not only does the baseline ECG influence the post-procedural risk of permanent pacemaker need (particularly the presence of a right bundle branch block[5]), but also the left ventricular outflow tract (LVOT) anatomy and the calcium burden and repartition as well as the valve type used (*i.e.*, balloon-expandable *vs* self-expanding THV), and finally patient and procedural characteristics (*i.e.*, the height of implantation, percentage of oversizing, the technique of implantation, pre- and post-dilatation, resheathing and recapture).

Recently, the best clinical practices concerning the view of valve deployment have progressively switched from a three-cusp view to a combination of cusp overlap and three-cusp views, particularly for the self-expanding valves[12]. When using the cusp-overlap view, we focus on the non-coronary cusp which is on the left side of the screen, whereas the right and left cusps are superimposed on the right side of the screen. This view allows the elongation of the LVOT and subsequently a more precise height of implantation. It also contributes to eliminating the parallax of the delivery catheter, deploying the valve in a true coplanar view, and better aligning the THV commissures[12]. The cusp overlap technique

has been associated with a lower pacemaker implantation rate at 30 d than the conventional technique in a meta-analysis including 1227 Medtronic Evolut valves (cusp overlap technique: 641 *vs* co-planar view: 586).

In the cusp overlap technique, the implantation height was 1.03 mm higher and the incidence of pacemaker rate was 9.8% compared to 20.6% in the conventional technique[13]. However, the incidence of a left bundle branch block did not defer. In a propensity-matched analysis on a small Spanish cohort (92 patients in each group with no baseline characteristic differences), there was a significant reduction of new onset of left bundle branch block and reduced P wave and QRS widening at one year in the cusp overlap technique group compared to the conventional technique group[14]. There was also a significant reduction in a combined primary endpoint including pacemaker implantation, hospitalization and cardiovascular death at one year[14]. Recently, the interim analysis of the Optimize PRO TAVR study showed again the benefit of the cusp overlap technique in 400 patients[15]. This study reports the absence of moderate or severe paravalvular leak and the lowest pacemaker rate (9.8% at 30 d) in a multicenter prospective study with the Evolut platform using the cusp overlap technique and an “optimized TAVR care pathway”. The pacemaker rate was as low as 5.7% when the 4-step cusp overlap technique was precisely followed.

Importantly, Nwaedozie *et al*[9] did not report data on the procedural depth of THV implantation which is a major predictor of the need for a permanent pacemaker post-TAVR. To emphasize the role of the implantation technique and volume-outcome relationship, in a sub-analysis of the Evolut low-risk trial, there was a substantial variation in the rate of permanent pacemaker implantation from site to site in this study including 699 patients from 84 centers, with a lower rate of pacemaker need in high volume centers[3,16]. The sites with a low pacemaker rate had higher implantation at the non-coronary and left coronary sinus levels and fewer patients with an implantation depth of more than 5 mm[16].

Finally, the long-term data post-pacemaker implantation after TAVR are conflicting. Right ventricular pacing is associated with electromechanical dyssynchrony, left ventricular remodeling, increased risk of atrial fibrillation, and tricuspid regurgitation. In a series of 377 post-TAVR patients at one year, a stimulation rate > 40% of the time was associated in a propensity-matched analysis with a higher risk of cardiovascular mortality and hospitalization for heart failure[17]. More physiological pacing such as cardiac resynchronization in cases of reduced left ventricular ejection fraction is recommended to decrease the adverse outcome. His bundle or conduction system stimulation is also a more physiological pacing, which should be promoted. Of note, in the later series, 6 patients had His stimulation with no event or hospitalization during follow-up. In 2020, a meta-analysis including 30 studies showed a higher risk at one year of all-cause death and heart failure hospitalization after new onset of left bundle branch block or peri-procedural pacemaker implantation[18]. In addition, post TAVR new onset of left bundle branch block was associated with an increased risk of cardiac death and need for pacemaker implantation at one year[18]. In a recent meta-analysis of 31 studies with a mean follow-up of 22 months, new permanent pacemaker implantation after TAVR was associated with a higher risk of all-cause death and heart failure hospitalization[19]. Conversely, data from the nationwide, population cohort study with 3420 TAVR performed between 2008 and 2018 in Sweden, 481 (14.1%) required permanent pacemaker implantation within 30 d post procedure[20]. With a median follow-up of 2.7 years, there was no difference in long-term survival between patients who were or were not implanted with a permanent pacemaker (survival at 5 and 10 years: 52.7% and 10.9% in the pacemaker group and 53.8% and 15.3% in the group without a pacemaker, respectively).

CONCLUSION

In conclusion, pacemaker post-TAVR is related to multifactorial risk. Nwaedozie *et al*[9] brought to the body of evidence ECG and clinical findings, but procedural characteristics have at least as much impact on the final need for a permanent pacemaker and potentially on the pacing rate. Long-term follow-up and understanding of the impact of long-term stimulation is of utmost importance.

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Challenging situation of coronary artery anomaly associated with ischemia and/or risk of sudden death

Shigenori Ito

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Abstract

Coronary artery anomaly is known as one of the causes of angina pectoris and sudden death and is an important clinical entity that cannot be overlooked. The incidence of coronary artery anomalies is as low as 1%-2% of the general population, even when the various types are combined. Coronary anomalies are practically challenging when the left and right coronary ostium are not found around their normal positions during coronary angiography with a catheter. If there is atherosclerotic stenosis of the coronary artery with an anomaly and percutaneous coronary intervention (PCI) is required, the suitability of the guiding catheter at the entrance and the adequate back up force of the guiding catheter are issues. The level of PCI risk itself should also be considered on a case-by-case basis. In this case, emission computed tomography in the R-1 subtype single coronary artery proved that ischemia occurred in an area where the coronary artery was not visible to the naked eye. Meticulous follow-up would be crucial, because sudden death may occur in single coronary arteries. To prevent atherosclerosis with full efforts is also important, as the authors indicated admirably.

Key Words: Coronary artery anomaly; Single coronary artery; Ischemia; Sudden death; Percutaneous coronary intervention; Coronary vessel anomalies; Myocardial ischemia; Sudden cardiac death

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Core Tip: The incidence of coronary artery anomalies is as low as 1%-2% in the general population, even when the various types are combined. Among these, the R-1 subtype in a single coronary artery is extremely rare. In this case report by Zhou *et al*, emission computed tomography showed that ischemia occurred in an area where the coronary artery was not visible to the naked eye. Meticulous follow-up is crucial because sudden death may occur owing to a single coronary artery. Furthermore, atherosclerosis prevention is important because percutaneous coronary intervention could pose a high risk when necessary for such anomaly.

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INTRODUCTION

Like many organs, the coronary arteries have congenital anomalies. Anomalous origin, course, and termination of the coronary artery are often discovered by chance. In a single coronary artery as in this case[1], the origin of either the left or right coronary artery itself may not exist. Coronary artery anomaly is known as one of the causes of angina pectoris and sudden death and is an important clinical entity that cannot be overlooked. The frequency of coronary artery anomaly is often calculated based on data from catheter-based coronary angiography. On the other hand, coronary angiography is almost always performed for some reason, so there is a possibility that the statistics are biased to some extent. In recent years, multi-row coronary computed tomography (CT) has been increasingly performed as a first-line procedure[2], which makes it easier to perform anatomical analysis of the flow site and its relationship to other structures, and the range of indications is wider than that of a catheter[3,4]. The incidence of coronary artery anomalies is as low as 1%-2% of the general population[5], even when the various types are combined, and there is a natural limit to experience many types alone. Whenever you encounter unusual coronary arteries, you should always refer to the literature on congenital anomalies to evaluate their frequency and characteristics. It is important to consider whether the anomaly alone can cause ischemia or pose a risk of sudden death[6,7].

IMPACT OF CORONARY ANOMALIES

Coronary anomalies are practically problematic when the left and right coronary ostium are not found around their normal positions during coronary angiography with a catheter. It is easy to increase the amount of contrast agent used by repeating the test images many times. Particularly in the emergency setting of acute coronary syndromes, the operator may be distracted and repeat unnecessary contrast injection. Since there are cases of coronary artery occlusion at the entrance, it is more important to differentiate between the presence or absence of congenital abnormalities. If the ostium cannot be found during normal catheterization, it is important to remember the presence of the anomaly at an early stage. Contrast imaging of the sinuses of Valsalva/aortic root should be performed as soon as possible. If there is atherosclerotic stenosis of the coronary artery with an anomaly and percutaneous coronary intervention (PCI) is required, the suitability of the guiding catheter at the entrance and the adequate back up force of the guiding catheter are issues[8-10]. The level of PCI risk itself should also be considered on a case-by-case basis. PCI of a single coronary artery, as in this case[1], is difficult[5]. Suppose there is a significant stenosis in the proximal area. In this case, the risk of PCI will be considerably higher than in the left main with normal coronary structure, since it includes the perfusion zone of all coronary arteries.

CLINICAL IMPLICATIONS

This case is very rare, and even a single case report contributed to the world "encyclopedia" of coronary anomalies as a valuable accumulation of cases[1]. Emission CT in the R-1 subtype single coronary artery proved that ischemia occurred in an area where the coronary artery was not visible to the naked eye, confirming the report of Chaikriangkrai *et al*[7]. In a 62-year-old female patient with diabetes mellitus, hypertension, and dyslipidemia presented with decreased exercise tolerance and poor blood pressure control, which began 2 wk before presentation. On a physical examination, her vital signs were as follows: body temperature, 37.3 °C; heart rate, 92 beats per minute; blood pressure, 151/86 mmHg; and body mass index, 23.4 kg/m². Laboratory tests were negative for cardiac troponin I. Blood testing revealed low-density lipoprotein, high-density lipoprotein, and total cholesterol levels of 3.16, 1.19, and 4.96 mmol/L, respectively. The patient's fasting blood glucose level was 9.49 mmol/L, while her 2-h postprandial blood glucose level was 22.54 mmol/L. Her glycosylated hemoglobin A1c level was 7.51%. Electrocardiography showed a normal sinus rhythm with mild depression in leads I, II, III, aVF, and V4-V6 (Figure 1). Coronary angiography detected no left coronary artery (Figure 2A and D) and that a single large coronary artery from the right sinus continued in the coronary sulcus (Figure 2B) and extended to the anterior base of the heart, terminating in a small vessel supplying the territory of the left anterior

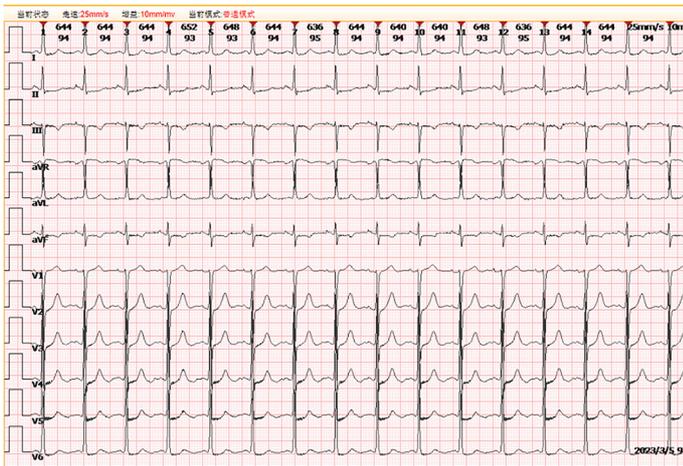


Figure 1 Electrocardiography at initial presentation[1]. Normal sinus rhythm with ST-T wave changes in leads I, II, III, aVF, and V4-V6. Citation: Zhou YP, Wang LL, Qiu YG, Huang SW. R-I subtype single right coronary artery with congenital absence of left coronary system: A case report. *World J Cardiol* 2023; 15: 649-654. Copyright ©2023 The Authors. Published by Baishideng Publishing Group Inc.

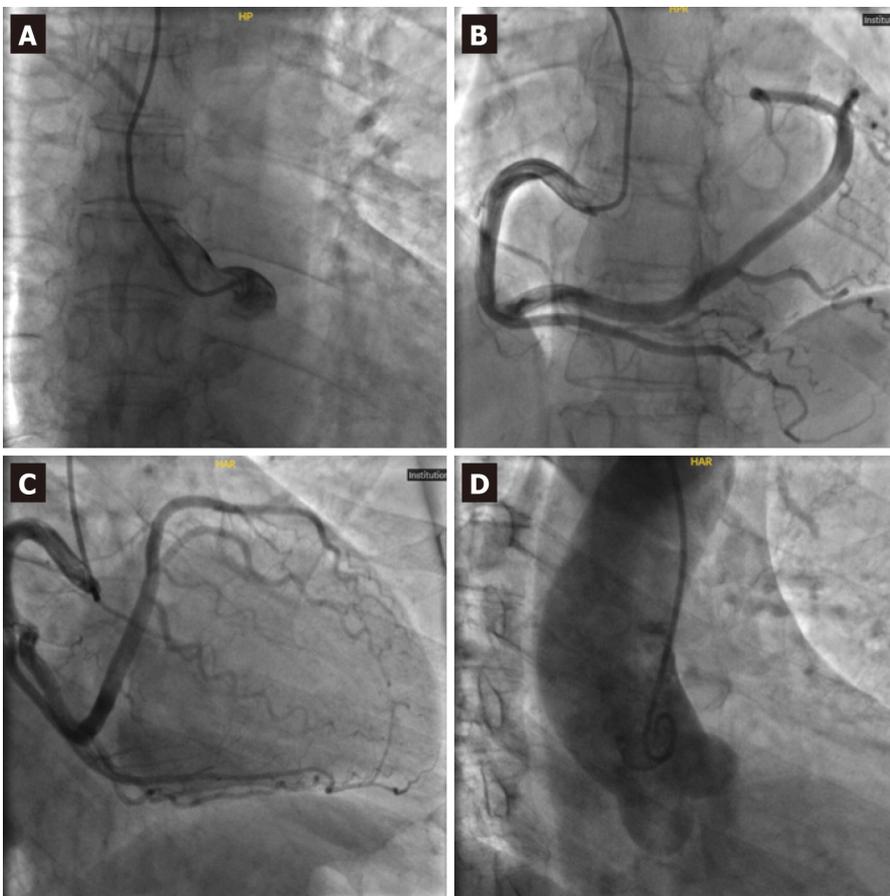


Figure 2 Coronary angiography[1]. A: No coronary artery was found on multiple coronary projections; B and C: A single and large coronary artery originating from the right coronary sinus continued in the coronary sulcus (B), and extended to the anterior base of the heart, where it gave rise to the left anterior descending coronary artery (C); D: No coronary artery was found on a non-selective aortic root injection. Citation: Zhou YP, Wang LL, Qiu YG, Huang SW. R-I subtype single right coronary artery with congenital absence of left coronary system: A case report. *World J Cardiol* 2023; 15: 649-654. Copyright ©2023 The Authors. Published by Baishideng Publishing Group Inc.

descending coronary artery (Figure 2C).

CONCLUSION

Although the presence of a single coronary artery was identified as the cause of decreased exercise tolerance only 2 wk prior, it is not easy to understand that this patient had no symptoms until she was 62 years old, because this anomaly is congenital. Thus, in addition to the ischemia associated with the anomaly, it cannot be ruled out that the increase in double products associated with increased blood pressure and/or the appearance of microcirculatory disorders[11] may have had an effect. Meticulous follow-up would be crucial, because it has been pointed out that sudden death may occur in single coronary arteries[7]. It is also mandatory to prevent atherosclerosis with their full efforts, as the authors indicated admirably.

FOOTNOTES

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Transcatheter aortic valve replacement in low-risk young population: A double edge sword?

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Abstract

Since the advent of transcatheter aortic valve replacement (TAVR) in 2002, it has now become the default interventional strategy for symptomatic patients presenting with severe aortic stenosis, particularly in intermediate to high-surgical risk patients. In 2019, the United States Food and Drug Administration approved TAVR in low-risk patients based on two randomized trials. However, these breakthrough trials excluded patients with certain unfavorable anatomies and odd profiles. While currently there is no randomized study of TAVR in young patients, it may be preferred by the young population given the benefits of early discharge, shorter hospital stay, and expedite recovery. Nonetheless, it is important to ruminate various factors including lifetime expectancy, risk of pacemaker implantation, and the need for future valve or coronary interventions in young cohorts before considering TAVR in these patients. Furthermore, the data on long-term durability (> 10 years) of TAVR is still unknown given most of the procedures were initially performed in the high or prohibitive surgical risk population. Thus, this editorial aims to highlight the importance of considering an individualized approach in young patients with consideration of various factors including lifetime expectancy while choosing TAVR against surgical aortic valve replacement.

Key Words: Transcatheter aortic valve replacement; Surgical aortic valve replacement; Pacemaker implantation; Coronary re-access; Structural deterioration

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Core Tip: In 2019, the United States Food and Drug Administration approved transcatheter aortic valve replacement (TAVR) in low-risk patients based on the two large randomized trials. However, patients with certain unfavorable anatomies and clinical profiles were excluded from these trials. Despite the lack of clear evidence in young patients (< 65 years), it may be preferred by this population given the benefits of early discharge, shorter hospital stay, and expedite recovery. Nonetheless, it is important to ruminate various factors including lifetime expectancy, risk of pacemaker implantation, and the need for future valve or coronary interventions in young cohorts before considering TAVR in these patients.

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INTRODUCTION

Transcatheter aortic valve replacement (TAVR) has now revolutionized the treatment of symptomatic severe AS and has now become the standard of care across all risk categories. The first transcatheter heart valve (THV) designed by Cribier *et al*[1] was a stainless-steel stent (23 mm in diameter and 17 mm in height) containing a trileaflet valve made of bovine pericardium, compatible with a 24-French introducer sheath and was implanted using antegrade transeptal approach. Since then, there has been a huge refinement in the design of both THVs and delivery systems, transforming challenging interventions into a standardized, streamlined procedure. It has emerged as a less invasive alternative therapy to conventional surgical aortic valve replacement (SAVR) with either superior or comparable outcomes. As it has been two decades since the first implant in April 2002, the use of TAVR expanded rapidly with randomized data showing the safety and efficacy of TAVR initially in inoperable-risk, followed by high, intermediate, and most recently low-risk patients. However, the landmark trials investigating TAVR excluded patients with unfavorable anatomy such as bicuspid aortic valve, associated aortopathy, short or large annulus diameters, concomitant severe valvular disease, and young populations < 65 years of age. Certain concerns emerge when TAVR is contemplated for younger population with expected survival > 10 years.

CONSIDERATIONS AND RISK IN YOUNGER PATIENTS UNDERGOING TAVR

The key trepidations during or following TAVR include the risk of conduction abnormalities, coronary artery obstruction, and future coronary re-access. Studies have shown longer hospital stays[2] and a higher risk of all-cause death with pacemaker implantation at 1-year post-TAVR[3]. Though factors such as implantation depth are operator-dependent, the presence of conduction abnormalities such as baseline right bundle branch block is a known predictor of increased risk of pacemaker implantation[4]. TAVR has demonstrated higher rates of pacemaker implantation compared to SAVR, even in low-risk patients[5]. The deleterious effects of right ventricular pacing on cardiac hemodynamics are established and include increased bi-ventricular volumes and dysfunction in the long run along with predisposition to the development of cardiac arrhythmia, particularly atrial fibrillation. Additionally, younger patients with a pacemaker would require multiple generator changes given longer life expectancy which further adds to the morbidity. While the cusp overlap technique showed promise in reducing the rates of pacemaker implantation with self-expanding valves, it remains a valid concern, particularly in the young population[6].

Furthermore, coronary artery obstruction is rare, but a life-threatening complication associated with a very high periprocedural and late mortality[7]. Also, with the extension of TAVR in low-risk young patients, interventional cardiologists are likely to face challenges in re-accessing coronaries in these patients, due to progressive coronary artery disease given the similar baseline risk factors. Thus, the preprocedural planning in young patients before considering TAVR or SAVR should include an evaluation of all these factors plus an assessment of congenital valve abnormalities (bicuspid or unicuspid), unfavorable anatomies such as short or large annulus diameter, presence of peripheral artery disease and concomitant severe valvular disease or significant coronary artery disease. Similarly, the coronary height and choice of THV become important when considering TAVR in this group of patients. Yet, when these abnormalities or conditions are present, they should be considered comprehensively based on individual risk profiles before decision-making.

For patients with symptomatic or asymptomatic severe AS, the current valvular guidelines endorse (class I recommendation) the use of TAVR for patients > 80 years or younger patients with life expectancy < 10 years over SAVR [8]. In contrast, for patients < 65 years of age or have life expectancy > 20 years, SAVR is recommended over TAVR[8]. Lastly, for patients between age of 65 and 80 years of age, the guidelines endorse the use of either TAVR or SAVR based on the heart team approach[8]. The fundamental limitation of THV is that they are prone to degeneration, which constraint their long-term durability. This is important, particularly in young patients, who have long life expectancy and are, therefore, more likely to need repeat valve interventions. The initial studies of TAVR were conducted in inoperable and high-risk octogenarians, which limited the identification of late valve degeneration as these subjects died from other causes before the commencement of valve dysfunction[9]. The latest evidence shows promising durability of TAVR

valves beyond 5 years and freedom from structural valve deterioration between 6 and 9 years of duration[10-12]. However, the data on the durability of these valves beyond 10 years is currently unavailable. Moreover, a specific risk prediction tool for THV is not available. For younger patients < 50 years of age, SAVR with a mechanical valve prosthesis appears to be a reasonable option provided no contraindication to anticoagulation with patients' willing to consider long-term vitamin K antagonist therapy while avoiding the risk of reoperation[8]. Additionally, for young patients with atrial fibrillation, or unprovoked venous thromboembolism, or hypercoagulable states demanding long-term anticoagulation, a mechanical valve appears a reasonable consideration. Evidence on the latest-generation mechanical bi-leaflet prosthesis valves is encouraging in terms of the need for relatively lower levels of international normalized ratio maintained between 1.5 to 2.0, which is associated with reduced risk of major and minor bleeding events[13]. Otherwise, if anticoagulation is undesirable or contraindicated, consideration of Ross procedure that involves replacement of the aortic valve with the patient's own pulmonic valve, and the pulmonic valve with a homograft is currently recommended in young patients[14].

The debate among 50-69 years of age remains ongoing, given multiple observational studies showing similar survival rates with either mechanical or bioprosthetic THV[15-17]. Some studies in patients aged < 65 years, demonstrated increased rates of valve deterioration, reoperation, and mortality with surgical bioprosthetic valves, however, with lower rates of stroke and hemorrhage over mechanical valves[18-20]. Therefore, it is imperative to consider the tradeoffs including bleeding, reoperation, and life expectancy in these patients. Lastly, there is no precise risk tool to predict the deterioration rate of THV, which is inevitable in current bioprosthetic valves.

CONCLUSION

In conclusion, while TAVR in young patients seems a reasonable alternative given the desirable benefits of early discharge and expedited recovery, it does not appear to be a straightforward answer for all patients when considering various individual risk profiles and weighing future options. With this uncertainty, debate continues in the field of structural cardiology as to which option (SAVR *vs* TAVR) and or valve (mechanical *vs* bioprosthetic) is the best optimal strategy for low-risk young patients. Therefore, although there is no good answer yet while awaiting further research and new valve refinements, shared decision-making is recommended regarding the choice of the prosthetic valve by considering individualized patient factors including age, values, and preferences including anticoagulation and lifetime strategies such as predictability of reoperation and future valves[8].

FOOTNOTES

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Hypoxia-inducible factor-1 α in myocardial infarction

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Abstract

Hypoxia-inducible factor 1 (HIF1) has a crucial function in the regulation of oxygen levels in mammalian cells, especially under hypoxic conditions. Its importance in cardiovascular diseases, particularly in cardiac ischemia, is because of its ability to alleviate cardiac dysfunction. The oxygen-responsive subunit, HIF1 α , plays a crucial role in this process, as it has been shown to have cardioprotective effects in myocardial infarction through regulating the expression of genes affecting cellular survival, angiogenesis, and metabolism. Furthermore, HIF1 α expression induced reperfusion in the ischemic skeletal muscle, and hypoxic skin wounds in diabetic animal models showed reduced HIF1 α expression. Increased expression of HIF1 α has been shown to reduce apoptosis and oxidative stress in cardiomyocytes during acute myocardial infarction. Genetic variations in HIF1 α have also been found to correlate with altered responses to ischemic cardiovascular disease. In addition, a link has been established between the circadian rhythm and hypoxic molecular signaling pathways, with HIF1 α functioning as an oxygen sensor and circadian genes such as period circadian regulator 2 responding to changes in light. This editorial analyzes the relationship between HIF1 α and the circadian rhythm and highlights its significance in myocardial adaptation to hypoxia. Understanding the changes in molecular signaling pathways associated with diseases, specifically cardiovascular diseases, provides the opportunity for innovative therapeutic interventions, especially in low-oxygen environments such as myocardial infarction.

Key Words: Cardiovascular pathologies; Circadian genes; Hypoxia-inducible factor 1; Hypoxia; Gene-gene interaction

Core Tip: Hypoxia-inducible factor 1 (HIF1), a versatile transcription factor, is crucial for the maintenance of oxygen homeostasis. Genetic variations in *HIF1 α* may influence tissue response to hypoxia and affect clinical manifestations of coronary atherosclerosis. Research has confirmed that sufficient *HIF1 α* expression leads to reperfusion in the ischemic skeletal muscle, whereas decreased expression is associated with hypoxic skin wounds in diabetic animal models. In addition, the HIF1 α response can be influenced by circadian proteins. Interpretation of circadian and hypoxia signaling pathways may enable therapeutic interventions in diseases associated with oxygen deprivation, including myocardial infarction.

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INTRODUCTION

Hypoxia-inducible factor 1 (HIF1) is a central regulator of oxygen homeostasis in mammalian cells and is activated under hypoxic conditions[1]. Hypoxia is a hallmark of many physiological and pathological conditions, and a stable HIF1 α protein is essential for the adaptation and survival of cells in an oxygen-deprived environment – hypoxia[2]. In addition, HIF1 contributes to several hypoxia-related diseases, including cardiovascular diseases[1]. Oxidative metabolism is essential for the maintenance of cardiac contractility as it produces a large amount of ATP. Therefore, the heart is extremely sensitive to hypoxia, and myocardial ischemia is the leading cause of death in developed countries[3]. Oxygen-sensitive signaling pathways, such as HIF1 α , are important for adapting to changes in oxygen availability during myocardial ischemia. HIF1 α protein levels are regulated post-transcriptionally and are inversely proportional to oxygen levels[4]. HIF1 α is involved in vascular responses to hypoxia, such as ischemia-induced angiogenesis and lipid metabolism, glucose catabolism, and redox homeostasis. The genetic variability of *HIF1 α* is associated with cardiovascular diseases, such as coronary heart disease, ischemic heart disease, preeclampsia, and acute myocardial infarction[2].

HIF1 α SUBUNIT

HIF1 is a transcription factor that consists of two subunits, α and β . The HIF1 α subunit is oxygen-sensitive, whereas HIF1 β is constitutively expressed[3]. The gene sequence encoding the HIF1 α subunit is located on the long arm of chromosome 14 (14q23.2) and plays an important role in regulating cellular processes to maintain oxygen homeostasis[5]. In mammals, there are three different variants of the HIF α protein, with HIF1 α being ubiquitously expressed in all cells, whereas the expression of HIF2 α and HIF3 α varies according to cell type and tissue[2]. Under conditions of oxygen deprivation - hypoxia - the expression of most genes is repressed at the transcriptional level. In contrast, the expression of a specific group of genes, the so-called hypoxia-inducible genes, is increased under hypoxic conditions[6]. These genes include erythropoietin, vascular endothelial growth factor, and genes involved in cell metabolism and inflammation[7]. Under normoxia, HIF1 α is subject to oxygen-dependent hydroxylation. It is degraded by prolyl hydroxylase, an E3 ubiquitin ligase, and by the von Hippel-Lindau degradation pathway in the ubiquitin-proteasome system[1,4]. Under hypoxic conditions, HIF1 α is prevented from degradation, accumulates, and migrates to the nucleus[6]. In the nucleus, the α -subunit of HIF1 forms a heterodimer with the β -subunit, resulting in a transcription factor that promotes cell survival, angiogenesis, and glycolysis[8]. HIF1 α binds to hypoxia-responsive elements in the nucleus and activates the transcription of hypoxia-inducible genes[6] (Figure 1). It also stimulates gene transcription by binding to a specific DNA sequence 5'-RCGTG-3' (where R can be an A or G) within the hypoxia-responsive elements[9]. HIF1 α stimulates the transcription of genes responsible for the production of enzymes, transporters, and mitochondrial proteins. These genes contribute to the reduction in oxygen consumption and control the transition of cells from oxidative to glycolytic metabolism[9]. When oxygen levels are reduced, the degradation of HIF1 α is inhibited, leading to a strong accumulation of HIF1 α [4].

In addition, changes in the nucleotide sequence or expression of the HIF1 α subunit are associated with the development of various diseases[2]. *HIF1 α* polymorphisms, such as rs11549465 (Pro582Ser) and rs2057482, may impair the response to tissue hypoxia and influence the clinical manifestations of coronary atherosclerosis by affecting HIF1 α subunit degradation and *HIF1 α* mRNA stability[8]. The rs11549467 polymorphism is also important for HIF1 α subunit stability[5]. The *HIF1 α* rs2057482 polymorphism is a risk factor for the development of premature coronary heart disease [5]. These variations may influence the tissue response to hypoxia and affect the clinical manifestations of coronary atherosclerosis[8].

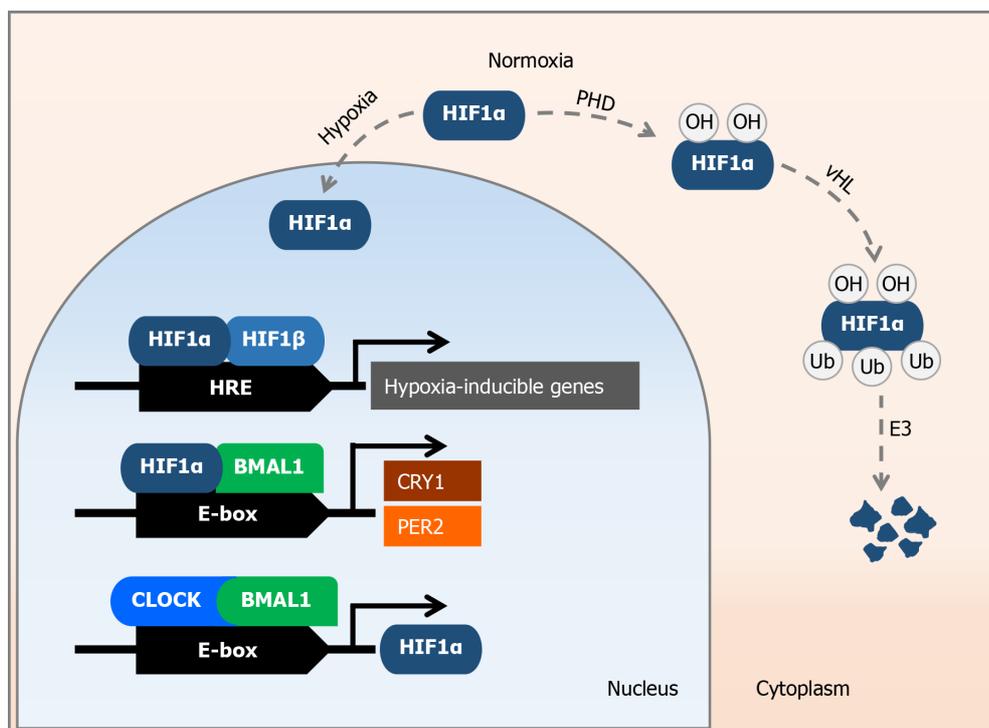


Figure 1 Molecular effects of hypoxia-inducible factor 1 α under normal oxygen conditions and under oxygen deprivation. Under normal oxygen conditions, hypoxia-inducible factor 1 α (HIF1 α) is degraded by the ubiquitin-proteasome system via an oxygen-dependent pathway involving prolyl hydroxylases, the von Hippel-Lindau protein, and an E3 ubiquitin ligase. In the case of an oxygen shortage – hypoxia, HIF1 α in the cell nucleus dimerizes with HIF1 β , and binds itself to hypoxia response elements, which are associated with hypoxia-inducible genes. Furthermore, the HIF1 α -basic helix-loop-helix ARNT like 1 (BMAL1) heterodimer binds to the specific E-box region of circadian genes, thereby enhancing the expression of period circadian regulator 2 and cryptochrome circadian regulator 1. In addition, the BMAL1-circadian locomotor output cycles kaput heterodimer enhances *HIF1 α* expression under hypoxic conditions. HIF1 α : Hypoxia-inducible factor 1 α ; PHD: Prolyl hydroxylases; vHL: von Hippel-Lindau protein; HRE: Hypoxia response elements; BMAL1: Basic helix-loop-helix ARNT like 1; PER2: Period circadian regulator 2; CRY1: Cryptochrome circadian regulator 1; CLOCK: Circadian locomotor output cycles kaput.

HIF1 α IN MYOCARDIAL INFARCTION

Cardiovascular diseases are prone to ischemic injury[2]. In these diseases, such as atherosclerosis and myocardial infarction, the oxygen supply to cells is reduced owing to impaired blood flow, eventually leading to tissue hypoxia[6], and cardiac hypoxia or ischemia[1]. Mammalian cells respond quickly and adapt to hypoxic conditions[2]. HIF1 α plays a significant role in this process and confers cardioprotective effects to deoxygenated myocardium[2]. In humans, HIF1 α insufficiency may correlate in part with congenital heart abnormalities[9]. HIF1 α directly regulates over 1000 genes in the human genome during hypoxia, most of which are expressed in a specific cell type[9]. It is important to emphasize that this regulation is not an indirect, but a direct effect of HIF1 α .

HIF1 α acts as a cellular oxygen sensor in cardiomyocytes[10]. Its overexpression in the heart during acute myocardial infarction leads to the upregulation of proangiogenic HIF1 α target genes, resulting in reduced cardiac dysfunction and decreased cardiomyocyte apoptosis[7]. In addition, excessive levels of HIF1 α promote the expression of heme oxygenase-1 (HO-1), which reduces the accumulation of reactive oxygen species[10]. Moreover, increased *HIF1 α* expression suppresses the pro-apoptotic gene BCL2 interacting protein-3 (BNIP3) via the nuclear factor kappa B (NF- κ B) protein. *HIF1 α* expression increases during myocardial infarction and serves as a regulator of the cellular hypoxia response[10]. The Pro582Ser (rs11549465) polymorphism in *HIF1 α* affects the response to ischemic cardiovascular diseases. Furthermore, inhibition of *HIF1 α* or *HIF1 β* expression in myocardial endothelial cells leads to a lack of acute cardioprotection after ischemic preconditioning[9]. Inhibition of *HIF1 α* in the myocardium could either promote or impair cardiomyocyte apoptosis. Increased expression of *HIF1 α* in myocardial infarction significantly reduces the size of the infarct and restores the typical histologic structure of the myocardium. In addition, overexpression of *HIF1 α* reduces the oxidative stress load during myocardial infarction[10]. Increased *HIF1 α* expression promotes NF- κ B binding to the *BNIP3* promoter, which reduces *BNIP3* expression and BNIP3-mediated apoptotic activity in hypoxic cardiomyocytes[10]. The signaling pathways mediated by HIF1 α and NF- κ B show synergistic interaction to reduce cardiomyocyte apoptosis. Increased cardiac-specific *HIF1 α* expression during myocardial infarction leads to differential regulation of HO-1 and BNIP3 expression by HIF1 α and NF- κ B[10], demonstrating the crucial role of these signaling pathways in cardioprotection. In addition, HIF1 α influences the balance between glycolytic and oxidative metabolism, with elevated levels of HIF1 α leading to the expression of genes responsible for glucose transporters and glycolytic enzymes[9]. As a result, expression of *HIF1 α* has been shown to be sufficient to trigger reperfusion in the ischemic skeletal muscle. However, *HIF1 α* expression was reduced in the hypoxic skin wounds of old diabetic mice[2]. HIF1 α may have a protective, proangiogenic, and pathogenic effect during infarction as it regulates metabolic reprogramming leading to energy

depletion[9].

Cardiac hypoxia is usually caused by myocardial ischemia, which occurs when the metabolic needs of the heart muscle are not met owing to insufficient oxygen supply[2]. Arterial stenosis-induced hypoxia promotes the expression of HIF1 α , which in turn stimulates the production of angiogenic growth factors, leading to vascular remodeling and increased blood flow. HIF1 α is essential for ischemic preconditioning as it reduces reactive oxygen species production, protecting the heart from injury[9]. Chronic disease and aging impede this response. HIF1 α plays a multifaceted role in the pathophysiology of myocardial infarction. It may be protective by promoting angiogenesis or pathologic through maladaptive metabolic reprogramming[9].

Different genetic variations of HIF1 α can potentially affect the risk of myocardial infarction by influencing numerous mechanisms. Cardiac ischemia induces strong HIF1 α expression, which could stimulate the formation of new blood vessels near the coronary arteries. Variations in HIF1 α may alter the risk of acute myocardial infarction by inhibiting the development of new blood vessels near the atherosclerotic plaques in the coronary arteries[8]. Certain polymorphisms of HIF1 α have been associated with cardiovascular diseases, including rs11549465, rs10873142, rs2057482, rs11549467, rs41508050, rs2783778, and rs7148720[2]. Several studies have investigated the association between different polymorphisms of HIF1 α and cardiovascular diseases. However, conflicting and controversial results have been reported, indicating both positive and negative associations between HIF1 α variations and cardiovascular diseases[5,8].

HIF1 α AND THE CIRCADIAN RHYTHM IN MYOCARDIAL INFARCTION

Research has indicated a link between circadian and hypoxic molecular pathways. HIF1 α acts as an oxygen sensor, whereas period circadian regulator 2 (PER2) acts as a light sensor[7]. In response to HIF1 α , several circadian rhythm genes respond to changes in oxygen levels[4]. HIF1 α is able to induce the expression of PER2 and cryptochrome circadian regulator 1 (CRY1)[1]. Stabilization of HIF1 α by PER2 is necessary for myocardial adaptation to hypoxia[11]. HIF1 α regulates the hypoxic response to myocardial infarction *via* the circadian rhythm and influences the expression of target genes[1]. The adaptation of cardiomyocytes to hypoxia, known as ischemic demand, makes them more resistant to infarction by expressing high levels of PER2 and HIF1 α [11]. HIF1 α , HIF1 β , basic helix-loop-helix ARNT like 1 (BMAL1), and circadian locomotor output cycles kaput (CLOCK) are transcription factors that respond to physiological and environmental signals. In addition, HIF1 α can regulate circadian rhythms, whereas circadian proteins have the ability to influence the HIF1 α response[12]. Additionally, similar to BMAL1, HIF1 α contains a basic helix-loop-helix - period-ARNT-single minded (bHLH-PAS) domain. Through this domain, it dimerizes with BMAL1 and stimulates the expression of target genes. Thus, HIF1 α serves as a molecular link between oxygen levels and the circadian rhythm[13].

The HIF1 α -BMAL1 heterodimer binds to the same E-box regions of target genes as the CLOCK-BMAL1 heterodimer and influences the expression of downstream genes such as PER2, CRY1, and HIF1 α target genes[1] (Figure 1). HIF1 α is associated with vascular inflammation and the progression of atherosclerosis, whereas CLOCK and BMAL1 can also promote HIF1 α expression[1]. Furthermore, myocardial ischemia triggers pathways to improve oxygen delivery and, during hypoxia, PER2 interacts with HIF1 α [13]. This occurs because PER2 stabilizes HIF1 α *via* adenosine receptor A2B (ADORA2B), which is crucial for myocardial adaptation to hypoxia[14]. Additionally, daily rhythms are present in blood and tissue oxygenation, oxygen usage, and carbon dioxide release. Exposure to hypoxia leads to tissue- and time-specific changes in the expression of circadian clock genes. Myocardial tissue damage is associated with the time of day of infarction, suggesting a link between HIF1 α and circadian regulation of infarction[15]. Severe hypoxia-induced outcomes, namely myocardial infarction, are associated with changes in circadian rhythm. The circadian rhythm plays a crucial role in fine-tuning hypoxic responses during pathological circumstances[15].

Mice lacking *Per2* are unable to maintain the stability of the HIF1 α subunit in the myocardium during hypoxia, leading to increased cardiomyocyte death during ischemia[1]. Furthermore, myocardial damage after myocardial infarction appears to be worse in mice lacking *Per1* and *Per2* than in wild-type mice[15]. Within the physiological range, the oxygen cycle appropriately synchronizes cellular circadian clocks through a HIF1 α -dependent mechanism. A slight reduction in oxygen levels for a short period of time facilitates adaptation to the time changes after jet lag in wild-type mice, but not in HIF1 α -null mice[4].

Hypoxia and changing oxygen levels affect the circadian rhythm through different mechanisms involving HIF1 α [1]. The circadian rhythm protects the heart muscle from hypoxia-induced cell death[1].

CONCLUSION

The relationship between hypoxia and circadian molecular signaling pathways needs further clarification in many physiological and pathophysiological processes, as these pathways are evolutionarily conserved and allow cells to adapt to unfavorable environmental conditions. The timing of the experiment significantly influences the circadian rhythm and, subsequently, HIF1 α levels, which are associated with the severity of cardiovascular diseases. Studying the use of molecular signaling pathways in tissues and how they are influenced by specific diseases, particularly in the context of cardiovascular disease, presents new therapeutic possibilities for the treatment of diseases with low oxygen availability, such as myocardial infarction.

FOOTNOTES

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Left bundle branch pacing set to outshine biventricular pacing for cardiac resynchronization therapy?

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Abstract

The deleterious effects of long-term right ventricular pacing necessitated the search for alternative pacing sites which could prevent or alleviate pacing-induced cardiomyopathy. Until recently, biventricular pacing (BiVP) was the only modality which could mitigate or prevent pacing induced dysfunction. Further, BiVP could resynchronize the baseline electromechanical dyssynchrony in heart failure and improve outcomes. However, the high non-response rate of around 20%-30% remains a major limitation. This non-response has been largely attributable to the direct non-physiological stimulation of the left ventricular myocardium bypassing the conduction system. To overcome this limitation, the concept of conduction system pacing (CSP) came up. Despite initial success of the first CSP *via* His bundle pacing (HBP), certain drawbacks including lead instability and dislodgements, steep learning curve and rapid battery depletion on many occasions prevented its widespread use for cardiac resynchronization therapy (CRT). Subsequently, CSP *via* left bundle branch-area pacing (LBBP) was developed in 2018, which over the last few years has shown efficacy comparable to BiVP-CRT in small observational studies. Further, its safety has also been well established and is largely free of the pitfalls of the HBP-CRT. In the recent meta-analysis by Yasmin *et al*, comprising of 6 studies with 389 participants, LBBP-CRT was superior to BiVP-CRT in terms of QRS duration, left ventricular ejection fraction, cardiac chamber dimensions, lead thresholds, and functional status amongst heart failure patients with left bundle branch block. However, there are important limitations of the study including the small overall numbers, inclusion of only a single small randomized controlled trial (RCT) and a small follow-up duration. Further, the entire study population analyzed was from China which makes generalizability a concern. Despite the concerns, the meta-analysis adds to the growing body of evidence demonstrating the efficacy of LBBP-CRT. At this stage, one must acknowledge that the fact that still our opinions on this technique

are largely based on observational data and there is a dire need for larger RCTs to ascertain the position of LBBP-CRT in management of heart failure patients with left bundle branch block.

Key Words: Biventricular pacing; Cardiac resynchronization therapy; Conduction system pacing; Left bundle branch-area pacing; Left bundle branch block; Electromechanical dssynchrony

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Core Tip: The deleterious effects of long-term right ventricular pacing necessitated the search for alternative pacing sites which could prevent or alleviate pacing-induced cardiomyopathy. Until recently, biventricular pacing (BiVP) was the only modality which could mitigate or prevent pacing induced dysfunction. Left bundle branch-area pacing (LBBP) was developed in 2018, which over the last few years has shown efficacy comparable to BiVP-cardiac resynchronization therapy (CRT) in small observational studies. However, as of now our opinion is largely based on observational data which are inherently prone to selection biases. Hence, there is an urgent need for larger randomized controlled trials which will ascertain the role of LBBP-CRT in the future.

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INTRODUCTION

The deleterious effects of long-term right ventricular pacing necessitated the search for alternative pacing sites which could prevent or alleviate pacing-induced cardiomyopathy[1]. The major breakthrough in this regard was the development biventricular pacing (BiVP) around 3 decades ago. BiVP was initially introduced as a treatment for dyssynchronous heart failure. With time, it was realized that it could prevent or offset the pacing-induced left ventricular dysfunction which account for 25% of all dyssynchronous heart failure[2,3]. BiVP could resynchronize the baseline electromechanical dssynchrony in heart failure with reduced ejection fraction (HFrEF) with resultant positive effects on cardiac function, functional status and overall mortality[4]. The most common method of achieving this resynchronization *via* BiVP involves the placement of an electrode in the epicardial posterior-basal wall of the left ventricle *via* the coronary sinus. Over the years this method of cardiac resynchronization therapy (CRT) has been proven to be safe and efficacious in managing selected patients with electromechanical dyssynchrony and HFrEF. However, the high non-response rate of around 20%-30% has remained a major limitation[5,6]. This non-response has been largely attributable to the direct non-physiological stimulation of the left ventricular myocardium bypassing the conduction system (His-Purkinje in myocardium) and the variation in myocardium characteristics at the left ventricular pacing site. Further there is wide variation reported in the coronary sinus anatomy and limited pacing sites constrained by the coronary sinus branches which also accounts for non-response in a large fraction of cases[7]. Another major concern which applies to all methods of achieving CRT is the fact that there is practically no objective measure that could indicate the effectiveness of the therapy acutely due to the remodelling involved and hence, there is a great need for a way to accurately determine the response and enable optimization at the time of device implantation. Certain parameters including biventricular activation times and biventricular dyssynchrony indexes have been deployed to predict post-implantation response but do not necessarily correlate with clinical outcomes on follow-up.

These limitations of the BiVP-CRT paved the way for research into the more physiological pacing sites for CRT which would allow for direct stimulation of the native conduction system. The first major development in conduction system pacing (CSP) was the use of His bundle pacing (HBP) in the year 2000 by Deshmukh *et al*[8], which showed a net incremental benefit amongst HFrEF patients who had persistent atrial fibrillation. However, major drawbacks including the lead instability and dislodgements, steep learning curve, long fluoroscopy times and early battery depletion on many occasions has prevented its widespread use for CRT[9-11]. In 2018 Huang and colleagues demonstrated that direct pacing through the interventricular septum, close to the main trunk of left bundle branch could overcome much of the limitations of the HBP and provided stable lead parameters over the long run[12]. Since then a few observational reports have demonstrated the benefit of this left bundle branch-area pacing (LBBP) as a means of CRT in candidates who were not eligible for BiVP-CRT[13]. One must be aware that LBBP refers to a broader term which includes selective LBBP, non-selective LBBP and left ventricular septal pacing. Since there are only minor differences in the pacing thresholds and resynchronization achieved, these are often used interchangeably in literature[14]. The early experience does suggest that LBBP-CRT seems to be at least as effective as BiVP-CRT with respect to cardiac hemodynamics and functions. However, the evidence at this stage is largely observational with only a single small randomized controlled trial (RCT) comparing LBBP-CRT with BiVP-CRT[15]. Hence, there is a dire need for larger RCTs with long-term follow-up and meta-analysis of these RCTs.

LBBP-CRT VS BIVP-CRT

In the recent meta-analysis published by Yasmin *et al*[16] published in the January issue of world journal of cardiology, comprising of 6 studies (1 RCT and 5 comparative observational studies) with 389 participants (159 in LBBP-CRT vs 230 in BiVP-CRT); LBBP-CRT was superior to BiVP-CRT in regards to improvement in left ventricular ejection fraction, cardiac chamber dimensions, lead thresholds, and functional status. Further, they demonstrated a significant reduction in brain natriuretic peptide concentration at follow up in the LBBP-CRT group compared to BiVP-CRT. Perhaps most of the positive impacts of LBBP-CRT stem from a significantly lower QRS duration compared to BiVP-CRT which indicates a more efficient resynchronization and subsequent cardiac contraction. The result of this meta-analysis is indeed the reflection of growing evidence in support of LBBP as the preferable method of achieving CRT. Further, recent evidence even supports the cost effectiveness of CSP based CRT which can achieve satisfactory resynchronization with conventional pacemakers in patients who otherwise do not warrant defibrillation[17].

While the results seem promising, one must examine the encouraging results with due caution. Firstly, the meta-analysis largely comprised of observational data which is inherently prone to selection biases which may have concealed some of the outliers belonging to the LBBP-CRT group. Further, the single RCT included had only 40 patients and a 6 months follow-up[15]. All the studies originated in China and hence the generalizability of the results remains to be established. Further, data on long-term lead durability in the LBBP-CRT has not been established which at least theoretically remains a concern given the mechanical stress at the hinge point on interventricular septum.

The analysis could have included data from a large recent observational study by Vijayaraman *et al*[18] including data of 1778 patients from 15 centers around the globe. Arguably this remains the highest quality of evidence to date and does provide more evidence in support of LBBP-CRT over BiVP-CRT in HFrEF patients with electromechanical dyssynchrony. Further, they concluded that LBBP-CRT was effective either as a bailout intervention to BiVP-CRT or as a primary treatment modality. Again, despite the accumulating evidence in support of LBBP-CRT, one must acknowledge the urgent need for larger RCTs which will indeed deepen our understanding of this modality and form the basis of our practice in the future. As of now, the increasing utilization of CSP is largely based on the expert opinion on the observational data and our understanding of physiology behind CSP[19]. To this end, 4 large RCTs comparing the clinical outcomes following LBBP-CRT or BiVP-CRT are on the way which will go a long way in defining the role of these modalities in treatment of HFrEF (Table 1).

A document on definitions, current evidence and techniques to achieve CSP (HBP and LBBP) was recently published in a clinical consensus statement[20]. The current Heart Rhythm Society/Asia Pacific Heart Rhythm Society/Latin American Heart Rhythm Society guidelines on pacing gives LBBP-CRT a class 2a recommendation for preventing heart failure in patients in whom BiVP-CRT cannot be achieved. Further, a 2b recommendation was given for LBBP-CRT as an alternative to BiVP-CRT for interventionists with adequate experience with CSP[21].

The most recent development in the search for ideal CRT modality involves combined stimulation of the conduction system and epicardial left ventricular myocardium *via* the coronary sinus[22]. This was developed in order to correct the multiple electrical dyssynchronies that are often present in advanced heart failure patients. For this reason, CSP alone may not be sufficient to resynchronize the myocardium in the presence of distal His-Purkinje disease which is better resynchronized with a coronary sinus lead which allows for recruitment of myocardial areas with late electrical activation. Unsurprisingly, small observational studies with either His-left ventricular stimulation approach: His-optimized CRT (HOT-CRT) or LBBAP-left ventricular stimulation approach: left bundle branch optimized CRT (LOT-CRT) have shown to perform better in terms of cardiac chamber function and volumes than either CSP or BiVP-CRT alone[23,24]. However, the lack of wide scale experience and better-quality data remains a major reason for low clinical application as of now. On many occasions especially in non-LBBB patients, choosing the ideal site for CRT *via* CSP is challenging because progression of conduction block distal to the pacing site remains a possibility which will limit clinical success in the long run. Hence, for these patients HOT-CRT and LOT-CRT may be the best option. Figure 1 illustrates the various pacing strategies mentioned above.

At this stage, one must also keep in mind that despite the promise of CSP, certain challenges are likely to be encountered in clinical practice and the industry would need to come with technologies and delivery systems to overcome these challenges. These include the long-term lead durability and efficacy, its extractability and worsening tricuspid valve regurgitation with time[22].

CONCLUSION

LBBP has emerged as a formidable alternative to BiVP as a strategy for CRT. The theoretical benefits of physiological pacing (LBBP-CRT) *via* the conduction system so far have translated into improved clinical outcomes compared to BiVP-CRT which stimulates the left ventricular myocardium directly. This recent meta-analysis also supports the growing body of evidence demonstrating the superiority of LBBP-CRT over BiVP-CRT in regards to improvement in QRS duration, left ventricular ejection fraction, cardiac chamber dimensions, lead thresholds, and functional status. However, despite the accumulating evidence in support of LBBP-CRT, one must acknowledge the fact that as of now our opinion is largely based on observational data which are inherently prone to selection biases. Hence, there is an urgent need for larger RCTs which will ascertain the role of LBBP-CRT in the future.

Table 1 Ongoing randomized controlled trials comparing the clinical outcomes following left bundle branch-area pacing- or biventricular pacing-cardiac resynchronization therapy

Trial name	Design	Interventions arm	Unique identifier	n	Primary endpoint
LeCaRt trial	RCT	LBBP-CRT <i>vs</i> BiVP-CRT	NCT05365568	170	Composite of death, HF hospitalization or worsening HF
LEFT-BUNDLE-CRT trial	RCT	LBBP-CRT <i>vs</i> BiVP-CRT	NCT05434962	176	Positive CRT response: improved clinical composite score or > 15% reduction in LVESV
RAFT-P & A trial	RCT	AV nodal ablation + LBBP-CRT <i>vs</i> AV nodal ablation + BiVP-CRT	NCT05428787	284	Change in NT-ProBNP at 6 months follow-up
Left <i>vs</i> left trial	RCT	HBP/LBBP-CRT <i>vs</i> BiVP-CRT	NCT05650658	2136	All-cause mortality and HF hospitalization at 5.5 yr

AV: Atrioventricular; BiVP: Biventricular pacing; CRT: Cardiac resynchronization therapy; HBP: His-bundle pacing; HF: Heart failure; LBBP: Left bundle branch-area pacing; LVESV: Left ventricular end-systolic volume; ProBNP: Pro-brain natriuretic peptide; RCT: Randomized controlled trial.

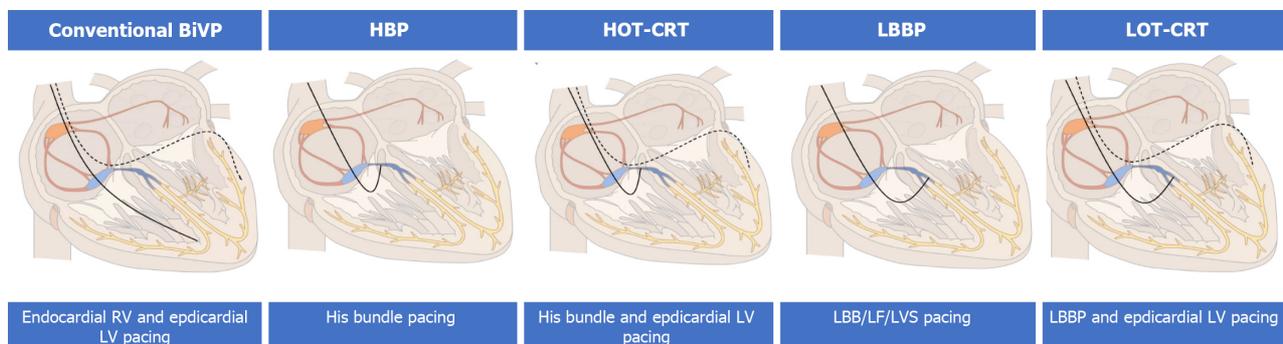


Figure 1 Various pacing techniques to achieve cardiac resynchronization therapy. BiVP: Biventricular pacing; HBP: His bundle pacing; HOT-CRT: His-optimized cardiac resynchronization therapy; LBB: Left bundle branch; LBBP: Left bundle branch-area pacing; LF: Left fascicle; LOT-CRT: Left bundle branch optimized cardiac resynchronization therapy; LV: Left ventricle; LVS: Left ventricle septum; RV: Right ventricle.

FOOTNOTES

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Aspirin interruption before neurosurgical interventions: A controversial problem

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Abstract

Aspirin is widely used for primary or secondary prevention of ischemic events. At the same time, chronic aspirin consumption can affect blood clot formation during surgical intervention and increase intraoperative blood loss. This is especially important for high-risk surgery, including neurosurgery. Current European Society of Cardiology guidelines recommend aspirin interruption for at least 7 d before neurosurgical intervention, but this suggestion is not supported by clinical evidence. This narrative review presents evidence that challenges the necessity for aspirin interruption in neurosurgical patients, describes options for aspirin effect monitoring and the clinical implication of these methods, and summarizes current clinical data on bleeding risk associated with chronic aspirin therapy in neurosurgical patients, including brain tumor surgery, cerebrovascular procedures, and spinal surgery.

Key Words: Aspirin; Neurosurgery; Postoperative complications; Bleeding risk; Brain tumor surgery; Cerebrovascular surgery; Spinal surgery

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Core Tip: A decision on continuing or interrupting aspirin use before neurosurgical intervention should be made based on a discussion of specialists involved in perioperative management (neurosurgeon, anesthesiologist, cardiologist, *etc*), taking into account estimated blood loss; risk of complications associated with increased bleeding time; risk of postoperative ischemic complication associated with aspirin interruption; and risk of surgery postponement.

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INTRODUCTION

Aspirin (acetylsalicylic acid, ASA) is a well-known inhibitor of platelet aggregation and due to this effect it is widely used for primary or secondary prevention of ischemic events[1]. At the same time, chronic aspirin consumption can affect blood clot formation during surgical intervention and increase intraoperative blood loss[2]. This is especially important for high-risk surgery, including neurosurgery, where even mild hemostatic disorders can provoke severe postoperative complications, such as acute intracranial hemorrhage[3].

Historically, the indication to interrupt aspirin therapy before neurosurgical procedures is based not on the clinical evidence, but on an expert's consensus[4]. Over the years, this suggestion has consistently repeated in various guidelines, including 2022 European Society of Cardiology (ESC) guidelines, which state that "in patients with high peri-operative bleeding risk (*e.g.*, undergoing spinal surgery or certain neurosurgical operations) aspirin should be discontinued for at least 7 d"[5]. However, clinical data, accumulated from observational studies in patients undergone spinal and intracranial surgery, do not prove a possible additional risk of postoperative hemorrhage associated with preoperative chronic aspirin therapy. Instead, there is a trend towards a beneficial effect of aspirin continuation concerning postoperative thromboembolic events[6,7].

This narrative review summarizes evidence that challenges the necessity for aspirin interruption in neurosurgical patients, describes options for aspirin effect monitoring and the clinical implication of these methods, and summarizes current clinical data on bleeding risk associated with chronic aspirin therapy in neurosurgical patients, including brain tumor surgery, cerebrovascular procedures, and spinal surgery.

ANTIPLATELET EFFECT OF ASPIRIN

The antiplatelet effect of aspirin is mediated by inhibiting cyclooxygenase (COX) activity inside platelets followed by suppression of thromboxane A₂ (TXA₂) synthesis[8]. TXA₂ plays an important role in the amplification of platelet aggregation, and aspirin effectively depresses this mechanism of platelet activation[9].

Among the clinically important aspects of the antiplatelet effect of aspirin are the increased effectiveness of low doses (75-325 mg/d), due to the absence of concomitant inhibition of prostacyclin in endothelial cells, and irreversible COX inhibition, in contrast to other nonsteroidal anti-inflammatory drugs (NSAIDs). Ibuprofen, ketorolac, *etc* compete reversibly with the arachidonic acid substrate at the active site of COX, and therefore the duration of their antiplatelet effect corresponds to elimination time. The antiplatelet effect of aspirin lasts for several days after a single administration due to irreversible acetylation of platelet COX[10]. Only newly synthesized platelets, which are renewed approximately by 10% every day, can restore the ability to generate TXA₂ after a single aspirin uptake.

However, aspirin is recognized as a rather weak antiplatelet agent because it produces only partial platelet inhibition, and other non-TXA₂-dependent activators of platelet aggregation [*e.g.*, thrombin, ADP (adenosine diphosphate), and collagen] can bypass the aspirin-dependent mechanism and result in effective coagulation[8]. Moreover, up to 25% of patients can be resistant to conventional aspirin therapy[11].

ASPIRIN ANTIPLATELET EFFECT ASSESSMENT

The immediate clinical effect of aspirin uptake on primary hemostasis results in increased bleeding time[12]. Due to significant difficulties in standardizing this type of test, significant efforts in recent decades have been put into developing alternative and reliable measures of the antiplatelet effect of aspirin. Among the tested methods were light transmission aggregometry, serum thromboxane B₂ concentration, impedance aggregometry, thromboelastography platelet mapping system, VerifyNow[®] assay (Werfen, Barcelona, Spain), platelet function analyzer-100 (Siemens Healthineers, Erlangen, Germany), *etc*. Each of these proposed methods demonstrated significant variability in the assessment of aspirin effect and poor correlation to each other[13,14]. Even more importantly, there is still no reliable clinical evidence of predictive value of any of these tests and correlation with clinically significant outcomes[15].

From a practical point of view, it seems important that non-specific viscoelastic tests (thromboelastography, rotational thromboelastometry), which were designed for integral assessment of blood clot formation, cannot demonstrate aspirin-associated hypocoagulation. At the same time, this phenomenon can be interpreted as the principal possibility of dense clot formation in the presence of aspirin[16].

IMPACT OF ASPIRIN ON BLEEDING RISK IN NON-NEUROSURGICAL PATIENTS

Clinical evidence on aspirin continuation or discontinuation in general surgery is minimal. The largest seminal RCT (POISE-2), which included more than 10000 patients, revealed a higher frequency of major bleeding in the aspirin cohort with a hazard ratio 1.23 (95% CI: 1.01 to 1.49; $P = 0.04$)[2]. However, the design and conclusions of this trial were criticized due to the potential interaction of aspirin with perioperative anticoagulants and NSAIDs[17]. As a result, current guidelines on perioperative bleeding suggest that “aspirin should not be withdrawn peri-operatively unless the risk of bleeding exceeds the thrombotic risk from withholding the drug”[18]. But, as mentioned above, neurosurgical patients should be treated in a special way. Data on bleeding risk in different sub-cohorts of neurosurgical patients is presented below and summarized in Table 1.

RISK OF BLEEDING IN BRAIN TUMOR SURGERY

One of the initial concerns on the safety of perioperative aspirin consumption in brain tumor surgery was presented in a small case series[19]. This study was based on two cases where postoperative hematomas were seemingly caused by a platelet defect due to aspirin use. This defect, not detectable by standard bleeding and clotting tests, could arise from both massive and small doses of aspirin. Highlighting the serious implications for neurosurgery, the study pointed out that such a defect can be effectively treated with platelet transfusions.

Data from a more recent retrospective study examining 1291 patients who underwent elective intracranial tumor surgery is much more reasonable[20]. The patients were divided based on their aspirin usage into three groups: no aspirin, stopped aspirin, and continued aspirin. The stopped-aspirin group included 104 patients (108 operations), and the continued-aspirin group had 119 patients (126 operations). The study highlighted that operative blood loss and complication rates were not significantly different between the groups, suggesting that perioperative aspirin use does not elevate hemorrhagic risk.

A similar conclusion was reached in a prospective cohort study, focused on the perioperative management of antithrombotics (AT) in elective intracranial procedures[21]. This analysis involved 312 patients divided into three groups: 83 patients (27%) continued AT, 106 (34%) did not use AT, and 123 (39%) were historical AT users. The study's approach was to continue aspirin for extraaxial or shunt surgeries and stop aspirin 2 d before intervention for intraaxial pathologies. Notably, the total perioperative discontinuation time in the AT group was markedly shorter (median of 4 d) compared to the historical AT group (16 d). Hemorrhagic complications occurred in 4% of the AT group, 6% in the control group, and 7% in the historical AT group, indicating no significant increase in hemorrhagic risk with this protocol.

The risk of postoperative bleeding in patients undergoing endoscopic endonasal surgery for pituitary adenomas with short-term discontinuation of low-dose aspirin was the focus of another retrospective study[22]. It included 304 patients, and 45 of them (14.8%) had short-term perioperative aspirin discontinuation. This study found no increased rate of postoperative bleeding in patients who discontinued aspirin for a short period.

The risk of postoperative hematoma formation in patients undergoing stereotactic brain biopsies is a critical concern in clinical practice because in these clinical settings, there is no direct visual control of potential vascular injury. Unfortunately, we did not succeed in finding any clinical evidence of additional risk of such complications in patients on chronic aspirin therapy.

RISK OF BLEEDING IN CEREBROVASCULAR SURGERY

Risk of hemorrhagic complication in 158 patients who underwent revascularization surgery for moyamoya disease or cerebrovascular atherosclerotic disease was assessed in a retrospective observational study[23]. The study had a low complication rate with a high patency rate of 97%, and no mortality. Early morbidity was 10.7%, and ischemia was seen in 6.9% of patients. It was found that neither the type of treated pathology nor the surgical technique significantly influenced outcomes. Notably, antiplatelet therapy did not increase the risk of hemorrhage, but improved outcomes.

Patients who underwent craniotomy for unruptured intracranial aneurysm were included in another retrospective study[24]. Data on 401 cases were analyzed. Patients were divided into two groups: those who received perioperative antithrombotic treatment (45 patients) and those who did not (356 patients). The study found no significant difference in mortality, morbidity, or symptomatic brain infarction between the groups. However, intracranial hemorrhage was more frequent in the antithrombotic group. Posterior aneurysm location and surgical procedure were associated with severe morbidity, and intracranial hemorrhage was associated with antithrombotic treatment.

A more recent retrospective study did not find additional bleeding risk in patients on continued aspirin treatment undergoing cerebral aneurysm surgery[25]. 200 consecutive clipping procedures were analyzed and found that postoperative hemorrhage occurred in 3.1% of patients with aspirin and 3.0% of patients without aspirin. The difference

Table 1 Characteristics of included studies on aspirin consumption before neurosurgical interventions

Ref.	No. of patients	Reported schemes	Key message
Brain tumor surgery			
Merriman <i>et al</i> [19], 1979	2	4-20 tablets of aspirin 325 mg/ d	Complications could be associated with preoperative aspirin consumption
Case report			
Hanalioglu <i>et al</i> [20], 2019	1291	3 groups:	ASA was not associated with increased bleeding risk
Retrospective single-center, cohort study		No ASA (1068 patients) Stopped ASA (at least 7 d before surgery - 104 patients) Continued ASA (119 patients)	
Rychen <i>et al</i> [21], 2023	312	ASA was continued perioperatively for extraaxial surgery, and discontinued 2 d before intraaxial surgery (83 patients). No ASA in prospective control (106 patients) and long-term ASA discontinuation in retrospective control group (123 patients)	Presented protocol of perioperative antithrombotics management was not associated with an increased hemorrhagic risk
Prospective cohort study with retrospective control			
Enciu <i>et al</i> [22], 2023	304	2 groups:	Short-term (even < 2 d) discontinuation of low-dose aspirin was not associated with increased bleeding risk
Retrospective single-center, cohort study		Short-term ASA discontinuation (lower than 7 d) (45 patients) Standard-term ASA discontinuation (259 patients)	
Rychen <i>et al</i> [7], 2023	646 (7 studies)	ASA was continued perioperatively in 61.8% and discontinued in 38.2% of the cases	Perioperative ASA continuation in elective craniotomies was not associated with an increased hemorrhagic risk
Systematic review			
Cerebrovascular surgery			
Schubert <i>et al</i> [23], 2014	158	ASA was prescribed in 138 patients pre- or intraoperatively	Antiplatelet therapy did not increase the risk of hemorrhage, but improved outcomes after revascularization procedures
Retrospective single-center, cohort study			
Nakamizo <i>et al</i> [24], 2017	401	2 groups:	Intracranial hemorrhage after aneurism clipping was more frequent in the antithrombotics group
Retrospective single-center, cohort study		Continued antithrombotics, including ASA (45 patients) No antithrombotics (259 patients)	
Rashidi <i>et al</i> [25], 2021	200	2 groups:	Continued ASA use was not associated with an increased risk of a postoperative hemorrhage
Retrospective single-center, cohort study		Continued ASA or short-term ASA discontinuation (lower than 7 d) (32 patients) No ASA (168 patients)	
Ebel <i>et al</i> [26], 2021	215	2 groups:	Short (≤ 5 d) aspirin discontinuation time did not appear to have increased rates of postoperative bleeding
Retrospective single-center, cohort study		Patients were treated with antithrombotics (50 patients) No antithrombotics (165 patients)	
Spinal surgery			
Goes <i>et al</i> [6], 2017	370 (3 studies)	2 groups:	There is no difference in perioperative complications between aspirin continuation and discontinuation
Meta-analysis		ASA-continuing group (170 patients) ASA-discontinuing group (200 patients)	
Zhang <i>et al</i> [29], 2017	414 (4 studies)	2 groups:	Continued aspirin administration do not have an increased risk for bleeding
Meta-analysis		ASA-continuing group ASA-discontinuing group	
Cheng <i>et al</i> [30], 2018	1173 (7 studies)	3 groups:	No difference in intraoperative blood loss, operation time, and postoperative complications
Systematic review		No ASA therapy (587 patients) Stopped ASA (3-10 d before surgery - 416 patients)	

		Continued ASA (170 patients)	
Claydon <i>et al</i> [28], 2022	364	2 groups:	There was no association of low-dose ASA continuation with increased blood loss
Prospective, multi-center observational cohort study		ASA-continuing group (21 patients) No ASA group	
Tarukado <i>et al</i> [27], 2023	88	3 groups:	Continuing ASA did not affect perioperative complications or clinical outcomes
Retrospective single-center, cohort study		No antithrombotics (65 patients) Stopped ASA (9 patients) Continued ASA (14 patients)	

ASA: Aspirin.

was not statistically significant. However, cardiopulmonary complications were more frequent in the aspirin group. The study suggests that aspirin use may be relatively safe in patients with increased cardiovascular risk and emergency cerebrovascular surgery. Patients undergoing craniotomy for the treatment of neurovascular lesions with short (≤ 5 d) aspirin discontinuation time did not appear to have increased rates of postoperative bleeding in another retrospective study, which included 215 cases[26].

RISK OF BLEEDING IN SPINAL SURGERY

A relatively large amount of clinical evidence has accumulated to date regarding the safety of continued aspirin use in spinal neurosurgery. For instance, in a retrospective cohort study, which included 88 patients, the safety of continuing low-dose aspirin during microendoscopic laminectomy was investigated[27]. The patients were categorized into three groups based on their anticoagulation therapy status. There was no statistically significant difference between the three groups in operation time. The study concluded that continuing aspirin in these clinical settings did not affect perioperative complications or clinical outcomes. Another prospective multi-center observational cohort study focused on risk factors affecting blood loss during elective anterior lumbar surgery. Based on an analysis of 364 patients, the continuation of low-dose aspirin was not associated with increased blood loss[28].

Previous studies were systematized in a couple of reviews[29,30]. They assessed the impact of aspirin on bleeding and cardiovascular events in the perioperative period and concluded that continuation of aspirin does not increase the risk of blood loss, operative time, or postoperative blood transfusion during spinal surgery. However, both reviews acknowledged the need for more research to understand the relationship between aspirin use and cardiovascular risks, emphasizing the importance of considering individual patient risks when managing aspirin therapy in spinal surgeries.

BALANCING THE RISK

Presented clinical data reflects the paucity of reliable evidence on clinical decision-making for continuing or interrupting aspirin uptake in the perioperative period in patients scheduled for elective neurosurgical procedures. Potential disturbance in intraoperative blood clot formation stimulates a defensive approach, but the impact on the outcome of aspirin uptake in these specific clinical settings remains uncertain. Inconsistency in clinical data provokes variability in clinical practice[31,32].

Moreover, even guidelines on this issue do not coincide with each other. For instance, European Society of Anaesthesiology and Intensive Care guidelines on perioperative bleeding management suggest that “intracranial surgery can be safely performed in the presence of low-dose aspirin”, but in cases where aspirin withdrawal before surgery is considered, time from last drug intake to the intervention of 3 d. However, for invasive procedures at high risk of bleeding, a longer interruption (5 d) could be considered[18]. This period is much shorter in comparison with the vague statement of at least 7 d of discontinuation in ESC guidelines[1].

Of course, the decision on continuing or interrupting aspirin in particular cases should be made based on the discussion of specialists involved in perioperative management (neurosurgeon, anesthesiologist, cardiologist, *etc*), but a framework for such decision-making is not strictly defined. One of the potential approaches is presented in Figure 1. It can contain estimated blood loss risk of complications associated with increased bleeding time, risk of postoperative ischemic complication associated with aspirin interruption, and risk of surgery postponement. Individual bleeding risk assessment should also include non-specific factors, such as preoperative anemia, renal dysfunction, chronic liver disease, metabolic disorders *etc*[18]. Such abnormalities should be corrected, if possible, before proceeding to surgery.

It should be taken into account that high estimated blood loss can be aggravated by the antiplatelet effect of aspirin. This is particularly important in cases where surgical manipulation would be performed inside the tissues with the abnormal structure of the vascular wall, *i.e.* neoplasms. This risk is presumably lower for cerebrovascular and spinal

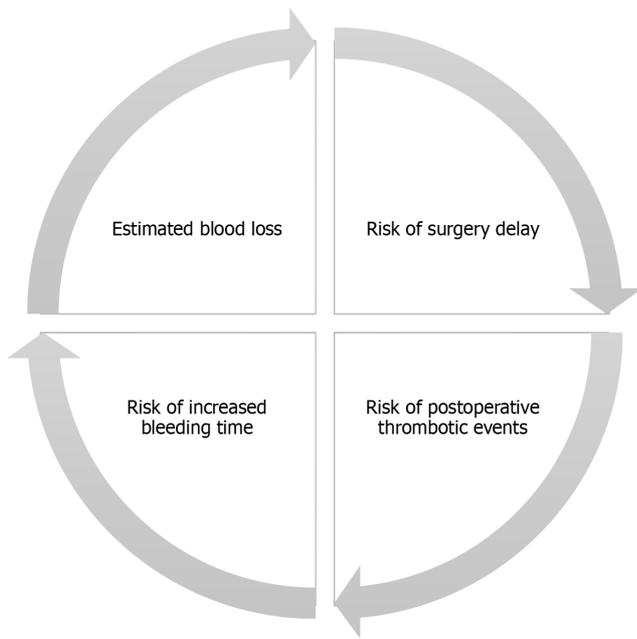


Figure 1 Framework for decision making on aspirin interruption before neurosurgical procedures.

surgery. On the other hand, the risk of thrombotic complication can outweigh the bleeding risk in patients with high cardiac risk (history of myocardial infarction, coronary stenting, unstable angina *etc*, which are among the most common indications for chronic aspirin consumption). In such cases, aspirin continuation can provide a better outcome.

Furthermore, in neurosurgical practice, it is frequently necessary to treat patients who can have serious consequences due to the delay in surgical intervention (*e.g.*, intracranial bleeding of a brain lesion, progressive neurologic deficit due to mass effect, occurrence of seizures in patients with intracranial mass, *etc*). Risk-benefit balance of aspirin interruption in such cases remains uncertain, but ESC recommendation for aspirin discontinuation might cause the underestimation of risks and harm of surgery delay.

CONCLUSION

Aspirin interruption before neurosurgical interventions remains a controversial clinical issue. Neurosurgical patients are very heterogeneous and might present different risks of perioperative bleeding. But the current form of recommendation of aspirin discontinuation makes all clinical situations equal and motivates physicians to make the same clinical decisions in any case. Future studies should be designed for rational and evidence-based clinical decision-making.

FOOTNOTES

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The cardiovascular system at high altitude: A bibliometric and visualization analysis

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Abstract

BACKGROUND

When exposed to high-altitude environments, the cardiovascular system undergoes various changes, the performance and mechanisms of which remain controversial.

AIM

To summarize the latest research advancements and hot research points in the cardiovascular system at high altitude by conducting a bibliometric and visualization analysis.

METHODS

The literature was systematically retrieved and filtered using the Web of Science Core Collection of Science Citation Index Expanded. A visualization analysis of the identified publications was conducted employing CiteSpace and VOSviewer.

RESULTS

A total of 1674 publications were included in the study, with an observed annual increase in the number of publications spanning from 1990 to 2022. The United States of America emerged as the predominant contributor, while Universidad Peruana Cayetano Heredia stood out as the institution with the highest publication output. Notably, Jean-Paul Richalet demonstrated the highest productivity among researchers focusing on the cardiovascular system at high altitude. Furthermore, Peter Bärtsch emerged as the author with the highest number of cited articles. Keyword analysis identified hypoxia, exercise, acclimatization, acute and chronic mountain sickness, pulmonary hypertension, metabolism, and echocardiography as the primary research hot research points

and emerging directions in the study of the cardiovascular system at high altitude.

CONCLUSION

Over the past 32 years, research on the cardiovascular system in high-altitude regions has been steadily increasing. Future research in this field may focus on areas such as hypoxia adaptation, metabolism, and cardiopulmonary exercise. Strengthening interdisciplinary and multi-team collaborations will facilitate further exploration of the pathophysiological mechanisms underlying cardiovascular changes in high-altitude environments and provide a theoretical basis for standardized disease diagnosis and treatment.

Key Words: Cardiovascular system; High altitude; Hypoxia; Bibliometric analysis; Visualization

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Core Tip: In this study, a bibliometric and visualization analysis was conducted to summarize the latest research advancements in the cardiovascular system at high altitude. Based on 1674 publications included, we provide a comprehensive description of countries, institutions, authors, journals, and keywords involved in this field. Our findings would be helpful in investigating the mechanisms that affect the cardiovascular system at high altitude and the future clinical applications.

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INTRODUCTION

Globally, a large number of people visit, work, or reside at high altitude. An estimated 81.6 million people live at altitudes > 2500 m above sea level and 14.4 million people live at altitudes ≥ 3500 m above sea level[1]. The oxygen levels decline with increasing altitude. Exposure to hypoxia significantly affects physical performance and the cardiovascular system [2]. Exposure to hypoxia or intermittent hypoxia activates compensatory cardioprotective mechanisms[3]. Several studies have shown that short-term intermittent hypoxia promotes cardioprotective effects similar to ischemia preconditioning. For example, intermittent hypoxia protected cardiomyocytes against H₂O₂- and ischemia/reperfusion-induced oxidative stress and cell death by maintaining Ca²⁺ homeostasis and the mitochondrial membrane potential, and upregulating the expression levels of antioxidant enzymes[4]. Intermittent hypobaric hypoxia exposure in rats induced cardiovascular protective mechanisms against oxidative stress[5]. However, prolonged exposure to hypoxia at high altitude increases the risk of cardiovascular disease by chronically activating cellular responses that are detrimental to cardiac function. The damage to cardiac cells at high altitude because of exposure to hypoxic and hypobaric environment results in elevated serum levels of myocardial enzymes to varying degrees; in severe cases, myocardial damage causes malignant arrhythmia, heart failure, and even sudden death[6]. Furthermore, at high altitudes, many people experience acute mountain sickness (AMS), high-altitude cerebral edema, high-altitude pulmonary edema (HAPE), chronic mountain sickness (CMS), and high-altitude pulmonary hypertension (HAPH)[7]. The prevalence of myocardial injury at high altitude was 18.6%-33.2%[8,9]. Although several studies have reported the adverse effects of high altitude on the cardiovascular system, the mechanisms are complex and unclear. Therefore, there is an urgent need to identify the advances, trends, and hotspots in the research area of the cardiovascular system at high altitude based on previous publications. Such information would be beneficial for research investigators in this field to pursue studies in the right direction.

Bibliometric methods are used to investigate the productivity of researchers, institutions, and countries in specific subject areas to determine the research hotspots and future directions that can also be used to guide policy decisions[10]. Furthermore, bibliometric analysis is a good indicator of progress in a research field[11]. Moreover, co-citation is frequently used in the bibliometric analysis to identify links between authors, keywords, countries, and organizations.

Several bibliometric analyses have been performed in the field of the cardiovascular system in areas such as heart transplantation, future landscape of macrophage research in cardiovascular disease, and heart failure[12-15]. In this study, we performed a bibliometric analysis of studies on the cardiovascular system at high altitude using the Science Citation Index Expanded (SCIE) index of the Web of Science (WoS) Core Collection. Our aim was to identify the current hotspots of research and the frontier directions that would be helpful in investigating the mechanisms that affect the cardiovascular system at high altitude and the future clinical applications in this field.

MATERIALS AND METHODS

Bibliometric analysis

CiteSpace 6.1 R6 software and VOSviewer 1.6.18.0 software were used for the bibliometric analysis of countries, institutions, journals, and keywords of research related to the cardiovascular system at high altitude between January 1, 1990 and December 31, 2022. The CiteSpace software was used to simultaneously visualize the co-occurrence network between time, frequency, and betweenness centrality. Cluster view was used to label the clusters with phrases. Furthermore, the CiteSpace software was used for temporal analysis and the pruning algorithms were used to highlight the main structure of the network[16]. The co-occurrence analysis in CiteSpace was used to visualize the co-authorship network of countries, institutions, journals, and authors. CiteSpace software was also used to visualize the timeline view of keyword clustering and identify the development process and hotspots in the cardiovascular system at high altitude. In CiteSpace, node size represents the frequency of publications and citations; purple rings represent centrality; and nodes in the red inner rings represent the burst in research[17]. Furthermore, connections between points represent the co-citation relationship and the number of interconnections represents the strength of co-occurrence or co-citation of the collaboration.

VOSviewer is a popular tool for visualizing the knowledge map and provides a variety of tools for viewing keywords, co-institutions, co-authors, *etc.*, including Network Visualization, Overlay Visualization, and Density Visualization[18]. Co-citation analysis of cited references, journals, and authors, and the co-occurrence analysis of keywords were visualized using the VOSviewer. The points in the co-citation maps represent different co-cited references, journals, or authors. Size of the points represents the number of citations in individual publications. The lines between points show co-citation relationships. The colored points represent different clusters and the colored lines represent different years.

Data source and literature search strategy

In this study, we searched for publications related to cardiac system at high altitude in the SCIE index of the WoS Core Collection using the following keywords and combinations: TS = (("high altitude" OR "plateau" OR "mountain") AND ("cardiovascular" OR "heart" OR "cardiac" OR "myocardial")). The time span was set between January 1, 1990 and December 31, 2022. The literature language was restricted to English. We identified 6605 publications that met these criteria. The literature types were limited to articles and reviews. The exclusion criteria are shown in Table 1. After initial search, we retrieved 5992 publications as potential candidates for inclusion. Subsequently, the titles, abstracts, and the full texts of the publications were manually examined by two investigators (Zhao ML and He SY) and the irrelevant articles were excluded. Finally, after removing duplicates, we included 1674 journal articles, including 1331 articles and 133 reviews for further analysis.

Table 1 Summary of data source and selection

Date source	Web of Science
Citation index	SCIE
Searching period	January 1, 1990 to December 31, 2022
Searching	TS = (("high altitude" OR "plateau" OR "mountain") AND ("cardiovascular" OR "heart" OR "cardiac" OR "myocardial"))
Subject category	"Physiology", "Cardiac Cardiovascular Systems", "Sport Sciences"
Document type	"Articles" or "reviews"
Language	"English"
Sample size	1674

SCIE: Science citation index expanded.

RESULTS

Descriptive statistics

This study included 1674 papers with 7433 authors from 2041 organizations and 78 countries; these papers were published in 586 journals, and were cited in 44674 publications from 7775 journals (Table 2). Figure 1 shows the chronological distribution of publications in the field of research related to the cardiovascular system at high altitude. The number of papers published in this field increased every year from 1990 to 2022, especially from 2012 onwards. The annual publication rate was > 60. This suggested significant research in this area, especially after 2012.

Co-authorship network analysis based on countries, institutions, authors, and journals

We constructed a co-occurrence network of countries and institutions to evaluate the progress of studies on the cardiovascular system at high altitude in different countries and institutions, and also determine the potential co-operation between countries and institutions in this area. Figure 2A shows the interactions between countries and

Table 2 Descriptive statistics of the database

Criteria	Quantity
Publications	1674
Authors	7433
Journals	586
Institutions	2041
Countries	78
Cited references	44674

Table 3 Top 10 countries in the field of cardiovascular system at high altitude

Rank	Country	Publications	Citations	Average citations
1	United States	409	12146	29.70
2	People’s Republic of China	367	5268	14.35
3	England	156	4119	26.40
4	France	129	3296	25.55
5	Canada	124	3190	25.73
6	Italy	124	3065	24.72
7	Switzerland	113	3360	29.73
8	Germany	113	2330	20.62
9	Austria	79	1259	15.93
10	Peru	72	2431	33.76

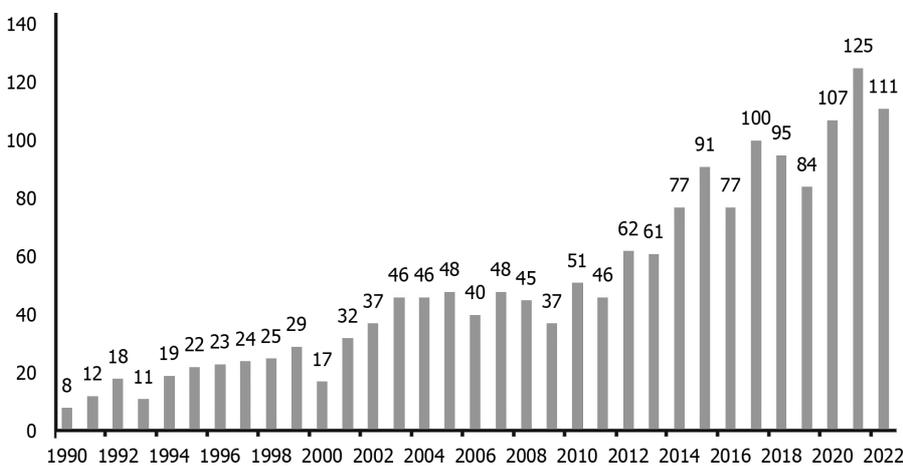


Figure 1 Distribution of publications from 1990 to 2022.

Figure 2B shows the interactions between institutions in this research area. The top 5 productive countries in this research area were United States (409 papers), People’s Republic of China (367 papers), England (156 papers), France (129 papers), and Canada (124 papers; Table 3). The top 5 countries for centrality were the United States (0.41), People’s Republic of China (0.21), England (0.20), Germany (0.16), and Switzerland (0.13; Table 4). The betweenness centrality was more than 0.1 for these 5 countries, highlighting their leading role in research area. Table 5 shows the top 10 institutions in the research area of the cardiovascular system at high altitude. The universities with the highest number of publications were as follows: Universidad Peruana Cayetano Heredia (57 papers), University of British Columbia (51 papers), Chinese Academy of sciences (48 papers), University of Innsbruck (48 papers), and University of Colorado (46 papers). The top 10 countries in this area included six European countries (England, Germany, Switzerland, Italy, France, and Netherlands), two North American countries (the United States and Canada), one Asian country (People’s Republic of China), and one South American country (Chile). These top ten countries accounted for 93.91% of the publications.

Table 4 Top 10 countries with centrality value

Rank	Country	Centrality
1	United States	0.41
2	People's Republic of China	0.21
3	England	0.20
4	Germany	0.16
5	Switzerland	0.13
6	Italy	0.11
7	Chile	0.09
8	France	0.08
9	Canada	0.08
10	Netherlands	0.07

Table 5 Top 10 institutions in the field of cardiovascular system at high altitude

Rank	Institution	Publications	Citations	Average citations
1	Universidad Peruana Cayetano Heredia	57	1704	29.90
2	University of British Columbia	51	1505	29.51
3	Chinese Academy of Sciences	48	1140	23.75
4	University of Innsbruck	48	819	17.07
5	University of Colorado	46	2311	50.24
6	Loma Linda University	39	1006	25.79
7	The Third Military Medical University	36	307	7.87
8	University of Cambridge	32	1335	42.34
9	Université Sorbonne Paris Nord	31	1300	41.94
10	University of California-San Diego	31	1119	36.10

Next, we analyzed the literature to identify the main research scholars studying the cardiovascular system at high altitude. Figure 2C shows the network of author-co-author relationships in this field. Table 6 shows the authors who have published 16 papers or more in the area of the cardiovascular system at high altitude. Jean-Paul Richalet from the University of Paris published 41 papers with 1616 citations and an average of 39 citations per article. In the second place, Philip N Ainslie from University of British Columbia contributed 31 articles with 565 citations and an average of 18 citations per article. Martin Bartscher from University of Paris published 30 articles with 488 citations and an average of 16 citations per article.

Impact factor of a journal refers to the importance of a journal in the research area of interest, and is calculated by the frequency with which the articles published in the journal were cited in other articles[19]. Table 7 shows the top 10 journals in the field of the cardiovascular system at high altitude. The top 3 journals were *High Altitude Medicine & Biology* (144 publications), *Journal of Applied Physiology* (81 publications), and *Frontiers in Physiology* (55 publications). The top journals with the highest number of citations per article were *The Journal of Physiology (London)* (41.62 citations per publication), *Journal of Applied Physiology* (37.71 citations per publication), and *American Journal of Physiology-Regulatory Integrative and Comparative Physiology* (37.68 citations per publication).

Co-citation analysis of cited references, journals, and authors

The number of citations reflects the quality of a study and is an indicator of the importance of the findings for the research field[20]. The most cited references provide a theoretical basis for studying the cardiovascular system at high altitude and guide researchers for further studies. We performed a bibliometric analysis of the cited references and obtained 44674 citations in this study. Then, using 30 citations as a threshold, we identified 68 articles for co-citation analysis of the cited articles. We then constructed a network of publications that were related to research regarding the cardiovascular system at high altitude. We identified five clusters represented by different colors and the cited references are represented as nodes of different sizes (Figure 2D). Table 8 summarizes the top 10 most frequently cited references. The top 5 cited references were as follows: Hackett and Roach[21] in 2001 (123 citations), Naeije[22] in 2010 (107 citations), Penaloza and Arias-Stella[23] in 2007 (107 citations), Bartsch *et al*[24] in 2007 (90 citations), and Simonson *et al*[25] in 2010.

Table 6 Most important authors in the field of cardiovascular system at high altitude

Rank	Author	Documents	Citations	Average citations
1	Jean-Paul Richalet	41	1616	39.41
2	Philip N Ainslie	31	565	18.23
3	Martin Burtscher	30	488	16.27
4	Lan Huang	25	216	8.64
5	Mike Stembridge	23	387	16.83
6	Gianfranco Parati	21	381	18.14
7	Michael M Tymko	18	214	11.89
8	Jie Yu	17	206	12.12
9	Leon-Velarde Fabiola	16	799	49.94
10	Francisco C Villafuerte	16	316	19.75
11	Frantisek Kolar	16	267	16.69
12	Jie Yang	16	71	4.44

Table 7 Top 10 journals in the field of cardiovascular system at high altitude

Rank	Source	Publications	Citations	Average citations
1	<i>High Altitude Medicine & Biology</i>	144	2982	20.71
2	<i>Journal of Applied Physiology</i>	81	3070	37.91
3	<i>Frontiers in Physiology</i>	55	399	7.25
4	<i>Wilderness & Environmental Medicine</i>	38	622	16.37
5	<i>Journal of Physiology-London</i>	29	1207	41.62
6	<i>American Journal of Physiology-Heart and Circulatory Physiology</i>	29	827	28.52
7	<i>Plos One</i>	27	692	25.63
8	<i>European Journal of Applied Physiology</i>	26	489	18.81
9	<i>Experimental Physiology</i>	22	406	18.45
10	<i>American Journal of Physiology-Regulatory Integrative and Comparative</i>	22	829	37.68

Table 8 Top 10 references with highest citations

Rank	Ref.	Citations
1	High-altitude illness	123
2	Physiological adaptation of the cardiovascular system to high altitude	107
3	The heart and pulmonary circulation at high altitudes: Healthy highlanders and chronic mountain sickness	107
4	Effect of altitude on the heart and the lungs	90
5	Genetic evidence for high-altitude adaptation in Tibet	78
6	Consensus statement on chronic subacute high altitude diseases	77
7	Operation Everest II: Preservation of cardiac function at extreme altitude	67
8	Sympathetic neural overactivity in healthy humans after prolonged exposure to hypobaric hypoxia	65
9	Guidelines for the echocardiographic assessment of the right heart in adults: A report from the American society of echocardiography	55
10	Two routes to functional adaptation: Tibetan and Andean high-altitude natives	52

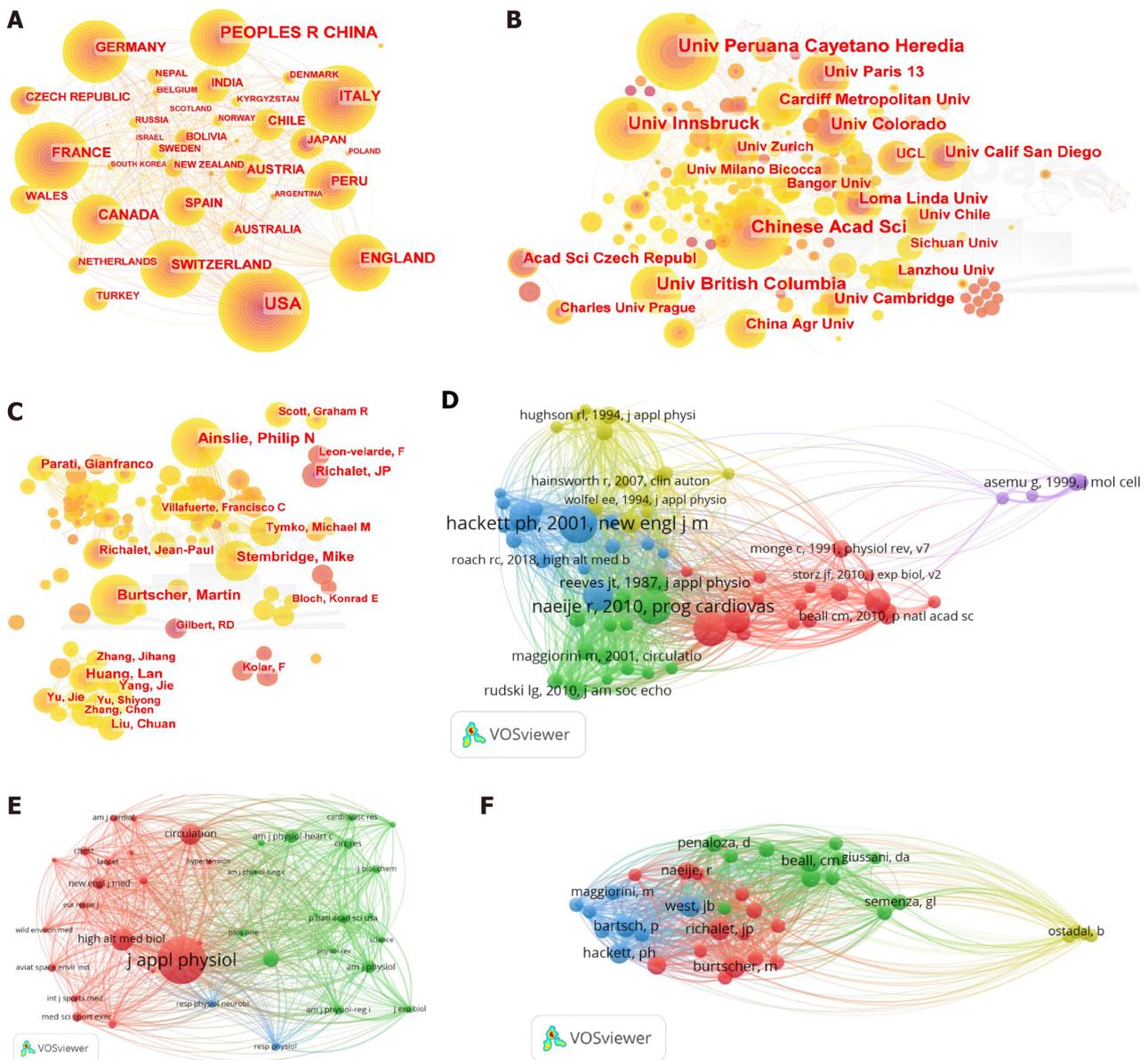


Figure 2 Co-authorship of countries, institutions, authors, and journals. A: Co-authorship between countries with more than 9 publications; B: Co-authorship between institutions with more than 14 publications; C: Co-authorship between authors with more than 9 publications; D: Co-citation of cited references; E: Co-citation of cited journals; F: Co-citation of cited authors.

Our study showed that the top 3 cited references were all reviews. The most cited publication was a review authored by Hackett and Roach[21], which described the epidemiology and risk factors, pathophysiological process, clinical manifestations, diagnosis, treatment, and disease preventive measures at high altitude[21]. The second and third most cited references also reviewed the pathophysiological processes of the cardiopulmonary vascular system at high altitude. The second reference was published by Naeije[22], mainly focused on the acclimatization of the cardiovascular system at high altitude[22]. The third reference was a review published by Penalzoza and Aria-Stella[23] in *Circulation* and was titled "The Heart and Pulmonary Circulation at High Altitudes Healthy Highlanders and Chronic Mountain Sickness"[23]. This review described the physiology, pathology, pathogenesis, and clinical features of the heart and pulmonary circulation in healthy highlanders and patients with CMS[23]. The sixth most cited reference published by León-Velarde *et al*[26], reporting an expert consensus statement on the chronic and subacute diseases at high altitude, described the criteria for selecting a specific method or procedure to diagnose or manage these diseases[26]. The reference titled "Guidelines for Echocardiographic Evaluation of the Right Heart in Adult Patients: A Report by the American Society of Echocardiography" holds the tenth position in terms of citation count. This reference serves as a comprehensive document intended for healthcare professionals, providing them with guidelines for assessing the right ventricle and right atrium. It encompasses a range of parameters utilized for estimating both systolic and diastolic functions of the right ventricle, along with normal reference values derived from aggregated data[27].

Subsequently, using a citation threshold of 300, we selected 39 journals for co-citation analysis. Table 9 shows the top 10 most frequently cited journals. The co-citation network of journals consisted of three distinct clusters denoted by different colors (Figure 2E). *Journal of Applied Physiology* (5586 citations), *High Altitude Medicine & Biology* (2192 citations),

Table 9 Top 10 highest cited journals

Rank	Journals	Citations
1	<i>Journal of Applied Physiology</i>	5586
2	<i>High Altitude Medicine & Biology</i>	2192
3	<i>Circulation</i>	2051
4	<i>Journal of Physiology-London</i>	1433
5	<i>American Journal of Physiology-Heart and Circulatory</i>	1138
6	<i>American Journal of Physiology</i>	1107
7	<i>The New England Journal of Medicine</i>	980
8	<i>Circulation Research</i>	891
9	<i>Proceedings of the National Academy of Sciences of the United States of America -Physical sciences</i>	886
10	<i>American Journal of Physiology-Regulatory Integrative and Comparative Physiology</i>	792

and *Circulation* (2051 citations) were the most cited journals. These three journals are esteemed publications within the JCR1 region.

Next, we sought to identify the leading researchers in this research area. We used a citations threshold of 100 and identified 38 authors with a cumulative citation count of 29778. The co-citation network of these 38 authors demonstrated four distinct clusters (Figure 2F). Table 10 presents the top 10 most cited authors in this network, with Peter Bärtsch (382 citations), Martin Bartscher (378 citations), and John B West (358 citations) being the three most prominently cited authors.

Co-occurrence analysis of keywords

Keywords are specific terms or phrases that summarize the main subjects and concepts presented in the article. Therefore, co-occurrence analysis of keywords can be used to identify the hotspots in a research area. In the present study, we used the VOSviewer software to construct a network of keywords in the 1674 articles included in this study. Subsequently, we identified 103 keywords with a frequency of more than 20 (Figure 3A). In this network, size of the circle node denotes frequency of the keyword. For example, if the circle node is large, it suggests that the keyword occurs at a higher frequency. Hence, we considered high frequency key words as research hotspots in the field of study. The line of nodes represents the strength of the association. A thicker line indicates that the two words co-appear more times in the same article. Clusters of key words are represented by distinct colors. The top 10 keywords were high altitude ($n = 598$), hypoxia ($n = 559$), exercise ($n = 269$), AMS ($n = 214$), adaptation ($n = 209$), heart ($n = 167$), acclimatization ($n = 137$), pulmonary hypertension ($n = 133$), heart rate ($n = 117$), and blood pressure ($n = 104$; Table 11).

Since the number and type of keywords were too complex, the research topics were ambiguous, and it was difficult to determine the current research hotspots and priorities, previous studies have used keyword clustering to address this issue. Keyword clustering involves extracting representative phrases from keyword groups with similar meanings as specific cluster labels[12]. We used keyword clustering to determine the distribution of topics. The keyword clustering results were as follows: Heart (clustering 0), autonomic nervous system (clustering 1), cardiac function (clustering 2), coronary artery disease (clustering 3), metabolism (clustering 4), AMS (clustering 5), and endothelium (clustering 6) (Figure 3B). Based on the timeline view and clusters of keywords, we observed certain specific trends in the research hotspots regarding the study of the cardiovascular system at high altitude. The main research hotspots between 1990 and 2022 were heart, cardiac function, coronary artery disease, metabolism, and AMS. Autonomic nervous system and endothelium were also research hotspots in this field before 2015. Furthermore, we compile and summarize several significant points to reveal high altitude cardiovascular system function based on the analysis of popular keywords (Table 12).

DISCUSSION

Country distribution

The collaborations between countries have significantly advanced the understanding of the cardiovascular system at high altitude. The United States accounted for the highest number of publications. Many of these publications focused on subjects regarding the cardiovascular system at altitudes ≥ 4000 feet[28-33]. It should be noted that altitudes above 2000 m are generally considered as high altitudes. The risk of acute altitude illness is significantly higher at altitudes above 2500 m[34]. Therefore, it is not clear if all the studies included in this study can be considered as relevant for understanding the cardiovascular system at high altitude. Furthermore, except for China and Peru, the remaining eight countries in the top ten are considered as developed nations. Despite being categorized as a developing country, China ranks second in terms of publications in the field of the cardiovascular system at high altitude. This can be attributed to an extensive population residing at altitudes ≥ 3500 m in China[1]. Moreover, the world's highest plateau, the Qinghai-Tibet Plateau, is in China

Table 10 Top 10 highest frequency cited authors

Rank	Authors	Citations
1	Peter Bärtisch	382
2	Martin Bartscher	378
3	John B West	358
4	Beall Cynthia M	352
5	Jean-Paul Richalet	352
6	Hackett Peter	330
7	Lorna G Moore	265
8	Robert C Roach	261
9	Robert Naeije	235
10	Dante Penalosa	222

Table 11 Top 20 highest frequency keywords

Rank	Keyword	Occurrences	Total link strength
1	High altitude	598	2537
2	Hypoxia	559	2391
3	Exercise	269	1254
4	Acute mountain sickness	214	971
5	Adaptation	209	994
6	Heart	167	746
7	Acclimatization	137	728
8	Pulmonary hypertension	133	655
9	Heart rate	117	507
10	Blood pressure	104	526
11	Hypobaric hypoxia	101	528
12	Nitric oxide	99	442
13	Chronic hypoxia	93	432
14	Oxidative stress	90	408
15	Chronic mountain-sickness	80	375
16	Cardiac output	71	365
17	Intermittent hypoxia	66	190
18	Oxygen	56	170
19	Metabolism	54	149
20	Echocardiography	53	217

[35]. Peru is another country with a significant population residing at high altitude. Those residing at high altitude regions develop a variety of diseases, including diseases of the cardiovascular system. Therefore, extensive research has been conducted in these countries on the cardiovascular system at high altitude. Universidad Peruana Cayetano Heredia is one of the top ten institutions that have focused on studying cardiac health at high altitude[36,37].

Most cited authors

The most cited author in this field was Peter Bärtisch from the Departments of Internal Medicine and Outpatient Medicine, Heidelberg University, Heidelberg, Germany. Luks *et al*[38] focused on the clinical manifestations, epidemiology, pathophysiology, and treatment of common diseases at high altitude[38]. Bärtisch and Gibbs[24] also described the acute physiological adjustments and early acclimatization of the cardiovascular system in healthy

Table 12 Critical aspects of the cardiovascular system at high altitude

Rank	Keyword	Significant points
1	Hypoxia	Hypoxia emerges as the predominant characteristic among individuals residing at high altitudes
2	Exercise at high altitude	Exercise training is advocated for enhancing adaptation to high altitude
3	Pulmonary hypertension	Pulmonary artery pressure increases at high altitude due to vasoconstriction
4	Oxidative stress	Oxidative stress is activity at high altitude
5	Metabolomics	Metabolomics has offered novel perspectives on the pathophysiological mechanisms that underlie adaptations to early hypobaric hypoxia, as well as other diseases associated with tissue hypoxia
6	Adaptation/acclimatization	Adaptation or acclimatization occurs in individuals residing at high altitudes for extended periods, including indigenous populations
7	Echocardiography	Echocardiography serves as a valuable diagnostic tool for identifying cardiac diseases in high-altitude environments

individuals who visited places at high altitude as well as altitude tolerance in patients with underlying cardiovascular diseases[24]. Furthermore, Bärtsch *et al*[39] also described the health risks for athletes at high altitude and the methods by which the performance of athletes can be improved at high altitude[39,40]. The second most highly cited author in this field was Martin Bartscher from the Department of Sport Science, University of Innsbruck, Austria. This is also an institution with the fourth highest number of publications. Bartscher and Ponchia[41] published reports focused on the cardiovascular system at high altitude[41-43], treatment and prevention recommendations of hypoxia-related altitude illnesses[44,45], and exercise at high altitude[46]. The third most highly cited research scholar was John B West from the Department of Medicine, University of California San Diego, La Jolla, United States. West[47] has published articles regarding high altitude-related medicine and physiology[47,48], the technology of oxygen enrichment in room air[2,49], and pulmonary function at high altitude[50,51]. University of California, San Diego is also one of the top ten institutions for publications in the field of cardiovascular system at high altitude because of major contributions from John B West.

Keyword analysis

Keywords reflect the core themes and main content of an article. Therefore, they highlight the research hotspots in a specialized field and provide directions for future research. Based on the top 20 keywords in this study, exercise at high altitude was identified as an important research hotspot. Previous reports have shown that visits to an area at high altitude may result in AMS or CMS; the heart undergoes a range of pathophysiological changes resulting in pulmonary hypertension, oxidative stress, and altered metabolism[22]. In the highlanders, changes in heart rate, blood pressure, nitric oxide (NO) levels, and cardiac output are closely related with altitude adaptation and acclimatization. Furthermore, echocardiography is a useful tool for diagnosing cardiac diseases at high altitude.

Exercise at high altitude: Hypoxia training is a useful strategy for improving the performance of athletes. Intense physical activity, including training at high altitude or mountaineering, does not increase the prevalence or severity of AMS at moderate altitudes[40]. A meta-analysis demonstrated that training at natural or simulated altitude improved high intensity intermittent running performance of the team-sport athletes[52]. Several contemporary elite endurance athletes incorporate some form of altitude/hypoxic training within their year-round training plan to improve their performance[53]. However, intermittent hypoxia at rest does not improve athletic performance in competitions held at sea level[39]. Therefore, exercise training is recommended to improve adaptation at high altitude[54]. Pulmonary artery pressure is elevated at high altitude because of vasoconstriction. Acute hypoxia leads to closure of the oxygen-sensitive potassium channels in the vascular smooth muscle cells; subsequent depolarization induces calcium influx and contraction of the smooth muscle cells[55]. Chronic exposure to hypoxia increases pulmonary artery pressure in the highlanders, but the criteria for the diagnosis of HAPH are not clear. The prevalence of HAPH varied significantly among the highlanders depending on the diagnostic criteria. The prevalence of HAPH in the highlanders was 6% according to the expert consensus definition of chronic high-altitude disease and 35% according to the current definition of pulmonary hypertension proposed for the lowlanders[56]. Chronic exposure to high altitude is also associated with arterial remodeling[57]. The proliferation of vascular smooth muscle cells in the alveolar wall is one of the first remodeling events that continues even after the elimination of hypoxic stimulation[58]. Furthermore, hypoxia promoted smooth muscle cell proliferation and pulmonary vascular thickening by impairing endothelial cell membrane integrity and stimulating the secretion of growth factors[59]. Moreover, chronic hypoxia promoted smooth muscle cell proliferation and pulmonary vascular thickening by maintaining fibroblasts in an activated state through epigenetic regulatory mechanisms[60].

Oxidative stress at high altitude: Oxidative stress is involved in the development of AMS, CMS, and HAPA[7]. Oxidative stress is elevated at higher altitude and may persist until return to the sea level. Exposure to hypoxia alters several signaling pathways, including generation of higher levels of reactive oxygen species that may activate important adaptive responses[61]. Endothelial cell function is affected by hypoxia and oxidative stress. Furthermore, persistent impairment in the vascular function of lowlanders after exposure to high altitude is in part attributed to increased oxidative stress[62]. Hu *et al*[63] demonstrated that the activity of the large-conductance Ca²⁺-activated K⁺ channels in the uterine arteries of pregnant sheep was inhibited by increased oxidative stress in an hypoxic environment.

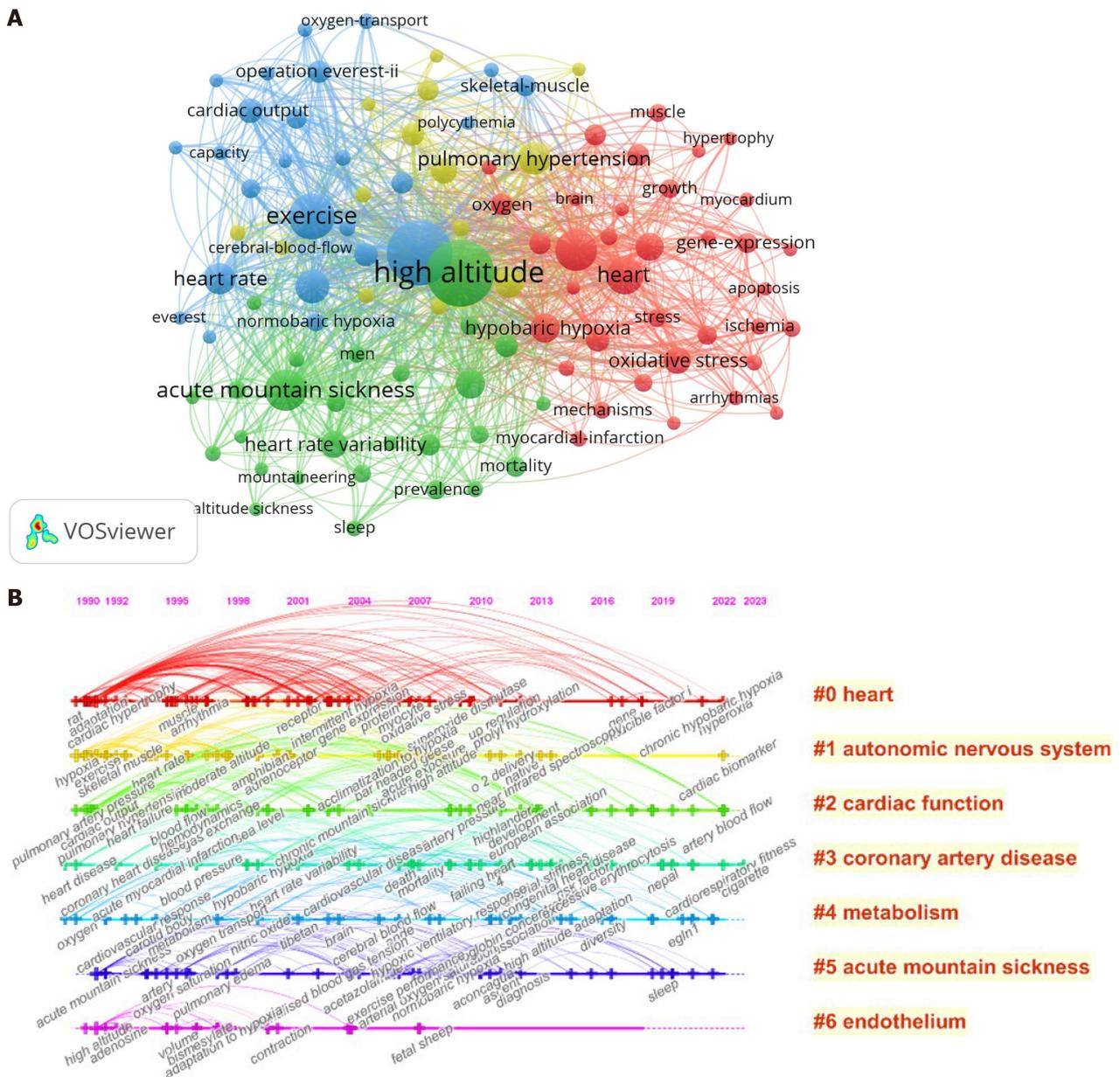


Figure 3 Co-occurrence analysis keywords. A: Keyword co-occurrence map of publications in high altitude cardiac research field; B: Map of timeline view in cardiovascular system at high altitude.

Altered cardiovascular function at high altitude: Major changes are observed in the cardiovascular function of subjects upon exposure to high altitudes, including increased left ventricular systolic function, preserved right ventricular systolic function, and changes in biventricular diastolic filling pattern without changing filling pressure[22]. These changes can be explained by varying degrees of sympathetic activation, reduction of preload, and the effects of long-term hypoxia on the myocardial muscle strength. High altitude exposure initiates the cardiovascular response that is associated with increased sympathetic activities, increased cardiac output with tachycardia, absence of any change in output per vibration, and marginal increase in blood pressure temporarily[64]. After a few days of acclimation, cardiac output returns to normal, but stroke volume is reduced because the heart rate continues to increase. Furthermore, pulmonary artery pressure is elevated but the pulmonary artery wedge pressure remains unchanged[65]. It is worth noting that increased cardiac output is proportionally reduced to arterial oxygen levels so that the total amount of oxygen delivered to the tissues remain constant. However, these changes in the cardiovascular system in response to hypoxia are temporary. The cardiac output returns to normal after a few days and the changes plateau after a certain time of exposure at high altitude[66]. The HIF signaling pathway is altered at high altitude and is crucial for acclimatization. EGLN1 and EPAS1 are major regulators of the hypoxic response[67-69].

Short-term exposure to high altitude causes hypoxia, which induces dilation of blood vessels resulting in decreased blood pressure; subsequently, rapid activation of the sympathetic nerve promotes contraction of the blood vasculature; therefore, blood pressure remains unchanged or slightly increased[22,70,71]. The prevalence of hypertension is higher upon long-term exposure to high altitude; the incidence of hypertension increased by 2% for every 100 m increase in

altitude in areas above 3000 m[72]. Aryal *et al*[73] performed a meta-analysis of 21 articles that included 40845 Tibetan residents living at 2400 m above sea level and reported that the average systolic and diastolic blood pressure increased by 17 mmHg and 9.5 mmHg, respectively, for an elevation of 1000 m[73]. However, long-term intermittent exposure to high altitude did not significantly alter blood pressure[74]. The increase in blood pressure at high altitude was proportional to an increase in the plasma levels of norepinephrine. This suggested that norepinephrine plays a key role in the activation of sympathetic nerves. However, the use of α - and β -receptor blockers did not completely restore blood pressure back to normal. This suggested that other mechanisms such as erythrocytosis and the renin-angiotensin system also participate in the elevation of increase of blood pressure at high altitude[24].

Metabolomics at high altitude: Metabolomics is a promising tool for discovering and understanding the novel biochemical and metabolic responses to hypobaric hypoxia exposure; it can provide new insights for the field of medicine at high altitude and unravel the underlying mechanisms for the health problems that occur in subjects upon exposure to high altitude[75]. Xie *et al*[76] delineated the landscape of metabolites in the myocardial tissues of rats exposed to high altitude using GS/MS-based metabolomics and reported significant changes in metabolites, including several branched chain amino acids, taurine, succinic acid, and others[76]. Extensive evidence of metabolic reprogramming and phenotypic transformation of fetal sheep pulmonary arteries induced by chronic hypoxia has been revealed by metabolomics techniques, which may contribute to the development of persistent pulmonary hypertension[77]. Guo *et al*[78] performed plasma metabolite profiling of 57 HAPE as well as 57 control subjects by ultra-high performance liquid chromatography coupled with Q-TOF mass spectrometry and showed that C8-ceramide, sphingosine, and glutamine were candidate diagnostic biomarkers for HAPE[79]. Liu *et al*[79] performed integrated plasma metabolomics and transcriptomic analyses to demonstrate a significant association between phenotypic variation under hypoxia and the arachidonic acid metabolism pathway[79]. Liao *et al*[80] used a metabolomics approach to detect plasma metabolic changes in subjects exposed to high altitude and showed significant changes in 44 metabolites and 4 related enzymes[80]. These results provided new insights into the pathophysiological mechanism underlying the early hypobaric hypoxia adaptations and other diseases associated with tissue hypoxia.

NO is a critical regulatory molecule *in vivo* that regulates oxygen transport cascade from the lung to the cardiovascular system, blood, and the mitochondria[81,82]. A 2-d exposure of rats to hypobaric hypoxia increased NO synthesis and promoted cardioprotective mechanisms[83]. NO is important for the pulmonary circulation response to acute and chronic hypoxia. Elevated levels of the endothelial nitric oxide synthase played a counterregulatory role in the pulmonary vasoconstriction response to acute hypoxia in Tibetan sheep adapted to high altitude[84]. Gonzales *et al*[85] also showed upregulation of the heart mitochondrial nitric oxide synthase in male rats exposed to high altitude[85].

Echocardiography for diagnosis of heart diseases at high altitude: Ultrasound is widely used in the diagnosis of heart disease at high altitude. Echocardiography is used to screen for congenital heart disease in newborns at high altitude[86]. Ultrasound is the best method for the clinical assessment of AMS[87]. Boussuges *et al*[88] performed echocardiography on eight subjects at different altitudes simulating a climb of Mount Everest and found elevated pulmonary artery pressure, normal left ventricular ejection fraction, reduced biventricular systolic and end-diastolic volumes, and decreased mitral early maximal ventricular filling velocity/atrial maximal ventricular filling velocity (E/A) ratio. A study of the echocardiographic changes in 41 healthy volunteers who rapidly ascended to 4559 m within 24 h demonstrated elevation of the tricuspid gradient from 16 to 44 mmHg and the mean pulmonary artery pressure to 32 mmHg, and reduction of the mitral E/A ratio from 1.4 to 1.1; this demonstrated atrial contractile fitness rather than a change in the diastolic function [70]. Echocardiography measurements of 58 plain residents exposed to a 4000 m altitude showed the following characteristics: Mean pulmonary artery pressure increased to 20-25 mmHg; E/A ratio of the right and left ventricles decreased; isovolumic relaxation time of the right ventricle prolonged; the Tei index of the right ventricle increased; and the ejection fraction remained normal; moreover, the pulmonary artery pressure increased further when the subjects were exposed to conditions simulating an altitude of 4850 m[89]. Compared with lowland residents, highlanders showed lower pulmonary arterial pressure, higher oxygen saturation, significant changes in the biventricular diastolic function, reduced left ventricular ejection fraction, and a more pronounced increase in the Tei index of the right ventricle[89].

CONCLUSION

In the present study, we performed a bibliometric analysis of publications in the field of the cardiovascular system at high altitude to identify the future research hotspots and new perspectives. Our data show that publications have increased rapidly over the past few decades in the field of the cardiovascular system at high altitude. Future research in this field may focus on areas such as hypoxia adaptation, metabolism, and cardiopulmonary exercise. Our study provides essential information for researchers in this field and identifies potential collaborative partners to further exploration of the pathophysiological changes in the high-altitude cardiovascular system and provide a theoretical basis for standardized disease diagnosis and treatment. The present study has several limitations. First, to ensure the quality and integrity of the collected data, this study selected articles and reviews from the WoS Core Collection of SCIE and excluded other databases such as Scopus. Thus, the data may not be comprehensive enough. Furthermore, quantitative analysis needs to analyze and interpret the data. This requires researchers with an adequate and comprehensive understanding of the field. Otherwise it will result in subjectivity. In the future research, we need to integrate the literature from multiple databases to diversify the data, and actively communicate with the scholars in this field to understand the frontier subjects of research in the cardiovascular system at high altitude.

FOOTNOTES

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Correction: Establishment of a prediction model for prehospital return of spontaneous circulation in out-of-hospital patients with cardiac arrest

Jing-Jing Wang, Qiang Zhou, Zhen-Hua Huang, Yong Han, Chong-Zhen Qin, Zhong-Qing Chen, Xiao-Yong Xiao, Zhe Deng

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Abstract

This is an erratum to an already published paper named "Establishment of a prediction model for prehospital return of spontaneous circulation in out-of-hospital patients with cardiac arrest". We found errors in the affiliated institution of the authors. We apologize for our unintentional mistake. Please note, these changes do not affect our results.

Key Words: Cardiac arrest; Cardiopulmonary resuscitation; Recovery spontaneous circulation; Logistic regression analysis; Predictive model

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Core Tip: This is an erratum to an already published paper. We found errors in the affiliated institution of the authors. We apologize for our unintentional mistake. Please note, these changes do not affect our results.

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TO THE EDITOR

This is an erratum to an already published paper[1]. We found errors in the affiliated institution of the authors.

We apologize for our unintentional mistake. Please note, these changes do not affect our results. The correction information is as follows: The affiliated institution of the authors.

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FOOTNOTES

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