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## EDITORIAL

Wan H, Zhang YX, Shan GY, Cheng JY, Qiao DR, Liu YY, Shi WN, Li HJ. Antiviral therapy for hepatitis B virus infection is beneficial for the prognosis hepatocellular carcinoma. *World J Gastrointest Oncol* 2025; 17(1): 93983 [DOI: 10.4251/wjgo.v17.i1.93983]

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The primary aim of *World Journal of Gastrointestinal Oncology* (WJGO, *World J Gastrointest Oncol*) is to provide scholars and readers from various fields of gastrointestinal oncology with a platform to publish high-quality basic and clinical research articles and communicate their research findings online.

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## Antiviral therapy for hepatitis B virus infection is beneficial for the prognosis hepatocellular carcinoma

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### Abstract

In this editorial, we comment on the article by Mu *et al*, published in the recent issue of the *World Journal of Gastrointestinal Oncology*. We pay special attention to the immune tolerance mechanism caused by hepatitis B virus (HBV) infection, the pathogenesis of hepatocellular carcinoma (HCC), and the role of antiviral therapy in treating HCC related to HBV infection. HBV infection leads to systemic innate immune tolerance by directly inhibiting pattern recognition receptor recognition and antiviral signaling pathways, as well as by inhibiting the immune functions of macrophages, natural killer cells and dendritic cells. In addition, HBV leads to an immunosuppressive cascade by expressing inhibitory molecules to induce exhaustion of HBV-specific cluster of differentiation 8 + T cells, ultimately leading to long-term viral infection. The loss of immune cell function caused by HBV infection ultimately leads to HCC. Long-term antiviral therapy can improve the prognosis of patients with HCC and prevent tumor recurrence and metastasis.

**Key Words:** Hepatitis B virus; Hepatocellular carcinoma; Hepatitis B virus-DNA; Immune tolerance; Antiviral therapy

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**Core Tip:** Hepatocellular carcinoma (HCC) is the seventh most common cancer in the world and is usually associated with hepatitis B virus (HBV) infection. Radical resection and antiviral therapy are considered key clinical treatments for patients with HBV-related HCC. However, many patients have their HCC and HBV infection detected at the same time, so they receive remedial antiviral treatment beginning in the perioperative period, missing the opportunity for long-term preoperative antiviral therapy. Therefore, evaluating the clinical efficacy and relevant factors of perioperative remedial antiviral therapy will be valuable.

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## INTRODUCTION

Hepatocellular carcinoma (HCC) is currently one of the most common malignant tumors in the world, with its incidence rate ranking seventh in the world and its mortality ranking third in the world[1]. HCC is a complex and multifactorial disease, and its occurrence and development are influenced by both genetic and environmental factors. Multiple studies have shown that factors affecting HCC include hepatitis B virus (HBV) infection, hepatitis C virus (HCV) infection, alcohol consumption, and nonalcoholic fatty liver disease[2].

The immune tolerance caused by HBV can be divided into hepatic innate immune tolerance and adaptive immune tolerance. Hepatic intrinsic immunity is the frontline defense mechanism against HBV attacks, and pattern recognition receptors (PRRs) play important roles in immune responses. Numerous studies have shown that HBV infection interferes with PRR-mediated antiviral signaling[3-5]. HBV infection is one of the risk factors for HCC, accounting for 50%-80% of HCC cases worldwide. The tumor immune microenvironment of HCC is characterized by immunosuppression through a variety of mechanisms, including the recruitment of immunosuppressive cells, a reduction in antitumor effector cells, changes in cytokine levels, and increased expression of immune checkpoint proteins[6]. HBV infection leads to systemic innate immune tolerance by directly inhibiting PRR recognition and antiviral signaling pathways, as well as by inhibiting the immune functions of macrophages, natural killer (NK) cells and dendritic cells (DCs). In addition, HBV leads to an immunosuppressive cascade by expressing inhibitory molecules such as programmed death (PD)-1, programmed cell death 1 ligand 1 (PD-L1), cytotoxic T lymphocyte-associated protein 4 (CTLA-4), interleukin (IL)-10, T-cell immunoglobulin and mucin domain-containing protein 3 (Tim-3) to induce exhaustion of HBV-specific cluster of differentiation (CD) 8 + T cells, ultimately leading to long-term viral infection. The loss of immune cell function caused by HBV infection ultimately leads to HCC. In this editorial, we comment on the article by Mu *et al*[7]. We elucidate the mechanisms of HBV infection and the pathogenesis of liver cancer and suggest that long-term antiviral therapy can improve the prognosis of patients with HCC and prevent tumor recurrence and metastasis.

## THE IMMUNE TOLERANCE MECHANISM OF HBV INFECTION

HBV has four open reading frames, namely, the S region, C region, P region, and X region, which encode hepatitis B surface antigen (HBsAg), hepatitis B core antigen (HBcAg), HBV polymerase, and hepatitis B X protein (HBx), respectively[8]. Because HBV does not cause the breakdown of infected cells through extensive proliferation, the immune system relies mainly on CD8 + T cells or NK cells to kill infected cells, release the virus, and then eliminate the virus with antibodies. Moreover, cytokines such as interferon (IFN)- $\alpha$  or tumor necrosis factor (TNF)- $\alpha$  can directly inhibit HBV replication or induce its degradation by activating apolipoprotein B mRNA editing enzyme catalytic subunit nucleic acid editing enzymes[9]. However, when the function of immune cells is disrupted or the release of cytokines is inhibited, immune tolerance can occur.

The immune tolerance caused by HBV can be divided into hepatic innate immune tolerance and adaptive immune tolerance. Hepatic intrinsic immunity is the first line of defense against HBV attacks, and PRRs play important roles in immune responses. Numerous studies have shown that HBV infection interferes with PRR-mediated antiviral signaling pathways[3-5]. HBcAg, HBsAg, and other viral particles inhibited the antiviral function induced by toll-like receptors (TLRs) in HBV-infected individuals[10]. The reduction in TLR3, TLR4, and TLR9 expression in hepatocytes is significantly reduced during the immune tolerance stage of HBV infection, and the TLR signaling pathway is disrupted. In addition, HBV polymerase inhibits TLR3-mediated IFN- $\alpha$ / $\beta$  induction by blocking the activation of interferon regulatory factor 3 (IRF3). Research has indicated that HBV polymerase inhibits the phosphorylation, dimerization, and nuclear translocation of IRF3[11]. In addition, Lang *et al*[12] reported that HBcAg can inhibit the function of TLRs by inhibiting the activation of NF- $\kappa$ B[12]. HBsAg inhibits TLR2 on monocytes/macrophages by blocking the c-Jun N-terminal kinase-mitogen-activated protein kinase pathway and provides innate immune suppression[13]. HBV targets TLRs and downstream signaling pathways, leading to endogenous immune tolerance in the liver. Retinoic acid-inducible gene-I (RIG-I) is a cytoplasmic antiviral nucleic acid sensor that generates type 1 IFN, thereby inhibiting HBV replication[14]. HBx and HBV polymerase interfere with the RIG-I signaling pathway in human liver cells by disrupting the interaction



between interferon beta promoter stimulator 1 and RIG-I and inhibiting the production of type I IFN[15].

Kupffer cells (KCs) and monocyte derived macrophages are two main types of macrophages in the liver. As an immunosuppressive organ, the liver exhibits an anti-inflammatory phenotype through the secretion of immune regulatory cytokines such as IL-10 under physiological conditions. However, during virus infection, the liver recruits Ly6c + monocytes to secrete pro-inflammatory factors IL-6 and IL-1 $\beta$  and TNF- $\alpha$ , controlling infection through inflammatory response[16]. Up-regulation of IL-10 during HBV infection can impair lymphocyte function and decelerate HBV clearance [17]. HBV infection promotes the production of IL-18 in KCs and affects the activity of NK cells. Research has shown that not only does the level of pro-inflammatory factors secreted by liver resident KCs decrease, but the level of pro-inflammatory factors secreted by M1 macrophages from periphery also decreases after HBV infected. In addition, HBV can enhance liver immune tolerance by stimulating monocyte differentiation into M2 macrophage, which is beneficial for infection maintenance[18]. Moreover, M2 macrophage may also be involved in the occurrence and development of HCC by releasing inhibitory regulatory factors.

NK cell number, IFN- $\gamma$  production and cell lysis ability weakened in chronic hepatitis B (CHB) patients[19]. There are inhibitory receptors such as NK group 2A (NKG2A), Tim-3, and killer cell lectin like receptor G1 (KLRG1), and activate receptors such as NK group 2C, NK group 2D (NKG2D) and CD16 on NK cell surface[20,21]. HBeAg increase the expression of NKG2A and Tim-3 on the surface of peripheral blood NK cells of CHB patients[22,23]. The inhibitory KLRG1 + NK cells increased in the blood and liver of HBsAg positive CHB patients. In addition, peripheral blood mononuclear cells and NKG2D + NK cells in the liver of CHB patients decreased[24]. The phenotypic changes of NK cells are the basis of functional defects and the result of immune dysfunction. IFN- $\gamma$  and TNF- $\alpha$  production decreased in conventional NK cells of CHB patients may related to the CD122 low expression on cell surface[25]. IL-15 mediated activation of the protein kinase B mammalian target of rapamycin pathway is impaired in NK cells of CHB patients[26]. The high level of inhibitory cytokine IL-10 in the liver of CHB patients has a significant inhibitory effect on the production of IFN- $\gamma$  by NK cells[27].

DCs are specialized antigen-presenting cells, as well as participating in the production of cytokines which affect T cell polarization. The DC subpopulations mainly include myeloid DCs (mDCs) and plasma like DCs. The mDCs frequency reduced in CHB patients but it would be recovered after antiviral therapy[28]. The intrahepatic mDC was positively correlated with serum alanine aminotransferase level, and significantly negatively correlated with plasma HBV load[29]. The mDCs from HBV patients showed functional defects resulting in a reduction of IL-2, IFN- $\gamma$  and TNF- $\alpha$  production by T cells due of IL-12 reduction[30]. NK cell and DC interactions caused by HBV may significantly impair the efficacy of antiviral immune response in CHB patients[31]. In conclusion, the persistence of HBV not only directly inhibits PRRs recognition and antiviral signal pathway, leading to endogenous immune tolerance of cells, but also inhibits the function of innate immune cells (including macrophages, NK cells and DCs), leading to hepatic innate immune tolerance.

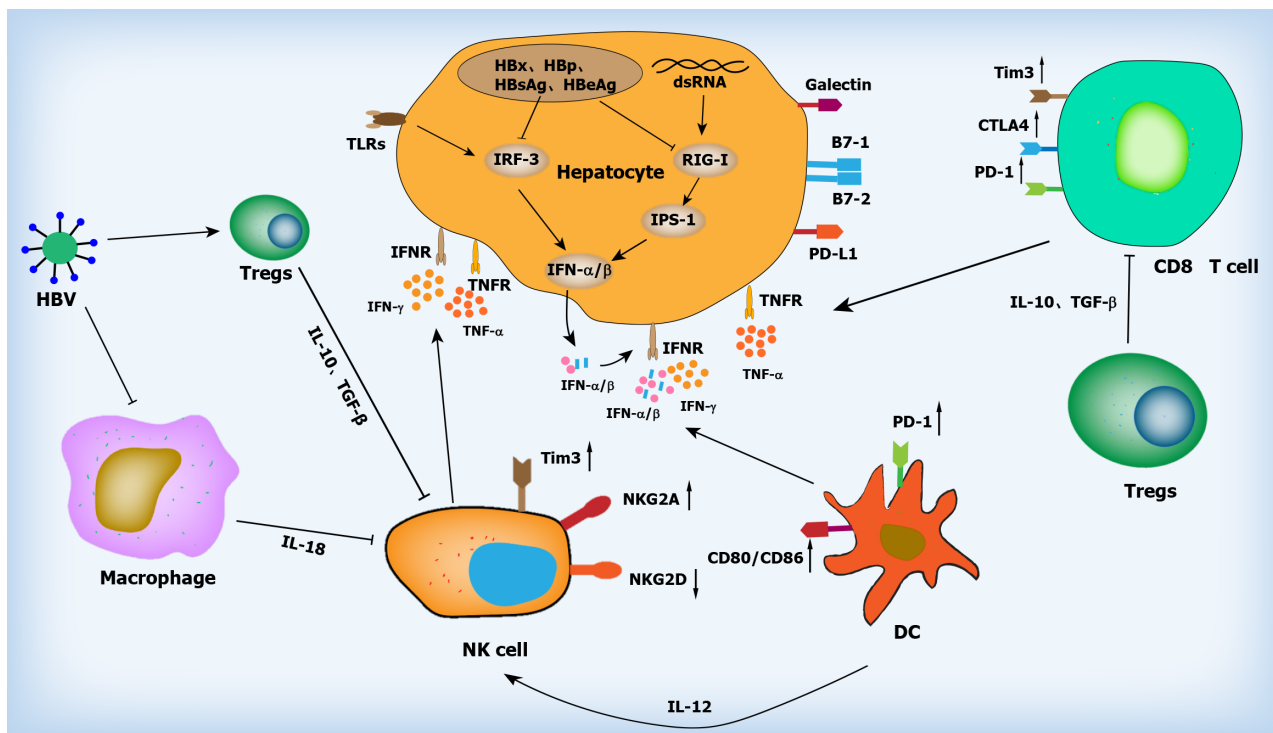
The persistent existence of HBV will lead to CD8 + T cell frequency reduction and functional defects. In CHB infection, CD8 + T cells lose their proliferation capacity and antiviral function, which is characterized by excessive inhibitory signals, reduced production of cytokines, and T cells exhaustion[32]. PD-1 is a co-inhibitory receptor that has been shown to increase expression on antigen specific T cells during chronic viral infection and weaken T cell activation through co-inhibitory signaling. Blocking the PD-1/PD-L1 pathway can restore the function of exhausted T cells[33]. During the persistence of HBV, PD-1 was up-regulated on both peripheral blood monocytes and intrahepatic lymphocytes, especially on HBV specific CD8 + T cells. PD-1 interacted with PD-L1 on antigen presenting cells, leading to the functional inhibition and apoptosis of CD8 + T cells[34]. In CHB infection, the proportion of liver infiltrating T-reg cells increased. Multiple molecules are involved in T-reg-mediated immunosuppression, including CTLA-4, IL-10 and Tim-3. CTLA-4 and Tim-3 are up-regulated on HBV specific CD8 + T cells, which is closely related to the viral load, and plays an important role in T cell depletion in persistent HBV infection[35]. In addition, the immunosuppressive environment in the liver during HBV infection contributes to T cell tolerance. The level of IL-10 and transforming growth factor (TGF)- $\beta$  is closely related to virus replication. The cell-intrinsic production of TGF- $\beta$  mediates apoptosis of CD8 + T cells, thus blocking TGF- $\beta$  may contribute to T cell reconstitution[36]. In summary, HBV forms an immunosuppressive cascade by inhibitory molecules such as PD-1, PD-L1, CTLA-4, IL-10, Tim-3 and immune cells CD8 + T cells, ultimately leading to long-term viral infection (shown in Figure 1).

## THE PATHOGENESIS OF HCC

HCC is currently one of the most common malignant tumors worldwide[1]. The occurrence and development of HCC are influenced by both genetic and environmental factors. Multiple studies have shown that factors affect HCC, including HBV infection, HCV infection, alcohol consumption, and nonalcoholic fatty liver disease[2]. At present, the occurrence and development of HCC is a multigene, multistep and multistage process. With the development of molecular biology, research on the pathogenesis of HCC is gradually becoming systematic, which may provide new approaches for the treatment of HCC.

The occurrence of HCC is related to the unbalance activation of oncogenes and antioncogenes. Under normal circumstances, oncogenes maintain low expression levels and play important physiological functions. But under certain conditions, such as viral infection, chemical carcinogens or radiation effects, oncogenes can be abnormally activated and induce cancerous transformation. Common oncogenes include the RAS family, MYC family, SRC family, SIS family and MYB family[37]. Antioncogenes play a crucial negative regulatory role in controlling cell growth, proliferation, and differentiation. They interact with oncogenes to maintain a normal physiological activity of cells. P53 is an important antioncogene that can induce apoptosis of cancer cells. However, when P53 mutates, it loses control of cell proliferation





**Figure 1 Hepatitis B virus immune tolerance mechanism.** In hepatocyte, hepatitis B virus (HBV) inhibits toll-like receptors mediated interferon (IFN)- $\alpha/\beta$  production by blocking the activation of interferon regulatory factor 3 HBV interferes with the retinoic acid-inducible gene-I (RIG-I) signaling pathway in hepatocyte and inhibits the production of IFN- $\alpha/\beta$  by disrupting the interaction between mitochondrial antiviral-signaling protein and RIG-I. HBV affects the activation of natural killer (NK) cells by inhibiting the production of interleukin (IL)-18 by macrophages. HBV promotes the generation of Tregs, which release IL-10 and transforming growth factor  $\beta$  to increase the expression of surface inhibitory receptors on NK cells and CD8 + T cells, thereby reducing IFN and tumor necrosis factor- $\alpha$  release. The expression of immune checkpoints on the surface of CD8 + T cells increases, leading to T cell exhaustion, resulting in immune tolerance of HBV. IL: Interleukin; HBV: Hepatitis B virus; NK: Natural killer; IFN: Interferon; NKG2A: Natural killer group 2A; NKG2D: Natural killer group 2D; Tim-3: T-cell immunoglobulin and mucin domain-containing protein 3; DC: Dendritic cell; CD: Cluster of differentiation; PD-1: Programmed death-1; CTLA4: Cytotoxic T lymphocyte-associated protein 4; TGF: Transforming growth factor; PD-L1: Programmed cell death 1 ligand 1; TNF: Tumor necrosis factor; TLR: Toll-like receptors; IRF-3: Interferon regulatory factor 3; IPS-1: Interferon- $\beta$  promoter stimulator 1; RIG-I: Retinoic acid-inducible gene-I.

and leads cell canceration[38]. *P53* can inhibit tumor progression by controlling the composition of microRNAs carried by exosomes and secreting cytokines. On the contrary, *P53* mutants can promote tumor progression by regulating the content of exosomes, leading M2 macrophages polarization and form immunosuppressive microenvironment[39]. *P21* gene is closely linking tumor inhibition with cell cycle control processes[40]. *P16* is a fundamental gene in the cell cycle, whose expression products are directly involved in the negative regulation of cell proliferation[41]. The abnormal methylation of *P53*, *P21* and *P16* in serum DNA play an important role in early detection of HCC[42]. These findings indicate that the inactivation of *P16* is a major event in the development of liver cancer. In addition, there are a large number of antioncogenes, such as *PTEN*, *Rb*, which are closely related to the occurrence of HCC.

The occurrence of HCC is also related to abnormal activation of signaling pathways. The key proteins in Wntless (Wnt)/ $\beta$ -catenin signaling pathway undergo mutations will lead to abnormal cell proliferation and promote HCC occurrence. Frizzled family, casein kinase 1, desheveled, glycogen synthase kinase 3, *APC*, *AXIN*,  $\beta$ -catenin and transcription factor T-cell factor (TCF)/lymphoid enhancer factor family compose the main Wnt signaling pathway[43, 44]. When there is no Wnt signal,  $\beta$ -catenin is effectively phosphorylated and polyubiquitinated in the *AXIN* complex. *AXIN* gene mutations can prevent  $\beta$ -catenin degradation, which accumulates in the cytoplasm and enters the nucleus to bind to TCF family proteins, enhances the transcription of downstream genes such as *c-MYC*, *survivin* and *Cyclin-D1*, promotes cell proliferation, and inhibits cell apoptosis. Abnormal activation of the Wnt pathway can cause unlimited proliferation of tumor cells and invasion and metastasis of tumors[45]. The expression of  $\beta$ -catenin and its downstream target genes such as *c-MYC* and *Cyclin-D1* is reduced when *Wnt-10B* gene knockout. Therefore, the abnormal expression of Wnt is involved in HCC occurrence[46]. *PARP6* can affect wnt/ $\beta$ -catenin by inhibiting the expression of *XRCC6* to inhibit HCC progression[47]. Curcumin inhibit the proliferation of liver cancer cells, induce cell cycle arrest and apoptosis by reducing the expression of  $\beta$ -catenin and inducing inactivation of wnt/ $\beta$ -catenin signaling pathway[48]. Based on these themes, future experiments will focus on developing new therapies for wnt/ $\beta$ -catenin in HCC treatment[49].

The Hedgehog (Hh) signaling pathway controls cell growth and proliferation, and the occurrence of tumors is a result of uncontrolled cell growth and proliferation[50]. In the presence of Hh ligands, when Hh ligands bind to patched (Ptch)-1, Ptch-1 is internalized, which relieves the inhibition of smoothened (Smo). Smo dissociates *SUFU* from *GLI* and then forms *GLI* activators, which promotes the expression of target genes. In the absence of Hh ligands, Ptch-1 inhibits the expression of Smo, and *Gli* binds to *SUFU* to form *GLIR*, inhibiting the expression of target genes. Zhou *et al*[51] discovered that the molecular mechanism of chemotherapy resistance in HCC has been revealed by targeting the Hh

signaling pathway, providing new insights for alleviating resistance in refractory HCC. He *et al*[52] demonstrated that circzfnf609 activates the Hh pathway by regulating the expression of *GLI2*, thereby enhancing the proliferation and metastasis of liver cancer cells. In summary, numerous studies have shown that abnormal expression of the Hh pathway promotes the occurrence of HCC.

The *NOTCH* signaling pathway is also closely related to the occurrence of HCC. *NOTCH* signaling affects multiple processes of normal cellular morphogenesis, including apoptosis, proliferation, and formation of cell boundaries[53,54]. In the pathogenesis of HCC, the *NOTCH* signaling pathway can play a pathogenic role by regulating other HCC related signaling pathways. *NOTCH* signaling can promote the progression of HCC by upregulating the Wnt signaling pathway [55]. *NOTCH1* and Akt may play a crucial role in the resistance of HCC cells to sorafenib. Valproic acid may overcome resistance and enhance the sensitivity of HCC cells to sorafenib by inhibiting the *NOTCH*/Akt signaling pathway[54]. Xie *et al*[56] described a significant correlation between high expression of *TSPAN5* and some clinical pathological features, including invasion length, vascular invasion, clinical staging and low overall survival rate in HCC patients. In clinical HCC samples, the expression of *TSPAN5* is closely related to many key molecules involved in *NOTCH* signaling, highlighting its role in regulating *NOTCH* signaling and demonstrating the important role of the *NOTCH* signaling pathway in the pathogenesis of HCC. In addition, the abnormal activation of epidermal growth factor (EGF)/EGF receptor signaling pathway, MAPK signaling pathway, vascular endothelial growth factor (VEGF)/VEGF receptor signaling pathway also promotes tumor cell proliferation. There are complex intersections and cascades between various signaling pathways, and these reaction processes are crucial for the treatment of HCC (shown in Figure 2).

## RELATION BETWEEN HBV AND HCC

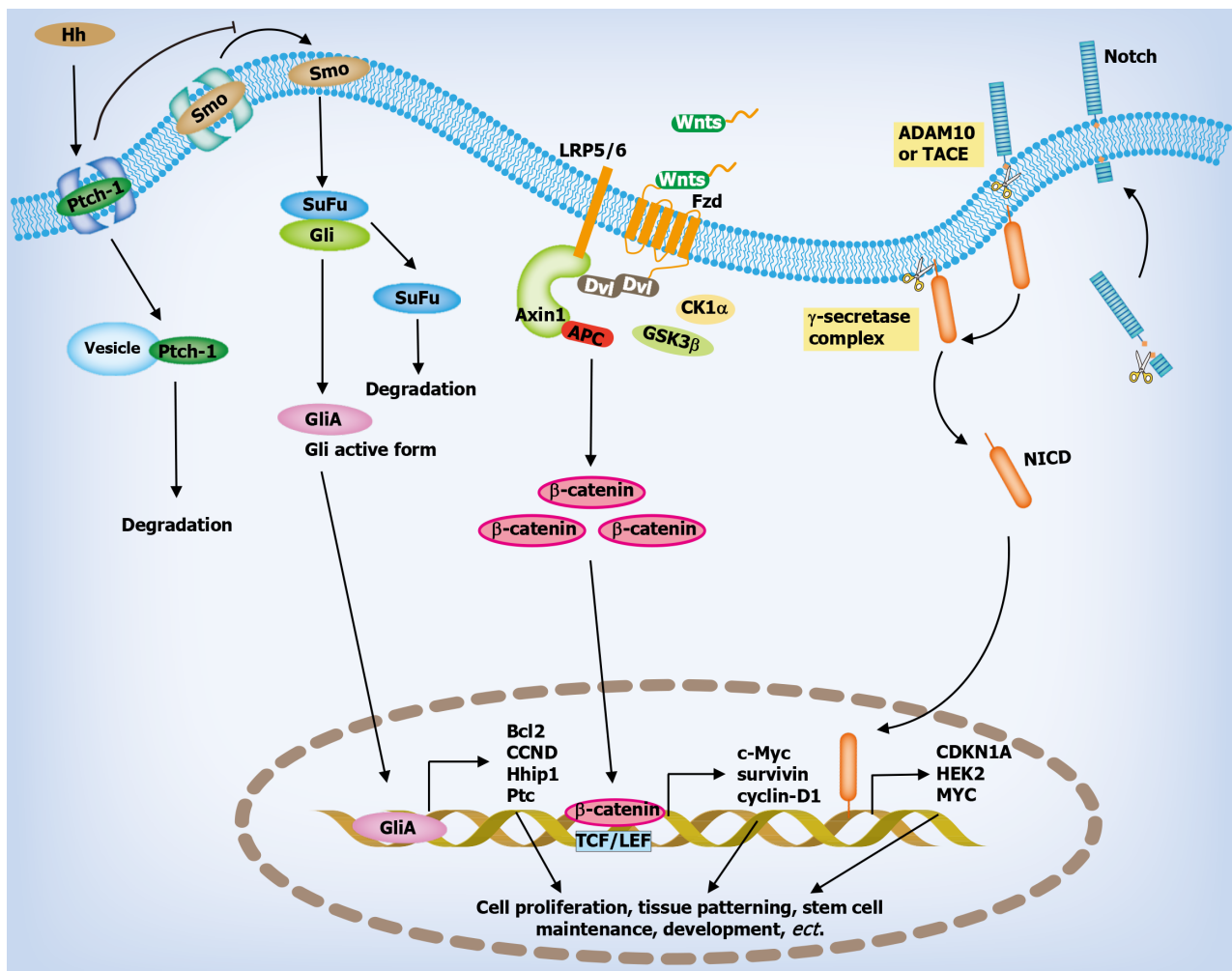
Most HCCs arise from underlying chronic inflammation, including HBV and HCV infections, alcoholic steatohepatitis, nonalcoholic steatohepatitis, and exposure to toxic substances such as aflatoxins. HBV infection is one of the risk factors for HCC, accounting for 50%-80% of HCC cases worldwide. The tumor immune microenvironment of HCC is characterized by immunosuppression through a variety of mechanisms, including the recruitment of immunosuppressive cells, a reduction in antitumor effector cells, changes in cytokine levels and increased expression of immune checkpoint proteins[8]. The tumor microenvironment can induce macrophage differentiation. Macrophages can differentiate into M1-type and M2-type macrophages in different microenvironments. Many activated macrophages infiltrate tumor tissue; these activated macrophages are named tumor-associated macrophages (TAMs), which have multiple M2 phenotypes and can promote tumor growth, invasion, and metastasis by secreting a variety of active substances. TAMs are among the most infiltrative inflammatory cells in the tumor microenvironment and can inhibit the antitumor immune effect of HCC. Some studies have shown that immunosuppressive cytokines, such as IL-4, IL-13, C-C motif chemokine ligand 2, chemokine (C-X-C Motif) ligand 12, and colony stimulating factor-1, can promote the differentiation of TAMs, leading to innate or adaptive immunity defects[57]. TAMs can block antitumor immune responses and accelerate tumor progression by increasing the expression of *PDGF*, *EGF* and *IGF*[58].

NK cells, as an important part of immune system, play an important role at different stages of HCC development. Their function is primarily regulated by interactions with other immune cells, which are mediated by different types of cytokines, ligands, and their receptors. Tregs can impair the function of NK cells by releasing a variety of cytokines (IL-8, IL-10, and TGF- $\beta$ 1). Recent studies have shown that in HBV transgenic mice, NK cell-derived IFN- $\gamma$  induces HCC through the epithelial cell adhesion molecule-epithelial mesenchymal transition axis and promotes HBsAg-positive hepatocyte injury through activated NK cells, thereby stimulating HCC development[59]. Studies have shown reduced cytotoxicity and production of IFN- $\gamma$  and TNF- $\alpha$  in NK cells in HBV-induced HCC patients compared to healthy individuals[60].

TAMs can inhibit anti-tumor responses by damaging effector T cells, reducing cytotoxicity in NK cells, reducing tumor-infiltrating lymphocytes, and amplifying immune checkpoint signaling in HCCs[61]. Immune checkpoints mainly include PD-1/PD-L1, CTLA-4 and Tim-3, which play a key role in the process of tumor immune evasion. PD-1 is expressed on activated B cells, T cells, DCs, and NK cells and inhibits the activation of these immune cells by binding to PD-L1 to generate inhibitory signals, protecting tumor cells from attack[62]. Interestingly, in HCC patients, immune checkpoint-related molecules are often overexpressed due to long-term chronic inflammation, leading to apoptosis of CD8 + T cells, which are less active against tumors[63].

## CONCLUSION

Elevated levels of HBV-DNA during the perioperative period are associated with postoperative recurrence of liver cancer. Therefore, antiviral therapy is necessary to suppress serum HBV DNA levels. Currently, antiviral drugs include nucleotide analogs (NAs), viral DNA polymerase inhibitors, and polyethylene glycol IFN (PEG-IFN- $\alpha$ ). The NAs used for antiviral therapy include tenofovir disoproxil fumarate, tenofovir alafenamide fumarate, entecavir, *etc.*, which can effectively inhibit HBV replication and reduce the viral load to undetectable levels after 48 weeks of treatment[64]. A recent meta-analysis revealed that antiviral therapy with NA can reduce HCC-related mortality and postoperative recurrence of HCC and improve the overall survival rate of patients with HBV-related HCC[65]. However, NA therapy rarely reduces HBsAg levels, and virus replication typically rebounds after the termination of NA therapy[66]. Therefore, to maintain beneficial therapeutic effects, lifelong NA treatment is necessary. IFN- $\alpha$  has dual antiviral and anti-proliferative properties. Some meta-analyses have indicated that IFN- $\alpha$  effectively clears HBeAg and continuously decreases



**Figure 2 The pathogenesis of liver cancer.** The occurrence of hepatocellular carcinoma is related to the abnormal activation of multiple signaling pathways. When there is a wnt signal, abnormalities in the *AXIN* gene can inhibit  $\beta$ -catenin degradation, accumulating in the cytoplasm and entering the nucleus to bind with T-cell factor family proteins, enhancing downstream gene transcription. In the presence of hedgehog (Hh) ligands, the binding of Hh ligand to patched (Ptch)-1 can lead to the endocytosis of Ptch-1, thereby relieving the inhibition of smoothened (Smo). The accumulation and activation of Smo lead to the dissociation of suppressor of fused and *GLI*, forming *GLI* activators that promote the expression of target genes. Notch protein is cleaved by furin like proteins and expressed on the cell surface in the form of heterodimers. After binding with ligands, it is cleaved by proteases, and then cleaved by  $\gamma$ -secretase complex in the transmembrane region. At this time, the activated molecule notch intracellular domain enters the nucleus to regulate the transcription of target genes. Hh: Hedgehog; Smo: Smoothened; TCF/LEF: Transcription factor T-cell factor/lymphoid enhancer factor.

serum HBV-DNA levels[67]. A recent study using urokinase-type plasminogen activator/severe combined immunodeficiency liver-humanized mice revealed that PEG-IFN- $\alpha$  treatment resulted in a decrease in HBx, restoration of structure maintenance of chromosome (SMC) 5/6, and decreased cccDNA transcriptional activity. However, the antiviral effect did not persist after treatment, and SMC5/6 degraded again[68]. A recent report involving RNA sequencing of liver biopsies from patients with CHB after PEG-IFN- $\alpha$  treatment revealed that hepatic tumor protein p53 binding protein 2 levels were significantly higher in the HBsAg loss group than in the HBsAg persistence group, indicating an increased probability of serum HBsAg loss in PEG-IFN- $\alpha$ -treated CHB patients[69]. In short, the rational and long-term use of antiviral drugs that target different HBV components and activate antiviral immune responses can improve patient prognosis and reduce the recurrence and metastasis of HCC.

## FOOTNOTES

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## TRIPLET combined with microwave ablation: A novel treatment for advanced hepatocellular carcinoma

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### Abstract

This editorial comments on a study by Zuo *et al.* The focus is on the efficacy of hepatic arterial infusion chemotherapy combined with camrelizumab and apatinib (the TRIPLET regimen), alongside microwave ablation therapy, in treating advanced hepatocellular carcinoma (HCC). The potential application of this combination therapy for patients with advanced HCC is evaluated.

**Key Words:** Microwave ablation; Hepatic arterial infusion chemotherapy; Apatinib; Camrelizumab; Hepatocellular carcinoma

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**Core Tip:** This article examines the efficacy of combining microwave ablation with the TRIPLET regimen in patients with advanced hepatocellular carcinoma. While both treatments show promise individually, their combined efficacy and safety require further clinical investigation.



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## INTRODUCTION

Globally, primary liver cancer ranks as the sixth most common cancer diagnosis and the third leading cause of cancer-induced mortality, with hepatocellular carcinoma (HCC) accounting for 75%-80% of these cases[1]. Hepatic arterial infusion chemotherapy (HAIC) employing a combination of oxaliplatin, fluorouracil, and folinic acid (FOLFOX) effectively reduces intrahepatic tumor load by delivering chemotherapeutic agents directly to the arteries supplying the tumor[2]. Camrelizumab, a programmed death receptor 1 inhibitor, has been approved for the treatment of liver cancer [3]. Apatinib, the first highly selective tyrosine kinase inhibitor targeting vascular endothelial growth factor 2 in China, has shown efficacy in patients with advanced HCC[4].

The combination of HAIC with camrelizumab and apatinib, known as the TRIPLET regimen, has demonstrated efficacy in several studies for the treatment of advanced HCC[5]. Additionally, microwave ablation (MWA) is widely used as an effective local treatment for HCC and may potentially eliminate residual lesions after the TRIPLET regimen. However, the therapeutic efficacy of combining the TRIPLET regimen with MWA has yet to be thoroughly investigated.

In this editorial, we review and analyze the study by Zuo *et al*[6], published in the *World Journal of Gastrointestinal Oncology*, which explores this combination treatment.

## EFFICACY

In their study, Zuo *et al*[6] divided patients into two groups to assess changes and treatment efficacy through detailed clinical follow-up and imaging data. The patients were categorized into the TRIPLET (T-A) group with 122 cases and the TRIPLET combined with MWA (T-M) group with 95 cases. Two statistical methods were used to make the study more rigorous, but the results were consistent. After a propensity score matchin, the study compared the outcomes of the T-A group with those of the T-M group, yielding the following results.

The objective response rate (ORR) of the T-M group (85.4%) was significantly higher than that of the T-A group (65.9%;  $P < 0.001$ ). The 1-year, 2-year, and 3-year cumulative overall survival (OS) rates of the T-M group were 98.7%, 93.4%, and 82.0% respectively, while those of the T-A group were 85.1%, 63.1%, and 55.0% respectively (HR = 0.22; 95%CI: 0.10-0.49;  $P < 0.001$ ). Safety is also an issue to be focused on. The incidence of major complications in the T-A group was 4.9% (6/122), and that in the T-M group was 5.3% (5/95), with  $P = 1.000$ , suggesting that there was no significant difference in safety between the T-M and T-A groups. These outcomes indicate that the T-M approach provides better ORR and OS benefits than the T-A regimen.

The therapeutic rationale for the T-M therapy likely stems from the advantages offered by MWA, such as the ability to target larger treatment areas and shorter treatment times[7], which effectively eliminate residual lesions after the TRIPLET regimen in advanced HCC. However, the precise mechanisms behind these benefits are not yet fully understood, necessitating further clinical studies in the future.

## SHORTCOMINGS

As the authors themselves acknowledge, the study has a few limitations. First, this was a retrospective study with a small number of patients and a relatively short retrospective follow-up period. This calls for prospective randomized controlled trials to validate the findings. Secondly, the primary cause of HCC in China is hepatitis B virus infection, whereas in Western countries, it is often alcohol consumption. This raises questions about the applicability of the T-M protocol in different geographic and etiologic contexts. It is worth noting that this study addresses MWA and the results may not be generalisable to thermal ablation in general.

Additionally, the study notes that most patients undergoing MWA were under 70 years old. Since many elderly patients may not tolerate MWA well, further research is needed to determine the efficacy of this treatment for older patients with HCC.

Financial considerations also play a crucial role. The TRIPLET regimen combined with MWA is likely to be more costly than the TRIPLET regimen alone. Therefore, it is important to investigate this combined approach while considering financial factors and the varying healthcare policies of different countries.

## CONCLUSION

The combination of MWA therapy with the TRIPLET regimen (HAIC with camrelizumab and apatinib) significantly

improves OS. This approach could represent a promising new treatment option for these patients.

## FOOTNOTES

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## Characteristics of gut microbiota dysbiosis in patients with colorectal polyps

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### Abstract

This editorial, inspired by a recent study published in the *World Journal of Gastrointestinal Oncology*, covers the research findings on microbiota changes in various diseases. In recurrent colorectal polyps, the abundances of *Klebsiella*, *Parvimonas*, and *Clostridium* increase, while those of *Bifidobacterium* and *Lactobacillus* decrease. This dysbiosis may promote the formation and recurrence of polyps. Similar microbial changes have also been observed in colorectal cancer, inflammatory bowel disease, autism spectrum disorder, and metabolic syndrome, indicating the role of increased pathogens and decreased probiotics in these conditions. Regulating the gut microbiota, particularly by increasing probiotic levels, may help prevent polyp recurrence and promote gut health. This microbial intervention strategy holds promise as an adjunctive treatment for patients with colorectal polyps.

**Key Words:** Recurrent colorectal polyps; Gut microbiota dysbiosis; *Klebsiella*; Probiotics; Intestinal inflammation; Microbial intervention strategy

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**Core Tip:** This review addresses gut microbiota dysbiosis in patients with recurrent colorectal polyps, noting increased levels of *Klebsiella*, *Parvimonas*, and *Clostridium* and decreased levels of *Bifidobacterium* and *Lactobacillus*. This dysbiosis may promote polyp formation and recurrence by creating an inflammatory gut environment. A reduction in probiotics weakens intestinal barrier function, while an increase in pathogens further degrades the gut through their metabolic products and toxins. These changes are also observed in colorectal cancer, inflammatory bowel disease, autism spectrum disorder, and metabolic syndrome. Regulating the gut microbiota, particularly by increasing the use of probiotics, may restore gut health and prevent polyp recurrence. Future research should explore specific mechanisms and evaluate long-term effects.

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## INTRODUCTION

Recurrent colorectal polyps are a key precursor to the development of colorectal cancer, the second leading cause of cancer-related deaths worldwide[1]. Adenomatous polyps (APs) are the most common precancerous lesions of colorectal cancer, with a recurrence rate of 20%–50% [2]. Studies have shown that gut microbiota dysbiosis plays an important role in the formation and recurrence of polyps[3]. Dysbiosis is characterized by a decrease in beneficial bacteria such as *Bifidobacterium* and *Lactobacillus* and an increase in pathogenic bacteria such as *Klebsiella*, *Sutterella*, and *Cronobacter*[4]. This increase in pathogenic bacteria may promote the formation and recurrence of polyps by fostering an inflammatory environment in the gut[5]. Additionally, changes in the gut microbiota are associated not only with polyp recurrence but also with colorectal cancer, inflammatory bowel disease (IBD), autism spectrum disorder (ASD), and metabolic syndrome [6]. Regulating the gut microbiota, particularly by increasing the levels of probiotics and reducing the abundance of pathogenic bacteria, may help prevent polyp recurrence and promote gut health[7]. This microbial intervention strategy holds promise as an adjunctive treatment for patients with colorectal polyps, and further research will help determine its efficacy and underlying mechanisms[8].

## MICROBIOTA CHANGES IN DIFFERENT DISEASES

The formation of recurrent colorectal polyps is closely related to intestinal dysbiosis, which involves not only changes in the composition of the gut microbiota but also alterations in metabolic products and the significance of the gut under physiological and pathological conditions. The gut plays a critical role in maintaining overall health, with its barrier function, immune regulation, metabolic activities, and connections to neurological and psychological health exerting significant influence under both normal and pathological states[9]. The physical barrier formed by intestinal epithelial cells and the mucosal immune system represents the first line of defense against pathogenic invasion and maintains systemic homeostasis. When intestinal barrier function is compromised, as observed in IBD, increased intestinal permeability may trigger systemic inflammation, exacerbating disease progression[10]. Moreover, the gut microbiota plays a key role in host metabolism and immune regulation, with the production of short-chain fatty acids (SCFAs) providing energy to the intestinal epithelium, exerting anti-inflammatory effects, and protecting the barrier[11]. Certain probiotics, such as *Bifidobacterium* and *Lactobacillus*, can inhibit inflammatory responses and maintain immune homeostasis in the gut by modulating the T-cell balance[12]. Furthermore, the bidirectional communication between the gut and brain, known as the gut-brain axis, highlights the impact of the gut microbiota on neurological and psychological health. For example, dysbiosis observed in patients with ASD may affect behavior and cognitive function through the gut-brain axis[13]. Patients with metabolic syndrome exhibit significant changes in the gut microbiota, such as a decrease in beneficial bacteria and an increase in pathogenic bacteria, which are closely associated with insulin resistance and lipid metabolism abnormalities[14]. Similar dysbiosis plays a crucial role in diseases such as obesity and colorectal cancer, affecting energy metabolism and the inflammatory status[15]. Research suggests that certain pathogenic bacteria, such as *Escherichia coli* and *Klebsiella*, can produce genotoxic substances that promote the development of colorectal cancer[16]. Modulating the gut microbiota, particularly by increasing the use of probiotics and prebiotics, may have potential in the prevention and treatment of colorectal cancer and other related diseases[17]. The impact of gut dysbiosis extends beyond individual gut health and may influence overall systemic health through complex biochemical pathways, which is particularly evident in the pathological process of colorectal polyps and their recurrence[18]. Therefore, further exploration of changes in the gut microbiota in various diseases not only aids in understanding the pathogenesis of these conditions but also provides new directions for clinical interventions. Studies have shown that the following bacterial groups are significantly associated with recurrent colorectal polyps: *Klebsiella*, *Sutterella*, *Cronobacter*, *Bifidobacterium*, and *Lactobacillus*. *Klebsiella* is a gram-negative bacterium that is commonly associated with intestinal infections and antibiotic resistance. In patients with non APs or APs, the abundance of this bacterium is significantly increased, which may be one of the key factors in gut microbiota dysbiosis. These findings suggest that *Klebsiella* plays a potential role in the formation and recurrence of polyps[19]. *Sutterella* is also a gram-negative bacterium associated with intestinal inflammation and

diseases. Studies have shown that the abundance of this bacterium is significantly greater in polyp patients than in healthy individuals, especially in patients with recurrent polyps. These findings indicate that *Sutterella* may play a role in polyp recurrence by promoting the formation of an inflammatory environment in the gut, further supporting this conclusion[20]. *Cronobacter* is another gram-negative bacterium that is known to be associated with foodborne diseases and infections. In polyp patients, particularly those with Aps, the abundance of *Cronobacter* is significantly increased. The increase in this bacterium may be related to the formation and development of polyps, suggesting its role in gut microbiota dysbiosis[21]. *Bifidobacterium* and *Lactobacillus* are two common probiotics that are generally beneficial for gut health. However, in all types of polyp patients, the levels of these two probiotics are reduced. The decrease in *Bifidobacterium* levels may be associated with the formation and recurrence of polyps, while the reduction in *Lactobacillus* further supports the role of gut microbiota dysbiosis in polyp formation[22]. A decrease in probiotic levels may weaken intestinal barrier function and increase gut inflammation, thereby promoting the formation and recurrence of polyps. These bacterial groups are closely related to gut microbiota dysbiosis and recurrent colorectal polyps. Increasing the levels of probiotics and targeting specific pathogenic bacteria may help prevent polyp recurrence and promote gut health. In addition, these bacterial groups are closely related to other diseases in the body. Table 1 below details the changes in the microbiota in different diseases[23-27].

### Colorectal cancer

Colorectal cancer is a common malignant tumor, with symptoms including abdominal pain, bloody stools, weight loss, and bowel dysfunction. Changes in the microbiota are characterized by a decrease in the abundance of probiotics such as *Bifidobacterium* and *Lactobacillus* and an increase in the abundance of pathogenic bacteria such as *Klebsiella*, *Sutterella*, and *Cronobacter*[28]. This dysbiosis may promote intestinal inflammation and the development and progression of cancer.

### IBD

IBD includes Crohn's disease and ulcerative colitis, characterized by chronic intestinal inflammation. Symptoms include abdominal pain, diarrhea, weight loss, and fatigue. Studies have shown that the levels of *Bifidobacterium* and *Lactobacillus* decrease in IBD patients, while the levels of *Klebsiella*, *Sutterella*, and *Cronobacter* increase. These changes in the microbiota may lead to weakened intestinal barrier function and persistent inflammation[29].

### ASD

ASD is a neurodevelopmental disorder characterized by impaired social communication, repetitive behaviors, and restricted interests. The gut microbiota of individuals with autism shows a decrease in *Bifidobacterium* and *Lactobacillus* and an increase in *Klebsiella*, *Sutterella*, and *Cronobacter*. These changes may be associated with intestinal dysfunction and systemic inflammation[30].

### Metabolic syndrome

Metabolic syndrome includes hypertension, high blood sugar, excess abdominal fat, and abnormal cholesterol or triglyceride levels, increasing the risk of heart disease, stroke, and diabetes. In patients with metabolic syndrome, the levels of *Bifidobacterium* and *Lactobacillus* decrease, while the levels of *Klebsiella*, *Sutterella*, and *Cronobacter* increase. This dysbiosis may lead to increased intestinal permeability and systemic inflammation[31].

## MICROBIOTA CHANGES IN DIFFERENT TYPES OF POLYPS

Studies have shown that changes in the gut microbiota in different diseases significantly impact health. In patients with colorectal cancer, the abundances of *Klebsiella*, *Sutterella*, and *Cronobacter* significantly increase, while those of *Bifidobacterium* and *Lactobacillus* significantly decrease[32]. This dysbiosis pattern is also observed in patients with IBD and ASD [33]. These changes suggest that the increase in pathogenic bacteria and the decrease in probiotics may promote intestinal inflammation and disease progression. Specifically, in colorectal polyps, there are significant differences in the gut microbiota composition between polyp patients and healthy individuals. The levels of *Bifidobacterium* and *Lactobacillus* are relatively higher and the levels of *Klebsiella*, *Sutterella*, and *Cronobacter* are relatively lower in the gut of healthy individuals, helping to maintain intestinal balance and health[34]. In contrast, the levels of *Bifidobacterium* and *Lactobacillus* are significantly lower, while the levels of *Klebsiella*, *Sutterella*, and *Cronobacter* are significantly higher in the gut of healthy individuals. This dysbiosis may deteriorate the intestinal environment, promoting the formation and development of polyps[35]. Even in patients who have previously had adenomas but currently have no adenomas, their gut microbiota has not fully returned to normal, showing changes similar to those in non adenomatous and APs patients. These findings suggest that targeted regulation of the gut microbiota, particularly by increasing probiotic levels and reducing the abundance of pathogenic bacteria, may help prevent polyp recurrence and promote gut health. Further studies also indicate that dysbiosis is reflected not only in the composition of the microbiota but also in the levels of metabolites. Changes in metabolites in patients with colorectal polyps include a decrease in SCFAs, such as butyrate and propionate, and an increase in amine metabolites and bile acids, which may further promote inflammation and the development of polyps. Table 2 provides a detailed description of the microbiota changes in patients with different types of colorectal polyps and healthy individuals. In healthy individuals, the gut contains high levels of probiotics (such as *Bifidobacterium* and *Lactobacillus*) and low levels of pathogenic bacteria. This balance helps maintain gut health and immune function. However, in non APs patients, probiotic levels significantly decrease, while pathogenic bacteria, especially *Klebsiella*, *Sutterella*, and *Cronobacter*, increase. The increase in these pathogenic bacteria may be associated with



**Table 1 Relationship between gut microbiota and colorectal polyps**

| Disease/microbiota         | <i>Bifidobacterium</i> | <i>Lactobacillus</i> | <i>Klebsiella</i> | <i>Sutterella</i> | <i>Cronobacter</i> | Ref.    |
|----------------------------|------------------------|----------------------|-------------------|-------------------|--------------------|---------|
| Colorectal cancer          | Decrease               | Decrease             | Increase          | Increase          | Increase           | [23,24] |
| Inflammatory bowel disease | Decrease               | Decrease             | Increase          | Increase          | Increase           | [25]    |
| Autism spectrum disorder   | Decrease               | Decrease             | Increase          | Increase          | Increase           | [26]    |
| Metabolic syndrome         | Decrease               | Decrease             | Increase          | Increase          | Increase           | [27]    |

**Table 2 Changes in microbiota in patients with different types of colorectal polyps and healthy individuals**

| Microbiota/disease state | Healthy individuals | Non-adenomatous polyp patients | Adenomatous polyp patients | Previous adenoma patients (currently no adenoma) | Ref. |
|--------------------------|---------------------|--------------------------------|----------------------------|--------------------------------------------------|------|
| <i>Bifidobacterium</i>   | High                | Decreased                      | Decreased                  | Decreased                                        | [36] |
| <i>Lactobacillus</i>     | High                | Decreased                      | Decreased                  | Decreased                                        | [37] |
| <i>Klebsiella</i>        | Low                 | Increased                      | Increased                  | Increased                                        | [38] |
| <i>Sutterella</i>        | Low                 | Increased                      | Increased                  | Increased                                        | [39] |
| <i>Cronobacter</i>       | Low                 | Increased                      | Increased                  | Increased                                        | [40] |

intestinal inflammation and polyp formation[36-41]. The situation in APs patients is similar to that in non APs patients, with a significant reduction in probiotic levels and an increase in pathogenic bacteria. This dysbiosis is considered an important factor in the formation and development of adenomas[42]. Studies have shown that the gut microbiota also shows similar characteristics in patients who have previously had adenomas, with decreased probiotics and increased pathogenic bacteria[43]. These changes indicate that gut microbiota dysbiosis is a significant risk factor for colorectal polyps, especially recurrent APs. Restoring probiotic levels and targeting specific pathogenic bacteria may become important strategies for preventing polyp recurrence[42,43]. By regulating the gut microbiota, particularly by increasing the abundance of probiotics such as *Bifidobacterium* and *Lactobacillus*, it is possible to help restore normal gut function, reduce inflammation, and thus lower the recurrence rate of polyps[44]. This microbial intervention strategy holds promise as an adjunctive treatment for patients with colorectal polyps, and further research will help determine its efficacy and underlying mechanisms[41]. Studies have shown that different plant extracts have significant effects on regulating the gut microbiota. The extract of *Salvia miltiorrhiza* improves gut microbiota dysbiosis in hypertensive rats induced by a high-salt diet by regulating the Th17/Treg cell balance, significantly increasing the proportion of beneficial bacteria such as *Prevotellaceae*[45]. Huanglian-derived polysaccharides increase the growth of beneficial bacteria and the concentration of SCFAs, especially butyric acid, in a high-fat diet/streptozotocin-induced type 2 diabetes mouse model [46]. *Phyllostachys nigra* polysaccharides significantly improve the gut microbiota structure and reduce insulin resistance by regulating glucose and lipid metabolism in diabetic mice[47]. *Phyllanthus emblica* extract significantly alters the gut microbiota structure in high-fat diet-induced hyperlipidemic mice, increasing the proportion of specific probiotics, such as *Akkermansia* and *Bacteroides*, while reducing harmful bacteria and lowering SCFA levels[48]. These findings suggest that by balancing the gut microbiota, the symptoms of related diseases can be effectively improved, indicating potential therapeutic effects on gut microbiota dysbiosis in patients with colorectal polyps.

## METABOLITE CHANGES

Studies have shown that gut microbiota dysbiosis manifests not only in microbial composition but also in significant differences in metabolite levels. Changes in metabolites in colorectal polyp patients are particularly prominent and involve key metabolites such as SCFAs, vitamin synthesis metabolites, bile acids, and amine metabolites. Specifically, in the gut of healthy individuals, the levels of SCFAs such as butyrate and propionate are high, and these metabolites play important roles in maintaining gut health and reducing inflammation. However, in non APs and APs patients, the levels of butyrate and propionate significantly decrease, indicating weakened anti-inflammatory and barrier functions of the gut [49-51]. Additionally, the levels of bile acids such as deoxycholic acid significantly increase in polyp patients, further promoting the formation of an inflammatory environment in the gut. This change is particularly evident in APs patients. In contrast, patients who previously had adenomas but currently have no adenomas have partially restored normal metabolite levels, but their bile acid and amine metabolite levels are still higher than those of healthy individuals, suggesting long-term effects of dysbiosis[49-51]. Amine metabolites such as cadaverine and histamine also increase in polyp patients, further exacerbating the pathological state of the gut[52]. In summary, these changes in metabolites not only deepen our understanding of the role of gut microbiota dysbiosis in polyp formation but also provide new directions for future prevention and treatment strategies. The following table details the changes in metabolites in patients with different types of colorectal polyps and in healthy individuals. These changes indicate that dysbiosis is reflected not only

in the composition of the microbiota but also in significant differences in metabolite levels. Changes in metabolites in colorectal polyp patients include decreases in SCFAs such as butyrate and propionate and increases in amine metabolites and bile acids. These changes may further promote inflammation and the development of polyps. Specifically, butyrate and propionate levels are increased in healthy individuals. Table 3 provides a detailed description of the metabolite changes in patients with different types of colorectal polyps and healthy individuals. These changes indicate that dysbiosis is reflected not only in the composition of the microbiota but also in significant differences in metabolite levels. Changes in metabolites in colorectal polyp patients include decreases in SCFAs such as butyrate and propionate and increases in amine metabolites and bile acids. These changes may further promote inflammation and the development of polyps. Specifically, butyrate and propionate levels are increased in healthy individuals, and these metabolites help maintain gut health and reduce inflammation[53-56]. However, in non APs and APs patients, butyrate and propionate levels are significantly decreased, indicating a weakened intestinal barrier function and anti-inflammatory capacity[57, 58]. Additionally, the levels of deoxycholic acid and amine metabolites in these patients increase, further exacerbating intestinal inflammation and the development of polyps[59]. Even in patients who previously had adenomas but currently have no adenomas, their metabolite levels have not fully returned to normal, showing changes similar to those in non adenomatous and APs patients. These findings suggest that the impact of dysbiosis may be long-term and that restoring normal microbiota and metabolite levels may require more time[60]. Overall, these findings emphasize the importance of targeted regulation of the gut microbiota and metabolites. Increasing the levels of probiotics such as *Bifidobacterium* and *Lactobacillus*, reducing the abundance of pathogenic bacteria such as *Klebsiella*, *Sutterella*, and *Cronobacter*, and restoring the levels of SCFAs while reducing harmful metabolites may help prevent the recurrence of colorectal polyps and promote overall gut health.

This study investigated the characteristics of gut microbiota dysbiosis in patients with recurrent colorectal polyps and further analyzed the broad impact of this dysbiosis on other systemic diseases. The results demonstrate that the gut microbiota plays a crucial role in host health and the development of various diseases. Specifically, gut dysbiosis is not only significant in digestive system diseases but also has far-reaching effects on multiple conditions, including ASD, metabolic syndrome, and neurodegenerative diseases. These findings provide new perspectives on the relationship between the gut microbiota and various diseases and offer important references for future clinical treatment strategies. In patients with recurrent colorectal polyps, gut dysbiosis is characterized by a significant increase in pathogenic bacteria abundance and a marked decrease in probiotic levels. This dysbiosis may promote the formation and recurrence of polyps through multiple mechanisms. The overgrowth of pathogenic bacteria, such as *Klebsiella* and *Clostridium* species, can disrupt intestinal barrier function, leading to local inflammatory responses. This inflammatory response not only directly damages intestinal epithelial cells but also promotes polyp growth and increases the risk of carcinogenesis by inducing a chronic inflammatory environment[61,62]. Additionally, the metabolic products of the gut microbiota play crucial roles in regulating the tumor microenvironment. For example, SCFAs produced by certain pathogenic bacteria can regulate host immune responses and directly participate in polyp formation and progression by influencing gene expression in intestinal epithelial cells[63]. However, the impact of gut dysbiosis extends far beyond colorectal polyps or other digestive system diseases. In recent years, increasing research has revealed the central role of the gut microbiota in various systemic diseases. Particularly in ASD, patients often exhibit significant gut microbiota dysbiosis, which is closely related to their neurobehavioral abnormalities. Patients with ASD exhibit a significantly reduced gut microbiota diversity, a general decrease in probiotic levels, and an increased abundance of potential pathogens such as *Clostridium* and *Bacteroides* species. This dysbiosis is not only associated with digestive system symptoms but may also affect central nervous system function through the “gut-brain axis”, contributing to the core symptoms of ASD, such as social deficits and behavioral abnormalities[64,65]. Specifically, studies suggest that a reduction in SCFA levels in ASD patients may exacerbate neuroinflammation, which is a significant factor leading to cognitive impairment in these patients[66]. In metabolic syndrome, the impact of gut dysbiosis is profound. Metabolic syndrome involves obesity, diabetes, and cardiovascular diseases, and it has a complex pathogenesis. Research shows that the ratio of *Firmicutes* to *Bacteroidetes* is significantly imbalanced in the gut of obese patients, leading to increased energy intake efficiency and fat storage[67]. This dysbiosis may also trigger systemic inflammatory responses by increasing intestinal permeability, further exacerbating the symptoms of metabolic syndrome[68]. Even with lifestyle interventions such as dietary control or exercise, these gut microbiota characteristics may persist long-term in patients, indicating the long-term role of the gut microbiota in metabolic syndrome[69]. The role of gut dysbiosis in neurodegenerative diseases has also garnered significant attention in recent years. Patients with Alzheimer's disease and Parkinson's disease exhibit significantly reduced gut microbiota diversity, along with the proliferation of pathogenic bacteria and a decrease in probiotics. Gut dysbiosis may affect central nervous system health through multiple pathways. It may disrupt the blood-brain barrier, increasing the likelihood of harmful metabolites such as lipopolysaccharides entering the brain, thereby triggering neuroinflammation[70,71]. Chronic inflammation in the gut caused by dysbiosis may further affect brain neuron function through systemic circulation, ultimately exacerbating the progression of neurodegenerative diseases[72]. These findings underscore the central role of the gut microbiota in host health. Gut dysbiosis not only affects the digestive system but also influences overall health through complex biochemical signaling pathways. The chronic inflammation and metabolic disorders triggered by gut dysbiosis not only exacerbate disease progression but also may play a critical role in the early stages of disease onset. Therefore, targeted interventions that modulate the gut microbiota, such as probiotic supplementation, prebiotic application, or fecal microbiota transplantation, may offer new strategies for preventing and treating various diseases. However, the long-term effects and safety of these interventions need to be validated through larger-scale clinical studies.



**Table 3 Metabolite changes in patients with different types of colorectal polyps and healthy individuals**

| Metabolites/disease state     | Healthy individuals | Non-adenomatous polyp patients | Adenomatous polyp patients | Previous adenoma patients (currently no adenoma)                   | Ref. |
|-------------------------------|---------------------|--------------------------------|----------------------------|--------------------------------------------------------------------|------|
| SCFAs                         |                     |                                |                            |                                                                    |      |
| Butyrate                      | High                | Significantly decreased        | Significantly decreased    | Restored to near normal levels, but lower than healthy individuals | [53] |
| Propionate                    | High                | decreased                      | Decreased                  | Partially restored, but still lower than healthy individuals       | [53] |
| Vitamin synthesis metabolites |                     |                                |                            |                                                                    |      |
| Vitamin B complex             | High                | No significant change          | No significant change      | No significant change                                              | [54] |
| Bile acids                    |                     |                                |                            |                                                                    |      |
| Deoxycholic acid              | Normal levels       | Increased                      | Significantly Increased    | Partially restored, but still higher than healthy individuals      | [55] |
| Amine metabolites             |                     |                                |                            |                                                                    |      |
| Cadaverine, histamine         | Normal levels       | No significant change          | Increased                  | Decreased, but still higher than healthy individuals               | [56] |

SCFAs: Short-chain fatty acids.

## CONCLUSION

Studies have shown that gut microbiota dysbiosis is a significant characteristic in patients with recurrent colorectal polyps. Specifically, the abundances of *Klebsiella*, *Sutterella*, and *Cronobacter* increase, while those of *Bifidobacterium* and *Lactobacillus* significantly decrease. This dysbiosis may promote the formation and recurrence of polyps by fostering an inflammatory environment in the gut. In the gut of colorectal polyp patients, a reduction in probiotics such as *Bifidobacterium* and *Lactobacillus* weakens intestinal barrier function, leading to increased inflammatory responses in the gut. Conversely, the increase in pathogenic bacteria such as *Klebsiella*, *Sutterella*, and *Cronobacter* may further deteriorate the gut environment through their metabolic products and toxic factors, promoting the growth and recurrence of polyps. Similar changes in the microbiota have also been observed in patients with colorectal cancer, IBD, ASD, and metabolic syndrome. The increase in pathogenic bacteria and decrease in probiotics in these diseases further support the important role of dysbiosis in disease progression. Specifically, *Klebsiella* is associated with intestinal infections and antibiotic resistance, *Sutterella* is closely linked to intestinal inflammation and diseases, and *Cronobacter* is known to be associated with foodborne diseases and infections. Future research should further explore the specific mechanisms of the gut microbiota and metabolites, develop personalized microbial intervention plans, and evaluate the long-term effects of gut microbiota regulation on the prevention of polyp recurrence. These studies will provide more effective prevention and treatment strategies for clinical practice and will further advance the treatment of colorectal polyps and related diseases. Regulating the gut microbiota, particularly by increasing the levels of probiotics such as *Bifidobacterium* and *Lactobacillus*, may help restore gut health and prevent the recurrence of polyps. This microbial intervention strategy holds potential not only for patients with colorectal polyps but also for the treatment of other related diseases. In summary, regulating the gut microbiota and restoring a healthy balance are key strategies for the prevention and treatment of colorectal polyps and related diseases.

## FOOTNOTES

**Author contributions:** Wu XR, He XH compiled and drafted the literature review, and proposed the overall framework of the article; contributed to assisted in the literature review, provided critical academic insights and analysis, and made significant revisions to the article; Xie YF oversaw the overall direction of the article, reviewed and revised various sections, ensuring the accuracy and completeness of the academic content.

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## Advanced hepatocellular carcinoma treatment strategies: Are transarterial approaches leading the way?

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### Abstract

Hepatocellular carcinoma (HCC) is a leading cause of cancer-related mortality worldwide, with advanced stages posing significant treatment challenges. Although hepatic arterial infusion chemotherapy (HAIC) has emerged as a promising modality for treating advanced HCC, particularly in Asian clinical practice, its adoption in Western medicine remains limited due to a lack of large-scale randomized controlled trials. This editorial reviews and comments on the meta-analysis conducted by Zhou *et al*, which evaluates the efficacy and safety of HAIC and its combination strategies for advanced HCC. The authors performed a comprehensive meta-analysis of various clinical trials and cohort studies comparing HAIC and its combinations to other first-line treatments, such as sorafenib and transarterial chemoembolization (TACE). In this work, HAIC showed significantly better results regarding overall survival and progression-free survival compared to sorafenib or TACE alone and their combination. HAIC in combination with lenvatinib, ablation, programmed cell death 1 inhibitors, and radiotherapy further enhanced patient outcomes, indicating a synergistic effect. This editorial focuses on the critical role of multimodal treatment strategies in managing advanced HCC. It advocates for a paradigm shift towards integrated treatment approaches to enhance survival rates and improve the quality of life in patients with advanced HCC.

**Key Words:** Hepatocellular carcinoma; Hepatic arterial infusion chemotherapy; Transarterial chemoembolization; Sorafenib; Combined therapy

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**Core Tip:** The treatment landscape for hepatocellular carcinoma (HCC) is various, including surgical resection, ablation, transplantation, transarterial, and systemic therapies. Each modality is selected based on tumor characteristics, liver function, and patient performance status. This editorial explores the role of hepatic arterial infusion chemotherapy and its combination strategies for advanced HCC, highlighting its potential advantages and advocating for its broader acceptance based on recent meta-analysis findings.

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## INTRODUCTION

Hepatocellular carcinoma (HCC) is the most common type of primary liver cancer in adults and the fourth leading cause of mortality in cancer patients worldwide[1]. Five-year survival of HCC is approximately 18%[2]. Only 20%-30% of HCC patients are eligible for curative treatment. For the remaining majority, the prognosis remains poor, particularly when HCC is diagnosed at an advanced stage, where curative options such as surgical resection, liver transplantation, or ablation are no longer feasible. Advanced HCC typically consists of extensive liver involvement, vascular invasion, and distant metastases, making treatment especially challenging[1].

Different treatment options have been described for patients affected by HCC depending on tumor stage with/without vascular invasion, number and size of the lesions, underlying liver function (Child-Pugh, model for end-stage liver disease score), and patient performance status (ECOG PS 0-4).

According to the Barcelona Clinic Liver Cancer (BCLC) organization, patients with very early stage (0) and early stage (A) HCC can be treated with surgical resection, ablation, or liver transplantation[3,4].

According to the European Association for the Study of the Liver (EASL) guidelines, surgical resection is the preferred treatment for patients with single tumors larger than 2 cm, preserved liver function (Child-Pugh A or B), good performance status (PS 1-2), and an adequate volume of remaining liver. Depending on the tumor size (< 5 cm) and liver function (Child-Pugh A), the 5- and 10-year survival rates after resection are favorable at 70% and 35%, respectively. However, the 5-year recurrence rate remains high at 70%[5,6].

The advancement of minimally invasive surgery, which is associated with fewer postoperative complications and a potentially minimal impact on liver function[7-10], supports the consideration of resection for patients who would initially have been chosen for ablation. This is particularly relevant for patients with peripheral tumors where ablation might be contraindicated due to risks like tract seeding or damage to neighboring organs[7].

For patients classified as BCLC 0-A who do not qualify for surgical resection or liver transplantation, ablation can be a viable alternative.

Ablation techniques include radiofrequency ablation (RFA), microwave ablation, and the injection of chemical agents (such as ethanol, boiling saline, and acetic acid), as well as laser therapy and cryotherapy. Microwave ablation has shown promise with favorable response rates for tumors ranging from 3 to 5 cm in size and those near blood vessels or the gallbladder[11]. It generally requires fewer sessions and provides survival rates comparable to those achieved with RFA. For very early HCCs ( $\leq 2$  cm), ablation can offer similar survival outcomes to resection but with better cost-effectiveness [11-13]. However, for single, larger early-stage HCCs, surgical resection remains the preferred approach due to its superior survival rates[13,14].

Liver transplantation is the best treatment for patients who meet the Milan criteria (single nodule  $\leq 5$  cm in diameter or up to three nodules, each  $\leq 3$  cm, without macrovascular invasion or extrahepatic spread) or extended liver transplant criteria. By eliminating both the tumor(s) and the underlying cirrhosis, this approach offers 5-year and 10-year survival rates of approximately 60%-80% and 50%, respectively. Additionally, the recurrence rate of HCC post-transplantation is under 15%, which is better than the recurrence rate following surgical resection[15].

Transarterial treatments are an option for patients with BCLC stage 0-A who have failed first-line therapies and are considered standard care for those with BCLC intermediate stage (B) disease. This includes patients with multinodular HCC that have no vascular invasion or extrahepatic spread, preserved portal flow, good liver function (Child A-B), and a favorable performance status (PS 0). The main transarterial treatments are transarterial chemoembolization (TACE), hepatic arterial infusion chemotherapy (HAIC), and selective internal radiation therapy (SIRT). These approaches take advantage of the fact that while normal liver tissue receives over 75% of its blood supply from the portal vein, liver tumors receive approximately 80% of their blood from the hepatic artery.

TACE, introduced in the 1970s for unresectable HCC, remains the standard treatment for intermediate-stage HCC with relatively preserved liver function. The TACE procedure involves intra-arterial injection of a cytotoxic agent followed by embolization of the tumor-feeding artery, combining the effects of targeted tumor ischemia and chemotherapy. After undergoing TACE, overall survival rates of 70.3%, 40.4%, and 32.4% were reported at 1, 3, and 5 years, respectively[16]. Combining TACE with sorafenib has shown improved progression-free survival (PFS) compared to TACE alone. While the role of TACE as a bridge to liver transplantation is not yet well-defined, it can be effective in downstaging patients with advanced HCC[17].

SIRT (also known as TARE) involves the intra-arterial infusion of yttrium-90 microspheres and is considered for patients with BCLC intermediate stage (B). It has demonstrated comparable results to TACE and can be considered for patients with single nodules  $\leq 8$  cm[18]. When used as a bridge to transplantation, SIRT shows similar outcomes to RFA and TACE[17].

Systemic therapy encompasses the adoption of multikinase inhibitors like sorafenib and lenvatinib and immunotherapy. Sorafenib, approved in 2007, targets pathways involved in cell proliferation and angiogenesis. It benefits HCC patients with Child-Pugh A or B7 liver function. Lenvatinib, approved in 2018, demonstrated non-inferiority to sorafenib. Lenvatinib is used globally, but sorafenib is less favored in Asia due to its lower efficacy in hepatitis B virus (HBV)-HCC patients[19]. Immune checkpoint inhibitors (ICIs) have enriched the panel of advanced HCC treatments. For example, pembrolizumab, targeting programmed cell death 1, was approved in the United States as a second-line treatment after sorafenib failure[20].

## THE ROLE OF HAIC

HAIC is a locoregional treatment that utilizes a catheter technique to directly and continuously deliver high doses of anti-cancer drugs to liver tumors. This approach increases the local concentration of drugs within the tumor while minimizing systemic side effects. HAIC typically involves the implantation of a catheter and port system, enabling repeated administration of chemotherapeutic agents.

HAIC treatment is currently not included in the guidelines of the American Association for the Study of Liver Diseases, the EASL, or the Asian Pacific Association for the Study of the Liver, due to insufficient clinical evidence to make strong recommendations. Despite this, HAIC has been utilized in Asia, especially in Japan and South Korea, to enhance the prognosis of advanced HCC and has been incorporated into treatment guidelines[21]. The potential of HAIC may be underestimated due to the small sample sizes in previous studies and the lack of larger randomized trials.

Recently, the Japanese Society of Implantable Port Assisted Treatment has proposed clinical practice guidelines for HAIC with a port system, which could facilitate broader adoption of this treatment[22,23].

The primary advantage of HAIC compared to other systemic treatments is its substantial increase in local drug concentration due to the higher first-pass effect in the liver. This results in enhanced antitumor efficacy while minimizing systemic toxicity. In this regard, most studies on HAIC have reported a zero rate of treatment discontinuation due to infusion-related complications. Another significant advantage of HAIC lies in its application for patients with portal vein tumor thrombus. Most guidelines consider unresectable HCC with significant portal vein tumor thrombosis unsuitable for TACE, with sorafenib being the standard recommended treatment. However, before sorafenib approval for advanced HCC, HAIC was already routinely used in the Asian region, particularly in Japan and Korea, demonstrating promising results and likely surpassing the outcomes achieved with sorafenib alone. These findings prompted the design of trials comparing various HAIC regimens (such as cisplatin and 5-FU based) with sorafenib alone and their combinations[24]. While cisplatin and 5-FU based HAIC are the most commonly used regimens in Japan, they do not appear to outperform TACE in combination therapy. On the other hand, more aggressive HAIC regimens, such as 5-FU, leucovorin, and oxaliplatin (FOLFOX)-HAIC, have shown a distinct advantage over TACE in terms of both efficacy and safety[25].

The heterogeneity of the published studies and the different chemotherapy regimens used represent a jungle that is very difficult to navigate. A review of 1026 publications on HAIC for HCC reveals a significant increase in research output since 1990, with the most significant rise occurring in the past decade[26]. Notably, 83 studies were published in 2021, the highest number in the reviewed period. Regarding institutional and national contributions, Japan leads with 456 publications, followed by China (197), South Korea (96), and the United States (83). Overall, HAIC has gained prominence in HCC treatment, exploring its efficacy in combination with targeted and immunotherapy treatments.

The flip side of the coin is that several challenges hinder a clear evaluation of its efficacy. One of the key issues is the presence of too many variables across studies, making them difficult to compare. These variables include the size of the HCC, whether portal vein infiltration is present, and the degree of cirrhosis or hepatic arterialization. Additionally, the statistical analysis methods used in different studies vary, further complicating the comparison of results. Patient populations differ significantly, leading to heterogeneity in the outcomes. Furthermore, most of the studies come from Asia and this geographical dominance limits the global applicability of HAIC. To improve comparability, it would be crucial to establish global databases that classify patients into macro-categories based on factors such as HCC type, tumor size, liver function, and treatment line (first or second). This would enable the creation of a unified treatment strategy, allowing for more accurate comparisons. While HAIC shows generally favorable results, other studies suggest combining it with other treatments, indicating that HAIC alone might not be sufficient in most cases.

The meta-analysis conducted by Zhou *et al*[27] contributes to this context by seeking to organize and clarify the substantial heterogeneity present in the published studies[27].

The article is titled “Efficacy of HAIC and its combination strategies for advanced HCC: A network meta-analysis” and evaluates the effectiveness of HAIC both as a standalone treatment and in combination with other therapies for patients with advanced HCC. This meta-analysis offers a thorough comparison of HAIC with other first-line treatments, such as sorafenib and TACE, providing valuable insights into its potential advantages. The findings suggest that HAIC yields slightly better outcomes than both TACE and sorafenib in advanced HCC cases. Additionally, combined therapies (*e.g.*, HAIC + TACE) showed modestly enhanced results in overall survival, PFS, complete response, partial response, overall response rate, and disease control rate compared to HAIC alone.

The analysis by Zhou *et al*[27] emphasizes the underutilization of HAIC in Western medical practice, primarily due to the lack of randomized controlled trials supporting its use. This meta-analysis, by integrating data from various



randomized controlled trials and cohort studies, bridges this gap and advocates for broader acceptance of HAIC based on its demonstrated efficacy and safety. While challenges remain in its clinical integration, the compelling evidence presented in this study paves the way for renewed interest and further research in HAIC, promising improved outcomes for patients with advanced HCC.

## THE EAST-WEST DIFFERENCE

The choice of treatment is governed by factors such as underlying comorbidities, the stage of the disease, liver function, and overall performance status. The management of HCC varies significantly between Eastern and Western countries due to differences in epidemiological and etiological factors. In Eastern countries, HCC is predominantly associated with HBV, hepatitis C virus, and aflatoxin exposure. Conversely, in Western countries, HCC is more commonly linked to metabolic syndrome and alcohol abuse. The prevalence of obesity, diabetes, and non-alcoholic fatty liver disease contributes significantly to HCC cases in these regions[28,29].

Guidelines for HCC differ between Western and Eastern countries. The Western guidelines (American Association for the Study of Liver Diseases, EASL-European Organization of Research and Treatment of Cancer) incorporate the BCLC staging classification in the therapeutic algorithm, leading to narrower resection indications (resection for non-cirrhotic livers, resection for a single tumor of any size or 2-3 nodules within 3 cm, no resection for vascular invasion). In contrast, eastern countries (China, Hong Kong, Japan, and Korea) do not have unified guidelines and do not use the BCLC in the therapeutic algorithm. For example, China and Japan consider resection for tumors of any size, including advanced stages with portal vein thrombi, if embolectomy through the portal vein can be attempted[30,31].

Western guidelines recommend TACE for BCLC stage B HCC, while Eastern guidelines may favor surgical resection if sufficient liver reserve is possible, even with portal vein involvement. In Western countries, macrovascular invasion is often managed with systemic therapies, while in Asia, TACE remains an option, and where expertise is available, HAIC serves as an alternative to TACE or initial systemic chemotherapy. The Japanese guideline recommended HAIC for HCC patients with more than four tumors, portal or macrovascular invasion, or those who have failed TACE[32].

The integration of local and systemic therapies in a multimodal approach ensures comprehensive tumor control. Local treatments such as HAIC and TACE deliver high concentrations of chemotherapeutic agents directly to the tumor site, achieving greater tumor shrinkage. When combined with systemic therapies, which address micrometastasis and circulating tumor cells, this approach maximizes tumor control and delays progression. One of the major challenges in advanced HCC treatment is the development of resistance to single-agent therapies. Multimodal approaches can mitigate this issue by targeting different pathways involved in tumor growth and survival. For example, combining HAIC with ICIs not only attacks the tumor directly but also modulates the immune environment, making it more hostile to cancer cells. This multifaceted attack can prevent the emergence of resistant tumor clones.

## CONCLUSION

HAIC represents a promising locoregional treatment for advanced HCC, offering targeted drug delivery directly to liver tumors and minimizing systemic side effects. Despite not being widely endorsed by major liver disease guidelines due to limited evidence, HAIC has demonstrated notable efficacy in Asian countries. Although HAIC impact is sometimes overshadowed by other treatments like sorafenib or TACE, emerging evidence, including Zhou *et al*'s meta-analysis[27], suggests HAIC efficacy, particularly when used in combination therapies. Addressing the existing variability and geographical biases through comprehensive global databases and further randomized trials could enhance HAIC global adoption and optimize treatment outcomes for advanced HCC.

## FOOTNOTES

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## Exosomes as promising frontier approaches in future cancer therapy

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## Abstract

In this editorial, we will discuss the article by Tang *et al* published in the recent issue of the *World Journal of Gastrointestinal Oncology*. They explored an innovative approach to enhancing gemcitabine (GEM) delivery and efficacy using human bone marrow mesenchymal stem cells (HU-BMSCs)-derived exosomes. The manufacture of GEM-loaded HU-BMSCs-derived exosomes (Exo-GEM) has been optimized. The Tang *et al*'s study demonstrated that Exo-GEM exhibits enhanced cytotoxicity and apoptosis-inducing effects compared to free GEM, highlighting the potential of exosome-based drug delivery systems as a more effective and targeted approach to chemotherapy in pancreatic cancer. Additional *in vivo* studies are required to confirm the safety and effectiveness of Exo-GEM before it can be considered for clinical use.

**Key Words:** Mesenchymal stem cells; Exosomes; Gemcitabine; Pancreatic cancer; Apoptosis

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**Core Tip:** The method of loading gemcitabine into exosomes is crucial for the effectiveness of the delivery system. The study ascertained that electroporation and sonication were more efficient than incubation in delivering gemcitabine into the human bone marrow mesenchymal stem cells-derived exosomes. Exosomes gemcitabine (Exo-GEM) demonstrated potent cytotoxicity against pancreatic cancer cells by enhancing GEM-induced apoptosis. Exo-GEM offers a promising strategy for targeted therapy in pancreatic cancer by harnessing the natural advantages of exosomes, such as high biocompatibility and the ability to navigate tumor microenvironments. Exo-GEM could deliver chemotherapy more precisely to cancer cells, reducing side effects in healthy cells.

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## INTRODUCTION

Pancreatic cancer is a malignant and aggressive disease characterized by invasion, rapid progression of the disease, and resistance to treatment. The most common type of pancreatic cancer is pancreatic ductal adenocarcinoma (PDAC), which accounts for about 90% of cases[1]. Typical symptoms in pancreatic cancer patients include abdominal pain, back pain, unexplained weight loss, jaundice, lightening of stool, darkening of urine, no hunger, *etc.*, but there are usually no obvious symptoms in its early stage[2]. Due to the lack of an accurate early diagnostic test and specific symptoms, pancreatic cancer is usually diagnosed late or after it has metastasized to other organs[3].

At present, the main treatments for pancreatic cancer are surgery, radiation therapy, and chemotherapy. However, only around 20% of patients with pancreatic cancer are resectable, and the remaining 80% are not amenable to surgery. Gemcitabine (GEM) is sold under the brand name Gemzar and is the standard first-line treatment for metastatic pancreatic cancer patients[4]. However, its efficacy is often limited due to rapid metabolism, poor delivery efficiency, and the development of drug resistance.

Treatment efficacy is limited by strong biological barriers to drug/material transport into deep tissues, including macrophage uptake, fluid dynamics in blood vessels, and high intratumoral pressure[5]. Exosomes are natural biological nanoparticles secreted by cells (usually 30 nm-150 nm in diameter) and contain many biomolecules, including nucleic acids, proteins, and lipids. Exosomes act as novel mediators in intercellular communication, serving as messengers to mediate physiological and pathological processes[6]. Exosomes have been tested as drug delivery vehicles for cancer treatment due to their unique properties, such as size, innate stability, low immunogenicity, excellent tissue/cell penetration ability and ability to mimic synthetic liposomes in carrying various anticancer drugs/materials[7]. These nanoscale vesicles, *i.e.* exosomes, have garnered considerable interest in the fields of biology and medical sciences.

For example, Kamerkar *et al*[8] used inhibitory exosomes (iExosomes) derived from normal fibroblast-like mesenchymal cells containing RNA interference (RNAi) sequences designed to target KRAS<sup>G12D</sup>. These iExosomes express cluster of differentiation 47 (CD47), which protects them from phagocytosis, ultimately enabling their enhanced efficacy to suppress cancer and increase survival in multiple mouse models of pancreatic cancer[8]. In addition to delivering RNAi to block the expression of KRAS in pancreatic cancer cells, exosomes can also carry clustered regularly interspaced short palindromic repeats/CRISPR-associated protein 9 (CRISPR/Cas9) plasmid DNA for targeted gene deletion to replace the viral delivery system. McAndrews *et al*[9] used typical transfection protocols to effect the encapsulation of CRISPR/Cas9 plasmid DNA by non-autologous exosomes. The CRISPR/Cas9 DNA was designed to provoke targeted KRAS<sup>G12D</sup> gene

deletion in PDAC cells, proving that exosomes loaded with CRISPR/Cas9 can target mutated *KRAS*<sup>G12D</sup> oncogenic alleles to suppress tumor growth in syngeneic subcutaneous and orthotopic models of pancreatic cancer[9].

Numerous studies have demonstrated that exosomes are potential carriers of therapeutic anti-cancer small molecules, including curcumin, paclitaxel, doxorubicin, and GEM[10-13]. Previous studies have revealed that exosomes gemcitabine (Exo-GEM) derived from tumors, M1 macrophages, and mesenchymal stem cells (MSCs) demonstrate a remarkable capacity to overcome drug resistance in pancreatic cancer[13-16]. However, the efficiency of Exo-GEM to specifically target pancreatic cancer cells has yet to be fully established. The study by Tang *et al*[17] in the recent issue of *World Journal of Gastrointestinal Oncology* has explored an innovative approach to improve GEM delivery and efficacy through the use of human bone marrow MSCs (HU-BMSCs)-derived exosomes[17].

## CARGO LOADING AND EFFICACY OF EXOSOMES

Cargo, such as drugs and materials, can be loaded into or onto exosomes *via* three main approaches: (1) Biological methods, such as viral transduction[18] and incubation[19]; (2) Chemical methods, including saponin-assisted permeation [20], transfection by calcium phosphate[21], transfection using diethylaminoethyl-dextran[22], creating lipopolyplexes with polyethylenimine[23], merging liposomes with exosomes[24] *etc.*; and (3) Physical methods, *e.g.*, sonication[25], extrusion[26], freeze-thaw cycles[27], electroporation[28], and dialysis[29] (Figure 1). It is important to note that while various methods can efficiently load different types of cargo into exosomes, these processes can potentially damage both exosomes and their cargo due to the destructive impact of the techniques. To ensure optimal loading, the ideal combination of key parameters, such as the intensity of physical interactions, operation time, cell type, and the concentration of reagents and exosomes should be carefully determined[7,30].

The recent study by Tang *et al*[17] compared three methods for loading GEM into the HU-BMSCs-derived exosomes: Electroporation, sonication, and incubation. Both electroporation and sonication showed significantly higher loading and encapsulation efficacy by approximately sixfold compared to incubation. Exo-GEM exhibited significantly higher cytotoxicity and induced more apoptosis against the human PDAC cell lines-Panc-1 and MiaPaca-2 than free GEM. The findings suggest that Exo-GEM may help overcome the challenges associated with conventional GEM chemotherapy, such as drug resistance and inadequate solubility[17]. Further modifications of the exosomes' surface, such as conjugation with tumor-specific antibodies or ligands, might be considered for the next generation of Exo-GEM. Effectively delivering GEM by exosomes to the target cells could potentially improve the therapeutic outcomes of PDAC patients.

## SAFETY AND ADMINISTRATION ROUTES OF EXOSOMES

Conventional administration of GEM by intravenous (IV) injection is associated with well-known toxicities, including hematological, gastrointestinal, and liver-related side effects[31]. Exosomes have the potential to enhance drug targeting, reduce systemic toxicity, and provide controlled release, thereby mitigating many of the adverse effects typically associated with conventional GEM treatment[32]. The IV administration of exosomes is the most common route and a convenient method for drug delivery, providing low immunogenicity and rapid therapeutic effects[33-35]. Intraperitoneal administration of exosomes could target organs affected by cancer within the peritoneal cavity, such as the ovaries[36]. Subcutaneous administration allows for a slower and more sustained release of exosomes[37,38].

Exo-GEM treatment significantly inhibited tumor growth and extended survival in tumor-bearing mice but caused minimal damage to normal tissues, suggesting exosomes are safe and effective carriers for the targeted delivery of GEM against pancreatic cancer[13]. Research on exosomes as therapeutic agents and drug delivery carriers has been predominantly carried out in animal models. Several clinical studies revealed no major toxicity or serious adverse events after administering dendritic cell-derived exosomes loaded with major histocompatibility complex class I or II peptides to enhance the immune response for the treatment of cancer patients[38-40]. Further clinical trials are essential to fully assess the long-term safety and efficacy of exosome-based therapies.

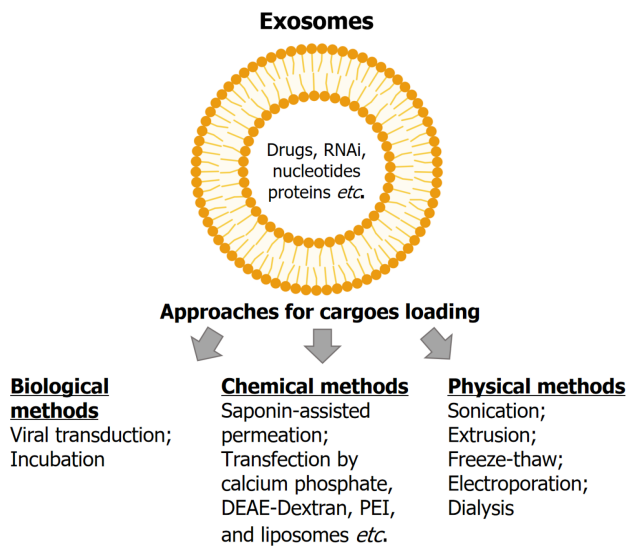
## POTENTIAL CLINICAL APPLICATIONS

The study by Tang *et al*[17] opens new avenues for the clinical application of exosome-based drug delivery systems in the treatment of pancreatic cancer[17]. Exo-GEM could significantly impact the delivery of chemotherapy for pancreatic cancer patients. By enhancing the delivery and effectiveness of GEM, this approach may allow for lower dosages, leading to fewer side effects and an improved quality of life for pancreatic cancer patients. Additional *in vivo* studies are needed to validate the safety and effectiveness of Exo-GEM before it can be considered for clinical application. Several pilot clinical trials of exosome-based therapies have been launched, such as the curcumin-loaded plant exosomes for colon cancer, MSC-derived exosomes with *KRAS*<sup>G12D</sup> siRNA (iExosomes) for metastatic pancreatic cancer, exosomes with antisense oligonucleotide-signal transducer and activator of transcription 6 (exoASO-STAT6)/(CDK-004) to target cancer-specific signaling pathways for patients with advanced hepatocellular carcinoma and patients with liver metastases, and vaccination with tumor antigen-loaded dendritic cell-derived exosomes (DEX2) for non-small cell lung cancer (Table 1).

**Table 1** The clinical trials of cargoes for cancer therapy

| Study title                                                                                                                                                                     | Conditions                                                                                                                         | Interventions                                                                           | NCT number  | Study status           | Sponsor                                    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------|------------------------|--------------------------------------------|
| Study investigating the ability of plant exosomes to deliver curcumin to normal and colon cancer tissue                                                                         | Colon cancer                                                                                                                       | Dietary supplement: Curcumin conjugated with plant exosomes                             | NCT01294072 | Recruiting             | University of Louisville                   |
| Inhibitory exosomes in treating participants with metastatic pancreas cancer with <i>KRAS</i> <sup>G12D</sup> mutation                                                          | <i>KRAS</i> NP004976.2: p.G12D; Metastatic Pancreatic Adenocarcinoma; Pancreatic ductal adenocarcinoma; Stage IV pancreatic cancer | Drug: Mesenchymal stromal cells-derived exosomes with <i>KRAS</i> <sup>G12D</sup> siRNA | NCT03608631 | Active; Not Recruiting | M.D. Anderson Cancer Center                |
| A study of exoASO-STAT6 (CDK-004) in patients with advanced hepatocellular carcinoma and patients with liver metastases from either primary gastric cancer or colorectal cancer | Advanced hepatocellular carcinoma; Gastric cancer metastatic to liver; Colorectal cancer metastatic to liver                       | Drug: CDK-004                                                                           | NCT05375604 | Terminated             | Codiak BioSciences                         |
| Trial of a vaccination with tumor antigen-loaded dendritic cell-derived exosomes                                                                                                | Non small cell lung cancer                                                                                                         | Biological: DEX2                                                                        | NCT01159288 | Completed              | Gustave Roussy, Cancer Campus, Grand Paris |

Data collected from ClinicalTrials.gov accessed on August 20, 2024. exoASO-STAT6: Exosomes with antisense oligonucleotide-signal transducer and activator of transcription 6; CDK-004: Codiak BioSciences product-004; DEX: Dendritic cell-derived exosomes; NCT: National clinical trial.



**Figure 1** Schematic diagram of approaches for cargoes loading to exosomes. The scheme illustrates the approaches including biological, chemical, and physical methods, which are used to load cargoes, such as drugs, RNA interference, nucleotides, and proteins, into or onto the exosomes. RNAi: RNA interference; DEAE: Diethylaminoethyl; PEI: Polyethylenimine.

## CONCLUSION

The study by Tang *et al*[17] marks a significant advancement in cancer therapy, particularly in the treatment of pancreatic cancer. The fabrication of Exo-GEM has been optimized. By demonstrating the enhanced cytotoxicity and apoptosis-inducing effects of Exo-GEM compared to free GEM, the research highlights the potential of exosome-based drug delivery systems as a more effective and targeted approach to chemotherapy[17]. Although further research is necessary to validate these findings *in vivo* and explore their clinical applications, this study establishes a strong foundation for a promising new direction in cancer treatment. The use of HU-BMSCs-derived exosomes for drug delivery could potentially address some of the major challenges in current cancer therapies, offering renewed hope for patients facing this devastating disease.

## FOOTNOTES

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## Unraveling the landscape of pediatric pancreatic tumors: Insights from Japan

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### Abstract

Pediatric pancreatic tumors, though rare, pose significant diagnostic and management challenges. The recent, 22-year nationwide survey on pediatric pancreatic tumors in Japan by Makita *et al* offers valuable insights into this uncommon entity, revealing striking geographical variations and questioning current treatment paradigms. This editorial commentary analyzes the study's key findings, including the predominance of solid pseudopapillary neoplasms and their younger age of onset, which contrast sharply with Western data. It explores the implications for clinical practice and research, emphasizing the need for population-specific approaches to diagnosis and treatment. The revealed limited institutional experience and surgical management patterns prompt a reevaluation of optimal care delivery for these complex cases, suggesting benefits of centralizing healthcare services. Furthermore, the commentary advocates for international collaborative studies to elucidate the genetic, environmental, and lifestyle factors influencing the development and progression of pediatric pancreatic tumors across diverse populations. It also outlines future directions, calling for advancements in precision medicine and innovative care delivery models to improve global patient outcomes. Unraveling Makita *et al*'s findings within the broader landscape of pediatric oncology can stimulate further research and clinical advancements in managing pancreatic and other rare tumors in children.

**Key Words:** Child; Epidemiology; Japan; Pancreatic endocrine tumors; Pancreatic neoplasms; Pancreatoblastoma; Pediatric oncology; Solid pseudopapillary neoplasm; Surgical management; Survey

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**Core Tip:** This editorial analyzes a 22-year nationwide survey on pediatric pancreatic tumors in Japan. The predominance of solid pseudopapillary neoplasms and their younger age of onset contrast sharply with Western data, highlighting the need for population-specific approaches. Centralizing healthcare services could address the limited experience with these rare tumors observed at many institutions. The commentary also advocates for precision medicine, innovative care delivery models, and international collaborative studies on genetic and environmental factors across diverse populations. These insights could significantly improve the diagnosis, treatment, and management of pediatric pancreatic and other rare neoplasms globally, stimulating further research and clinical advancements.

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## INTRODUCTION

Pediatric pancreatic tumors represent rare but formidable adversaries in childhood oncology. These neoplasms, accounting for less than 0.1% of all pediatric cancers, include a diverse spectrum of histological types, each with its own prognostic implications[1-4]. Despite their rarity, most pancreatic tumors present significant diagnostic and therapeutic challenges, frequently resulting in suboptimal outcomes[5,6]. The complex nature of these tumors, coupled with the vital physiological functions of the pancreas, demands a nuanced approach to treatment: One that carefully balances aggressive intervention with organ preservation, particularly in growing children.

In this issue of the *World Journal of Gastrointestinal Oncology*, Makita *et al*[7] present a nationwide survey on pediatric pancreatic tumors in Japan, offering a fresh perspective on this uncommon entity. By meticulously documenting 213 cases over a 22-year period, the authors have provided a comprehensive view of the epidemiological landscape, management strategies, and patient outcomes in a large Asian pediatric cohort. The results include a wide range of tumor types, from solid pseudopapillary neoplasms to endocrine tumors and pancreatoblastomas, providing valuable insights into their relative frequencies, clinical presentations, and treatment approaches. The authors also shed light on the surgical experiences across different institutions, highlighting the challenges in managing these rare tumors. This extensive survey not only contributes significantly to our understanding of pediatric pancreatic tumors in Japan but also provides an important point of comparison with data from other countries, revealing important geographical and ethnic variations in disease patterns.

## INSIGHTS AND IMPLICATIONS

The striking predominance of solid pseudopapillary neoplasms in the Japanese pediatric population, accounting for 77% of all cases[7], stands as one of the most significant study findings. This figure sharply contrasts with Western data, where solid pseudopapillary neoplasms typically represent only 30%-32% of pediatric pancreatic tumors[1,2]. Such a marked disparity challenges our current understanding of the relevant epidemiology and raises critical questions about underlying causative factors. Genetic predisposition emerges as a potential explanation for this phenomenon. The *CTNNB1* gene mutation, affecting  $\beta$ -catenin and considered a hallmark of solid pseudopapillary neoplasms of the pancreas[8,9], may have a higher prevalence or penetrance in the Japanese population. This hypothesis opens new avenues for research into population-specific genetic markers for pancreatic tumor risk. It underscores the need for large-scale genomic studies across diverse populations to illuminate the complex interplay between genetics and tumor development. Environmental factors also warrant investigation. Could distinctive aspects of the Japanese lifestyle, such as dietary habits rich in soy products[10], influence the risk profile for specific pancreatic tumor types? The potential impact of other environmental exposures unique to Japan remains an area ripe for exploration.

To provide insights into the relative frequency of different tumor types, the findings from Japan can be contextualized by comparing them with data from other regions. In the United States, the Surveillance, Epidemiology, and End Results database[1] reveals a more balanced distribution of tumor types, with neuroendocrine tumors (33.8%) and solid pseudopapillary neoplasms (32.3%) occurring at almost equal rates. Additionally, a National Cancer Database study[2] in the United States reported a higher frequency of pancreatoblastoma (15.6%) compared to Japan (7.5%). European data also demonstrate variations. For instance, the Italian Tumori Rari in Età Pediatrica project documented an intermediate prevalence of solid pseudopapillary tumors (12 of 21 cases) over a 10-year period, while pancreatoblastomas were relatively more common (4 of 21 cases) than in Japan[11]. Interestingly, a single-institution study from China, conducted over 15 years, found that 5 out of 11 adolescents with pancreatic tumors treated with resection were diagnosed with solid pseudopapillary neoplasms, a finding that aligns more closely with the Japanese data[12]. In this study, the same number of patients were found to have neuroendocrine tumors, while one patient was diagnosed with pancreatic ductal adenocarcinoma. These comparisons highlight the geographical variations in pediatric pancreatic tumor distribution and show the importance of region-specific epidemiological understanding.

The high relative frequency of solid pseudopapillary neoplasms in Japanese children carries significant implications also for clinical practice. It suggests that clinicians in Japan should maintain a high level of suspicion for this histological type when evaluating pediatric pancreatic tumors. Conversely, clinicians in Western countries, such as the United States and United Kingdom, should remain vigilant for other tumor types that are equally or more prevalent in their populations, including endocrine tumors and pancreatoblastoma[1,2]. This geographical variation in tumor type distribution highlights the need for region-specific clinical approaches to diagnosis and management. From a research standpoint, this difference underscores the importance of international studies to elucidate the global landscape of pediatric pancreatic tumors. Such collaborative efforts could pave the way for the development of population-specific risk assessment tools, potentially improving early detection and patient outcomes across different ethnic groups.

Another key finding in the study by Makita *et al*[7] is the relatively young age at onset for solid pseudopapillary neoplasms in the Japanese cohort. The median presentation age of approximately 12 years is significantly lower than that reported in Western and Taiwanese data[1,2,13,14], revealing variations even within Asian populations. This earlier presentation has important implications for early detection strategies and challenges current screening practices for high-risk groups. Moreover, this gap in age of onset suggests that a uniform strategy for managing pediatric pancreatic tumors may be insufficient. This finding also prompts questions about potential modifiable risk factors contributing to earlier onset in certain populations. Tailored, population-based approaches should be employed to enhance prevention, early detection, and overall outcomes.

The surgical management patterns revealed in the study by Makita *et al*[7] highlight a significant challenge in pediatric oncology. Nearly 52% of the surveyed institutions across Japan had no experience with pancreatic tumor surgery in children over the study period. This striking statistic mirrors trends in the United States, where even the largest children's hospitals report an average of only 1-2 patients with pancreatic neoplasms per year[15,16]. This paucity of cases presents a serious obstacle to developing and maintaining surgical expertise, supporting the argument for centralization of care for these rare and complex cases. Centralization could concentrate expertise, thereby improving outcomes through higher case volumes and standardized care protocols[17,18]. Nevertheless, this approach raises questions about maintaining a distributed knowledge base within the broader pediatric surgical community, crucial for initial recognition and appropriate referral of these rare cases. Consequently, it may lead to delayed diagnosis and treatment, especially in geographically diverse countries like Japan[18,19]. Balancing the concentration of expertise with accessibility of care represents a key challenge in optimizing the management of rare pediatric cancers, such as pancreatic tumors.

Building on the challenges of surgical management, the study by Makita *et al*[7] further reveals that adult gastrointestinal surgeons were involved in roughly 40% of pediatric pancreatic tumor cases. This pattern highlights the need for cross-specialty expertise and prompts a reevaluation of training requirements for these complex procedures. While the current collaborative model between pediatric and adult specialists has yielded favorable outcomes, as evidenced by the reported survival rates, there remains scope for improvement. Developing specialized training programs for pediatric pancreatic surgery could strengthen the expertise of pediatric surgeons in this rare but critical field. However, the rarity of these tumors poses challenges in maintaining proficiency. A more pragmatic approach may involve establishing centers of excellence where pediatric surgeons can gain focused experience in pancreatic procedures while leveraging the expertise of adult gastrointestinal surgeons. This hybrid model could synergize pediatric-specific knowledge of child physiology and care with the technical proficiency of high-volume pancreatic surgeons. This integrated approach aligns with the concept of centralization discussed earlier, offering a potential solution to balance the concentration of expertise with the need for comprehensive pediatric care. By fostering collaboration between pediatric and adult specialists, such centers could address both the surgical complexity of these rare tumors and the unique needs of pediatric patients.

While the study by Makita *et al*[7] offers valuable insights, it is important to acknowledge and analyze its limitations. The retrospective, questionnaire-based design introduces several potential biases. Recall bias may affect the accuracy of data, particularly for cases from the earlier years of the 22-year study period. Additionally, there is a risk of selection bias favoring high-volume centers, potentially skewing the data towards more complex cases. The extended study period also raises concerns about the consistency of diagnostic criteria across different centers and over time, which may impact the comparability of cases.

Another limitation of the study is the exclusion of non-surgically treated cases. This approach may underestimate the true incidence of pancreatic tumors, particularly advanced or unresectable cases, leading to an incomplete picture of the full spectrum of pediatric pancreatic tumors in Japan. The study's focus on surgical cases omits valuable information about tumors managed non-operatively, potentially biasing the overall understanding of disease presentation and management.

The limited institutional experience highlighted in the study is also noteworthy. With 75 of 145 responding facilities reporting no experience with pediatric pancreatic tumor surgery over the 22-year period, and only 4 facilities managing more than 10 cases, the rarity of these tumors and the challenge in building expertise become apparent. This disparity in experience may influence the generalizability of the findings and highlights the need for centralized expertise in managing these rare cases.

Another limitation is the potential underrepresentation of certain patient groups. The survey was administered only to pediatric surgical units, potentially missing cases treated solely by adult gastrointestinal surgeons. This may particularly affect the representation of solid pseudopapillary neoplasms in older teenagers, whose care might be managed by adult surgeons due to their physical maturity. Consequently, the study might not capture the full spectrum of pediatric pancreatic tumors, especially in the adolescent population.

The lack of standardized data collection across institutions poses another challenge. This may result in inconsistencies in reporting and limit the ability to perform more granular analyses of factors such as specific surgical techniques or detailed pathological findings. The variability in data reporting could impact the reliability and comparability of the results across different centers.



To address these limitations and improve future studies, several strategies can be implemented. Establishing a prospective, multi-institutional registry with standardized data collection protocols would ensure consistency across centers and reduce recall bias. Such a registry should include all cases of pediatric pancreatic tumors, regardless of treatment approach, and incorporate regular quality checks and data audits to maintain accuracy.

Expanding data collection to include detailed pathological and molecular profiling of tumors, long-term follow-up data, and quality of life measures would provide a more comprehensive understanding of disease progression and treatment outcomes. Collaboration with adult gastrointestinal surgery departments is necessary to ensure comprehensive coverage of all pediatric cases, including those treated by adult surgeons.

Utilization of national databases, such as the National Clinical Database in Japan, would allow for more comprehensive case capture and validation of questionnaire-based data. This integration would provide a more accurate representation of the incidence and management of pediatric pancreatic tumors across all healthcare settings. Furthermore, establishing an international collaborative network would facilitate standardized data collection across different countries, enabling more robust international comparisons. Such collaboration could also pool resources for centralized pathology review and molecular analysis, ensuring consistency in diagnosis and classification across diverse populations.

## FUTURE DIRECTIONS

The study by Makita *et al*[7] catalyzes broader discussions regarding rare pediatric neoplasms, such as pancreatic tumors. Their findings highlight the importance of understanding genetic, environmental, and lifestyle factors influencing these rare tumors across diverse populations. By pooling global data and resources, we can construct a more comprehensive picture of pediatric pancreatic tumors, aligning with the growing emphasis on precision medicine in oncology. Advanced genomic and proteomic profiling could reveal early detection biomarkers and novel therapeutic targets, paving the way for personalized treatment strategies that can improve outcomes while minimizing toxicity in young patients. The marked differences in tumor type distribution between Japanese and Western populations underscore the significance of geographic and ethnic variations in disease patterns, echoing recent calls for more diverse representation in cancer genomics studies[20]. As precision medicine advances, understanding these population-specific differences becomes crucial for developing targeted therapies and personalized treatment approaches, potentially revolutionizing pediatric oncology.

The insights from Makita *et al*[7] extend beyond scientific understanding. The study's revelation of limited institutional experience with rare pediatric pancreatic tumors highlights the importance of democratizing access to expertise. Virtual tumor boards and telemedicine networks could ensure that every child, regardless of location, benefits from the collective knowledge of the pediatric oncology community[21,22]. Coupled with standardized treatment protocols and quality metrics specific to pediatric pancreatic tumors, this approach could bridge the gap between high-volume centers and community hospitals, enhancing care quality and consistency across diverse healthcare settings.

As we look to the future, the work of Makita *et al*[7] serves as both a valuable resource and a call to action. It challenges us to think globally while acting locally. By embracing a holistic approach that combines collaborative research, precision medicine, and innovative care delivery, we can work towards a future where every child with a pancreatic tumor has access to optimal, evidence-based care. While the path forward may be challenging, the potential to transform outcomes for these young patients makes it a journey worth undertaking. As we advance, it is essential to maintain focus on the individual child at the center of our efforts, ensuring that our scientific and clinical progress translates into tangible benefits for patients and their families.

## CONCLUSION

The nationwide survey by Makita *et al*[7] provides crucial insights into pediatric pancreatic tumors in Japan, highlighting important trends and challenges in their management. The predominance of solid pseudopapillary neoplasms in the Japanese cohort and the varying surgical experiences across institutions emphasize the need for further research and international collaboration. This study should serve as a steppingstone for more comprehensive, prospective investigations to validate and expand upon these findings. By integrating the lessons learned from this survey with ongoing advances in molecular diagnostics and precision medicine, we can work towards improving outcomes for children with rare tumors worldwide. The pediatric oncology community must continue to foster global collaboration and knowledge sharing to address the unique challenges posed by rare but impactful neoplasms.

## FOOTNOTES

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Case Control Study

# Activin A receptor type 1C single nucleotide polymorphisms associated with esophageal squamous cell carcinoma risk in Chinese population

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## Abstract

### BACKGROUND

Transforming growth factor- $\beta$  (TGF- $\beta$ ) superfamily plays an important role in tumor progression and metastasis. Activin A receptor type 1C (ACVR1C) is a TGF- $\beta$  type I receptor that is involved in tumorigenesis through binding to different ligands.

**AIM**

To evaluate the correlation between single nucleotide polymorphisms (SNPs) of ACVR1C and susceptibility to esophageal squamous cell carcinoma (ESCC) in Chinese Han population.

**METHODS**

In this hospital-based cohort study, 1043 ESCC patients and 1143 healthy controls were enrolled. Five SNPs (rs4664229, rs4556933, rs77886248, rs77263459, rs6734630) of ACVR1C were assessed by the ligation detection reaction method. Hardy-Weinberg equilibrium test, genetic model analysis, stratified analysis, linkage disequilibrium test, and haplotype analysis were conducted.

**RESULTS**

Participants carrying ACVR1C rs4556933 GA mutant had significantly decreased risk of ESCC, and those with rs77886248 TA mutant were related with higher risk, especially in older male smokers. In the haplotype analysis, ACVR1C T<sub>rs4664229</sub>A<sub>rs4556933</sub>T<sub>rs77886248</sub>C<sub>rs77263459</sub>A<sub>rs6734630</sub> increased risk of ESCC, while T<sub>rs4664229</sub>G<sub>rs4556933</sub>T<sub>rs77886248</sub>C<sub>rs77263459</sub>A<sub>rs6734630</sub> was associated with lower susceptibility to ESCC.

**CONCLUSION**

ACVR1C rs4556933 and rs77886248 SNPs were associated with the susceptibility to ESCC, which could provide a potential target for early diagnosis and treatment of ESCC in Chinese Han population.

**Key Words:** Activin A receptor type 1C; Single nucleotide polymorphisms; Esophageal squamous cell carcinoma; Genetic susceptibility; Hospital-based cohort study

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**Core Tip:** In this study, a case-control approach was used to investigate the association between specific single nucleotide polymorphisms (SNPs) of the *ACVR1C* gene and the risk of esophageal squamous cell carcinoma (ESCC) in a Chinese Han population. The study included 2186 participants, comprising 1043 ESCC patients and 1143 healthy controls. Notably, the rs4556933 G>A SNP was significantly associated with ESCC risk across several genetic models. Stratified analysis indicated an increased risk in older males and smokers. These findings suggest that *ACVR1C* SNPs play a critical role in ESCC susceptibility, meriting further investigation into their involvement in cancer development.

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**INTRODUCTION**

Esophageal cancer (EC) is a common malignancy of the upper digestive tract. The International Agency for Research on Cancer reported approximately 604000 new cases of EC, ranking seventh, and 540000 deaths, ranking sixth, worldwide in 2020[1]. The incidence of EC varies regionally, with China presenting a high-incidence area, with new cases accounting for over half of the global total count[2]. Moreover, in contrast to patients of Western origin, the pathological type detected in most Chinese patients is esophageal squamous cell carcinoma (ESCC).

The onset of ESCC is frequently inconsistent. Genetic, epigenetic, and environmental factors significantly contribute to ESCC pathogenesis; smoking and alcohol consumption are crucial exogenous risk factors[3]. Additionally, unhealthy dietary habits, such as hot eating, uneven intake, and excessive intake of pickled products, can increase the risk of tumorigenesis. Gene and chromosomal abnormalities are closely related to the occurrence and development of heterogeneity, a major characteristic of tumors. Therefore, further genetic studies are necessary to explore the pathogenic processes of ESCC and its association with genetic abnormalities, including single nucleotide polymorphisms (SNP), the most common type of genetic variation.

Activin A receptor type 1C (ACVR1C) is a transforming growth factor- $\beta$  (TGF- $\beta$ ) type I receptor, with a single-span transmembrane domain, which is also known as activin receptor-like kinase 7 (ALK7). The receptors for TGF- $\beta$  superfamily ligands comprise quadruplex complexes with two homodimers of type I and type II subunits[4]. More than thirty-five TGF- $\beta$  superfamily receptors have been found in mammals[5,6]. The TGF- $\beta$  superfamily includes TGF- $\beta$ 1-3, activins A and B, inhibins, growth differentiation factors, bone morphogenetic proteins, nodal proteins, and other ligand components; they are involved in cell proliferation, differentiation, adhesion, wound healing, and immune responses through binding in various ways[7]. Numerous studies have demonstrated the magnitude of TGF- $\beta$  superfamily cytokines during tumor progression; the differential activities of TGF- $\beta$ s and their core receptors in metastatic phenotypes



present the most crucial part of its involvement in tumorigenesis[8]. Therefore, the regular expression and functions of the TGF- $\beta$  superfamily play a critical role in maintaining the stability of the organism.

ACVR1C is the seventh and most recently identified member of the type-I receptor subfamily. ACVR1C is highly expressed in tissues and cell types with endocrine or neuroendocrine functions compared with other TGF- $\beta$  receptors, thus exhibiting its correlation with obesity, type II diabetes, and metabolic syndrome[9]. Early studies elucidated the large amount of mRNA expression encoding ALK7 in the adipose tissue, gastrointestinal tract, ovary, prostate, pancreas, and a few brain nuclei, especially in the cerebellum[10-12]. Moreover, it is involved in cancer-related apoptosis and cell proliferation *in vitro*. ACVR1C and its ligand Nodal have pro-apoptotic effects in various cancer cells, including breast cancer [13,14]. However, contrasting reports are also available[15,16]. Additionally, ACVR1C signaling acts as a homeostatic tissue barrier against tumorigenesis and metastasis[17]. Consequently, further research can clarify the pro-and anti-tumorigenic effects of ACVR1C.

Hence, in this study, we hypothesized that some SNPs of ACVR1C might be correlated with the susceptibility to ESCC and aimed to determine their correlation with esophageal tumorigenesis using an association analysis of candidate SNPs. We aimed to verify this hypothesis through a hospital-based cohort study in a Chinese Han population.

## MATERIALS AND METHODS

### Study design

This single-center, case-control study was conducted from October 1, 2008 to January 31, 2017. The Ethics Committee of Jiangsu University (Zhenjiang, China) and the Institutional Review Board (approval No. K20160036-W) approved this study. The research protocol was formulated and executed following the Ethical Principles for Medical Research Involving Human Subjects by the World Medical Association Declaration of Helsinki. All the participants provided informed consent.

A total of 2186 participants from the People's Hospital affiliated with Jiangsu University were retrospectively enrolled. The case group included 1043 patients with ESCC. All diagnoses were confirmed *via* pathological biopsies. Patients, who underwent neoadjuvant therapy, had other EC histological types, or had a history of other cancers, were excluded from the study. The control group included non-tumor patients with healthy physical examination and trauma during the same period. Propensity matching was conducted considering the distribution characteristics of the case groups such as sex, age, and residential area.

Demographic characteristics, including sex, age, and ESCC-related risk factors (smoking status and alcohol consumption), were recorded based on a questionnaire. Smoking was defined as the active smoking of  $\geq 1$  cigarette per day for one year. Alcohol consumption was defined as drinking at least three times per week for more of over six months. After obtaining the informed consent, 2 mL of fasting venous blood was drawn from each participant for subsequent tests.

### DNA extraction and genotyping

The genomic DNA was extracted from peripheral blood using the QIAamp DNA Blood Mini Kit (Qiagen, Berlin, Germany). The ligation detection reaction (LDR) method was used for further SNP genotyping analysis with technical support from Genesky Biotechnology Inc. (Shanghai, China). Meanwhile, the consistency of all data was confirmed using 10% of the samples that were randomly selected. Double-track data entries were used to ensure the authenticity. To select the correlated SNPs loci and tagSNPs for further analyses, a pilot linkage disequilibrium (LD) analysis was performed using data sourced from the 1000Genomes project (1000G: PRJEB6930) of the National Center for Biotechnology Information SNP database.

### Statistical analysis

SPSS 24.0 (Chicago, IL, United States), Haploview4.1, SHEsis software (online version)[18] were used to analyze the data. Hardy-Weinberg equilibrium (HWE) test was conducted to analyze the genotype distribution frequency of the control group by  $\chi^2$  test. SNPs in the control group with a *P* value greater than 0.05 were considered to be consistent with HWE, and could be further analyzed.  $\chi^2$  test was also applied to compare the differences in demographic characteristics between the ESCC case and control group.

Diverse genetic models and subgroup-stratified analyses were performed using logistic regression. Assuming alleles A and B are located in a single SNP: (1) Co-dominant model (risk associated with AB individuals lies between that of AA and BB individuals); (2) Dominant model (risk increased by allele B); (3) Recessive model (risk increased by two copies of allele B); and (4) Additive model (risk increased by *r*-fold for AB and 2*r* for BB) were considered[19]. Odds ratios (OR) and 95%CI were calculated to assess the strength of the association between SNPs and the risk of disease. Subsequently, adjusted OR and corresponding CI were calculated based on hierarchical variables, including age, sex, smoking, and alcohol consumption status. Finally, haplotype and LD analyses were performed using the SHEsis software. The coefficient of LD was evaluated using the *D'* and *r*<sup>2</sup> values. Bilateral test data were considered statistically significant at *P* < 0.05.

## RESULTS

### Characteristics of ESCC patients and healthy controls

The demographic characteristics and ESCC-related risk factors of the enrolled participants are listed in Table 1. We analyzed 1043 patients with ESCC ( $63.07 \pm 7.27$  years, mean age  $\pm$  SD; 758 males and 285 females) and 1143 healthy controls ( $62.64 \pm 9.90$  years, mean age  $\pm$  SD; 828 males and 315 females). Age and sex did not significantly differ between groups. However, smoking and alcohol consumption status significantly differed between the groups ( $P < 0.001$ ), with higher rates for both parameters in the case group than in the control group.

The basic information on the five selected genotyped SNPs is presented in Table 2. All SNPs were located on chromosome 2. The minor allele frequency (MAF) of SNPs in the control group corresponded to that in the East Asian population, which was reflected in the 1000 Genomes database. The genotyping value was  $> 95\%$ , indicating the reliability of the experimental results. The HWE test was conducted for the control group, which validated that the study population was in line with the Hardy-Weinberg balance ( $P > 0.05$ ), and that the study population was representative.

### Risk of ACVR1C SNPs with ESCC analyzed by genetic model

The associations between ESCC and each SNP are summarized in Table 3 and Figure 1. Based on four genetic models, the correlation between ESCC and various genotypes was analyzed. rs4556933 G>A was significantly associated with ESCC in the dominant, recessive, and additive models ( $P < 0.001$ ,  $= 0.036$ , and  $0.015$ , respectively). In addition, in the co-dominant model, the GA genotype of rs4556933 was associated with a lower risk of ESCC. The significant association between rs77886248 T>A and ESCC was reflected in only the dominant model ( $P = 0.038$ ), which suggests that the TA and AA genotypes significantly increased the risk of ESCC between the case and healthy control groups. Nevertheless, genetic models showed no association of ESCC with rs4664229, rs77263459, and rs6734630 were not associated with ESCC, which is attributable to the marginal statistical significance observed in the genotype frequencies. The genotype distributions of the two significant SNPs are shown in Figure 2.

### Stratified analysis of SNPs and the risk of ESCC in different subgroups

The stratified analyses based on sex, age, smoking status, and alcohol consumption better reflected the correlation between ACVR1C SNPs and susceptibility to ESCC (Table 4 and Table 5; Figure 3). In male participants older than 63 years, rs4556933 G>A was statistically significant in the dominant, recessive, and co-dominant models when comparing GG with GA ( $P < 0.05$ ). Similar results were found in the dominant and co-dominant (TA *vs* TT) models of rs77886248 T>A ( $P = 0.027/0.025$ , with adjusted OR =  $1.619/1.623$ , respectively), indicating that male sex is a risk factor for ESCC. For rs77886248, smoking was also associated with a higher risk of ESCC in the dominant and co-dominant (TA *vs* TT) models ( $P = 0.035/0.024$ , adjusted OR =  $1.954/2.401$ ).

### Haplotype analysis of SNPs and susceptibility to ESCC

As listed in Table 6 and Table 7, the haplotype analysis of the five SNPs showed that  $T_{rs4664229}G_{rs4556933}T_{rs77886248}T_{rs77263459}A_{rs6734630}$  was the most common genotype in all participants, included in the case and control groups ( $58.7\%$  and  $57.4\%$ , respectively).  $T_{rs4664229}A_{rs4556933}T_{rs77886248}C_{rs77263459}A_{rs6734630}$  was considered to increase the risk of ESCC ( $P = 0.012$ , OR =  $1.211$ ), whereas,  $T_{rs4664229}G_{rs4556933}T_{rs77886248}C_{rs77263459}A_{rs6734630}$  was associated with lower susceptibility to ESCC ( $P < 0.01$ , OR =  $0.126$ ).

## DISCUSSION

In this study, we demonstrate the relationship between functional ACVR1C polymorphisms and ESCC in a Chinese Han population through an association analysis of candidate SNPs. After collecting blood samples from 2186 participants and conducting LDR analysis, we identified five target SNP loci of ACVR1C. The LD analysis revealed a significant correlation among the five loci, especially between rs4556933 G>A and rs77263459 T>C. These loci are not in the same functional region; rs4556933 is a synonymous variant of the coding sequence and rs77263459 is an intron-associated variant. However, a strong LD is detected ( $D = 0.849$ ,  $r^2 = 0.588$ ), which indicates a similar influence on gene coding. In this study, the MAF of ACVR1C rs77886248, rs77263459, and rs6734630 in the control group were  $A = 0.0325$ ,  $C = 0.2482$ , and  $G = 0.1050$ , respectively, which followed the East Asian population frequency distribution in the 1000Genomes database ( $A = 0.0387$ ,  $C = 0.2361$ ,  $G = 0.0913$ ). The frequency of the first two alleles was significantly higher than that of the global data ( $A = 0.0078$ ,  $C = 0.1042$ ), whereas, the third allele showed lower frequency than the global data ( $G = 0.1865$ ). This demonstrated differences in the frequency distribution of the gene polymorphism loci across species, which may have led to regional diversity in the incidence rate and pathological types of ESCC.

As a receptor binds to the TGF- $\beta$  superfamily (ligands including Nodal, Activin A/B, and GDF3), ACVR1C is involved in the regulation of tumor progression and metastasis. Asnaghi *et al*[15] reported that ACVR1C/SMAD2 signaling promotes the invasion and growth of retinoblastoma[15]. However, Lonardo *et al*[20] suggested that downregulated ACVR1C is a marker of poor prognosis[20]. A significant association of ACVR1C rs4556933 G>A and rs77886248 T>A with ESCC was observed in certain genotypes and genetic models. In the co-dominant test, the GA genotype of rs4556933 reduced the risk of ESCC compared to the wild-type GG genotype ( $P < 0.001$ , OR =  $0.598$ , 95%CI:  $0.498-0.719$ ); however, the TA genotype of rs77886248 served an independent risk factor for ESCC ( $P < 0.001$ , OR =  $1.432$ , 95%CI:  $1.034-1.983$ ). However, compared to the wild-type genotype in the co-dominant model, the homozygous mutations of the selected SNPs exhibited no significant association with the risk of ESCC, which is potentially attributed to the hereditary modes

**Table 1** distribution of selected demographic variables and risk factors in esophageal squamous cell carcinoma case and control groups, *n* (%)

| Variable               | Case group ( <i>n</i> = 1043) | Control group ( <i>n</i> = 1143) | <i>P</i> value |
|------------------------|-------------------------------|----------------------------------|----------------|
| Age (years), mean ± SD | 63.07 ± 7.27                  | 62.64 ± 9.90                     | 0.252          |
| Age (years)            |                               |                                  | 0.041          |
| ≥ 63                   | 572 (54.84)                   | 577 (50.48)                      |                |
| < 63                   | 471 (45.16)                   | 566 (49.52)                      |                |
| Sex                    |                               |                                  | 0.903          |
| Male                   | 758 (72.67)                   | 828 (72.44)                      |                |
| Female                 | 285 (27.33)                   | 315 (27.56)                      |                |
| Smoking status         |                               |                                  | < 0.001        |
| Never                  | 589 (56.47)                   | 810 (70.87)                      |                |
| Ever                   | 454 (43.53)                   | 333 (29.13)                      |                |
| Alcohol consumption    |                               |                                  | < 0.001        |
| Never                  | 714 (68.46)                   | 1061 (92.82)                     |                |
| Ever                   | 329 (31.54)                   | 82 (7.18)                        |                |

**Table 2** Primary information of five selected genotyped single nucleotide polymorphisms of Activin A receptor type 1C: rs4664229 T>C, rs4556933 G>A, rs77886248 T>A, rs77263459 T>C, rs6734630 A>G

| Genotyped SNPs                              | rs4664229                   | rs4556933          | rs77886248     | rs77263459     | rs6734630           |
|---------------------------------------------|-----------------------------|--------------------|----------------|----------------|---------------------|
| Alleles                                     | T>C                         | G>A                | T>A            | T>C            | A>G                 |
| Chromosome                                  | 2                           | 2                  | 2              | 2              | 2                   |
| Gene                                        | ACVR1C                      |                    |                |                |                     |
| Function                                    | 3 Prime UTR variant         | Synonymous variant | Intron variant | Intron variant | 3 Prime UTR Variant |
| Chromosome position                         | 157530426                   | 157587377          | 157565301      | 157621261      | 157528286           |
| Regulome DB score <sup>1</sup>              | 4                           | 4                  | 7              | 5              | 7                   |
| TFBS                                        | -                           | -                  | -              | -              | -                   |
| MAF in database (1000 Genomes)              |                             |                    |                |                |                     |
| Global                                      | C = 0.1414                  | A = 0.4403         | A = 0.0078     | C = 0.1042     | G = 0.1865          |
| East Asian                                  | C = 0.0903                  | A = 0.3185         | A = 0.0387     | C = 0.2361     | G = 0.0913          |
| MAF in control                              | C = 0.1050                  | A = 0.3027         | A = 0.0325     | C = 0.2482     | G = 0.1050          |
| <i>P</i> value for HWE test in the controls | 0.2551                      | 0.6442             | 0.4526         | 0.5386         | 0.2630              |
| Genotyping method                           | Ligation detection reaction |                    |                |                |                     |
| Genotyping value, %                         | 98.9                        | 98.5               | 98.9           | 98.9           | 98.9                |

<sup>1</sup><http://www.regulomedb.org/>.TFBS: Transcription factor binding site (<http://snpinfo.niehs.nih.gov/snpinfo/snpfuc.htm>); HWE: Hardy-weinberg equilibrium; SNPs: Single nucleotide polymorphisms; ACVR1C: Activin A receptor type 1C; MAF: Minor allele frequency.

and complex mechanisms of SNP in tumor development and progression. Moreover, rs4556933 G>A significantly increased the risk of ESCC in the recessive test, suggesting that the effect of the homozygous mutant AA differs from that of the GA genotype. The hazardous effects of homozygous mutations are associated with tumor immune escape[21]. SNP polymorphism usually involves the transition or inversion-induced variation at a single base. Hence, haplotype analysis further validated the relationship between the five loci and ESCC risk.

Stratified analyses of the SNP rs4556933 revealed a significantly reduced risk of ESCC in subjects with a GA mutation, regardless of their subgroup. For males (age > 63 years) with AA mutants, the risk of ESCC increased, which is consistent

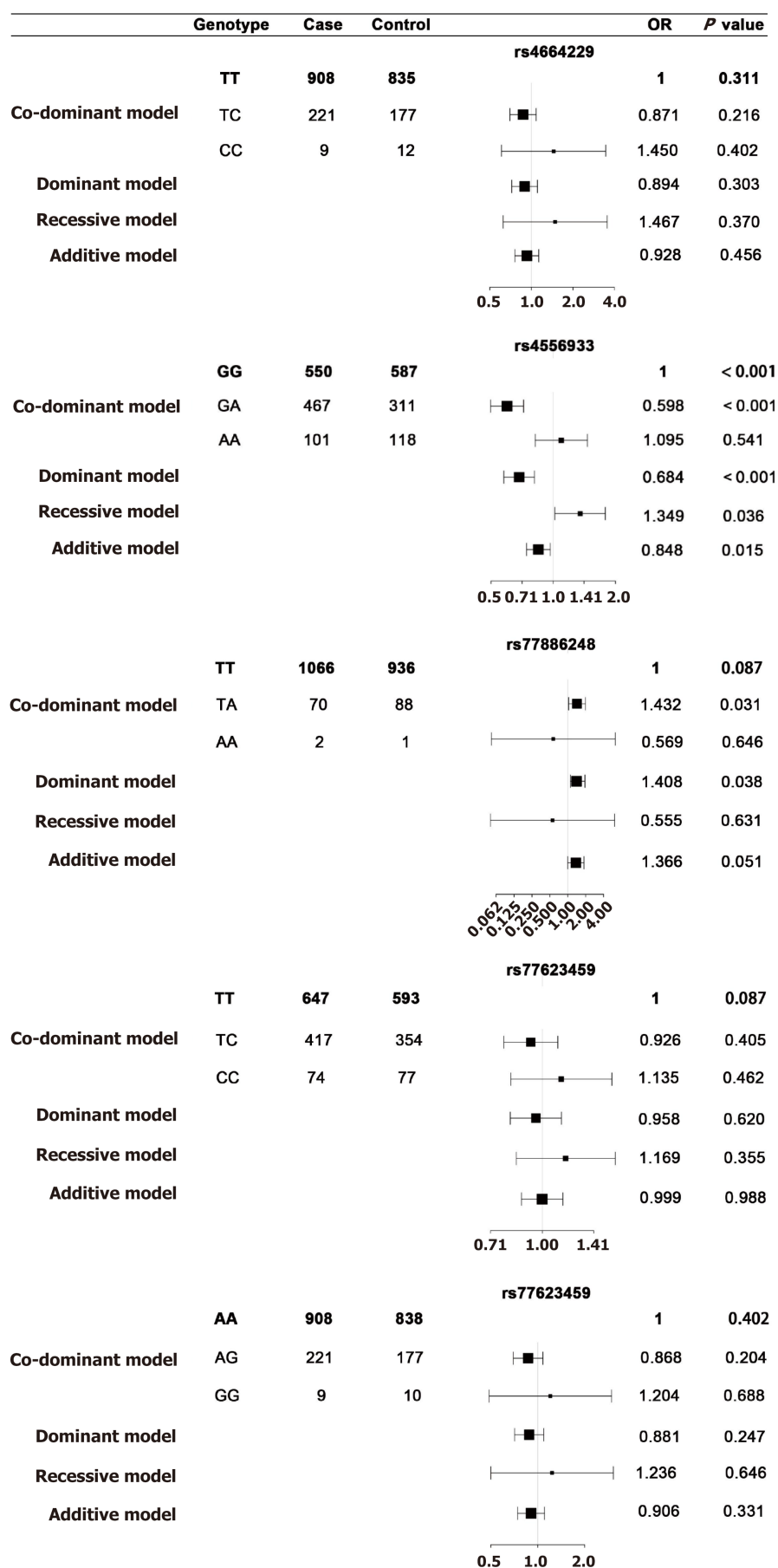


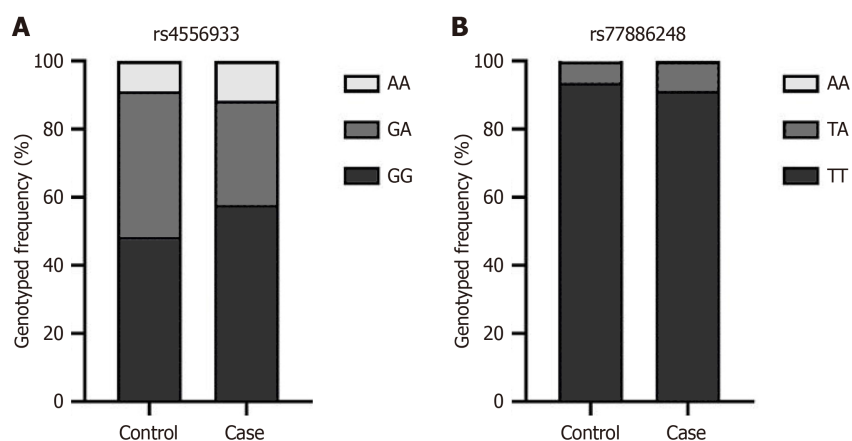
Figure 1 Forest plots of genetic modeling to analyze the risk of activin A receptor type 1C single nucleotide polymorphisms with esophageal squamous cell carcinoma. OR: Odds ratio.



**Table 3 Analyses of associations between selected genotyped single nucleotide polymorphisms of activin A receptor type 1C on risk of esophageal squamous cell carcinoma**

| Locus      | Genotype | Control | Case | Co-dominant model   |         | Dominant model      | Recessive model     | Addictive model     |
|------------|----------|---------|------|---------------------|---------|---------------------|---------------------|---------------------|
|            |          |         |      | OR (95%CI)          | P value | OR (95%CI)/P value  | OR (95%CI)/P value  | OR (95%CI)/P value  |
| rs4664229  | TT       | 908     | 835  | 1                   | 0.311   | 0.894 (0.721-1.107) | 1.487 (0.624-3.545) | 0.928 (0.76-1.131)  |
|            | TC       | 221     | 177  | 0.871 (0.7-1.084)   | 0.216   | 0.303               | 0.37                | 0.456               |
|            | CC       | 9       | 12   | 1.45 (0.608-3.459)  | 0.402   |                     |                     |                     |
| rs4556933  | GG       | 550     | 587  | 1                   | < 0.001 | 0.684 (0.577-0.811) | 1.349 (1.019-1.786) | 0.848 (0.743-0.969) |
|            | GA       | 487     | 311  | 0.598 (0.498-0.719) | < 0.001 | < 0.001             | 0.036               | 0.015               |
|            | AA       | 101     | 118  | 1.095 (0.819-1.463) | 0.541   |                     |                     |                     |
| rs77886248 | TT       | 1066    | 936  | 1                   | 0.087   | 1.408 (1.019-1.944) | 0.555 (0.05-6.126)  | 1.366 (0.999-1.870) |
|            | TA       | 70      | 88   | 1.432 (1.034-1.983) | 0.031   | 0.038               | 0.631               | 0.051               |
|            | AA       | 2       | 1    | 0.569 (0.052-6.29)  | 0.646   |                     |                     |                     |
| rs77263459 | TT       | 647     | 593  | 1                   | 0.087   | 0.958 (0.807-1.136) | 1.169 (0.84-1.628)  | 0.999 (0.870-1.147) |
|            | TC       | 417     | 354  | 0.926 (0.773-1.109) | 0.405   | 0.62                | 0.355               | 0.988               |
|            | CC       | 74      | 77   | 1.135 (0.810-1.592) | 0.462   |                     |                     |                     |
| rs6734630  | AA       | 908     | 838  | 1                   | 0.402   | 0.881 (0.711-1.092) | 1.236 (0.5-3.054)   | 0.906 (0.743-1.105) |
|            | GA       | 221     | 177  | 0.868 (0.697-1.08)  | 0.204   | 0.247               | 0.646               | 0.331               |
|            | GG       | 9       | 10   | 1.204 (0.487-2.977) | 0.688   |                     |                     |                     |

OR: Odds ratio.

**Figure 2** Genotype distributions of two significant single nucleotide polymorphisms. A: Rs4556933; B: Rs77886248.

with an epidemiological report in China[22]. Only a few studies have reflected the clinical significance of rs4556933 G>A; its correlation with preeclampsia pathogenesis was first reported in a Norwegian population[23]. The genetic function of rs4556933 reflects that it is a synonymous variant; it is considered a silent mutation owing to no alterations in protein sequences. As synonymous mutations are well accepted to be neutral or nearly neutral, they are often neglected in research on pathogenic or protective mutations. However, synonymous mutations in the oncogene *KRAS* were reported to have a relevant impact on gene expression and mRNA secondary structure[24]. Furthermore, synonymous variants can affect gene regulation *via* transcription, splicing, mRNA stability, and translation, inducing loss of function and poor prognosis in renal cell carcinoma[25,26]. Therefore, the correlation between this mutation and tumorigenesis may have

**Table 4 Stratified analyses between rs4556933 polymorphism and esophageal squamous cell carcinoma risk by sex, age, smoking status and alcohol consumption**

| Variables           | Control/case numbers |         |       |         | Adjusted OR/P value (95%CI of OR) |                               |                              |                               |                              |
|---------------------|----------------------|---------|-------|---------|-----------------------------------|-------------------------------|------------------------------|-------------------------------|------------------------------|
|                     | GG                   | GA      | AA    | GA + AA | GG                                | GA                            | AA                           | GA + AA                       | AA vs (GG + GA)              |
| Sex                 |                      |         |       |         |                                   |                               |                              |                               |                              |
| Male                | 399/424              | 351/225 | 74/91 | 425/316 | 1                                 | 0.587/< 0.01<br>(0.464-0.742) | 1.18/0.369<br>(0.823-1.691)  | 0.689/0.001<br>(0.555-0.855)  | 1.463/0.032<br>(1.033-2.071) |
| Female              | 151/163              | 136/86  | 27/27 | 163/113 | 1                                 | 0.57/0.02<br>(0.401-0.811)    | 0.898/0.718<br>(0.502-1.607) | 0.624/0.005<br>(0.449-0.868)  | 1.156/0.614<br>(0.658-2.032) |
| Age                 |                      |         |       |         |                                   |                               |                              |                               |                              |
| ≥ 63                | 290/324              | 241/163 | 45/66 | 286/229 | 1                                 | 0.588/< 0.01<br>(0.449-0.769) | 1.283/0.257<br>(0.833-1.976) | 0.697/0.004<br>(0.543-0.893)  | 1.582/0.032<br>(1.041-2.403) |
| < 63                | 260/263              | 246/148 | 56/52 | 302/200 | 1                                 | 0.568/< 0.01<br>(0.427-0.755) | 0.932/0.754<br>(0.601-1.447) | 0.634/0.001<br>(0.487-0.826)  | 1.198/0.406<br>(0.783-1.832) |
| Smoking status      |                      |         |       |         |                                   |                               |                              |                               |                              |
| Ever                | 151/262              | 152/135 | 29/52 | 181/187 | 1                                 | 0.485/< 0.01<br>(0.344-0.683) | 1.009/0.974<br>(0.583-1.749) | 0.568/0.001<br>(0.412-0.782)  | 1.39/0.223<br>(0.818-2.362)  |
| Never               | 399/325              | 335/176 | 72/66 | 407/242 | 1                                 | 0.645/< 0.01<br>(0.509-0.817) | 1.156/0.442<br>(0.799-1.674) | 0.734/0.006<br>(0.59-0.914)   | 1.38/0.078<br>(0.964-1.973)  |
| Alcohol consumption |                      |         |       |         |                                   |                               |                              |                               |                              |
| Ever                | 31/190               | 45/92   | 6/38  | 51/130  | 1                                 | 0.326/< 0.01<br>(0.192-0.552) | 1.019/0.969<br>(0.395-2.63)  | 0.407/< 0.01<br>(0.246-0.674) | 1.745/0.23<br>(0.703-4.332)  |
| Never               | 519/397              | 442/219 | 95/80 | 537/299 | 1                                 | 0.646/< 0.01<br>(0.524-0.797) | 1.117/0.507<br>(0.806-1.548) | 0.729/0.001<br>(0.601-0.885)  | 1.343/0.068<br>(0.978-1.842) |

OR: Odds ratio.

**Table 5 Stratified analyses between rs77886248 polymorphism and esophageal squamous cell carcinoma risk by sex, age, smoking status and alcohol consumption**

| Variables      | Control/case numbers |       |     |         | Adjusted OR/P value (95%CI of OR) |                              |                              |                              |                               |
|----------------|----------------------|-------|-----|---------|-----------------------------------|------------------------------|------------------------------|------------------------------|-------------------------------|
|                | TT                   | TA    | AA  | TA + AA | TT                                | TA                           | AA                           | TA + AA                      | AA vs (TA + AA)               |
| Sex            |                      |       |     |         |                                   |                              |                              |                              |                               |
| Male           | 779/680              | 44/64 | 1/1 | 45/65   | 1                                 | 1.619/0.027<br>(1.057-2.482) | 1.772/0.686<br>(0.11-28.458) | 1.623/0.025<br>(1.063-2.476) | 1.714/0.704<br>(0.107-27.524) |
| Female         | 287/256              | 26/24 | 1/0 | 27/24   | 1                                 | 1.024/0.937<br>(0.57-1.839)  | -/- (-)<br>(0.548-1.749)     | 0.979/0.942<br>(0.548-1.749) | -/- (-)<br>(0.548-1.749)      |
| Age            |                      |       |     |         |                                   |                              |                              |                              |                               |
| ≥ 63           | 544/509              | 31/49 | 1/1 | 32/50   | 1                                 | 1.643/0.046<br>(1.009-2.675) | 1.255/0.874<br>(0.76-20.757) | 1.631/0.046<br>(1.009-2.639) | 1.21/0.894<br>(0.073-20.012)  |
| < 63           | 522/427              | 39/39 | 1/0 | 40/39   | 1                                 | 1.158/0.559<br>(0.707-1.898) | -/- (-)<br>(0.694-1.853)     | 1.134/0.616<br>(0.694-1.853) | -/- (-)<br>(0.694-1.853)      |
| Smoking status |                      |       |     |         |                                   |                              |                              |                              |                               |
| Ever           | 314/405              | 18/45 | 0/1 | 18/46   | 1                                 | 1.954/0.035<br>(0.524-0.797) | -/- (-)<br>(0.694-1.853)     | 2.401/0.024<br>(0.694-1.853) | -/- (-)<br>(0.694-1.853)      |

|                     |         |       |     |       |   |               |             |               |               |
|---------------------|---------|-------|-----|-------|---|---------------|-------------|---------------|---------------|
|                     |         |       |     |       |   | (1.049-3.642) |             | (1.099-3.791) |               |
| Never               | 752/531 | 52/43 | 2/0 | 54/0  | 1 | 1.164/0.483   | -/- (-)     | 1.118/0.604   | -/- (-)       |
|                     |         |       |     |       |   | (0.762-1.778) |             | (0.734-1.702) |               |
| Alcohol consumption |         |       |     |       |   |               |             |               |               |
| Ever                | 76/294  | 6/28  | 0/0 | 6/28  | 1 | 1.111/0.824   | -/- (-)     | 1.111/0.824   | -/- (-)       |
|                     |         |       |     |       |   | (0.44-2.807)  |             | (0.44-2.807)  |               |
| Never               | 990/642 | 64/60 | 2/1 | 66/61 | 1 | 1.41/0.068    | 0.722/0.793 | 1.389/0.078   | 0.704/0.777   |
|                     |         |       |     |       |   | (0.975-2.038) | (0.64-8.61) | (0.964-1.999) | (0.062-7.959) |

OR: Odds ratio.

**Table 6 Haplotype frequencies in the case and control group, and risk of esophageal squamous cell carcinoma**

| Haplotypes                                                                                                           | Case (%) | Control (%) | OR (95%CI)          | P value |
|----------------------------------------------------------------------------------------------------------------------|----------|-------------|---------------------|---------|
| T <sub>rs4664229</sub> G <sub>rs4556933</sub> T <sub>rs77886248</sub> T <sub>rs77263459</sub> A <sub>rs6734630</sub> | 58.7     | 57.4        | 1.053 (0.929-1.192) | 0.42    |
| T <sub>rs4664229</sub> A <sub>rs4556933</sub> T <sub>rs77886248</sub> C <sub>rs77263459</sub> A <sub>rs6734630</sub> | 22.0     | 18.9        | 1.211 (1.043-1.407) | 0.012   |
| C <sub>rs4664229</sub> G <sub>rs4556933</sub> T <sub>rs77886248</sub> T <sub>rs77263459</sub> G <sub>rs6734630</sub> | 7.1      | 6.2         | 1.143 (0.898-1.454) | 0.278   |
| T <sub>rs4664229</sub> A <sub>rs4556933</sub> T <sub>rs77886248</sub> T <sub>rs77263459</sub> A <sub>rs6734630</sub> | 5.4      | 5.9         | 0.901 (0.695-1.167) | 0.429   |
| T <sub>rs4664229</sub> G <sub>rs4556933</sub> A <sub>rs77886248</sub> T <sub>rs77263459</sub> A <sub>rs6734630</sub> | 2.8      | 3.2         | 0.861 (0.605-1.226) | 0.406   |
| T <sub>rs4664229</sub> G <sub>rs4556933</sub> T <sub>rs77886248</sub> C <sub>rs77263459</sub> A <sub>rs6734630</sub> | 0.6      | 4.7         | 0.126 (0.072-0.221) | < 0.01  |
| C <sub>rs4664229</sub> A <sub>rs4556933</sub> T <sub>rs77886248</sub> C <sub>rs77263459</sub> G <sub>rs6734630</sub> | 2.1      | 0.8         | -                   | -       |
| C <sub>rs4664229</sub> A <sub>rs4556933</sub> T <sub>rs77886248</sub> T <sub>rs77263459</sub> G <sub>rs6734630</sub> | 0.8      | 1.2         | -                   | -       |
| C <sub>rs4664229</sub> G <sub>rs4556933</sub> A <sub>rs77886248</sub> T <sub>rs77263459</sub> G <sub>rs6734630</sub> | 0.5      | 1.2         | -                   | -       |
| C <sub>rs4664229</sub> G <sub>rs4556933</sub> T <sub>rs77886248</sub> C <sub>rs77263459</sub> G <sub>rs6734630</sub> | 0.1      | 0.1         | -                   | -       |

**Table 7 Linkage disequilibrium analysis using parameter D' and r<sup>2</sup>**

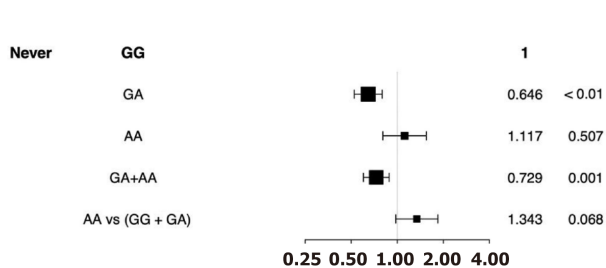
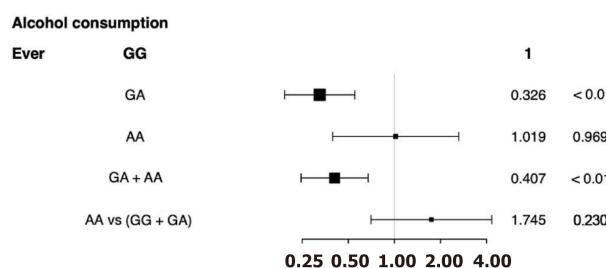
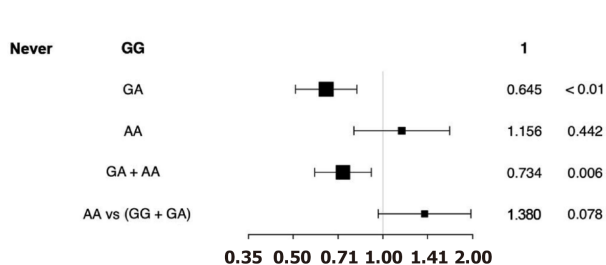
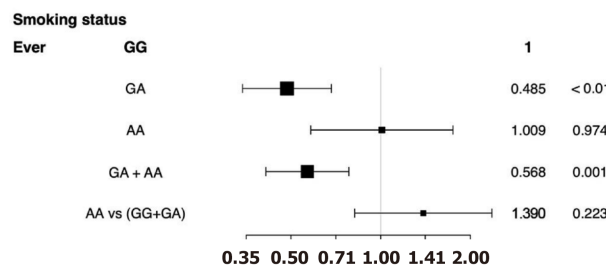
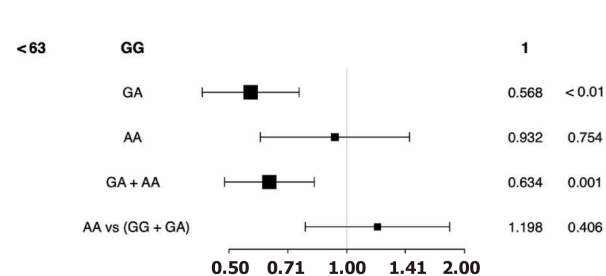
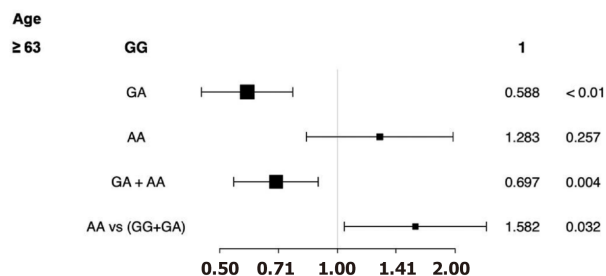
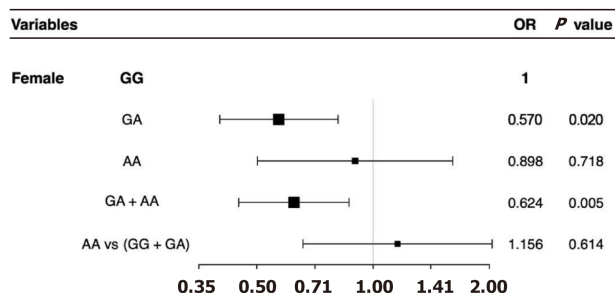
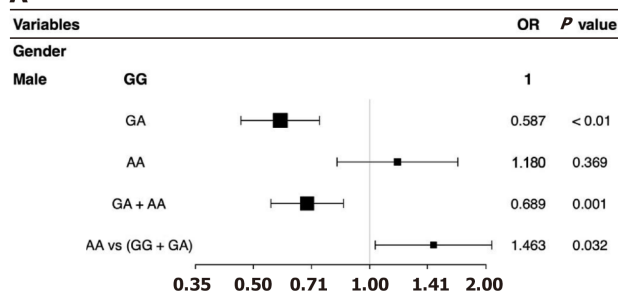
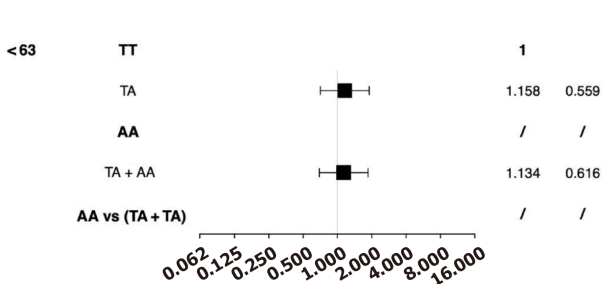
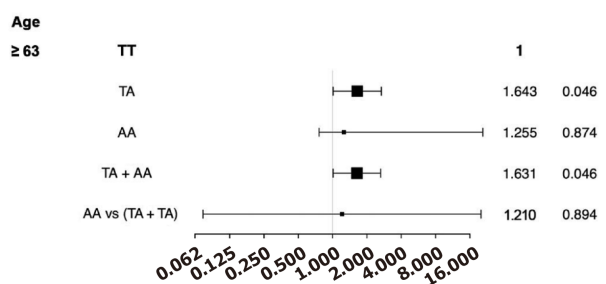
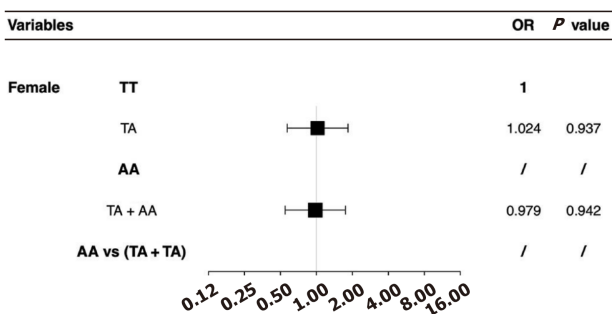
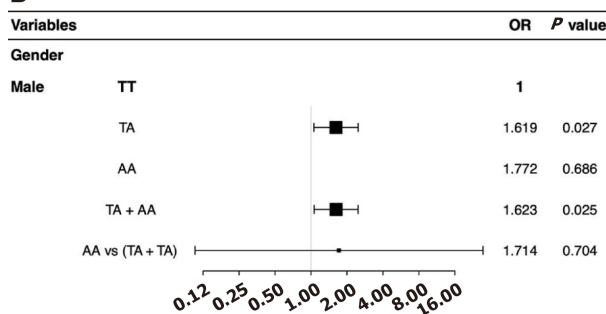
| D'/r <sup>2</sup> | rs4556933   | rs77886248  | rs77263459  | rs6734630   |
|-------------------|-------------|-------------|-------------|-------------|
| rs4664229         | 0.156/0.001 | 0.123/0.005 | 0.333/0.004 | 0.997/0.985 |
| rs4556933         | -           | 0.993/0.016 | 0.849/0.588 | 0.154/0.001 |
| rs77886248        | -           | -           | 0.988/0.013 | 0.125/0.005 |
| rs77263459        | -           | -           | -           | 0.334/0.004 |

D' > 0, r<sup>2</sup> > 0 indicated linkage disequilibrium between different gene loci.

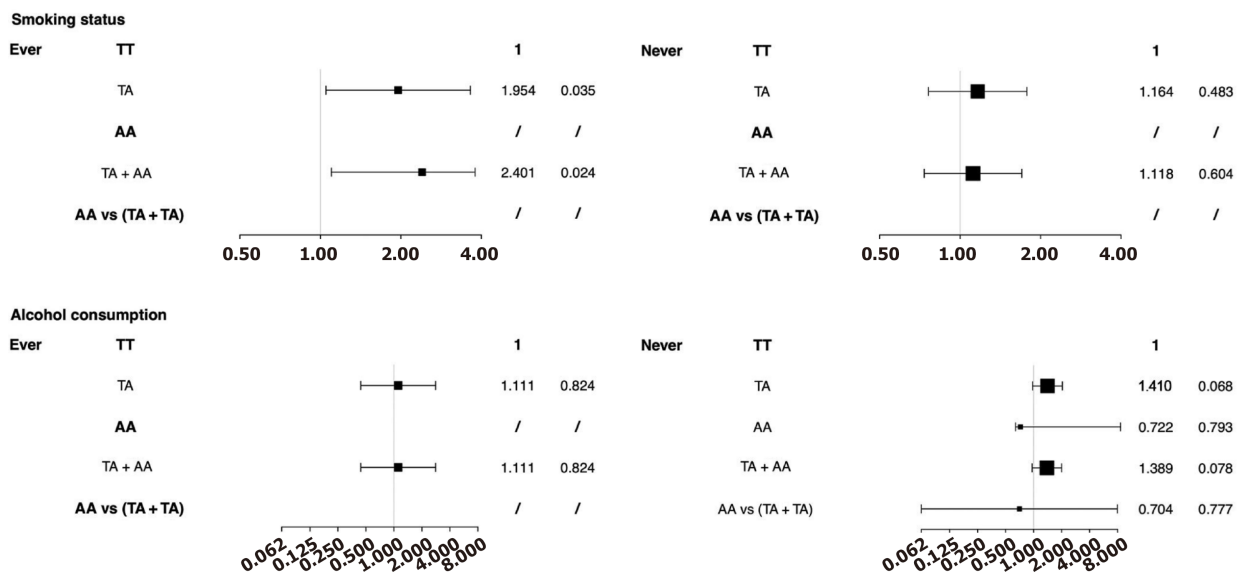
been underestimated. Additionally, an approximately two-fold increase in the risk of ESCC was detected in older smokers with the mutant genotype (TA and AA) of rs77886248 than in those with wild-type TT, which was consistent with a previous report[27].

Currently, neoadjuvant chemoradiotherapy or chemotherapy combined with surgical resection is considered the standard treatment for patients with locally advanced EC[28]. With the progress in immunotherapy, immune checkpoint inhibitors have been applied in the adjuvant and preoperative treatment stages, ranging from second-line treatment to advanced stages, all of which enhanced the pathologic complete response rate and prolonged disease-free survival[29, 30]. Therefore, identifying targets for efficacy assessments may help screen the potential benefit populations and provide tailored therapeutic strategies for patients. Minari *et al*[31] extracted and analyzed the correlation of SNPs in the programmed death ligand-1 (PD-L1) gene with immunotherapy efficacy in a cohort of 166 non-small cell lung cancer cases, and demonstrated an association of the PD-L1 rs4143815 SNP with a long clinical benefit cohort (P = 0.02)[31]. Additionally, SNPs and treatment safety have a potential functional correlation, with 12 mutations or SNPs associated with an increased risk of melanoma immune-related adverse events[32].

Despite advances in novel therapies, the prognosis of EC remains poor. The early symptoms of EC are insidious; most cases exhibit are locally advanced stage when diagnosed, with lymph node metastasis, resulting in a high recurrence rate

**A****B**





**Figure 3 Forest plots.** A: Forest plots of stratified analysis to rs4556933 genotype and esophageal squamous cell carcinoma (ESCC) risk; B: Forest plots of stratified analysis to rs77886248 genotype and ESCC risk. OR: Odds ratio.

and poor 5-year survival[33]. Therefore, the timely diagnosis and identification of new therapeutic targets are required. Among all subgroups analyzed in this study, subjects carrying the ACVR1C rs4556933 GA genotype exhibited a significantly reduced risk of ESCC, which can be considered a candidate locus involved in tumorigenesis and provide potential targets for diagnosis and treatment.

Our study has several limitations. First, this was a hospital-based cohort study and the control group might not accurately represent the general population. Second, owing to technical constraints, we could not verify gene expression through functional experiments in cells or animals. Moreover, beyond alcohol and smoking, other risk factors of ESCC, which include diet and nutrition, infection and microbiome, gastric atrophy, and family income, should be considered when defining subgroups. In a large-scale case-control study, the association of SNPs with disease progression will be further explored depending on the availability of complementary treatment modalities, efficacy evaluations, and long-term follow-up data.

## CONCLUSION

In summary, the mutant of GA genotype in ACVR1C rs4556933 G>A showed a suggestive association with a lower risk of ESCC, while rs77886248 T>A increased the susceptibility to ESCC, especially in older male smokers of Chinese Han population.

## FOOTNOTES

**Author contributions:** Yin J and Tan LJ conceptualized and designed the research; Yin J, Lv L, Long T, Pan HW, Qi JQ, Zhou Q and Tang WF screened patients and acquired clinical data; Yin J, Lv L and Long T collected blood specimen and performed laboratory analysis; Huang H and Lin SY performed Data analysis and wrote the first draft of the manuscript; Lin SY was responsible for data re-analysis and re-interpretation, figure plotting, comprehensive literature search, preparation and submission of the current version of the manuscript; Yu JJ, Su F and Zhang SY provided suggestions on the methodology and writing guidance; Jiang T and Wang LM helped revise the manuscript; Ding GW, Tan LJ and Yin J were responsible for study administration; All the authors have read and approved the final manuscript. Both Lin SY and Huang H have made crucial and indispensable contributions towards the completion of the project and thus qualified as the co-first authors of the paper. Both Tan LJ and Yin J have played important and indispensable roles in the experimental design, data interpretation and manuscript preparation as the co-corresponding authors. Yin J and Wang LM applied for and obtained the funds for this research project.

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**Informed consent statement:** All recruited participants were provided with informed consent.

**Conflict-of-interest statement:** All the authors report no relevant conflicts of interest for this article.

**Data sharing statement:** The dataset generated and analyzed during the current study are available in 1000Genomes project [1000G: PRJEB6930] from the NCBI SNP database. The genotype data of the selected SNPs used to support the findings of this study are available from the corresponding author on reasonable request at [jun\\_yin@fudan.edu.cn](mailto:jun_yin@fudan.edu.cn).

**STROBE statement:** The authors have read the STROBE Statement—checklist of items, and the manuscript was prepared and revised according to the STROBE Statement—checklist of items.

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Retrospective Cohort Study

# Transarterial chemoembolization combined with lenvatinib and sintilimab vs lenvatinib alone in intermediate-advanced hepatocellular carcinoma

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## Abstract

### BACKGROUND

Hepatocellular carcinoma (HCC) is the most common form of liver cancer that has limited treatment options and a poor prognosis. Transarterial chemoembolization (TACE) is the first-line treatment for intermediate-stage HCC but can induce tumour hypoxia, thereby promoting angiogenesis. Recent studies suggested that combining TACE with anti-angiogenic therapies and immunotherapy might improve efficacy. Lenvatinib, a tyrosine kinase inhibitor, has demonstrated superior outcomes compared to sorafenib, while immune checkpoint inhibitors such as sintilimab show potential when combined with TACE. However, the efficacy and safety of TACE combined with lenvatinib and sintilimab (TACE + SL) compared to TACE with lenvatinib alone (TACE + L) in patients with intermediate-advanced HCC has not yet been investigated.

### AIM

To evaluate the efficacy and safety of TACE + SL therapy in comparison to TACE + L therapy in patients with intermediate-advanced HCC.

### METHODS

A retrospective analysis was performed on patients with intermediate-advanced HCC who received TACE plus lenvatinib with or without sintilimab between September 2019 and September 2022. Baseline characteristics were compared, and propensity score matching was applied. Overall survival (OS), progression-free survival (PFS), and objective response rate (ORR) were evaluated between the two



groups, and adverse events were analyzed.

## RESULTS

The study included 57 patients, with 30 in the TACE + SL group and 27 in the TACE + L group. The TACE + SL group demonstrated significantly improved median PFS and OS compared to the TACE + L group (PFS: 14.1 months *vs* 9.6 months,  $P = 0.016$ ; OS: 22.4 months *vs* 14.1 months,  $P = 0.039$ ), along with a higher ORR (70.0% *vs* 55.6%). After propensity score matching, 30 patients were included, with the TACE + SL group again showing longer median PFS and a trend toward improved OS (PFS: 14.6 months *vs* 9.2 months,  $P = 0.012$ ; OS: 23.9 months *vs* 16.3 months,  $P = 0.063$ ), and a higher ORR (73.3% *vs* 53.3%). No severe adverse events were reported.

## CONCLUSION

TACE + SL demonstrated superior outcomes in terms of OS and PFS, compared to TACE + L. These findings suggest that the addition of sintilimab might enhance the therapeutic response in patients with intermediate-advanced HCC.

**Key Words:** Hepatocellular carcinoma; Transarterial chemoembolization; Sintilimab; Lenvatinib; Immunotherapy; Programmed cell death 1; Prognosis

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**Core Tip:** This study evaluates the efficacy and safety of combining transarterial chemoembolization (TACE) with lenvatinib and sintilimab compared to TACE with lenvatinib alone in patients with intermediate-advanced hepatocellular carcinoma. The results indicate that TACE with lenvatinib and sintilimab significantly improves overall survival (22.4 months *vs* 14.1 months) and progression-free survival (14.1 months *vs* 9.6 months), with a higher objective response rate (70% *vs* 55.6%). Notably, no severe adverse events were reported, suggesting that the combination therapy is effective and safe. These findings support the inclusion of sintilimab in hepatocellular carcinoma treatment regimens.

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## INTRODUCTION

Hepatocellular carcinoma (HCC), the most prevalent form of liver cancer, is a leading cause of cancer-related mortality worldwide[1,2]. Due to its usually asymptomatic in its early stages, HCC is frequently diagnosed at advanced stages, resulting in limited therapeutic options and a poor prognosis. Transarterial chemoembolization (TACE) is the recommended first-line treatment for intermediate-stage HCC[3]; however, it can induce tumour hypoxia, promoting angiogenesis and tumour progression[4]. Recent studies indicate that combining TACE with anti-angiogenic therapy and immunotherapy can improve treatment efficacy for advanced HCC[5]. Lenvatinib, a tyrosine kinase inhibitor, is approved as a first-line treatment for HCC and has demonstrated superior outcomes compared to sorafenib[6,7]. Additionally, the combination of immune checkpoint inhibitors, including programmed cell death 1 (PD-1) inhibitors such as sintilimab, with TACE has demonstrated promising results across various solid tumours, including liver cancer[8-13]. Sintilimab, with a favourable safety profile compared to other treatments, has shown efficacy in clinical trials, improving overall survival (OS) and objective response rates (ORRs) in patients with advanced HCC, making it a compelling choice for combination therapy in this population[14]. The effectiveness of combining TACE, lenvatinib, and immunotherapy (*e.g.*, sintilimab) in patients with intermediate-advanced HCC remains uncertain. This retrospective study aims to evaluate the potential benefits and prognostic impact of this combination therapy in improving patient outcomes. Specifically, the efficacy and safety of combining TACE with lenvatinib and sintilimab (TACE + SL) and TACE combined with lenvatinib alone (TACE + L) were compared.

## MATERIALS AND METHODS

### Patients

This retrospective analysis included all patients with intermediate-advanced HCC treated at the First Affiliated Hospital of Nanjing Medical University who received TACE plus lenvatinib, with or without sintilimab, between September 2019 and September 2022. The study was approved by the Institutional Ethics Review Boards and conducted in accordance

with the World Medical Association Declaration of Helsinki. Inclusion criteria were Barcelona Clinic Liver Cancer (BCLC) stage B or C, Child-Pugh class A5, A6, or B7, Eastern Cooperative Oncology Group performance status  $\leq 1$ , at least one assessable lesion, and  $\geq 1$  cycle of TACE plus lenvatinib with/without sintilimab. Exclusion criteria included  $< 1$  month of lenvatinib or sintilimab treatment, secondary primary malignancies, follow-up  $< 6$  months, incomplete clinical data, or loss to follow-up. Informed consent was waived due to the retrospective nature of the study.

### **TACE procedure**

TACE was initiated before the administration of lenvatinib and sintilimab. A percutaneous femoral or radial artery approach was used for intubation, followed by angiography to identify the tumour-feeding artery. Chemoembolization was performed using super-selective emulsions of epirubicin and iodised oil *via* microcatheters, followed by the injection of gelatine sponge fragments to embolise the blood vessels supplying the tumour. Post-TACE syndrome was recorded, and liver function indicators were assessed within 1 week of each TACE treatment.

### **Lenvatinib and sintilimab administration**

Lenvatinib was administered orally at a daily dose of 12 mg for patients weighing  $\geq 60$  kg or 8 mg for those weighing  $< 60$  kg. Sintilimab was administered intravenously at a dose of 200 mg within 1 week of the initial TACE procedure, followed by subsequent doses every 3 weeks. In the event of severe adverse events (AEs), sintilimab and lenvatinib doses were adjusted through dose reduction, suspension, or discontinuation to ensure patient safety and manage treatment-related toxicities.

### **Follow-up and assessment**

Patients were followed up every 6-8 weeks until the end of the study (June 30, 2023) or death. Follow-up assessments included routine physical examinations, laboratory blood tests, and contrast-enhanced computed tomography/magnetic resonance imaging scans to monitor treatment-related AEs. Tumour progression was assessed using the modified Response Evaluation Criteria in Solid Tumours. OS was defined as the time from treatment initiation to death from any cause or the most recent follow-up. Progression-free survival (PFS) was measured from treatment initiation to the date of disease progression. The ORR was calculated as the sum of complete responses and partial responses, while the disease control rate (DCR) included complete responses, partial responses, and stable disease.

### **Statistical analyses**

All statistical analyses were performed using IBM SPSS Statistics 26 software and R 4.1.2 software. Propensity score matching (PSM) was applied to minimize selection bias and reduce the influence of potential confounding factors. Due to the small sample size, continuous variables were dichotomised to ensure comparability between the groups. Baseline variables were compared using the  $\chi^2$  test or Fisher's exact test for categorical variables, and the Student's *t*-test or Mann-Whitney *U* test for quantitative data, as appropriate. Survival analysis was conducted using the Kaplan-Meier method, with the log-rank test used to compare survival curves between groups. Univariate Cox regression analysis was performed, and factors with a *P*-value of  $< 0.2$  were included in the multivariate regression using a backward stepwise selection approach ( $P < 0.05$  for significance). A *P*-value of  $< 0.05$  was considered statistically significant.

## **RESULTS**

### **Patients' characteristics**

This study enrolled 57 patients with HCC who met the inclusion criteria between September 2019 and September 2022 (Figure 1). The patients were divided into two groups: The TACE + SL group ( $n = 30$ ) and the TACE + L group ( $n = 27$ ), with ages ranging from 37 years to 80 years. The median follow-up duration was 19.2 months for the TACE + SL group and 17.5 months for the TACE + L group. Table 1 presents the clinical characteristics of the patients. PSM at a 1:1 ratio yielded 15 matched pairs. After matching, no statistically significant differences were observed in baseline characteristics between the two groups.

### **Efficacy outcomes**

Before PSM, the median OS was 22.4 months for the TACE + SL group and 14.1 months for the TACE + L group ( $P = 0.039$ ). The median PFS for the TACE + SL group was 14.1 months, compared to 9.6 months for the TACE + L group ( $P = 0.016$ ) (Figure 2A and B). After PSM, the median OS for the TACE + SL group increased to 23.9 months, while it was 16.3 months for the TACE + L group ( $P = 0.063$ ). The median PFS remained consistent, with 14.6 months in the TACE + SL group and 9.2 months in the TACE + L group ( $P = 0.012$ ) (Figure 2C and D). The 1-year and 2-year survival rates for the TACE + SL group were 93.3% and 40.0%, respectively, compared to 80.0% and 13.3% in the TACE + L group (Table 2).

### **Tumour responses**

Table 3 presents the tumour responses based on modified Response Evaluation Criteria in Solid Tumours. Before PSM, three patients (10.0%) in the TACE + SL group experienced disease progression, resulting in an ORR of 70.0% and a DCR of 90.0%. In contrast, 10 patients (37.0%) in the TACE + L group experienced disease progression, yielding an ORR of 55.6% and a DCR of 63.0%. After PSM, one patient (6.7%) in the TACE + SL group experienced disease progression, with an ORR of 73.3% and a DCR of 93.3%. Conversely, six patients (40.0%) in the TACE + L group experienced disease

Table 1 Patient characteristics before and after propensity score matching

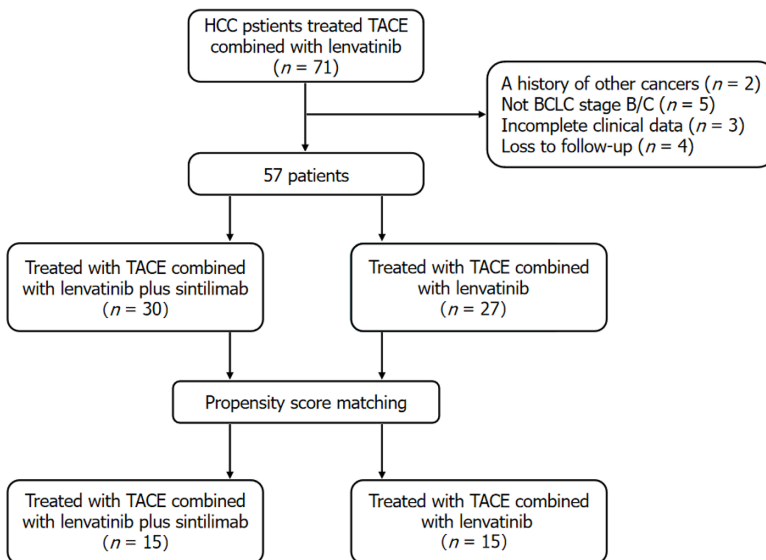
| Characteristic   | Before PSM |           |         | After PSM |           |         |
|------------------|------------|-----------|---------|-----------|-----------|---------|
|                  | TACE + L   | TACE + SL | P value | TACE + L  | TACE + SL | P value |
| Gender           |            |           | 1.00    |           |           | 1.00    |
| Female           | 3          | 3         |         | 2         | 1         |         |
| Male             | 24         | 27        |         | 13        | 14        |         |
| Age (year)       |            |           | 0.66    |           |           | 1.00    |
| ≥ 60             | 16         | 15        |         | 8         | 8         |         |
| < 60             | 11         | 15        |         | 7         | 7         |         |
| ECOG             |            |           | 1.00    |           |           | 0.43    |
| 0                | 7          | 8         |         | 3         | 6         |         |
| 1                | 20         | 22        |         | 12        | 9         |         |
| Etiology         |            |           | 0.49    |           |           | 0.65    |
| HBV              | 22         | 21        |         | 13        | 11        |         |
| Other            | 5          | 9         |         | 2         | 4         |         |
| Cirrhosis        |            |           | 1.00    |           |           | 1.00    |
| No               | 4          | 4         |         | 2         | 2         |         |
| Yes              | 23         | 26        |         | 13        | 13        |         |
| Tumor number     |            |           | 0.35    |           |           | 0.71    |
| ≥ 3              | 11         | 17        |         | 6         | 8         |         |
| < 3              | 16         | 13        |         | 9         | 7         |         |
| Tumor size (cm)  |            |           | 0.43    |           |           | 1.00    |
| ≥ 7              | 8          | 13        |         | 4         | 5         |         |
| < 7              | 19         | 17        |         | 11        | 10        |         |
| PVTT             |            |           | 0.05    |           |           | 1.00    |
| No               | 22         | 16        |         | 11        | 11        |         |
| Yes              | 5          | 14        |         | 4         | 4         |         |
| Metastases       |            |           | 1.00    |           |           | 0.33    |
| No               | 23         | 26        |         | 11        | 14        |         |
| Yes              | 4          | 4         |         | 4         | 1         |         |
| BCLC             |            |           | 0.03    |           |           | 1.00    |
| B                | 22         | 15        |         | 11        | 11        |         |
| C                | 5          | 15        |         | 4         | 4         |         |
| Child-Pugh class |            |           | 1.00    |           |           | 1.00    |
| A                | 25         | 27        |         | 14        | 15        |         |
| B                | 2          | 3         |         | 1         | 0         |         |
| AFP (ng/mL)      |            |           | 0.00    |           |           | 1.00    |
| ≥ 100            | 2          | 17        |         | 2         | 2         |         |
| < 100            | 25         | 13        |         | 13        | 13        |         |

PSM: Propensity score matching; TACE + L: Transarterial chemoembolization with lenvatinib alone; TACE + SL: Transarterial chemoembolization combined with lenvatinib and sintilimab; ECOG: Eastern Cooperative Oncology Group; PVTT: Portal vein tumour thrombosis; BCLC: Barcelona Clinic Liver Cancer; AFP: Alpha-fetoprotein; HBV: Hepatitis B virus.

**Table 2 Tumor response at 1 year based on modified response evaluation criteria in solid tumors, *n* (%)**

|           | Unmatched group           |                            | Matched group             |                            |
|-----------|---------------------------|----------------------------|---------------------------|----------------------------|
|           | TACE + L ( <i>n</i> = 27) | TACE + SL ( <i>n</i> = 30) | TACE + L ( <i>n</i> = 15) | TACE + SL ( <i>n</i> = 15) |
| CR        | 4 (14.8)                  | 6 (20.0)                   | 1 (6.7)                   | 2 (13.3)                   |
| PR        | 11 (40.7)                 | 15 (50.0)                  | 7 (46.7)                  | 9 (60.0)                   |
| SD        | 2 (7.4)                   | 6 (20.0)                   | 1 (6.7)                   | 3 (20.0)                   |
| PD        | 10 (37.0)                 | 3 (10.0)                   | 6 (40.0)                  | 1 (6.7)                    |
| ORR       | 15 (55.6)                 | 21 (70.0)                  | 8 (53.3)                  | 11 (73.3)                  |
| DCR       | 17 (63.0)                 | 27 (90.0)                  | 9 (60.0)                  | 14 (93.3)                  |
| 1-year OS | 19 (70.4)                 | 26 (86.7)                  | 12 (80)                   | 14 (93.3)                  |

TACE + L: Transarterial chemoembolization with lenvatinib alone; TACE + SL: Transarterial chemoembolization combined with lenvatinib and sintilimab; CR: Complete response; PR: Partial response; SD: Stable response; PD: Progressive disease; ORR: Objective response rate; DCR: Disease control rate; OS: Overall survival.



**Figure 1 Flow diagram of patient enrollment.** HCC: Hepatocellular carcinoma; TACE: Transarterial chemoembolization; BCLC: Barcelona Clinic Liver Cancer.

progression, leading to an ORR of 53.3% and a DCR of 60.0%. The ORR and DCR in the TACE + SL group were consistently higher than those in the TACE + L group before and after PSM.

### Subgroup analysis

The subgroup analyses of factors associated with OS and PFS are presented in [Supplementary Figure 1](#). The TACE + SL regimen demonstrated significantly longer PFS and OS among subgroups of patients with hepatitis B virus infection, absence of distant metastases, BCLC stage B, Child-Pugh class A, and alpha-fetoprotein (AFP) levels of  $\leq 100$  ng/mL.

### Safety outcomes

AEs occurring during treatment were evaluated and classified according to the Common Terminology Criteria for AEs version 5.0, considering their frequency and severity ([Table 2](#)). No treatment-related deaths were reported, and all observed toxicities were manageable. In the TACE + SL group, the most commonly reported AEs during TACE included nausea (76.7%), abdominal pain (73.3%), and fever (76.7%). During the administration of lenvatinib and sintilimab, the most common AEs were hand-foot syndrome (33.3%) and hypertension (40.0%). These AEs were generally categorized as mild to moderate.



**Table 3 Treatment-related adverse events, *n* (%)**

| Adverse events                | TACE + SL ( <i>n</i> = 30) |     |     | TACE + L ( <i>n</i> = 27) |     |     |
|-------------------------------|----------------------------|-----|-----|---------------------------|-----|-----|
| Toxicity grade                | /                          | 1/2 | 3/4 | /                         | 1/2 | 3/4 |
| Diarrhea                      | 6 (20.0)                   | 4   | 2   | 5 (18.5)                  | 3   | 2   |
| Transaminitis                 | 14 (46.7)                  | 12  | 2   | 13 (48.1)                 | 8   | 5   |
| Hand-foot skin reactions      | 10 (33.3)                  | 7   | 3   | 7 (25.9)                  | 6   | 1   |
| Nausea with/ without vomiting | 23 (76.7)                  | 20  | 3   | 17 (63.0)                 | 15  | 2   |
| Abdominal pain                | 22 (73.3)                  | 18  | 4   | 22 (81.5)                 | 19  | 3   |
| Fatigue                       | 9 (30.0)                   | 6   | 3   | 7 (25.9)                  | 5   | 2   |
| Fever                         | 23 (76.7)                  | 20  | 3   | 17 (63.0)                 | 15  | 2   |
| Decreased WBC/PLT count       | 7 (23.3)                   | 5   | 2   | 9 (33.3)                  | 7   | 2   |
| Thrombopenia                  | 8 (26.7)                   | 7   | 1   | 3 (11.1)                  | 2   | 1   |
| Decreased appetite            | 5 (16.7)                   | 5   | 0   | 8 (30.0)                  | 8   | 0   |
| Hypertension                  | 12 (40.0)                  | 9   | 3   | 7 (26.0)                  | 4   | 3   |
| Hypothyroidism                | 7 (23.3)                   | 6   | 1   | /                         | /   | /   |
| Proteinuria                   | 0 (0.0)                    | 0   | 0   | 1 (3.7)                   | 0   | 1   |

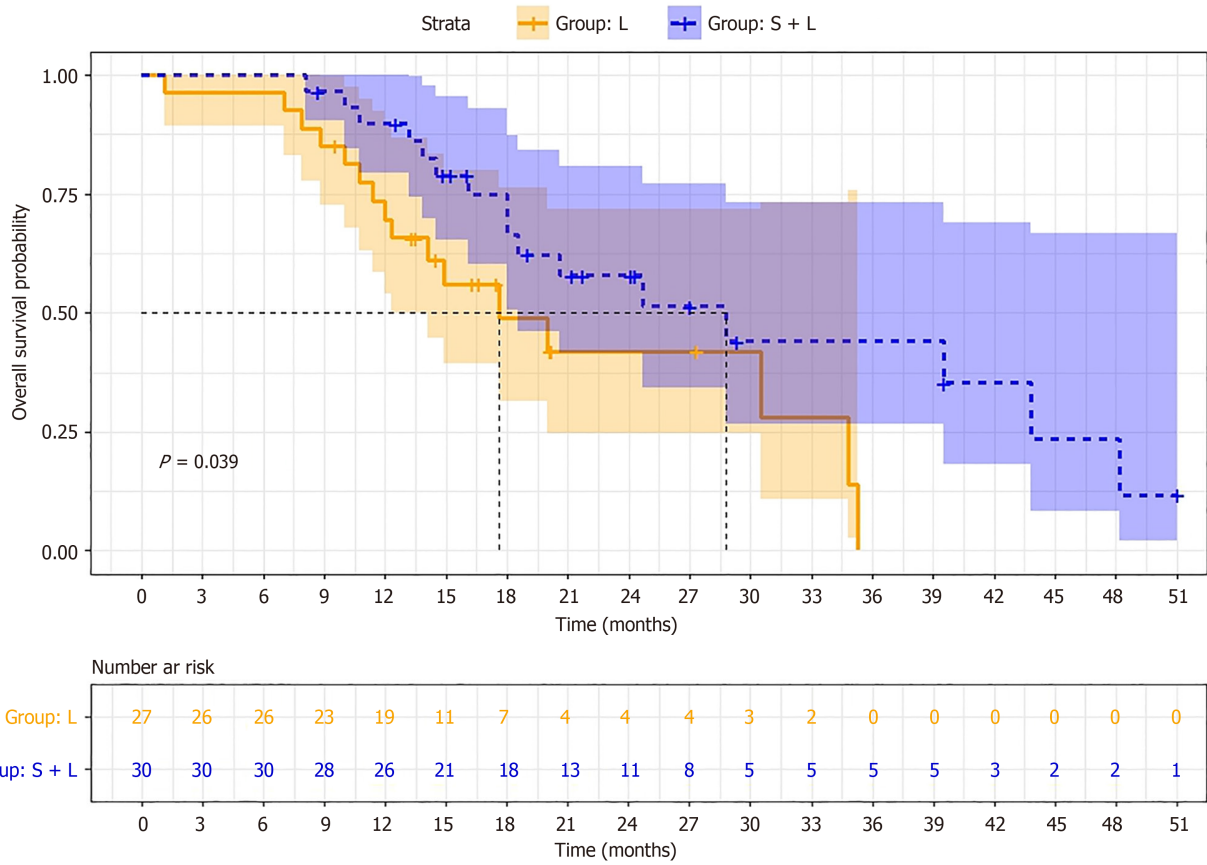
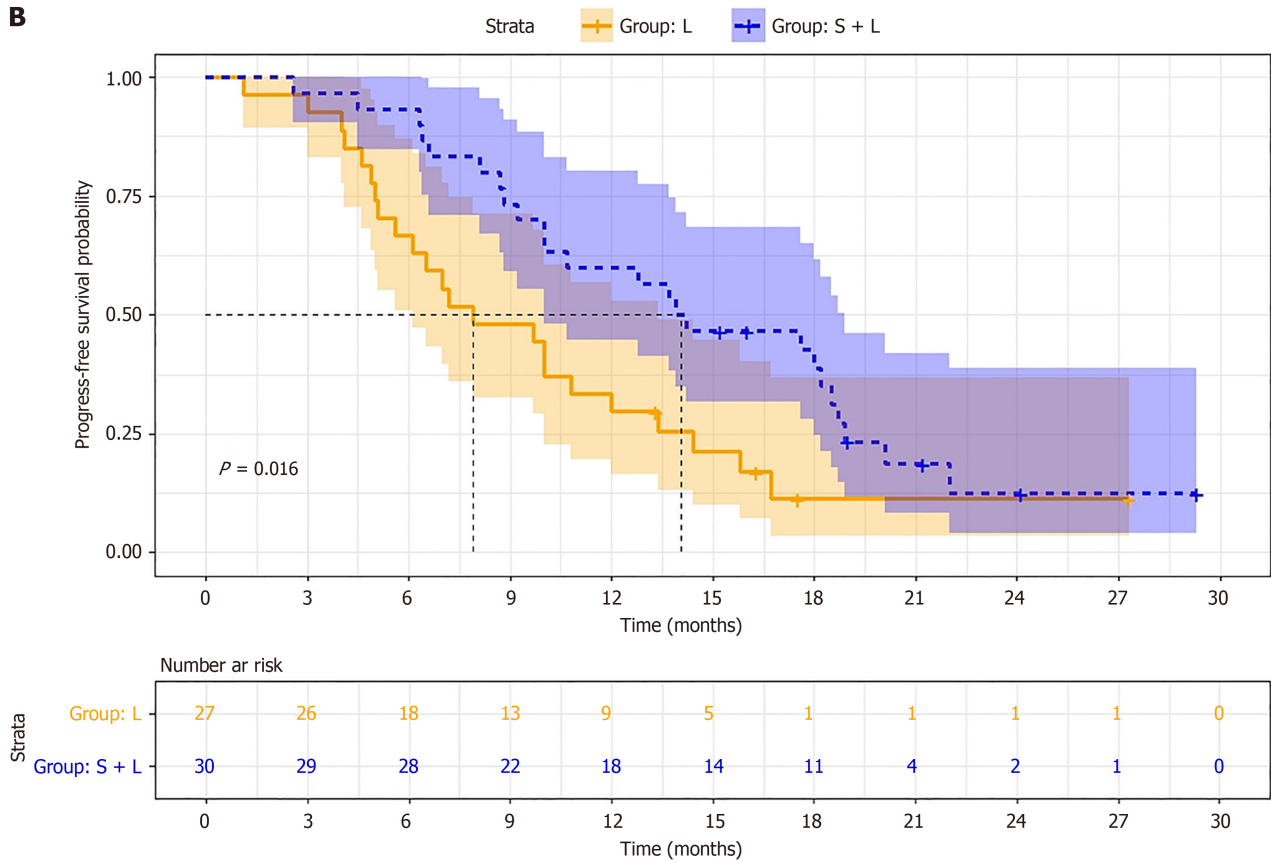
TACE + L: Transarterial chemoembolization with lenvatinib alone; TACE + SL: Transarterial chemoembolization combined with lenvatinib and sintilimab; WBC: White blood cell; PLT: Platelet.

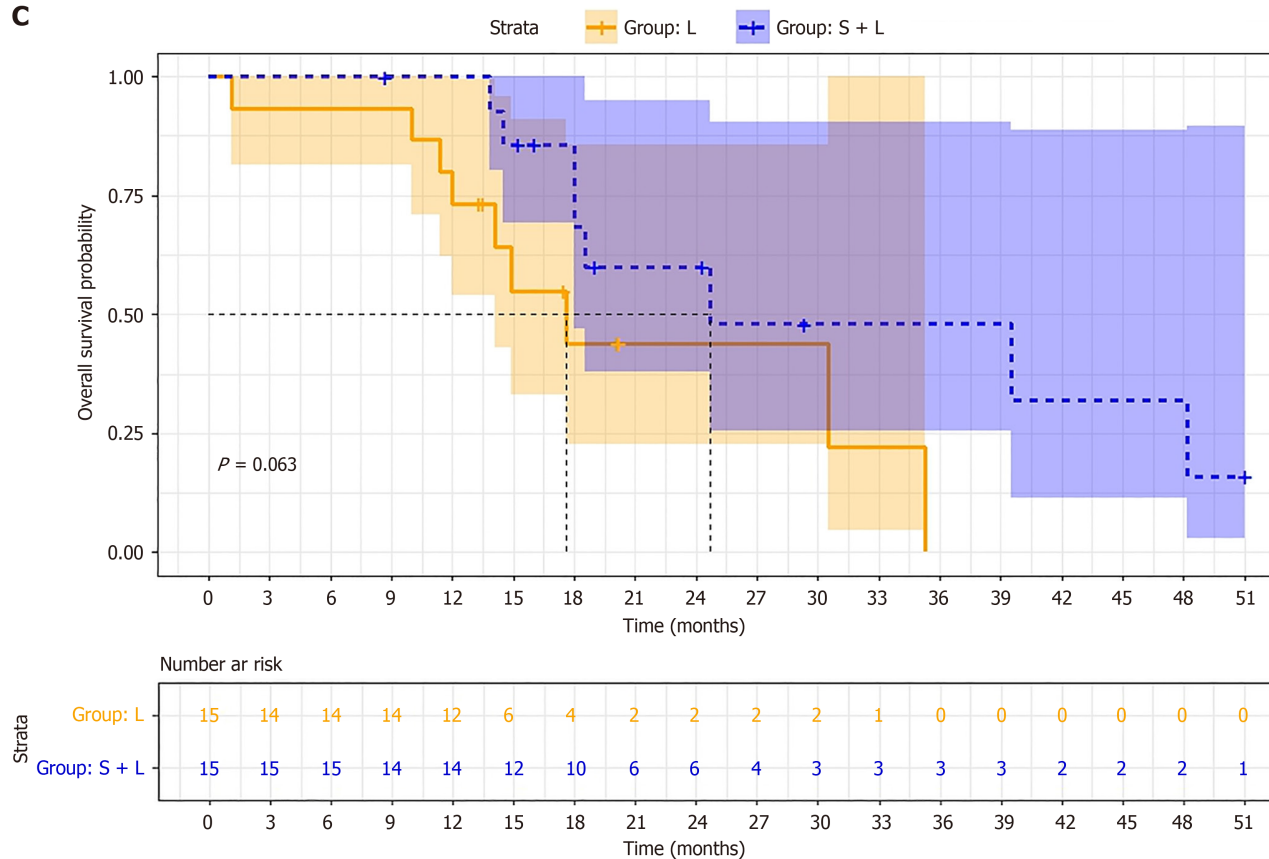
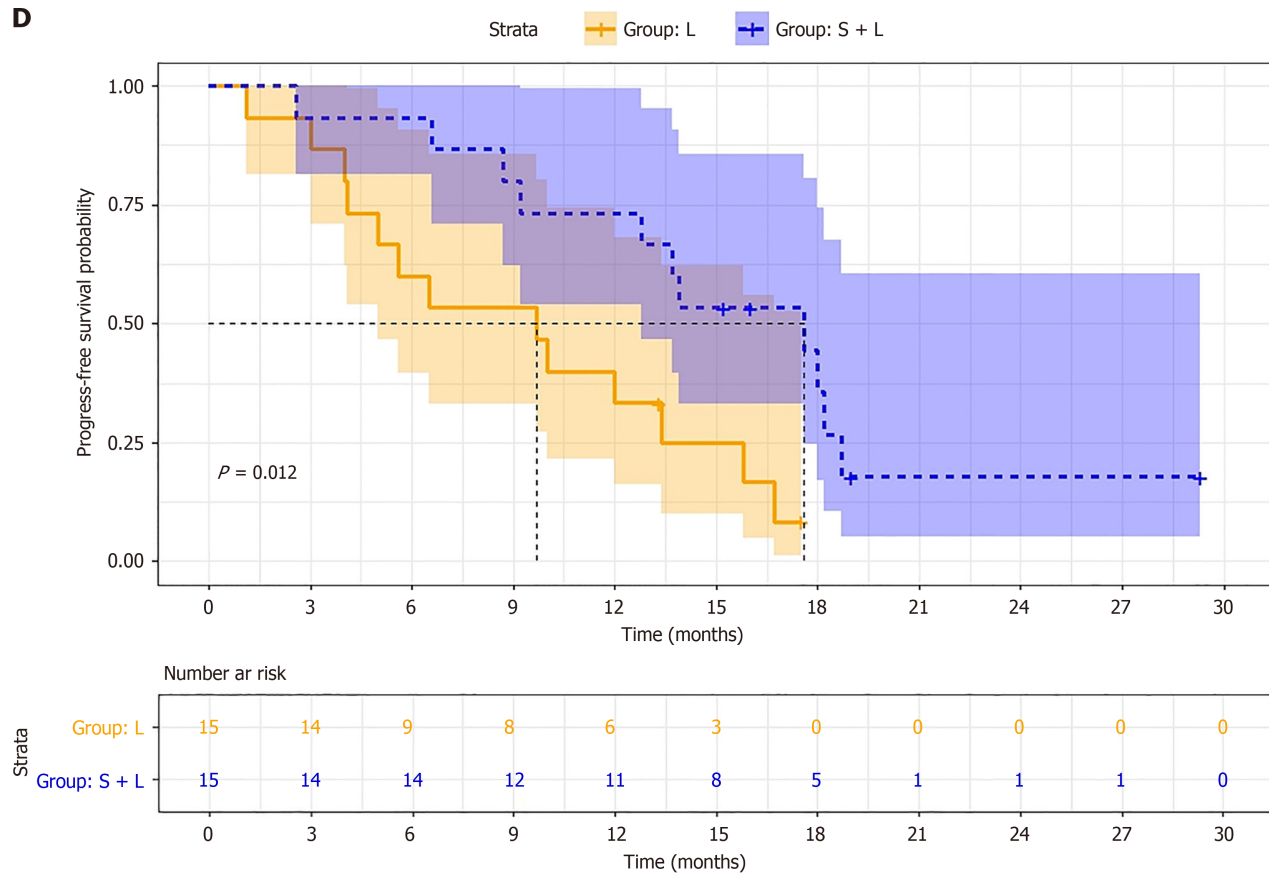
## DISCUSSION

This study evaluated the efficacy and safety of the TACE + SL regimen with the TACE + L regimen in treating patients with intermediate-advanced HCC. Our findings indicate that the TACE + SL regimen was associated with improved OS and PFS compared to the TACE + L regimen. These results suggest that the addition of lenvatinib and sintilimab to TACE might offer enhanced therapeutic benefits for patients with intermediate-advanced HCC. The improved outcomes observed in the TACE + SL group could be attributed to several factors. Firstly, lenvatinib, a multi-kinase inhibitor, has demonstrated efficacy as a first-line therapy for unresectable HCC[7,15,16]. Lenvatinib targets multiple angiogenic and oncogenic pathways, resulting in tumour regression and prolonged survival. By combining lenvatinib with TACE, the anti-tumour effect of TACE might be augmented, potentially inhibiting tumour progression[17-19]. Secondly, sintilimab, an anti-PD-1 monoclonal antibody, has shown promising efficacy across various cancers, including HCC[11,20]. By blocking the PD-1/programmed death ligand-1 interaction, sintilimab enhances the immune response, thereby restoring the anti-tumour immune response. When used in combination with TACE, sintilimab might further enhance immune-mediated tumour cell elimination, thereby improving overall treatment response.

Before PSM, baseline differences between the two groups, including portal vein tumour thrombosis (PVTT), BCLC stage, and AFP levels, could have influenced treatment outcomes. It is well established that PVTT, BCLC stage C, and elevated AFP levels are associated with poor prognosis in patients with HCC. Despite having a higher proportion of patients with PVTT, more advanced BCLC stages, and elevated AFP levels, the TACE + SL group exhibited longer OS and PFS compared to the TACE + L group. Subgroup analyses further suggested that the TACE + SL regimen might offer better prognostic outcomes, particularly among patients with hepatitis B virus infection, absence of distant metastases, BCLC stage B, Child-Pugh class A, and AFP ≤ 100 ng/mL. However, given the small sample size, the robustness of these subgroup results might be limited. After PSM, which balanced baseline characteristics between the two groups, no statistically significant difference in median OS was observed between the TACE + SL and TACE + L groups ( $P = 0.063$ ). This lack of significance may be attributable to the small sample size and the fact that more patients in the TACE + SL group had not yet reached the endpoint due to a shorter follow-up period. However, the TACE + SL group demonstrated superior median PFS compared to the TACE + L group, suggesting the potential for longer OS in further studies. Patients with PVTT, BCLC stage C, and higher AFP levels might benefit more from the TACE + SL regimen compared to the TACE + L regimen. Therefore, large-scale clinical trials and mechanistic studies are required shortly.

The safety profile of the TACE + SL regimen was manageable, with no treatment-related deaths reported. The most common AEs reported during treatment included nausea, abdominal pain, fever, hand-foot syndrome, and hypertension. These AEs were generally mild to moderate in severity and did not significantly affect the patient's overall well-being. These findings align with those of previous studies on combination therapies for intermediate-advanced HCC[21,22]. Appropriate management and monitoring of these AEs were implemented throughout the study to ensure patient safety and optimize treatment outcomes. This study has certain limitations. First, the retrospective design and relatively small sample size might affect the generalizations and robustness of the findings. To enhance the reliability of these results, future investigations should include larger, multicentre cohorts with extensive follow-up periods, providing more

**A**

**B**


**C**

**D**


**Figure 2 Kaplan-Meier survival for overall survival.** A and B: Kaplan-Meier survival for overall survival and progression-free survival before propensity score matching; C and D: Kaplan-Meier survival for overall survival and progression-free survival after propensity score matching. Yellow and blue areas: Confidence

intervals. S + L: Sintilimab and lenvatinib; L: Lenvatinib.

comprehensive data on the long-term efficacy and safety of the combined TACE + SL regimen and strengthening the evidence base for this therapeutic approach. Second, the focus on patients with intermediate-advanced HCC raises concerns about the applicability of the findings to individuals with early-stage disease. Future research should investigate the efficacy and safety of the TACE + SL regimen across different stages of HCC, including early-stage patients. This could involve stratifying populations by disease stage and using randomized controlled trials to draw more definitive conclusions. Addressing these limitations will contribute to a more nuanced understanding of treatment modalities for HCC in subsequent studies.

## CONCLUSION

In conclusion, our study demonstrated that the TACE + SL regimen is a promising treatment option for patients with intermediate-advanced HCC. The addition of lenvatinib and sintilimab to TACE improved OS and PFS compared to TACE combined with lenvatinib alone.

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## FOOTNOTES

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Retrospective Cohort Study

# Multiparameter magnetic resonance imaging-based radiomics model for the prediction of rectal cancer metachronous liver metastasis

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## Abstract

### BACKGROUND

The liver, as the main target organ for hematogenous metastasis of colorectal cancer, early and accurate prediction of liver metastasis is crucial for the diagnosis and treatment of patients. Herein, this study aims to investigate the application value of a combined machine learning (ML) based model based on the multiparameter magnetic resonance imaging for prediction of rectal metachronous liver metastasis (MLM).

### AIM

To investigate the efficacy of radiomics based on multiparametric magnetic resonance imaging images of preoperative first diagnosed rectal cancer in predicting MLM from rectal cancer.

### METHODS

We retrospectively analyzed 301 patients with rectal cancer confirmed by surgical pathology at Jingzhou Central Hospital from January 2017 to December 2023. All participants were randomly assigned to the training or validation queue in a 7:3 ratio. We first apply generalized linear regression model (GLRM) and random forest model (RFM) algorithm to construct an MLM prediction model in the training queue, and evaluate the discriminative power of the MLM prediction model using area under curve (AUC) and decision curve analysis (DCA). Then, the robustness and generalizability of the MLM prediction model were evaluated based on the internal validation set between the validation queue groups.

### RESULTS

Among the 301 patients included in the study, 16.28% were ultimately diagnosed with MLM through pathological examination. Multivariate analysis showed that carcinoembryonic antigen, and magnetic resonance imaging radiomics were independent predictors of MLM. Then, the GLRM prediction model was deve-

loped with a comprehensive nomogram to achieve satisfactory differentiation. The prediction performance of GLRM in the training and validation queue was 0.765 [95% confidence interval (CI): 0.710-0.820] and 0.767 (95%CI: 0.712-0.822), respectively. Compared with GLRM, RFM achieved superior performance with AUC of 0.919 (95%CI: 0.868-0.970) and 0.901 (95%CI: 0.850-0.952) in the training and validation queue, respectively. The DCA indicated that the predictive ability and net profit of clinical RFM were improved.

## CONCLUSION

By combining multiparameter magnetic resonance imaging with the effectiveness and robustness of ML-based predictive models, the proposed clinical RFM can serve as an insight tool for preoperative assessment of MLM risk stratification and provide important information for individual diagnosis and treatment of rectal cancer patients.

**Key Words:** Rectal cancer; Metachronous liver metastases; Magnetic resonance imaging; Radiomics; Machine learning

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**Core Tip:** In recent years, with the rapid development of data and information technology, imaging omics has been gradually applied in the clinical diagnosis and treatment of tumors, as it can non-invasively extract high-throughput heterogeneity information within tumors and integrate patient clinical information to improve the accuracy of models. Up to now, imaging omics models based on computed tomography or magnetic resonance imaging (MRI) images have shown potential application value in preoperative T and N staging and efficacy evaluation of rectal cancer. However, there is currently very little imaging omics research based on MRI of primary rectal cancer tumors. In fact, MRI is the most accurate imaging method for diagnosing rectal cancer, which can better display the invasion of adjacent lymph nodes, blood vessels, or surrounding organs by primary rectal cancer tumors. In view of this, this study attempts to establish a non-invasive preoperative prediction model for metachronous liver metastasis in rectal cancer based on the imaging omics features of the initial diagnosis MRI images of rectal cancer, combined with machine learning algorithms, and verify its effectiveness. This will provide clinical assistance for clinicians to make personalized monitoring and treatment decision.

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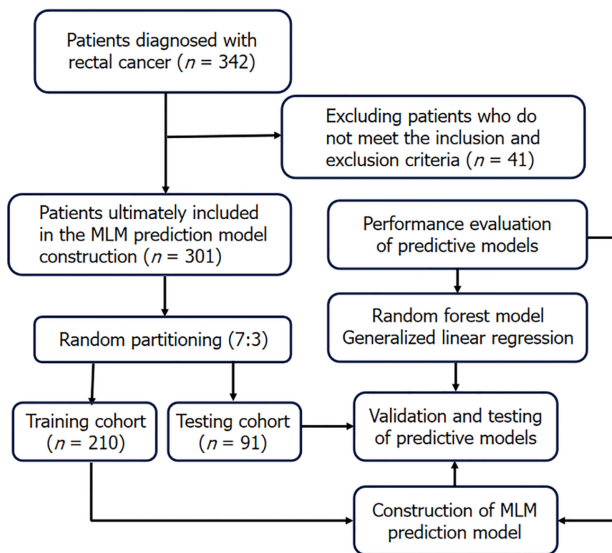
**DOI:** <https://dx.doi.org/10.4251/wjgo.v17.i1.96598>

## INTRODUCTION

Throughout the world, colorectal cancer is a common malignant tumor of the digestive system, with its incidence rate and mortality ranking top[1]. According to the statistics of global cancer statistics, the global incidence rate and mortality of colorectal cancer in 2020 will be 10% and 9.4% respectively[2-4]. The liver, as the most common target organ for hematogenous metastasis of gastrointestinal malignant tumors, is also the most susceptible site for rectal cancer metastasis[5]. Previous studies have shown that approximately 35% to 55% of rectal cancer patients experience liver metastasis, and ultimately about 40% to 50% of rectal cancer patients die from liver metastasis[6-8]. At present, surgical resection of liver metastases is the only possible method for rectal cancer patients with liver metastases to achieve cure or prolong survival, and patients who can accept radical resection of liver metastases have a significantly higher 5-year survival rate than those who cannot be completely removed[9,10]. In addition, the more 15% to 25% of rectal cancer patients are diagnosed or undergo rectal cancer radical surgery without liver metastasis, the more likely they may eventually develop rectal metachronous liver metastasis (MLM) as the condition progresses[11,12]. Therefore, early detection and prediction of liver metastasis in rectal cancer and effective clinical intervention are crucial for the survival and prognosis of rectal cancer patients.

Up to now, there is no effective research method that can accurately predict the MLM of rectal cancer. There are studies based on computed tomography (CT) images of liver parenchyma to predict MLM by obtaining intensity features (such as grayscale values, entropy values, etc.), but the clinical promotion value is limited[13-15]. Previous researchers have attempted to analyze the association between clinical baseline features (such as tumor markers, lymph node metastasis status, etc.) and liver metastasis in rectal cancer, but there is currently no consensus or clear understanding of the relationship between MLM and clinical pathological parameters[16,17]. In addition, some scholars have studied the impact of gene mutations such as *KRAS*/*NRAS* on MLM, but genomics is an invasive examination that is expensive and difficult to widely promote in rectal cancer patients[18]. In view of this, it is urgent to seek convenient and high-precision prediction models that can be used to predict MLM to assist clinical decision-making.

In recent years, with the rapid development of data and information technology, imaging omics has been gradually applied in the clinical diagnosis and treatment of tumors, as it can non-invasively extract high-throughput heterogeneity information within tumors and integrate patient clinical information to improve the accuracy of models. Up to now, imaging omics models based on CT or magnetic resonance imaging (MRI) images have shown potential application value



**Figure 1** Patient inclusion and prediction model construction process. MLM: Metachronous liver metastasis.

in preoperative T and N staging and efficacy evaluation of rectal cancer[19,20]. However, there is currently very little imaging omics research based on MRI of primary rectal cancer tumors. In fact, MRI is the most accurate imaging method for diagnosing rectal cancer, which can better display the invasion of adjacent lymph nodes, blood vessels, or surrounding organs by primary rectal cancer tumors. In view of this, this study attempts to establish a non-invasive preoperative prediction model for MLM in rectal cancer based on the imaging omics features of the initial diagnosis MRI images of rectal cancer, combined with machine learning (ML) algorithms, and verify its effectiveness. This will provide clinical assistance for clinicians to make personalized monitoring and treatment decision.

## MATERIALS AND METHODS

### Patients

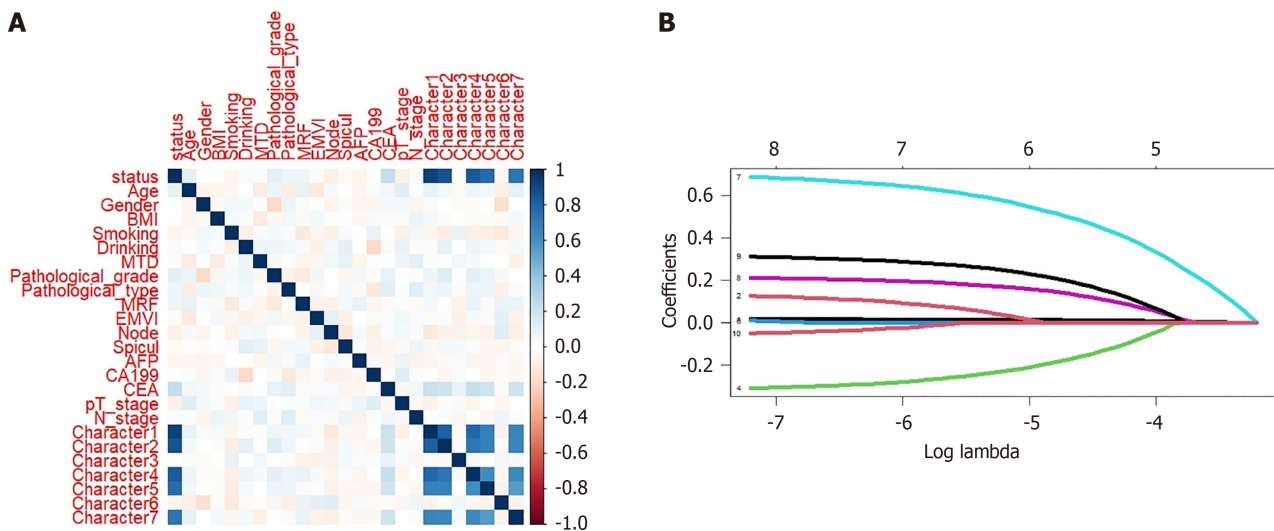
We retrospectively analyzed 301 patients with rectal cancer confirmed by surgical pathology at Jingzhou Central Hospital from January 2017 to December 2023. The inclusion criteria are as follows: (1) Patients confirmed by postoperative histopathology to have rectal adenocarcinoma; (2) Patients with regular follow-up before and after treatment, and complete follow-up imaging and clinical data; (3) Patients who were diagnosed with rectal cancer for the first time but did not find distant metastasis on enhanced CT or MRI; and (4) Patients who have no history of other primary malignant tumors and have not received anti-tumor treatment before their initial diagnosis. Exclusion criteria: (1) Patients confirmed by histopathology to have rectal mucinous adenocarcinoma (*i.e.*, due to the high malignancy of rectal mucinous adenocarcinoma and potential risk of metastasis); and (2) Patients with poor MR image quality or severe artifacts that cannot meet the analysis requirements. This study has been approved by the Ethics Committee of Jingzhou Central Hospital and complies with the Helsinki Declaration. All included patients were exempt from informed consent (No. 2024-154-01). The process and predictive model construction for patients included in the study were summarized in Figure 1.

### Acquisition of rectal MRI images

Region of interest (ROI) drawing and radiomics feature extraction: A radiologist with more than 5 years of experience in abdominal and pelvic MRI diagnosis refers to all sequence images to determine the specific location and boundary of the primary tumor of rectal cancer on high-definition T2 weighted imaging (HD T2WI), diffusion weighted imaging (DWI) ( $b = 1000$ ). The region of interest was drawn layer by layer on the image and reviewed by a senior radiologist with more than 10 years of experience in abdominal and pelvic MRI diagnosis. The ROIs of all layers of the entire tumor are fused to form a three-dimensional morphology of the tumor. Finally, the minimum absolute shrinkage and selection operator algorithm is used to extract and screen radiomic features related to MLM (including first-order features, morphological features, and second-order texture features, high-order texture features).

### MRI imaging data collection and analysis

As shown in Supplementary Figure 1, the DWI ( $b = 1000$ ) and oblique axial HD T2WI images in MRI of patients with rectal cancer were imported into ITK-SNAP software. We used the Z-Score standard to resample and normalize the original data to achieve image resampling and normalization. The gray value of the image is adjusted to the standard normal distribution. At the same time, consistency analysis is performed before screening radiomics features to eliminate radiomics features with poor consistency.



**Figure 2 Selection of metachronous liver metastasis candidate predictive variables based on least absolute shrinkage and selection operator regression.** A: Spearman correlation analysis; B: Least absolute shrinkage and selection operator regression analysis. BMI: Body mass index; MTD: Maximum tumor diameter; MRF: Mesenteric fascia; AFP: Alpha fetoprotein; CA: Carbohydrate antigen; CEA: Carcinoembryonic antigen.

### Construction and validation of imaging-based radiomics MLM model

We adopted two commonly used ML algorithm prediction models in this MLM prediction, namely: Generalized linear regression model (GLRM) and random forest model (RFM). In addition, we also used the least absolute shrinkage and selection operator (LASSO) algorithm to reduce the dimensionality of the radiomics features extracted from the training set, and then used logistic regression analysis on the reduced feature set to construct radiomics labels and obtain each patient label score to reflect the risk of MLM. Screen radiomic features related to MLM. The prediction performance of the prediction model in the training set and validation set was evaluated using the receiver operating characteristic curve [*i.e.*, accuracy, sensitivity, specificity, and area under the curve (AUC)] and decision curve analysis. The DeLong test was used to compare AUCs between prediction models to select the radiomics prediction model with the best prediction performance.

### Statistical analysis

In this study, statistical analysis and visualization of clinical baseline characteristics of patients between the MLM group and the non-MLM group were implemented using R software (version 4.2.3). All comparisons involving categorical variables (*i.e.*, percentile counts) were performed using the  $\chi^2$  test. If the continuous variables (*i.e.*, mean  $\pm$  SD) conformed to the normal distribution, the *t* test was used. If they did not conform to the normal distribution, the Mann-Whitney *U* test was used. *P* less than 0.05 was considered as statistically significant difference between groups.

## RESULTS

### Patients' characteristics and radiomics features

Our study included 301 rectal cancer patients who underwent MR examination before treatment. Among them, 49 patients developed liver metastasis within 24 months after diagnosis of rectal cancer, including 22 males and 27 females. The average time for liver metastasis was  $8.61 \pm 6.50$  months. In addition, the median follow-up time for all patients was 23.5 months. We also extracted 40 radiomics features from each patient's HD T2WI and DWI images, and ultimately found that there were five radiomics features compared between the MLM and nMLM groups [*i.e.* T2\_wavelet.LHL\_firstorder\_RobustMeanAbsoluteDeviation (Character 1), T1\_log.sigma.1.0.mm.3D\_firstorder\_Kurtosis (Character 2), ADC\_wavelet.LHL\_gldm\_LargeDepenceHighGrayLevelEmphasis (Character 4), ADC\_wavelet.HLL\_glrml\_LongRun-HighGrayLeveEmphasis (Character 5), T1\_wavelet.HHL\_glszm\_GrayLevelNonUniformity (Character 7)]. The clinical baseline characteristics of all patients are summarized in Table 1 and Supplementary Table 1.

### Candidate predictive factors selection related to MLM

We applied LASSO analysis to obtain the optimal feature subset from candidate MRI imaging parameters, and finally screen five imaging parameter candidate variables based on the parameter weights in the subset, namely feature 1, feature 2, feature 4, feature 5, and feature 7 (Figure 2). Additionally, multivariate logistic regression analysis was conducted to determine independent risk factors for MLM. The results showed that feature 1 [odds ratio (OR) = 1.19; 95% confidence interval (CI): 0.87-2.16], feature 2 (OR = 2.58; 95% CI: 1.14-3.99), feature 4 (OR = 1.13; 95% CI: 0.61-1.94), feature 5 (OR = 0.91; 95% CI: 0.19-2.06), and feature 7 (OR = 2.09; 95% CI: 1.05-3.55) were significantly associated with the occurrence of MLM (Table 2).

**Table 1 Patient baseline characteristics and magnetic resonance imaging radiomics parameters, *n* (%)**

| Variables                             | Overall ( <i>n</i> = 301) | MLM ( <i>n</i> = 49) | Non-MLM ( <i>n</i> = 252) | <i>P</i> value |
|---------------------------------------|---------------------------|----------------------|---------------------------|----------------|
| Age [median (IQR)]                    | 46.00 (31.00, 58.00)      | 51.00 (32.00, 60.00) | 44.50 (30.00, 57.00)      | 0.074          |
| Gender                                |                           |                      |                           |                |
| Male                                  | 136 (45.2)                | 22 (44.9)            | 114 (45.2)                | 1.000          |
| Female                                | 165 (54.8)                | 27 (55.1)            | 138 (54.8)                |                |
| BMI, kg/m <sup>2</sup> [median (IQR)] | 23.50 (20.80, 26.10)      | 22.90 (20.70, 26.60) | 23.55 (20.80, 26.02)      | 0.870          |
| Smoking                               |                           |                      |                           |                |
| Yes                                   | 140 (46.5)                | 26 (53.1)            | 114 (45.2)                | 0.396          |
| No                                    | 161 (53.5)                | 23 (46.9)            | 138 (54.8)                |                |
| Drinking                              |                           |                      |                           |                |
| Yes                                   | 142 (47.2)                | 22 (44.9)            | 120 (47.6)                | 0.847          |
| No                                    | 159 (52.8)                | 27 (55.1)            | 132 (52.4)                |                |
| MTD, cm                               |                           |                      |                           |                |
| ≤ 4                                   | 147 (48.8)                | 25 (51.0)            | 122 (48.4)                | 0.859          |
| > 4                                   | 154 (51.2)                | 24 (49.0)            | 130 (51.6)                |                |
| Pathological grade                    |                           |                      |                           |                |
| I-II                                  | 142 (47.2)                | 17 (34.7)            | 125 (49.6)                | 0.079          |
| III                                   | 159 (52.8)                | 32 (65.3)            | 127 (50.4)                |                |
| Pathological type                     |                           |                      |                           |                |
| Infiltrating                          | 38 (12.6)                 | 4 (8.2)              | 34 (13.5)                 | 0.700          |
| Ulcerative                            | 111 (36.9)                | 18 (36.7)            | 93 (36.9)                 |                |
| Cauliflower                           | 74 (24.6)                 | 12 (24.5)            | 62 (24.6)                 |                |
| Uplift                                | 78 (25.9)                 | 15 (30.6)            | 63 (25.0)                 |                |
| MRF                                   |                           |                      |                           |                |
| Yes                                   | 162 (53.8)                | 23 (46.9)            | 139 (55.2)                | 0.368          |
| No                                    | 139 (46.2)                | 26 (53.1)            | 113 (44.8)                |                |
| EMVI                                  |                           |                      |                           |                |
| Yes                                   | 154 (51.2)                | 26 (53.1)            | 128 (50.8)                | 0.893          |
| No                                    | 147 (48.8)                | 23 (46.9)            | 124 (49.2)                |                |
| Node                                  |                           |                      |                           |                |
| Yes                                   | 133 (44.2)                | 26 (53.1)            | 107 (42.5)                | 0.226          |
| No                                    | 168 (55.8)                | 23 (46.9)            | 145 (57.5)                |                |
| Spicule                               |                           |                      |                           |                |
| Yes                                   | 164 (54.5)                | 28 (57.1)            | 136 (54.0)                | 0.801          |
| No                                    | 137 (45.5)                | 21 (42.9)            | 116 (46.0)                |                |
| AFP, ng/mL [median (IQR)]             | 2.81 (2.25, 3.41)         | 2.69 (2.16, 3.32)    | 2.82 (2.27, 3.42)         | 0.334          |
| CA199, U/mL [median (IQR)]            | 9.61 (6.60, 12.66)        | 9.83 (6.64, 11.47)   | 9.59 (6.54, 12.73)        | 0.856          |
| CEA, ng/mL [median (IQR)]             |                           |                      |                           |                |
| 0-5                                   | 167 (55.5)                | 14 (28.6)            | 153 (60.7)                | < 0.001        |
| ≥ 5                                   | 134 (44.5)                | 35 (71.4)            | 99 (39.3)                 |                |
| pT stage                              |                           |                      |                           |                |
| T2                                    | 158 (52.5)                | 30 (61.2)            | 128 (50.8)                | 0.237          |



|                            |                         |                         |                         |         |
|----------------------------|-------------------------|-------------------------|-------------------------|---------|
| T3                         | 143 (47.5)              | 19 (38.8)               | 124 (49.2)              |         |
| N stage                    |                         |                         |                         |         |
| N0                         | 94 (31.2)               | 16 (32.7)               | 78 (31.0)               | 0.936   |
| N1                         | 102 (33.9)              | 17 (34.7)               | 85 (33.7)               |         |
| N2                         | 105 (34.9)              | 16 (32.7)               | 89 (35.3)               |         |
| Character 1 [median (IQR)] | 0.46 (0.31, 0.63)       | 1.65 (1.44, 1.98)       | 0.41 (0.28, 0.55)       | < 0.001 |
| Character 2 [median (IQR)] | 8.70 (7.70, 9.60)       | 13.00 (11.80, 14.80)    | 8.30 (7.57, 9.10)       | < 0.001 |
| Character 3 [median (IQR)] | 169.30 (140.90, 198.10) | 167.80 (145.20, 194.70) | 172.25 (139.95, 198.25) | 0.976   |
| Character 4 [median (IQR)] | 1.70 (1.20, 2.40)       | 4.50 (3.60, 5.10)       | 1.60 (1.10, 2.10)       | < 0.001 |
| Character 5 [median (IQR)] | 3.60 (2.90, 4.20)       | 6.70 (4.80, 8.80)       | 3.40 (2.70, 4.00)       | < 0.001 |
| Character 6 [median (IQR)] | 32.30 (22.30, 42.50)    | 29.80 (23.00, 39.30)    | 32.75 (22.08, 43.00)    | 0.364   |
| Character 7 [median (IQR)] | 4.20 (2.80, 5.30)       | 7.20 (5.90, 8.10)       | 3.75 (2.60, 4.80)       | < 0.001 |

MLM: Metachronous liver metastasis; IQR: Interquartile range; BMI: Body mass index; MTD: Maximum tumor diameter; MRF: Mesenteric fascia; EMVI: Extramural venous invasion; AFP: Alpha fetoprotein; CA199: Carbohydrate antigen 199; CEA: Carcinoembryonic antigen; Character 1: T2\_wavelet.LHL\_firstorder\_RobustMeanAbsoluteDeviation; Character 2: T1\_log.sigma10.mm.3D\_firstorder\_Kurtosis; Character 3: T1\_lbp.3D.m1\_firstorder\_Skewness; Character 4: ADC\_wavelet.LHL\_gldm\_LargeDepenceHighGrayLevelEmphasis; Character 5: ADC\_wavelet.HLL\_gIrlm\_LongRunHighGrayLeveEmphasis; Character 6: T1\_log.sigma30.mm.3D\_gIrlm\_GrayLevelNonUniformity; Character 7: T1\_wavelet.HHL\_glszm\_GrayLevelNonUniformity.

**Table 2 Selection of metachronous liver metastasis predictive variables based on logistic regression**

| Variables                             | Univariate |           |         | Multivariate |       |         |
|---------------------------------------|------------|-----------|---------|--------------|-------|---------|
|                                       | OR         | 95%CI     | P value | OR           | 95%CI | P value |
| Age [median (IQR)]                    | 1.02       | 0.55-1.72 | > 0.05  |              |       |         |
| Gender                                |            |           |         |              |       |         |
| Male                                  | 1.00       |           |         |              |       |         |
| Female                                | 0.86       | 0.23-1.02 | > 0.05  |              |       |         |
| BMI, kg/m <sup>2</sup> [median (IQR)] | 1.21       | 0.78-1.87 | > 0.05  |              |       |         |
| Smoking                               |            |           |         |              |       |         |
| Yes                                   | 1.00       |           |         |              |       |         |
| No                                    | 0.79       | 0.18-1.16 | > 0.05  |              |       |         |
| Drinking                              |            |           |         |              |       |         |
| Yes                                   | 1.00       |           |         |              |       |         |
| No                                    | 0.81       | 0.23-2.57 | > 0.05  |              |       |         |
| MTD, cm                               |            |           |         |              |       |         |
| ≤ 4                                   | 1.00       |           |         |              |       |         |
| > 4                                   | 1.16       | 0.77-3.98 | > 0.05  |              |       |         |
| Pathological grade                    |            |           |         |              |       |         |
| I-II                                  | 1.00       |           |         |              |       |         |
| III                                   | 1.23       | 0.91-2.26 | > 0.05  |              |       |         |
| Pathological type                     |            |           |         |              |       |         |
| Infiltrating                          | 1.00       |           |         |              |       |         |
| Ulcerative                            | 0.63       | 0.12-1.16 | > 0.05  |              |       |         |
| Cauliflower                           | 0.78       | 0.23-1.65 | > 0.05  |              |       |         |

|                            |      |           |        |      |           |        |
|----------------------------|------|-----------|--------|------|-----------|--------|
| Uplift                     | 1.12 | 0.88-2.37 | > 0.05 |      |           |        |
| MRF                        |      |           |        |      |           |        |
| Yes                        | 1.00 |           |        |      |           |        |
| No                         | 0.63 | 0.22-1.19 | > 0.05 |      |           |        |
| EMVI                       |      |           |        |      |           |        |
| Yes                        | 1.00 |           |        |      |           |        |
| No                         | 0.67 | 0.11-1.59 | > 0.05 |      |           |        |
| Node                       |      |           |        |      |           |        |
| Yes                        | 1.00 |           |        |      |           |        |
| No                         | 0.82 | 0.41-2.16 | > 0.05 |      |           |        |
| Spicule                    |      |           |        |      |           |        |
| Yes                        | 1.00 |           |        |      |           |        |
| No                         | 0.58 | 0.21-2.26 | > 0.05 |      |           |        |
| AFP, ng/mL [median (IQR)]  | 1.23 | 0.88-1.77 | > 0.05 |      |           |        |
| CA199, U/mL [median (IQR)] | 1.15 | 0.91-1.65 | > 0.05 |      |           |        |
| CEA, ng/mL [median (IQR)]  | 2.13 | 1.03-4.57 | < 0.05 | 2.11 | 1.01-4.12 | < 0.05 |
| pT stage                   |      |           |        |      |           |        |
| T2                         | 1.00 |           |        |      |           |        |
| T3                         | 1.13 | 0.75-2.16 | > 0.05 |      |           |        |
| N stage                    |      |           |        |      |           |        |
| N0                         | 1.00 |           |        |      |           |        |
| N1                         | 1.13 | 0.86-1.87 | > 0.05 |      |           |        |
| N2                         | 1.21 | 0.99-2.14 | > 0.05 |      |           |        |
| Character 1 [median (IQR)] | 1.23 | 0.77-1.96 | < 0.05 | 1.19 | 0.87-2.16 | < 0.05 |
| Character 2 [median (IQR)] | 2.67 | 1.12-4.13 | < 0.05 | 2.58 | 1.14-3.99 | < 0.05 |
| Character 3 [median (IQR)] | 1.58 | 0.88-2.03 | > 0.05 |      |           |        |
| Character 4 [median (IQR)] | 1.06 | 0.56-1.87 | < 0.05 | 1.13 | 0.61-1.94 | < 0.05 |
| Character 5 [median (IQR)] | 0.98 | 0.23-1.56 | < 0.05 | 0.91 | 0.19-2.06 | < 0.05 |
| Character 6 [median (IQR)] | 1.87 | 1.02-2.76 | > 0.05 |      |           |        |
| Character 7 [median (IQR)] | 2.23 | 1.11-3.87 | < 0.05 | 2.09 | 1.05-3.55 | < 0.05 |

OR: Odds ratio; CI: Confidence interval; IQR: Interquartile range; BMI: Body mass index; MTD: Maximum tumor diameter; MRF: Mesenteric fascia; EMVI: Extramural venous invasion; AFP: Alpha fetoprotein; CA199: Carbohydrate antigen 199; CEA: Carcinoembryonic antigen; Character 1: T2\_wavelet.LHL\_firstorder\_RobustMeanAbsoluteDeviation; Character 2: T1\_log.sigma10.mm.3D\_firstorder\_Kurtosis; Character 3: T1\_lbp.3D.m1\_firstorder\_Skewness; Character 4: ADC\_wavelet.LHL\_gldm\_LargeDepenceHighGrayLevelEmphasis; Character 5: ADC\_wavelet.HLL\_glrml\_LongRunHighGrayLeveEmphasis; Character 6: T1\_log.sigma30.mm.3D\_glrml\_GrayLevelNonUniformity; Character 7: T1\_wavelet.HHL\_glszm\_GrayLevelNonUniformity.

### Construction and evaluation of nomogram predictive model for MLM

Based on the independent risk factors for MLM mentioned above, a nomogram prediction model was established (Figure 3). In the training queue, the AUC was 0.765 (95%CI: 0.710-0.820), with a sensitivity of 0.75 and a specificity of 0.98. In the validation queue, the AUC was 0.767 (95%CI: 0.712-0.822), with a sensitivity of 0.64 and a specificity of 0.94 (Table 3). The calibration curve showed good consistency between the predicted probability and the actual probability, indicating that the nomogram has good predictive performance.

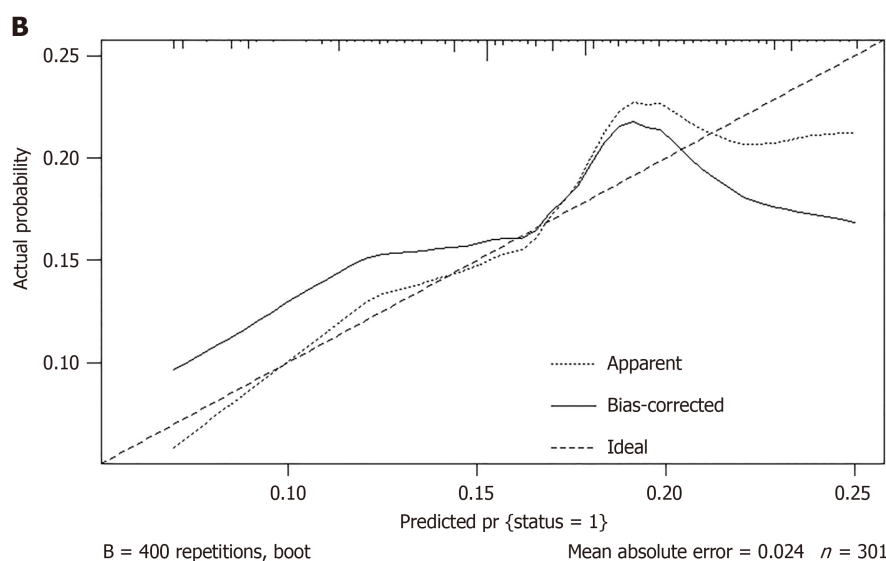
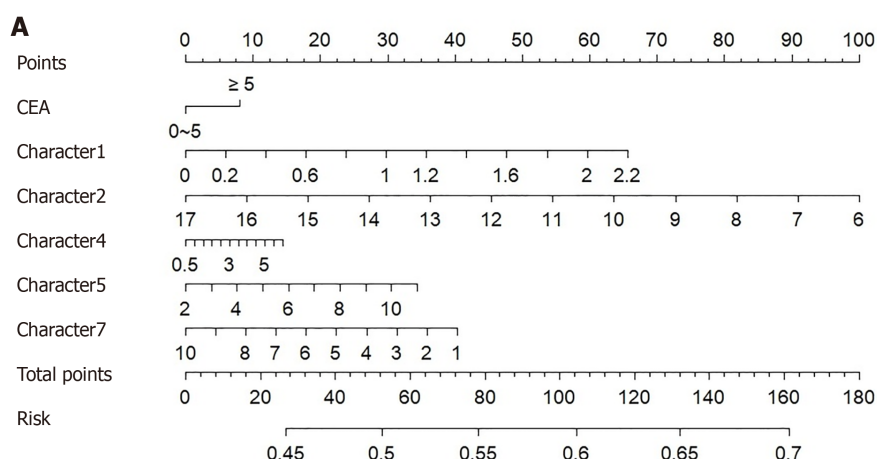
### Construction and evaluation of random forest predictive model based on ML algorithm

In the RFM, according to the importance ranking of predictive variable characteristics, feature 1, feature 2, feature 4, and

**Table 3** Evaluation of predictive performance of metachronous liver metastasis prediction model based on receiver operating characteristic

| Prediction model | Training set |             |      |      | International set |             |      |      |
|------------------|--------------|-------------|------|------|-------------------|-------------|------|------|
|                  | AUC          | 95%CI       | PPV  | NPV  | AUC               | 95%CI       | PPV  | NPV  |
| RFM              | 0.919        | 0.868-0.970 | 0.94 | 0.99 | 0.901             | 0.850-0.952 | 0.94 | 0.99 |
| GLRM             | 0.765        | 0.710-0.820 | 0.75 | 0.98 | 0.767             | 0.712-0.822 | 0.64 | 0.94 |

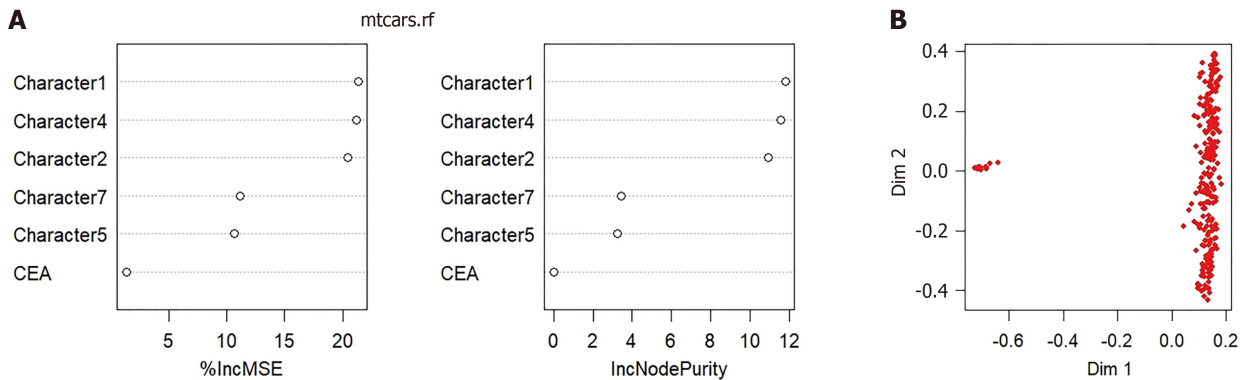
AUC: Area under the curve; CI: Confidence interval; PPV: Positive predictive value; NPV: Negative predictive value; RFM: Random forest model; GLRM: Generalized linear regression.



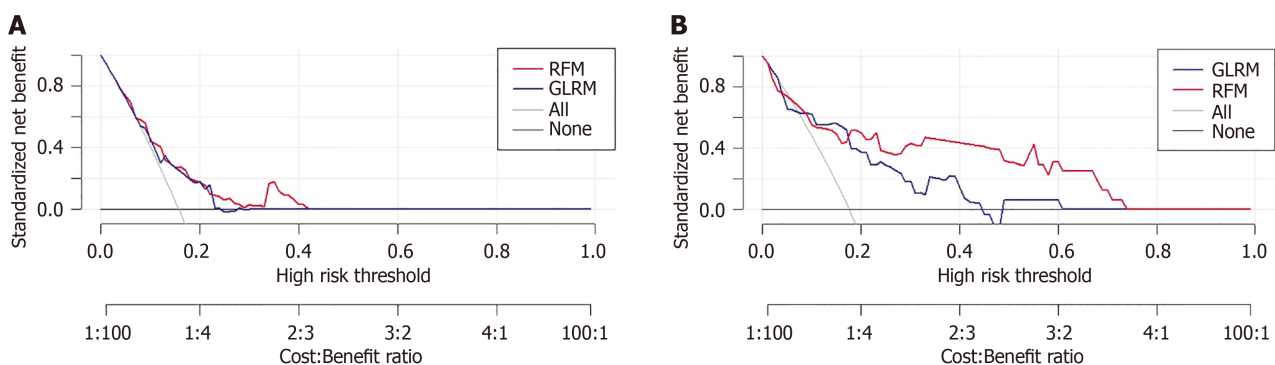
**Figure 3** Nomogram visual prediction model for predicting metachronous liver metastasis. A: Nomogram; B: Calibration curve. CEA: Carcinoembryonic antigen.

feature 7 were identified as the four major important variables, while other clinical indices followed closely behind. Besides, the AUC of the training queue reached 0.919 (95%CI: 0.868-0.970), with a sensitivity of 0.94 and a specificity of 0.99 (Figure 4), significantly better than the AUC of traditional GLRM ( $P < 0.05$ ). In the validation queue, the AUC of the RFM reached 0.901 (95%CI: 0.850-0.952), with a sensitivity of 0.94 and a specificity of 0.99. As shown in Figure 5, in terms of evaluating the predictive robustness of the model, RFM also demonstrates superior predictive performance compared to GLRM.

Meanwhile, we used SHapley additive explanations to evaluate the RFM, as shown in Supplementary Figure 2. It was also observed that feature 1, feature 2, feature 4, and feature 7 play the most crucial roles in predicting and interpreting RFM. Specifically, elasticity score, maximum diameter and Adler blood flow grading were associated with an increased risk of MLM.



**Figure 4 Random forest prediction model for predicting metachronous liver metastasis.** A: The random forest prediction model based on machine learning algorithms; B: Predictive performance detection of models. The red dots represent patients with metachronous liver metastasis, and the blue dots represent patients without metachronous liver metastasis.



**Figure 5 Performance evaluation of predictive models based on decision curve analysis.** A: Training cohort; B: Testing cohort. RFM: Random forest model; GLRM: Generalized linear regression model.

## DISCUSSION

Surgery is currently one of the main treatments for colorectal liver metastases[21,22]. However, most patients with colorectal liver metastases have missed the optimal treatment time when diagnosed, resulting in poor survival and poor prognosis[9,23]. Our study attempts to construct and validate a fusion radiomics MLM prediction model from the MRI images of the first diagnosed primary tumors of patients with rectal cancer (*i.e.*, high b-value DWI, HD T2WI), combined with the patient's clinical baseline characteristics and non-radiomics MRI features. The results suggest that compared with a single clinical predictor, the fused radiomics model has better predictive performance, suggesting that this prediction model has the potential to help clinicians adjust treatment plans based on the probability of liver metastasis, thereby improving the prognosis and long-term survival rate of rectal cancer patients.

Early detection of liver metastasis in rectal cancer has always been a major challenge in clinical diagnosis and treatment, especially in accurately predicting MLM, which is crucial for adjusting treatment plans reasonably[24-26]. However, there is currently no effective method in clinical practice. This study found that MRI has unparalleled advantages in multi parameter and multi plane imaging compared to other imaging examinations, and has become the preferred imaging method for tumor staging and re staging of rectal cancer patients after treatment. However, there are still few reports on predicting MLM based on MRI radiomics[27,28]. Previous studies reported using convolutional networks to analyze preoperative liver CT images of patients with rectal cancer, extract and analyze liver imaging features, and construct MLM predictions based on patient clinical characteristics[29-31]. Consistent with previous research, the GLRM model finally achieved AUCs of 0.765 and 0.767 in the validation set and training set respectively.

The results of this study also showed that the AUC of the RFM model built based on the radiomics and clinical baseline characteristics of HD T2WI and DWI of the primary tumor in the training set and validation set were 0.919 and 0.901 respectively, suggesting that MRI-based radiomics is effective for MLM. Unparalleled predictive advantage. We speculate that the high-definition T2WI sequence in the MRI sequence has the characteristics of small field of view, large matrix, high spatial resolution, and multiple signal acquisition times. Therefore, it can clearly display the invasion of adjacent structures by the tumor and help distinguish subtle differences, especially high b-value DWI sequences can show the degree of diffusion restriction of free water molecules in the tumor cell microenvironment and can reflect more heterogeneous information within the tumor.

Our study still inevitably has the following limitations. Firstly, this study is based on MRI images and clinical data of rectal cancer patients obtained from a single center institution. Subsequent studies still need to expand the sample size or

further evaluate the MLM prediction performance of the fusion prediction model in conjunction with multi center institutions, as well as obtain external queue validation; Secondly, due to limitations in case imaging data, this study only obtained plain MRI images of the rectum at the initial diagnosis of rectal cancer patients, and there is still a lack of comparison between enhanced MRI images of the rectum. Therefore, subsequent studies need to add imaging omics features in dynamic enhanced sequences; Thirdly, this study is a retrospective study. Due to incomplete follow-up data of some rectal cancer patients, the results may be compromised. Therefore, future studies still need to focus on prospective cohort studies to reduce data bias errors.

## CONCLUSION

In general, a radiomics prediction model based on preoperative primary tumor MRI images of rectal cancer patients combined with relevant clinical baseline features has high accuracy in predicting MLM of rectal cancer. In particular, RFM is expected to provide auxiliary guidance for clinical and imaging physicians to monitor MLM of rectal cancer, and help provide effective information for patients to develop personalized treatment plans, thereby helping to improve the long-term survival and prognosis of rectal cancer patients.

## FOOTNOTES

**Author contributions:** Wang R designed the research study; Long ZD has completed the preliminary data collection and visualization analysis; Yu X and Xing ZX have completed the initial draft and proofreading of their paper; All authors have made final corrections to the manuscript.

**Institutional review board statement:** This study has been approved by the Ethics Committee of Jingzhou Central Hospital and complies with the Helsinki Declaration. All included patients were exempt from informed consent, No. 2024-154-01.

**Informed consent statement:** As the study only involved retrospective chart reviews, informed written consents were not required in accordance with institutional IRB policy.

**Conflict-of-interest statement:** The authors declare that they have no conflict of interest.

**Data sharing statement:** Not applicable.

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Retrospective Study

# Association between autoimmune gastritis and gastric polyps: Clinical characteristics and risk factors

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## Abstract

### BACKGROUND

The relationship between autoimmune gastritis (AIG) and gastric polyps (GPs) is not well understood.

### AIM

To explore the clinical characteristics and risk factors of AIG with GPs in patients.

## METHODS

This double center retrospective study included 530 patients diagnosed with AIG from July 2019 to July 2023. We collected clinical, biochemical, serological, and demographic data were of each patient. Logistic regression analyses, both multivariate and univariate, were conducted to pinpoint independent risk factors for GPs in patients with AIG patients. Receiver operating characteristic curves were utilized to establish the optimal cutoff values, sensitivity, and specificity of these risk factors for predicting GPs in patients with AIG.

## RESULTS

Patients with GPs had a higher median age than those without GPs [61 (52.25-69) years *vs* 58 (47-66) years,  $P = 0.006$ ]. The gastrin-17 levels were significantly elevated in patients with GPs compared with those without GPs [91.9 (34.2-138.9) pmol/mL *vs* 60.9 (12.6-98.4) pmol/mL,  $P < 0.001$ ]. Additionally, the positive rate of parietal cell antibody (PCA) antibody was higher in these patients than in those without GPs (88.6% *vs* 73.6%,  $P < 0.001$ ). Multivariate and univariate analyses revealed that PCA positivity [odds ratio (OR) = 2.003,  $P = 0.017$ ], pepsinogen II (OR = 1.053,  $P = 0.015$ ), and enterochromaffin like cells hyperplasia (OR = 3.116,  $P < 0.001$ ) were significant risk factors for GPs, while pepsinogen I was identified as a protective factor.

## CONCLUSION

PCA positivity and enterochromaffin like cells hyperplasia are significant risk factor for the development of GPs in patients with AIG. Elevated gastrin-17 levels may also play a role in this process. These findings suggest potential targets for further research and therapeutic intervention in managing GPs in patients with AIG.

**Key Words:** Autoimmune gastritis; Gastric polyps; Neuroendocrine tumor; Risk factors; Nomogram

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**Core Tip:** In this double-center retrospective study, we explore the clinical characteristics and risk factors associated with autoimmune gastritis (AIG) and gastric polyps in 530 patients diagnosed with AIG from July 2019 to July 2023. The study found that higher age, elevated gastrin-17 levels, and higher positivity rates of parietal cell antibody antibodies were significantly associated with the presence of gastric polyps in AIG patients. Through univariate and multivariate analyses, parietal cell antibody positivity, elevated pepsinogen II levels, and enterochromaffin like cells hyperplasia were identified as significant risk factors.

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## INTRODUCTION

Gastric polyps (GPs) are protrusions that form within the stomach's mucosal or submucosal layers. They are typically asymptomatic and are often detected incidentally during routine endoscopic examinations. While most GPs are benign, there is a potential for some to harbor dysplasia, which can progress to invasive cancer. The prevalence of GPs varies among sources, with several high-powered studies, reporting rates between 2% to 6% in patients undergoing endoscopy [1,2]. The most commonly observed types of GPs include gastric hyperplastic polyps (GHPs), characterized by significant foveolar hyperplasia; fundic gland polyps (FGPs), which are marked by dilated and irregularly budding fundic glands primarily composed of parietal cells, with a smaller proportion of chief cells. Additionally, adenomatous polyps, which are associated with low-grade glandular dysplasia[3-6], and gastric neuroendocrine neoplasms (gNENs), which are well-differentiated epithelial tumors arising from neuroendocrine cells within the gastric mucosa, can also present as submucosal lesions with specific patterns[7]. All these types can produce a mucosal or submucosal protrusion that appears as a GP[8].

GPs almost never occur in normal gastric mucosa. The majority of GPs are found incidentally during endoscopic investigations, and not fully the exact mechanism behind the formation of GHPs remains unclear[9]. However, their development is thought to be associated with chronic inflammation, commonly linked to atrophic gastritis and *Helicobacter pylori* (*H. pylori*) infection[10,11]. Prolonged use of proton pump inhibitors (PPIs) may lead to hypergastrinemia, which is associated with the development of both FGPs and GHPs[12,13]. The primary risk factors for adenoma development include age and chronic irritation or inflammation of the tissue, which can lead to intestinal metaplasia. This metaplasia increase the risk of malignant transformation, often linked to acquired mutations in genes such as p53 and Ki-67[14,15].

Autoimmune gastritis (AIG) is a chronic organ-specific atrophic gastritis, that is not self-limiting. Endoscopic examination reveals atrophy is typically confined to the body and fundus mucosa of the stomach, sparing the gastric antrum[16]. The disease is characterized by self-reactive T cells, and activated B cells that produce antibodies (PCA) and anti-intrinsic factor antibodies (IFAs). This immune response leads to the destruction of parietal cells, which impairs intrinsic factor secretion, resulting in disorders of iron and vitamin B12 absorption[17]. The destruction of parietal and chief cells results in the replacement of gastric glands with either connective tissue or a different type of epithelial tissue [18]. This process results in lowered hydrochloric acid production, decreased blood levels of pepsinogen I (PG-I), and elevated gastrin levels[19]. Intestinal metaplasia of the gastric mucosa is a precursor to gastric adenoma and adenocarcinoma, according to the Correa cascade, and patients with AIG have an elevated risk of developing gastric adenocarcinoma compared to the general population[20]. Moreover, hypergastrinemia resulting from reduced stomach acid can lead to enterochromaffin-like (ECL) cell hyperplasia and an increased incidence of gNENs[21-23]. Although, hypergastrinemia is frequently observed in patients with AIG and those using long-term PPIs, definitive data linking AIG to GPs, are limited, with most studies focusing on adenocarcinoma and gNENs[24]. The main objective of this study was to evaluate the frequency of GPs in patients with AIG and to investigate the biochemical, clinical, and histological factors that may predict GP occurrence in this group.

## MATERIALS AND METHODS

This double center retrospective study retrospectively enrolled patients diagnosed with AIG at the Renji Hospital Affiliated with Shanghai Jiao Tong University School of Medicine, Department of Gastroenterology, and the Sichuan Armed Police Corps Hospital, Department of Gastroenterology, from June 2019 to June 2023. The exclusion criteria comprised the absence of histologic data, inadequate biopsy samples, discordant laboratory or pathological findings, presence of active tumors, or severe organ failure. This study received approval from the Institutional Ethics Committee of Renji Hospital, Shanghai Jiao Tong University, School of Medicine, with a waiver for informed consent.

Clinical data were obtained from medical records and outpatient consultation systems. To ensure confidentiality, all patient data were anonymized following collection, recording, assessment, and analysis. AIG diagnosis was based on pathological features observed in endoscopic biopsy tissue, such as parietal cell destruction, chronic lymphocytic infiltration, and the presence or absence of pseudopyloric gland metaplasia and neuroendocrine cell hyperplasia. Endoscopic findings of characteristic atrophy, positive PCA or IFA, and elevated circulating gastrin-17 levels were used to support the diagnosis of AIG[18,25,26]. Baseline evaluations for all enrolled patients, included demographic data (sex, and age at AIG diagnosis), clinical data (comorbidities and previous treatments), serologic examination, and upper gastrointestinal endoscopic biopsy with histopathology.

### Upper gastrointestinal endoscopy

All diagnostic and surveillance esophagogastroduodenoscopy (EGD) procedures were performed using standard gastroscopy techniques. Patients who had previously undergone PPI therapy were examined at least 2 weeks after discontinuation. According to the updated Sydney classification[27], each patients with AIG undergoing monitored EGD, patients with five gastric biopsies: Four from the antrum, corpus and fundus, one from the incisura angularis. The biopsy specimens were directly sent to the pathology laboratory for examination. All patients with suspected *H. pylori* infection underwent a rapid urease test.

For macroscopic polypoid mucosal lesions, the following data were recorded: Histologic features (*e.g.*, hyperplastic, fundic glandular, adenomatous, neuroendocrine, adenocarcinoma, or other neoplasm), and year of occurrence, location (antrum, body, or fundus), size, treatment modality. Lesions were biopsied, with the largest lesions removed if multiple polyps were present. Lesions less than or equal to 5 mm in diameter were removed using forceps as a “cold biopsy”, while larger lesions required endoscopic mucosal resection. For lesions greater than 1 cm, narrow band imaging or endoscopic ultrasonography was performed to assess the extent of the lesion and invasion depth. Endoscopic mucosal dissection was planned if necessary.

For patients with uncomplicated AIG, endoscopic monitoring was scheduled every 1-3 years, based on the degree of atrophy and the presence of intestinal metaplasia. Patients with gNENs underwent annual endoscopic follow-up[18,28]. For those diagnosed with gastric adenocarcinoma, individualized evaluations were carried out to establish the most suitable intervention and follow-up plan.

### Histopathological examination

The diagnosis of AIG was made based on histopathological findings, including the destruction of parietal cells, chronic lymphocytic infiltration, with or without pseudopyloric gland metaplasia and neuroendocrine cell hyperplasia[18]. Biopsies sample were collected during EGD according to the updated Sydney classification[27]. Each patient was evaluated for *H. pylori* infection. The severity of mucosal atrophy and the associated gastric cancer risk were staged using the Operative Link on Gastritis Assessment (OLGA) score (stages I-IV), while intestinal metaplasia was assessed using the Operative Link on Gastric Intestinal Metaplasia (OLGIM) score (stages I-IV)[29,31].

Additionally, pseudopyloric metaplasia was assessed. ECL cell proliferation was detected using chromogranin A staining following Solcia *et al*'s criteria[32,33], categorized as simple, linear, micronodular, or macronodular and defined as hyperplasia with a diameter greater than 150  $\mu$ m. The specimens were preserved in formalin and processed through standard laboratory protocols. Gastric mucosa sections, with a thickness of 5  $\mu$ m, were stained with hematoxylin and assessed for intestinal metaplasia using Alcian blue-PAS staining. Immunohistochemical analyses were conducted on



gNEN sections for chromogranin A, synaptophysin, and the Ki-67 proliferation index, utilizing the MIB-I antibody. All gastric neuroendocrine tumors (gNETs) were classified according to the 2019 World Health Organization classification system[34] and staged in accordance with the tumor node metastasis staging system as per ENETS guidelines[35].

### Laboratory serological testing

Fasting blood samples for biochemical testing were obtained at 8 am. Serum samples were collected using standard blood collection tubes, while plasma samples were collected using ethylenediaminetetraacetic acid (1 mg/mL) or heparin tubes. Anemia was defined as a hemoglobin level of less than 12 g/dL in women and less than 13 g/dL in men. Macrocytic anemia was identified when the mean corpuscular volume exceeded 100 fL, while microcytic anemia was defined when the mean corpuscular volume was less than 80 fL. The reference ranges for white blood cells were  $(4-11) \times 10^9/L$ , for platelets were  $(100-300) \times 10^9/L$ , for thyroid-stimulating hormone were 0.4-4.91 mIU/mL, for vitamin B12 were 180-914 pg/mL, and for iron were 7.8-32.2  $\mu\text{mol/L}$ . PCA and IFA antibodies were detected using dilution and direct enzyme-linked immunosorbent assay, with positivity defined as a value  $\geq 1:20$ . The PG-I, PG-II and gastrin-17 level in peripheral blood were measured by enzyme-linked immunosorbent assay, with normal ranges being 70-165  $\mu\text{g/L}$ , 3-15  $\mu\text{g/L}$  and less than 7 pmol/mL, respectively. For patients on PPI therapy, blood tests should be repeated at least 15 days after discontinuation of the medication.

### Construction and validation of a clinical nomogram

A multivariate logistic regression analysis was conducted using several clinical parameters: Age, sex, PCA, IFA, previous *H. pylori* infection, OLGA score, OLGIM score, presence or absence of anemia, ECL hyperplasia, PG ratio, and levels of PG-I, PG-II, and gastrin-17. Backward stepwise regression, optimal subset selection, and likelihood ratio tests were applied, with the Akaike Information Criterion (AIC) as the stopping criterion. The AIC was used to evaluate the model's goodness of fit. To assist clinicians in predicting the likelihood of developing GPs in AIG patients, a clinical nomogram was developed based on multivariate logistic analysis of the main cohort. The model's discrimination was evaluated using receiver operating characteristic (ROC) curve analysis, with performance measured by the area under the curve. Odds ratios with 95% confidence intervals (CIs) for the final predictors were calculated. Calibration curves were used to compare predicted and observed probabilities, thereby assessing the model's accuracy.

### Statistical analysis

The Kolmogorov-Smirnov test was employed to assess the normality of continuous variables. For variables with a normal distribution, data were presented as mean  $\pm$  SD. For non-normally distributed variables, the median and interquartile range (IQR) were reported. Categorical variables were described using counts and percentages. To compare groups, the Mann-Whitney *U* test and Kruskal-Wallis test were utilized for non-parametric data, while proportions were compared using the  $\chi^2$  test or Fisher's exact test. Correlations between variables, such as sex, age, PPI usage, *H. pylori* infection status, PCA and/or IFA positivity, OLGA and OLGIM stages, PG ratio, types of GPs, and serum levels of gastrin-17, PG-I, PG-II, and vitamin B12, were analyzed using Pearson's or Spearman's correlation coefficients. Binary logistic regression was conducted to identify potential risk factors for GP development in AIG patients and to create a predictive model. A *P* value of less than 0.05 (two-tailed) was deemed statistically significant. All analyses were performed using R software (version 4.2.1; R Foundation for Statistical Computing, Vienna, Austria).

## RESULTS

### Clinical characteristics

The study flow chart is depicted in Figure 1. A total of 530 patients with AIG were initially enrolled; of these, 114 patients were excluded, from the analysis, leaving 166 patients with GPs and 364 patients without GPs. Continuous data was tested for normality. Table 1 summarizes the demographic, characteristics, clinical, biochemical, and histological baseline characteristics of the enrolled patient. The median age of the study population was 59 (IQR: 48-67) years, with a predominance of females (68.3%). Among the subjects, 17.2% had a history of *H. pylori* infection. The positive rates for PCA and IFA antibodies were 78.3% and 24.7%, respectively. Anemia was present in 40.0% of the patients, with iron deficiency anemia accounting for 30.8% and pernicious anemia for 12.5%. The median gastrin-17 level was 70.44 (IQR: 18.30-112.97). ECL hyperplasia was observed in 27.0% of the patients with AIG.

### Characteristics and differences between patients with AIG with and without GPs

Patients with AIG were categorized into two groups: Those with GPs (GP group) and those without GPs (NGP group). We compared the characteristics and differences between these two groups. Continuous data of non-normal distribution, were analyzed using the Wilcoxon rank-sum test, and differences in categorical data were assessed using the  $\chi^2$  test, with pairwise comparisons adjusted by the Bonferroni correction method. The results are summarized in Table 2. The median age of patients with GPs was significantly higher than that of patients without GPs [61 (IQR: 52.25-69) years *vs* 58 (IQR: 47-66) years, *P* = 0.006]. The gastrin-17 levels were also elevated in the GP group compared with the NGP group [91.9 (IQR: 34.2-138.9) pmol/mL *vs* 60.9 (IQR: 12.6-98.4) pmol/mL, *P* < 0.001]. The positive rate of PCA antibodies was also significantly higher in the GP group (88.6% *vs* 73.6%, *P* < 0.001).

Furthermore, there were significant differences in OLGA (*P* < 0.001), OLGIM (*P* = 0.018) staging, and ECL hyperplasia (*P* < 0.001) between the GP and NGP groups (Figure 2). Specifically, the proportion of OLGA stage II was lower in the GP



**Table 1** Baseline data showing the demographic data, clinical, biochemical, and histological characteristics of autoimmune gastritis patients

| Characteristics                                            |                        |
|------------------------------------------------------------|------------------------|
| Patients (N)                                               | 530                    |
| Age (year), median (IQR)                                   | 59 (48-67)             |
| Sex (female), <i>n</i> (%)                                 | 362 (68.30)            |
| PCA positivity, <i>n</i> (%)                               | 415 (78.3)             |
| IFA positivity, <i>n</i> (%)                               | 131 (24.7)             |
| HP infection positivity, <i>n</i> (%)                      | 91 (17.2)              |
| Anemia, <i>n</i> (%)                                       | 212 (40.0)             |
| Iron deficiency anemia, <i>n</i> (%), mild/moderate/severe | 163 (30.8), 135/22/6   |
| Pernicious anemia, <i>n</i> (%), mild/moderate/severe      | 66 (12.5), 48/11/7     |
| Gastrin-17 (pmol/L), median (IQR)                          | 70.44 (18.30-112.97)   |
| PG-I (μg/L), median (IQR)                                  | 30.67 (20.08-48.61)    |
| PG-II (μg/L), median (IQR)                                 | 8.07 (6.40-11.00)      |
| PG-I/PG-II, median (IQR)                                   | 3.74 (2.05-6.20)       |
| Vitamin B12 (pg/mL), median (IQR)                          | 239.00 (136.20-355.50) |
| Norm, <i>n</i> (%)                                         | 331 (62.5)             |
| Low level, <i>n</i> (%)                                    | 199 (37.6)             |
| OLGA, <i>n</i> (%)                                         |                        |
| 0                                                          | 44 (8.3)               |
| I                                                          | 120 (22.6)             |
| II                                                         | 179 (33.8)             |
| III                                                        | 146 (27.6)             |
| IV                                                         | 41 (7.7)               |
| OLGIM, <i>n</i> (%)                                        |                        |
| 0                                                          | 134 (25.3)             |
| I                                                          | 240 (45.3)             |
| II                                                         | 98 (18.5)              |
| III                                                        | 45 (8.5)               |
| IV                                                         | 13 (2.5)               |
| ECL hyperplasia, <i>n</i> (%)                              | 143 (27.0)             |
| Absent                                                     | 387 (73.0)             |
| Linear                                                     | 62 (11.7)              |
| Micronodular                                               | 46 (8.7)               |
| Macronodular                                               | 18 (3.4)               |
| gNET                                                       | 17 (3.2)               |

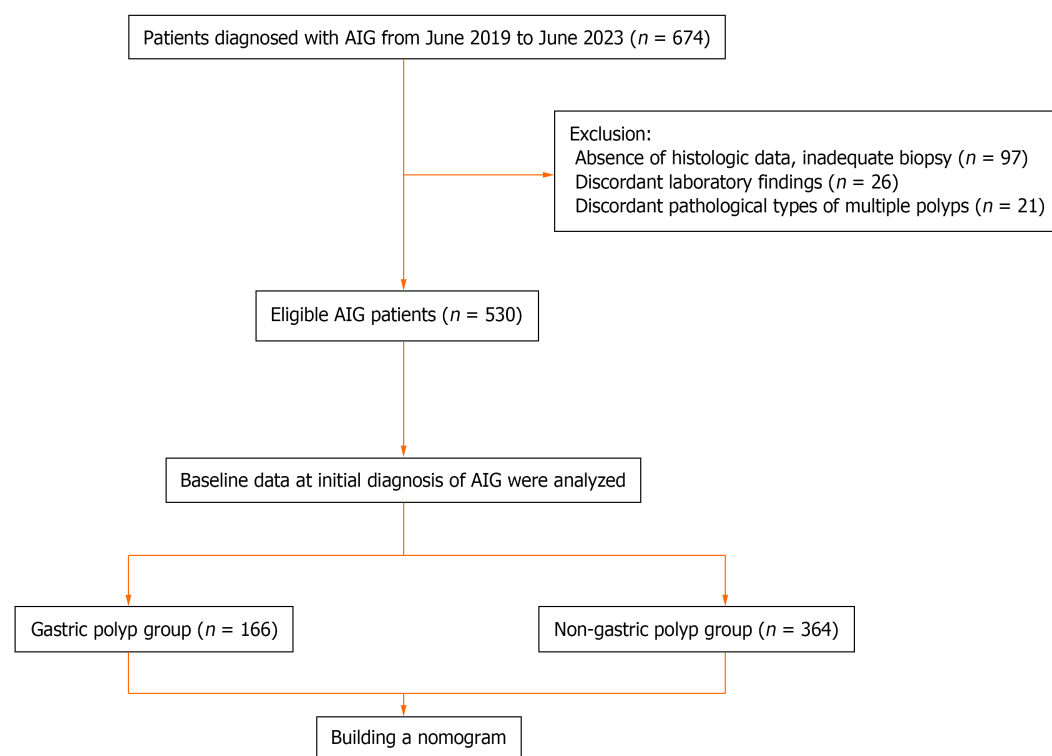
IQR: Interquartile range; PCA: Parietal cell antibodies; IFAs: Intrinsic factor antibodies; HP: *Helicobacter pylori*; PG: Pepsinogen; OLGA: Operative Link for Gastritis Assessment; OLGIM: Operative Link on Intestinal Metaplasia Assessment; ECL: Enterochromaffin-like; gNET: Gastric neuroendocrine tumor.

group than in the NGP group, while the proportions of OLGA stages III and IV were higher. There was no significant difference in the proportion of OLGA stages 0/I between the two groups. For OLGIM staging the GP group had a lower proportion of stages 0, I, and II and a higher proportion of stages III and IV than the NGP group. The degree of ECL hyperplasia, including linear, micronodular, and macronodular types, was more pronounced in the GP group than in the NGP group.

**Table 2 Differences between patients with and without polyps**

| Group, <i>n</i> (%)                                        | Gastric polyp, 166 (31.3) | Non-gastric polyp, 364 (68.7) | <i>P</i> value |
|------------------------------------------------------------|---------------------------|-------------------------------|----------------|
| Age (year), median (IQR)                                   | 61 (52.25-69)             | 58 (47-66)                    | 0.006          |
| Sex, <i>n</i> (%)                                          | 112 (67.5)                | 250 (68.7)                    | 0.859          |
| PCA positivity, <i>n</i> (%)                               | 147 (88.6)                | 268 (73.6)                    | < 0.001        |
| IFA positivity, <i>n</i> (%)                               | 42 (25.3)                 | 89 (24.5)                     | 0.833          |
| HP infection positivity, <i>n</i> (%)                      | 24 (14.5)                 | 67 (18.4)                     | 0.264          |
| Anemia, <i>n</i> (%)                                       | 70 (42.17)                | 159 (43.68)                   | 0.302          |
| Iron deficiency anemia, <i>n</i> (%), mild/moderate/severe | 52 (31.33), 44/8/0        | 111 (30.49), 91/14/6          | 0.406          |
| Pernicious anemia, <i>n</i> (%), mild/moderate/severe      | 18 (10.84), 14/3/1        | 48 (13.19), 34/8/6            | 0.851          |
| Gastrin-17 (pmol/L), median (IQR)                          | 91.9 (34.2-138.9)         | 60.9 (12.6-98.4)              | < 0.001        |
| PG-I (μg/L), median (IQR)                                  | 34.83 (22.8-45.7)         | 30.0 (18.1-58.2)              | 0.51           |
| PG-II (μg/L), median (IQR)                                 | 8.8 (7.2-10.9)            | 7.8 (6.2-11)                  | 0.019          |
| PG-I/PG-II, median (IQR)                                   | 3.7 (2.4-5.0)             | 3.7 (1.9-6.7)                 | 0.464          |
| Vitamin B12 (pg/mL), median (IQR)                          | 256.0 (130.0-357.2)       | 238.0 (137.0-354.5)           | 0.994          |
| Norm/low level, <i>n</i> (%)                               | 107 (64.46)/59 (35.54)    | 224 (61.54)/140 (38.46)       | 0.584          |
| OLGA (0/I/II/III/IV)                                       | 11/34/39/61/21            | 33/86/140/85/20               | < 0.001        |
| OLGIM (0/I/II/III/IV)                                      | 38/63/39/21/5             | 96/177/59/24/8                | 0.018          |
| ECL hyperplasia (absent/linear/micronodular/macronodular)  | 86/29/25/9                | 301/33/21/9                   | < 0.001        |

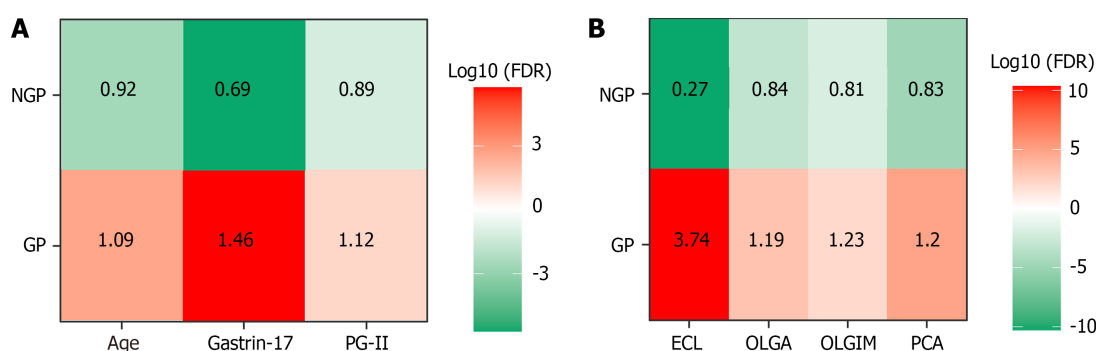
IQR: Interquartile range; PCA: Parietal cell antibodies; IFA: Intrinsic factor antibody; HP: *Helicobacter pylori*; PG: Pepsinogen; OLGA: Operative Link for Gastritis Assessment; OLGIM: Operative Link on Intestinal Metaplasia Assessment; ECL: Enterochromaffin-like.

**Figure 1** Flow chart depicting the study population and study design. AIG: Autoimmune gastritis.

**Table 3** Pathological characteristics and distribution of gastric polyps

| Pathology                   | HPs           | Fundic polyps | gNET       | Adenomas/LGD | Adenocarcinoma |
|-----------------------------|---------------|---------------|------------|--------------|----------------|
| Patients ( <i>n</i> )       | 109           | 18            | 17         | 6            | 16             |
| Polyps ( <i>n</i> )         | 295           | 54            | 50         | 11           | 23             |
| Diameter (mm), median (IQR) | 5 (2-30)      | 2.5 (2-20)    | 5 (2-15)   | 12.5 (4-25)  | 20 (7-50)      |
| Median number (IQR)         | 2 (1-3)       | 1.5 (1-3)     | 3 (1-4)    | 1 (1-3)      | 1 (1-1.25)     |
| Single                      | 49            | 9             | 6          | 5            | 12             |
| Multiple                    | 60            | 9             | 11         | 1            | 4              |
| Distribution                |               |               |            |              |                |
| Fundus                      | 34            | 49            | 1          | 1            | 0              |
| Corpus                      | 223           | 5             | 48         | 4            | 13             |
| Caria                       | 10            | 0             | 0          | 1            | 1              |
| Antrum                      | 28            | 0             | 1          | 0            | 9              |
| OLGA (0/I/II/III/IV)        | 6/18/28/43/14 | 4/7/2/4/1     | 0/2/2/10/3 | 0/3/1/1/1    | 1/4/6/3/2      |
| OLGIM (0/I/II/III/IV)       | 26/39/29/13/3 | 7/6/3/2/0     | 3/6/3/5/0  | 1/4/0/0/4    | 1/9/4/1/1      |
| ECL hyperplasia             |               |               |            |              |                |
| Absent                      | 61            | 12            | 0          | 4            | 9              |
| Linear                      | 22            | 1             | 0          | 2            | 4              |
| Micronodular                | 19            | 3             | 0          | 0            | 3              |
| Macronodular                | 7             | 2             | 0          | 0            | 0              |
| gNET                        | 0             | 0             | 17         | 0            | 0              |

HP: *Helicobacter pylori*; gNET: Gastric neuroendocrine tumor; LGD: Low-grade glandular dysplasia; IQR: Interquartile range; OLGA: Operative Link for Gastritis Assessment; OLGIM: Operative Link on Intestinal Metaplasia Assessment; ECL: Enterochromaffin-like.



**Figure 2** Group differences between the gastric polyp and without gastric polyp groups. A: Heat map of age and blood biochemical difference between gastric polyp group and without gastric polyp group; B: Heat map of histopathological differences between gastric polyp group and without gastric polyp group. GP: Gastric polyp; NGP: Without gastric polyp; FDR: False discovery rate; PG: Pepsinogen; ECL: Enterochromaffin-like; OLGA: Operative Link on Gastritis Assessment; OLGIM: Operative Link on Gastric Intestinal Metaplasia; PCA: Parietal cell antibody.

### Characteristics of the GP group differences

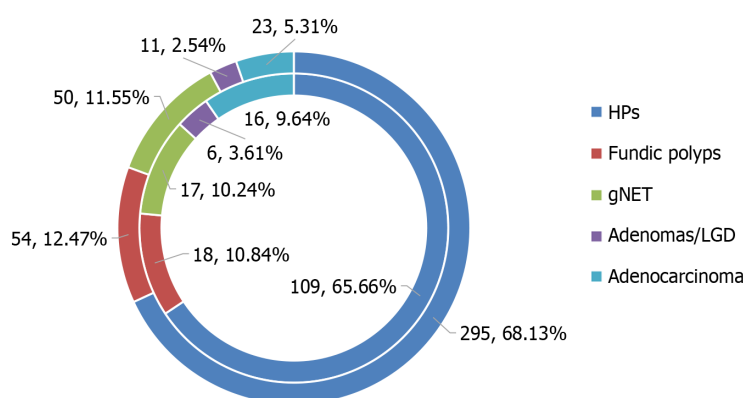
**Table 3** presents the pathological types and distribution of GPs, as well as the associated degrees of atrophy intestinal metaplasia, and ECL hyperplasia. Among the 166 patients with AIG with GPs, a total of 433 polyps were identified. Hyperplastic polyps were the most prevalent, accounting for 295 (68.1%) of the polyps in 109 (65.7%) patients (**Figure 3**). Other types included FGPs (12.5%), gNETs (11.6%), gastric adenocarcinoma (5.3%), and gastric adenoma (2.5%). The characteristics of patients across different polyp categories are detailed in **Table 4**, which presents the pathological features and distribution of GPs. Significant differences were observed in terms of age, sex, *H. pylori* infection, PG-I levels, and gastrin-17 levels. Patients with gNET exhibited the highest mean gastrin-17 levels, while those with gastric adenocarcinomas were the oldest on average (**Figure 4A** and **B**). Additionally, the highest mean OLGA stage was noted in patients

**Table 4** Pathological characteristics and distribution of gastric polyps

| Pathology                         | Gastric polyp groups (n = 166, N = 433 <sup>1</sup> ) |                   |                   |                 |                    | P value |
|-----------------------------------|-------------------------------------------------------|-------------------|-------------------|-----------------|--------------------|---------|
|                                   | HPs                                                   | Fundic polyps     | gNET              | Adenomas/LGD    | Adenocarcinoma     |         |
| Age (year), median (IQR)          | 59 (51-67)                                            | 56.5 (44.5-71.2)  | 63 (56-72)        | 67 (62.8-71.2)  | 67.5 (61.2-71)     | 0.012   |
| Sex (female), n (%)               | 75 (68.8)                                             | 12 (66.7)         | 15 (88.2)         | 4 (66.7)        | 6 (37.5)           | 0.041   |
| PCA positivity, n (%)             | 94 (86.2)                                             | 15 (83.3)         | 15 (88.2)         | 5 (83.3)        | 15 (93.8)          | 0.904   |
| IFA positivity, n (%)             | 26 (23.9)                                             | 6 (33.3)          | 3 (17.6)          | 2 (33.3)        | 8 (50)             | 0.185   |
| HP infection positivity, n (%)    | 10 (9.2)                                              | 4 (22.2)          | 1 (5.9)           | 0 (0)           | 9 (56.2)           | < 0.001 |
| PG-I (μg/L), median (IQR)         | 33.3 (25-42.8)                                        | 38.2 (24.5-48.3)  | 37.8 (24.1-57.2)  | 11.5 (11-19.8)  | 37 (25.8-43.9)     | 0.033   |
| PG-II (μg/L), median (IQR)        | 8.8 (7.2-11)                                          | 9.3 (7.1-10.4)    | 9.3 (7.5-10.6)    | 7.8 (7.1-8.7)   | 8.1 (7-10.4)       | 0.919   |
| PGI/II, median (IQR)              | 3.7 (2.5-4.9)                                         | 3.8 (2.1-5.1)     | 4.4 (2.7-5.2)     | 1.4 (1.2-1.9)   | 4.5 (3.3-6.2)      | 0.06    |
| Gastrin-17 (pmol/L), median (IQR) | 91 (69.2-136.4)                                       | 81.9 (35.2-117.7) | 137.7 (113-176.9) | 95 (75.7-109.2) | 96.7 (59.1-137.1)  | 0.013   |
| Vitamin B12 (pg/mL), median (IQR) | 264 (154-352)                                         | 257.5 (140-361.8) | 210 (82-320)      | 144 (102-301.5) | 256.5 (98.5-360.8) | 0.71    |
| Anemia, n (%)                     | 38 (34.9)                                             | 9 (50)            | 5 (29.4)          | 4 (66.7)        | 5 (31.2)           | 0.35    |

<sup>1</sup>The total number of polyps.

HP: *Helicobacter pylori*; gNET: Gastric neuroendocrine tumor; LGD: Low-grade glandular dysplasia; IQR: Interquartile range; PCA: Parietal cell antibodies; IFA: Intrinsic factor antibody; PG: Pepsinogen.



**Figure 3** The proportion of gastric polyps and autoimmune gastritis patients. HP: *Helicobacter pylori*; gNET: Gastric neuroendocrine tumor; LGD: Low-grade glandular dysplasia.

with GHPs and gNET (Figure 4C and D).

### Risk factors of GPs in patients with AIG

Univariate and multivariate binary logistic regression analyses were conducted to identify risk factors for the development of GPs in patients with AIG (Table 5). The univariate analysis indicated that age, PCA positivity, gastrin-17 level, PG-II level, and advanced OLGA and OLGIM stages (III and IV) were associated with an increased risk factors of GPs. Conversely, PG-I level, PG ratio, and ECL hyperplasia were identified as protective factors. Multivariate analysis showed that PCA positivity, PG-II, and ECL hyperplasia were independent risk factors, while PG-I served as a protective factor (Figure 5).

### Construction and validation of the nomogram

To develop a predictive model, the optimal subset method was employed for variable selection, with AIC was used as the stopping criterion (Table 6). The final nomogram included age, OLGA stage, PCA positivity, PG ratio, and ECL hyperplasia (Figure 6A). An example of the nomogram score for a patient is illustrated in Figure 6B. ROC analysis revealed an area under the curve of 0.729 (95%CI: 0.683-0.775), indicating good diagnostic performance. The calibration curve demonstrated a good fit of the model with minimal error was small (Figure 6C and D).

**Table 5 Univariate and multivariate analysis of the characteristics most associated with the development of gastric polyps in patients with autoimmune gastritis**

| Variable        | Univariate analysis (95%CI) | P value | Multivariate analysis (95%CI) | P value |
|-----------------|-----------------------------|---------|-------------------------------|---------|
| Age             | 1.023 (1.007-1.038)         | 0.003   | 1.015 (0.998-1.033)           | 0.084   |
| Sex             |                             |         |                               |         |
| Male            | 1.057 (0.714-1.566)         | 0.781   | 1.019 (0.656-1.582)           | 0.933   |
| Female          |                             |         |                               |         |
| PCA             |                             |         |                               |         |
| Positive        | 2.771 (1.629-4.716)         | < 0.001 | 2.003 (1.130-3.549)           | 0.017   |
| Negative        |                             |         |                               |         |
| IFA             |                             |         |                               |         |
| Positive        | 1.047 (0.685-1.599)         | 0.833   | 0.866 (0.538-1.394)           | 0.553   |
| Negative        |                             |         |                               |         |
| HP infection    |                             |         |                               |         |
| Positive        | 0.749 (0.451-1.244)         | 0.265   | 0.897 (0.512-1.571)           | 0.704   |
| Negative        |                             |         |                               |         |
| Anemia          |                             |         |                               |         |
| Yes             | 0.819 (0.561-1.196)         | 0.302   | 0.811 (0.533-1.233)           | 0.326   |
| No              |                             |         |                               |         |
| Gastrin-17      | 1.007 (1.004-1.010)         | < 0.001 | 1.002 (0.998-1.005)           | 0.306   |
| PG-I            | 0.992 (0.985-0.998)         | 0.008   | 0.992 (0.985-0.999)           | 0.031   |
| PG-II           | 1.037 (1.001-1.074)         | 0.044   | 1.053 (1.010-1.097)           | 0.015   |
| PG-I/PG-II      | 0.927 (0.884-0.971)         | 0.002   |                               |         |
| OLGA            |                             |         |                               |         |
| 0-II            |                             |         |                               |         |
| III-IV          | 2.408 (1.648-3.519)         | < 0.001 | 1.541 (0.963-2.464)           | 0.071   |
| OLGIM           |                             |         |                               |         |
| 0-II            |                             |         |                               |         |
| III-IV          | 1.927 (1.107-3.353)         | 0.020   | 0.954 (0.487-1.869)           | 0.891   |
| ECL hyperplasia |                             |         |                               |         |
| Absent          |                             |         |                               |         |
| Exist           | 0.225 (0.150-0.338)         | < 0.001 | 3.116 (1.868-5.197)           | < 0.001 |

PCA: Parietal cell antibodies; IFA: Intrinsic factor antibody; HP: *Helicobacter pylori*; PG: Pepsinogen; OLGA: Operative Link for Gastritis Assessment; OLGIM: Operative Link on Intestinal Metaplasia Assessment; ECL: Enterochromaffin-like; CI: Confidence interval.

## DISCUSSION

AIG is a chronic atrophic gastritis with an immune-mediated etiology. Its onset is often insidious, and early stages may present without specific symptoms. As the disease progresses, patients may develop a range of symptoms including digestive, hematological, and neurological manifestations. In some cases, anemia becomes the predominant symptom, leading to a significant delays in diagnosis[36]. Progressive destruction of gastric parietal cells, mediated by PCA or IFA, results in gastric atrophy and/or intestinal or pseudopyloric metaplasia, creating an abnormal mucosal environment conducive to the formation of GPs. Furthermore, AIG is closely linked to gNETs[17]. Atrophy of the gastric body mucosa and decreased gastric acid secretion lead to the stimulation of gastric antral G cells, resulting in increased gastrin secretion. This, in turn, stimulates the proliferation of ECL cells, potentially culminating in gNET formation[37].

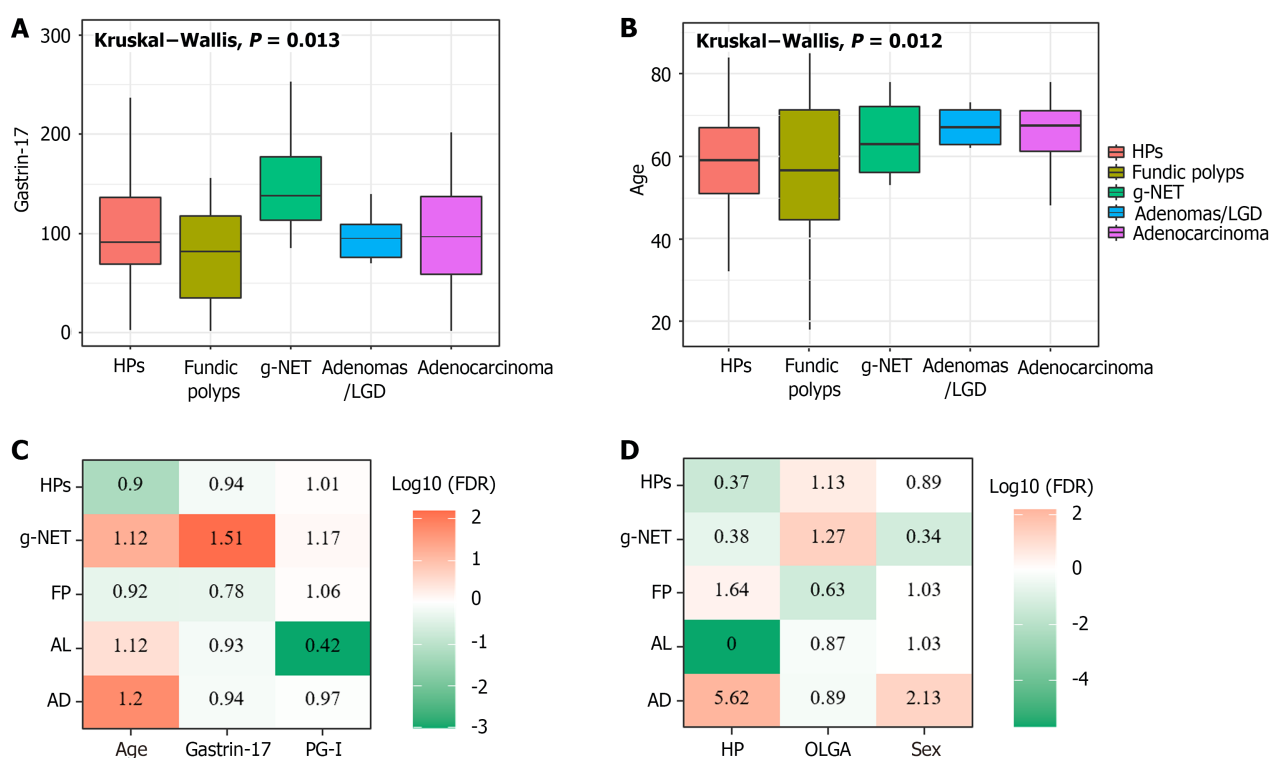
In our multicenter retrospective study, we aimed to investigate the pathological types of GPs and clinical and associated biochemical factors in patients with AIG. Among the 530 patients with AIG studied, 166 (31.3%) were found to have a total of 433 polypoid lesions. The study cohort was representative of the broader AIG patient population, with



**Table 6** Multivariate logistics regression analysis of the optimal subset method model

| Variable        | Coefficient | OR (95%CI)          | P value |
|-----------------|-------------|---------------------|---------|
| Age             | 0.015       | 1.015 (0.999-1.032) | 0.071   |
| PCA             |             |                     |         |
| Positive        | 0.778       | 2.178 (1.243-3.818) | 0.007   |
| Negative        |             |                     |         |
| PG-I/PG-II      | -0.069      | 0.927 (0.884-0.971) | 0.008   |
| OLGA            |             |                     |         |
| 0-II            |             |                     |         |
| III-IV          | 0.375       | 1.455 (0.945-2.239) | 0.088   |
| ECL hyperplasia |             |                     |         |
| Absent          |             |                     |         |
| Exist           | 1.247       | 3.479 (2.242-5.399) | < 0.001 |
| Intercept       | -1.711      | -                   | -       |

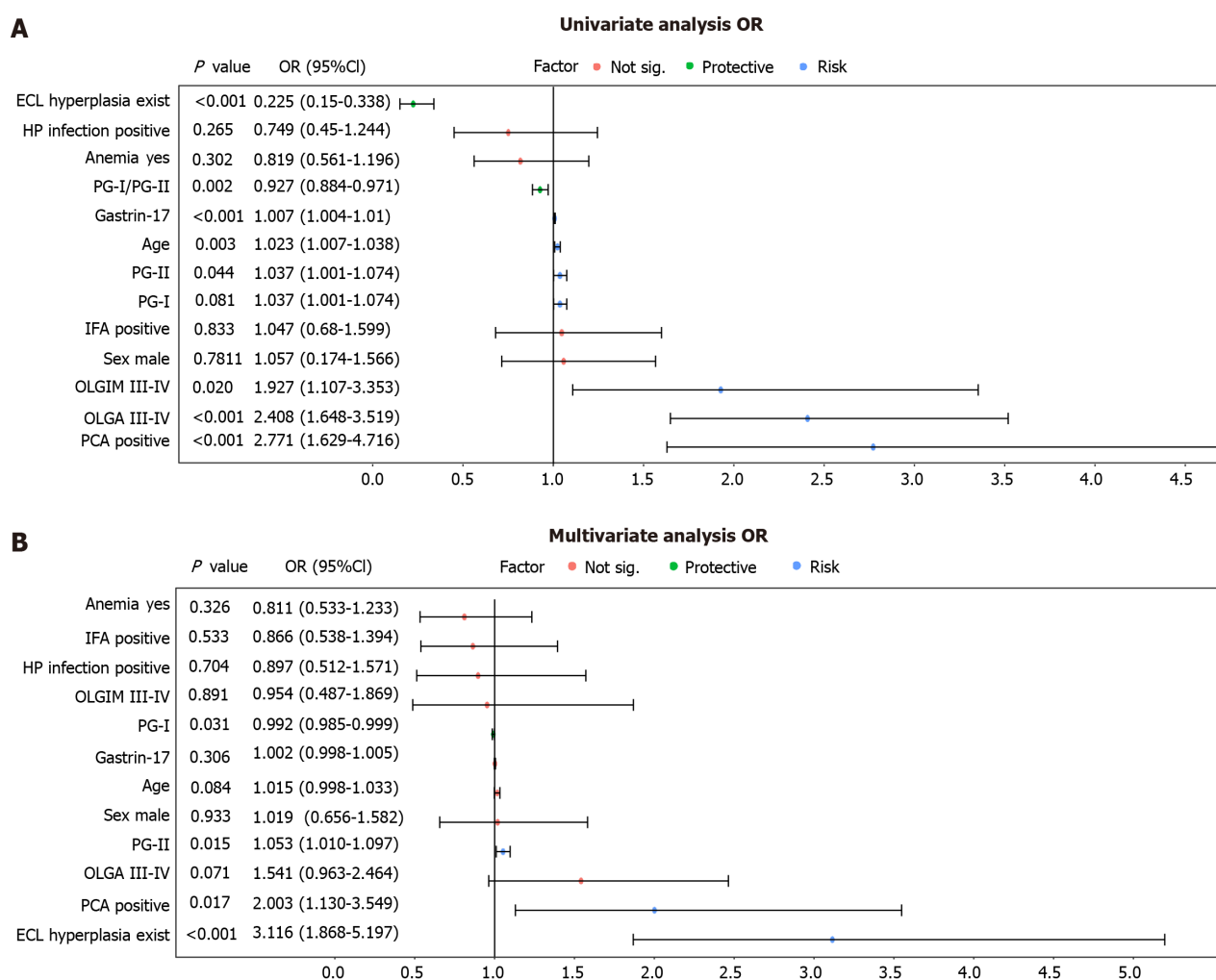
OR: Odds ratio; CI: Confidence interval; PCA: Parietal cell antibodies; PG: Pepsinogen; OLGA: Operative Link for Gastritis Assessment; ECL: Enterochromaffin-like.



**Figure 4** Differences among the gastric polyp groups. A: Gastrin-17 differences between groups; B: Age differences between groups; C: Heat map of age and blood biochemical differences between groups; D: Heat map of histopathological differences between groups. HP: *Helicobacter pylori*; gNET: Gastric neuroendocrine tumor; LGD: Low-grade glandular dysplasia; FP: Fundic polyps; AL: Adenomas/low-grade glandular dysplasia; AD: Adenocarcinoma; PG: Pepsinogen; OLGA: Operative Link on Gastritis Assessment; FDR: False discovery rate.

68.3% being female and a median age of 59 years at diagnosis. Our findings align with previous studies, showing a significant incidence of gNETs in patients with AIG compared with the general population. Additionally, 16 patients with AIG (3.02%) were diagnosed with gastric adenocarcinoma. Of these, nine had a history of *H. pylori* infection, suggesting a potential link between past *H. pylori* infection and the development of gastric adenocarcinoma in patients with AIG.

Our study revealed no significant differences in sex between patients with AIG with GPs and those without. Additionally, previous *H. pylori* infection rates were similar across both groups, suggesting that *H. pylori* infection may not significantly impact abnormal epithelial cell proliferation in the context of AIG. The occurrence of GPs in patients



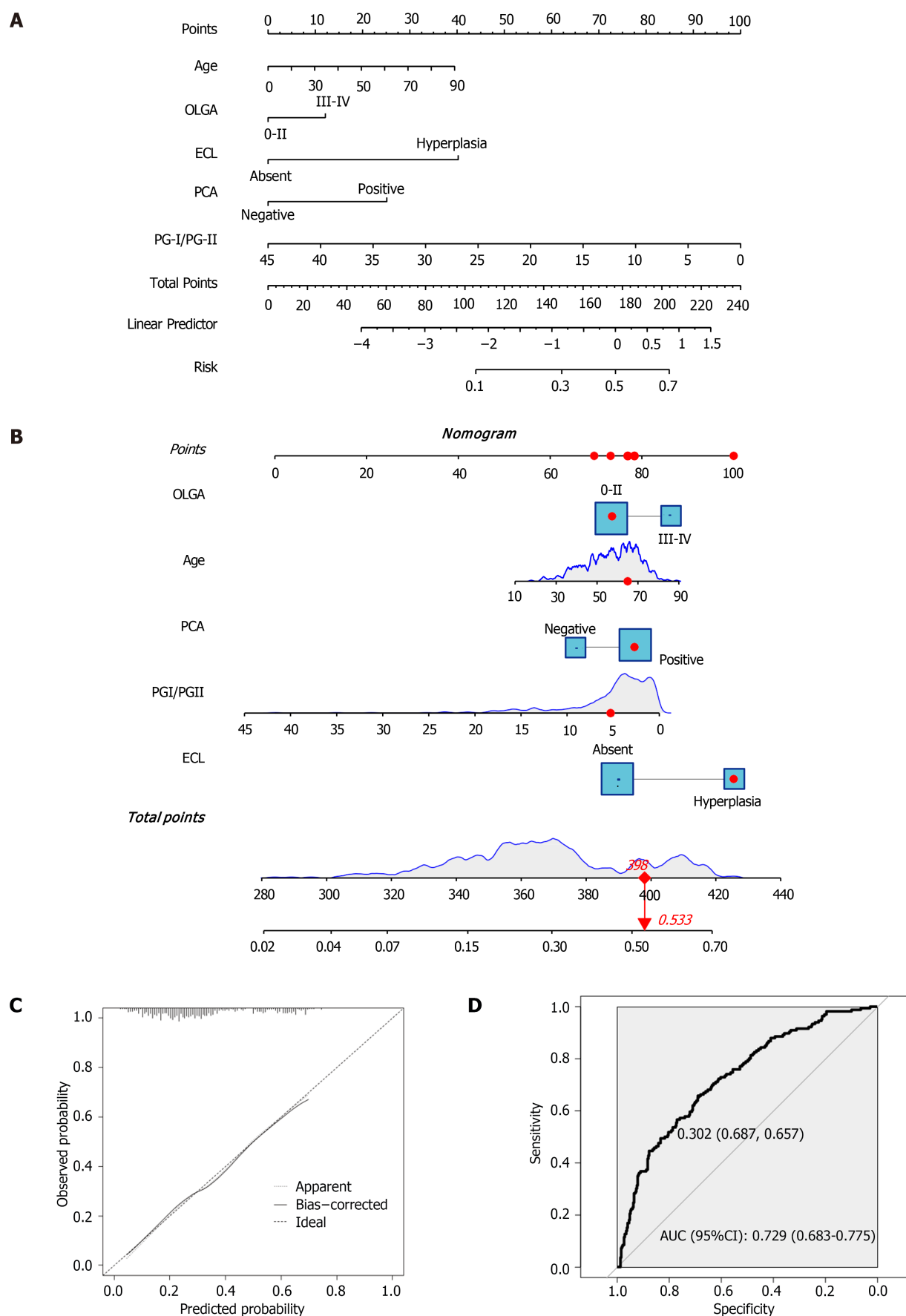
**Figure 5 Forestplot depicting the results of univariate and multivariate analyses.** A: Forest plots for univariate analysis; B: Forest plots for multivariate analysis. OR: Odds ratio; CI: Confidence interval; ECL: Enterochromaffin-like; HP: *Helicobacter pylori*; PG: Pepsinogen; IFA: Intrinsic factor antibody; OLGA: Operative Link on Gastritis Assessment; OLGIM: Operative Link on Gastric Intestinal Metaplasia; PCA: Parietal cell antibody.

with AIG was associated with PCA positivity and ECL hyperplasia, though the specific pathophysiological and molecular mechanisms remain unclear and warrant further investigation through basic research.

We observed that GPs were positively correlated with age, gastrin levels, and OLGA and OLGIM stages. However, OLGA and OLGIM staging scores may not be entirely reliable in predicting polyp formation in patients with AIG, as the histological lesions in AIG predominantly affect the fundus and body of the stomach rather than the antrum. Consequently, active endoscopic surveillance should be performed for all patients with AIG, irrespective of OLGA stage. Our study findings indicate that gastrin-17 levels were significantly higher in the GP group; this supports its role in ECL cell proliferation and the development of neuroendocrine lesions, while also maintaining its trophic effects on other epithelial components of the gastric mucosa. We speculate that elevated gastrin-17 levels contribute to abnormal mucosal proliferation, thereby facilitating the growth of polyps in patients with AIG. Notably, PG-II levels were significantly lower in the GP group, suggesting that atrophy of the antral mucosa might influence the occurrence of GPs. Histologically, a higher proportion of patients in the GP group exhibited OLGA stages III-IV and more pronounced ECL hyperplasia than those in the NGP group. However, no significant differences were found in OLGA and ECL hyperplasia between benign and malignant polyps, potentially due to the low number of malignant polyps in our study sample. Additionally, anemia and vitamin B12 levels were not significantly associated with the presence of GPs.

This study represents the largest analysis to date of AIG and its relationship with GPs, featuring a substantial sample size of 530 patients. By using univariate and multivariate logistic regression analyses, we identified PCA positivity and ECL hyperplasia as significant risk factors for GPs in patients with AIG, while PG-I was found to be a protective factor. Although age and gastrin-17 did not achieve statistical significance in the regression models, they remain relevant variables in the context of AIG. The prediction model we developed, based on these logistic regression results, demonstrated good performance with an area under the ROC curve was of 0.729 (95%CI: 0.683-0.775). The use of fold cross-validation ensured robust consistency and extensibility, of the model, offering valuable insights for clinical practice. However, the model requires validation across diverse cohorts to enhance its clinical applicability and reliability.

Our study sheds light on the previously underexplored relationship between AIG GPs, leveraging a large and demographically diverse sample (68.3% women, median age: 59 years). Identified key risk factors, such as PCA positivity



**Figure 6** Nomogram, receiver operating characteristic curve, and forest plot depictions. A: Nomogram; B: An example of the nomogram; C: Calibration curve; D: Receiver operating characteristic curve. OLGA: Operative Link on Gastritis Assessment; ECL: Enterochromaffin-like; PCA: Parietal cell antibody; PG: Pepsinogen; AUC: Area under the receiver operating characteristic curve.

and ECL hyperplasia, provide useful tools for clinicians assessing the risk of GPs in patients with AIG. Despite the promising results, the study's cross-sectional design limits causal inference, and highlights the need for further research into the molecular mechanisms driving polyp development.

## CONCLUSION

In conclusion, our study not only confirms the relationship between AIG and the occurrence of GPs, but also highlights the predominance of benign, particularly hyperplastic polyps. Nonetheless, the potential risk of malignant transformation should not be overlooked. Comprehensive endoscopic surveillance and follow-up, as recommended by the Sydney protocol are essential for patients undergoing polyp resection. While our findings elucidate the roles of PCA and ECL hyperplasia in predicting GPs, they do not fully explain the roles of PCA, ECL hyperplasia, and gastrin-17 in the development and malignant potential of these polyps. Future research, particularly longitudinal studies, is crucial to further elucidate these relationships and improve noninvasive monitoring strategies for gastric mucosa and epithelial hyperplasia in patients with AIG.

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## FOOTNOTES

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Retrospective Study

# Predictive value of a constructed artificial neural network model for microvascular invasion in hepatocellular carcinoma: A retrospective study

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## Abstract

### BACKGROUND

Microvascular invasion (MVI) is a significant risk factor for recurrence and metastasis following hepatocellular carcinoma (HCC) surgery. Currently, there is a paucity of preoperative evaluation approaches for MVI.

### AIM

To investigate the predictive value of texture features and radiological signs based on multiparametric magnetic resonance imaging in the non-invasive preoperative prediction of MVI in HCC.

## METHODS

Clinical data from 97 HCC patients were retrospectively collected from January 2019 to July 2022 at our hospital. Patients were classified into two groups: MVI-positive ( $n = 57$ ) and MVI-negative ( $n = 40$ ), based on postoperative pathological results. The correlation between relevant radiological signs and MVI status was analyzed. MaZda4.6 software and the mutual information method were employed to identify the top 10 dominant texture features, which were combined with radiological signs to construct artificial neural network (ANN) models for MVI prediction. The predictive performance of the ANN models was evaluated using area under the curve, sensitivity, and specificity. ANN models with relatively high predictive performance were screened using the DeLong test, and the regression model of multilayer feedforward ANN with backpropagation and error backpropagation learning method was used to evaluate the models' stability.

## RESULTS

The absence of a pseudocapsule, an incomplete pseudocapsule, and the presence of tumor blood vessels were identified as independent predictors of HCC MVI. The ANN model constructed using the dominant features of the combined group (pseudocapsule status + tumor blood vessels + arterial phase + venous phase) demonstrated the best predictive performance for MVI status and was found to be automated, highly operable, and very stable.

## CONCLUSION

The ANN model constructed using the dominant features of the combined group can be recommended as a non-invasive method for preoperative prediction of HCC MVI status.

**Key Words:** Hepatocellular carcinoma; Texture analysis; Magnetic resonance imaging; Microvascular invasion; Pseudocapsule; Tumor blood vessels

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**Core Tip:** Whether artificial neural network (ANN) models mimicking human brain provide a high predictive value for hepatocellular carcinoma (HCC) microvascular invasion (MVI). The preoperative prediction ANN model constructed on multiparametric magnetic resonance imaging is acute and stable. ANN models have clinical values and benefits in non-invasively predicting MVI in HCC patients.

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## INTRODUCTION

Primary liver cancer is one of the most common malignant tumors worldwide, with hepatocellular carcinoma (HCC) comprising approximately 85%-90% of all primary liver cancer cases[1]. Although surgical resection remains a primary treatment modality for HCC, the postoperative recurrence rate continues to be notably high[2]. Microvascular invasion (MVI) is recognized as a significant risk factor for tumor recurrence and metastasis following HCC surgery[3-5]. Currently, the evaluation criteria for MVI predominantly rely on postoperative pathological biopsy, and there is a notable lack of preoperative evaluation methods. Imaging texture analysis has been applied to various medical imaging settings to assist in disease diagnosis and treatment[6-9], as it can provide objective and quantitative image description features that reflect the physiological heterogeneity within the region of interest (ROI). Previous studies have often utilized computerized tomography (CT) images[10-13] and two-dimensional ROIs, which provide less information compared to three-dimensional (3D) ROIs[14-16]. Multiparametric liver magnetic resonance imaging (MRI) offers advantages in assessing tumor heterogeneity and has been employed for clinical diagnosis, staging classification, and efficacy evaluation of liver cancer[17,18]. However, previous investigations into the predictive performance of MRI imaging features for MVI have yielded inconsistent results and are highly dependent on the diagnosing physicians. Artificial neural networks (ANNs) are mathematical models that emulate the functions of the human brain. Consisting of a large number of interconnected neurons, ANNs exhibit high fault tolerance, parallel-distributed processing ability, adaptability, self-organization, and self-learning abilities, which enabling them to analyze relatively complex nonlinear systems[19]. This study aims to address the question: Will an ANN model that incorporates texture features from multiparametric MRI images, in conjunction with radiological signs, demonstrate a higher predictive value for HCC MVI? We hypothesize that the integration of artificial intelligence and traditional imaging features could represent a significant advancement in predicting MVI, thereby enhancing clinical applications.

## MATERIALS AND METHODS

### Study subjects

In accordance with the ethical principles of the Declaration of Helsinki, we conducted a retrospective analysis involving 97 patients with HCC, all of whom were confirmed by surgical pathology at our hospital between January 2019 and July 2022. This study received approval from our institutional review board, and informed consent was obtained from all patients (No. 2015-02-28-1).

### Research methods

**MVI assessment and grouping:** MVI refers to the presence of cancer cell clusters within vascular lumens lined by endothelial cells, as detected under the microscope. Liver cancer is most commonly found to invade the branches of the portal vein (including intra-capsular blood vessels)[20]. Based on postoperative pathological observations, patients were classified into MVI-positive and MVI-negative groups.

**MRI examination method:** (1) MRI examination equipment: UMR790 3.0T MRI and SIEMENS Verio 3.0T MRI imaging devices; (2) Contrast agents: Gadobutrol Injection (0.1 mmol/kg, injection rate 1.5 mL/second) or gadopentetate dimeglumine (0.2 mmol/kg, injection rate 2.0 mL/second); and (3) Scanning range and parameter settings: The scanning range was from the top of the diaphragm to the lower edge of the liver.

Scanning parameter settings were as follows: (1) UMR790 3.0T MRI: Axial t1 gre-quick3d-tra [time of repetition (TR)/time of echo (TE) 2.65/1.03 ms], slice thickness 3 mm; Axial t2-arms-tra-fs-navi (TR/TE 4352/92.4 ms), slice thickness 6 mm. The contrast agent was administered *via* the cubital vein using a dual-barrel high-pressure injector. Following the contrast agent injection, 20 mL of 0.9% sterile saline was immediately injected at the same rate to flush the tube. An automatic monitoring scanning method was then employed to capture six arterial phases (AP) at 15 to 28 seconds post-contrast agent injection, with selection of the optimal late AP image. Portal venous phase (VP) images were subsequently obtained at 55 to 65 seconds, and delayed phase (DP) images were captured at 180 seconds; and (2) SIEMENS Verio 3.0T MRI: Axial-t1-vibe-fs-tra (TR/TE 3.92/1.39 ms), slice thickness 4 mm; Axial t2-blade-tra-fs-navi (TR/TE 4185.31/89.00 ms), slice thickness 6 mm. The contrast agent was similarly injected *via* the cubital vein using a dual-barrel high-pressure injector, followed by the immediate injection of 20 mL of 0.9% sterile saline at the same rate to flush the tube. Late AP, portal VP, and DP images were obtained at 25 to 30 seconds, 55 to 65 seconds, and 180 seconds after contrast agent injection, respectively.

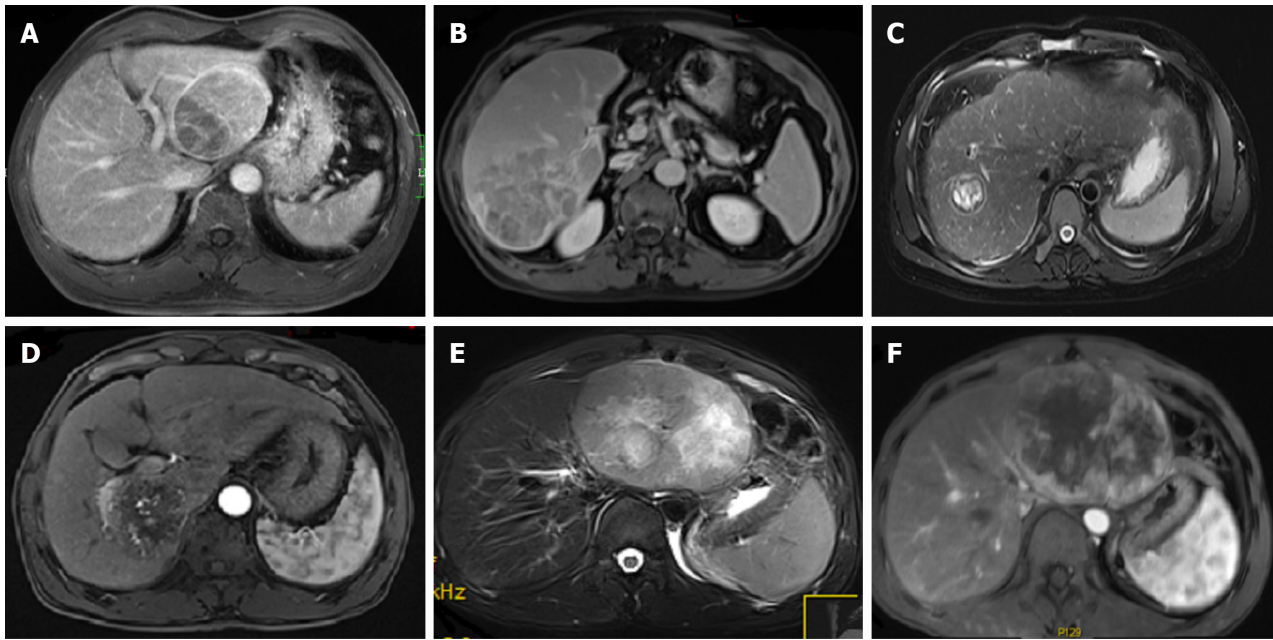
### HCC MRI radiological sign evaluation

Two radiologists independently evaluated the radiological signs without knowledge of the pathological diagnosis of patients. In cases of inconsistent evaluation results, a consensus was achieved through discussion or by consulting another senior diagnostic physician. The imaging criteria included in this study are based on the standardized diagnosis and treatment quality control indicators for Chinese primary HCC (2022 Edition)[21]. Examples of several MRI radiological signs are illustrated in Figure 1.

Grouping was based on several criteria, including maximum tumor diameter, pseudocapsule status, tumor blood vessels, cystic degeneration or necrosis, and cirrhosis: (1) Maximum tumor diameter: Lesions were measured using the medical imaging department's picture archiving and communication system (PACS) and categorized into two groups: < 3.0 cm and ≥ 3.0 cm, according to the maximum diameter of the tumor; (2) Pseudocapsule status: Based on the T1-weighted imaging (T1WI) sequence showing a low signal ring of 0.5 mm-3 mm at the edge of lesion, or a high signal shadow with ring-shaped delayed enhancement during the portal VP or DP. The pseudocapsule status was classified as either complete or incomplete/absent; (3) Tumor blood vessels: Based on whether thickened and tortuous enhancing blood vessels within the tumor showed during the AP of the MR-enhanced scan, and categorized as either with or without tumor blood vessels; (4) Cystic degeneration or necrosis: The observation of patchy low signal intensity on T1WI and high signal intensity on T2-weighted imaging (T2WI) within the lesion, combined with the absence of enhancement on the contrast-enhanced scan, suggests the presence of necrosis or cystic degeneration. Conversely, in the absence of these findings, it was classified as no detected necrosis or cystic degeneration; and (5) Cirrhosis: The identification of an irregular liver edge, blunt liver margin, widened liver fissures, disproportionate liver lobes, and diffuse reticular low signal changes in the liver parenchyma on T2WI sequence indicated cirrhosis. In contrast, the absence of these features was interpreted as indicative of no cirrhosis.

### Texture analysis method based on multiparametric MRI

**HCC lesion ROI delineation and texture feature extraction:** T2WI, AP, VP, and DP images were exported from the PACS in BMP format. Initially, the MaZda 4.6 software (available from: <http://www.eletel.p.lodz.pl/mazda/>) was employed to manually delineate the ROI layer by layer on the enhanced scanning phase images with the clearest tumor boundaries. These delineated layers were subsequently fused to create a 3D volume of interest (VOI). The VOI was then copied to other enhanced images, and in instances of misalignment, adjustments were made based on the neighboring tissue structure to minimize placement errors across different scanning phase images. Given that the layer thickness of T2WI images differed from that of the enhanced images, ROIs needed to be manually delineated separately, layer by layer, before being fused into a single VOI. Finally, a senior radiologist meticulously reviewed the placement of all VOI layers, examining them layer by layer. In cases of disagreement regarding the ROI delineation or VOI adjustments, the lesion was re-delineated or adjusted until consensus was achieved. To minimize the impact of partial volume effects, ROIs were manually delineated on all slices with locating 1 mm-2 mm inside the tumor lesion boundary. Before



**Figure 1 Representative examples of hepatocellular carcinoma magnetic resonance imaging radiological signs.** A: Axial portal venous phase image: A high-signal ring surrounding the tumor lesion edge in the left lobe of the liver, demonstrating good continuity, indicative of a complete pseudocapsule; B: Axial delayed phase image: A high-signal ring around the tumor lesion edge in the right lobe of the liver with interrupted continuity, suggesting an incomplete pseudocapsule; C: Axial T2-weighted imaging image: Irregular liver margin and diffuse reticular slightly low-signal change of the liver parenchyma, characteristic of cirrhosis; D: Axial arterial phase image: Thickened and tortuous enhanced blood vessels within the tumor lesion in the right lobe of the liver, representing tumor vessels; E: Axial T2-weighted imaging image: Irregular patchy high-signal region within a large tumor, suggesting areas of cystic degeneration or necrosis; F: Axial delayed phase image: Corresponding to E, showing no enhancement in the areas of suspected cystic degeneration or necrosis.

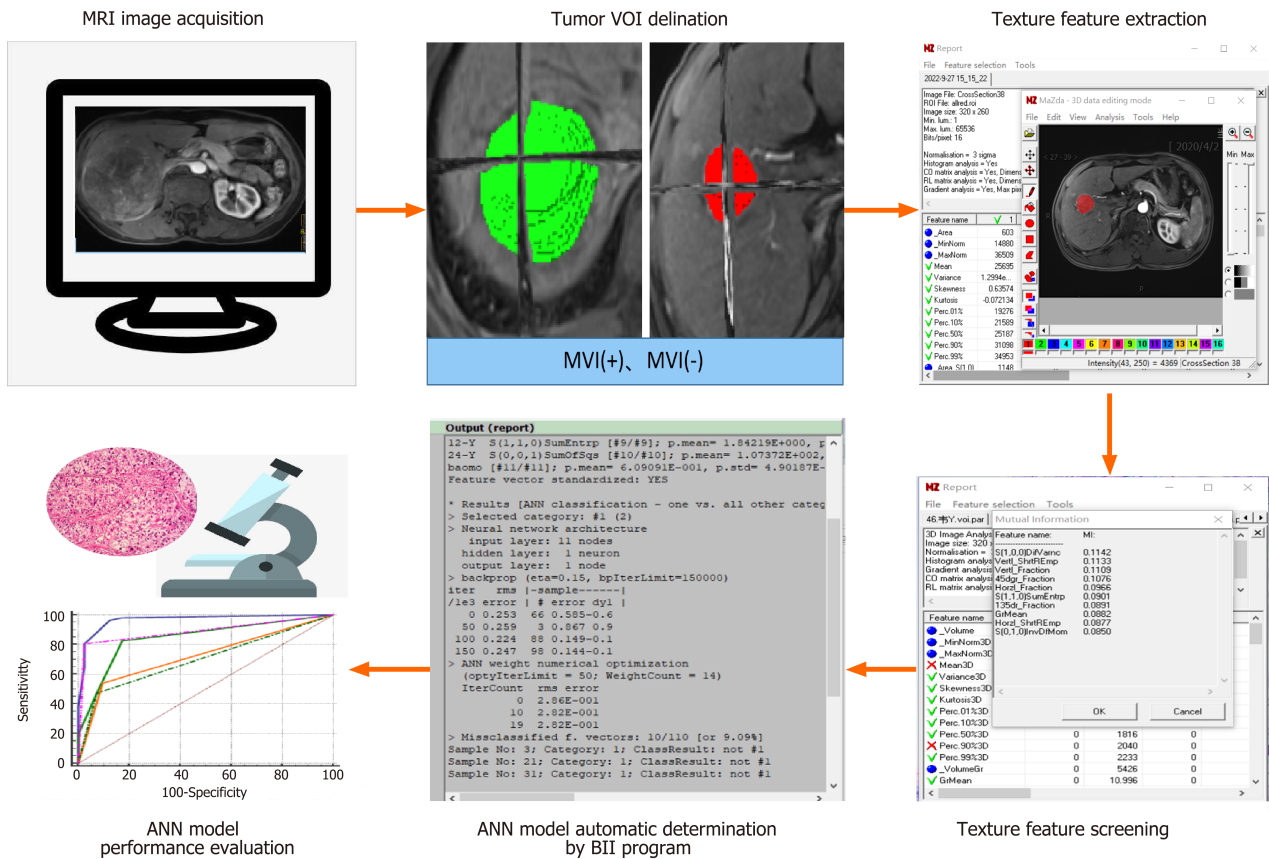
extracting texture features, all enrolled MRI images were gray-level standardized to reduce the impact of imaging non-standardization on the stability of texture features[13,16]. A total of 94 texture feature parameters were extracted for each sequence separately.

**Dimensionality reduction of HCC MRI texture features:** The mutual information (MI) method included in the MaZda 4.6 software was used to select the top 10 dominant texture features from single sequence MRI (T2WI/AP/VP/DP) texture features. Python programmed MI was implemented for dimensionality reduction and selection of the top 10 dominant texture features from multiparametric MRI (T2WI + AP + VP + DP) texture features, totaling  $94 \times 4$  features.

**Construction and evaluation of ANN models:** Using the B11 program included in the MaZda 4.6 software, the dominant texture features obtained from dimensionality reduction of single sequence MRI and multiparametric MRI were used to construct ANN models separately. The ten dominant texture features from the multiparametric MRI were combined with radiological signs, which are independent predictors of HCC MVI, to develop the ANN model. The results were represented as misclassification rates (MCR). The predictive performance of the model for MVI was evaluated using the area under the receiver operating characteristic (ROC) curve (AUC), as well as sensitivity and specificity metrics. The DeLong test was employed to assess the statistical differences in AUC among the ANN models based on different features, leading to the selection of models that demonstrated relatively high performance. The flowchart illustrating the construction of the ANN models based on MRI texture features is presented in Figure 2.

**Training and testing of ANN models with high prediction performance:** A regression model based on multilayer feedforward backpropagation ANN and error backpropagation learning method was used for training and testing ANN models with high prediction performance. The ANN was implemented using the Python programming language, using features of ANN models demonstrating high prediction performance as input variables and postoperative pathological results of MVI-positive and MVI-negative groups as output variables. The dataset was divided into an 8:2 ratio using a random selection method, followed by input variable data standardization. The dense connection layer of the ANN model was configured with 256 neurons and utilized a sigmoid activation function, with input dimensions corresponding to the number of features. The hidden layer was composed of 128 neurons, also employing a sigmoid activation function. The optimizer used was root mean square propagation, and the loss function chosen was categorical cross entropy. The number of neurons in the hidden layer was determined based on the quantity of inputs in the input layer. During model training, the number of iterative calculations was set to 200, batch size was set to 64, and 30% of the data was used as a test set. The output layer consisted of two elements, with the first element representing patients in the MVI-positive group and the second element representing patients in the MVI-negative group. Finally, the accuracy rate and loss function values of the test set data pertaining to HCC MVI prediction were monitored, and the calculations were repeated 30 times. The average value obtained from these repetitions was considered the final result.





**Figure 2** Flowchart of artificial neural network model construction based on magnetic resonance imaging texture features. MRI: Magnetic resonance imaging; ANN: Artificial neural network; VOI: Volume of interest; MVI: Microvascular invasion.

## Statistical analysis

Statistical product and service solutions 26.0 software analysis package was used for this study, and two independent samples *t*-test was used for measures that conformed to normal distribution, and nonparametric Mann-Whitney *U* test was used for measures that did not conform to normal distribution;  $\chi^2$  test was used to analyze the relationship between MRI imaging signs and MVI expression; and for clinical or imaging features with  $P < 0.05$ , binary logistic regression was used to further screen for independent risk factors. Python 3.7 programming language with MI method was used to perform feature dimensionality reduction for multiparameter texture features and select the top 10 dominant features. The ANN model of the built-in B11 program of MaZda 4.6 software was used for prediction and classification. The performance of ANN models in predicting MVI status was represented by the MCR. The AUC, sensitivity, and specificity were metrics used to evaluate the predictive performance. To assess the statistical differences between the AUCs of different models, the DeLong test was applied, with a  $P$  value of less than 0.05 considered statistically significant.

## RESULTS

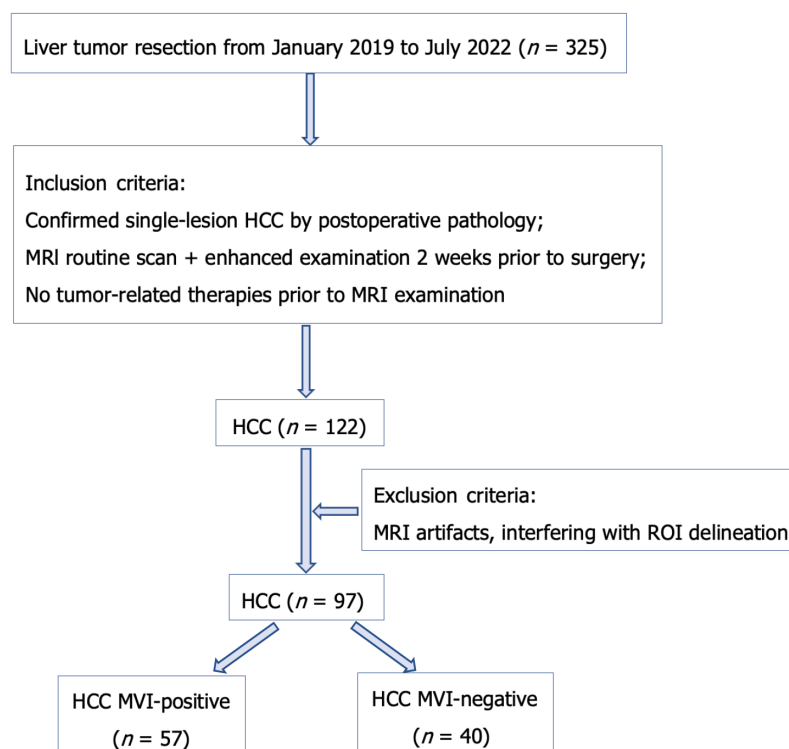
### Prediction of HCC MVI based on MRI radiological signs

Based on the postoperative pathological results, patients were divided into the MVI-positive group (57 cases in total, including 50 males and 7 females, aged 29-80 years, with an average age of  $51.28 \pm 12.54$  years) and the MVI-negative group (40 cases in total, including 34 males and 6 females, aged 35-79 years, with an average age of  $55.23 \pm 11.33$  years). The flowchart for the enrollment process of the study population is shown in Figure 3. The relationship between MRI imaging signs and HCC MVI positive and negative groups was analyzed using the  $\chi^2$  test, which are both categorical variables. Among the clinical and radiological signs including gender, age, tumor maximum diameter ( $\geq 3$  cm or  $< 3$  cm), pseudocapsule status (presence and complete or Absence/incomplete), tumor blood vessels (presence or absense), cystic degeneration or necrosis (presence or absense) and cirrhosis (presence or absense), it was found that tumor maximum diameter, pseudocapsule status, presence of tumor blood vessels, and presence of necrosis or cystic degeneration were significantly correlated with MVI status (all  $P < 0.05$ ) (Table 1), while the presence of cirrhosis was not correlated with MVI ( $P = 0.298$ ). For clinical or imaging features with significant correlation ( $P < 0.05$ ), binary logistic regression was used to further screen independent risk factors. The results showed that the absence of pseudocapsule or incomplete pseudocapsule and tumor blood vessels were independent risk factors for MVI (Table 1).

**Table 1** Binary logistic regression analysis for microvascular invasion prediction

| Variables                       | $\beta$ | SE    | Wald   | df | P value | OR (95%CI)           |
|---------------------------------|---------|-------|--------|----|---------|----------------------|
| Tumor maximum diameter          | -0.074  | 0.588 | 0.016  | 1  | 0.900   | 0.929 (0.293-2.942)  |
| Pseudocapsule                   | 2.093   | 0.639 | 10.733 | 1  | 0.001   | 8.111 (2.318-28.373) |
| Tumor blood vessels             | 2.051   | 0.788 | 6.775  | 1  | 0.009   | 7.775 (1.660-36.421) |
| Cystic degeneration or necrosis | 0.098   | 0.677 | 0.021  | 1  | 0.885   | 1.103 (0.293-4.4155) |

OR: Odds ratio; CI: Confidence interval.

**Figure 3** Flowchart of subject enrollment in this study. MRI: Magnetic resonance imaging; MVI: Microvascular invasion; HCC: Hepatocellular carcinoma; ROI: Region of interest.

### Application and evaluation results of ANN models for MVI status prediction

The dominant texture features obtained from single sequence and multiparametric MRI after MI dimensionality reduction are shown in Table 2. The texture features of multiparametric MRI were derived from the gray-level gradients and long run length matrix features of AP and VP images. The performance of ANN models constructed on different features for MVI performance prediction is shown in Table 3, and the ROC curves are shown in Figure 4. Notably, the ANN model incorporating the combined group (pseudocapsule situation, tumor blood vessels, AP, and VP) exhibited the highest performance for predicting MVI, with metrics including MCR, sensitivity, specificity, and AUC recorded at 13.40%, 80.70%, 97.50%, and 0.891, respectively. Subsequently, a difference analysis of AUCs using ANN models constructed on dominant texture features from different MRI sequence and radiological signs were performed, and the results showed that the difference between the combined group and the single sequence or AP + VP ANN models was statistically significant ( $P < 0.05$  for both comparisons). The ANN models constructed on T2WI, AP, VP, and AP + VP dominant texture features demonstrated comparable performance for predicting MVI, with no statistically significant difference between pairwise comparisons ( $P > 0.05$  for all). These findings suggest that the ANN model utilizing features from the combined group demonstrates superior predictive performance, which warrants further testing and validation (the schematic diagram of the combined group ANN model structure is shown in Figure 5).

### Training and testing results for the ANN model of high prediction performance

In this study, the ANN model for the combined group was trained and tested, with the accuracy rate and loss function values for the test set being monitored. After 30 iterations, the mean value was obtained as the final result. The results show that the test set data had an accuracy rate of  $0.774 \pm 0.335$  for predicting HCC MVI, and the loss function value was  $0.647 \pm 0.061$ . These results suggest that the model demonstrates good stability.

**Table 2** The dominant texture features selected after microvascular invasion dimensionality reduction

| T2WI           | AP                   | VP                   | DP                    | Multiparametric         |
|----------------|----------------------|----------------------|-----------------------|-------------------------|
| GrSkewness     | Z_ShrtREmp           | Z_LngREmp            | Perc.01% 3D           | AP-S (0, 1, 0) SumAverg |
| 135dr_GLevNonU | Z_Fraction           | Z_Fraction           | S (0, 0, 1) InvDfMom  | AP-Horzl_Fraction       |
| 45dgr_GLevNonU | Z_LngREmp            | S (1, 0, 0) SumAverg | GrMean                | AP-Horzl_ShrtREmp       |
| Horzl_GLevNonU | 45dgr_ShrtREmp       | S (0, 0, 1) SumAverg | Z_LngREmp             | AP-Horzl_LngREmp        |
| Z_RLNonUni     | S (0, 0, 1) InvDfMom | S (1, 1, 0) SumAverg | Z_ShrtREmp            | AP-S (0, 0, 1) InvDfMom |
| 135dr_ShrtREmp | S (0, 0, 1) SumAverg | Vertl_RLNonUni       | S (1, -1, 0) SumAverg | VP- 45dgr_RLNonUni      |
| Horzl_Fraction | Skewness 3D          | 135dr_RLNonUni       | S (1, -1, 0) SumVarn  | VP-Vertl_RLNonUni       |
| 135dr_RLNonUni | GrSkewness           | Z_ShrtREmp           | Z_Fraction            | VP-S (0, 0, 1) SumAverg |
| Z_GLevNonU     | 45dgr_Fraction       | Perc.10% 3D          | S (0, 1, 0) SumVarn   | VP-Z_ShrtREmp           |
| Vertl_GLevNonU | Kurtosis 3D          | S (0, 1, 0) SumAverg | Perc.10% 3D           | VP-Z_LngREmp            |

T2WI: T2-weighted imaging; 3D: Three-dimensional; AP: Arterial phases; VP: Venous phase; DP: Delayed phase.

**Table 3** Hepatocellular carcinoma microvascular invasion prediction results from artificial neural network models constructed on different features, *n* (%)

| Sequence              | MCR ( <i>n</i> = 97) | Sensitivity (%) | Specificity (%) | AUC (95%CI) |
|-----------------------|----------------------|-----------------|-----------------|-------------|
| T2WI                  | 25 (25.77)           | 80.70           | 65.00           | 0.729       |
| AP                    | 19 (19.59)           | 100.00          | 52.50           | 0.762       |
| VP                    | 24 (24.74)           | 70.17           | 82.50           | 0.763       |
| DP                    | 23 (23.71)           | 70.17           | 85.00           | 0.776       |
| AP + VP               | 17 (17.53)           | 94.73           | 65.00           | 0.799       |
| <sup>1</sup> Combined | 13 (13.40)           | 80.70           | 97.50           | 0.891       |

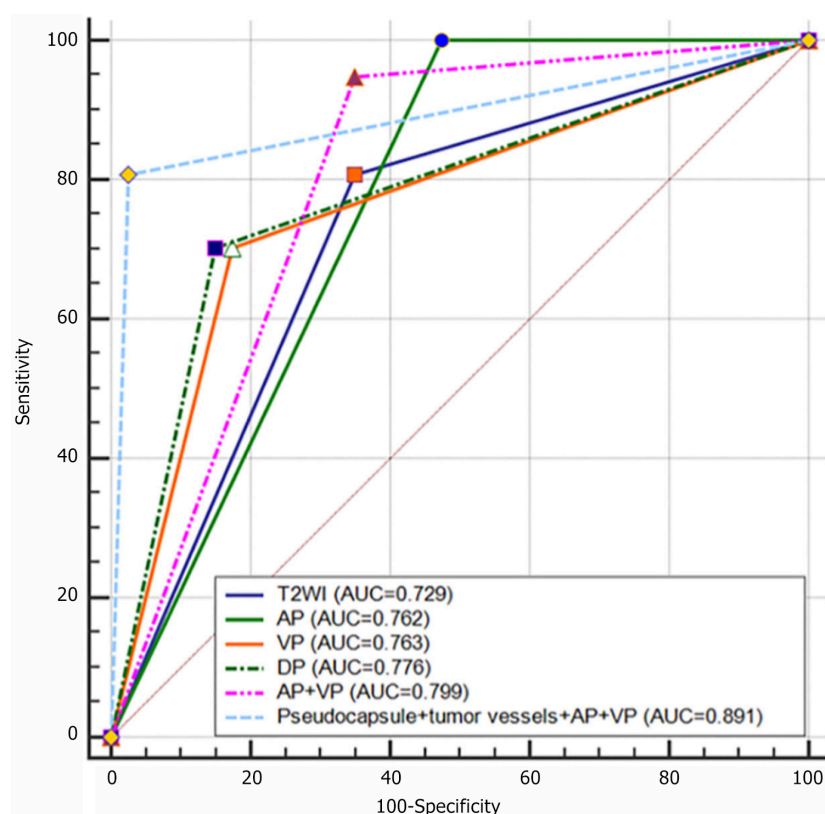
<sup>1</sup>Combined = Pseudocapsule + tumor blood vessels + arterial phases + venous phase.

T2WI: T2-weighted imaging; MCR: Misclassification rate; AUC: Area under curve; AP: Arterial phases; VP: Venous phase; DP: Delayed phase; CI: Confidence interval.

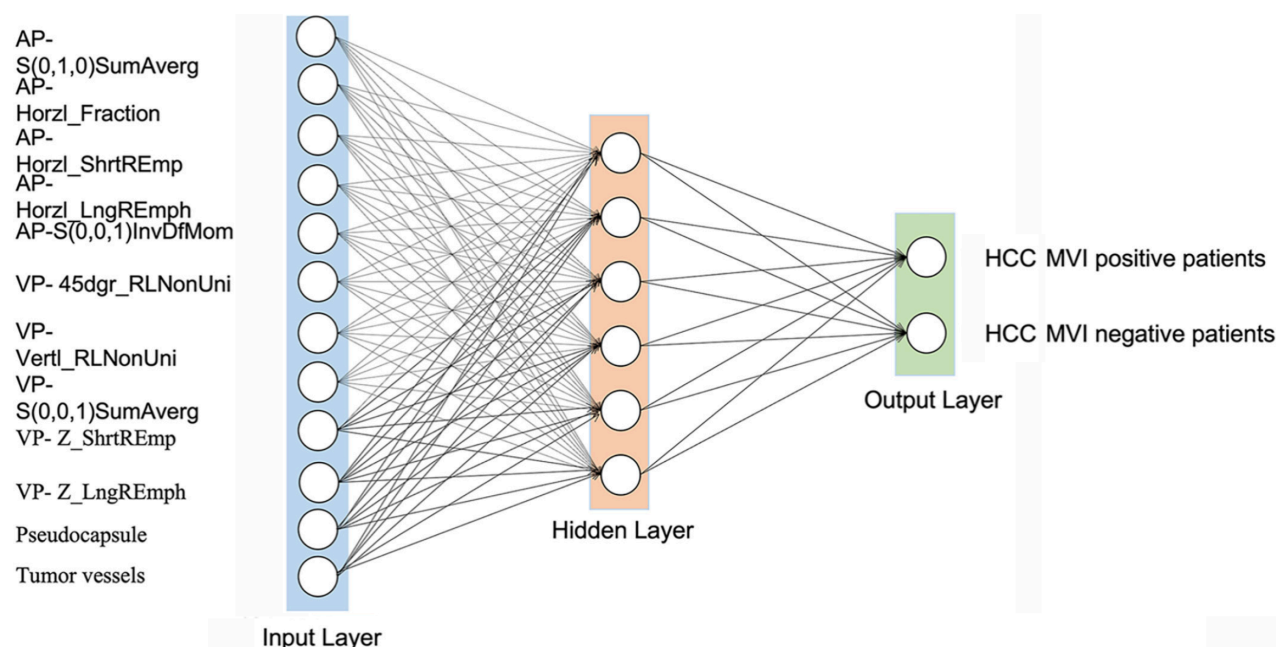
## DISCUSSION

### MRI radiological signs in predicting MVI

When the tumor diameter exceeds 3.0 cm, significant alterations occur in the genetic material and biological invasiveness of HCC[22]. Based on this theoretical foundation, this study used 3.0 cm as the threshold for classifying HCC size. Previous studies have found that HCC tumor size, multiple nodular tumor morphology, irregular tumor margins, incomplete pseudocapsule, and abnormal intratumoral arteries are radiological signs related to MVI, while their clinical values and applicability vary. Huang *et al*[23] found that tumor size and incomplete pseudocapsule are independent risk factors for predicting MVI. In contrast, this study found that while tumor size is correlated with MVI status, it was not identified as an independent risk factor for predicting MVI, aligning with the findings of Kim *et al*[24] and Chou *et al*[25], and different from Huang *et al*[23]. This discrepancy may be attributed to selection bias regarding HCC lesion size. Furthermore, this study identifies the absence or incompleteness of a pseudocapsule as an independent risk factor for predicting MVI, aligning with the findings of Huang *et al*[23]. This observation supports the hypothesis that the pseudocapsule of HCC serves to inhibit cancer cell invasion into adjacent liver parenchyma. Additionally, cancer cell cords at the incomplete pseudocapsule can interact with normal liver cells, with tumor blood vessels directly linking to normal liver sinusoids, thereby increasing the likelihood of MVI by cancer cells[26]. In addition to these above findings, we further proved that tumor blood vessels are also an independent risk factor for predicting MVI, consistent with the finding of Renzulli *et al*[27]. Unlike Renzulli *et al*[27] who combined intratumoral arteries and low density halo sign into a specific radiological sign/imaging feature called two-trait predictor of venous invasion for preoperative prediction of MVI, this study did not include low signal halo analysis due to the difficulty in distinguishing low signal halo and enhanced pseudocapsule on MRI images. In the study of preoperative MVI risk assessment for HCC by Yang *et al*[28], least absolute shrinkage and selection operator (LASSO) regression analysis was performed on a cohort of 405 patients who underwent HCC resection. In this study, HCC tumor necrosis or cystic degeneration shows statistical significance in detecting



**Figure 4 Receiver operating characteristic curves for predicting hepatocellular carcinoma microvascular invasion using artificial neural network models constructed on different sequence features.** T2WI: T2-weighted imaging; AUC: Area under curve; AP: Arterial phases; VP: Venous phase; DP: Delayed phase.



**Figure 5 Schematic diagram of the combined group artificial neural network model structure.** AP: Arterial phases; VP: Venous phase; MVI: Microvascular invasion; HCC: Hepatocellular carcinoma.

difference between MVI positive and negative cases, however without being an independent risk factor for predicting MVI status. Cirrhosis is an important indicator of poor prognosis in HCC[29], and some studies have reported the presence of cirrhosis as an independent risk factor for MVI in HCC patients. In contrast to these previous finding, our study did not establish a correlation between the occurrence of MVI in HCC patients and a history of cirrhosis.



### MVI prediction with ANN models constructed on MRI texture features

Tumors are heterogeneous entities that encompass diverse scales[30], and invasive biopsy-based detection methods have limitations and often fail to capture the overall biological characteristics of a tumor. Tumor texture features mainly include characteristics derived from gray-level histograms, gray-level co-occurrence matrices, gray-level gradients, and long-run matrices, which can reflect subtle texture changes that are challenging to detect with the naked eye. Some of these features may have significant implications for the tumor and its surrounding microenvironment[12,31]. In this study, similar to the research of Zhang *et al*[32] and Meng *et al*[33], 3D VOI image data analysis was used. Previous studies have established that variations in contrast agents, slice thickness, and machine acquisition parameters can affect the repeatability and variability of radiomics[12,34], leading to inconsistencies in pixel or voxel size, gray-level number and range. These factors may affect the performance of texture features, interfering with the texture analysis model's applications in other centers. Therefore, it is essential to perform preprocessing with image resampling and/or gray-level normalization before texture features extractions. In this study, the images were gray-level standardized, minimizing the bias of texture features. Zhu *et al*[35] performed dimensionality reduction on the texture features of MRI AP and VP images and obtained four MR texture features of AP images and five texture features for portal venous phase (PP) images. They established individual logistic regression models utilizing texture features to predict MVI. In the ROC analysis, the AP texture model demonstrated superior diagnostic performance compared to the PP model in the validation cohort, with an AUC of 0.773 *vs* 0.62, which is similar to the AUC value of the ANN model constructed in this study based on AP image texture features. Zhu *et al*[35] focused merely on the texture features of arterial and portal VP, neglecting the predictive value of T2WI and DP image texture features, which have also been routinely used for preoperative MVI prediction. Previous studies[36,37] have shown that diffusion-weighted imaging (DWI)/T2WI mismatch and apparent diffusion coefficient (ADC) measurements are not particularly reliable for predicting MVI, so this study did not incorporate DWI/T2WI mismatch and ADC. Studies by Zhang *et al*[32], Guo *et al*[12], and Zhu *et al*[35] have demonstrated that texture analysis prediction models based on the MRI AP are superior to other single sequence models. Given that HCC increasingly receives blood supply from the hepatic artery, which ultimately predominates, the AP images are believed to more accurately reflect tumor heterogeneity and, consequently, better assess MVI. In this study, the ANN models constructed on single sequence MRI (T2WI/AP/VP/DP) and AP + VP dominant texture features had no statistically significant. This lack of significance may be attributed to variations in the dimensionality reduction methods applied to the texture features, as well as differences in the model construction approaches. Further studies with an increased sample size are necessary to confirm these findings and to determine whether the texture feature values obtained from routine MRI scans are comparable to those derived from enhanced image sources. It is worth mentioning that Nebbia *et al*[38] found that when tumor and margin radiomics features were combined, the performance of the model decreased, indicating that the information obtained from the margin and the tumor itself are not complementary (and might even be conflicting). Similarly, in this study, the prediction performance of the ANN model constructed on AP + VP dominant texture features for HCC MVI did not provide statistically significant additional value to the ANN model constructed on single sequence MRI dominant features. Xu *et al*[39] focused on the CT radiographic features around the tumor according to the MVI definition, but it was not superior to the features obtained from the tumor itself in terms of predicting MVI. Therefore, this study only used the entire tumor texture features to predict MVI and systematically evaluated the predictive performance of T2WI and three phase enhanced MRI images for MVI, all of which exhibited certain predictive capabilities for MVI status.

### ANN model constructed on multiparametric MRI texture features combined with radiological signs for MVI prediction

Currently, there is an ongoing debate regarding the extent to which the combination of texture features or radiomics features with radiological signs can enhance the predictive performance of HCC MVI. In this study, the ANN model constructed using the dominant features from the combined group (pseudo-capsule status + tumor blood vessels + AP + VP) achieved a MCR, sensitivity, specificity, and AUC of 13.40%, 80.70%, 97.50%, and 0.891, respectively, for the high-expression group of HCC MVI. The accuracy rate of the test set data for HCC MVI prediction was  $0.774 \pm 0.335$ , with a loss function value of  $0.647 \pm 0.061$ , indicating good model stability. The differences between this model and the ANN models constructed on single sequence or AP+VP dominant features were statistically significant ( $P < 0.05$  for both). In the ANN model, the pseudocapsule status and tumor blood vessels provided statistically significant additional value for the prediction of MVI based on texture features. Lu *et al*[40] studied the preoperative radiomics prediction of HCC MVI based on gadolinium ethoxybenzyl diethylenetriamine pentaacetic acid (Gd-EOB-DTPA)-enhanced MRI and established a combined model using tumor margin, peritumoral low intensity, and seven radiomics features. This combined model demonstrated superior performance compared to both the radiomics model and the clinical radiology model, achieving the highest sensitivity of 90.89% in the validation set. The AUC values for the combined model, radiomics model, and clinical radiology model were 0.826, 0.755, and 0.708, respectively. The AUC of the combined ANN model for predicting MVI in this study was slightly higher than that reported by Lu *et al*[40], Zhang *et al*[13], based on CT enhancement images of radiomics features in 637 patients, established a logistic regression radiomics model to predict MVI status after dimensionality reduction using the LASSO method. The AUCs of the combined radiomics model, including age and alpha-fetoprotein levels, in the training, testing, and independent validation cohorts were 0.806, 0.803, and 0.796, respectively. These results indicate that CT and MRI exhibit comparable predictive performance for MVI in solitary HCC. Furthermore, Meng *et al*[33] demonstrated that MRI radiomics analysis outperformed CT in predicting MVI for HCC tumors larger than 2 cm and up to 5 cm. Despite the reported advancements, various studies employ differing methods for the extraction of texture features or radiomics features, as well as for dimensionality reduction. Additionally, the lack of complete standardization in imaging presents a significant challenge. Furthermore, the variability in combined radiological signs and laboratory indicators is a critical factor contributing to the biases observed in the results. For HCC,



dynamic contrast-enhanced MRI of the liver has become the preferred technology for clinical detection, diagnosis, staging and efficacy evaluation. It has advantages over dynamic contrast-enhanced CT in evaluating whether the portal vein, main hepatic vein and its branches are invaded. Therefore, this study mainly focuses on multiple Modal MRI studies. The ANN model can better analyze complex nonlinear relationships than traditional radiomics models (such as support vector machines, random forests, *etc.*), and is widely used in disease diagnosis, classification, prediction, and survival analysis[41,42]. In this study, the ANN model constructed by combining the dominant features of the group (pseudo-capsule + tumor blood vessels + AP + VP) has higher prediction performance for MVI status. This model is an automatic classification prediction with strong operability and stability. It is good and provides a theoretical basis for clinical prediction of HCC recurrence and metastasis. It has great clinical application value. Therefore, it can be recommended as a non-invasive method to predict the MVI status of HCC before surgery.

### Clinical application of ANN model for HCC

Previous retrospective study had developed an ANN model to predict post-hepatectomy early recurrence in HCC patients without macroscopic vascular invasion and achieved satisfactory discriminatory and calibration capacities in both the derivation and validation cohorts with greater prediction capacity than a Cox proportional hazards model, some preexisting recurrence models, and commonly used staging systems[42]. Other studies have shown that ANN diagnostic blueprint established by feature genes showcased robust and transferrable prognostic potentialities, portending to alleviate patient encumbrance and elevate life quality[43], and that the ANN model has better diagnostic capabilities than other commonly used models and scoring systems in assessing liver cirrhosis risk in patients with hepatitis B virus-related HCC[44]. Moreover, it was reported that the ANN model was more accurate in predicting 5-year mortality compared to the conventional logistic regression model for HCC[45]. In our present study, we found that in the ANN models based on the relevant radiological signs can improve the performance of texture features in predicting HCC MVI, which can be recommended as a non-invasive method for preoperative prediction of HCC MVI status. have been designed to attain superior classification accuracy through automated extraction of features from images, as well as to enhance the precision in forecasting biological traits and outcomes, including MVI and the likelihood of tumor recurrence [46]. Nonetheless, significant obstacles, particularly regarding interpretability, have impeded their application in clinical environments. To facilitate the effective integration of these models into clinical practice, additional studies are essential to confirm their efficacy and improve their interpretability. Extensive, large-scale, multi-center validation is necessary prior to real-world clinical use.

### Limitations and future directions

(1) This is a retrospective, single-center study with a relatively small sample size. Many patients who were clinically considered “high risk” but did not receive surgical treatment were excluded, which may lead to potential selection bias affecting the repeatability and comparability of the results. Further external validation and prospective data validation are thus needed; (2) The construction of the ANN models in this study was completed using MaZda 4.6 in a one-stop manner, with a single reader involved, rendering it impossible to assess the consistency between different readers; and (3) More comprehensive clinical data such as relevant laboratory indicators were not included in the analysis, and the interpretability of the model was not discussed. This is also the direction for further exploration.

## CONCLUSION

In summary, in the ANN models of this study, the relevant radiological signs can improve the performance of texture features in predicting HCC MVI to some extent. The ANN model constructed on texture features of multiparametric MRI combined with radiological signs can be recommended as a non-invasive method for preoperative prediction of HCC MVI status. This model is automated for classification prediction, highly operable, and stable. Our findings also suggest that current computer technology applications in disease diagnosis and treatment should not overly rely on the prediction results obtained solely from primary lesion image information by artificial intelligence.

## FOOTNOTES

**Author contributions:** Nong HY, Ding K, Liu MR, Cen YY and Lu SJ carried out the studies, participated in collecting data, and drafted the manuscript; Ding K, Liu MR, Nong HY and Cen YY performed the statistical analysis and participated in its design; Huang RS, Chen Q, Huang LF, Huang JN, Wei X and Li L helped to draft the manuscript; All authors read and approved the final manuscript.

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**Institutional review board statement:** Adhering to the ethical principles of the Declaration of Helsinki, a retrospective analysis of 97 patients with hepatocellular carcinoma confirmed by surgical pathology at our hospital from January 2019 to July 2022 was conducted, with approval from our Institutional Review Board and completion of all patients' informed consent (approved number: 2015-02-28-1).

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**Conflict-of-interest statement:** The authors declare that they have no conflict of interest.

**Data sharing statement:** The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

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Retrospective Study

# Dihydropyrimidine dehydrogenase polymorphisms in patients with gastrointestinal malignancies and their impact on fluoropyrimidine tolerability: Experience from a single Italian institution

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## Abstract

### BACKGROUND

Fluoropyrimidines are metabolized in the liver by the enzyme dihydropyrimidine dehydrogenase (DPD), encoded by the *DPYD* gene. About 7% of the European population is a carrier of *DPYD* gene polymorphisms associated with reduced DPD enzyme activity.

### AIM

To assess the prevalence of *DPYD* polymorphisms and their impact on fluoropyrimidine tolerability in Italian patients with gastrointestinal malignancies.

### METHODS

A total of 300 consecutive patients with a diagnosis of gastrointestinal malignancy and treated with a fluoropyrimidine-based regimen were included in the analysis and divided into two cohorts: (1) 149 patients who started fluoropyrimidines after *DPYD* testing; and (2) 151 patients treated without *DPYD* testing. Among the patients in cohort A, 15% tested only the *DPYD2A* polymorphism, 19% tested four polymorphisms (*DPYD2A*, HapB3, c.2846A>T, and *DPYD13*), and 66% tested five polymorphisms including *DPYD6*.

### RESULTS

Overall, 14.8% of patients were found to be carriers of a *DPYD* variant, the most common being *DPYD6* (12.1%). Patients in cohort A reported  $\geq$  G3 toxicities ( $P = 0.00098$ ), particularly fewer nonhematological toxicities ( $P = 0.0028$ ) compared with cohort B, whereas there was no statistically significant difference between the two cohorts in hematological toxicities ( $P = 0.6944$ ). Significantly fewer che-



motherapy dose reductions ( $P = 0.00002$ ) were observed in cohort A compared to cohort B, whereas there was no statistically significant differences in chemotherapy delay.

## CONCLUSION

Although this study had a limited sample size, it provides additional information on the prevalence of *DPYD* polymorphisms in the Italian population and highlights the role of pharmacogenetic testing to prevent severe toxicity.

**Key Words:** Dihydropyrimidine dehydrogenase; *DPYD* polymorphisms; Fluoropyrimidine; Caucasian population; Gastrointestinal cancers

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**Core Tip:** In this retrospective study, we report the prevalence of *DPYD* polymorphisms in a real-world population of patients treated for gastrointestinal malignancies and their impact on fluoropyrimidine tolerability. Furthermore, we demonstrate that the presence of polymorphisms in the *DPYD* gene, which encodes dihydropyrimidine dehydrogenase, leads to an increased risk of G3/G4 nonhematologic toxicity and more frequent dose reductions. We did not find a significant difference in chemotherapy delay.

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## INTRODUCTION

5-Fluorouracil (5-FU) was introduced into clinical practice about 60 years ago[1], and still represents the backbone of therapy for early and metastatic gastrointestinal tumors. Furthermore, its oral prodrug (capecitabine) is widely used for the treatment of gastrointestinal, breast, and head and neck cancers[2]. After intravenous administration, 5-FU is converted to fluorodeoxyuridine monophosphate, which binds and inhibits thymidylate synthase, resulting in reduced DNA and RNA synthesis[3]. After rapid intestinal absorption, the oral 5-FU prodrug, capecitabine, is converted in the liver to 5'-deoxy-5-fluorocytidine, which is transformed to 5'-deoxy-5-fluorouridine and finally converted to 5-FU[4]. 5-FU is metabolized in the liver by the enzyme dihydropyrimidine dehydrogenase (DPD) encoded by the gene *DPYD*, which has several polymorphisms, some of which cause decreased enzyme activity[5]. The ability to eliminate fluoropyrimidines can be assessed at different time points, from the gene encoding the DPD enzyme to the 5-FU catabolic pathway (different ways to analyze fluoropyrimidine metabolism): (1) The detection of relevant *DPYD* gene single nucleotide polymorphisms; (2) The level of *DPYD* mRNA expression; (3) The evaluation of DPD activity in peripheral blood mononuclear cells with radioenzymatic techniques; (4) The measurement of uracil, a natural substrate of DPD, in plasma or urine; (5) The uracil ratio in plasma, *i.e.* the ratio of catabolite (dihydrouracil) to substrate (uracil) of DPD; and (6) The more recent (2-C13) uracil breath test[6,7].

The most commonly used method is the evaluation of polymorphisms of the *DPYD* gene due to large availability, affordable costs, and well-defined risk and dose adjustments for variant carriers[6]. The most studied *DPYD* variants associated with reduced DPD activity are c.1905+1G>A (rs3918290, *DPYD*2A), c.1679T>G (rs55886062, *DPYD*13), c.2846A>T (rs67376798, p.D949V), and c.1129-5923C>G (rs75017182, HapB3)[8]. Furthermore, other variants such as c.2194G>A (rs1801160, *DPYD*6) are associated with moderate reductions of the enzyme activity[9]. Hematological toxicity, nausea, vomiting, diarrhea, mucositis, and hand-foot syndrome are the most common adverse events associated with fluoropyrimidines[10] and polymorphisms that cause reduced DPD activity may increase these toxicities[8,11]. Two prospective studies have shown that adjusting the dose of fluoropyrimidines based on the presence of *DPYD* variants can significantly reduce the incidence of serious toxicities and deaths, as well as save costs of adverse event management[12, 13]. In 2020, the European Medicines Agency (EMA) recommended that DPD activity be assessed before the administration of 5-FU, capecitabine, or tegafur, an oral prodrug of 5-FU used primarily in Asia. Soon afterwards, the Associazione Italiana di Oncologia Medica (AIOM) recommended *DPYD* polymorphisms testing before systemic fluoropyrimidine therapy initiation, and a dose reduction if variants are detected. According to the Clinical Pharmacogenetics Implementation Consortium, approximately 7% of the European population carries at least one variant conferring reduced DPD activity, and the most common polymorphism is *DPYD*-HapB3[14]. In Italy, several papers have reported the results of *DPYD* variants testing in selected populations, mainly in clinical trials, but data on the real-world prevalence of the *DPYD* polymorphism are still limited.

The aim of the present study was to evaluate the prevalence of the most common *DPYD* polymorphisms in patients treated with 5-FU or capecitabine (alone or in combination with radiotherapy or other drugs) for gastrointestinal cancer at our institution. We also assessed the association between *DPYD* testing and grade 3 or higher adverse events, dose reductions, and treatment delays.

## MATERIALS AND METHODS

This retrospective analysis included 300 patients, older than 18 years, Caucasian race, who were consecutively referred at our Institution from January 2016 to July 2023. Patients should have a histological diagnosis of a gastrointestinal malignancy, requiring chemotherapy with a fluoropyrimidine-based regimen (5-FU or capecitabine), either as monotherapy or in combination with radiotherapy or other agents. The whole population was divided into two cohorts: Cohort A, including patients treated after *DPYD* testing; and cohort B, including patients treated without *DPYD* testing. *DPYD* assessment was performed in several accredited laboratories in our region, according to the patient's residence. The initial dose of fluoropyrimidine was calculated according to the patient's body surface, and reductions were applied based on age, comorbidities, and renal function, which was estimated by the creatinine clearance calculated using the Cockcroft-Gault formula[15]. In case of the presence of a *DPYD* polymorphism, the appropriate dose of fluoropyrimidine was calculated according to the AIOM recommendations. Descriptive statistics were used to show the demographic and clinical characteristics of the study population and the prevalence of the *DPYD* gene polymorphism in patients in cohort A. Hematological and non-hematological adverse events were assessed after each cycle of chemotherapy and graduated according to the National Cancer Institute Common Terminology Criteria for Adverse Events version 4. We estimated the correlation between pharmacogenetic testing and toxicity by comparing the occurrence of grade  $\geq 3$  adverse events in cohort A and cohort B using the  $\chi^2$  test (or Fisher's exact test, if necessary), with  $\alpha$  error defined as 0.05.

## RESULTS

Three hundred consecutive patients treated at our institution from January 2016 to July 2023 were enrolled (Table 1). Cohort A included 149 patients, treated after publication of the EMA recommendations for *DPYD* testing. Cohort B included 151 patients, treated without *DPYD* testing, before EMA recommendations. Levene's test was applied to evaluate the variability between cohorts A and B, obtaining  $P > 0.05$  (0.58371), confirming that the patients' characteristics were well-balanced between the two cohorts (Table 1). About half of the patients were male (165/300, 55%); most patients had large bowel tumors, 55.7% colon, and 26% had rectal adenocarcinoma. About two-thirds of the patients had an early-stage neoplasm with a slightly higher prevalence in cohort A (70%) compared to cohort B (63%). Overall, the number of patients with metastatic disease was 45 (30%) in cohort A and 56 (37%) in cohort B, with 35 (23.5%) and 43 (28.5%) patients with liver metastases in cohorts A and B, respectively. None of the patients with liver metastases had liver impairment greater than grade 1. Fluoropyrimidines were administered as monotherapy in 14% of cases, in combination with radiotherapy in 18%, and doublet with another chemotherapeutic agent in 61.7% of the patients. Patients who received chemoradiotherapy were 20 of 149 in cohort A, and 34 of 151 in cohort B. However, only 1 patient in cohort B received doublet chemotherapy in combination with radiotherapy, in contrast to cohort A in which 7 patients received doublet chemotherapy in combination with radiotherapy. All patients in cohort A were tested for *DPYD2A* (c.1905+1G>A) polymorphism; 23/149 (15%) patients were only tested for *DPYD2A*, 28/149 (19%) patients were tested for the four main polymorphisms (*DPYD2A*, *DPYD13*, HapB3, c.2846A>T), and 98/149 (66%) patients were tested for *DPYD6* in addition to the four main polymorphisms (Figure 1). *DPYD* testing was performed in various accredited external laboratories, which has progressively implemented this analysis after publication of the EMA and AIOM recommendations[13,14], thereby explaining the variability in the number of polymorphisms analyzed, ranging from a minimum of one polymorphism to a maximum of five polymorphisms. In cohort A, 127/149 patients (85.2%) were wild-type, 2/149 (1.3%) were heterozygous for HapB3 variant, 1/149 (0.7%) was heterozygous for *DPYD2A*, 1/149 (0.7%) was heterozygous for c.28496A>T, 17/149 (11.4%) were heterozygous for *DPYD6*, and 1/149 (0.7%) was homozygous for *DPYD6* (Table 2). The prevalence of the four main variants was 2.7%, while it raised to 14.8% if *DPYD6* was considered. The most detected variant was *DPYD6*, followed by HapB3, whereas no *DPYD13* variant was found. Table 3 summarizes the worst toxicity reported during the treatment. Overall, 39/149 patients in cohort A (26.17%) and 67/151 in cohort B (44.37%) had at least one grade 3 or higher ( $\geq G3$ ) adverse event, with a statistically significant difference between the two cohorts ( $P = 0.00098$ ). Hematologic toxicities had a similar incidence in both cohorts: 26/149 (17.4%) patients in cohort A and 29/151 (19.2%) patients in cohort B. Non-hematologic toxicities were much more common in cohort B, 20/151 (13.2%), compared to cohort A, 5/149 (3.4%). In total, 33/149 patients in cohort A (22.15%) and 69/151 in cohort B (45.7%) required fluoropyrimidine dose reduction, with a statistically significant difference ( $P = 0.00002$ ). In cohort B, the main cause for dose reductions during treatment was  $G \geq 3$  non-hematologic toxicity (42/151 [27.8%]), while 16/151 (10.6%) patients had grade 3 or higher hematologic toxicities. In cohort A, the dose was reduced because of hematologic toxicities in 17/149 (11.4%) patients and the same was for non-hematologic toxicities. At least one cycle of chemotherapy was delayed in 38/149 (25.5%) patients in cohort A and 52/151 (34.44%) in cohort B, with a non-statistically significant difference ( $P = 0.09136$ ). Chemotherapy cycles were delayed for toxicities of any grade, predominantly for hematologic ones in both cohorts. Specifically, in cohort A, 29/149 (19.5%) patients required chemotherapy delay because of hematologic toxicities, 8/149 (5.4%) for non-hematologic toxicities, and 8/149 (5.4%) for both types of toxicities. In cohort B, 22/151 (14.6%) patients required chemotherapy delay due to hematologic toxicity, 20/151 (13.2%) due to non-

**Table 1 Demographic and clinical characteristics**

| Characteristic    | <i>DPYD</i> testing, <i>n</i> = 149 | No <i>DPYD</i> testing, <i>n</i> = 151 | Total, <i>n</i> = 300 |
|-------------------|-------------------------------------|----------------------------------------|-----------------------|
| Median age        | 66 (84-33)                          | 65 (85-34)                             | 65 (85-33)            |
| ECOG PS           |                                     |                                        |                       |
| 0                 | 133 (89)                            | 143 (95)                               | 276 (92)              |
| 1                 | 16 (11)                             | 8 (5)                                  | 24 (8)                |
| Sex               |                                     |                                        |                       |
| Male              | 79 (53)                             | 86 (57)                                | 165 (55)              |
| Female            | 70 (47)                             | 65 (43)                                | 135 (45)              |
| Type of cancer    |                                     |                                        |                       |
| Colon             | 80 (54)                             | 87 (58)                                | 167 (55.7)            |
| Rectal            | 32 (21)                             | 46 (30)                                | 78 (26)               |
| Gastric           | 29 (19)                             | 16 (11)                                | 45 (15)               |
| Esophageal        | 1 (1)                               | 0 (0)                                  | 1 (0.3)               |
| Anal              | 7 (5)                               | 1 (1)                                  | 8 (2.7)               |
| Appendiceal       | 0 (0)                               | 1 (1)                                  | 1 (0.3)               |
| Stage of disease  |                                     |                                        |                       |
| Localized         | 104 (70)                            | 95 (63)                                | 199 (66.3)            |
| Metastatic        | 45 (30)                             | 56 (37)                                | 101 (33.7)            |
| Type of treatment |                                     |                                        |                       |
| Monotherapy       | 23 (15)                             | 20 (13)                                | 43 (14)               |
| Monotherapy + RT  | 20 (13)                             | 34 (23)                                | 54 (18)               |
| Doublet           | 97 (65)                             | 88 (58)                                | 185 (61.7)            |
| Triplet           | 9 (6)                               | 9 (6)                                  | 18 (6)                |

Data are *n* (%). ECOG: Eastern cooperative oncology group; PS: Performance Status; RT: Radiotherapy.

**Table 2 Prevalence of *DPYD* polymorphisms**

| <i>DPYD</i> variant                    | Number detected (%)    |
|----------------------------------------|------------------------|
| HapB3                                  | 2 (1.3) <sup>1</sup>   |
| <i>DPYD</i> 2A                         | 1 (0.7) <sup>1</sup>   |
| c.2846A>T                              | 1 (0.7) <sup>1</sup>   |
| <i>DPYD</i> 13                         | 0 (0)                  |
| <i>DPYD</i> 6                          | 18 (12.1) <sup>2</sup> |
| Wild-type                              | 127 (85.2)             |
| All polymorphisms                      | 22 (14.8)              |
| All polymorphisms except <i>DPYD</i> 6 | 4 (2.7)                |

<sup>1</sup>All in heterozygosity.

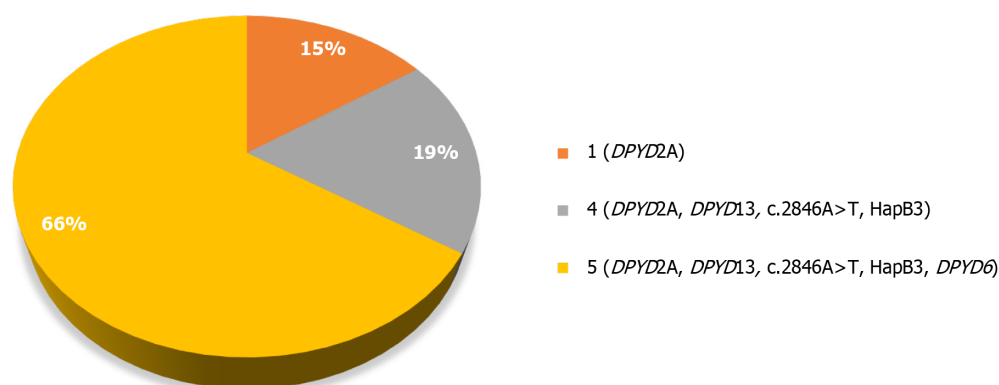
<sup>2</sup>All in heterozygosity except 1 in homozygosity.

Data are *n* (%).

**Table 3 Correlation between *DPYD* polymorphisms and toxicity**

| Parameter                                     | Cohort A, n = 149 | Cohort B, n = 151 | P value |
|-----------------------------------------------|-------------------|-------------------|---------|
| Patients with any AEs $\geq$ G3               | 39 (26.17)        | 67 (44.37)        | 0.00098 |
| Patients with FP dose reduction               | 33 (22.15)        | 69 (45.7)         | 0.00002 |
| Patients with ChT delay for any grade AEs     | 38 (25.5)         | 52 (34.44)        | 0.09136 |
| Patients with hematological AEs $\geq$ G3     | 26 (17.4)         | 29 (19.3)         | 0.6944  |
| Patients with non-hematological AEs $\geq$ G3 | 5 (3.4)           | 20 (13.3)         | 0.0028  |

Data are n (%). AEs: Adverse events; ChT: Chemotherapy; FP: Fluoropyrimidine.

**Figure 1 Polymorphisms analyzed.**

hematologic toxicity, and 4/151 (2.6%) due to both types of toxicity. In cohort A, 17/149 (11.4%) patients required chemotherapy delay due to at least grade 3 hematologic toxicity, and 2/149 (1.3%) due to at least grade 3 non-hematologic toxicity. In cohort B, 3/151 (2%) patients had chemotherapy delay due to both hematologic and non-hematologic toxicity, 21/151 (13.9%) due to hematologic toxicity, and 5/151 (3.3%) due to non-hematologic toxicity. In some cases, toxicities of any grade resulted in a reduction in fluoropyrimidine dose without chemotherapy delay need, as they recovered or improved to a lower grade by the end of the cycle. Specifically, 19/149 (12.8%) patients in cohort A and 27/151 (17.9%) patients in cohort B received dose reduction due to non-hematologic toxicities without the need to delay chemotherapy. In total, 1/149 (0.7%) patient in cohort A and 1/151 (0.7%) patient in cohort B received dose reduction due to hematologic toxicities, with no need to delay chemotherapy; and 1/149 (0.7%) patient in cohort A and 5/151 (3.3%) patients in cohort B received dose reduction without chemotherapy delay for both hematologic and non-hematologic toxicities.

## DISCUSSION

EMA recommendations raised awareness about the benefits of pharmacogenetic testing among oncologists and national health services. The survey by de With *et al*[16] showed that in Europe, before 2020, *DPYD* testing was difficult to perform routinely, due to a lack of reimbursability, lack of knowledge of the clinical relevance of the test, and lack of clear and unambiguous guidelines. In Italy, there was a progressive increase in the analysis of *DPYD* polymorphisms following the publication of EMA and AIOM recommendations and reimbursement of the test by the National Health Service. Thus, the laboratories progressively implemented the number of polymorphisms tested, from one (*DPYD2A*) to five (*DPYD2A*, HapB3, c.2846A>T, *DPYD13*, *DPYD6*). This is the reason why in our study, 23/149 (15%) patients were tested for only one polymorphism, *DPYD2A*, which was the first polymorphism to be investigated and whose relevance in clinical practice is known[12]. In our study population, the prevalence of the four most common variants of the *DPYD* gene, namely, *DPYD2A* (c.1905+1G>A), c.2846A>T, *DPYD13* (c.1679T>G), and c.1236G>A/HapB3, was 2.7%. These data were consistent with those reported in several studies including European populations (Table 4): 4.8% in Spain[17], 7.5% in Denmark[18], 4.65% in France[19], and 8% in Netherlands[13]. To the best of our knowledge, few data are available on the prevalence of *DPYD* gene polymorphisms in the Italian real-world population, as most information is derived from retrospective analyses of patients with gastrointestinal cancers enrolled in clinical trials. The most representative series are those recruited for the TOSCA Phase 3 trial (randomized trial investigating the role of oxaliplatin, fluorouracil and leucovorin calcium-4 regimen duration [3 months *vs* 6 months] and bevacizumab as adjuvant therapy for patients with stage 2/3 colon cancer) and the TRIBE Phase 3 trial (randomized trial of oxaliplatin, irinotecan, fluorouracil, and

**Table 4** Prevalence of *DPYD* polymorphisms in European populations

| Polymorphism   | Photo <i>DPYD</i> Spain[17], n = 8054 | Paulsen Denmark[18], n = 4215 | Pallet France[19], n = 3680 | Henricks Netherland[13], n = 1103 |
|----------------|---------------------------------------|-------------------------------|-----------------------------|-----------------------------------|
| <i>DPYD</i> 2A | 55 (0.7)                              | 43 (1)                        | 25 (0.67)                   | 16 (1)                            |
| <i>DPYD</i> 13 | 15 (0.2)                              | 8 (0.2)                       | 4 (0.1)                     | 1 (<1)                            |
| Hap3B          | 209 (2.6)                             | 208 (4.9)                     | 109 (2.96)                  | 51 (5)                            |
| c.2846A>T      | 105 (1.3)                             | 57 (1.4)                      | 34 (0.92)                   | 17 (2)                            |
| Total          | 384 (4.8)                             | 316 (7.5)                     | 172 (4.65)                  | 85 (8)                            |

Data are n (%).

leucovorin calcium + bevacizumab *vs* irinotecan, fluorouracil, and leucovorin calcium + bevacizumab as first-line treatment for metastatic colorectal cancer) and a single institution population analysis (Table 5). In the ancillary pharmacogenetic analysis of the TOSCA trial, which enrolled patients candidate to adjuvant chemotherapy after radical resection of high-risk stage 2/3 colon cancer, a total of 10 *DPYD* variants were retrospectively analyzed. Considering only the four variants recommended by the AIOM guidelines (c.1905+1G>A [rs3918290, *DPYD*2A], c.1679T>G [rs55886062, *DPYD*13], c.2846A>T [rs67376798, p.D949V], and c.1129-5923C>G [rs75017182, HapB3]), 19/508 (3.7%) patients were carriers of a variant in heterozygosity, while 5/508 (1%) patients were carriers of a variant in homozygosity. When the c.2194G>A (rs1801160, *DPYD*6) polymorphism was also included, a total of 84/508 (16.5%) patients were found to be carriers of at least one variant in heterozygosity[20]. In the TRIBE trial, which enrolled patients with metastatic colorectal cancer for first-line treatment, only the three *DPYD* variants mostly affecting DPD activity were tested (c.1905+1G>A [rs3918290, *DPYD*2A], c.2846A>T [rs67376798, p.D949V], and c.1679T>G [rs55886062, *DPYD*13]), and 10/439 (2.3%) patients resulted in heterozygous carriers, 5/439 (1.1%) of the c.2846A>T variant and 5/439 (1.1%) of the *DPYD*2A variant, respectively. No carrier of *DPYD* c.1679T>G (rs55886062, *DPYD*13) was identified, as it occurred in our series[21]. In a single Italian institution analysis, five polymorphisms were tested in 1000 patients with gastrointestinal malignancies, candidates for fluoropyrimidines. The variants tested were those recommended by AIOM (c.1905+1G>A [rs3918290, *DPYD*2A], c.1679T>G [rs55886062, *DPYD*13], c.2846A>T [rs67376798, p.D949V], and c.1129-5923C>G [rs75017182, HapB3]), plus c.2194G>A (rs1801160, *DPYD*6). When only four polymorphisms were considered, 39/1000 (3.9%) patients were carriers of a variant in heterozygosity, while no carriers of a variant in homozygosity were found. If all five polymorphisms were included, 180/1000 (18%) patients were heterozygous carriers, and 5/1000 (0.5%) patients resulted in homozygous carriers of the *DPYD*6 variant[22]. Overall, the results of our series are very consistent with those of the other Italian study, confirming that the evaluation of the *DPYD* gene polymorphism is very a reproducible and reliable analysis when performed by quality controlled laboratories. Regarding toxicity, the present study confirmed the role of *DPYD* testing in reducing the risk of developing serious adverse events, as we observed a statistically significant difference in terms of  $\geq$  G3 toxicity and the occurrence of chemotherapy dose reduction between cohort A (*DPYD* test) and cohort B (no *DPYD* test). In our series, patients who started fluoropyrimidine-based therapy after *DPYD* testing experienced less severe toxicity (particularly, less hand-foot syndrome and mucositis) and required fewer dosage adjustments during treatment. There was no statistically significant difference in the delay of therapy due to toxicity between the two cohorts, even though the number of delays was numerically greater in the untested group. A possible explanation for the occurrence of dose reduction without treatment delay is that many severe toxicities in cohort B resolved by the end of the cycle without causing a chemotherapy delay. In addition, the chemotherapy delay was also due to less than grade 3 toxicities. TOSCA and TRIBE retrospective analyses also evaluated the association between the presence of *DPYD* variants and the occurrence of severe toxicity, with similar results. In the TOSCA trial, a statistically significant association was found between the presence of the c.2194G>A (rs1801160, *DPYD*6) polymorphism and the development of severe toxicities[20]. Furthermore, the variants rs181160, rs2297595, and rs3918290 were also correlated to a shorter time-to-toxicity, underlining not only the occurrence of severe adverse events but also the shorter time to toxicity onset in patients carrying *DPYD* polymorphisms[20]. In the TRIBE study, 8 of the 10 patients with polymorphisms (80%) developed at least one  $\geq$  G3 toxicity, mainly neutropenia and stomatitis[21]. In conclusion, the present study, although conducted with a limited sample size, provides additional information about the prevalence of *DPYD* gene polymorphisms in the Italian population and confirms the importance of performing pharmacogenetic testing to prevent severe fluoropyrimidine toxicities. Studies with larger sample sizes may provide more accurate data on the prevalence of the different polymorphisms in the different populations and more accurate information on the role of each *DPYD* variant on the fluoropyrimidine-induced toxicity, to better tailor the *DPYD* testing before fluoropyrimidine treatment in the Italian patients.

## CONCLUSION

Although the sample size was limited and the analysis was retrospective, this analysis provides additional information on the prevalence of *DPYD* polymorphisms in the Italian population. Furthermore, this analysis highlights the role of



Table 5 *DPYD* polymorphisms analysis in Italian cancer patients

| Feature                                                                       | TOSCA trial[20]                           | TRIBE trial[21]                 | IRCCS Pascale[22]                         |
|-------------------------------------------------------------------------------|-------------------------------------------|---------------------------------|-------------------------------------------|
| Setting                                                                       | Colon cancer high-risk stage 2 or stage 3 | Colo-rectal cancer stage 4      | Gastrointestinal malignancies             |
| Treatment                                                                     | FOLFOX/CAPOX                              | FOLFOXIRI/FOLFIRI + bevacizumab | Patients candidates for fluoropyrimidines |
| Patients                                                                      | 508                                       | 439                             | 1000                                      |
| Total number of tested variants                                               | 10                                        | 3                               | 5                                         |
| Prevalence of the four recommended variants in heterozygosity                 | 19/508 (3.7)                              | 10/439 (2.3) <sup>1</sup>       | 39/1000 (3.9)                             |
| Prevalence of the four recommended variants + <i>DPYD</i> 6 in heterozygosity | 84/508 (16.5)                             | 0/439 (0) <sup>2</sup>          | 180/1000 (18)                             |
| Prevalence of the four recommended variants + <i>DPYD</i> 6 in homozygosity   | 5/508 (1.0) <sup>3</sup>                  | 0/439 (0) <sup>2</sup>          | 5/1000 (0.5) <sup>3</sup>                 |

<sup>1</sup>HapB3 not analyzed.<sup>2</sup>HapB3 and *DPYD*6 not analyzed.<sup>3</sup>All *DPYD*6.

Data are *n* (%). TOSCA: A randomized trial investigating the role of oxaliplatin, fluorouracil and leucovorin calcium-4 regimen duration (3 months *vs* 6 months) and bevacizumab as adjuvant therapy for patients with stage 2/3 colon cancer; TRIBE: Phase 3 randomized trial of oxaliplatin, irinotecan, fluorouracil, and leucovorin calcium + bevacizumab *vs* irinotecan, fluorouracil, and leucovorin calcium + bevacizumab as first-line treatment for metastatic colorectal cancer. CAPOX: Capecitabine and oxaliplatin; FOLFIRI: Irinotecan, fluorouracil, and leucovorin calcium; FOLFOX: Oxaliplatin, fluorouracil, and leucovorin calcium; FOLFOXIRI: Oxaliplatin, irinotecan, fluorouracil, and leucovorin calcium; IRCCS: Scientific institute for research, hospitalization and healthcare.

pharmacogenetic testing before treatment with fluoropyrimidines to prevent severe toxicity.

## FOOTNOTES

**Author contributions:** D'Amato M and Carlomagno C participated in the conception and design of the study, analyzed the data, and wrote the original manuscript; D'Amato M collected the data; D'Amato M, Iengo G, Massa N, and Carlomagno C critically reviewed and provided final approval of the manuscript; D'Amato M, Iengo G, Massa N, and Carlomagno C were responsible for the decision to submit the manuscript for publication.

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Retrospective Study

# Coagulation indices and fibrinogen degradation products as predictive biomarkers for tumor-node-metastasis staging and metastasis in gastric cancer

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## Abstract

### BACKGROUND

Gastric cancer (GC) is a prevalent malignancy with a substantial health burden and high mortality rate, despite advances in prevention, early detection, and treatment. Compared with the global average, Asia, notably China, reports disproportionately high GC incidences. The disease often progresses asymptotically in the early stages, leading to delayed diagnosis and compromised outcomes. Thus, it is crucial to identify early diagnostic biomarkers and enhance treatment strategies to improve patient outcomes and reduce mortality.

### AIM

To investigate coagulation and fibrinogen products in GC tumor-node-metastasis (TNM) stage and metastasis correlation.

### METHODS

Retrospectively analyzed the clinical data of 148 patients with GC treated at the Civil Aviation Shanghai Hospital between December 2022 and December 2023. The associations of coagulation indices - partial thromboplastin time (APTT), prothrombin time (PT), thrombin time (TT), fibrinogen, fibrinogen degradation products (FDP), fasting blood glucose, and D-dimer (D-D) with TNM stage and distant metastasis were examined.

## RESULTS

Prolongation of APTT, PT, and TT was significantly correlated with the GC TNM stage. Hence, abnormal coagulation system activation was closely related to disease progression. Elevated FDP and D-D were significantly associated with distant metastasis in GC ( $P < 0.05$ ), suggesting that increased fibrinolytic activity contributes to increased metastatic risk.

## CONCLUSION

Our Results reveal coagulation indices, FDPs as GC biomarkers, reflecting abnormal coagulation/fibrinolysis, aiding disease progression, metastasis prediction, and helping clinicians assess thrombotic risk for early intervention and personalized treatment plans.

**Key Words:** Coagulation indexes; Fibrinogen degradation products; Gastric cancer; Tumor-node-metastasis staging; Distant metastasis

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**Core Tip:** Coagulation indices (associations of coagulation indices - partial thromboplastin time, prothrombin time, thrombin time) and fibrinogen degradation products (FDP and D-dimer) are significantly correlated with tumor-node-metastasis stage and distant metastasis in gastric cancer. These biomarkers are indicative of abnormal coagulation and fibrinolytic states and provide essential insights into disease progression. Understanding these associations will enhance diagnostic precision and facilitate the development of personalized treatment strategies for patients with gastric cancer.

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## INTRODUCTION

Gastric cancer (GC), a gastrointestinal cancer with a high global incidence, poses a crucial health challenge worldwide[1-3]. China is one of the countries with the highest incidence of GC globally, accounting for approximately 50% of GC cases [4]. In China, GC is the second most common cancer in men and the third most common cancer in women. Furthermore, its mortality rate is the second highest among cancer-related deaths worldwide[5].

Owing to the lack of specific clinical symptoms, signs, and highly sensitive diagnostic methods in the early stages of GC, metastatic tendencies and microscopic metastatic lesions cannot be detected in a timely manner. Hence, most patients are diagnosed at advanced or locally advanced stages, which is the optimal time to undergo radical surgery. However, advanced GC is typically accompanied by metastases from other sites, adding significant complexity and challenges to clinical treatment[6]. Therefore, early diagnosis and preoperative risk assessment are the key issues in GC management.

Clinically, it has been found that prothrombin time (PT), partial thromboplastin time (APTT), FBG, D-dimer (D-D), and antithrombin-III (AT-III) are of great significance for evaluating the risk of thrombosis in patients and guiding treatment. At present, the relationship between coagulation index and cancer progression is not clear, which may involve various pathophysiological mechanisms. Tumor cells can disrupt the dynamic balance of the coagulation-fibrinolytic system *via* multiple pathways, affecting coagulation and anticoagulation, thereby leading to abnormalities in coagulation functions in patients. Tumors, especially those with concurrent hyperfibrinogenemia, often exhibit a hyperfibrinolytic system and a hypercoagulable state[7]. Blood hypercoagulability is a pathological state in which blood is highly susceptible to clotting due to an imbalance in the coagulation, hemostasis, anticoagulation, and fibrinolytic systems caused by various factors [8]. The hypercoagulable state in patients with malignant tumors is multifactorial and includes direct expression of tissue factors and tumor procoagulant proteins, alterations in the fibrinolytic system, cytokine secretion, vascular endothelial growth factor release, and endothelial cell damage due to tumor-cell-blood-cell interactions[9]. Collectively, these mechanisms result in abnormal coagulation and elevated FBG levels. In this study, APTT, PT, and TT levels were significantly correlated with tumor-node-metastasis (TNM) stage and distant metastasis in patients with GC. PT primarily reflects the common pathway of the coagulation cascade and the exogenous coagulation pathway, whereas APTT primarily reflects the common pathway of the coagulation cascade and the endogenous coagulation pathway. TT primarily reflects FBG conversion to fibrin[10].

Coagulation activation may cause thrombosis and promote tumor growth and metastasis through various mechanisms. GC is often associated with varying degrees of coagulation abnormalities, including hyperfibrinolysis and hypercoagulable states[11]. The mechanisms by which GC leads to abnormal coagulation indices are multifaceted. Tumor cells release procoagulant substances, such as tissue factors and cancer procoagulants, which can directly activate the coagulation system and lead to blood coagulation. In addition, GC cells can also promote intravascular coagulation by interacting with and activating platelets and enhancing their adhesion ability. This triggers a hypercoagulable state,



which not only increases the risk of thrombosis but also accelerates tumor progression and metastasis and may also affect the therapeutic strategy and prognosis. Collectively, these mechanisms result in abnormal coagulation and elevated FBG levels.

For patients with advanced GC, anticoagulant therapy may help to improve hypercoagulability, reduce tumor metastasis, and possibly improve patient survival. The study aims to delve deeper into these mechanisms and explore the specific ways in which coagulation indices and fibrinogen degradation products (FDP) interact with the TNM stage and distant metastasis. Unlike previous studies that may have focused on individual coagulation factors or limited aspects of the disease, adopting a comprehensive approach to analyze multiple coagulation indices simultaneously. This study is of great significance for optimizing diagnostic methods and developing individualized treatment plans.

## MATERIALS AND METHODS

### General information

A retrospective analysis was performed to select 148 patients with GC who were treated at the Civil Aviation Shanghai Hospital from December 2022 to December 2023, and general data and clinical indices of the patients were collected. The inclusion criteria were as follows: (1) Initial pathological diagnosis of primary GC; and (2) No previous history of radiotherapy. Exclusion criteria were as follows: (1) Previous history of other tumors; (2) A combination of functional coagulation diseases or the use of coagulation drugs in the last six months; and (3) A combination of multiple organ functional disorders. This study was reviewed and approved by the Institutional Review Board of the Civil Aviation Shanghai Hospital.

### Observation indices

General data, past medical history, and clinical indicators of patients were collected. Gastroscopy was performed to examine the tumor sites, including the cardia, fundus, gastric body, gastric sinus, pylorus, and whole stomach. In the early morning of the preoperative period, 2 mL of venous blood was collected from patients on an empty stomach. Electrochemical hemagglutination analyzer (Model: OGE-101, manufacturer: Hunan Wandeshan Biotechnology Co., LTD.) for the detection of PT, APTT, TT, AT-III, D-D, FDP, and FBG. TNM staging was performed according to the eighth edition of the American Joint Committee on Cancer GC staging criteria[12]. GC was divided into stages I, II, III, and IV: T stage: Unknown (Tx), carcinoma in situ (Tis), submucosal (T1), intrinsic muscular layer (T2), plasma layer (T3), and extra-plasma membrane (T4). N stage: Unknown (Nx), none (N0), 1-2 (N1), 3-6 (N2), 7 or more (N3). M stage: Unknown (Mx), absent (M0), and present (M1).

### Statistical analysis

Statistical software SPSS26.0 was used for statistical analysis. When the data were normally distributed, the mean standard deviation (mean  $\pm$  SD) was used to represent the measurement data. An independent samples *t*-test was used for analysis between groups, whereas one-way ANOVA test was used for comparison between multiple groups. The sample size (percentage) [*n* (%)] indicated the counting data, and  $\chi^2$  test was used for the analysis of one-way factors. Pearson's correlation analysis was used for the normally distributed data. For multivariate analyses, a logistic regression model was used to adjust for potential confounders, such as age, sex, and comorbidities. To assess the correlation between TNM stages and coagulation and FDP, as well as the correlation of distant metastasis with these factors, Pearson's correlation analysis was used. The correlation coefficients (*r*) and corresponding *P* values were calculated to determine the strength and significance of the correlations. A logistic regression model was built, including variables such as age, sex, and comorbidities, to adjust for their effects on the relationship between coagulation indices, FDP, TNM stage, and distant metastasis. The results of the multivariate analysis were presented as odds ratios (ORs) with 95%CI. All differences were considered statistically significant at *P* < 0.05.

## RESULTS

### Baseline information

In this study, 148 patients with primary GC were included and were diagnosed at the following stages: 13 with TNM stage I, 38 with stage II, 40 with stage III, 57 with stage IV, and 57 with distant metastasis, with a distant metastasis rate of 38.51%. No statistically significant difference was noted between the baseline data of patients with GC with and without distant metastases (*P* < 0.05; Table 1).

### Comparison of TNM staging with coagulation function and FDP

There was no significant difference in APTT and PT time between the two groups (*P* > 0.05). TT time did not differ significantly between patients with TNM stage I and those with TNM stages II and III (*P* > 0.05). In contrast, the four groups of GC patients with different TNM stages exhibited statistically significant differences in coagulation function APTT (*F* = 11.626, *P* < 0.001), PT (*F* = 14.733, *P* < 0.001), and TT time (*F* = 7.991, *P* < 0.001). No significant difference was observed between AT-III and TNM stages (*F* = 1.346, *P* = 0.736 > 0.05), as illustrated in Figure 1.

**Table 1 Comparison of baseline data of patients with gastric cancer, *n* (%)**

| Group                                   |                     | Metastases ( <i>n</i> = 57) | Absence of metastases ( <i>n</i> = 91) | <i>t</i> / $\chi^2$ | <i>P</i> value |
|-----------------------------------------|---------------------|-----------------------------|----------------------------------------|---------------------|----------------|
| Age (years), mean $\pm$ SD              |                     | 48.61 $\pm$ 12.99           | 48.39 $\pm$ 12.16                      | 0.110               | 0.912          |
| Sex                                     | Male                | 30 (52.63)                  | 44 (48.35)                             | 0.287               | 0.591          |
|                                         | Female              | 27 (47.37)                  | 47 (51.65)                             |                     |                |
| BMI (kg/m <sup>2</sup> ), mean $\pm$ SD |                     | 22.61 $\pm$ 2.13            | 22.42 $\pm$ 2.25                       | 0.236               | 0.814          |
| A family history of malignancy          |                     | 3 (5.26)                    | 5 (5.49)                               | 0.004               | 0.952          |
| Present with hypertension               |                     | 7 (12.28)                   | 12 (13.19)                             | 0.026               | 0.873          |
| Hyperglycemia                           |                     | 4 (7.02)                    | 10 (10.99)                             | 0.641               | 0.423          |
| Hyperlipidemia                          |                     | 5 (8.77)                    | 8 (8.79)                               | < 0.001             | 0.997          |
| History of alcohol use                  |                     | 12 (19.30)                  | 16 (17.58)                             | 0.273               | 0.601          |
| Endoscopic tumor site                   | Cardia (of stomach) | 8 (14.04)                   | 17 (18.68)                             | 4.830               | 0.395          |
|                                         | Fundus of stomach   | 7 (12.28)                   | 10 (10.99)                             |                     |                |
|                                         | Body of stomach     | 12 (21.05)                  | 16 (17.58)                             |                     |                |
|                                         | Antrum of stomach   | 26 (45.61)                  | 47 (51.65)                             |                     |                |
|                                         | Pylorus             | 2 (3.51)                    | 1 (1.10)                               |                     |                |
|                                         | Whole stomach       | 2 (3.51)                    | 0 (0.00)                               |                     |                |
| <sup>14</sup> C-urea breath test        | Masculine           | 48 (84.21)                  | 72 (79.12)                             | 0.592               | 0.442          |
|                                         | Feminine character  | 9 (15.79)                   | 19 (20.88)                             |                     |                |

BMI: Body mass index.

In patients with TNM stages I and II, there was no significant difference between the D-D groups ( $P > 0.05$ ). Furthermore, there was no significant difference between FBG and FDP groups in patients with TNM stage II and III ( $P > 0.05$ ). However, there were statistically significant differences in fibrin and FDP FBG ( $F = 6.892$ ,  $P < 0.001$ ), D-D ( $F = 19.836$ ,  $P < 0.001$ ), and FDP ( $F = 177.027$ ,  $P < 0.001$ ) among the four groups of GC patients with different TNM stages ( $P < 0.001$ ), as shown in [Figure 2](#).

### Comparison of the presence or absence of distant metastases with coagulation function and FDP

(APTT, PT, and TT time) between patients with GC at different TNM stages ( $P < 0.001$ ). No significant differences were observed between AT-III and TNM stages ( $P = 0.050$ ), as shown in [Figure 3](#). However, statistically significant differences were observed in fibrin and FDP (FBG, D-D, and FDP) between groups of patients with GC with different TNM stages ( $P < 0.001$ ; [Figure 4](#)).

### Correlation between TNM stages and coagulation and FDP

A significant positive correlation was observed between APTT, PT, TT, FDP, D-D, FBG, and TNM in patients with GC ( $P < 0.001$ ); however, no significant positive correlation was observed between AT-III and TNM ( $P = 0.062$ ), as shown in [Table 2](#).

### Correlation of distant metastasis with coagulation function and FDP

A significant positive correlation was observed between APTT, PT, TT, FDP, D-D, and FBG and the onset of distant metastasis in patients with GC ( $P < 0.05$ ), whereas no significant positive correlation was observed between AT-III and the onset of distant metastasis ( $P > 0.05$ ), as shown in [Table 3](#).

## DISCUSSION

Clinically, APTT, PT, TT, and AT-III are commonly used coagulation indices that reflect a patient's coagulation status to a certain extent[13]. The HYPERCAN study conducted in Italy highlighted the importance of hypercoagulation screening as an innovative tool for assessing cancer risk, early diagnosis, and prognosis prediction[14]. Abnormal coagulation contributes to maintaining a hypercoagulable state in the body, increasing the risk of thrombosis, which can lead to tumor cell migration, invasion, and lymph node metastasis[15]. This not only exacerbates the condition of a patient but also increases the likelihood of complications, thereby intensifying the patient's suffering. FDP is a collective term used for various degradation fragments and complexes formed by fibrin breakdown under the action of fibrinolytic enzymes. It is

**Table 2 Analysis of the correlation of tumor node metastasis stage with coagulation function and fibrinogen degradation products**

| Index       | APTT     |                | PT       |                | TT       |                | AT-III   |                | FDP      |                | D-D      |                | FBG      |                |
|-------------|----------|----------------|----------|----------------|----------|----------------|----------|----------------|----------|----------------|----------|----------------|----------|----------------|
|             | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value |
| TNM staging | 0.368    | < 0.001        | 0.437    | < 0.001        | 0.373    | < 0.001        | 0.162    | 0.050          | 0.780    | < 0.001        | 0.530    | < 0.001        | 0.329    | < 0.001        |

APTT: Activated partial thromboplastin time; AT-III: Antithrombin III; TT: Thrombin time; PT: Prothrombin time; TNM: Tumor node metastasis; D-D: D-Dimer; FBG: Fibrinogen; FDP: Fibrinogen degradation product.

**Table 3 Analysis of the correlation of distant metastasis with coagulation function and fibrinogen degradation products**

| Index                                | APTT     |                | PT       |                | TT       |                | AT-III   |                | FDP      |                | D-D      |                | FBG      |                |
|--------------------------------------|----------|----------------|----------|----------------|----------|----------------|----------|----------------|----------|----------------|----------|----------------|----------|----------------|
|                                      | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value | <i>r</i> | <i>P</i> value |
| Distant metastasis of gastric cancer | 0.330    | < 0.001        | 0.451    | < 0.001        | 0.335    | < 0.001        | 0.154    | 0.062          | 0.883    | < 0.001        | 0.471    | < 0.001        | 0.316    | < 0.001        |

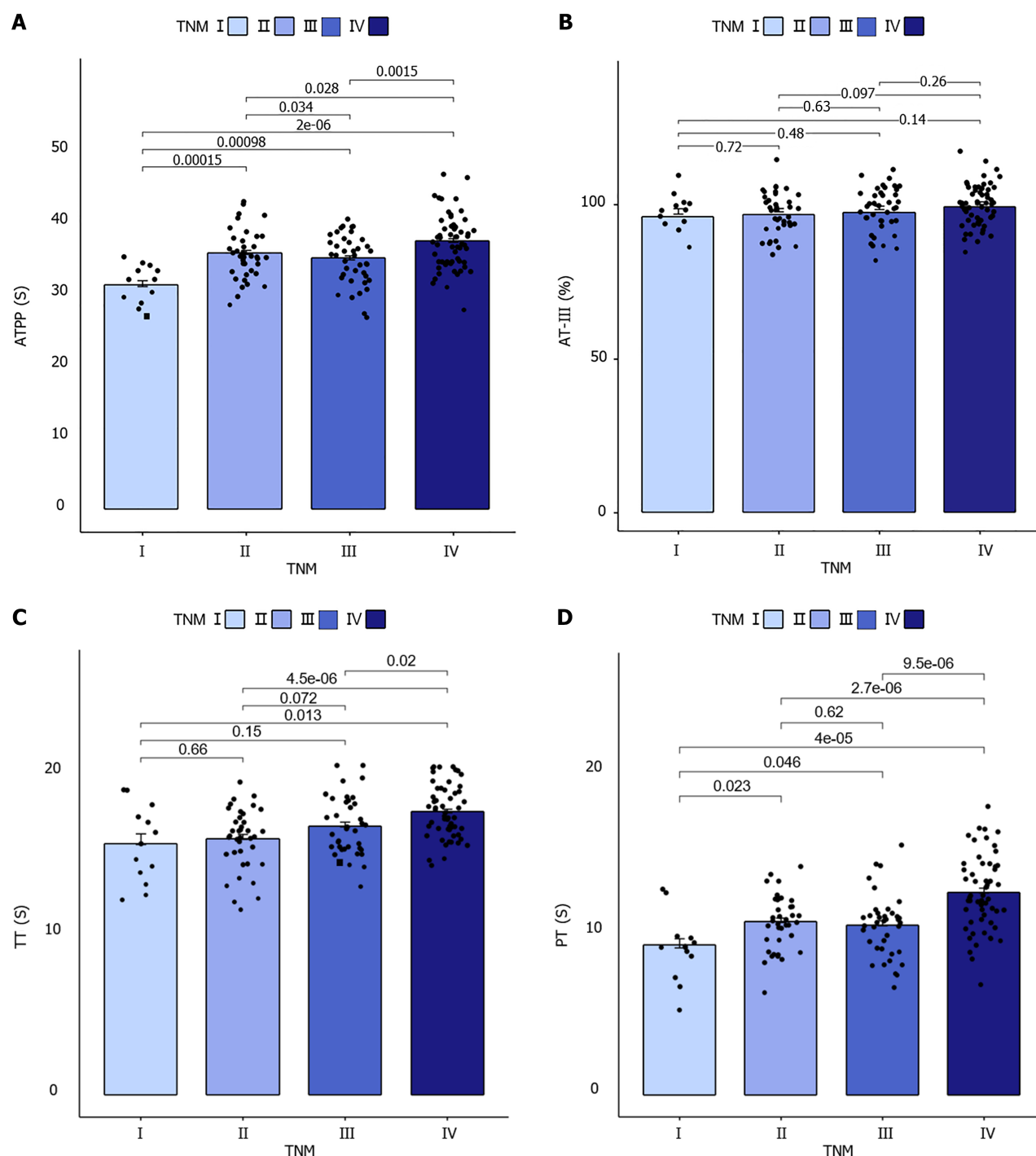
APTT: Activated partial thromboplastin time; AT-III: Antithrombin III; TT: Thrombin time; PT: Prothrombin time; TNM: Tumor node metastasis; D-D: D-Dimer; FBG: Fibrinogen; FDP: Fibrinogen degradation product.

used to assess the activity of the fibrinolytic system of the body and is often measured in conjunction with D-D levels to collectively reflect the state of the coagulation and fibrinolytic systems[16]. Previous studies have found that the progression of endometrial cancer and breast cancer is related to coagulation indexes[17,18]. Research examining the correlation between the TNM stage, distant metastasis, and coagulation indices in patients with GC is limited. This study investigated the correlation of coagulation indexes and FDP with TNM stage and distant metastasis in GC patients, aiming to provide theoretical basis for clinical identification of high-risk patients. Abnormal coagulation parameters (APTT, PT, TT) and FDP were significantly associated with an increased risk of late and distant metastasis of TNM ( $P < 0.05$ ). The results of this study suggest that these indicators not only reflect dysregulation of the coagulation and fibrinolysis systems but also provide insights into disease progression and prognosis in patients with GC. One possible factor is inflammation; Inflammatory processes often accompany cancer and can activate the clotting system. Tumor cells can release inflammatory cytokines that stimulate the expression of tissue factors and other pro-coagulant molecules, resulting in an imbalance of the clotting and fibrinolytic systems. At the same time, inflammation damages the endothelium of blood vessels, further promoting clotting. Another aspect to consider is the immune response; The immune system plays a complex role in the development of cancer and can interact with the clotting system. Immune cells can release mediators that affect blood clotting, and changes in the clotting system can also affect immune cell function. Hypercoagulation may impair the transport and function of immune cells, creating a favorable environment for tumor growth and metastasis.

Changes in coagulation indices, such as APTT, PT, and TT, in patients with GC reflect an imbalance in the coagulation and fibrinolytic systems. GC cells release tissue factors that activate both endogenous and exogenous coagulation pathways, leading to prolonged APTT and PT, indicating abnormal activation of the coagulation system[19]. Meanwhile, the hyperfibrinolytic system increases FDP, exacerbating blood hypercoagulability and thrombosis risk[20]. Additionally, advanced GC is often accompanied by liver function impairment, impacting coagulation factor synthesis and worsening abnormal coagulation function[21]. These changes are closely related to the clinical stage and prognosis of GC and may promote hematogenous tumor cell metastasis, constituting a high-risk state for thrombosis. Therefore, APTT, PT, and TT are crucial biomarkers that can be used to assess the risk of thrombosis in patients with GC and guide personalized treatment strategies.

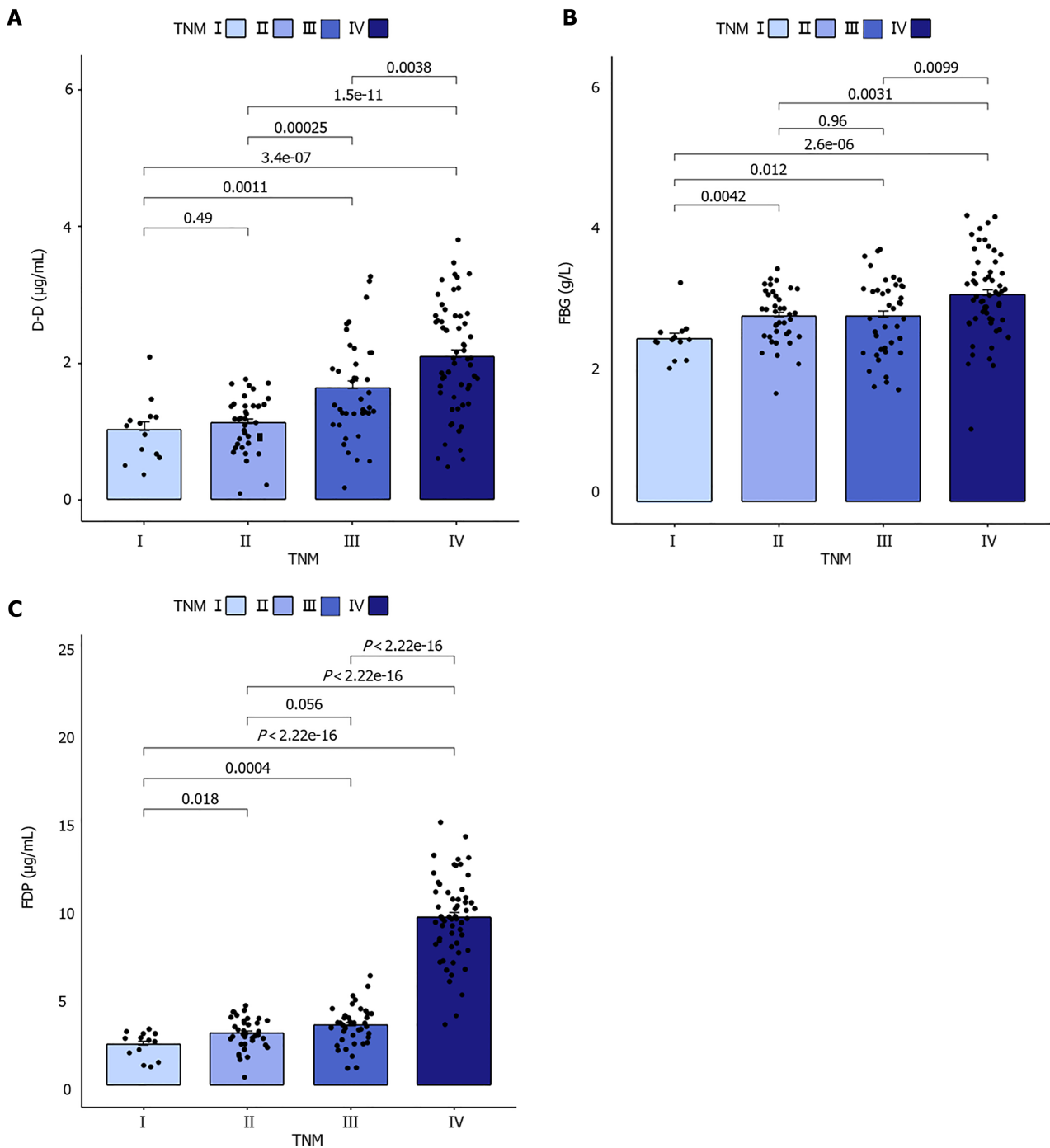
Xing *et al*[22] demonstrated that FBG levels  $\geq 3.495$  g/L are an independent risk factor for primary stage I-II GC. During infiltration and metastasis, malignant tumor cells contribute to excessive tissue factor release, coagulation system activation, and thrombin generation. This process converts FBG into fibrin, thereby inducing a hypercoagulable state and increasing the risk[14].

Ji *et al*[23] reported elevated levels of FDP in patients with GC. Patients with a disease in stages III-IV disease exhibited higher FDP levels than those with stage I-II disease, and a combined analysis using four or six indicators showed enhanced diagnostic sensitivity and specificity, consistent with our findings. In our study, FBG, D-D, and FDP levels in patients with GC significantly correlated with TNM stage and distant metastasis. GC progression often involves abnormal activation of the coagulation system, which increases the risk of thrombosis. Elevated FBG levels indicate enhanced coagulation activity, likely due to the tumor-induced secretion of FBG activators by vascular endothelial cells, stimulating the increased synthesis of FBG and fibrin degradation products. Elevated FBG levels promote tumor cell adhesion to the vascular endothelium, facilitating metastasis[24]. Increased FDP levels may reflect hyperfibrinolytic activity, with D-D serving as a specific indicator of FBG degradation, which is crucial for assessing coagulation status and identifying hypercoagulability and thrombosis[25]. Patients with malignant tumors typically exhibit elevated fibrinolytic enzyme levels, and tumor cells secrete significant FBG activators[26]. Abnormal levels of these indicators correlate with



**Figure 1 Comparison of tumor node metastasis staging and coagulation function.** A: Comparison of activated partial thromboplastin times in patients with different tumor node metastasis (TNM) stages; B: Comparison of Antithrombin-III in patients with different TNM stages; C: Comparison of thrombin times in patients with different TNM stages; D: Comparison of prothrombin time in patients with different TNM stages. APTT: Activated partial thromboplastin time; AT-III: Antithrombin III; TT: Thrombin time; PT: Prothrombin time; TNM: Tumor node metastasis.

increased tumor burden and invasiveness and are closely aligned with the pathobiological characteristics of GC and its impact on host blood environments. Therefore, FBG, D-D, and FDP serve not only as essential blood biochemical markers for coagulation abnormalities in GC patients with GC but also provide a robust biological foundation for disease staging and prognosis assessment. This study's limitations include: First, the retrospective study design may introduce inherent biases, including selective bias and the possibility of difficulty in establishing a causal relationship between abnormal coagulation and GC disease outcomes. Second, being a single-center study limits the generalization of the findings to a wider population with different demographic characteristics and treatment options. In addition, while the sample size was sufficient to detect a significant association, future studies are needed with larger, multicentre studies to verify applicability across different GC patient populations and in different healthcare Settings. Despite these limitations, the findings have important implications for future clinical practice and research. The correlation of coagulation markers and fibrin degradation product levels with TNM staging and remote metastasis observed in this study suggests that these



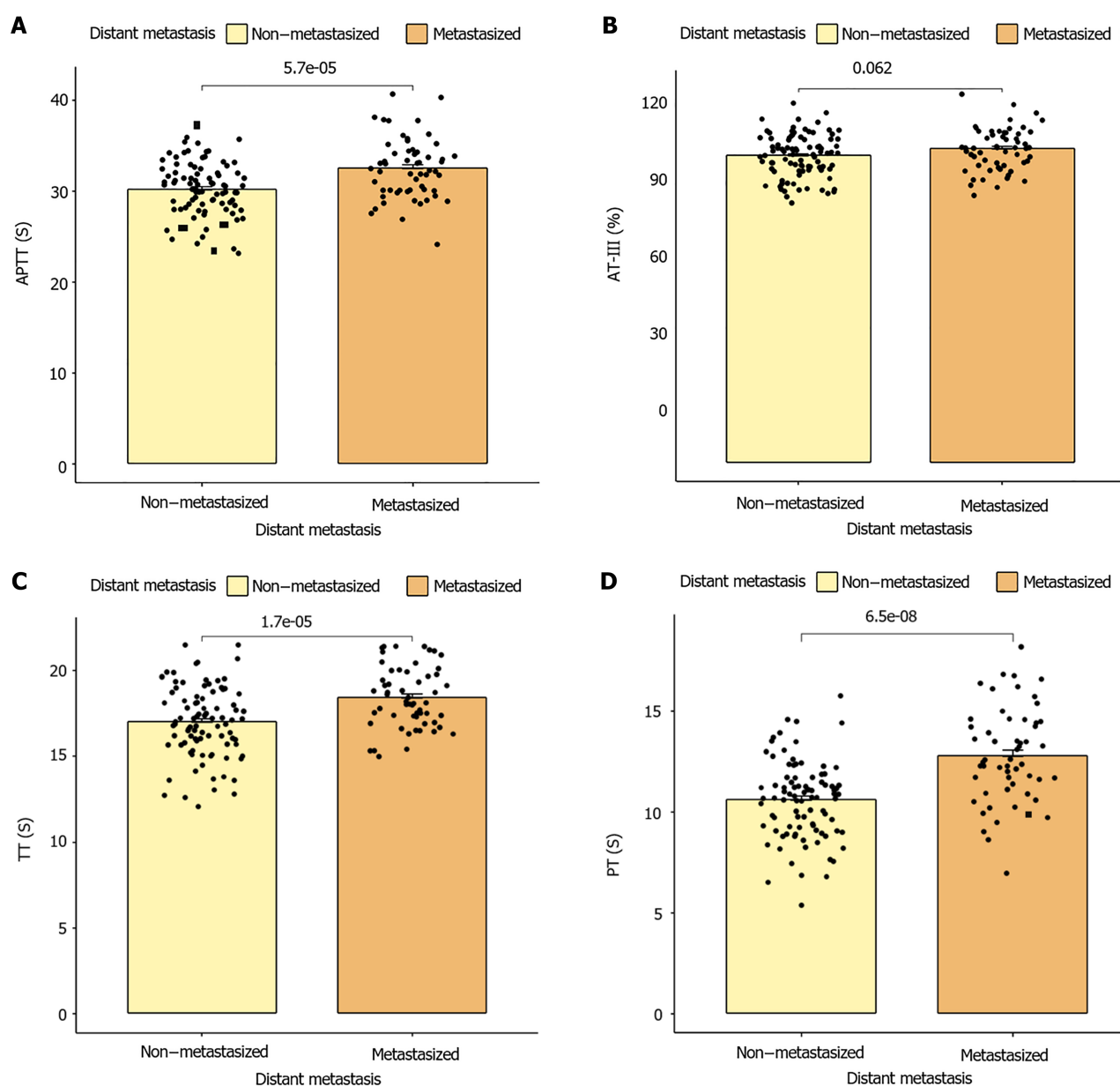
**Figure 2 Comparison of tumor node metastasis staging and fibrinogen degradation products.** A: A comparison of D-Dimer in patients with different tumor node metastasis (TNM) stages; B: Comparison of fibrinogen in patients with different TNM stages; C: Comparison of fibrinogen degradation products in patients with different TNM stages. D-D: D-Dimer; FBG: Fibrinogen; FDP: Fibrinogen degradation product; TNM: Tumor node metastasis.

biomarkers may be valuable prognostic indicators for GC. Integrating clotting measures with FDP measures into daily assessments helps stratify patients' risk and guide personalized treatment strategies, potentially improving patient outcomes. Future studies should focus on addressing the limitations of this study and investigating the mechanisms of coagulation abnormalities in GC patients, exploring how GC cells interact with the clotting and fibrinolysis system, paving the way for the development of targeted therapies and personalized medicine approaches. In addition, prospective multicenter studies should be conducted to validate the clinical utility of these biomarkers in different patient populations and treatment regimens.

## CONCLUSION

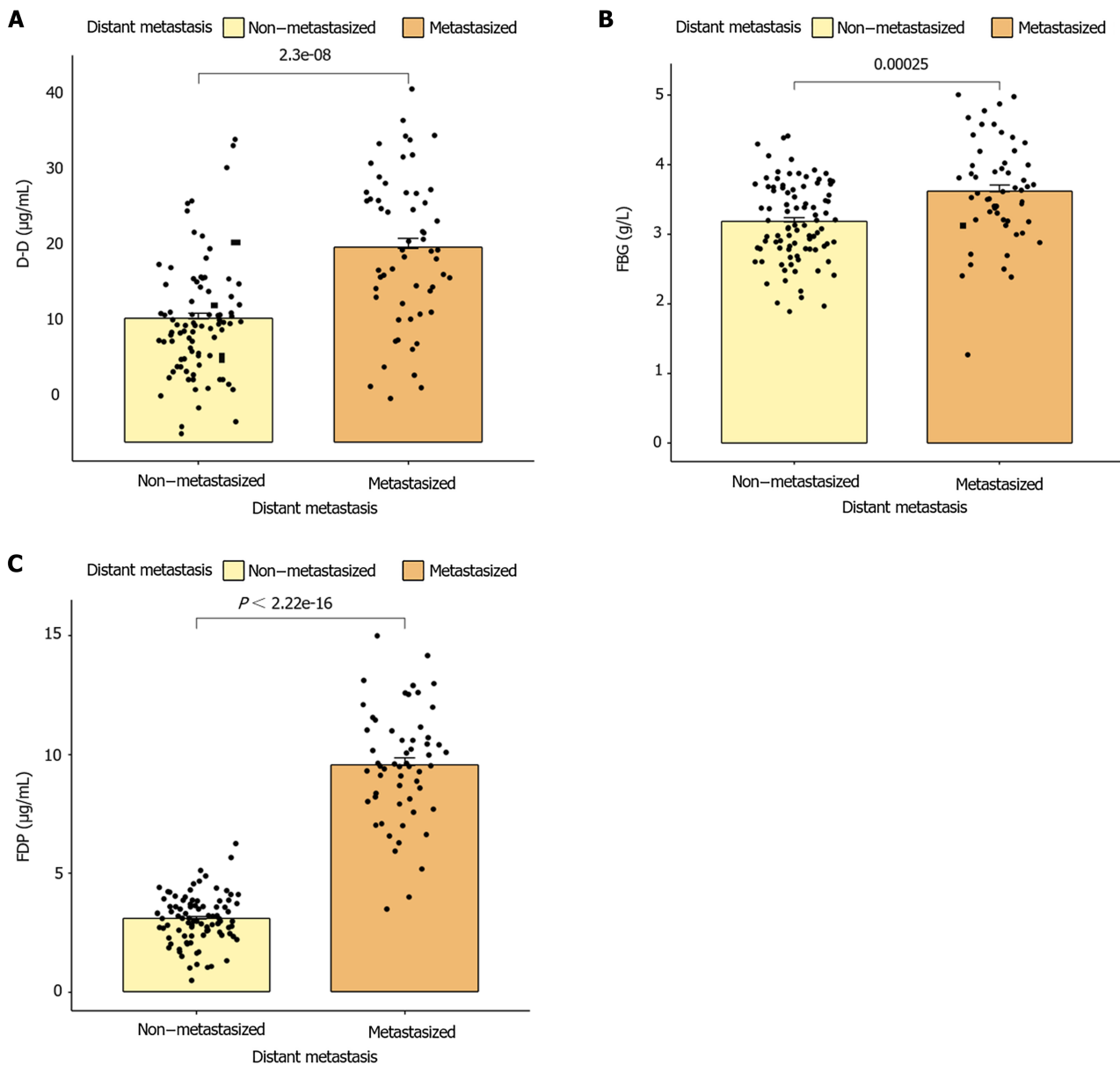
In summary, coagulation function and indices were significantly associated with TNM staging and distant metastasis in





**Figure 3 Comparison of distant metastasis and coagulation function.** A: Comparison of activated partial thromboplastin time times in patients with or without distant metastasis; B: Comparison of antithrombin-III in patients with or without distant metastasis; C: Comparison of thrombin time times in patients with or without distant metastasis; D: Comparison of prothrombin time times in patients with or without distant metastasis. APTT: Activated partial thromboplastin time; AT-III: Antithrombin III; TT: Thrombin time; PT: Prothrombin time; TNM: Tumor node metastasis.

patients with GC. In clinical practice, coagulation indicators and FDP such as APTT, PT, TT, FDP, D-D, and FBG should be monitored as part of the routine examination of GC patients to gain a comprehensive understanding of the patient's condition and identify high-risk patients with disease progression and metastasis. This allows for early intervention and personalized treatment plans, which are integrated into diagnostic algorithms to improve the accuracy of disease staging and prognosis prediction. At the same time, GC patients should reasonably plan a healthy diet and regular exercise to reduce the risk of inflammation and improve blood clotting. In the future, it could help to develop guidelines for the use of clotting biomarkers in the diagnosis and treatment of GC, ensure consistent, evidence-based approaches in different healthcare settings, and conduct additional research to verify the applicability of these biomarkers in different GC patient populations and treatment regimens, and further explore their mechanisms of action. Prospective multi-center studies are conducted to further validate its clinical efficacy, explore its combination with other clinical indicators, and develop new therapeutic targets and personalized medicines based on a deeper understanding of the mechanism of blood coagulation abnormalities to improve treatment outcomes and quality of life in patients with GC.



**Figure 4 Comparison of distant metastasis and fibrinogen degradation products.** A: Comparison of D-Dimer in patients with or without distant metastasis; B: Comparison of fibrinogen in patients with or without distant metastasis; C: Comparison of fibrinogen degradation product times in patients with or without distant metastasis. D-D: D-Dimer; FBG: Fibrinogen; FDP: Fibrinogen degradation product; TNM: Tumor node metastasis.

## FOOTNOTES

**Author contributions:** Shen YQ wrote the manuscript, Wei QW and Tian YR collected and organized data, Ling YZ and Zhang M Designed this research and provided critical feedback on this study. Ling YZ and Zhang M contributed equally to this work and are the co-corresponding authors. First, the research was performed as a collaborative effort, and the designation of co-corresponding authorship accurately reflects the distribution of responsibilities and burdens associated with the time and effort required to complete the study and the resultant paper. This also ensures effective communication and management of post-submission matters, ultimately enhancing the paper's quality and reliability. Second, Ling YZ and Zhang M contributed efforts of equal substance throughout the research process. The choice of these researchers as co-corresponding authors acknowledges and respects this equal contribution, while recognizing the spirit of teamwork and collaboration of this study. In summary, we believe that designating Ling YZ and Zhang M as co-corresponding authors is fitting for our manuscript as it accurately reflects our team's collaborative spirit, equal contributions, and diversity.

**Institutional review board statement:** This study was reviewed and approved by the Institutional Review Board of the Civil Aviation Shanghai Hospital.

**Informed consent statement:** All study participants or their legal guardians provided written informed consent for personal and medical data collection before study enrolment.

**Conflict-of-interest statement:** All the authors report no relevant conflicts of interest for this article.

**Data sharing statement:** The data used in this study can be obtained from the corresponding author upon request at [lyz19840126@163.com](mailto:lyz19840126@163.com).

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Retrospective Study

# Retrospective analysis of pathological types and imaging features in pancreatic cancer: A comprehensive study

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## Abstract

### BACKGROUND

Pancreatic cancer remains one of the most lethal malignancies worldwide, with a poor prognosis often attributed to late diagnosis. Understanding the correlation between pathological type and imaging features is crucial for early detection and appropriate treatment planning.

### AIM

To retrospectively analyze the relationship between different pathological types of pancreatic cancer and their corresponding imaging features.

### METHODS

We retrospectively analyzed the data of 500 patients diagnosed with pancreatic cancer between January 2010 and December 2020 at our institution. Pathological types were determined by histopathological examination of the surgical specimens or biopsy samples. The imaging features were assessed using computed tomography, magnetic resonance imaging, and endoscopic ultrasound. Statistical analyses were performed to identify significant associations between pathological types and specific imaging characteristics.

### RESULTS

There were 320 (64%) cases of pancreatic ductal adenocarcinoma, 75 (15%) of intraductal papillary mucinous neoplasms, 50 (10%) of neuroendocrine tumors, and 55 (11%) of other rare types. Distinct imaging features were identified in each pathological type. Pancreatic ductal adenocarcinoma typically presents as a hypodense mass with poorly defined borders on computed tomography, whereas intraductal papillary mucinous neoplasms present as characteristic cystic lesions with mural nodules. Neuroendocrine tumors often appear as hypervascular lesions in contrast-enhanced imaging. Statistical analysis revealed significant correlations between specific imaging features and pathological types ( $P < 0.001$ ).



## CONCLUSION

This study demonstrated a strong association between the pathological types of pancreatic cancer and imaging features. These findings can enhance the accuracy of noninvasive diagnosis and guide personalized treatment approaches.

**Key Words:** Pancreatic cancer; Pathological types; Imaging features; Retrospective analysis; Diagnostic accuracy

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**Core Tip:** Understanding the correlation between the pathological types of pancreatic cancer and their corresponding imaging features is crucial for early detection and treatment planning. Different types of pancreatic cancers exhibit distinct imaging characteristics, such as hypodense masses with poorly defined borders for pancreatic ductal adenocarcinoma, cystic lesions with mural nodules for intraductal papillary mucinous neoplasm, and hypervascular lesions for neuroendocrine tumors. Utilization of a combination of computed tomography, magnetic resonance imaging, and endoscopic ultrasound can aid in an accurate diagnosis. This knowledge can significantly improve diagnostic accuracy, inform personalized treatment strategies, and potentially enhance outcomes in patients with pancreatic cancer.

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## INTRODUCTION

Pancreatic cancer is one of the most formidable challenges in oncology and is the seventh leading cause of cancer-related deaths globally[1]. Despite advancements in medical technologies and treatment modalities, the prognosis of pancreatic cancer remains poor, with a 5-year survival rate of only 9%[2]. This dismal outlook is largely attributed to late-stage diagnosis, when the cancer has often metastasized or has become locally advanced, limiting treatment options and efficacy[3].

The pancreas is a vital organ with both exocrine and endocrine functions. Various types of neoplasms can arise from the pancreas. Pancreatic ductal adenocarcinoma (PDAC) accounts for approximately 85%-90% of all pancreatic cancers, while other types such as intraductal papillary mucinous neoplasms (IPMN), neuroendocrine tumors (NET), and rarer forms constitute the remaining cases[4]. Each pathological type exhibits distinct biological behavior, clinical presentation, and response to treatment, underscoring the importance of accurate diagnosis for optimal patient management[5].

Imaging plays a pivotal role in the diagnosis, staging, and treatment planning of pancreatic cancer. Various imaging modalities, including computed tomography (CT), magnetic resonance imaging (MRI), and endoscopic ultrasound (EUS), have been used to visualize and characterize pancreatic lesions[6]. However, the interpretation of these imaging studies can be challenging owing to the complex anatomy of the pancreas and subtle differences in appearance among various pancreatic pathologies[7].

Recent studies have suggested that certain imaging features correlate with specific pathological types of pancreatic cancer. Yamada *et al*[8] reported that PDAC typically presents as a hypodense mass with irregular borders on CT, whereas IPMNs often appear as cystic lesions with mural nodules. Similarly, Jeon *et al*[9] found that NETs frequently demonstrate hypervascular enhancement on contrast-enhanced imaging. These observations suggest the potential for the noninvasive differentiation of pancreatic cancer types based on imaging characteristics.

Despite these promising findings, a comprehensive analysis of the relationship between the pathological types and imaging features of pancreatic cancer, encompassing a large patient cohort and multiple imaging modalities, is lacking. Such analysis could potentially enhance diagnostic accuracy, facilitate earlier detection, and inform personalized treatment strategies. The present study aimed to address this gap by conducting a retrospective analysis of 500 pancreatic cancer cases and correlating the pathological findings with imaging features observed on CT, MRI, and EUS.

## MATERIALS AND METHODS

### Study design and patient selection

This retrospective study was conducted at Xuanhan County People's Hospital, a tertiary referral center for pancreatic diseases in Sichuan Province, China. The study protocol was approved by the Institutional Review Board (No. 2021-LL-092), and the requirement for informed consent was waived due to the retrospective nature of the study.

We reviewed the medical records of patients diagnosed with pancreatic cancer between January 1, 2010 and December 31, 2020. The inclusion criteria were as follows: (1) Histopathologically confirmed diagnosis of pancreatic cancer; (2) Availability of pre-treatment CT, MRI, and EUS imaging studies; and (3) Age  $\geq$  18 years. Exclusion criteria included: (1) History of prior pancreatic surgery or neoadjuvant therapy; (2) Presence of other concurrent malignancies; and (3) Incomplete medical records or imaging studies. A total of 500 patients met these criteria and were included in the final analysis.

### Pathological examination

All pathological specimens were obtained *via* surgical resection ( $n = 320$ ) or image-guided biopsy ( $n = 180$ ). Specimens were fixed in 10% neutral buffered formalin, embedded in paraffin, and sectioned at 4  $\mu$ m thickness. All sections were stained with hematoxylin and eosin. Two experienced pathologists independently reviewed all the slides. Any discrepancies were resolved by consensus. Immunohistochemical staining was performed when necessary for a definitive diagnosis. The tumors were classified according to the World Health Organization Classification of Tumors of the Digestive System, 5<sup>th</sup> Edition (2019).

### Imaging protocols

**CT:** All CT examinations were performed using a 64-slice multi-detector CT scanner. The scanning protocol was as follows: (1) Non-contrast phase; (2) Pancreatic parenchymal phase (40 seconds after contrast injection); and (3) Portal venous phase (70 seconds after contrast injection). Contrast medium (iohexol, 350 mg/mL) was administered intravenously at a rate of 3–4 mL/s, with the total volume based on body weight (1.5 mL/kg). The scanning parameters were as follows: 120 kVp, 150–300 mAs, a slice thickness of 3 mm, and a reconstruction interval of 2 mm.

**MRI:** MRI was performed using a 3.0 Tesla system (Ingenia Elition 3.0T; Philips Healthcare, Eindhoven, The Netherlands) with a phased-array body coil. The protocol included: (1) T1-weighted in-phase and out-of-phase sequences; (2) T2-weighted fast spin-echo sequences; (3) Diffusion-weighted imaging ( $b$  values: 0, 500, 1000 s/mm<sup>2</sup>); and (4) Dynamic contrast-enhanced T1-weighted 3D gradient-echo sequences (pre-contrast, arterial, portal venous, and delayed phases). A gadolinium-based contrast agent (gadoteridol, 0.1 mmol/kg) was administered intravenously at a rate of 2 mL/s.

**EUS:** Experienced endosonographers performed EUS ( $> 500$  pancreatic EUS procedures each) using a linear array echoendoscope (Olympus GF-UCT180; Olympus Medical Systems Corp, Tokyo, Japan). B-mode imaging and color Doppler were used to evaluate pancreatic lesions. Fine-needle aspiration was performed as clinically indicated.

### Image analysis

Two radiologists (Luo YG and Wu M, with 10 and 12 years of experience in abdominal imaging, respectively) independently reviewed all imaging studies and were blinded to the pathological diagnosis. Any disagreements were resolved by consensus. The following imaging features were assessed: (1) Tumor location (head/uncinate, body, tail); (2) Tumor size (maximum diameter in cm); (3) Tumor margin (well-defined, ill-defined); (4) Tumor density/signal intensity (compared to normal pancreatic parenchyma); (5) Enhancement pattern; (6) Presence of cystic components; (7) Main pancreatic duct dilatation; (8) Vascular invasion; (9) Lymph node involvement; and (10) Distant metastases. Additional MRI features, such as diffusion restriction and apparent diffusion coefficient were evaluated.

### Statistical analysis

Statistical analysis was performed using SPSS software (version 25.0; IBM Corp., Armonk, NY, United States). Continuous variables are expressed as mean  $\pm$  SD or median (interquartile range), depending on the distribution. Categorical variables are presented as frequencies and percentages. The normality of continuous variables was assessed using the Shapiro-Wilk test. For continuous variables with normal distribution, one-way analysis of variance (ANOVA) was used to compare differences among pathological types. For non-normally distributed continuous variables, the Kruskal-Wallis test was used. *Post hoc* analyses were performed using Tukey's HSD test for normally distributed variables and Dunn's test for non-normally distributed variables. The  $\chi^2$  test or Fisher's exact test was used to compare categorical variables between the different pathological types. To identify imaging features that were significantly associated with specific pathological types, multinomial logistic regression analysis was performed. The odds ratios (ORs) with 95% confidence intervals (CIs) were calculated.

Interobserver agreement for the assessment of imaging features was evaluated using the Cohen's kappa coefficient for categorical variables and the intraclass correlation coefficient for continuous variables. The strength of agreement was interpreted as follows: Poor ( $\kappa < 0.20$ ), fair ( $\kappa = 0.21$ –0.40), moderate ( $\kappa = 0.41$ –0.60), substantial ( $\kappa = 0.61$ –0.80), and excellent ( $\kappa > 0.80$ ). Statistical significance was set at  $P < 0.05$  for all analyses. All statistical tests were two-tailed.

## RESULTS

### Patient demographics and clinical characteristics

In total, 500 patients with pancreatic cancer were included in this study. The mean age of the patients was  $62.7 \pm 11.3$  years (range: 28–89 years), with a slight male predominance (54%,  $n = 270$ ). The most common symptoms were abdominal pain (68%;  $n = 340$ ), weight loss (52%;  $n = 260$ ), and jaundice (35%;  $n = 175$ ). Table 1 summarizes the baseline characteristics of the study population.

**Table 1** Baseline characteristics of the study population

| Characteristic                    | Value           |
|-----------------------------------|-----------------|
| Age (years), mean $\pm$ SD        | 62.7 $\pm$ 11.3 |
| Gender, <i>n</i> (%)              |                 |
| Male                              | 270 (54)        |
| Female                            | 230 (46)        |
| Presenting symptoms, <i>n</i> (%) |                 |
| Abdominal pain                    | 340 (68)        |
| Weight loss                       | 260 (52)        |
| Jaundice                          | 175 (35)        |
| Nausea/vomiting                   | 125 (25)        |
| Diabetes mellitus (new onset)     | 75 (15)         |

### Distribution of pathological types

The distribution of pancreatic cancer types based on histopathological examination is shown in [Table 2](#).

### Imaging features associated with pathological types

**PDAC:** PDAC most commonly presents as a hypodense mass on CT and hypointense on T1-weighted MRI. The key imaging features are listed in [Table 3](#).

**IPMN:** IPMN demonstrated distinct imaging features, as shown in [Table 4](#). Of the 75 IPMN cases, 45 (60%) were classified as branch-duct type, 20 (26.7%) as main-duct type, and 10 (13.3%) as mixed-type. The mean size of the cystic lesions was 3.2  $\pm$  1.5 cm (range: 1.0-7.5 cm). Mural nodules were present in 45 cases (60%), with a mean size of 5.3  $\pm$  3.2 mm (range: 2-15 mm). Contrast enhancement of the mural nodules was observed in 41 patients (54.7%). Main pancreatic duct dilatation (> 5 mm) was noted in 49 cases (65.3%), with a mean duct diameter of 7.8  $\pm$  3.5 mm (range: 5.5-22 mm).

**NET:** The characteristics of the NETs are summarized in [Table 5](#). Among the 50 NET cases, 30 (60%) were classified as G1, 15 (30%) as G2, and 5 (10%) as G3, based on the World Health Organization 2017 grading system. The mean tumor size was 2.8  $\pm$  1.9 cm (range: 0.8-9.5 cm). Arterial-phase hyperenhancement was observed in 40 cases (80%), with the enhancement pattern becoming more heterogeneous in tumors > 2 cm in size (18/30 cases, 60%). Calcifications were present in 12 cases (24%) and were more common in G2 and G3 tumors (9/20, 45%) than in G1 tumors (3/30, 10%;  $P = 0.006$ ). On MRI, NETs were typically hyperintense on T2-weighted images (85%;  $n = 42$ ) and showed restricted diffusion (90%;  $n = 45$ ).

**Other rare types:** Imaging features varied among the rare types: Acinar cell carcinomas are large well-defined masses with heterogeneous enhancement ([Figure 1A](#)). Solid pseudopapillary neoplasms are well-encapsulated masses with heterogeneous solid and cystic components ([Figure 1B](#)). Mucinous cystic neoplasms: Unilocular or multilocular cystic lesions with enhanced septation ([Figure 1C](#)).

### Statistical analysis of imaging-pathology correlations

Multinomial logistic regression analysis revealed several imaging features that were significantly associated with specific pathological types ( $P < 0.001$ ). Ill-defined borders (OR = 15.3, 95%CI: 9.2-25.4) and hypoenhancement (OR = 22.1, 95%CI: 13.5-36.2) were strongly associated with PDAC. Cystic lesions communicating with the pancreatic duct (OR = 185.7, 95%CI: 78.3-440.2) were highly predictive of IPMN. Arterial phase hyperenhancement (OR = 28.6, 95%CI: 14.9-54.8) and well-defined borders (OR = 12.4, 95%CI: 6.7-22.9) were significantly associated with NET. [Table 6](#) summarizes the key imaging features and their associations with the pathological types.

### Interobserver agreement

The interobserver agreement for the assessment of imaging features is shown in [Table 7](#). Interobserver agreement was substantial to excellent for all evaluated imaging features. The highest agreement was observed for tumor size (intraclass correlation coefficient = 0.92, 95%CI: 0.90-0.94) and vascular invasion ( $\kappa = 0.88$ , 95%CI: 0.84-0.92). The lowest, yet still substantial, agreement was noted for enhancement pattern assessment ( $\kappa = 0.79$ , 95%CI: 0.75-0.83).

## DISCUSSION

This comprehensive retrospective study of 500 pancreatic cancer cases provides valuable insights into the relationship between the pathological types and imaging features of pancreatic neoplasms. Our findings demonstrate distinct imaging

**Table 2 Distribution of pathological types**

| Pathological type                        | Cases | Percentage |
|------------------------------------------|-------|------------|
| Pancreatic ductal adenocarcinoma         | 320   | 64%        |
| Intraductal papillary mucinous neoplasms | 75    | 15%        |
| Neuroendocrine tumors                    | 50    | 10%        |
| Other rare types                         | 55    | 11%        |
| Acinar cell carcinoma                    | 20    | 4%         |
| Solid pseudopapillary neoplasm           | 15    | 3%         |
| Mucinous cystic neoplasm                 | 12    | 2.4%       |
| Pancreatoblastoma                        | 5     | 1%         |
| Miscellaneous                            | 3     | 0.6%       |

**Table 3 Imaging features of pancreatic ductal adenocarcinoma**

| Imaging feature                               | Percentage | Number of cases |
|-----------------------------------------------|------------|-----------------|
| Hypodense mass on CT                          | 92%        | 294             |
| Hypointense on T1-weighted MRI                | 95%        | 304             |
| Ill-defined borders                           | 85%        | 272             |
| Pancreatic duct dilatation                    | 78%        | 250             |
| Hypoenhancement in all phases                 | 88%        | 282             |
| Vascular invasion                             | 45%        | 144             |
| Lymph node involvement                        | 60%        | 192             |
| Hypoechoic mass with irregular margins on EUS | 90%        | 288             |

CT: Computed tomography; MRI: Magnetic resonance imaging; EUS: Endoscopic ultrasound.

**Table 4 Imaging features of intraductal papillary mucinous neoplasms**

| Imaging feature                                          | Percentage | Number of cases |
|----------------------------------------------------------|------------|-----------------|
| Cystic lesions communicating with pancreatic duct        | 100%       | 75              |
| Mural nodules                                            | 60%        | 45              |
| Main pancreatic duct dilatation                          | 65%        | 49              |
| Enhancement of mural nodules on contrast-enhanced CT/MRI | 55%        | 41              |

CT: Computed tomography; MRI: Magnetic resonance imaging.

characteristics associated with different pathological types, which could potentially enhance the accuracy of noninvasive diagnosis and inform treatment strategies[10].

Our results confirmed and extended previous observations regarding the imaging features of PDAC. The high frequency of ill-defined borders (85%) and hypoenhancement (88%) in our cohort aligned with that in earlier studies[11, 12]. However, our study provided a more precise quantification of these features in a larger cohort. The strong association between these imaging characteristics and PDAC (OR = 15.3, ill-defined borders; OR = 22.1, hypoenhancement) suggests that these features could serve as important radiological markers of PDAC[13].

The high prevalence of pancreatic duct dilatation (78%) in PDAC in our study is particularly noteworthy. This finding supports the “double duct sign”[14] as a potential early indicator of pancreatic head tumors. Our results suggest that this sign may be more common than previously reported, emphasizing its diagnostic value. The imaging features of IPMN in our study, particularly the universal presence of cystic lesions communicating with the pancreatic duct, corroborated the findings of Lee *et al*[15]. However, our observation of mural nodules in 60% of the IPMN cases was higher than the 45% reported in a previous study[16]. This discrepancy may be due to the improved resolution of the current imaging

**Table 5 Imaging features of neuroendocrine tumors**

| Imaging feature                                     | Percentage | Number of cases |
|-----------------------------------------------------|------------|-----------------|
| Hyperenhancement in the arterial phase              | 80%        | 40              |
| Well-defined borders                                | 90%        | 45              |
| Heterogeneous enhancement in larger tumors (> 2 cm) | 60%        | 30              |
| Calcifications                                      | 25%        | 12              |
| Hyperintense on T2-weighted MRI                     | 85%        | 42              |
| Restricted diffusion on MRI                         | 90%        | 45              |

MRI: Magnetic resonance imaging.

**Table 6 Association between imaging features and pathological types**

| Imaging feature            | PDAC | IPMN | NET | P value |
|----------------------------|------|------|-----|---------|
| Ill-defined borders        | 85%  | 10%  | 10% | < 0.001 |
| Hypoenhancement            | 88%  | 5%   | 15% | < 0.001 |
| Cystic components          | 15%  | 100% | 10% | < 0.001 |
| Arterial hyperenhancement  | 5%   | 15%  | 80% | < 0.001 |
| Pancreatic duct dilatation | 78%  | 65%  | 15% | < 0.001 |

PDAC: Pancreatic ductal adenocarcinoma; IPMN: Intraductal papillary mucinous neoplasms; NET: Neuroendocrine tumors.

**Table 7 Interobserver agreement for imaging features**

| Imaging feature        | Agreement measure | Value | 95%CI     |
|------------------------|-------------------|-------|-----------|
| Tumor size             | ICC               | 0.92  | 0.90-0.94 |
| Tumor margin           | κ                 | 0.85  | 0.81-0.89 |
| Enhancement pattern    | κ                 | 0.79  | 0.75-0.83 |
| Vascular invasion      | κ                 | 0.88  | 0.84-0.92 |
| Lymph node involvement | κ                 | 0.82  | 0.78-0.86 |

ICC: Intraclass correlation coefficient; CI: Confidence interval.

techniques or differences in patient populations[17].

The strong association between cystic lesions communicating with the pancreatic duct and IPMN (OR = 185.7) underscores the diagnostic significance of this feature. This finding could aid in differentiating IPMN from other cystic pancreatic lesions, potentially reducing the need for unnecessary invasive procedures[18]. Our findings regarding NET imaging features, particularly the high frequency of arterial-phase hyperenhancement (80%) and well-defined borders (90%), were consistent with those reported by Zhang *et al*[19]. However, our study provided additional quantitative data on the strength of these associations (OR = 28.6; arterial hyperenhancement; OR = 12.4; well-defined borders). These data may be valuable for developing more precise imaging criteria for the diagnosis of pancreatic NETs[20].

The observation of calcification in 25% of NETs in our study is a novel finding that warrants further investigation. This feature could serve as an additional diagnostic marker for NETs, especially in cases where other imaging characteristics are equivocal. The strong association between specific imaging features and the pathological types demonstrated in this study has several important clinical implications. First, our findings could contribute to the development of more accurate imaging-based diagnostic algorithms for pancreatic cancer, potentially reducing the need for invasive diagnostic procedures, particularly for IPMN and NET. Second, the imaging features identified in our study could aid in the risk stratification of pancreatic lesions. For instance, the presence of mural nodules in IPMN has been associated with a higher risk of malignant transformation. The high detection rate of mural nodules (60%) in our study suggests that careful evaluation of this feature could improve risk assessment in patients with IPMN. Third, the ability to predict the pathological types based on imaging features can inform treatment decisions. For example, the identification of imaging features suggestive of NET might prompt the consideration of targeted therapies or more conservative management





**Figure 1** Typical computed tomography image of acinar cell carcinomas, solid pseudopapillary neoplasms, and mucinous cystic neoplasms. A: Typical computed tomography image of acinar cell carcinomas; B: Typical computed tomography image of solid pseudopapillary neoplasms; C: Typical computed tomography image of mucinous cystic neoplasms.

approaches than those typically used for PDAC. Finally, our findings regarding early signs of pancreatic cancer, such as the high prevalence of pancreatic duct dilatation in PDAC, could inform the development of more effective screening and surveillance protocols for high-risk individuals.

Our study has several strengths, including large sample size, comprehensive imaging evaluation using multiple modalities, and robust statistical analysis. The high inter-observer agreement for key imaging features supports the reliability and reproducibility of our findings. Our study also has several limitations. First, the retrospective nature of our study introduced potential selection bias and limited our ability to control for all confounding factors. The data collected were based on clinical records and imaging studies performed as part of routine care, which may have led to inconsistencies in imaging protocols or reporting. Second, as our findings are based on data from a single tertiary care center, generalizability to other settings or patient populations may be limited. Different institutions may have varying patient demographics, risk factors, or prevalence of pancreatic cancer subtypes, which could influence the imaging-pathology correlations we observed. Third, given the 10-year span of our study, advances in imaging technology may have influenced the detection and characterization of certain features. The evolution of CT and MRI scanners as well as improvements in imaging protocols could have affected the consistency of our imaging data over time. Fourth, we did not have access to genetic information that could have provided additional insights into the relationship between imaging features, pathological types, and underlying genetic alterations. The integration of genomic data with imaging and pathological findings is an important area for future research. Fifth, our study design did not allow for subgroup analyses of specific pancreatic cancer types, such as different PDAC variants or IPMN grades. Such analyses could potentially reveal additional patterns and refine our understanding of imaging-pathology correlations. Sixth, we did not incorporate newer imaging techniques such as PET/CT or advanced MRI sequences (*e.g.*, diffusion-weighted imaging and dynamic contrast-enhanced MRI) in our analysis. These modalities can provide more valuable information for the characterization of pancreatic lesions. Seventh, our study lacked a longitudinal component to track the changes in imaging features over time, which could provide insights into disease progression and treatment response that were not captured in our cross-sectional analysis. Finally, although our inter-observer agreement for imaging features was high, the subjective nature of some imaging assessments could not be completely eliminated. The use of computer-aided diagnostic tools or radiomics approaches in future studies could potentially reduce this subjectivity.

Although our retrospective study provides valuable insights, we acknowledge the need for prospective studies to further validate our findings and assess their clinical impact. Future prospective, multicenter studies with standardized imaging protocols and pathological assessments would be instrumental in confirming the reliability and generalizability of the identified imaging-pathology correlations. Such studies could also evaluate the impact of these correlations on clinical decision-making, patient outcomes, and potential early detection strategies for pancreatic cancer.

An important area for future research is the longitudinal tracking of imaging features to understand disease progression and treatment responses. Such studies could provide valuable insights into the dynamic changes in imaging characteristics over time, potentially allowing earlier detection of disease progression or treatment resistance. This approach could be particularly valuable in monitoring patients with premalignant lesions, such as IPMN, or in assessing the treatment response in patients with advanced pancreatic cancer. Incorporating radiomics and artificial intelligence techniques into these longitudinal studies could further enhance our ability to detect subtle changes in imaging features that may have prognostic or predictive value.

## CONCLUSION

Our comprehensive analysis of the relationship between pathological types and imaging features of pancreatic cancer provides valuable insights that could significantly impact clinical practice. By enhancing our ability to non-invasively characterize pancreatic lesions, these findings have the potential to improve early diagnosis, guide personalized treatment strategies, and ultimately improve outcomes in patients with pancreatic cancer.

## FOOTNOTES

**Author contributions:** Luo YG and Wu M proposed the concept of this study, participated in the data collection, participated in this study, validated it, and jointly reviewed and edited the manuscript; Luo YG drafted the initial draft and guided the research, methodology, and visualization of the manuscript; Chen HG contributed to the formal analysis of this study. All authors critically reviewed and provided final approval of the manuscript; and all authors were responsible for the decision to submit the manuscript for publication.

**Institutional review board statement:** This study has been approved and reviewed by the Ethics Committee of Xuanhan County People's Hospital, No. 2021-LL-092.

**Informed consent statement:** Due to the retrospective nature of the study, informed consent was waived.

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Retrospective Study

# Lipid levels and insulin resistance markers in patients with colorectal cancer: Propensity score matching analysis

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## Abstract

### BACKGROUND

Colorectal cancer (CRC) is a prevalent malignant neoplasm characterized by subtle early manifestations.

### AIM

To investigate the correlation among serum lipid profiles, the triglyceride-glucose (TyG) index, and the atherosclerotic index (AI) in patients with CRC. Furthermore, it explored the clinical diagnostic utility of combining serum lipids with cancer antigens in the context of CRC.

### METHODS

A retrospective analysis encompassed 277 patients with CRC and 1034 healthy individuals.

### RESULTS

Following propensity score matching, patients with CRC exhibited significantly reduced levels of serum triglyceride (TG), total cholesterol (TC), high-density lipoprotein cholesterol, and low-density lipoprotein cholesterol (LDL-C), as well as a diminished TyG index. Conversely, they displayed elevated AI levels compared to their healthy counterparts. Patients in advanced stages exhibited lower serum levels of TG, TC, and LDL-C compared to those in early stages.

Patients with positive lymph node metastasis demonstrated reduced levels of TG, LDL-C, and the TyG index. Receiver operating characteristic analysis revealed that the combination of the TyG index, carcinoembryonic antigen, and carbohydrate antigen 19-9 yielded the highest positive prediction rate for CRC at 75.3%.

## CONCLUSION

Preoperative serum lipid profiles exhibit a robust association with patients with CRC. The concurrent assessment of multiple serum lipids and cancer antigens effectively enhances the diagnostic accuracy for CRC.

**Key Words:** Colorectal cancer; Serum lipids; Triglyceride-glucose index; Atherosclerotic index; Diagnostic marker

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**Core Tip:** Timely identification of colorectal cancer (CRC) is essential in lowering both the occurrence and death rates linked to the illness. It has been shown that serum lipids and insulin resistance (IR) markers can be useful biomarkers for detecting CRC in patients. This article retrospectively analyzed 277 patients with CRC and investigated the clinical diagnostic value of a combination of IR indicators, including the triglyceride-glucose index and atherosclerotic index, with cancer antigens as a novel diagnostic marker for CRC.

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## INTRODUCTION

Colorectal cancer (CRC) is one of the most common malignant tumors in the world, with 1.9 million new cases per year, and ranking as the second most commonly diagnosed cancer. The prognosis of CRC critically hinges upon the cancer stage determined during diagnosis[1]. Timely detection of CRC is imperative to reduce both its incidence and mortality rates associated with the disease.

Several methods are currently being proposed and used to identify the location of tumors. These methods include the fecal occult blood test, colonoscopy, and computed tomography. Currently, the most widely used diagnostic approach for CRC is colonoscopy, which has high sensitivity and specificity for identifying polyps and cancers[2]. However, it is an invasive, high-cost, and time-consuming procedure that requires complex implementation. Blood-based biomarkers such as carcinoembryonic antigen (CEA) and carbohydrate antigen 19-9 (CA 19-9) have been recognized and accepted as noninvasive diagnostic procedures established to detect CRC[3].

Metabolic syndrome, consisting of impaired glucose tolerance, dyslipidemia, obesity, and hypertension, is associated with insulin resistance (IR)[4]. Dyslipidemia is an integral part of metabolic syndrome and is characterized by an alteration of serum lipids. In recent years, growing evidence has shown that serum lipids play an important role in tumor development and progression[5]. In particular, it has been shown that serum lipids can be a useful biomarker for detecting CRC in patients[6,7]. However, the limited knowledge of the relationship between serum lipids and the clinical parameters of CRC has obstructed the optimized use for serum lipids when obtaining more accurate and meaningful information for CRC diagnosis and treatment outcomes. Furthermore, there has been no research conducted using propensity score matching (PSM) to investigate the relationship between serum lipids and CRC.

Current evidence has confirmed that IR is a relevant risk factor for the morbidity and mortality of various cancers, including CRC[8,9]. Recently, the triglyceride-glucose (TyG) index and the atherosclerotic index (AI [TC-HDL]/HDL), which are closely related to IR, diabetes, and metabolic syndrome, have attracted extensive attention and medical research. Previous studies have demonstrated that the TyG index may serve as a marker of CRC[7,10]. However, the role of the TyG index in cancer risk remains controversial, and its relationship has not been demonstrated in patients with CRC[11]. The AI is widely regarded as a predictor of cardiovascular disease. However, the association between AI and CRC still needs further exploration.

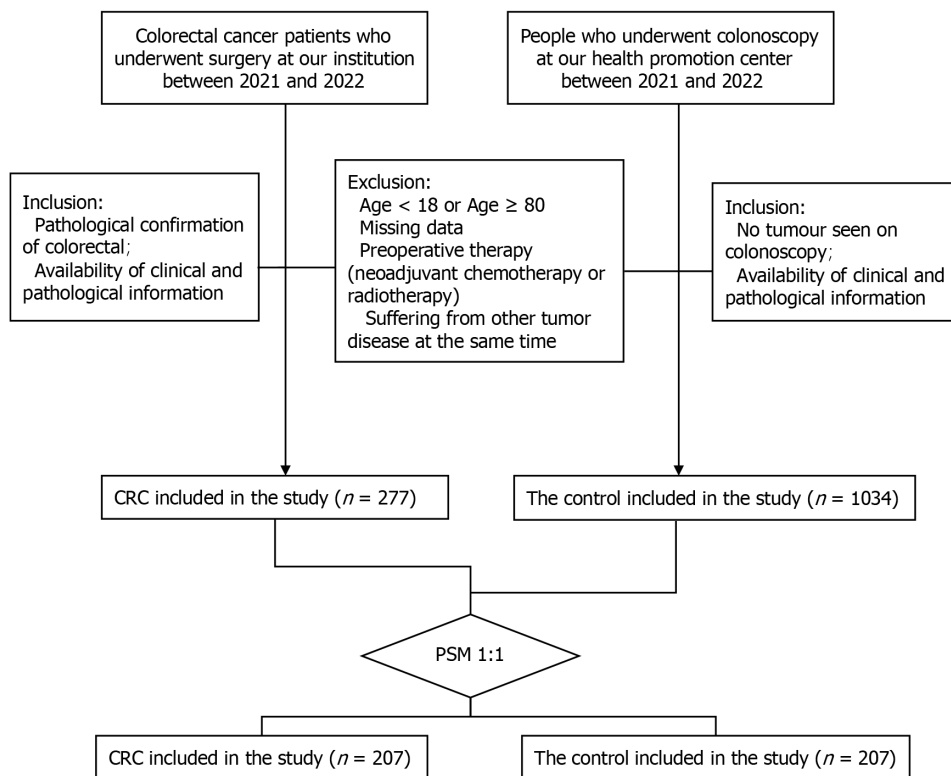
Therefore, we retrospectively analyzed 277 patients with CRC and investigated the clinical diagnostic value of a combination of IR indicators, including the TyG index and AI, with cancer antigens as a novel diagnostic marker for CRC.

## MATERIALS AND METHODS

### Study population

Patients with histologically confirmed CRC at the Department of Gastrointestinal Surgery of Shanghai East Hospital (Shanghai, China) between 2021 and 2022 were retrospectively reviewed. To evaluate the link between CRC and the lipid





**Figure 1** Flow of included participants. CRC: Colorectal cancer; PSM: Propensity score matching.

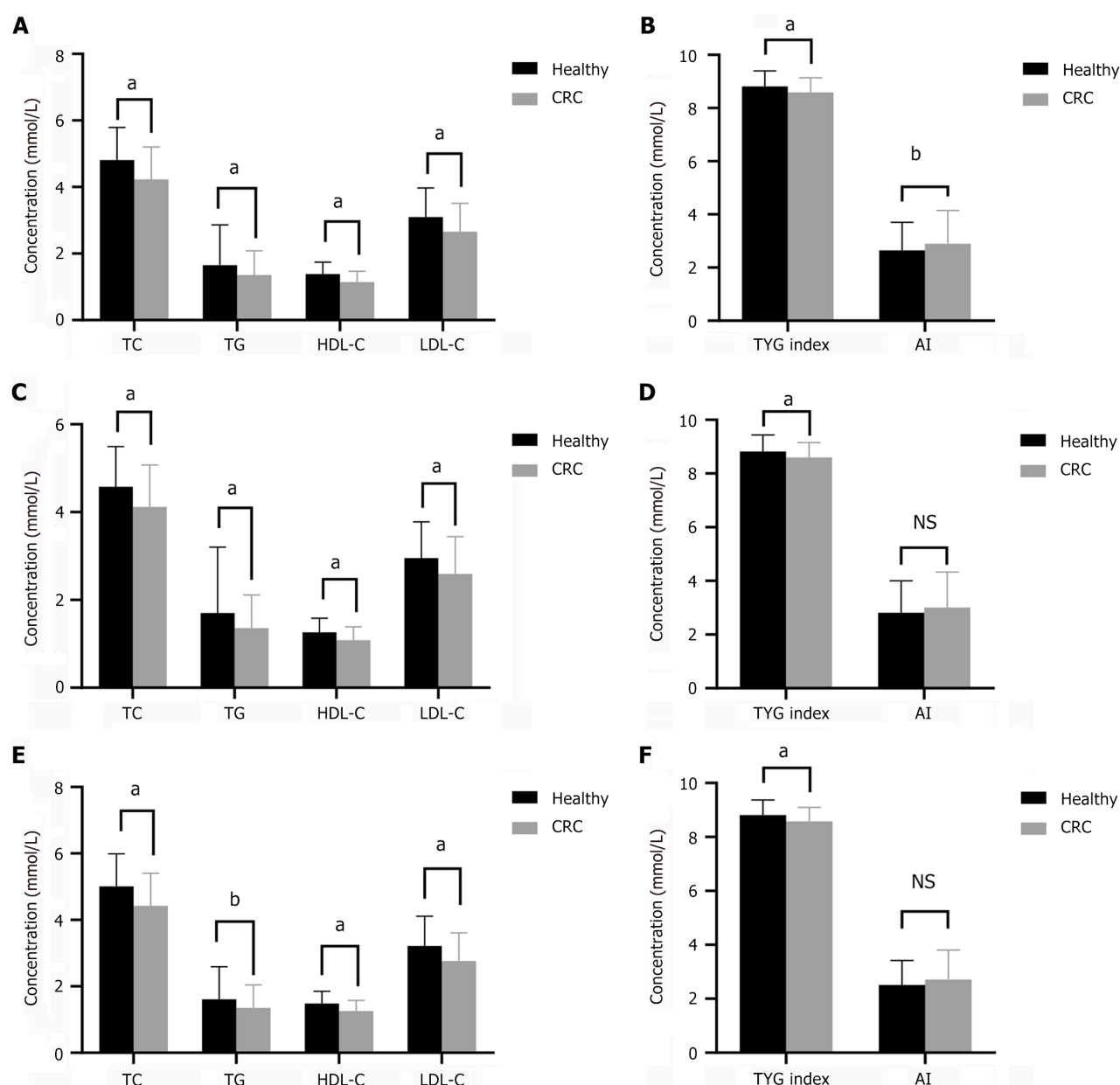
profile found in the serum, a control group was retrospectively examined from a cohort initially collected at the health promotion center. Patients had a previous history of malignancy. Participants who did not undergo lipid profile assessment in the laboratory or were lost during the follow-up period were excluded from the study. Ultimately, a total of 277 individuals diagnosed with CRC and 1034 healthy control subjects were included in the analysis (Figure 1). All participants provided written informed consent. The methods used in this study were conducted in compliance with the Declaration of Helsinki and other applicable guidelines. The study was approved by the Human Research Ethics Committee of Shanghai East Hospital.

### Data collection

The participants in the study were required to fill out a questionnaire that collected information regarding any current or previous illnesses, both acute and chronic, as well as any medications they were currently taking. Peripheral blood was collected for routine hematological tests and cancer antigens such as CEA and CA19-9. The clinicopathological classification of CRC was performed according to the 8th American Joint Committee on Cancer tumor-node-metastasis (TNM) staging system. The serum lipid profiles of all subjects were measured in the study. The levels of serum lipids, such as triglyceride (TG), total cholesterol (TC), high-density lipoprotein cholesterol (HDL-C), and low-density lipoprotein cholesterol (LDL-C), were assessed utilizing the Roche Cobas e801 chemistry analyzer (Roche Diagnostics, Mannheim, Germany). The TyG index was calculated as  $\text{Ln}(\text{fasting TG [mg/dL]} \times \text{fasting plasma glucose [mg/dL]}/2)$ . AI was analytically calculated from  $(\text{TC-HDL-C})/\text{HDL-C}$ .

### Statistical analyses

The data are expressed as the mean  $\pm$  standard deviation in cases of normal distribution, and as the median with the interquartile range for nonparametric distribution. To analyze categorical variables,  $\chi^2$  or Fisher exact tests were employed, while continuous variables were assessed using the Student's *t*-test or one-way analysis of variance. To evaluate the discriminatory ability of the variables in predicting the incidence of CRC, a receiver operating characteristic (ROC) curve was constructed. We calculated the corresponding area under the curve, along with its 95% confidence interval (CI). The statistical software Statistical Package for the Social Sciences (version 26.0; IBM, Armonk, NY, United States) was utilized for data analysis, with statistical significance defined as  $P < 0.05$  (two-sided). The effect of serum lipids was evaluated by one-to-one PSM to adjust for factors including sex, body mass index (BMI), coronary heart disease, cerebral infarction, and hypertension.



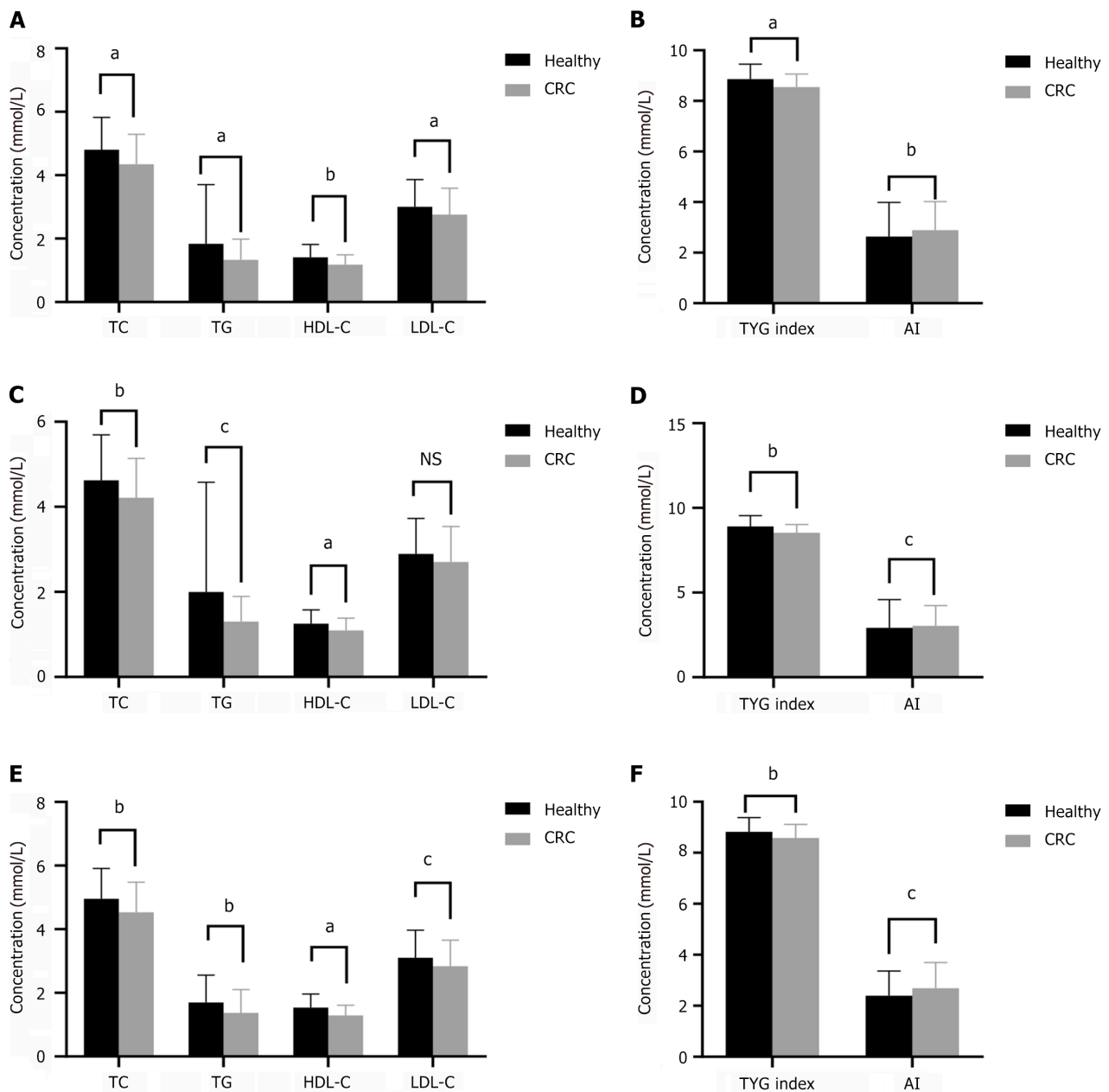
**Figure 2 Serum lipid, triglyceride-glucose index, and atherosclerotic index in patients with colorectal cancer and healthy participants.** A: Serum lipids including total cholesterol (TC), triglyceride (TG), high-density lipoprotein cholesterol (HDL-C), and low-density lipoprotein cholesterol (LDL-C); B: Triglyceride-glucose (TyG) index and atherosclerotic index (AI) in all research subjects; C: Serum lipids; D: TyG index and AI in male subjects; E and F: Serum lipids, TyG index, and AI in female subjects. Data are presented as the mean  $\pm$  standard deviation and analyzed by the Student's *t*-test. <sup>a</sup> $P < 0.05$ ; <sup>b</sup> $P < 0.01$ ; <sup>c</sup> $P < 0.001$ . CRC: Colorectal cancer.

## RESULTS

### Serum lipid levels, TyG, and AI are strongly associated with CRC before and after PSM

We identified 277 patients with CRC and 1034 healthy participants. Table 1 presents the fundamental data of the patients with CRC. There were significant differences between groups in terms of BMI, white blood cells, red blood cells, hemoglobin, and platelets (Table 2). The serum levels of TG, TC, HDL-C, and LDL-C, and the TyG index were significantly lower in patients with CRC than in healthy participants ( $P < 0.01$ ), whereas AI was significantly higher in patients with CRC than in healthy participants ( $P < 0.01$ ) (Figure 2A and B). The patients with CRC and healthy participants were subsequently divided into two subgroups depending on sex. Our results indicated that TG, TC, HDL-C, LDL-C, and TyG index were also significantly lower in both male and female patients compared with the same sex group in healthy participants (Figure 2C-F).

Based on these findings, we implemented PSM using a modified 1:1 ratio. We achieved successful matching of 414 participants, evenly distributed with 207 individuals in each group. Post PSM, both groups demonstrated robust balance across all variables. Analysis of matched patients showed similar results (Figure 3).



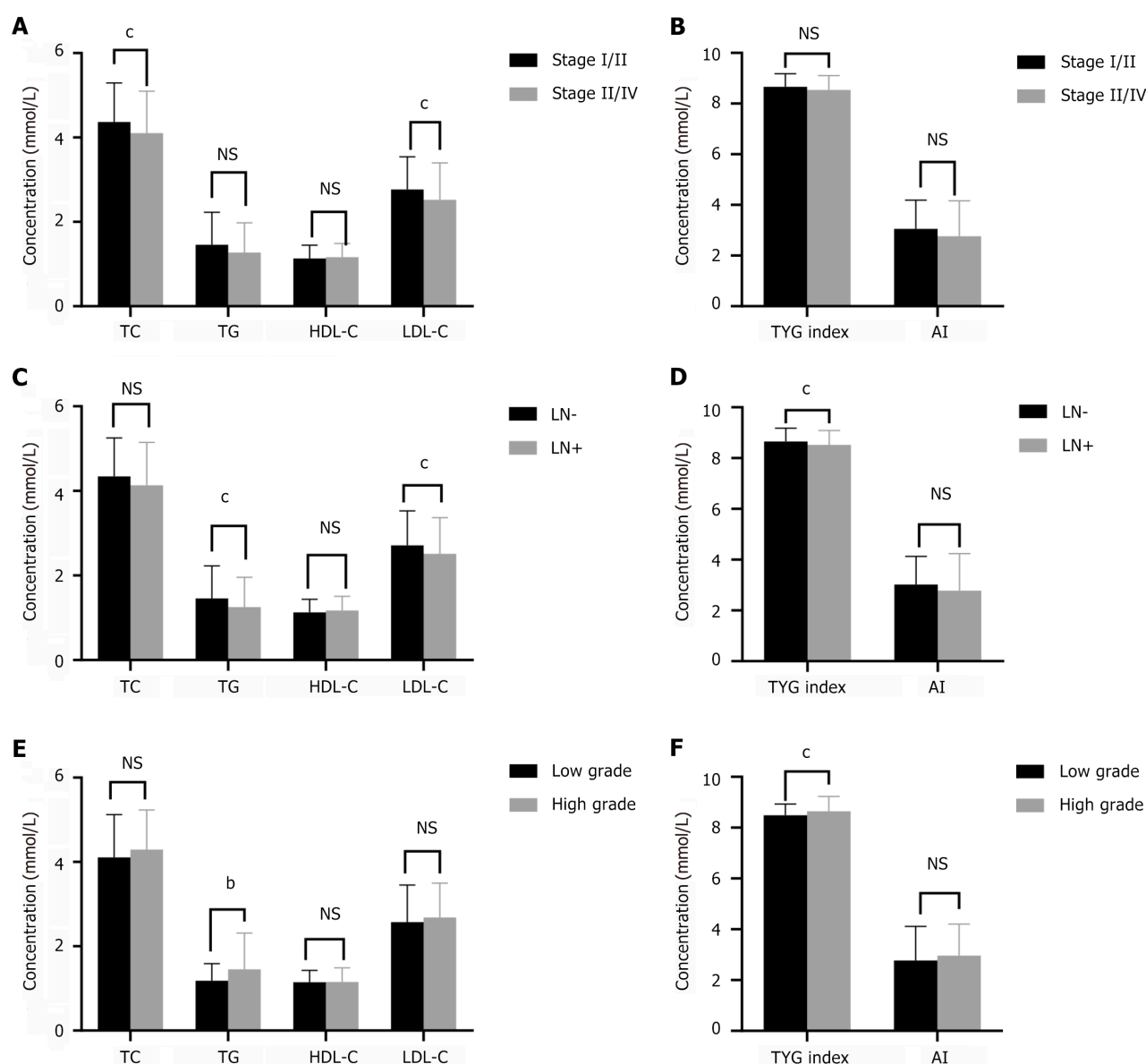
**Figure 3** Serum lipid, triglyceride-glucose index, and atherosclerotic index in patients with colorectal cancer and healthy participants after propensity score matching. A and B: Serum lipids, triglyceride-glucose (TyG) index and atherosclerotic index (AI) in all research subjects after propensity score matching (PSM); C and D: Serum lipids, TyG index, and AI in male subjects after PSM; E and F: Serum lipids, TyG index, and AI in female subjects after PSM. Data are presented as the mean  $\pm$  standard deviation and analyzed by the Student's *t*-test. <sup>a</sup> $P < 0.05$ ; <sup>b</sup> $P < 0.01$ ; <sup>c</sup> $P < 0.001$ . CRC: Colorectal cancer; HDL-C: High-density lipoprotein cholesterol; LDL-C: Low-density lipoprotein cholesterol; TC: Total cholesterol; TG: Triglyceride.

### Relationships between serum lipid levels and the malignancy and invasiveness of CRC

To evaluate the relationship between serum lipids and tumor stage, all patients were stratified into two groups: those with relatively early-stage tumors (stages I and II) and those with advanced-stage tumors (stages III and IV). We found that TC and LDL-C were significantly lower in patients with advanced-stage tumors (Figure 4A and B). The levels of TG and LDL-C and the TyG index in patients with CRC with lymph node metastasis were significantly lower than those in patients without lymph node metastasis (Figure 4C and D). The levels of TG and the TyG index were associated with poor differentiation in patients with CRC (Figure 4E and F).

### Relationships between serum lipid levels and tumor location

Of the 277 patients with CRC, 152 (54.9%) had CRC and 125 (45.1%) had rectal cancer. The serum HDL-C level in patients with CRC was significantly lower than that in patients with rectal cancer ( $P < 0.01$ ) (Figure 5A and B). We divided patients with CRC into right-sided CRC (RSCC) and left-sided CRC (LSCC) subgroups. The serum TC level in patients with RSCC was significantly lower than that in patients with LSCC ( $P < 0.05$ ) (Figure 5C and D).



**Figure 4 Relationships between serum lipid levels and the malignancy and invasiveness of colorectal cancer.** A and B: Serum lipids, triglyceride-glucose (TyG) index, and atherosclerotic index (AI) in different tumor stage of colorectal cancer (CRC); C and D: Serum lipids, TyG index, and AI in patients with CRC with or without lymph node metastasis; E and F: Serum lipids, TyG index, and AI in patients with CRC with different differentiations. Data are presented as the mean  $\pm$  standard deviation and analyzed by the Student's *t*-test. <sup>a</sup>*P* < 0.05; <sup>b</sup>*P* < 0.01; <sup>c</sup>*P* < 0.001. HDL-C: High-density lipoprotein cholesterol; LDL-C: Low-density lipoprotein cholesterol; TC: Total cholesterol; TG: Triglyceride.

### Serum lipid levels in patients with CRC with normal CEA and CA19-9 levels

Of all patients with CRC, 136 had normal preoperative serum CEA and CA19-9 levels. Serum lipid levels were associated with CRC with normal CEA and CA19-9 levels. The levels of TG, TC, HDL-C, and LDL-C and the TyG index in the CRC group were significantly lower than those in healthy participants, whereas AI was higher in the CRC group (Figure 6A and B). After PSM, analysis of matched patients showed similar results (Figure 6C and D).

### Enhanced diagnostic value of serum lipid levels and serum cancer antigens in patients with CRC

Given the abnormal rates of serum lipid levels and serum cancer antigens in patients with CRC, the TyG index, CEA, and CA19-9 were combined to examine whether the combination can enhance the diagnostic rate in patients with CRC. Our results showed that the combination of the TyG index and cancer antigens can be used as a new diagnostic marker for CRC (Figure 7). The combination of the TyG index, CEA, and CA19-9 had the highest positive prediction rate for CRC (75.3%) by ROC analysis. The remaining serum lipids and cancer antigens are shown in Table 3. Based on this candidate model, we developed a nomogram to visualize CRC diagnosis. Utilizing the patient's blood lipids, CEA, CA19-9, and TyG index, we can predict the likelihood of the patient having CRC (Figure 8).

**Table 1 Basic information of patients with colorectal cancer before and after propensity score matching**

| Characteristics    | All CRC, <i>n</i> = 277 | Propensity-matched CRC, <i>n</i> = 207 |
|--------------------|-------------------------|----------------------------------------|
| Ascending colon    | 55 (11.4)               | 42 (8.7)                               |
| Transverse colon   | 11 (2.3)                | 8 (1.7)                                |
| Descending colon   | 18 (3.7)                | 14 (2.9)                               |
| Sigmoid colon      | 68 (14)                 | 49 (10.1)                              |
| Rectum             | 125 (25.8)              | 94 (19.4)                              |
| T. stage           |                         |                                        |
| T1                 | 28 (5.8)                | 23 (4.8)                               |
| T2                 | 36 (7.4)                | 25 (5.2)                               |
| T3                 | 196 (40.5)              | 148 (30.6)                             |
| T4                 | 17 (3.5)                | 11 (2.3)                               |
| N. stage           |                         |                                        |
| N0                 | 156 (32.2)              | 119 (24.6)                             |
| N1                 | 71 (14.7)               | 53 (11)                                |
| N2                 | 50 (10.3)               | 35 (7.2)                               |
| M. stage           |                         |                                        |
| M0                 | 251 (51.9)              | 190 (39.3)                             |
| M1                 | 26 (5.4)                | 17 (3.5)                               |
| Blood vessels      |                         |                                        |
| -                  | 199 (41.1)              | 150 (31)                               |
| +                  | 78 (16.1)               | 57 (11.8)                              |
| Nerve              |                         |                                        |
| -                  | 210 (43.4)              | 159 (32.9)                             |
| +                  | 67 (13.8)               | 48 (9.9)                               |
| Size, median (IQR) | 4 (3, 5)                | 4 (3, 5)                               |
| Differentiation    |                         |                                        |
| Low grade          | 94 (19.4)               | 69 (14.3)                              |
| High grade         | 183 (37.8)              | 138 (28.5)                             |
| Stage              |                         |                                        |
| I                  | 55 (11.4)               | 41 (8.2)                               |
| II                 | 95 (19.6)               | 72 (14.9)                              |
| III                | 100 (20.7)              | 73 (15.1)                              |
| IV                 | 27 (5.6)                | 19 (3.9)                               |

Data are *n* (%) unless otherwise indicated. CRC: Colorectal cancer; IQR: Interquartile range.

## DISCUSSION

Identifying simple, feasible, and low-cost markers of CRC is of great significance for the treatment and prognosis of patients with CRC. However, due to the absence of distinct symptoms and restricted detection techniques, CRC is frequently misdiagnosed, resulting in the disease being detected in its advanced stages when noticeable symptoms emerge. The present retrospective study analyzed the relationship between dyslipidemia and CRC. We also explored whether the combination of serum lipids or the TyG index and AI can enhance the diagnostic rate of CRC. Of interest, our results showed that preoperative serum lipids were significantly lower in patients with CRC than in healthy participants, even after PSM. In addition, the TyG index and AI as IR markers were associated with CRC. Our study found that various factors such as lymphatic metastasis, vascular invasion, nerve infiltration, and pathologic TNM stage can impact



Table 2 Characteristics of study participants

| Characteristics                                    | All patients             |                     |                | Propensity-matched patients |                     |                |
|----------------------------------------------------|--------------------------|---------------------|----------------|-----------------------------|---------------------|----------------|
|                                                    | Control, <i>n</i> = 1034 | CRC, <i>n</i> = 277 | <i>P</i> value | Controls, <i>n</i> = 207    | CRC, <i>n</i> = 207 | <i>P</i> value |
| Age in years                                       | 66.53 ± 7.41             | 66.54 ± 10.91       | 0.989          | 68.89 ± 5.53                | 65.58 ± 11.12       | 0.053          |
| Sex as male/female                                 | 466/568                  | 176/101             | < 0.001        | 96/111                      | 122/85              | 0.010          |
| Hypertension in %                                  | 10.25                    | 43.68               | < 0.001        | 34.78                       | 28.99               | 0.206          |
| Diabetes in %                                      | 1.64                     | 14.80               | < 0.001        | 7.73                        | 5.80                | 0.434          |
| Coronary heart disease or Cerebral infarction in % | 0.48%                    | 12.64               | < 0.001        | 2.24                        | 2.24                | 1              |
| BMI                                                | 25.09 ± 5.25             | 23.78 ± 3.27        | < 0.001        | 24.40 ± 3.77                | 23.84 ± 3.29        | 0.106          |
| WBC as × 10 <sup>9</sup> /L                        | 6.49 ± 1.58              | 6.16 ± 1.84         | 0.003          | 6.64 ± 1.66                 | 6.14 ± 1.84         | 0.004          |
| RBC as × 10 <sup>9</sup> /L                        | 4.70 ± 0.43              | 4.19 ± 0.61         | < 0.001        | 4.66 ± 0.40                 | 4.21 ± 0.58         | < 0.001        |
| Hb in g/L                                          | 143.23 ± 13.24           | 120.63 ± 25.73      | < 0.001        | 141.89 ± 12.61              | 121.47 ± 25.08      | < 0.001        |
| PLT as × 10 <sup>9</sup> /L                        | 216.94 ± 52.78           | 240.59 ± 83.72      | < 0.001        | 224.17 ± 51.69              | 240.94 ± 78.97      | 0.011          |
| ALT in U/L                                         | 21.36 ± 7.75             | 18.50 ± 31.60       | 0.144          | 20.33 ± 7.63                | 17.65 ± 18.27       | 0.057          |
| AST in U/L                                         | 21.40 ± 12.65            | 21.24 ± 35.77       | 0.908          | 19.36 ± 12.60               | 19.73 ± 11.93       | 0.758          |
| TC in mmol/L                                       | 4.81 ± 0.98              | 4.23 ± 0.97         | < 0.001        | 4.80 ± 1.02                 | 4.34 ± 0.94         | < 0.001        |
| TG in mmol/L                                       | 1.65 ± 1.21              | 1.35 ± 0.73         | < 0.001        | 1.84 ± 1.87                 | 1.33 ± 0.65         | < 0.001        |
| HDL-C in mmol/L                                    | 1.38 ± 0.36              | 1.14 ± 0.32         | < 0.001        | 1.41 ± 0.41                 | 1.17 ± 0.32         | < 0.001        |
| LDL-C in mmol/L                                    | 3.10 ± 0.87              | 2.66 ± 0.85         | < 0.001        | 3.01 ± 0.86                 | 2.76 ± 0.83         | 0.003          |
| UA in mmol/L                                       | 319.84 ± 77.29           | 315.62 ± 81.37      | 0.430          | 324.75 ± 80.97              | 312.42 ± 78.70      | 0.121          |
| SCR in mmol/L                                      | 74.63 ± 22.89            | 76.67 ± 21.08       | 0.190          | 78.29 ± 26.10               | 73.84 ± 19.89       | 0.056          |
| CEA in ng/mL                                       | 1.91 ± 1.51              | 35.67 ± 176.15      | 0.002          | 2.80 ± 1.54                 | 26.62 ± 95.89       | 0.001          |
| CA199 in U/mL                                      | 11.26 ± 7.64             | 176.16 ± 1013.41    | 0.009          | 12.00 ± 8.77                | 159.62 ± 929.85     | 0.027          |
| AI                                                 | 2.65 ± 1.05              | 35.67 ± 176.15      | 0.002          | 2.64 ± 1.35                 | 2.89 ± 1.14         | 0.042          |
| TyG index                                          | 8.81 ± 0.58              | 8.58 ± 0.55         | < 0.001        | 8.86 ± 0.59                 | 8.55 ± 0.51         | < 0.001        |

AI: Atherosclerotic index; ALT: Alanine aminotransferase; AST: Aspartate transaminase; BMI: Body mass index; CEA: Carcinoembryonic antigen; CRC: Colorectal cancer; Hb: Hemoglobin; HDL-C: High-density lipoprotein cholesterol; LDL-C: Low-density lipoprotein cholesterol; PLT: Platelet; RBCs: Red blood cells; SCR: Serum creatinine; TC: Total cholesterol; TG: Triglyceride; TyG: Triglyceride-glucose; UA: Uric acid; WBCs: White blood cells.

the levels of serum lipids. Therefore, we suggest that measuring serum lipid levels, along with the TyG index and AI, can serve as biomarkers for both diagnosing CRC and predicting its characteristics such as lymph node metastasis, vascular invasion, neural infiltration, and staging. These findings highlight the potential of utilizing these biomarkers for improved understanding and management of CRC. Moreover, the use of these biomarkers can contribute to early detection and intervention strategies, ultimately enhancing outcomes for patients with CRC. Moreover, detection of the TyG index and cancer antigens can effectively improve the diagnosis of CRC.

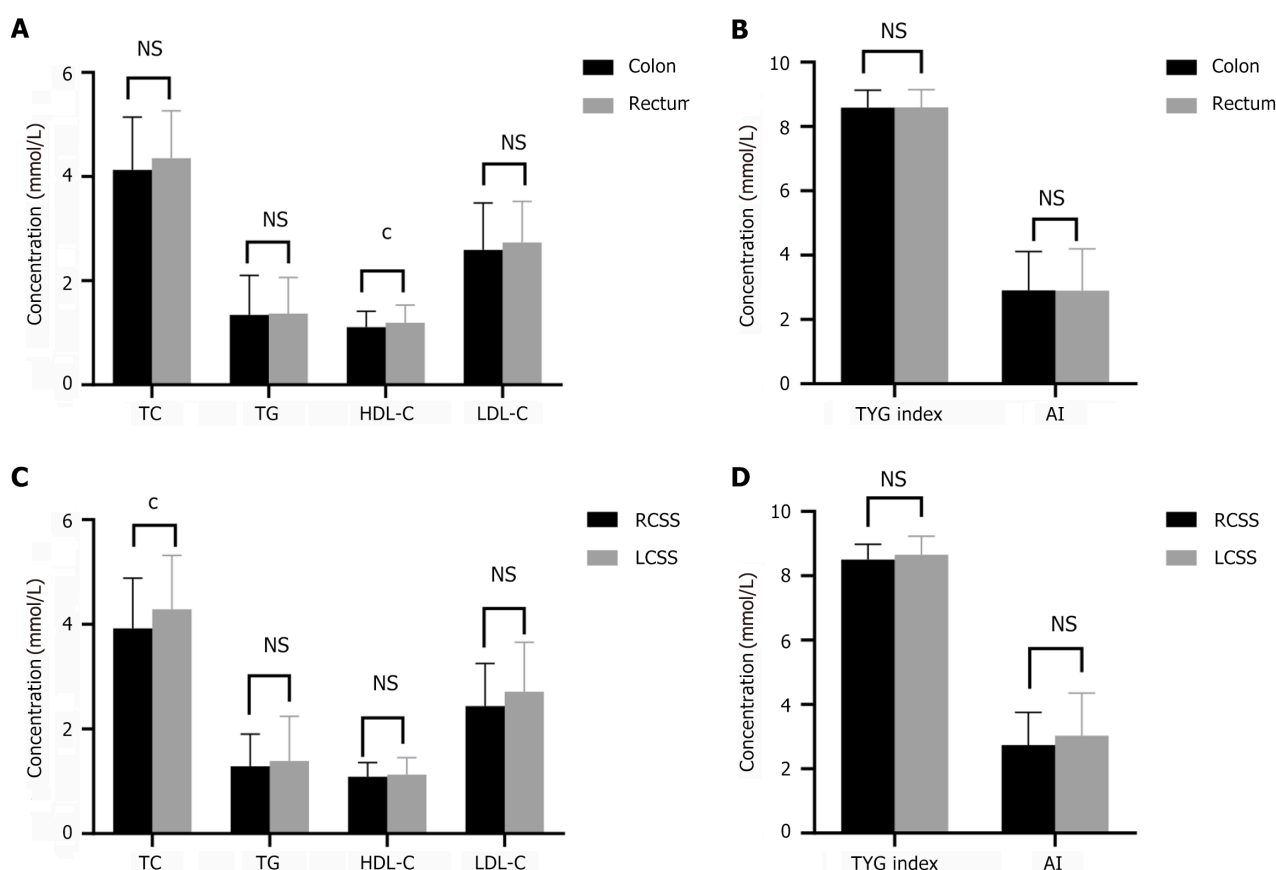
The routine lipid panel consists of TG, TC, HDL-C, and LDL-C. Accumulating evidence suggests that lipid imbalance may contribute to CRC risk through inflammation, oxidative stress, IR, and protein function alteration[12]. A recent study suggested that serum lipids may serve as a potential marker for CRC[5,12]. However, no research has been conducted on the association of the lipid derivative TyG index and AI with patients with CRC, especially by using PSM analysis. Several studies have demonstrated the association of serum lipid levels and cardiovascular diseases. In recent years, evidence has shown that serum lipid components are associated with the occurrence and development of various types of cancer and thus can be used to evaluate cancer. However, data on the relationship of serum lipid levels with CRC are contradictory[13,14]. PSM analysis is a statistical technique designed to address confounding bias and mimic a randomized clinical trial, improving the level of evidence in studies[15]. It was found that the CRC group had lower serum lipid levels before and after PSM. It is hypothesized that the association of low serum lipids and lipoproteins with CRC results from the metabolic, competitive, and rapid consumption of nutrients by cancer cells, rather than increased levels as a protective factor.

Recent epidemiological and clinical evidence points to a strong association of IR with cancer risk[8]. The TyG index, which relies on fasting levels of TGs and glucose, is gaining recognition as a credible and straightforward proxy for IR. The TyG index is associated with an increased risk of cancers of the digestive system. Limited research has explored the

**Table 3** Various combined diagnostic indicators for patients with colorectal cancer

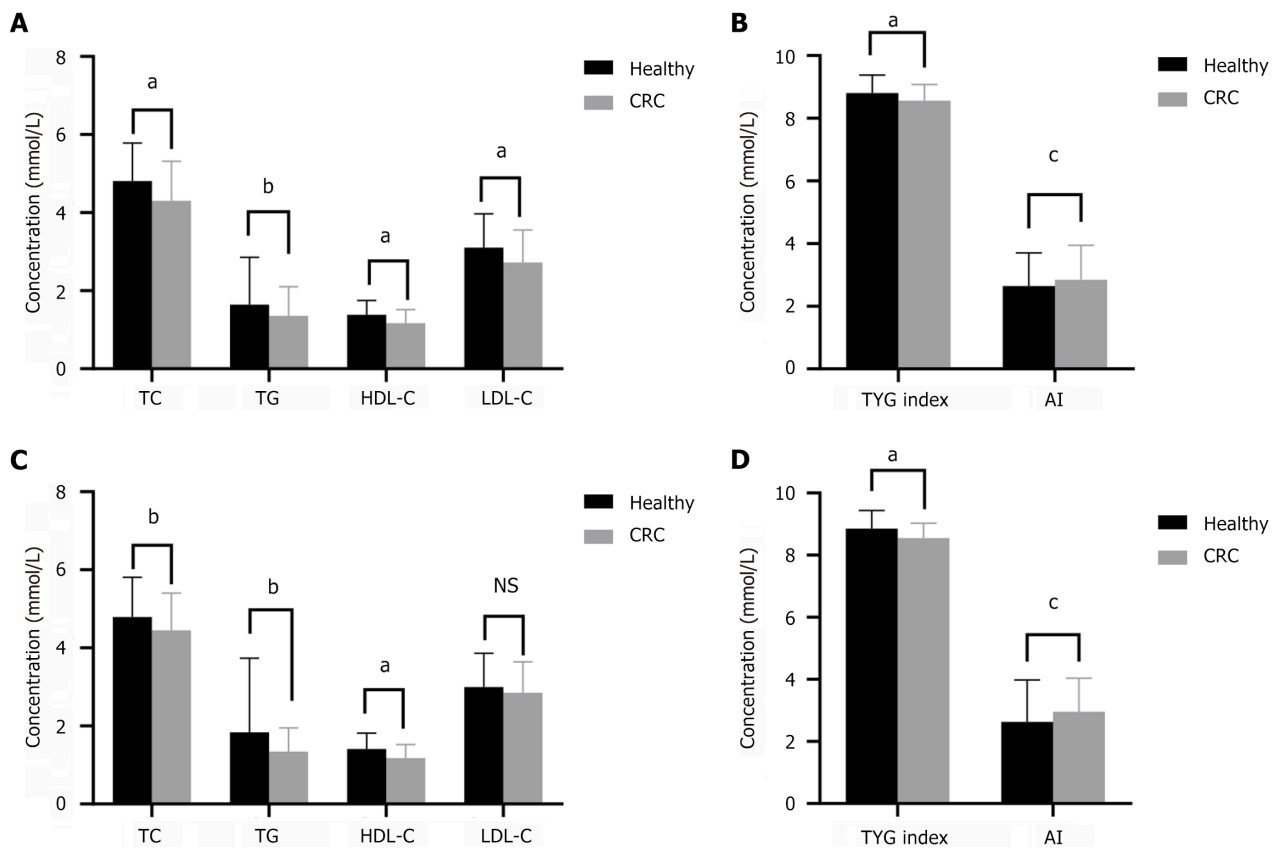
| Indicator               | AUC    | 95%CI         | Cut-off value | P value  |
|-------------------------|--------|---------------|---------------|----------|
| TC                      | 0.6243 | 0.5709-0.6777 | 4.325         | < 0.0001 |
| TG                      | 0.6406 | 0.5873-0.6938 | 1.345         | < 0.0001 |
| HDL-C                   | 0.6802 | 0.6292-0.7311 | 1.165         | < 0.0001 |
| LDL-C                   | 0.5812 | 0.5263-0.6360 | 3.035         | 0.0043   |
| CEA                     | 0.6429 | 0.5882-0.6976 | 5.15          | < 0.0001 |
| CA19-9                  | 0.5623 | 0.5057-0.6190 | 23.225        | 0.0305   |
| AI                      | 0.5748 | 0.5199-0.6298 | 2.655         | 0.0085   |
| TyG index               | 0.6572 | 0.6048-0.7097 | 8.635         | < 0.0001 |
| CEA + CA199 + TYG index | 0.7525 | 0.7052-0.7997 |               | < 0.0001 |

AI: Atherosclerotic index; AUC: Area under the curve; CEA: Carcinoembryonic antigen; CI: Confidence interval; HDL-C: High-density lipoprotein cholesterol; LDL-C: Low-density lipoprotein cholesterol; SCR: Serum creatinine; TG: Triglyceride; TC: Total cholesterol; TyG: Triglyceride-glucose.



**Figure 5** Relationships between serum lipid levels and tumor location. A and B: Serum lipids, triglyceride-glucose (TyG) index, and atherosclerotic index (AI) in patients with colorectal cancer (CRC) and rectal cancer; C and D: Serum lipids, TyG index, and AI in patients with right-sided CRC (RCSS) and left-sided CRC (LCSS). Data are presented as the mean  $\pm$  standard deviation and analyzed by the Student's *t*-test. <sup>a</sup>*P* < 0.05; <sup>b</sup>*P* < 0.01; <sup>c</sup>*P* < 0.001. HDL-C: High-density lipoprotein cholesterol; LDL-C: Low-density lipoprotein cholesterol; TC: Total cholesterol; TG: Triglyceride.

correlation between patients with CRC and the TyG index. Our investigation, however, reveals noteworthy findings: The TyG index maintains a significant correlation with patients with CRC, persisting even after PSM. This study found that as the TyG index decreased, the tumor stage of CRC increased, suggesting that the TyG index may be a valuable marker for predicting CRC. ROC analysis results indicated that the area under the ROC of the TyG index was 0.657, further supporting its potential as a reliable diagnostic tool for CRC. AI is also closely related to IR, diabetes, and metabolic syndrome. Compared to previous studies, we demonstrated for the first time that both the TyG index and AI are reliable blood-based biomarkers for patients with CRC.



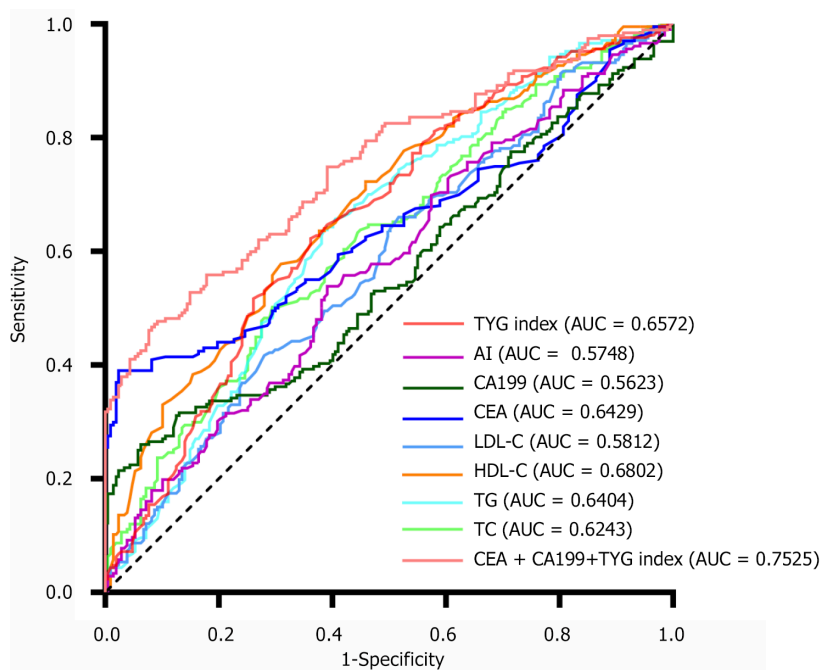
**Figure 6** Serum lipid levels in patients with colorectal cancer with normal carcinoembryonic antigen and carbohydrate antigen 19-9. A and B: Serum lipids, triglyceride-glucose (TyG) index, and atherosclerotic index (AI) in patients with colorectal cancer (CRC) with normal carcinoembryonic antigen (CEA) and carbohydrate antigen 19-9 before propensity score matching (PSM); C and D: Serum lipids, TyG index, and AI in patients with CRC with normal CEA and CA19-9 after PSM. Data are presented as the mean  $\pm$  standard deviation and analyzed by the Student's *t*-test. <sup>a</sup>*P* < 0.05; <sup>b</sup>*P* < 0.01; <sup>c</sup>*P* < 0.001. HDL-C: High-density lipoprotein cholesterol; LDL-C: Low-density lipoprotein cholesterol; TC: Total cholesterol; TG: Triglyceride.

Tumor location plays a vital role in determining the progression of the disease, prognosis, and the appropriate management. Various factors, such as the embryonic origin of the tumor, its vascular and nervous supplies, as well as its microbiotic burden, contribute to these differences[16]. When analyzed by anatomical site, the results indicated a positive and significant association between HDL-C and rectal cancer. At a physiological level, RSCC is more likely to exhibit advanced tumor stage and increased lymphovascular invasion[17] with poor prognosis and overall survival compared with LSCC[18]. When subgroup analysis was stratified by the left and right colons, TC levels were much lower in patients with RSCC than in those with LSCC.

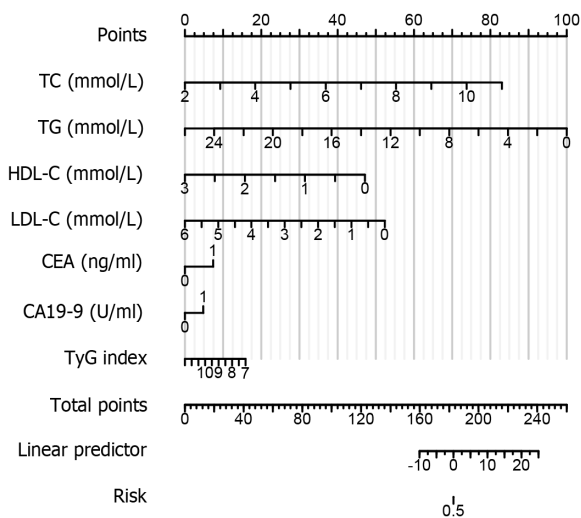
Over the years, researchers have pursued tumor markers capable of detecting early stages of malignant cell transformation. These biomarkers, typically proteins associated with cancer, hold promise for clinical applications in patients with cancer. Several indicators of CRC, including CEA, CA 19-9, tissue polypeptide-specific antigen, tumor-associated glycoprotein 72, and hematopoietic growth factors, are widely established and routinely used in clinical practice[19]. Nevertheless, these assessments often lack outstanding diagnostic accuracy. Individual marker analyses for disease detection and prognosis are frequently limited by the modest sensitivity and specificity of conventional medical protocols. A more effective strategy involves simultaneous evaluation of multiple markers to improve diagnostic efficacy. The tumor markers CEA and CA19-9 are widely used for real-world opportunistic cancer screening, treatment response assessment, and recurrence monitoring in CRC. However, both tumor markers do not necessarily increase in all cases; sometimes none or only one of the two tumor markers increases. It is possible that patients with advanced stages may not exhibit elevated serum levels of CEA or CA19-9. A recent study suggested that serum lipids may serve as biomarkers for CRC. Nonetheless, there is a dearth of investigations that have delved into the possibility of utilizing serum lipids to diagnose patients with CRC displaying normal levels of CEA and CA19-9[6]. Our results showed that even in patients with normal CEA and CA19-9, serum lipids, TyG index, and AI had a strong association with CRC, even after PMS.

Due to the highly heterogeneous nature of CRC, a single tumor marker is unlikely to have sufficient sensitivity or specificity for use in diagnostic tests. Moreover, combinations of two or more types of biomarkers are often used in clinical practice to improve the accuracy and efficiency of disease diagnosis. In our study, combining serum lipids and tumor markers improved clinical sensitivity for the detection of CRC and could be a more effective marker.

Our study had several limitations. Initially, it should be noted that this study was conducted retrospectively at a solitary institution, which introduces the possibility of selection bias. To adequately assess the diagnostic efficacy of serum lipids, it is imperative to conduct prospective studies spanning multiple institutions. Additionally, due to the limited number of patients with CRC, our dataset cannot be split into separate training and test sets for statistical



**Figure 7** Various combined diagnostic indicators for patients with colorectal cancer. AI: Atherosclerotic index; AUC: Area under the curve; CEA: Carcinoembryonic antigen; HDL-C: High-density lipoprotein cholesterol; LDL-C: Low-density lipoprotein cholesterol; TC: Total cholesterol; TG: Triglyceride; TyG: Triglyceride-glucose.



**Figure 8** Nomogram for colorectal cancer diagnosis. AUC: Area under the curve; CEA: Carcinoembryonic antigen; HDL-C: High-density lipoprotein cholesterol; LDL-C: Low-density lipoprotein cholesterol; TC: Total cholesterol; TG: Triglyceride; TyG: Triglyceride-glucose.

validation. The lack of a validation cohort hampers a thorough confirmation of our findings. Moving forward, we plan to collect additional data to facilitate validation efforts. Additionally, we failed to assess treatment response or perform survival analysis based on serum lipid levels. Nevertheless, our findings convincingly demonstrate that the amalgamation of serum lipids and tumor markers holds substantial diagnostic capability for patients with CRC.

## CONCLUSION

In conclusion, the results of our study suggest that the serum lipids have strong association with CRC. The detection of TyG index and cancer antigens can effectively improve the diagnosis of CRC.

## FOOTNOTES

**Author contributions:** Hu RH, Yan DY, Zhang KH, Cui XM, and Zhang S performed material preparation, data collection, and analysis; Zhang S and Jiang XH wrote the first draft of the manuscript; Yan DY aided in the manuscript writing and finalized the manuscript; Zhang S and Jiang XH discussed the content and critically reviewed the manuscript draft; All authors contributed to the study conception and design, and read and approved the final manuscript. Hu RH and Yan DY contributed equally to this work as co-first authors. Jiang XH and Zhang S were appointed for this paper. First, the two professors participated in the design of the research study, provided research ideas, and made important revisions to the paper during the writing process, and finally finalized the manuscript. Second, these two professors played a significant role in project management and team collaboration. Therefore, both corresponding authors have made important and equal contributions to the article. For this reason, the article designates these two as co-corresponding authors.

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Observational Study

# Pretreatment red blood cell distribution width as a predictive marker for postoperative complications after laparoscopic pancreatoduodenectomy

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## Abstract

### BACKGROUND

Red blood cell distribution width (RDW) is associated with the development and progression of various diseases.

### AIM

To explore the association between pretreatment RDW and short-term outcomes after laparoscopic pancreatoduodenectomy (LPD).

### METHODS

A total of 804 consecutive patients who underwent LPD at our hospital between March 2017 and November 2021 were retrospectively analyzed. Correlations between pretreatment RDW and clinicopathological characteristics and short-term outcomes were investigated.

### RESULTS

Patients with higher pretreatment RDW were older, had higher Eastern Cooperative Oncology Group scores and were associated with poorer short-term outcomes than those with normal RDW. High pretreatment RDW was an independent risk factor for postoperative complications (POCs) (hazard ratio = 2.973, 95% confidence interval: 2.032-4.350,  $P < 0.001$ ) and severe POCs of grade IIIa or higher (hazard ratio = 3.138, 95% confidence interval: 2.042-4.824,  $P < 0.001$ ) based on the Clavien-Dino classification system. Subgroup analysis showed that high pretreatment RDW was an independent risk factor for Clavien-Dino classi-

fication grade IIIb or higher POCs, a comprehensive complication index score  $\geq 26.2$ , severe postoperative pancreatic fistula, severe bile leakage and severe hemorrhage. High pretreatment RDW was positively associated with the neutrophil-to-lymphocyte ratio and platelet-to-lymphocyte ratio and was negatively associated with albumin and the prognostic nutritional index.

## CONCLUSION

Pretreatment RDW was a special parameter for patients who underwent LPD. It was associated with malnutrition, severe inflammatory status and poorer short-term outcomes. RDW could be a surrogate marker for nutritional and inflammatory status in identifying patients who were at high risk of developing POCs after LPD.

**Key Words:** Biomarker; Laparoscopic pancreatoduodenectomy; Postoperative complication; Red blood cell distribution width; Short-term outcomes

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**Core Tip:** Pretreatment red blood cell distribution width was a special parameter for patients who underwent laparoscopic pancreatoduodenectomy. It was associated with malnutrition, severe inflammatory status and poorer short-term outcomes. Pretreatment red blood cell distribution width could be a surrogate marker for nutritional and inflammatory status in identifying patients who were at high risk of developing postoperative complications after laparoscopic pancreatoduodenectomy.

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## INTRODUCTION

With the development of laparoscopic instruments and the accumulation and progress of surgical experience, laparoscopic pancreatoduodenectomy (LPD) has been widely performed in high-volume medical centers[1-3]. However, as one of the most challenging abdominal surgeries with high complexity, LPD is associated with a high incidence of postoperative complications (POCs), and the incidence of POCs after LPD ranges from 30% to 50%[1,3,4]. POCs could lead to higher costs and longer hospital stays for patients undergoing surgery[5,6]. Meanwhile, recent studies have demonstrated that POCs have a negative impact on the long-term outcomes of patients with malignant tumors, including hepatocellular carcinoma[7] and colorectal liver metastasis[8]. Consequently, increased attention has been placed on identifying risk factors for the development of POCs in efforts to improve both the short- and long-term outcomes for patients undergoing surgery.

Traditionally, operation-related parameters, such as pancreas texture and blood loss, are considered risk factors for POCs after pancreatoduodenectomy[9,10]. In recent studies, nutritional and inflammatory factors such as prognostic nutritional index (PNI), neutrophil-to-lymphocyte ratio (NLR) and platelet-to-lymphocyte ratio (PLR) have been found to be associated with the development of POCs after surgery[11-13]. Malnutrition and systemic inflammatory responses play crucial roles in the development of POCs by causing tissue friability, decreasing the production of proinflammatory molecules and weakening the blood vessel wall, thereby impacting the immune response and wound healing after surgery[14,15].

Red blood cell distribution width (RDW) is a parameter reflecting the degree of heterogeneity of erythrocyte volume and is used for estimating the pathogenesis of anemia[16]. Recent studies revealed that RDW could be an indicator of malnutrition and systemic inflammation and was associated with the development of many disorders[17-19]. For instance, higher RDW was found to be associated with critical illness for patients with coronavirus disease 2019 infection [20]. Recent studies revealed that high RDW was associated with the development of POCs after operation, including esophagectomy[21] and cardiac surgery[22]. However, no previous studies have reported the relationship between high pretreatment RDW and short-term outcomes in patients undergoing LPD. This study aimed to explore the association between high pretreatment RDW and short-term outcomes and identify risk factors for POCs after LPD. In addition, the correlation between high pretreatment RDW and malnutrition and immune response was investigated to reveal how high RDW reflects the frequent incidence of POCs after LPD.

## MATERIALS AND METHODS

### Patients

Between March 2017 and November 2021, a total of 832 consecutive patients who underwent LPD at Shandong Provincial Hospital Affiliated to Shandong First Medical University were initially identified and enrolled in this study. Of these, 11 patients who were aged < 18 or > 80 years old and 17 patients with insufficient clinical data [3 for RDW pretreatment data, 2 for C-reactive protein (CRP), 5 for prothrombin time (PT), 3 for operative time and 4 for total lymphocyte count] were excluded. Eventually, 804 patients were included in this study. This study obtained ethics approval from the ethics committee of Shandong Provincial Hospital Affiliated to Shandong First Medical University and was performed in accordance with the Declaration of Helsinki (as revised in 2013). Written informed consent was obtained from each participant in the study.

### Data collection

The clinicopathological profiles of the 804 patients were collected, including age, sex, body mass index (BMI), smoking and alcohol consumption history, comorbidities (diabetes mellitus, hypertension and pancreatitis), Eastern Cooperative Oncology Group (ECOG) score, up-abdominal operation history, preoperative biliary drainage, pathology, American Society of Anesthesiologists physical status, preoperative laboratory data, surgery-related parameters and postoperative outcomes. Preoperative laboratory data included alanine aminotransferase (ALT), aspartate aminotransferase (AST), alkaline phosphatase (ALP),  $\gamma$ -glutamyl transferase (GGT), hemoglobin, RDW, platelet count, neutrophil cell count, lymphocyte count, total bilirubin (TBIL), albumin, CRP and PT. Surgery-related parameters included operative time, blood loss and intraoperative blood transfusion. Postoperative outcomes included POCs, postoperative pancreatic fistula (POPF), bile leakage (BL), hemorrhage, intra-abdominal infection and delayed gastric emptying (DGE). Patients were divided into two groups according to the institutional standard value of pretreatment RDW: High (> 15.4) and normal ( $\leq$  15.4) RDW groups.

### Definition of POCs

POCs were graded according to the Clavien-Dino classification (CDc) system[23]. The comprehensive complication index was also used for assessing POCs[24]. POPF was defined according to the criteria provided by the International Study Group of Pancreatic Surgery. DGE and hemorrhage were defined according to the International Study Group of Pancreatic Surgery criteria[25,26]. The diagnosis of BL was determined according to the definitions provided by the International Study Group of Liver Surgery[27].

### Statistical analysis

Categorical variables are expressed as numbers (*n*) and proportions (%), and continuous variables are expressed as the mean  $\pm$  SD. The  $\chi^2$  test and Fisher's exact test were used to compare categorical variables between two groups. The Mann-Whitney *U* test was used for continuous variables. Logistic regression analysis was used to identify risk factors for POCs. Variables with *P* < 0.1 in the univariate analysis were regarded as potential risk factors and were included in the multivariate analysis. The odds ratios (ORs) with 95% confidence intervals (95% CIs) were recorded. The NLR, PLR, and PNI were calculated as follows: NLR = absolute neutrophil count/absolute lymphocyte count; PLR = absolute platelet count/absolute lymphocyte count[28]; PNI =  $10 \times$  serum albumin (g/dL) +  $0.005 \times$  total lymphocyte count in peripheral blood (/mm<sup>3</sup>)[29]. Finally, Pearson's correlation coefficients were calculated to evaluate the relationship between RDW and nutritional (albumin and PNI) and inflammatory (NLR and PLR) factors. All statistical tests were two-sided, and *P* < 0.05 was defined as statistically significant. SPSS version 26.0 (SPSS Inc., Chicago, IL, United States) was employed in the statistical analysis.

## RESULTS

### Association between pretreatment RDW and clinical features for patients who underwent LPD

Out of 804 patients, 231 (28.7%) had a higher pretreatment RDW level ( $\geq$  15.4), including 146 males and 85 females. The clinicopathological data of the patients are shown in Table 1. Compared with those with normal pretreatment RDW, patients in the high RDW group were significantly older and had a higher ECOG score and more preoperative biliary drainage (all *P* < 0.05). Meanwhile, higher RDW was associated with lower BMI and more malignant tumors (all *P* < 0.05). There were no significant differences in sex, alcohol consumption, smoking, comorbidities, upper-abdominal operation history or American Society of Anesthesiologists status between the two groups (all *P* > 0.05). For the laboratory data, compared with those with normal pretreatment RDW, patients in the high RDW group had higher preoperative ALT, AST, ALP, GGT, TBIL, CRP, leucocyte count, platelet level, NLR, and PLR (all *P* > 0.05). Meanwhile, higher RDW was associated with lower albumin, leucocyte and lymphocyte counts, hemoglobin levels and PNI (all *P* < 0.05). There were no significant differences in PT between the two groups (*P* > 0.05).

### Intra- and postoperative outcomes

The average operative time was  $329.14 \pm 91.77$  minutes. Patients in the high RDW group had more cases of blood transfusion (*P* < 0.05), and there were no significant differences in operative time and blood loss between the two groups (Table 2, all *P* > 0.05). The postoperative outcomes were shown in Table 2. A total of 383 (47.6%) patients developed

**Table 1** Baseline characteristics of patients who underwent laparoscopic pancreaticoduodenectomy, *n* (%)

| Variables                          | Total ( <i>n</i> = 804) | Red blood cell distribution width |                          | <i>P</i> value |
|------------------------------------|-------------------------|-----------------------------------|--------------------------|----------------|
|                                    |                         | < 15.4 ( <i>n</i> = 573)          | ≥ 15.4 ( <i>n</i> = 231) |                |
| Age, years                         |                         |                                   |                          |                |
| < 65                               | 478 (59.5)              | 353 (61.6)                        | 125 (54.1)               | 0.050          |
| ≥ 65                               | 326 (40.5)              | 220 (38.4)                        | 106 (45.9)               |                |
| Sex                                |                         |                                   |                          | 0.325          |
| Male                               | 529 (65.8)              | 383 (66.8)                        | 146 (63.2)               |                |
| Female                             | 275 (34.2)              | 190 (33.2)                        | 85 (36.8)                |                |
| Body mass index, kg/m <sup>2</sup> |                         |                                   |                          |                |
| < 25                               | 500 (62.2)              | 341 (59.5)                        | 159 (68.8)               | 0.014          |
| ≥ 25                               | 304 (37.8)              | 232 (40.5)                        | 72 (31.2)                |                |
| Drinking                           |                         |                                   |                          | 0.489          |
| No                                 | 553 (68.8)              | 390 (68.1)                        | 163 (70.6)               |                |
| Yes                                | 251 (31.2)              | 183 (31.9)                        | 68 (29.4)                |                |
| Smoking                            |                         |                                   |                          | 0.983          |
| No                                 | 526 (65.4)              | 375 (65.4)                        | 151 (65.4)               |                |
| Yes                                | 278 (34.6)              | 198 (34.6)                        | 80 (34.6)                |                |
| ECOG score                         |                         |                                   |                          | 0.029          |
| 0-1                                | 734 (91.3)              | 531 (92.7)                        | 203 (87.9)               |                |
| 2                                  | 70 (8.7)                | 42 (7.3)                          | 28 (12.1)                |                |
| Comorbidity                        |                         |                                   |                          |                |
| Hypertension                       | 218 (27.1)              | 156 (27.2)                        | 62 (26.8)                | 0.911          |
| Pancreatitis                       | 65 (8.1)                | 52 (9.1)                          | 13 (5.6)                 | 0.105          |
| Diabetes mellitus                  | 157(19.5)               | 119 (20.8)                        | 38 (16.5)                | 0.162          |
| Upper-abdominal operation history  |                         |                                   |                          | 0.717          |
| No                                 | 759 (94.4)              | 542 (94.6)                        | 217 (93.9)               |                |
| Yes                                | 45 (5.6)                | 31 (5.4)                          | 14 (6.1)                 |                |
| Preoperative biliary drainage      |                         |                                   |                          | 0.009          |
| No                                 | 682 (84.8)              | 498 (86.9)                        | 184 (79.7)               |                |
| Yes                                | 122 (15.2)              | 75 (13.1)                         | 47 (20.3)                |                |
| Pathology                          |                         |                                   |                          | < 0.001        |
| Malignant tumor                    | 618 (76.9)              | 414 (72.3)                        | 204 (88.3)               |                |
| Benign tumor                       | 186 (23.1)              | 159 (27.7)                        | 27 (11.7)                |                |
| ASA physical status                |                         |                                   |                          | 0.083          |
| II                                 | 514 (63.9)              | 377 (65.8)                        | 137 (59.3)               |                |
| III                                | 290 (36.1)              | 196 (34.2)                        | 94 (40.7)                |                |
| ALT, U/L, mean ± SD                | 134.91 ± 144.16         | 122.26 ± 134.32                   | 166.31 ± 162.17          | < 0.001        |
| < 40                               | 257 (32.0)              | 214 (37.3)                        | 43 (18.6)                | < 0.001        |
| ≥ 40                               | 547 (68.0)              | 359 (62.7)                        | 188 (81.4)               |                |
| AST, U/L, mean ± SD                | 104.40 ± 134.09         | 92.11 ± 128.77                    | 134.89 ± 142.22          | < 0.001        |
| < 35                               | 549 (68.3)              | 349 (60.9)                        | 31 (13.4)                | < 0.001        |
| ≥ 35                               | 255 (31.7)              | 224 (39.1)                        | 200 (86.6)               |                |



|                                      |                     |                     |                     |           |
|--------------------------------------|---------------------|---------------------|---------------------|-----------|
| ALP, U/L, mean $\pm$ SD              | 345.49 $\pm$ 305.36 | 287.75 $\pm$ 263.95 | 488.72 $\pm$ 351.25 | < 0.001   |
| < 140                                | 268 (33.3)          | 239 (41.7)          | 29 (12.6)           | < 0.001   |
| $\geq$ 140                           | 536 (66.7)          | 334 (58.3)          | 202 (87.4)          |           |
| GGT, U/L, mean $\pm$ SD              | 511.57 $\pm$ 559.77 | 115.90 $\pm$ 529.70 | 667.70 $\pm$ 601.57 | < 0.001   |
| < 54                                 | 217 (27.0)          | 195 (34.0)          | 22 (9.5)            | < 0.001   |
| $\geq$ 54                            | 587 (73.0)          | 378 (66.0)          | 209 (90.5)          |           |
| TBIL, $\mu$ mol/L, mean $\pm$ SD     | 125.95 $\pm$ 141.75 | 87.95 $\pm$ 109.20  | 220.19 $\pm$ 167.27 | < 0.001   |
| < 235.0                              | 547 (68.0)          | 449 (78.4)          | 98 (42.4)           | < 0.001   |
| $\geq$ 235.0                         | 257 (32.0)          | 124 (21.6)          | 133 (57.6)          |           |
| Albumin, g/L, mean $\pm$ SD          | 39.55 $\pm$ 5.65    | 40.74 $\pm$ 5.28    | 36.60 $\pm$ 5.47    | < 0.001   |
| < 35                                 | 152 (18.9)          | 60 (10.5)           | 92 (39.8)           | < 0.001   |
| $\geq$ 35                            | 652 (81.1)          | 513 (89.5)          | 139 (60.2)          |           |
| CRP, mg/L, mean $\pm$ SD             | 12.72 $\pm$ 21.03   | 12.14 $\pm$ 21.65   | 14.14 $\pm$ 19.39   | < 0.001   |
| < 10                                 | 564 (70.1)          | 425 (74.2)          | 139 (60.2)          | < 0.001   |
| $\geq$ 10                            | 240 (29.9)          | 148 (25.8)          | 92 (39.8)           |           |
| PT, second, mean $\pm$ SD            | 12.32 $\pm$ 1.39    | 12.26 $\pm$ 1.32    | 12.47 $\pm$ 1.54    | 0.105     |
| < 14                                 | 730 (90.8)          | 523 (91.3)          | 207 (89.6)          | 0.460     |
| $\geq$ 14                            | 74 (9.2)            | 50 (8.7)            | 24 (10.4)           |           |
| Hemoglobin, g/L, mean $\pm$ SD       | 126.52 $\pm$ 18.88  | 131.65 $\pm$ 16.46  | 113.80 $\pm$ 18.49  | < 0.001   |
| < 115                                | 192 (23.9)          | 79 (13.8)           | 113 (48.9)          | < 0.001   |
| $\geq$ 115                           | 612 (76.1)          | 494 (86.2)          | 118 (51.1)          |           |
| Leucocytes, $10^9$ /L, mean $\pm$ SD | 6.37 $\pm$ 2.64     | 6.13 $\pm$ 2.43     | 6.96 $\pm$ 3.03     | < 0.001   |
| < 9.5                                | 722 (89.8)          | 521 (90.9)          | 201 (87.0)          |           |
| $\geq$ 9.5                           | 82 (10.2)           | 52 (9.1)            | 30 (13.0)           | 0.097     |
| Lymphocyte, $10^9$ /L, mean $\pm$ SD | 1.55 $\pm$ 0.60     | 1.64 $\pm$ 0.59     | 1.33 $\pm$ 0.57     | < 0.001   |
| < 3.2                                | 797 (99.1)          | 567 (99.0)          | 230 (99.6)          | 0.680 (F) |
| $\geq$ 3.2                           | 7 (0.9)             | 6 (1.0)             | 1 (0.4)             |           |
| Platelet, $10^9$ /L, mean $\pm$ SD   | 258.893 $\pm$ 88.76 | 249.92 $\pm$ 75.82  | 281.27 $\pm$ 111.84 | < 0.001   |
| < 350                                | 698 (86.8)          | 518 (90.4)          | 180 (77.9)          | < 0.001   |
| $\geq$ 350                           | 106 (13.2)          | 55 (9.6)            | 51 (22.1)           |           |
| NLR, mean $\pm$ SD                   | 3.23 $\pm$ 2.94     | 2.70 $\pm$ 2.46     | 4.54 $\pm$ 3.56     | < 0.001   |
| PLR, mean $\pm$ SD                   | 197.51 $\pm$ 101.20 | 187.46 $\pm$ 95.80  | 222.45 $\pm$ 109.82 | < 0.001   |
| PNI, mean $\pm$ SD                   | 46.94 $\pm$ 6.766   | 48.26 $\pm$ 6.35    | 43.69 $\pm$ 6.64    | < 0.001   |

ECOG: Eastern Cooperative Oncology Group; ASA: American Society of Anesthesiologists; ALT: Alanine aminotransferase; AST: Aspartate aminotransferase; ALP: Alkaline phosphatase; GGT:  $\gamma$ -glutamyl transferase; TBIL: Total bilirubin; CRP: C-reactive protein; PT: Prothrombin time; NLR: Neutrophil-to-lymphocyte ratio; PLR: Platelet-to-lymphocyte ratio; PNI: Prognostic nutritional index.

POCs, 166 (20.6%) patients had severe POCs (CDc grade  $\geq$  IIIa) and the postoperative mortality was 1.7% (14 patients). The average comprehensive complication index (CCI) score was 20.0  $\pm$  25.5. Patients in the high RDW group had a higher incidence of POCs, more severe POCs, higher CCI scores and longer hospital stay (all  $P < 0.05$ ). In addition, high RDW was associated with a higher incidence of BL, hemorrhage, POPF, intra-abdominal infection and longer hospital stay (all  $P < 0.05$ ). There was no significant difference in DGE between the two groups ( $P > 0.05$ ).

### Risk factors for POCs after LPD and subgroup analysis

The risk factors for POCs after LPD were further explored. For any CDc grade POCs, univariate analysis showed that preoperative biliary drainage, intraoperative blood transfusion, RDW, platelet level, AST, ALT, GGT, ALP, TBIL, albumin, and CRP were potential risk factors (all  $P < 0.05$ , Table 3). Multivariate analysis indicated that the independent

**Table 2 Surgical details and short-term outcomes of patients who underwent laparoscopic pancreatoduodenectomy, *n* (%)**

| Variables                         | Total ( <i>n</i> = 804) | Red blood cell distribution |                          | <i>P</i> value |
|-----------------------------------|-------------------------|-----------------------------|--------------------------|----------------|
|                                   |                         | < 15.4 ( <i>n</i> = 573)    | ≥ 15.4 ( <i>n</i> = 231) |                |
| Operative time, minute, mean ± SD | 329.14 ± 91.77          | 325.39 ± 92.03              | 338.44 ± 90.65           | 0.068          |
| Blood loss, mL, mean ± SD         | 156.20 ± 155.38         | 155.13 ± 160.75             | 158.85 ± 141.47          | 0.759          |
| Blood transfusion                 |                         |                             |                          | < 0.001        |
| No                                | 576 (71.6)              | 454 (79.2)                  | 122 (52.8)               |                |
| Yes                               | 228 (28.4)              | 119 (20.8)                  | 109 (47.2)               |                |
| Postoperative morbidity           |                         |                             |                          | < 0.001        |
| No                                | 421 (52.4)              | 327 (57.1)                  | 94 (40.7)                |                |
| Yes                               | 383 (47.6)              | 246 (42.9)                  | 137 (59.3)               |                |
| Any POPF                          | 213 (26.5)              | 132 (23.0)                  | 81 (35.1)                | < 0.001        |
| POPF, grade B/C                   | 83 (10.3)               | 44 (7.7)                    | 39 (16.9)                | < 0.001        |
| BL                                | 119 (14.8)              | 70 (12.2)                   | 49 (21.2)                | 0.001          |
| BL, grade B/C                     | 89 (11.1)               | 40 (7.0)                    | 49 (21.2)                | < 0.001        |
| DGE                               | 185 (23.0)              | 126 (22.0)                  | 59 (25.5)                | 0.279          |
| DGE, grade B/C                    | 62 (7.7)                | 43 (7.5)                    | 19 (8.2)                 | 0.729          |
| Hemorrhage                        | 113 (14.1)              | 69 (12.0)                   | 44 (19.0)                | 0.010          |
| Hemorrhage, B/C                   | 82 (10.2)               | 47 (8.2)                    | 35 (15.2)                | 0.003          |
| Intra-abdominal infection         | 140 (17.4)              | 90 (15.7)                   | 50 (21.6)                | 0.045          |
| Clavien-Dino classification       |                         |                             |                          | < 0.001        |
| 0                                 | 421 (52.4)              | 327 (57.1)                  | 94 (40.7)                |                |
| I                                 | 53 (6.6)                | 38 (6.6)                    | 15 (6.5)                 |                |
| II                                | 164 (20.4)              | 102 (17.8)                  | 62 (26.8)                |                |
| IIIa                              | 117 (14.6)              | 80 (14.0)                   | 37 (16.0)                |                |
| IIIb                              | 12 (1.5)                | 8 (1.4)                     | 4 (1.7)                  |                |
| IVa                               | 16 (2.0)                | 11 (1.9)                    | 5 (2.2)                  |                |
| IVb                               | 7 (0.9)                 | 3 (0.5)                     | 4 (1.7)                  |                |
| V                                 | 14 (1.7)                | 4 (0.7)                     | 10 (4.3)                 |                |
| CCI score, mean ± SD              | 20.0 ± 25.5             | 17.2 ± 23.5                 | 26.9 ± 28.9              | < 0.001        |
| < 26.2                            | 519 (64.6)              | 396 (69.1)                  | 123 (53.2)               | < 0.001        |
| ≥ 26.2                            | 285 (35.4)              | 177 (30.9)                  | 108 (46.8)               |                |
| Hospital stay, day, mean ± SD     | 13.65 ± 11.98           | 13.13 ± 10.44               | 14.93 ± 15.09            | 0.027          |

POPF: Postoperative pancreatic fistula; BL: Bile leakage; DGE: Delayed gastric emptying; CCI: Comprehensive complication index.

risk factors for POCs were preoperative biliary drainage [hazard ratio (HR) = 2.160, 95%CI: 1.387-3.364, *P* = 0.001], ALP (HR = 1.979, 95%CI: 1.130-3.464, *P* = 0.017), RDW (HR = 2.973, 95%CI: 2.032-4.350, *P* < 0.001) and albumin (HR = 1.735, 95%CI: 1.130-2.662, *P* = 0.012) (Table 3). Furthermore, for CDc grade IIIa or higher POCs, univariate analysis showed that sex, age, ECOG score, diabetes mellitus, intraoperative blood transfusion, RDW, hemoglobin, leucocytes, AST, ALT, GGT, TBIL, albumin, and CRP were potential risk factors (all *P* < 0.05, Table 3). Multivariate analysis indicated that the independent risk factors for POCs were diabetes mellitus (HR = 1.773, 95%CI: 1.054-2.983, *P* = 0.031) and RDW (HR = 3.138 95%CI: 2.042-4.824, *P* < 0.001) (Table 3).

In subgroup analysis (Table 4), we found that RDW was still an independent risk factor for CDc grade IIIb or higher POCs (HR = 2.127, 95%CI: 1.116-4.055, *P* = 0.022) and CCI score ≥ 26.2 (HR = 1.680, 95%CI: 1.185-2.382, *P* = 0.004). In addition, RDW was found to be risk factors for severe BL (HR = 3.401, 95%CI: 1.979-5.845, *P* < 0.001), severe POPF (HR = 2.246, 95%CI: 1.320-3.820, *P* = 0.003) and severe hemorrhage (HR = 1.794, 95%CI: 1.050-3.063, *P* = 0.032). RDW was not an independent risk factor for intra-abdominal infection (HR = 1.201, 95%CI: 0.793-1.817, *P* = 0.387) or severe DGE (HR =

**Table 3 Logistic analysis for exploration of risk factors of any postoperative complications of patients who underwent laparoscopic pancreatoduodenectomy**

| Variables                     | Univariate analysis <sup>1</sup> |         | Multivariate analysis <sup>1</sup> |         | Univariate analysis <sup>2</sup> |         | Multivariate analysis <sup>2</sup> |         |
|-------------------------------|----------------------------------|---------|------------------------------------|---------|----------------------------------|---------|------------------------------------|---------|
|                               | OR (95%CI)                       | P value | OR (95%CI)                         | P value | OR (95%CI)                       | P value | OR (95%CI)                         | P value |
| Sex                           |                                  | 0.766   |                                    |         |                                  | 0.095   |                                    | 0.528   |
| Male                          | 1.000                            |         |                                    |         | 1.000                            |         | 1.000                              |         |
| Female                        | 0.957 (0.714-1.281)              |         |                                    |         | 0.729 (0.502-1.057)              |         | 0.872 (0.570-1.334)                |         |
| Age                           |                                  | 0.268   |                                    |         |                                  | 0.046   |                                    | 0.209   |
| < 65                          | 1.000                            |         |                                    |         | 1.000                            |         | 1.000                              |         |
| ≥ 65                          | 1.173 (0.885-1.555)              |         |                                    |         | 1.417 (1.006-1.998)              |         | 1.266 (0.876-1.829)                |         |
| Pathology                     |                                  | 0.203   |                                    |         |                                  | 0.117   |                                    |         |
| Benign tumors                 | 1.000                            |         |                                    |         | 1.000                            |         |                                    |         |
| Malignant tumors              | 1.239 (0.891-1.723)              |         |                                    |         | 1.411 (0.918-2.169)              |         |                                    |         |
| ECOG score                    |                                  | 0.245   |                                    |         |                                  | 0.010   |                                    | 0.107   |
| 0-1                           | 1.000                            |         |                                    |         | 1.000                            |         | 1.000                              |         |
| 2                             | 1.339 (0.819-2.190)              |         |                                    |         | 2.005 (1.179-3.410)              |         | 1.637 (0.898-2.982)                |         |
| Preoperative biliary drainage |                                  | 0.047   |                                    |         |                                  | 0.419   |                                    |         |
| Yes                           | 1.000                            |         | 1.000                              | 0.001   | 1.000                            |         |                                    |         |
| No                            | 1.488 (1.005-2.205)              |         | 2.160 (1.387-3.364)                |         | 1.227 (0.747-2.017)              |         |                                    |         |
| Hypertension                  |                                  | 0.510   |                                    |         |                                  | 0.802   |                                    |         |
| No                            | 1.000                            |         |                                    |         | 1.000                            |         |                                    |         |
| Yes                           | 1.110 (0.813-1.516)              |         |                                    |         | 1.051 (0.714-1.545)              |         |                                    |         |
| Diabetes mellitus             |                                  | 0.568   |                                    |         |                                  | 0.012   |                                    | 0.031   |
| No                            | 1.000                            |         |                                    |         | 1.000                            |         | 1.000                              |         |
| Yes                           | 1.107 (0.781-1.569)              |         |                                    |         | 1.887 (1.150-3.096)              |         | 1.773 (1.054-2.983)                |         |
| Pancreatitis                  |                                  | 0.194   |                                    |         |                                  | 0.633   |                                    |         |
| No                            | 1.000                            |         |                                    |         | 1.000                            |         |                                    |         |
| Yes                           | 1.402 (0.842-2.335)              |         |                                    |         | 1.159 (0.633-2.119)              |         |                                    |         |
| Abdominal surgery history     |                                  | 0.276   |                                    |         |                                  | 0.170   |                                    |         |
| No                            | 1.000                            |         |                                    |         | 1.000                            |         |                                    |         |
| Yes                           | 1.400(0.765-2.564)               |         |                                    |         | 1.596 (0.818-3.144)              |         |                                    |         |
| Smoking                       |                                  | 0.511   |                                    |         |                                  | 0.253   |                                    |         |
| No                            | 1.000                            |         |                                    |         | 1.000                            |         |                                    |         |
| Yes                           | 1.103 (0.824-1.476)              |         |                                    |         | 1.228 (0.863-1.747)              |         |                                    |         |
| Alcohol consumption           |                                  | 0.258   |                                    |         |                                  | 0.272   |                                    |         |
| No                            | 1.000                            |         |                                    |         | 1.000                            |         |                                    |         |
| Yes                           | 1.188 (0.881-1.602)              |         |                                    |         | 1.224 (0.854-1.756)              |         |                                    |         |

|                                  |                      |         |                     |                     |         |                     |
|----------------------------------|----------------------|---------|---------------------|---------------------|---------|---------------------|
| BMI                              |                      | 0.115   |                     |                     | 0.271   |                     |
| < 25                             | 1.000                |         |                     | 1.000               |         |                     |
| ≥ 25                             | 1.259 (0.945-1.676)  |         |                     | 1.222 (0.855-1.747) |         |                     |
| Operation time                   | 1.001 (0.999-1.002)  | 0.484   |                     | 1.001 (0.999-1.003) | 0.408   |                     |
| Blood loss                       | 1.000 (0.999-1.001)  | 0.956   |                     | 1.000 (0.998-1.001) | 0.533   |                     |
| Intraoperative blood transfusion |                      | 0.004   | 0.890               |                     | 0.096   | 0.660               |
| No                               | 1.000                |         | 1.000               | 1.000               |         | 1.000               |
| Yes                              | 1.572 (1.154-2.140)  |         | 1.025 (0.722-1.455) | 1.364 (0.946-1.966) |         | 1.102 (0.715-1.700) |
| ASA score                        |                      | 0.475   |                     |                     | 0.496   |                     |
| II                               | 1.000                |         |                     | 1.000               |         |                     |
| III                              | 1.111 (0.833-1.481)  |         |                     | 1.130 (0.795-1.606) |         |                     |
| RDW                              |                      | < 0.001 | < 0.001             |                     | < 0.001 | < 0.001             |
| < 15.4                           | 1.000                |         | 1.000               | 1.000               |         | 1.000               |
| ≥ 15.4                           | 3.537 (2.553-4.900)  |         | 2.973 (2.032-4.350) | 3.603 (2.525-5.141) |         | 3.138 (2.042-4.824) |
| Hemoglobin, g/L                  |                      | 0.212   |                     |                     | 0.024   | 0.426               |
| < 115                            | 1.000                |         |                     | 1.000               |         | 1.000               |
| ≥ 115                            | 0.813 (0.588-1.125)  |         |                     | 0.647 (0.443-0.944) |         | 0.823 (0.509-1.331) |
| Leucocytes, 10 <sup>9</sup> /L   |                      | 0.250   |                     |                     | 0.047   | 0.533               |
| < 9.5                            | 1.000                |         |                     | 1.000               |         | 1.000               |
| ≥ 9.5                            | 1.308 (0.827-2.068)  |         |                     | 1.675 (1.006-2.789) |         | 1.198 (0.679-2.113) |
| Platelet, 10 <sup>9</sup> /L     |                      | 0.003   | 0.093               |                     | 0.996   |                     |
| < 350                            | 1.000                |         | 1.000               | 1.000               |         |                     |
| ≥ 350                            | 1.894 (1.247-2.878)  |         | 1.493 (0.935-2.383) | 1.001 (0.605-1.657) |         |                     |
| Lymphocyte, 10 <sup>9</sup> /L   |                      | 0.225   |                     |                     | 0.612   |                     |
| < 3.2                            | 1.000                |         |                     | 1.000               |         |                     |
| ≥ 3.2                            | 2.771 (0.534-14.368) |         |                     | 1.532 (0.295-7.968) |         |                     |
| AST, U/L                         |                      | 0.002   | 0.190               |                     | 0.016   | 0.649               |
| < 35                             | 1.000                |         | 1.000               | 1.000               |         | 1.000               |
| ≥ 35                             | 1.610 (1.191-2.177)  |         | 1.617 (0.788-3.320) | 1.618 (1.094-2.393) |         | 1.229 (0.505-2.991) |
| ALT, U/L                         |                      | 0.042   | 0.731               |                     | 0.035   | 0.651               |
| < 40                             | 1.000                |         | 1.000               | 1.000               |         | 1.000               |
| ≥ 40                             | 1.363 (1.011-1.837)  |         | 1.140 (0.541-2.403) | 1.516 (1.031-2.231) |         | 1.226 (0.508-2.959) |
| GGT, U/L                         |                      | 0.004   | 0.186               |                     | 0.006   | 0.454               |
| < 45                             | 1.000                |         | 1.000               | 1.000               |         | 1.000               |
| ≥ 45                             | 1.601 (1.166-2.199)  |         | 1.511 (0.820-2.785) | 1.809 (1.182-2.770) |         | 1.335 (0.626-2.848) |
| ALP, U/L                         |                      | 0.058   | 0.017               |                     | 0.220   |                     |

|              |                     |                     |                     |                     |       |
|--------------|---------------------|---------------------|---------------------|---------------------|-------|
| < 140        | 1.000               | 1.000               | 1.000               |                     |       |
| ≥ 140        | 1.330 (0.990-1.787) | 1.979 (1.130-3.464) | 1.262 (0.871-1.829) |                     |       |
| TBIL, umol/L |                     | 0.002               | 0.624               | < 0.001             | 0.152 |
| < 235        | 1.000               | 1.000               | 1.000               | 1.000               |       |
| ≥ 235        | 1.605 (1.191-2.163) | 1.099 (0.754-1.601) | 2.172 (1.531-3.082) | 1.551 (0.850-2.829) |       |
| Albumin, g/L |                     | < 0.001             | 0.012               | < 0.001             | 0.149 |
| ≥ 35         | 1.000               | 1.000               | 1.000               | 1.000               |       |
| < 35         | 2.598 (1.794-3.764) | 1.735 (1.130-2.662) | 2.628 (1.781-3.879) | 1.417 (0.883-2.274) |       |
| CRP, mg/L    |                     | 0.002               | 0.197               | 0.001               | 0.205 |
| < 10         | 1.000               | 1.000               | 1.000               | 1.000               |       |
| ≥ 10         | 1.599 (1.180-2.168) | 1.265 (0.885-1.807) | 1.797 (1.260-2.564) | 1.308 (0.863-1.983) |       |
| PT, second   |                     | 0.760               |                     | 0.277               |       |
| < 14         | 1.000               |                     | 1.000               |                     |       |
| ≥ 14         | 0.928 (0.574-1.499) |                     | 0.736 (0.424-1.278) |                     |       |

<sup>1</sup>Any morbidity, Clavien-Dino classification grade I or higher.

<sup>2</sup>Severe morbidity, Clavien-Dino classification grade IIIa or higher.

OR: Odds ratio; CI: Confidence interval; ECOG: Eastern Cooperative Oncology Group; BMI: Body mass index; ASA: American Society of Anesthesiologists; RDW: Red blood cell distribution width; ALT: Alanine aminotransferase; AST: Aspartate aminotransferase; ALP: Alkaline phosphatase; GGT: γ-glutamyl transferase; TBIL: Total bilirubin; CRP: C-reactive protein; PT: Prothrombin time.

1.130, 95%CI: 0.573-2.226,  $P = 0.725$ ).

### Relationship between red blood cell width distribution and nutritional and inflammatory factors

Previous studies demonstrated that RDW was an indicator of inflammation and malnutrition. We postulated that systemic inflammation and malnutrition might be involved in the high RDW of these patients. Consequently, the relationship between RDW and PNI, albumin, NLR and PLR was analyzed. As shown in **Figure 1**, higher RDW was positively associated with NLR ( $r^2 = 0.258$ ,  $P < 0.001$ ) and PLR ( $r^2 = 0.359$ ,  $P < 0.001$ ) and was negatively associated with albumin ( $r^2 = -0.440$ ,  $P < 0.001$ ) and PNI ( $r^2 = -0.442$ ,  $P < 0.001$ ).

## DISCUSSION

The high incidence of POCs after LPD is one of the main concerns of surgeons, and exploring the risk factors for POCs is thus vitally important. In this study, we found that higher RDW at the time of admission was associated with poorer short-term outcomes after LPD. In the subgroup analysis, high pretreatment RDW was still an independent risk factor for severe POCs and specific types of POCs. In addition, RDW was found to be associated with nutritional and inflammatory markers, including PNI, albumin, PLR, and NLR, which indicated that it could be a surrogate biomarker for nutritional and inflammatory markers in predicting the development of POCs after surgery.

RDW, reflecting the degree of heterogeneity of erythrocyte volume, is a simple and easily obtained parameter that is conventionally used in estimating the pathogenesis of anemia[16]. Nevertheless, recent evidence revealed that RDW was associated with the development and progression of multiple diseases[16]. RDW was associated with mortality of cardiovascular diseases, including coronary artery disease, coronary artery ectasia, atrial fibrillation, *etc.*[30]. RDW could be a prognostic factor for various gastrointestinal cancers, including colorectal cancer[31], pancreatic cancer[32] and gastric cancer[33]. However, only a few studies have focused on the relationship between RDW and short-term outcomes after surgery. Aali-Rezaie *et al*[34] revealed that a higher preoperative RDW was associated with mortality, any in-hospital medical complications and readmission following revision arthroplasty. Higher RDW was also found to be associated with a higher prevalence of systemic morbidity after laryngectomy[35]. For gastrointestinal surgery, higher pretreatment RDW was reported to be a risk factor for POCs after esophagectomy[21] and hepatectomy[36], and no earlier studies have reported the association between high pretreatment RDW and short-term outcomes after LPD. In this study, using a large cohort of patients, we demonstrated that higher pretreatment RDW was associated with poorer short-term outcomes after LPD.



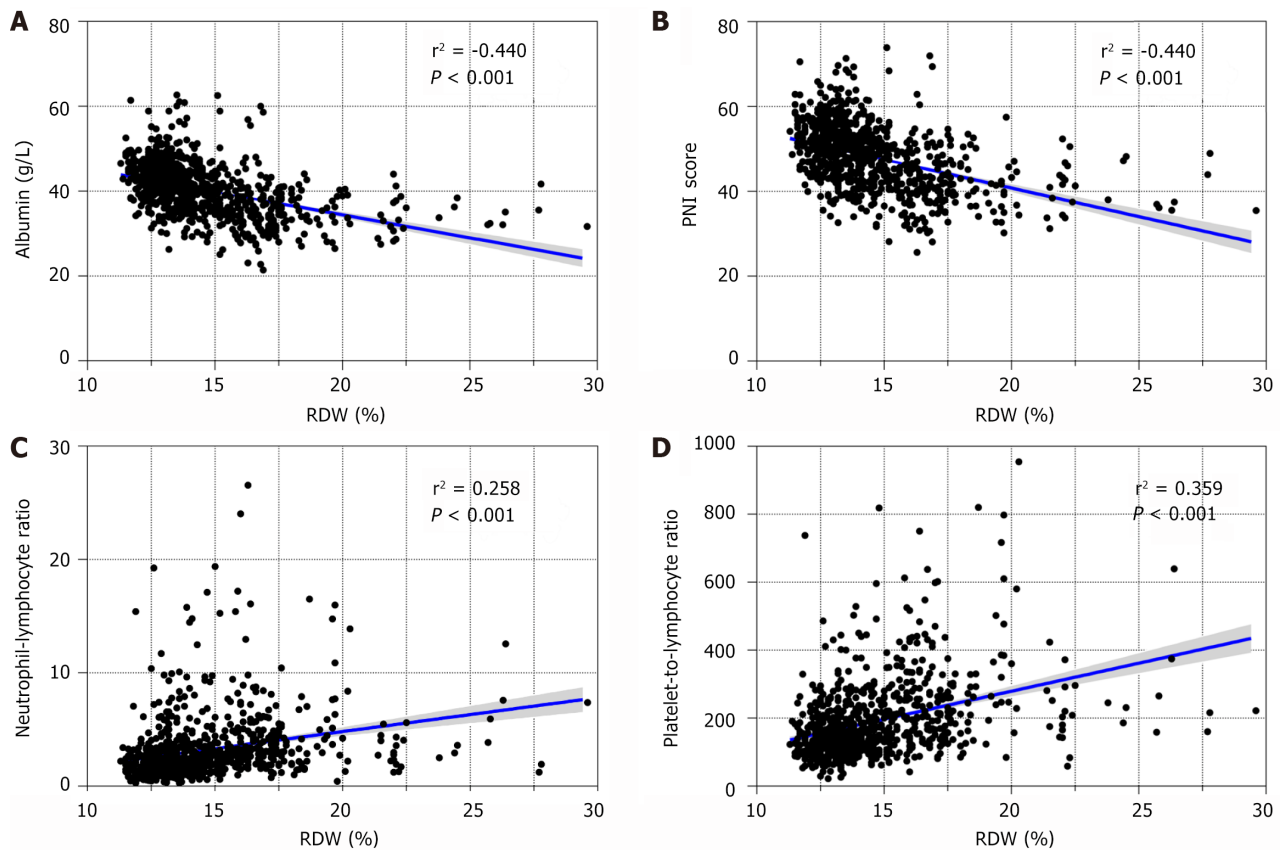
**Table 4 Subgroup analysis of risk factors for the development of postoperative complications of grades IIIa or higher, grades IIIb or higher according to the Clavien-Dino classification, and specific types of postoperative complications, including severe bile leakage, severe postoperative pancreatic fistula, delayed gastric emptying, hemorrhage, and intra-abdominal infection in patients who underwent laparoscopic pancreateoduodenectomy**

| POCs                        | Variables                                                              | Univariate analysis  |         | Multivariate analysis |         |
|-----------------------------|------------------------------------------------------------------------|----------------------|---------|-----------------------|---------|
|                             |                                                                        | OR (95%CI)           | P value | OR (95%CI)            | P value |
| CDc grade IIIb or higher    | ECOG score, 2 <i>vs</i> 0-1                                            | 3.415 (1.659-7.028)  | 0.001   | 4.169 (1.895-9.174)   | < 0.001 |
|                             | Preoperative biliary drainage, yes <i>vs</i> no                        | 0.225 (0.054-0.940)  | 0.041   | 0.138 (0.032-0.600)   | 0.008   |
|                             | Smoking, yes <i>vs</i> no                                              | 1.735 (0.970-3.101)  | 0.063   | 1.496 (0.727-3.079)   | 0.274   |
|                             | Drinking, yes <i>vs</i> no                                             | 1.712 (0.952-3.078)  | 0.072   | 1.650 (0.791-3.440)   | 0.182   |
|                             | ALP, $\geq 140$ U/L <i>vs</i> $< 140$ U/L                              | 1.783 (0.896-3.546)  | 0.099   | 1.614 (0.717-3.634)   | 0.247   |
|                             | RDW, $\geq 15.4$ <i>vs</i> $< 15.4$                                    | 2.326 (1.298-4.169)  | 0.005   | 2.127 (1.116-4.055)   | 0.022   |
|                             | Lymphocyte, $\geq 3.2 \times 10^9$ /L <i>vs</i> $< 3.2 \times 10^9$ /L | 6.383 (1.206-33.775) | 0.029   | 6.536 (1.068-39.978)  | 0.042   |
|                             | CRP, $\geq 10$ mg/L <i>vs</i> $< 10$ mg/L                              | 1.836 (1.020-3.302)  | 0.043   | 1.400 (0.741-2.646)   | 0.300   |
| Severe POPF (grade B and C) | Age, $\geq 65$ years <i>vs</i> $< 65$ years                            | 1.756 (1.113-2.772)  | 0.016   | 1.435 (0.889-2.316)   | 0.139   |
|                             | ECOG score, 2 <i>vs</i> 0-1                                            | 2.671 (1.433-4.981)  | 0.002   | 2.878 (1.435-5.774)   | 0.003   |
|                             | Operative time                                                         | 0.997 (0.994-1.000)  | 0.026   | 0.996 (0.993-0.999)   | 0.006   |
|                             | RDW, $\geq 15.4$ <i>vs</i> $< 15.4$                                    | 2.442 (1.539-3.875)  | < 0.001 | 2.246 (1.320-3.820)   | 0.003   |
|                             | Hemoglobin, $\geq 115$ g/L <i>vs</i> $< 115$ g/L                       | 0.544 (0.335-0.882)  | 0.014   | 0.856 (0.495-1.481)   | 0.579   |
|                             | Leucocytes, $\geq 9.5 \times 10^9$ /L <i>vs</i> $< 9.5 \times 10^9$ /L | 1.755 (0.924-3.334)  | 0.086   | 1.609 (0.815-3.177)   | 0.170   |
|                             | Albumin, $< 35$ g/L <i>vs</i> $\geq 35$ g/L                            | 1.885 (1.130-3.143)  | 0.015   | 1.153 (0.641-2.074)   | 0.643   |
|                             | PT, $\geq 14$ seconds <i>vs</i> $< 14$ seconds                         | 0.343 (0.106-1.115)  | 0.075   | 0.229 (0.067-0.783)   | 0.019   |
| Severe BL                   | Diabetes mellitus, yes <i>vs</i> no                                    | 3.110 (1.408-6.870)  | 0.005   | 2.484 (1.105-5.583)   | 0.028   |
|                             | Smoking, yes <i>vs</i> no                                              | 2.010 (1.289-3.133)  | 0.002   | 1.660 (0.959-2.874)   | 0.070   |
|                             | Drinking, yes <i>vs</i> no                                             | 1.580 (1.005-2.484)  | 0.048   | 1.200 (0.687-2.097)   | 0.522   |
|                             | BMI $\geq 24$ kg/m <sup>2</sup> <i>vs</i> $< 24$ kg/m <sup>2</sup>     | 2.442 (1.439-4.143)  | 0.001   | 1.988 (1.143-3.456)   | 0.015   |
|                             | Intra-operative blood transfusion, yes <i>vs</i> no                    | 1.660 (1.050-2.625)  | 0.030   | 1.210 (0.707-2.072)   | 0.487   |
|                             | RDW, $\geq 15.4$ <i>vs</i> $< 15.4$                                    | 3.587 (2.287-5.628)  | < 0.001 | 3.401 (1.979-5.845)   | < 0.001 |
|                             | Hemoglobin, $\geq 115$ g/L <i>vs</i> $< 115$ g/L                       | 0.648 (0.401-1.048)  | 0.077   | 0.824 (0.448-1.515)   | 0.533   |
|                             | TBIL, $\geq 235$ $\mu$ mol/L <i>vs</i> $< 235$ $\mu$ mol/L             | 2.188 (1.402-3.417)  | 0.001   | 1.326 (0.776-2.264)   | 0.302   |
|                             | Albumin, $< 35$ g/L <i>vs</i> $\geq 35$ g/L                            | 2.326 (1.434-3.774)  | 0.001   | 1.290 (0.721-2.309)   | 0.391   |
|                             | CRP, $\geq 10$ mg/L <i>vs</i> $< 10$ mg/L                              | 1.527 (0.967-2.413)  | 0.069   | 1.138 (0.679-1.907)   | 0.623   |
|                             | ECOG score, 2 <i>vs</i> 0-1                                            | 2.715 (1.455-5.066)  | 0.002   | 2.832 (1.447-5.540)   | 0.002   |
| Severe hemorrhage           | Smoking, yes <i>vs</i> no                                              | 1.937 (1.223-3.068)  | 0.005   | 1.437 (0.820-2.517)   | 0.206   |
|                             | Drinking, yes <i>vs</i> no                                             | 2.064 (1.299-3.278)  | 0.002   | 1.858 (1.047-3.297)   | 0.034   |
|                             | RDW, $\geq 15.4$ <i>vs</i> $< 15.4$                                    | 1.998 (1.252-3.189)  | 0.004   | 1.794 (1.050-3.063)   | 0.032   |
|                             | GGT, $\geq 45$ U/L <i>vs</i> $< 45$ U/L                                | 1.735 (0.969-3.108)  | 0.064   | 1.215 (0.640-2.307)   | 0.551   |
|                             | Albumin, $< 35$ g/L <i>vs</i> $\geq 35$ g/L                            | 1.792 (1.067-3.008)  | 0.027   | 1.022 (0.559-1.869)   | 0.944   |
|                             | CRP, $\geq 10$ mg/L <i>vs</i> $< 10$ mg/L                              | 1.582 (0.986-2.536)  | 0.057   | 1.181 (0.699-1.997)   | 0.534   |

|                           |                                                               |                      |           |                      |       |
|---------------------------|---------------------------------------------------------------|----------------------|-----------|----------------------|-------|
| Intra-abdominal infection | Age, $\geq 65$ vs $< 65$                                      | 1.539 (1.067-2.220)  | 0.021     | 1.363 (0.928-2.001)  | 0.114 |
|                           | ECOG score, 2 vs 0-1                                          | 1.887 (1.076-3.310)  | 0.027     | 1.725 (0.957-3.109)  | 0.070 |
|                           | Hypertension, yes vs no                                       | 1.577 (1.069-2.326)  | 0.022     | 1.365 (0.909-2.052)  | 0.134 |
|                           | Drinking, yes vs no                                           | 1.603 (1.100-2.338)  | 0.014     | 1.556 (1.052-2.301)  | 0.027 |
|                           | RDW, $\geq 15.4$ vs $< 15.4$                                  | 1.483 (1.008-2.180)  | 0.045     | 1.201 (0.793-1.817)  | 0.387 |
|                           | Leucocytes, $\geq 9.5 \times 10^9/L$ vs $< 9.5 \times 10^9/L$ | 1.618 (0.942-2.779)  | 0.081     | 1.247 (0.703-1.817)  | 0.450 |
|                           | TBIL, $\geq 235 \mu\text{mol/L}$ vs $< 235 \mu\text{mol/L}$   | 1.426 (0.977-2.081)  | 0.066     | 1.585 (1.027-2.446)  | 0.038 |
|                           | CRP, $\geq 10 \text{ mg/L}$ vs $< 10 \text{ mg/L}$            | 1.675 (1.147-2.448)  | 0.008     | 1.304 (0.868-1.960)  | 0.202 |
| Severe DGE                | Pathology, malignant tumors vs benign tumors                  | 1.652 (0.944-2.892)  | 0.079     | 1.058 (0.548-2.042)  | 0.886 |
|                           | Preoperative biliary drainage, yes vs no                      | 0.365 (0.130-1.024)  | 0.055     | 0.421 (0.144-1.236)  | 0.155 |
|                           | Pancreatitis, yes vs no                                       | 2.748 (1.354-5.578)  | 0.005     | 2.555 (1.158-5.639)  | 0.020 |
|                           | Intra-operative blood transfusion, yes vs no                  | 1.931 (1.137-3.279)  | 0.015     | 1.667 (0.901-3.082)  | 0.103 |
|                           | ASA, III vs I-II                                              | 1.683 (0.935-3.031)  | 0.083     | 1.893 (1.028-3.487)  | 0.041 |
|                           | RDW, $\geq 15.4$ vs $< 15.4$                                  | 1.105 (0.629-1.940)  | 0.729     | 1.130 (0.573-2.226)  | 0.725 |
|                           | Operative time                                                | 1.003 (1.000-1.005)  | 0.028     | 1.002 (0.999-1.005)  | 0.212 |
|                           | Lymphocyte, $\geq 3.2 \times 10^9/L$ vs $< 3.2 \times 10^9/L$ | 4.913 (0.933-25.861) | 0.060     | 4.019 (0.696-23.193) | 0.120 |
|                           | ALP, $\geq 140 \text{ U/L}$ vs $< 140 \text{ U/L}$            | 2.131 (1.265-3.588)  | 0.004     | 2.913 (1.538-5.518)  | 0.001 |
|                           | Albumin, $< 35 \text{ g/L}$ vs $\geq 35 \text{ g/L}$          | 2.201 (1.251-3.871)  | 0.006     | 3.065 (1.568-5.992)  | 0.001 |
| CCI $\geq 26.2$           | Intra-operative blood transfusion, yes vs no                  | 1.489 (1.087-2.041)  | 0.013     | 1.150 (0.816-1.621)  | 0.425 |
|                           | Preoperative biliary drainage, yes vs no                      | 0.695 (0.456-1.060)  | 0.091     | 0.573 (0.368-0.891)  | 0.014 |
|                           | RDW, $\geq 15.4$ vs $< 15.4$                                  | 1.964 (1.436-2.687)  | $< 0.001$ | 1.680 (1.185-2.382)  | 0.004 |
|                           | Leucocytes, $\geq 9.5 \times 10^9/L$ vs $< 9.5 \times 10^9/L$ | 1.854 (1.171-2.936)  | 0.008     | 1.740 (1.076-2.815)  | 0.024 |
|                           | Albumin, $< 35 \text{ g/L}$ vs $\geq 35 \text{ g/L}$          | 1.918 (1.341-2.743)  | $< 0.001$ | 1.511 (1.017-2.244)  | 0.041 |
|                           | Platelet, $\geq 350 \times 10^9/L$ vs $350 \times 10^9/L$     | 1.472 (0.973-2.229)  | 0.067     | 1.241 (0.798-1.930)  | 0.337 |

POCs: Postoperative complications; OR: Odds ratio; CI: Confidence interval; CDC: Clavien-Dino classification; ECOG: Eastern Cooperative Oncology Group; BMI: Body mass index; ASA: American Society of Anesthesiologists; RDW: Red blood cell distribution width; ALT: Alanine aminotransferase; AST: Aspartate aminotransferase; ALP: Alkaline phosphatase; GGT:  $\gamma$ -glutamyl transferase; TBIL: Total bilirubin; CRP: C-reactive protein; PT: Prothrombin time; POPF: Postoperative pancreatic fistula; BL: Bile leakage; DGE: Delayed gastric emptying; CCI: Comprehensive complication index.

The underlying mechanisms of the negative impact of RDW on short-term outcomes after surgery have not been fully elucidated. Actually, it is not clear whether RDW is a “cause” or just an “effect” of POCs. Several factors could lead to higher RDW, including nutritional deficiencies, shortening of telomere length, oxidative stress, inflammation, venous thromboembolism and increased erythrocyte mechanical fragility. Some of these conditions were also risk factors for the development of POCs after surgery. Malnutrition, such as iron and folic acid deficiency, could induce increased RDW by impairing the production and survival of erythrocytes[37]. Inflammation could lead to higher RDW by inhibiting the synthesis or activity of erythropoietin, lowering erythrocyte survival and impairing iron metabolism[16]. Short or critically short telomeres could induce increased RDW by causing cell senescence of the hematopoietic progenitors, which could lead to impaired maturation and increased replicative stress of the erythroid lineage[38]. Recently, the impact of red blood cell biology on the development of nonhematological disorders has also been reported, especially in cardiovascular disorders. It was reported that anisocytosis could accelerate atherogenesis by promoting the expansion of the lipid core and the ulceration of the fibrous cap, inhibiting endothelium-dependent nitric oxide-mediated vasodilation, increasing blood viscosity and impairing blood flow[39-41]. However, few studies have reported the potential causal association between anisocytosis and other noncardiovascular disorders, and the pathophysiological mechanisms for the impact of RDW on the development of these disorders cannot be fully explained at this point in time. Further studies are



**Figure 1 Relationship between pretreatment red blood cell distribution width and nutritional and inflammatory status.** A-D: Negative correlation between pretreatment red cell distribution width and albumin ( $r^2 = -0.440$ ,  $P < 0.001$ ) (A) and prognostic nutritional index ( $r^2 = -0.442$ ,  $P < 0.001$ ) (B); and positive correlation between pretreatment red cell distribution width and neutrophil-to-lymphocyte ratio ( $r^2 = 0.258$ ,  $P < 0.001$ ) (C) and platelet-to-lymphocyte ratio ( $r^2 = 0.359$ ,  $P < 0.001$ ) (D) in peripheral blood in patients who underwent laparoscopic pancreaticoduodenectomy. RDW: Red cell distribution width; PNI: Prognostic nutritional index.

needed to elucidate the potential mechanisms.

Nutritional (*e.g.*, albumin level, BMI and PNI) and inflammatory factors (*e.g.*, PLR, NLR, and CRP) have been demonstrated to be closely associated with the development of POCs after operation and could be predictive markers for POCs[42-44]. RDW was considered to be a general health status and could be a reflection of nutritional and inflammatory status. Consequently, the association between RDW and nutritional and inflammatory status was further explored in our study. We found that higher RDW was associated with higher preoperative CRP, platelet level, NLR and PLR, while it was associated with lower albumin and hemoglobin level. Meanwhile, line regression analysis showed that higher pretreatment RDW was associated with malnutrition (lower albumin and PNI) and severe inflammatory status (higher NLR and PLR). These results support that RDW could be a reflection of patients' preoperative nutritional and inflammatory status and affect short-term outcomes after LPD. Consequently, RDW may be regarded as a surrogate marker of nutritional and inflammatory factors in selecting patients who are at high risk of developing POCs after surgery.

The strength of our study was its large sample size of patients who underwent LPD. However, our study has several limitations worth noting. First, this was a retrospective study from a single institution. Although comprehensive statistical analysis was performed to improve the reliability of our findings, the results may still be influenced by selection bias, and there was a lack of external validation for them. In addition, the patients included in this study were selected from a relatively long study period, and the improvement of treatment strategy and perioperative management could lead to a historical bias.

## CONCLUSION

In conclusion, this study found that elevated pretreatment RDW was a special parameter for patients who underwent LPD. It was associated with malnutrition, severe inflammatory status and poorer short-term outcomes. RDW could be a surrogate marker for nutritional and inflammatory status in identifying patients who were at high risk of developing POCs after LPD. However, further multi-institution, international studies with a larger cohort should be conducted to consolidate our findings.

## FOOTNOTES

**Author contributions:** Liu J and Zheng SZ conceived the article; Cao XR, Xu YL, and Chai JW performed all the operations; Zheng K collected the data; Zheng K and Kong JJ provided data management and analysis support. All authors contributed to the article and approved the submitted version.

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**Informed consent statement:** Patients were not required to give informed consent to the study because the analysis used anonymous data that were obtained after each patient agreed to treatment by written consent.

**Conflict-of-interest statement:** All the authors report no relevant conflicts of interest for this article.

**Data sharing statement:** No additional data are available.

**STROBE statement:** The authors have read the STROBE Statement-checklist of items, and the manuscript was prepared and revised according to the STROBE Statement-checklist of items.

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Prospective Study

# Development of a nomogram for overall survival in patients with esophageal carcinoma: A prospective cohort study in China

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## Abstract

### BACKGROUND

Esophageal carcinoma (EC) presents a significant public health issue in China, with its prognosis impacted by myriad factors. The creation of a reliable prognostic model for the overall survival (OS) of EC patients promises to greatly advance the customization of treatment approaches.

### AIM

To create a more systematic and practical model that incorporates clinically significant indicators to support decision-making in clinical settings.

### METHODS

This study utilized data from a prospective longitudinal cohort of 3127 EC patients treated at Chongqing University Cancer Hospital between January 1, 2018, and December 12, 2020. Utilizing the least absolute shrinkage and selection operator regression alongside multivariate Cox regression analyses helped pinpoint pertinent variables for constructing the model. Its efficacy was assessed by concordance index (C-index), area under the receiver operating characteristic curve (AUC), calibration curves, and decision curve analysis (DCA).

## RESULTS

Nine variables were determined to be significant predictors of OS in EC patients: Body mass index (BMI), Karnofsky performance status, TNM stage, surgery, radiotherapy, chemotherapy, immunotherapy, platelet-to-lymphocyte ratio, and albumin-to-globulin ratio (ALB/GLB). The model demonstrated a C-index of 0.715 (95%CI: 0.701-0.729) in the training cohort and 0.711 (95%CI: 0.689-0.732) in the validation cohort. In the training cohort, AUCs for 1-year, 3-year, and 5-year OS predictions were 0.773, 0.787, and 0.750, respectively; in the validation cohort, they were 0.772, 0.768, and 0.723, respectively, illustrating the model's precision. Calibration curves and DCA verified the model's predictive accuracy and net benefit.

## CONCLUSION

A novel prognostic model for determining the OS of EC patients was successfully developed and validated to help clinicians in devising individualized treatment schemes for EC patients.

**Key Words:** Esophageal carcinoma; High-risk factors; Prognosis; Overall survival; Prediction model

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**Core Tip:** In this study, we identified nine key independent risk factors associated with esophageal carcinoma patients. These factors span clinical characteristics (body mass index, Karnofsky performance status), the TNM stage, treatment approaches (surgery, radiotherapy, chemotherapy, and immunotherapy), and laboratory markers (platelet-to-lymphocyte ratio, albumin-to-globulin ratio). And then, a novel prognostic model was successfully developed and validated. It could be considered as a more systematic and practical model that incorporates clinically significant indicators to support decision-making in clinical settings.

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## INTRODUCTION

Esophageal carcinoma (EC) stands as one of the predominant malignant tumors globally[1]. Data from global cancer statistics in 2020 indicate that there were 604000 new EC cases, with nearly half originating from China[2,3]. The five-year overall survival (OS) rate for those diagnosed with EC is a mere 21%[4]. Early diagnosis and comprehensive treatment strategies are currently the most effective means of improving patient outcomes. Identifying high-risk factors is crucial for crafting multidisciplinary treatment plans. However, the widely-used TNM staging system falls short of providing an accurate survival prognosis for EC patients due to its omission of clinical traits, treatment options, and laboratory data. Recent studies have identified several significant independent risk factors for EC, including body mass index (BMI), Karnofsky performance status (KPS), TNM stage, treatment modalities, the platelet-to-lymphocyte ratio (PLR), and the albumin-to-globulin ratio (ALB/GLB)[5-11]. Despite the advances, genetic research integrating factors like CDK8, ARID1A, and certain autophagy-related lncRNAs into prognostic models has been hindered by the high costs and complexity of gene testing, which adds to patient financial strain[12,13]. Additionally, the absence of valuable laboratory predictors has diminished the precision of some models[14]. This highlights the need for a more scientifically robust, systematic, and practical model that incorporates clinically significant indicators to support decision-making in clinical settings.

Moreover, Chongqing has been identified as a region with a notably high incidence of EC in China, where early detection rates are below 10%[15-17]. The vast majority of EC cases are diagnosed at advanced stages, resulting in poor survival outcomes. Thus, creating a more dependable prognostic model is crucial for guiding clinicians towards more effective anti-cancer treatment strategies, ultimately aiming to enhance the survival rates of patients with EC. In light of this, our study has pinpointed 9 high-risk factors linked to EC and constructed an accessible online predictive model.

## MATERIALS AND METHODS

### Subjects

Chongqing is recognized as a region with a notably high rate of EC in China. In our study, we gathered data from patients diagnosed with EC at the Chongqing University Cancer Hospital over a period spanning from January 1, 2018, to December 12, 2020. Eligibility criteria for inclusion in this study were set as follows: (1) Being 18 years or older; (2) Receiving a new EC diagnosis confirmed by pathology; (3) Undergoing and completing the prescribed course of

treatment, which included options such as surgery, radiotherapy, chemotherapy, immunotherapy, or targeted therapy; and (4) Having a complete set of baseline clinical data and follow-up records. On the other hand, patients were excluded if they lacked follow-up records or had received treatment for cancer prior to this study. The methodology and progression of the study are illustrated in [Figure 1](#).

### Clinical evaluations

We collected a comprehensive set of data including demographic information (age and gender), clinical characteristics (KPS, BMI, pathological type, and TNM staging), treatment modalities (surgery, radiotherapy, chemotherapy, immunotherapy, and targeted therapy), laboratory markers ( $\beta$ 2-microglobulin, neutrophil-lymphocyte ratio, lymphocyte-monocyte ratio, PLR, ALB/GLB, and the CD4/CD8 ratio), as well as follow-up details. The laboratory tests were conducted at the Chongqing University Cancer Hospital's laboratory. We excluded patients who were exclusively undergoing traditional Chinese medicine treatments due to the challenges associated with analyzing their incomplete or missing data.

The primary objective of this study was to assess the 1-year, 3-year, and 5-year OS rates. OS was measured from the date of EC diagnosis to the date of death or the last known follow-up. Follow-ups were conducted semiannually for the first two years post-diagnosis and annually thereafter until the demise of the subject. The study was concluded on December 31, 2023, with a one-month follow-up period acting as the cut-off point.

### Statistical analysis

Continuous variables are presented as the mean  $\pm$  SD, whereas categorical variables are shown as frequencies and percentages. To compare demographic and clinical variables between the training and validation cohorts, we utilized the Pearson  $\chi^2$  test for categorical data. All statistical procedures were carried out using R software version 4.2.1 (Institute for Statistics and Mathematics, Vienna, Austria). The dataset was split into training and validation groups in a 7:3 ratio. We employed least absolute shrinkage and selection operator (LASSO) regression to identify risk factors, which were then evaluated through univariate Cox regression analysis.

### Construction and validation of the prognostic prediction model

To develop an effective clinical prognostic model, we meticulously selected and identified variables for the prediction model through a two-step process. Initially, LASSO regression was applied to sift through patient characteristics within the training cohort. We determined the optimal parameter ( $\lambda$ ) for LASSO regression *via* cross-validation, selecting crucial variables based on the minimum  $\lambda$  principle. Subsequent to this, we conducted both univariate and multivariate Cox regression analyses on these variables ([Figure 2](#)). Recognizing that the clinical relevance of these variables during the selection process is not solely based on their statistical significance, we ultimately pinpointed 9 predictors: BMI, KPS, TNM stage, surgery, radiotherapy, chemotherapy, immunotherapy, the PLR, and the ALB/GLB ratio. These 9 risk factors were incorporated into the prediction model, with each factor being allocated a score. This score can be derived from the illustrated ruler, allowing for the prediction of 1-, 3-, and 5-year OS rates by overlaying it onto the subsequent ruler.

The model's capability to forecast survival outcomes was further appraised in the validation cohort by examining both its discrimination and calibration. The concordance index (C-index) was utilised to articulate the model's proficiency in predicting the survival of patients whose prognoses have been objectively verified. To assess the model's prediction accuracy and discriminative power, a calibration curve was plotted. Additionally, a receiver operating characteristic (ROC) curve was employed to confirm the model's generalization potential.

## RESULTS

### Demographic characteristics

A cohort of 3127 patients diagnosed with EC participated in the study and were systematically divided into two groups for analysis: A training group consisting of 2189 patients (approximately 70%) and a validation group comprising 938 patients (around 30%), following a 7:3 distribution ratio. According to statistical analysis, no significant differences were observed between the training and validation groups, as presented in [Table 1](#). For the entire cohort, the median survival time was recorded at 27.50 months, with a range spanning from 0.10 to 60.45 months. Within the training cohort, there were 1267 fatalities over a median duration of 27.40 months (ranging from 0.10 to 61.10 months). In the validation group, 391 patients succumbed, with a median survival time extending to 28.00 months, also within a broad range of 0.10 to 59.30 months.

### Univariate and multivariate logistic regression results

The univariate logistic regression analysis revealed nine prognostic factors linked to patient outcomes, including KPS (HR 0.98, 95%CI: 0.97-0.99,  $P < 0.001$ ), BMI ( $< 18.5$ : HR 1.29, 95%CI: 1.11-1.49,  $P = 0.001$ ), TNM (II: HR 2.16, 95%CI: 1.56-2.98,  $P < 0.001$ ; III: HR 3.04, 95%CI: 2.22-4.18,  $P < 0.001$ ; IV: HR 4.12, 95%CI: 2.98-5.70,  $P < 0.001$ ), surgery (HR 0.56, 95%CI: 0.49-0.64,  $P < 0.001$ ), radiotherapy (HR 0.72, 95%CI: 0.64-0.81,  $P < 0.001$ ), chemotherapy (HR 0.74, 95%CI: 0.65-0.84,  $P < 0.001$ ), immunotherapy (HR 0.73, 95%CI: 0.54-0.98,  $P = 0.033$ ), and PLR (HR 0.81, 95%CI: 0.67-0.98,  $P = 0.034$ ), and ALB/GLB (HR 1.01, 95%CI: 1.01-1.01,  $P < 0.001$ ) ([Table 2](#)).

Table 1 Patient demographics and clinical characteristics

| Characteristics                | Overall (n = 3127) | Training cohort (n = 2189) | Validation cohort (n = 938) | P value |
|--------------------------------|--------------------|----------------------------|-----------------------------|---------|
| Age <sup>1</sup>               | 65.30 ± 8.59       | 65.35 ± 8.65               | 65.19 ± 8.46                | 0.620   |
| KPS <sup>1</sup>               | 83.75 ± 8.11       | 83.74 ± 7.97               | 83.78 ± 8.43                | 0.910   |
| Sex, n (%)                     |                    |                            |                             |         |
| Male                           | 2549 (81.52)       | 1789 (81.73)               | 760 (81.02)                 | 0.679   |
| Female                         | 578 (18.48)        | 400 (18.27)                | 178 (18.98)                 |         |
| BMI, n (%)                     |                    |                            |                             |         |
| 18.5-23.9                      | 1931 (61.75)       | 1350 (61.67)               | 581 (61.94)                 | 0.357   |
| ≥ 24                           | 720 (23.03)        | 494 (22.57)                | 226 (24.09)                 |         |
| < 18.5                         | 476 (15.22)        | 345 (15.76)                | 131 (13.97)                 |         |
| Base disease, n (%)            |                    |                            |                             |         |
| No                             | 2521 (80.62)       | 1757 (80.26)               | 764 (81.45)                 | 0.472   |
| Yes                            | 606 (19.38)        | 432 (19.74)                | 174 (18.55)                 |         |
| Pathological, n (%)            |                    |                            |                             |         |
| SCC                            | 3021 (96.61)       | 2121 (96.89)               | 900 (95.95)                 | 0.219   |
| Others                         | 106 (3.39)         | 68 (3.11)                  | 38 (4.05)                   |         |
| TNM, n (%)                     |                    |                            |                             |         |
| I                              | 226 (7.23)         | 162 (7.40)                 | 64 (6.82)                   | 0.703   |
| II                             | 780 (24.94)        | 536 (24.49)                | 244 (26.01)                 |         |
| III                            | 1230 (39.33)       | 858 (39.20)                | 372 (39.66)                 |         |
| IV                             | 891 (28.49)        | 633 (28.92)                | 258 (27.51)                 |         |
| Radiotherapy, n (%)            |                    |                            |                             |         |
| No                             | 1918 (61.34)       | 1345 (61.44)               | 573 (61.09)                 | 0.883   |
| Yes                            | 1209 (38.66)       | 844 (38.56)                | 365 (38.91)                 |         |
| Chemotherapy, n (%)            |                    |                            |                             |         |
| No                             | 1804 (57.69)       | 1265 (57.79)               | 539 (57.46)                 | 0.897   |
| Yes                            | 1323 (42.31)       | 924 (42.21)                | 399 (42.54)                 |         |
| Surgery, n (%)                 |                    |                            |                             |         |
| No                             | 1644 (52.57)       | 1156 (52.81)               | 488 (52.03)                 | 0.716   |
| Yes                            | 1483 (47.43)       | 1033 (47.19)               | 450 (47.97)                 |         |
| Immunotherapy, n (%)           |                    |                            |                             |         |
| No                             | 2901 (92.77)       | 2029 (92.69)               | 872 (92.96)                 | 0.846   |
| Yes                            | 226 (7.23)         | 160 (7.31)                 | 66 (7.04)                   |         |
| Targeted, n (%)                |                    |                            |                             |         |
| No                             | 3019 (96.55)       | 2117 (96.71)               | 902 (96.16)                 | 0.507   |
| Yes                            | 108 (3.45)         | 72 (3.29)                  | 36 (3.84)                   |         |
| LDH <sup>1</sup>               | 202.19 ± 155.15    | 202.47 ± 143.90            | 201.53 ± 178.76             | 0.877   |
| β2. Microglobulin <sup>1</sup> | 2.59 ± 1.19        | 2.58 ± 1.15                | 2.61 ± 1.28                 | 0.472   |
| CD4/CD8 <sup>1</sup>           | 1.81 ± 1.06        | 1.80 ± 1.05                | 1.85 ± 1.09                 | 0.163   |
| ALB/GLB <sup>1</sup>           | 1.37 ± 0.32        | 1.37 ± 0.31                | 1.38 ± 0.32                 | 0.707   |
| PLR <sup>1</sup>               | 168.66 ± 113.61    | 168.01 ± 111.13            | 170.17 ± 119.24             | 0.625   |
| LMR <sup>2</sup>               | 3.33 [2.36, 4.65]  | 3.32 [2.36, 4.61]          | 3.37 [2.41, 4.79]           | 0.147   |

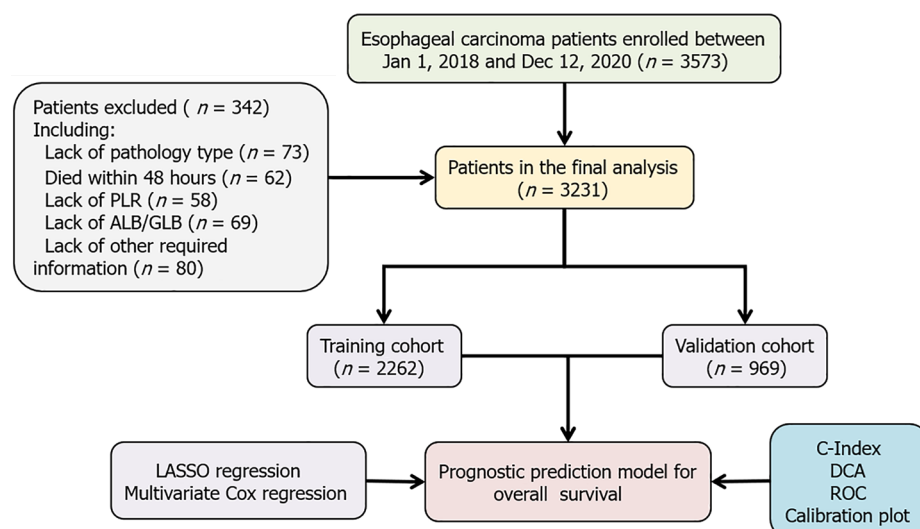


|                  |                   |                   |                   |       |
|------------------|-------------------|-------------------|-------------------|-------|
| NLR <sup>2</sup> | 2.74 [1.94, 4.09] | 2.74 [1.92, 4.12] | 2.74 [1.97, 4.02] | 0.714 |
|------------------|-------------------|-------------------|-------------------|-------|

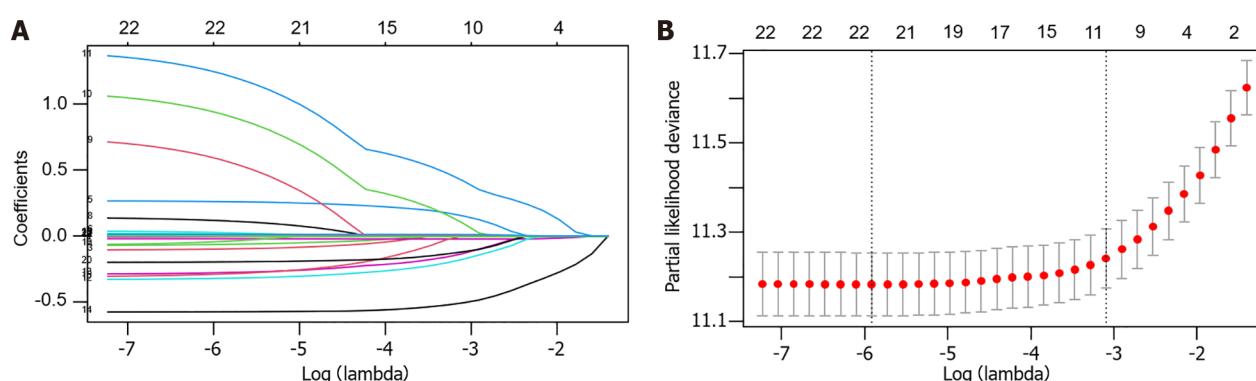
<sup>1</sup>Expressed as mean  $\pm$  SD.

<sup>2</sup>Expressed as median[P25, P75].

PLR: Platelet-to-lymphocyte ratio; BMI: Body mass index; KPS: Karnofsky performance status; LDH: Lactic dehydrogenase; SCC: Esophageal squamous cell carcinoma; LMR: Lymphocyte-monocyte ratio; NLR: Neutrophil-lymphocyte ratio.



**Figure 1 Flow diagram of study design.** PLR: Platelet-to-lymphocyte ratio; ALB/GLB: Albumin-to-globulin ratio; LASSO: Least absolute shrinkage and selection operator; DCA: Decision curve analysis; ROC: Receiver operating characteristic.



**Figure 2 Variable selection by least absolute shrinkage and selection operator Cox regression model.** A coefficient profile plot was produced against the log (lambda) sequence. A: 22 variables with nonzero coefficients were selected by optimal lambda; B: By verifying the optimal parameter (lambda) in the least absolute shrinkage and selection operator model, the partial likelihood deviance (binomial deviance) curve was plotted vs log (lambda) and dotted vertical lines were drawn based on 1 standard error criteria.

### Prognostic prediction model performance and validation

In the developed prognostic prediction model, each identified risk factor was assigned a corresponding score, using a method where scores are derived from an upper ruler and superimposed onto a lower ruler for the prediction of 1-, 3-, and 5-year OS rates (as shown in Figure 3). Additionally, an online calculator was developed based on this predictive model (available at <https://cqchprognosis.shinyapps.io/esophagus/>) to estimate the long-term OS for patients with EC. Illustratively, for a patient with stage III EC, a BMI of 25 kg/m<sup>2</sup>, a KPS score of 85, a PLR of 193, ALB/GLB ratio of 2, without undergoing radiotherapy and immunotherapy, treated with surgery and chemotherapy, the model estimates a 5-year OS probability of 44%.

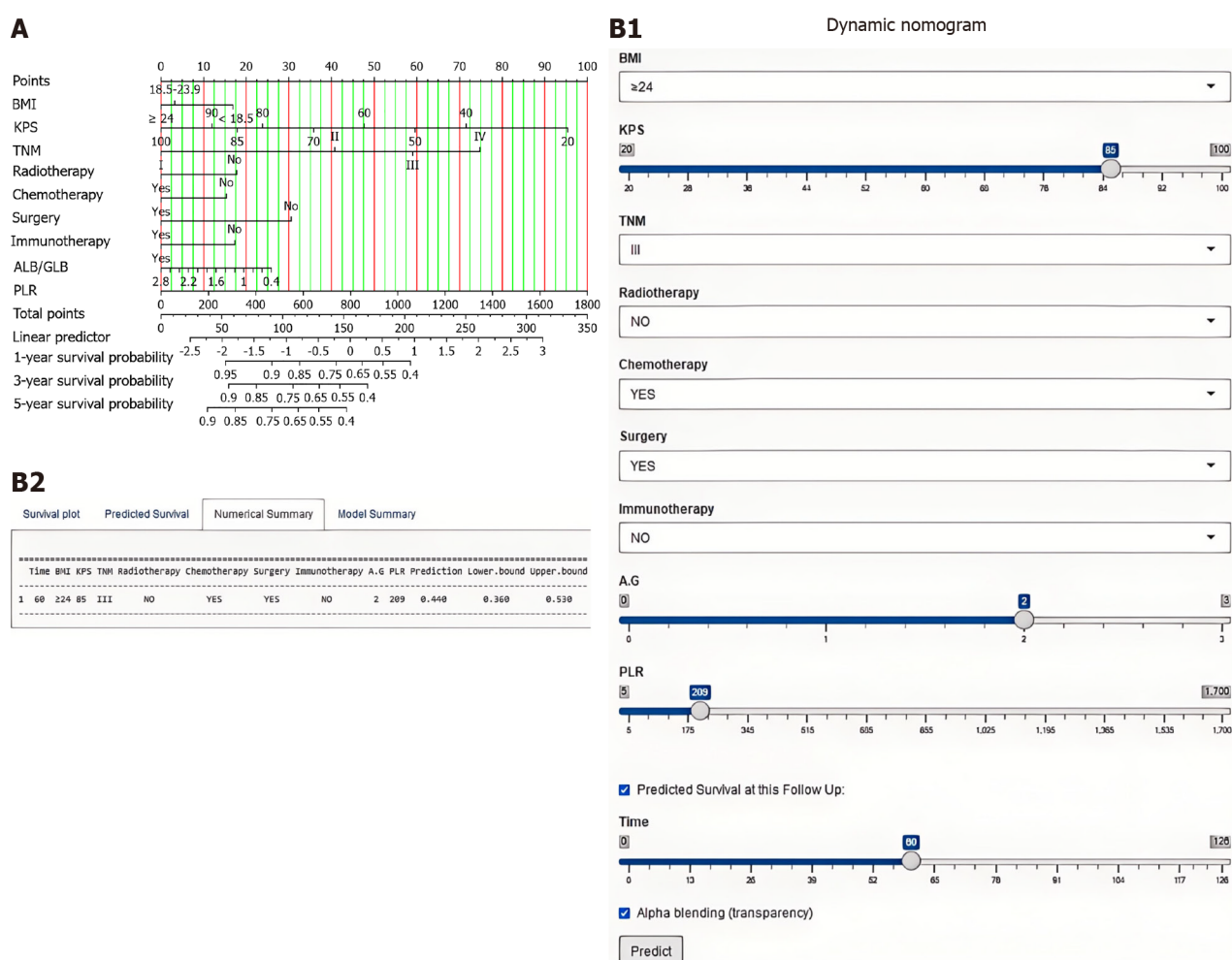
The model's C-index for OS was found to be 0.715 (with a 95%CI of 0.701-0.729) in the training cohort, and 0.711 (95%CI: 0.689-0.732) in the validation cohort. In terms of the ROC values within the training cohort, the prediction capabilities for 1-, 3-, and 5-year OS stood at 0.773, 0.787, and 0.750, respectively (Figure 4A); for the validation cohort, these values were 0.772, 0.768, and 0.723, respectively (Figure 4B). Additionally, the calibration curves illustrated good agreement between the predicted and observed probabilities for 1-, 3-, and 5-year OS in both the training (Figure 4C) and

**Table 2 Univariate and multivariate analysis for overall survival of the training cohort**

| Characteristics           | HR (univariable)               | HR (multivariable)             |
|---------------------------|--------------------------------|--------------------------------|
| Age                       | 1.02 (1.01-1.02, $P < 0.001$ ) |                                |
| KPS                       | 0.95 (0.94-0.95, $P < 0.001$ ) | 0.98 (0.97-0.99, $P < 0.001$ ) |
| Gender (%)                |                                |                                |
| Male                      |                                |                                |
| Female                    | 0.85 (0.74-0.99, $P = 0.033$ ) |                                |
| BMI (%)                   |                                |                                |
| 18.5-23.9                 |                                |                                |
| $\geq 24$                 | 0.76 (0.66-0.88, $P < 0.001$ ) | 0.94 (0.82-1.09, $P = 0.428$ ) |
| $< 18.5$                  | 1.68 (1.45-1.94, $P < 0.001$ ) | 1.29 (1.11-1.49, $P = 0.001$ ) |
| Base disease (%)          |                                |                                |
| No                        |                                |                                |
| Yes                       | 1.04 (0.91-1.20, $P = 0.578$ ) |                                |
| Pathological (%)          |                                |                                |
| SCC                       |                                |                                |
| Others                    | 1.41 (1.03-1.92, $P = 0.032$ ) |                                |
| TNM (%)                   |                                |                                |
| I                         |                                |                                |
| II                        | 2.10 (1.52-2.90, $P < 0.001$ ) | 2.16 (1.56-2.98, $P < 0.001$ ) |
| III                       | 3.13 (2.29-4.28, $P < 0.001$ ) | 3.04 (2.22-4.18, $P < 0.001$ ) |
| IV                        | 5.51 (4.03-7.54, $P < 0.001$ ) | 4.12 (2.98-5.70, $P < 0.001$ ) |
| Radiotherapy (%)          |                                |                                |
| No                        |                                |                                |
| Yes                       | 0.74 (0.66-0.83, $P < 0.001$ ) | 0.72 (0.64-0.81, $P < 0.001$ ) |
| Chemotherapy (%)          |                                |                                |
| No                        |                                |                                |
| Yes                       | 0.72 (0.64-0.81, $P < 0.001$ ) | 0.74 (0.65-0.84, $P < 0.001$ ) |
| Surgery (%)               |                                |                                |
| No                        |                                |                                |
| Yes                       | 0.41 (0.37-0.46, $P < 0.001$ ) | 0.56 (0.49-0.64, $P < 0.001$ ) |
| Immunotherapy (%)         |                                |                                |
| No                        |                                |                                |
| Yes                       | 0.54 (0.41-0.72, $P < 0.001$ ) | 0.73 (0.54-0.98, $P = 0.033$ ) |
| Targeted (%)              |                                |                                |
| No                        |                                |                                |
| Yes                       | 0.78 (0.57-1.07, $P = 0.120$ ) |                                |
| LDH                       | 1.01 (1.00-1.01, $P = 0.057$ ) |                                |
| $\beta 2$ . microglobulin | 1.14 (1.09-1.19, $P < 0.001$ ) |                                |
| CD4/CD8                   | 0.93 (0.88-0.99, $P = 0.018$ ) |                                |
| ALB/GLB                   | 0.43 (0.35-0.52, $P < 0.001$ ) | 0.81 (0.67-0.98, $P = 0.034$ ) |
| PLR                       | 1.01 (1.01-1.01, $P < 0.001$ ) | 1.01 (1.01-1.01, $P < 0.001$ ) |
| LMR                       | 0.99 (0.99-1.00, $P = 0.120$ ) |                                |

NLR 1.06 (1.05-1.07,  $P < 0.001$ )

PLR: Platelet-to-lymphocyte ratio; BMI: Body mass index; KPS: Karnofsky performance status; LDH: Lactic dehydrogenase; SCC: Esophageal squamous cell carcinoma; LMR: Lymphocyte-monocyte ratio; NLR: Neutrophil-lymphocyte ratio.



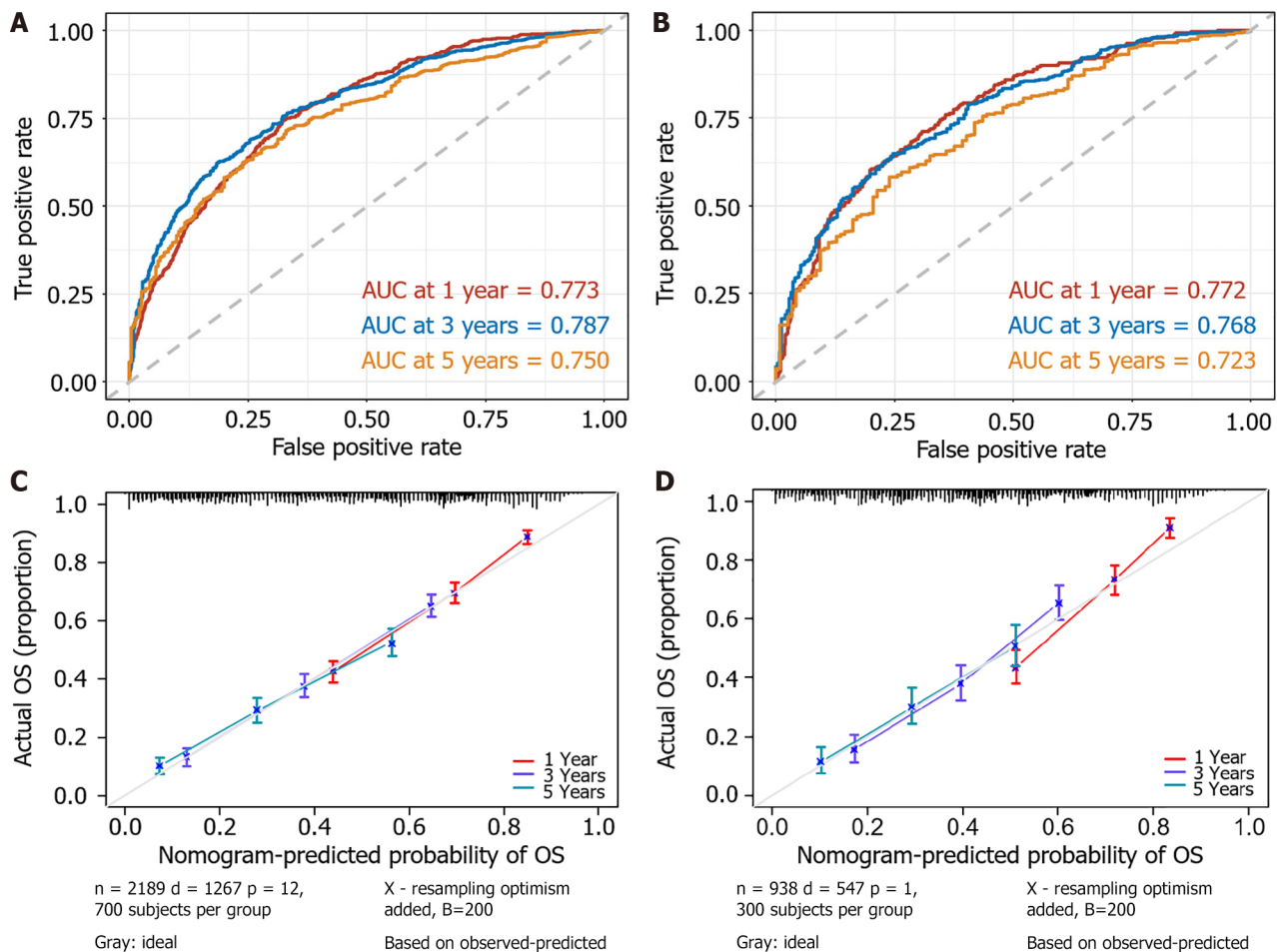
**Figure 3 Prediction model for predicting 1-, 3- and 5-year overall survival of patients with Esophageal carcinoma.** A: Nomogram model; B: The interface of the web-based nomogram. PLR: Platelet-to-lymphocyte ratio; ALB/GLB: Albumin-to-globulin ratio; BMI: Body mass index; KPS: Karnofsky performance status.

validation cohorts (Figure 4D), according to the predictive model.

Moreover, decision curve analysis (DCA) was employed to evaluate the model's predictive performance, showing that the model yielded a positive net benefit in both training (Figure 5A) and validation cohorts (Figure 5B). Utilizing this newly established model, we grouped patients from both the training set (Figure 5C) and the validation set (Figure 5D) into high or low risk categories. The findings underscored the model's robust capability to distinguish between patients at high and low risk ( $P < 0.05$ ).

## DISCUSSION

In this study, we utilized both univariate and multivariate Cox regression analyses to identify nine key independent risk factors associated with EC. These factors include clinical characteristics (BMI and KPS), TNM stage, treatment approaches (surgery, radiotherapy, chemotherapy, and immunotherapy), and laboratory markers (PLR, ALB/GLB). Leveraging these factors, we developed a prognostic risk prediction model to predict OS rates in EC patients. This model exhibited high reliability and reproducibility, as evidenced by its calibration curve and C-index. Furthermore, DCA demonstrated that this model more accurately predicted EC outcomes than the TNM stage. The key findings of our research include the integration of a broader scope of independent risk factors into our predictive model than that incorporated by previously utilized models, which improved prognostic risk assessment in EC patients. These factors, which align with findings from prior studies, encompass clinical characteristics, treatment methods, and particular laboratory indicators linked to



**Figure 4 Receiver operating characteristic and calibration curves of the prediction model for 1-, 3- and 5-year overall survival prediction.**

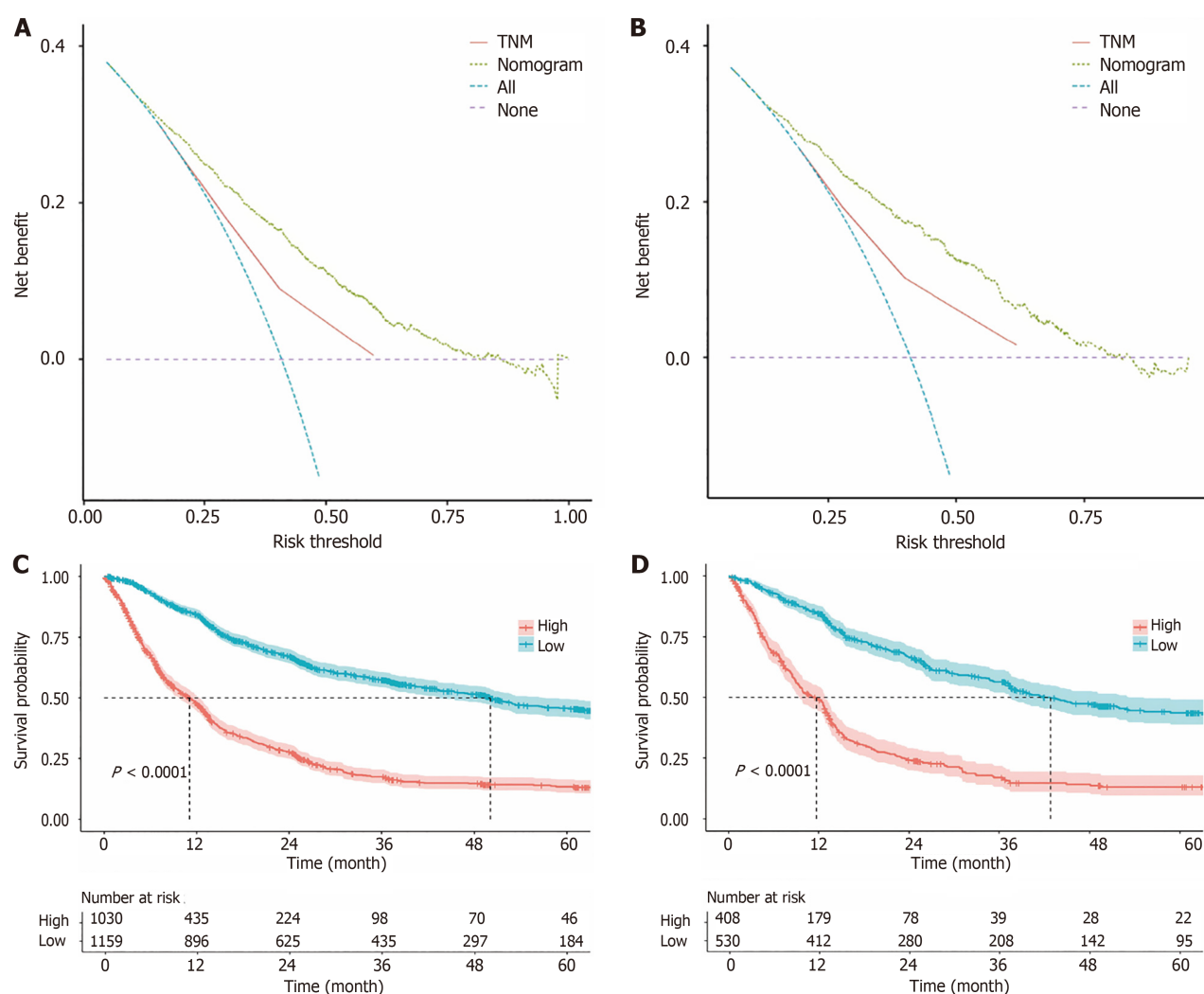
A: Receiver operating characteristic (ROC) in the training cohort; B: ROC in the validation cohort; C: Calibration plot in the training cohort; D: Calibration plot in the validation cohort. AUC: Area under the receiver operating characteristic curve; OS: Overall survival.

systemic inflammation[18,19]. Notably, our model underscores the significance of comprehensive treatment and monitoring strategies over reliance solely on the TNM stage, highlighting factors such as low BMI and KPSs, types of treatment received, and specific biomarkers as integral to predicting patient outcomes[20-26].

The traditional KPS is an important tool in oncology for assessing functional performance and aiding in prognosis. It has high reliability and adaptability across various scenarios and serves as a crucial prognostic factor in most prognostic models[27]. A study by Freeman *et al*[28] revealed that KPSs are closely associated with progression-free survival in patients with breast cancer that has metastasized to the brain and can effectively reflect the quality of life of these patients. Similarly, Bao *et al*[29] reported that a lower KPS was significantly associated with shorter OS in a study of prognostic indicators for glioma, suggesting that the KPS can be a powerful indicator for investigating the prognosis of patients with glioma. Although the KPS is widely recognized for its application in oncology, some argue that it may not fully capture the complexity of patient function in different rehabilitation environments[30], indicating the need for supplementary assessment tools. Therefore, our nomogram model additionally incorporates other clinical feature variables as predictive factors, which significantly improved the model's predictive accuracy and generalizability.

The clinical relationship between the BMI and the risk of EC has long been ambiguous. Some studies suggest that a high BMI is associated with an increased risk of EC[31], whereas others find that a low BMI is related to a greater risk of developing EC[32]. Recently, a meta-analysis based on evidence from 25 observational studies indicated that being underweight, compared with a normal weight, is significantly associated with an increased risk of EC (RR = 1.78, 95%CI: 1.48-2.14;  $P < 0.001$ ). Additionally, being overweight or obese was found to increase the risk of esophageal adenocarcinoma (RR = 1.56, 95%CI: 1.42-1.71,  $P < 0.001$ ; RR = 2.34, 95%CI: 2.02-2.70,  $P < 0.001$ ) while simultaneously decreasing the risk of esophageal squamous cell carcinoma (RR = 0.71, 95%CI: 0.60-0.84,  $P < 0.001$ ; RR = 0.63, 95%CI: 0.60-0.84,  $P = 0.002$ ) [33]. In our study, a BMI of less than 18 was associated with the highest risk of EC compared with other BMI levels. Interestingly, overweight individuals demonstrated a lower risk of EC, which we speculate is because our selected EC patients were predominantly those with esophageal squamous cell carcinoma.

The TNM staging system, an important indicator for assessing tumor progression, also reflects patient survival chances to a certain extent. Recent studies have shown that incorporating the TNM stage as a predictive factor in conventional tumor prognostic models can significantly increase the predictive accuracy of these models[34]. In our research, TNM stage emerged as a crucial predictor of OS in EC patients, showing substantial predictive value in the nomogram plot.



**Figure 5** Decision curve analysis for the prediction model's ability to predict overall survival in Esophageal carcinoma patients and the prediction model distinguished the risk of Esophageal carcinoma patients. A: Decision curve analysis (DCA) in the training cohort; B: DCA validation cohort; C: The prediction model in the training cohort; D: The prediction model in the validation cohort.

Recent studies have shown that the presence of systemic inflammation is associated with poorer survival rates in patients with EC. In this study, patients with a higher PLR often had worse survival rates, indicating that the PLR is a risk factor. Zheng *et al*[35] investigated the prognostic value of the PLR in EC patients and reported that a high PLR is significantly associated with poorer disease-free survival, which suggested that the PLR can serve as a predictive factor for quality of life in EC patients. Similarly, a lower ALB/GLB ratio has been associated with poorer prognosis[36], which is consistent with our study. Surgery, radiotherapy, chemotherapy and immunotherapy are the primary clinical treatments for EC. A recent review noted that surgical treatment remains the primary therapeutic approach for patients with EC[37]. Consequently, in our study, patients who did not undergo surgical treatment had poorer prognoses. Notably, other treatment modalities, such as immunotherapy, chemotherapy, and radiotherapy, can also effectively prolong survival time and improve the quality of life of patients. Moreover, targeted therapy had a limited influence on the OS of EC patients in our study and warrants further investigation.

Because all of the above factors are easily measured in the clinical setting, our model is clinically practical. Another practical contribution of our model is the creation of an accessible online calculator designed to aid clinicians in tailoring treatment plans through dynamic survival predictions at various time points. This tool aims to minimize the economic burden on patients while maximizing the model's utility in clinical settings.

However, our work is not without limitations. The exclusive use of data from a single medical institution and the absence of a broader prospective cohort study underline the need for further validation through larger-scale, multicenter research. Furthermore, the lack of imaging data in our study points to an area for future enhancement, potentially increasing the robustness of our findings.

## CONCLUSION

In conclusion, our comprehensive predictive model for EC patients, supported by an easy-to-use online calculator,



presents a novel approach to improving patient outcomes through personalized interventions.

## FOOTNOTES

**Author contributions:** Yu SS conceived and designed the study; Zheng X wrote initial drafts of the paper; Li XS handled the data collection and statistical analysis; Xu QJ, Zhang W, performed analysis and interpretation of statistics; Liao ZL and Lei HK designed the study, revised the article and final approval of the version to be published. All authors collectively designed the methods and experiments, read, and approved the final manuscript. Yu SS and Zheng X contributed equally to this work as co-first authors. Liao ZL works at Department of Gastroenterology, Chongqing University Cancer Hospital and found there was need for a more scientifically robust, systematic, and practical model that incorporates clinically significant indicators to support decision-making. Lei HK works at Chongqing Cancer Multi-omics Big Data Application Engineering Research Center, Chongqing University Cancer Hospital and is mainly responsible for follow-up of cancer patients. For this reason, Liao ZL and Lei HK designed the study, revised the article and final approval of the version to be published. They are designated as co-corresponding authors.

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**Informed consent statement:** All study participants, or their legal guardian, provided informed written consent prior to study enrollment.

**Conflict-of-interest statement:** We have no financial relationships to disclose.

**Data sharing statement:** The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

**CONSORT 2010 statement:** The authors have read the CONSORT 2010 Statement, and the manuscript was prepared and revised according to the CONSORT 2010 Statement.

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Randomized Controlled Trial

# Effects of Shenqi Xiangyi granules in advanced gastric cancer chemotherapy

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## Abstract

### BACKGROUND

Owing to the absence of specific symptoms in early-stage gastric cancer, most patients are diagnosed at intermediate or advanced stages. As a result, treatment often shifts from surgery to other therapies, with chemotherapy and targeted therapies being the primary options for advanced gastric cancer treatment.

### AIM

To investigate both treatment efficacy and immune modulation.

### METHODS

A total of 116 patients with advanced gastric cancer, admitted from January 2021 to December 2023, were selected and divided into two groups of 58 each using the random number table method. The control group received FOLFOX4 chemotherapy (oxaliplatin + calcium + folinate + 5-fluorouracil) combined with intravenous sindilizumab. The observation group received the same treatment as the control group, supplemented by oral administration of Senqi Shiyiwei granules. Both groups underwent treatment cycles of 3 weeks, with a minimum of two cycles. The therapeutic efficacy, immune mechanisms, and treatment-related toxicity and side effects were compared between the groups.

### RESULTS

The objective remission rate in the observation group (55.17%) was higher than that of the control group (36.21%) ( $P < 0.05$ ). After two treatment cycle, CD3+, CD4+, and CD4+/CD8+ levels were higher in the observation group compared to the control group, while CD8+, regulatory T cells, and natural killer cells were lower ( $P < 0.05$ ). Additionally, the incidence of leukopenia, nausea, and vomiting was lower in observed group ( $P < 0.05$ ). No significant differences were observed

in the incidence of other adverse reactions ( $P > 0.05$ ).

## CONCLUSION

Adjuvant therapy with Shenqixian granules may enhance the efficacy of simudizumab combined with FOLFOX4 chemotherapy in advanced gastric cancer and the immune function by increasing immune cell counts, making it a valuable option in clinical treatment.

**Key Words:** Sindilizumab; FOLFOX4 chemotherapy; Advanced gastric cancer; Ginseng Qi Xiangyi granule; Clinic treatment

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**Core Tip:** Reasonable and effective treatment with traditional Chinese medicine is crucial for patients with advanced cancer, especially those receiving chemotherapy and targeted therapy.

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## INTRODUCTION

Gastric cancer is a highly prevalent malignant tumor worldwide, characterized by incidence, morbidity, and mortality rates. Statistical investigations have shown that the survival and cure rates of patients with gastric cancer are closely associated with the tumor stage, pathological type, treatment method, and the patient's overall health status. For patients with early-stage gastric cancer, the 5-year survival rate can reach 95% or > 98% after surgery[1]. However, because of the insidious onset of gastric cancer in its early stages and the lack of significant clinical symptoms, patients are diagnosed at advanced stages, making treatment more challenging. Chemotherapy-based integrated programs are the treatment of choice for patients with advanced gastric cancer.

Chemotherapy is a cornerstone in the clinical management of advanced gastric cancer, with the FOLFOX4 regimen (oxaliplatin + calcium folinic acid + 5-fluorouracil) being a commonly used protocol. However, it is associated with adverse reactions, negatively affecting the patient's immune function, and prolonged use can lead to resistance[2]. Recently, targeted drugs have been widely utilized in cancer treatment, with sindilizumab being a commonly used agent to enhance the body's immune system and exert anti-tumor effects. It has demonstrated improved outcomes and has been clinically accepted[3]. However, immunosuppression persists in patients during the treatment. Chemotherapy, targeted therapy, and other therapies can lead to a deficiency positive qi in patients, allowing external evils to invade the body and block the meridians. This results in a deficiency of qi and blood, ultimately weakening of organs[4]. Therefore, based on the basic patho-mechanism of positive qi deficiency and blood stasis obstruction in patients with advanced gastric cancer, the treatment approach emphasizing strengthening the spleen, tonifying qi, and promoting blood circulation is proposed.

Ginseng astragalus 11 flavor granules are a kind of Chinese herbal preparation with significant therapeutic effects on various cancers. They tonify the spleen and enhance qi, primarily used in clinical practice to address the symptoms of weakness, particularly limb weakness resulting from the spleen and qi deficiency[5]. Recent studies have demonstrated the effectiveness of Radix astragali decylenic granules. However, the potential of Radix astragali decylenic granules in the adjuvant treatment of advanced gastric cancer to improve patient outcomes and immune function warrants further clinical investigation. This study analyzed the recent efficacy of adjuvant treatment with Radix Astragali Decima Granules in patients with advanced gastric cancer treated with sindilizumab combined with FOLFOX4 chemotherapy and explored its effect on the immune function. The finding aim to provide theoretical guidance for the use of Traditional Chinese medicine (TCM) in treatment of advanced gastric cancer.

## MATERIALS AND METHODS

### Participants

A total of 116 patients with advanced gastric cancer admitted to the hospital between January 2021 and December 2023 were selected. This study was double-blinded with medication concealment for treating physicians and patients.

The inclusion criteria were as follows: (1) Patients diagnosed with gastric cancer[6]; (2) Classified as having advanced cancer with predicted survival > 3 months; (3) At least one measurable tumor lesion detectable *via* imaging techniques; and (4) Awareness of the study and signed the consent form. The exclusion criteria were as follows: (1) Extensive systemic metastases; (2) Combined acute and chronic infections; (3) A history of hematopoietic stem cell transplantation and primary immunodeficiency; (4) Other types of malignant tumors; and (5) Allergies to drugs.



## Treatment

The control group received FOLFOX4 chemotherapy comprising oxaliplatin (Qilu Pharmaceuticals, State Pharmaceutical Licence H20093127), IV, at a dose of 85 mg/m<sup>2</sup> for 120 minutes, day 1; Calcium folinic acid (Jiangsu Hengrui Pharmaceuticals, State Pharmaceutical Licence H20000584), IV, at a dose of 200 mg/m<sup>2</sup> for 120 minutes, day 1-2; and 5-fluorouracil (Southwest Pharmaceuticals, National Drug Licence H50020128), intravenous push at a dose of 400 mg/m<sup>2</sup> and continuous pumping at a dose of 600 mg/m<sup>2</sup> for 22 hours, day 1-2; this regimen was repeated every 3 weeks as one cycle. Sindilizumab (Xinda Bio-Pharmaceuticals, National Drug Standard S20180016) at a dose of 200 mg/dose was administered intravenously (day 1) every 3 weeks as one cycle. The observation group received the same basic treatment as the control group, with the addition of oral administration of Shenqi Xiangyiwei granules (Jiangxi Shanko Pharmaceuticals, State Pharmaceutical Approval Character Z10980002), 2 g in lukewarm water, three times a day, for 3 weeks for one cycle. Both groups underwent at least two treatment cycles.

## Observation indicators

**Immediate effects:** Efficacy was assessed after two cycles of treatment based on the solid tumor efficacy evaluation criteria[7]: Complete remission (CR): The lesion measurable by imaging had completely disappeared and was maintained for 4 weeks or more; partial remission (PR): The lesion measurable by imaging had shrunk by > 30% compared with the pretreatment period; stable disease (SD): The lesion measurable by imaging shrunk by < 30% or increased by < 20%; progression disease: Did not meet the SD criteria; and the objective remission rate is CR rate + PR rate.

**Immune function:** Venous blood samples (5 mL) were collected from patients before treatment and after two cycles of treatment, centrifuged for 10 minutes at 3000 r per minute, and the plasma was kept after centrifugation and preserved for examination. Flow cytometry (Beckman Coulter, United States) was used to detect T-lymphocyte sub-populations, including CD3+, CD4+, CD8+, and CD4+/CD8+ ratio. Regulatory T-cells (Tregs) and natural killer cells (NK) were also detected.

**Toxic and side effects:** According to the toxicity judgment criteria[8], adverse drug reactions were assessed with grades ranging from 1 to 4, including nausea and vomiting, leukocyte reduction, platelet reduction, and liver and kidney function impairments.

## Statistical analysis

Statistical analysis of the data within the study was performed using SPSS software (version 26.0). Measurement data were represented as mean  $\pm$  SD, and independent samples *t*-test was used when they met the normal distribution. Measurement data that did not meet the normal distribution, were represented as median and interquartile spacing (median, interquartile range), and the rank sum test was used. Counting data were expressed as percentage rate (%), and the  $\chi^2$  test was performed. A *P* value < 0.05 was considered statistically significant.

## RESULTS

### Objective response rates

Both the groups exhibited no significant difference in radiographic lesions (*P* > 0.05; Table 1).

### Immune responses

No difference was observed between the two groups before treatment (*P* = 0.05). After treatment, the two groups improved, and the improvement was greater in the observation group (*P* < 0.05), as presented in Table 2 and Table 3.

### Poison side reaction

The analysis revealed that the incidence of leukocyte reduction, nausea, and vomiting was lower in the observation group than in the control group (*P* < 0.05). However, there were no difference in the other indicators (*P* < 0.05), as shown in Table 4 and Table 5.

## DISCUSSION

Chemotherapy is the preferred treatment for advanced gastric cancer, with the FOLFOX4 regimen, in which fluorouracil disrupts the synthesis pathway of tumor cell DNA, blocks mitosis, inhibits the growth of tumor cells, and promotes apoptosis. Oxaliplatin is a non-specific cell cycle drug that impedes tumor cell progression, while leucovorin calcium can improve the anti-tumor effect of fluorouracil, further promoting tumor apoptotic effect[9]. However, chemotherapy alone has toxic effects, and its efficacy cannot meet clinical needs. Sindilizumab is a targeted drug commonly used in clinical practice. It improves the immune system of patients with cancer and enhances the T-cell-mediated killing of tumor cells in the body, promoting tumor cell apoptosis[10]. However, cindilizumab has some adverse effects, and its ability to mitigate chemotherapy-induced side effects is limited. According to TCM, patients with advanced gastric cancer develop heat poisoning and blood stasis due to the decline of visceral function and the deficiency of vital qi, and after a long time, qi, blood, and yang are unbalanced. Consequently, the toxic effects of chemotherapy further weakens body's vital qi,



**Table 1 Comparison of the recent effects between the two groups, *n* (%)**

| Group                           | CR       | PR         | SD         | PD        | Objective mitigation rate |
|---------------------------------|----------|------------|------------|-----------|---------------------------|
| Observation<br>( <i>n</i> = 58) | 5 (8.62) | 27 (46.55) | 23 (39.66) | 3 (5.17)  | 32 (55.17)                |
| Control ( <i>n</i> = 58)        | 1 (1.72) | 20 (34.48) | 29 (50.00) | 8 (13.79) | 21 (36.21)                |
| $\chi^2$                        |          |            |            |           | 4.204                     |
| <i>P</i> value                  |          |            |            |           | 0.040                     |

CR: Complete remission; PR: Partial remission; SD: Stable disease; PD: Progression disease.

**Table 2 Comparison of immune function indicators between the two groups before treatment (mean  $\pm$  SD)**

| Group                           | CD3 <sup>+</sup> (%) | CD4 <sup>+</sup> (%) | CD8 <sup>+</sup> (%) | CD4 <sup>+</sup> /CD8 <sup>+</sup> | Treg cell (%)   | NK cell (%)      |
|---------------------------------|----------------------|----------------------|----------------------|------------------------------------|-----------------|------------------|
| Observation<br>( <i>n</i> = 58) | 42.86 $\pm$ 4.86     | 26.95 $\pm$ 3.10     | 31.04 $\pm$ 2.08     | 0.87 $\pm$ 0.12                    | 5.80 $\pm$ 1.04 | 30.24 $\pm$ 4.85 |
| Control ( <i>n</i> = 58)        | 43.10 $\pm$ 4.96     | 27.05 $\pm$ 3.18     | 30.85 $\pm$ 2.12     | 0.88 $\pm$ 0.13                    | 5.76 $\pm$ 1.08 | 29.82 $\pm$ 4.90 |
| <i>t</i>                        | 0.263                | 0.171                | 0.487                | 0.430                              | 0.203           | 0.464            |
| <i>P</i> value                  | 0.793                | 0.864                | 0.627                | 0.668                              | 0.839           | 0.644            |

Tregs: Regulatory T-cells; NK cell: Natural killer cells.

**Table 3 Comparison of immune function indicators between the two groups after treatment (mean  $\pm$  SD)**

| Group                           | CD3 <sup>+</sup> (%)          | CD4 <sup>+</sup> (%)          | CD8 <sup>+</sup> (%)          | CD4 <sup>+</sup> /CD8 <sup>+</sup> | Treg cell (%)                | NK cell (%)                   |
|---------------------------------|-------------------------------|-------------------------------|-------------------------------|------------------------------------|------------------------------|-------------------------------|
| Observation<br>( <i>n</i> = 58) | 61.28 $\pm$ 5.84 <sup>a</sup> | 38.84 $\pm$ 3.58 <sup>a</sup> | 21.58 $\pm$ 2.08 <sup>a</sup> | 1.81 $\pm$ 0.18 <sup>a</sup>       | 2.08 $\pm$ 0.65 <sup>a</sup> | 21.26 $\pm$ 3.28 <sup>a</sup> |
| Control ( <i>n</i> = 58)        | 52.84 $\pm$ 5.80 <sup>a</sup> | 33.10 $\pm$ 3.48 <sup>a</sup> | 24.63 $\pm$ 2.12 <sup>a</sup> | 1.34 $\pm$ 0.14 <sup>a</sup>       | 3.07 $\pm$ 0.72 <sup>a</sup> | 24.95 $\pm$ 3.35 <sup>a</sup> |
| <i>t</i>                        | 7.809                         | 8.756                         | 7.821                         | 15.697                             | 7.773                        | 5.994                         |
| <i>P</i> value                  | < 0.001                       | < 0.001                       | < 0.001                       | < 0.001                            | < 0.001                      | < 0.001                       |

<sup>a</sup>*P* < 0.05.

Tregs: Regulatory T-cells; NK cell: Natural killer cells.

**Table 4 Comparison of the two toxic groups, *n* (%)**

| Group                        | White blood cell reduction |           | Platelet reduction |           | Liver and kidney function injury |           |
|------------------------------|----------------------------|-----------|--------------------|-----------|----------------------------------|-----------|
|                              | Level 1-2                  | Level 3-4 | Level 1-2          | Level 3-4 | Level 1-2                        | Level 3-4 |
| Observation ( <i>n</i> = 58) | 22 (37.93)                 | 0         | 18 (31.03)         | 0         | 13 (22.41)                       | 0         |
| Control ( <i>n</i> = 58)     | 31 (53.45)                 | 3 (5.17)  | 20 (34.48)         | 2 (3.45)  | 23 (39.66)                       | 0         |
| $\chi^2$                     | 4.971                      |           | 0.611              |           | 4.028                            |           |
| <i>P</i> value               | 0.026                      |           | 0.435              |           | 0.045                            |           |

exacerbating cancer-induced obstruction of the meridians. Therefore, based on the etiology and pathogenesis, TCM advocates invigorating the spleen and replenishing qi. Shenqi, known for nourishing blood and replenishing marrow-filling essence, has demonstrated significant adjuvant therapeutic effects in cancer treatment.

This study revealed that the recent objective response rate in the observation group was 55.17% higher than in the control group (36.21%; *P* < 0.05). This indicates that the efficacy of cindilizumab combined with FOLFOX4 chemotherapy can be further improved. The FOLFOX4 chemotherapy regimen inhibits the proliferation of tumor cells, promotes apoptosis, and, when combined with cinalimmab, alleviates the state of immune suppression by activating T cells in the body and then exerting the killing ability of immune cells to tumor cells, improving antitumor effect[11]. Simultaneously,

Table 5 Comparison of the two toxic groups, *n* (%)

| Group                        | Nausea and vomiting |           | Hand-foot syndrome |           | Senses the abnormalities in peripheral nerves |           |
|------------------------------|---------------------|-----------|--------------------|-----------|-----------------------------------------------|-----------|
|                              | Level 1-2           | Level 3-4 | Level 1-2          | Level 3-4 | Level 1-2                                     | Level 3-4 |
| Control ( <i>n</i> = 58)     | 21 (36.21)          | 1 (1.72)  | 3 (5.17)           | 0         | 6 (10.34)                                     | 0         |
| Observation ( <i>n</i> = 58) | 33 (56.90)          | 3 (5.17)  | 5 (8.62)           | 0         | 9 (15.52)                                     | 0         |
| $\chi^2$                     | 6.759               |           | 0.134              |           | 0.689                                         |           |
| <i>P</i> value               | 0.009               |           | 0.714              |           | 0.406                                         |           |

combined with Shenqi granules, Chinese ginseng can replenish qi, invigorate qi, astragalus, nourish yang yi wei, nourish the kidney, nourish blood, angelica, nourish qi and blood, nourish water dampness, heat release, remove turbidity and reduce fat, relieve cold, remove wind, and relieve pain; cassia, barberry wolfberry and kidney, warm antler and kidney yang eliminate blood and swelling; silk, nourish the liver and kidney, solid essence, and reduce urine. Therefore, the prescription emphasizes strengthening the body's constitution and eliminating harmful elements, which helps restore the function of the spleen and stomach and modulate the tumor microenvironment. This synergistic approach can enhance the treatment of advanced gastric cancer and improve short-term therapeutic outcomes.

Tumors arise from dysplasia of normal cell, which invades surrounding tissues and impairs the immune function of patients. In advanced stages, patients often suffer from chronic illness, with reduced spleen and stomach functions, leading to weakened immunity and decreased tolerance to treatment[12]. T lymphocyte subsets are important factors that reflect the human immune system and participate in human immune regulation. Treg cells have the role of maintaining immune tolerance and immune homeostasis, inhibiting the activity of other immune cells, and avoiding excessive reaction of the immune system, as well as antiviral infection and immune regulation, which can identify target cells and kill mediators[13]. Owing to the widespread immunosuppressive state in patients with tumors, immune function is impaired, and the immune regulation system is destroyed, resulting in reduced levels of CD3+ and CD4 and increased CD8+, Treg, and NK cells. Meng *et al*[14] confirmed that Peiyuan Yiqi soup can alleviate the symptoms of gastric cancer and enhance immune function. This indicates that TCM prescriptions are important for improving the immune function of patients with malignant tumors. However, compared with Shenqi Shiyi granules, Chinese medicine decoction is not convenient enough, and some patients cannot bear the taste of the Chinese medicine decoction; therefore, the feasibility of its application in clinical practice was confirmed again.

This study found that after treatment, the improvement of all immune cells in the observation group was higher than that in the control group. Han *et al*[15] reported that the combined chemotherapy regimen of Shenqi can significantly improve the immune function of patients with advanced colorectal cancer. These results indicate that it can improve the immune function of patients with advanced gastric cancer. Sindilimumab can increase the number of immune cells in patients, relieve immunosuppression, and restore immune responses in the human body, thereby improving immune function. However, Chen *et al*[16] revealed that there is no considerable difference between the tumor immune microenvironment and chemotherapy after neoadjuvant cisplatin treatment, which may be attributed to variations in the treatment cycle and individual patient differences. Therefore, the efficacy of cisplatin-based immunotherapy remains debatable.

Modern pharmacological research has shown that ginseng can increase the number of white blood cells, improve immune function, inhibit the proliferation of tumor cells, and promote the apoptosis of tumor cells in the human body. Ratan *et al*[17] revealed that ginseng has the regulation of human immune function and plays antiviral, antibacterial, and other roles. Astragalus has a significant effect on immune disorders, cancer, and other diseases, which can promote the proliferation of hematopoietic stem cells, repair the damage of bone marrow cells, and improve the body's immune function. Sheik *et al*[18] found that astragalus can regulate the immune system during drug treatment; its polysaccharide, methanoside, and other components have significant potential anticancer activity[18,19]. Therefore, treatment with Shenqi Shiyiwei granules can activate the immune response in the human body and inhibit the immune escape of tumor cells, thus improving immune function. Moreover, the study demonstrated that the incidence of leukocyte reduction, nausea, and vomiting was lower in the treatment group than in the control group ( $P < 0.05$ ). Treatment is helpful to further improve the immune response of patients, reduce the tumor load, and regulate the blood system to reduce the toxicity and side effects of drug treatment to a certain extent. Previous studies have demonstrated the therapeutic effects of TCM on gastric cancer. Previous studies demonstrated that the treatment of Yianpi Huayu in patients with gastric cancer effectively improved their quality of life, increased the number of immune cells, and improved their immunotherapy. Treatment with Shenqi Xiangyi granules in this study also exhibited its effects on improving immune function.

This study had some limitations. First, the sample size of 116 patients was relatively small, which may limit the generalizability of the results. Additionally, the follow-up duration was restricted to two treatment cycles. Thus, the study mainly focused on the immediate effects after these two cycles and lacked an assessment of long-term outcomes, such as progression-free survival, overall survival, or long-term immune recovery. Future studies should include longer follow-up periods to capture data on long-term survival and quality of life. Second, although the study reported some toxicity outcomes, such as leukopenia and nausea, it failed to provide a comprehensive toxicity profile. There is a lack of data on other potential side effects, including the impairment of liver and kidney function, fatigue, and gastrointestinal disturbances. A more comprehensive analysis of toxicity would provide a more accurate understanding of the treatment safety profiles. However, it is hoped that these limitations can be compensated for in future studies. Larger sample sizes

and longer follow-up periods can help obtain more accurate and generalizable results. A comprehensive assessment of toxicity can provide a more complete understanding of treatment safety and guide clinical decision-making.

## CONCLUSION

When patients with advanced gastric cancer are treated with cintilizumab combined with FOLFOX4 chemotherapy, it can modulate the immune system, improve immune function, enhance recent treatment outcomes, and reduce the toxic side effects of chemotherapy. This has significant implications for promoting the use of TCM in cancer treatment. However, the study had small sample size and only focused on short-term effects through immune mechanism, which may introduce bias results. Therefore, future studies should aim to expand the sample size, extend the observation period, and explore the treatment efficacy from multiple perspectives to provide more comprehensive evidence for the use of Shenqixian granules in advanced gastric cancer.

## FOOTNOTES

**Author contributions:** Shi XJ and Song Y contributed equally to this work; Shi XJ and Song Y designed the study; Shi XJ, Song Y, Liang XX, Chen T, Hao HY, Han X and Chen YN contributed to the analysis of the manuscript; Shi XJ, Song Y, Liang XX, Chen T, Hao HY, Han X and Chen YN involved in the data and writing of this article; Shi XJ and Song Y are jointly responsible for data collection, design research, and have made equal contributions to this article (so designated Shi XJ and Song Y as co first authors); All authors have read and approved the final manuscript.

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Basic Study

# Interleukin-17A facilitates tumor progression via upregulating programmed death ligand-1 expression in hepatocellular carcinoma

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## Abstract

### BACKGROUND

Hepatocellular carcinoma (HCC) is an inflammation-associated tumor with a dismal prognosis. Immunotherapy has become an important treatment strategy for HCC, as immunity is closely related to inflammation in the tumor microenvironment. Inflammation regulates the expression of programmed death ligand-1 (PD-L1) in the immunosuppressive tumor microenvironment and affects immunotherapy efficacy. Interleukin-17A (IL-17A) is involved in the remodeling of the tumor microenvironment and plays a protumor or antitumor role in different tumors. We hypothesized that IL-17A participates in tumor progression by affecting the level of immune checkpoint molecules in HCC.

### AIM

To investigate the effect and mechanism of action of IL-17A on PD-L1 expression and to identify attractive candidates for the treatment of HCC.

### METHODS

The upregulation of PD-L1 expression in HCC cells by IL-17A was assessed by reverse transcription PCR, western blotting, and flow cytometry. Mechanistic studies were conducted with gene knockout models and pathway inhibitors. The function of IL-17A in immune evasion was explored through coculture of T cells and HCC cells. The effects of IL-17A on the malignant biological behaviors of HCC cells were evaluated *in vitro*, and the antitumor effects of an IL-17A inhibitor and its synergistic effects with a PD-L1 inhibitor were studied *in vivo*.



## RESULTS

IL-17A upregulated PD-L1 expression in HCC cells in a dose-dependent manner, whereas IL-17A receptor knockout or treatment with a small molecule inhibitor diminished the PD-L1 expression induced by IL-17A. IL-17A enhanced the survival of HCC cells in the coculture system. IL-17A increased the viability, G2/M ratio, and migration of HCC cells and decreased the apoptotic index. Cyclin D1, *VEGF*, *MMP9*, and *Bcl-1* expression increased after IL-17A treatment, whereas *BAX* expression decreased. The combination of IL-17A and PD-L1 inhibitors showed synergistic antitumor efficacy and increased cluster of differentiation 8 + T lymphocyte infiltration in an HCC mouse model.

## CONCLUSION

IL-17A upregulates PD-L1 expression *via* the IL-17A receptor/phosphorylation-small molecule inhibitor against decapentaplegic 2 signaling pathway in HCC cells. Blocking IL-17A enhances the therapeutic efficacy of PD-L1 antibodies in HCC *in vivo*.

**Key Words:** Interleukin-17A; Programmed death ligand-1; Interleukin-17A receptor; Small molecule inhibitor against decapentaplegic 2; Hepatocellular carcinoma; Immunotherapy

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**Core Tip:** Overexpression of programmed death ligand-1 (PD-L1) on tumor cells promotes cancer immune escape through inhibiting T cell function. Interleukin-17A (IL-17A) can increase the expression of PD-L1 in tumor cells and promote tumor progression. However, related research in hepatocellular carcinoma (HCC) is scarce. We clarified a novel mechanism by which IL-17A upregulated PD-L1 expression in HCC cells by the IL-17A receptor/phosphorylation-small molecule inhibitor against decapentaplegic 2 axis. IL-17A could drive immune escape and promote proliferation, migration, and angiogenesis of HCC cells while inhibiting the apoptosis of HCC cells. IL-17A inhibition enhanced the therapeutic efficacy of the PD-L1 antibody in HCC *in vivo*.

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## INTRODUCTION

Hepatocellular carcinoma (HCC) is the fifth most common cancer worldwide[1]. Most patients are diagnosed at an advanced stage, which is associated with a higher mortality rate[1]. The major HCC guidelines recommend immune checkpoint blockade (ICB) as a first- or second-line therapy for the treatment of patients with cancer. However, the effective rates of ICB monotherapy vary only from 15% to 23% and increase to approximately 30% after combined treatment in patients with advanced HCC[2]. The tumor immune microenvironment (TME) aggressively promotes the progression of HCC and adversely affects the efficacy of antitumor therapies. Inflammatory factors and immune checkpoint molecules are two critical components of the TME. Inflammatory factors can facilitate tumor immune evasion and tumor progression[3]. The aberrant activation of some inflammatory pathways is a significant cause of the limited efficacy of ICB in HCC[4].

Programmed death ligand-1 (PD-L1) is typically overexpressed on cancer cells and is correlated with a poor prognosis in patients with HCC[5]. The overexpression of PD-L1 on tumor cells not only promotes cancer cell immune escape by inhibiting T cell function[6] but also promotes tumor development signals[7]. The expression of PD-L1 on HCC cells can be upregulated by inflammatory factors[8], oncogenic pathways[9], and transcriptional regulators[10].

Interleukin-17A (IL-17A) plays a protumor or antitumor role *via* different signaling pathways in various types of TMEs, as shown in previous studies[11-14]. IL-17A is a double-edged sword in the tumor microenvironment. Increasing evidence suggests that IL-17A exerts a tumor-promoting effect through PD-L1. IL-17A may also contribute to creating an immunosuppressive tumor microenvironment by enhancing PD-L1 expression in colon and prostate tumors[15]. IL-17A reduces PD-L1 degradation and promotes tumorigenesis in non-small cell lung cancer[16]. IL-17A elevates PD-L1 levels on mesenchymal stem cells *via* inducible nitric oxide synthase and accelerates tumor development[17]. IL-17A therefore has a protumor effect on HCC. Future studies will explore whether IL-17A promotes HCC progression in a PD-L1-dependent manner.

Growing evidence has shown that the limited efficacy of immunotherapy is closely related to tumor-associated chronic inflammation. Targeting inflammation, including IL-17A, as an adjuvant therapy to increase the therapeutic effectiveness of ICBs is one potential treatment approach. Patients with colorectal cancer could benefit from cancer immunotherapy consisting of anti-IL-17 monoclonal antibodies as an adjuvant therapy[18]. However, Liao *et al*[16] reported conflicting

results that targeting IL-17A and PD-L1 diminishes the therapeutic effect of PD-L1 inhibitors in lung cancer. Other studies reported that IL-17A itself could increase the efficacy of immunotherapy in gastric cancer[19], and breast adenocarcinoma [20]. The results of multiple studies are inconsistent and might be related to the heterogeneity of the TME. IL-17A plays a protumor role in alcohol-induced HCC[21], but its implications for ICB in HCC and the underlying mechanisms remain elusive.

Our previous study revealed a positive correlation between the levels of IL-17A and soluble PD-L1 in the plasma of HCC patients. IL-17A was also associated with tumor load and tumor invasiveness in that study. The specific role of IL-17A in HCC development and the mechanism by which PD-L1 expression is upregulated require further exploration. Given the possible effect of IL-17A on PD-L1, we hypothesized that blocking IL-17A might sensitize HCC cells to ICB. To investigate this hypothesis, we examined the phenotypic changes in HCC cells after IL-17A treatment and the potential signaling pathway by which IL-17A regulates PD-L1 expression. Our study also evaluated the therapeutic efficacy of an IL-17A inhibitor combined with a PD-L1 inhibitor in a syngeneic model.

## MATERIALS AND METHODS

### Cell culture and reagents

The human HCC cell lines HCCLM3, Huh7, and Hep3B and the mouse HCC cell line Hepa1-6 were purchased from the American Type Culture Collection (Manassas, VA, United States). Cells were cultured in Dulbecco's Modified Eagle's Medium (HyClone, Cytiva, United States) supplemented with 10% fetal bovine serum (HyClone, Cytiva, United States) and 100 U/mL penicillin/streptomycin. All cells were cultured at 37 °C with 5% carbon dioxide in a humidified incubator.

Recombinant human IL-17A (No. 7955-IL-025) was obtained from R and D Systems. Transforming growth factor (TGF)-beta signal pathway inhibitor (ITD-1) (S6713), an IL-17A inhibitor (a2120), and a PD-L1 inhibitor (a2115) were obtained from Selleck Chemicals. Anti-PD-L1 (ab213480) and anti-IL-17A receptor (IL-17RA) (ab263908) antibodies were purchased from Abcam. Anti-GAPDH was purchased from Bioworld, and anti-small mothers against decapentaplegic 2 (SMAD2) (AF1300), anti-phosphorylation-SMAD2 (AF2545), anti-Bcl-2 (AF0060), anti-cyclinD1 (AF1516), anti-Ki67 (AF1738), and 5, 6-carboxyfluorescein diacetate, succinimidyl ester (C1031) were purchased from Beyotime Biotechnology. Anti-BAX (No. 9664) was obtained from Cell Signaling Technology, and anti-VEGF (ET1604-28) and anti-MMP9 (ET1704-69) were purchased from HUABIO. Anti-PD-L1 (mouse, 66248-1), anti-IL-17A (mouse 26163-1-AP), and PD-L1 ELISA kits were obtained from Protein tech. A cell counting kit 8 kit (K1018) was purchased from APExBIO. Annexin V-FITC/PI apoptosis detection kits (E-CK-A211) and anti-PD-L1 (FCM), anti-PD-1 (FCM), anti-cluster of differentiation (CD) 8 (FCM), and IL-17A ELISA kits were purchased from Elabscience Biotechnology. Recombinant human IL-2, anti-human CD3 (317325), and anti-human CD28 (302933) antibodies were obtained from BioLegend.

### Mice

C57BL/6J mice (male, 4-5 weeks) were purchased from Cavens, Changzhou, China. The mice were housed in a specific pathogen-free environment at the Animal Research Center of Gansu University of Chinese Medicine and had access to adequate food and water. All mouse studies were performed according to protocols approved by the Animal Research Committee of Gansu University of Chinese Medicine.

### Western blotting analysis

The cells were cultured in 6-well plates with or without IL-17A. After 24 h, proteins were extracted in radioimmuno-precipitation assay lysis buffer containing protease and phosphatase inhibitors. Protein concentrations were assayed with a bicinchoninic acid protein assay kit. The proteins were boiled in loading buffer for 10 minutes after which proteins were separated by 10% gradient sodium dodecyl sulfate-polyacrylamide gel electrophoresis, transferred from the gel to polyvinylidene difluoride membranes, and blocked with QuickBlock™ Western for 30 min. The membranes were subsequently incubated with primary antibodies overnight at 4 °C and then incubated with secondary antibodies for 1 hour at room temperature. Protein expression was visualized *via* enhanced chemiluminescence detection reagents and an Amersham Imager 600 system (GE Healthcare, Boston, MA, United States). The results were analyzed using ImageJ2x software.

### Establishment of the IL-17RA knockout cell line

The IL-17RA knockout virus was constructed by Genechem Shanghai, and the sequences of the single guide RNAs against the IL-17RA knockout virus were as follows: (1) 5'-CCACAGTTGCTTTGAGCACAT-3'; (2) 5'-GCTGAACAC-CAAtgAACGTTT-3'; and (3) 5'-AGGAGAtgGTGGAGAGCAACT-3'. The viruses were subsequently used to infect Huh7 cells, and the cultured medium was replaced after 12 h. After 48 h, 1 µg/mL puromycin was added to select infected cells. IL-17RA knockout clones were identified by western blotting and quantitative reverse transcription PCR.

### RNA extraction and quantitative reverse transcription PCR

The cells were cultured in 6-well plates with or without IL-17A. RNAiso Plus reagent was used to extract total RNA. Then, 1 µg of total RNA was converted into complementary DNA *via* a reverse transcription kit. Quantitative PCR was performed on a CFX96 deep well real-time PCR system (Bio-Rad) with a reaction volume of 35 µL containing 7.7 µL of RNase-free water, 7 µL of complementary DNA, 1.4 µL of forward primer, 1.4 µL of reverse primer, and 17.5 µL of TB

green premix ex-Taq II. The 2- $\Delta\Delta$ ct method was used to determine the RNA expression level. PCR primers were purchased from Tsingke Biological Technology (Beijing, China). The sequences of primers used were as follows: (1) *PD-L1*, 5'-GGTGCCGACTACAAGCGAATTAC-3' (forward), 5'-GGAATTGGTGGTGGTGGTCTTAC-3' (reverse); (2) *IL-17A*, 5'-GAAAtgGCATCCAGGTCCATC-3' (forward), 5'-CCTAAATGGACAGGCGAGAG-3' (reverse); and (3) *GAPDH*, 5'-TGTGTCCGTCGTGGATCTGA-3' (forward), 5'-TTGCTGTGAAGTCGCAGGAG-3' (reverse).

### T cell coculture assay

Peripheral blood was obtained from healthy volunteers after which peripheral blood mononuclear cells were extracted according to the manufacturer's instructions (TBD Sciences, Tianjin, China). Peripheral blood mononuclear cells were placed in RPMI-1640 medium and incubated for 2 h. Then, the suspended cells were transferred to culture bottles and stimulated with IL-2 (1000 U/mL). Moreover, antibodies against CD3 (1  $\mu$ g/mL) and CD28 (2  $\mu$ g/mL) were added to the medium to stimulate T cell activation. The culture medium containing IL-2 (1000 U/mL) was replaced every 3 days. HCCLM3, Huh7, and Hep3B cells were labeled with carboxy fluorescein diacetate succinimidyl ester. Next, activated T cells were seeded into medium containing tumor cells (T cell to tumor cell ratio was 10:1) and cocultured with or without IL-17A (100 ng/mL) for 24 h. Finally, live tumor cells and CD8+ T cells were analyzed by flow cytometry.

### Cell viability assay

HCCLM3, Huh7, and Hep3B cells were seeded in 96-well plates ( $5 \times 10^3$  cells/well). IL-17A was diluted to gradient concentrations in serum-free Dulbecco's modified eagle medium. After the cells adhered to the wall, the medium was substituted with the prepared solution, and the cells were cultured for 24 h. Cell viability was tested *via* a cell counting kit 8 assay kit. The absorbance was measured at 450 nm using a microplate reader.

### Migration assay

Scratch wound and Transwell assays were used to measure the migration ability of the cells. Different cells were cultured in 6-well plates ( $5 \times 10^5$  cells/well) for the scratch test. The monolayer was scratched, and the detached cells were removed. The cells were cultured with or without IL-17A (100 ng/mL). The cells in each well were photographed at 0 h, 24 h, and 48 h after the scratch was generated. The area of wound healing was calculated according to the formula (migration area (%)) =  $(A_0 - A_n)/A_0 \times 100\%$ , where  $A_0$  represents the initial wound area and  $A_n$  represents the remaining area of the wound at the metering point).

For the Transwell assay,  $10 \times 10^5$  cells suspended in medium (200  $\mu$ L) without fetal bovine serum were incubated in the upper chamber, while complete medium (600  $\mu$ L) with or without IL-17A (100 ng/mL) was added to the lower chamber. After 24 h, the cells were fixed in 4% paraformaldehyde for 20 min and stained with 0.1% crystal violet for 30 min. Nonmigrating cells in the upper chamber were removed with a cotton swab. The number of migrating cells was calculated using ImageJ2x software.

### Flow cytometry

For the detection of apoptotic cells, HCC cells were cultured in 6-well plates with or without IL-17A (100 ng/mL). After 24 h, the cells were collected and resuspended in 500  $\mu$ L of staining buffer containing 5  $\mu$ L of Annexin VFITC and 5  $\mu$ L of propidium iodide. The cells were then incubated in the dark for 20 min after which apoptotic cells were detected by flow cytometry (Agilent, United States). The results were evaluated using NovoExpress software.

For cell cycle distribution analysis, HCC cells were collected and washed with PBS. The cells were then incubated with DNA staining solution and permeabilization solution for 30 min in the dark. The cell cycle distribution was determined by flow cytometry, and the data were analyzed using NovoExpress software.

For the detection of PD-L1, HCC cells were cultured in 24-well plates with or without IL-17A (100 ng/mL). After 24 h, the cells were collected and washed with PBS. The cells were then incubated with staining buffer and an anti-PD-L1 antibody for 30 min in the dark. Flow cytometry was used to detect PD-L1 expression on the cells.

For the detection of PD-1, T cells were collected after coculture with tumor cells and resuspended in staining buffer. An anti-PD-1 antibody was added to the buffer after which T cells were incubated for 30 min in the dark. Flow cytometry was used to detect PD-1 expression on the cells.

### In vivo efficacy studies

A total of  $1 \times 10^6$  Hepa1-6 tumor cells were injected subcutaneously into C57BL/6J mice ( $n = 9$ /group). When the tumors grew to 50 mm<sup>3</sup> to 100 mm<sup>3</sup> in size, the mice were randomly divided into the following groups: isotype control; the anti-IL-17A; the anti-PD-L1; and the combined groups. The antibodies (100  $\mu$ g/mouse) were intraperitoneally injected into the mice once every other day for 10 days. The length and width of the tumors were measured using electronic calipers every 2 days. The tumor volume was calculated as  $\text{length} \times \text{width}^2/2$ . The mice were sacrificed 24 h after the last treatment. The serum was collected by centrifugation at 3000 rpm for 10 min and prepared for ELISA. Tumor tissues were collected for flow cytometry and immunohistochemistry.

### ELISA detection

Serums PD-L1 and IL-17A levels were tested using ELISA kits according to the manufacturer's instructions. The standards and test samples were pipetted into 96-well plates and incubated at 37 °C. Biotinylated detection antibodies were added to each well, after which the plates were incubated, and unbound biotinylated antibodies were washed with washing buffer. The horseradish peroxidase-conjugated working solution was pipetted into each well. The plates were incubated, after which the wells were washed, and the substrate stop solution was added. The optical absorbance was

measured at 450 nm in a microplate reader (Thermo Scientific Varioskan Flash, MA, United States). The protein concentration was calculated according to the standard curves.

### Immunohistochemistry analysis

Paraffin-embedded tumor tissue was sectioned, and immunohistochemical staining was performed to detect PD-L1, IL-17A, and Ki67. The experimental procedures included deparaffinization, rehydration, antigen retrieval, endogenous peroxidase inactivation, nonspecific protein blocking, incubation with primary antibodies, and incubation with secondary antibodies. The slides were subsequently incubated with horseradish enzyme-labeled streptavidin working solution. Finally, the slides were successively stained with diaminobenzidine solution and hematoxylin. The negative control was performed by omitting the primary antibodies. The positive rate was evaluated ImageJ2x software.

### The Cancer Genome Atlas data analysis

RNA-seq data with standard annotations were downloaded from The Cancer Genome Atlas (TCGA), (<https://portal.gdc.cancer.gov/>). The data were analyzed using TCGA biolinks.

### Statistical analysis

Statistical analysis was conducted using statistical product and service solutions (v29.0, Chicago, IL, United States) and Graphpad Prism8.0.2. Comparisons between groups were performed *via t* tests or one-way analysis of variance. Correlation analysis was performed *via* Pearson's test or Spearman's test.  $P < 0.05$  indicated statistical significance.

## RESULTS

### IL-17A upregulated PD-L1 expression in a dose-dependent manner

IL-17A promoted the expression of *PD-L1* mRNA and PD-L1 protein in Hep3B, Huh7, and HCCLM3 cells in a dose-dependent manner (Figure 1A and B). Compared with the 0 ng/mL treatment, the 100 ng/mL treatment for 24 h significantly increased the PD-L1 level. The low doses of IL-17A were insufficient to regulate the transcript and protein levels of PD-L1 in HCC cells. Further verification of this upregulation effect was performed. Flow cytometric analysis also revealed that the expression of PD-L1 was greater in the IL-17A-100 ng/mL group than in the control group (Figure 1C). Therefore, we treated HCC cells with 100 ng/mL IL-17A for 24 h in this study.

### IL-17A reduced the killing effect of T cells on HCC cells

It is generally acknowledged that the overexpression of PD-L1 promotes the immune escape of tumor cells. To evaluate the PD-L1 activity induced by IL-17A, we performed a coculture assay, which consistently revealed that IL-17A increased the proliferation ability and decreased the death of tumor cells in the T cell and HCC cell coculture system (Figure 2A). Bar graphs revealed a significant difference between the two groups with or without IL-17A treatment (Figure 2B). The level of PD-1 on T cells was greater in the coculture system than on T cells cultured alone (Figure 2C). IL-17A had no effect on PD-1 levels in cocultured cells (Figure 2C).

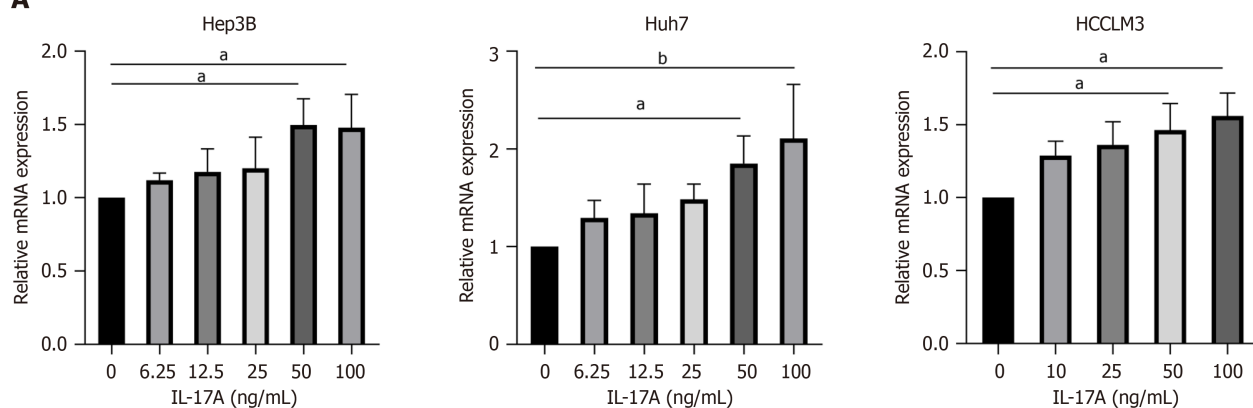
### IL-17A enhanced PD-L1 protein expression in HCC cells via the IL-17RA/p-SMAD2 signaling pathway

To further explore the possible mechanism by which IL-17A regulates the expression of PD-L1, blocking experiments were performed, and RNA-seq data from liver HCC samples ( $n = 374$ ) and nontumor samples ( $n = 50$ ) from the genomic data common were analyzed. The results of the TCGA database analysis revealed that *IL-17RA* and *SMAD2* expression increased in liver HCC samples compared with normal samples (Figure 3A). To determine the possible effect of IL-17RA on IL-17A-induced PD-L1 expression, we introduced lentivirus-mediated stable silencing of IL-17RA in Huh7 cells. The efficiency of IL-17RA knockdown is shown in Figure 3B and C. We investigated the effect of IL-17RA knockdown on PD-L1 expression. As shown in Figure 3D, the level of PD-L1 was not altered in the IL-17RA-knockdown group compared with the negative control (NC) group. Then, cells in which IL-17RA was stably silenced and control cells were treated with 100 ng/mL IL-17A for 24 h. Western blot analysis demonstrated that IL-17A-induced PD-L1 expression was inhibited by IL-17RA knockdown (Figure 3E). Therefore, the expression of PD-L1 in HCC cells may be regulated by the IL-17A/IL-17RA pathway.

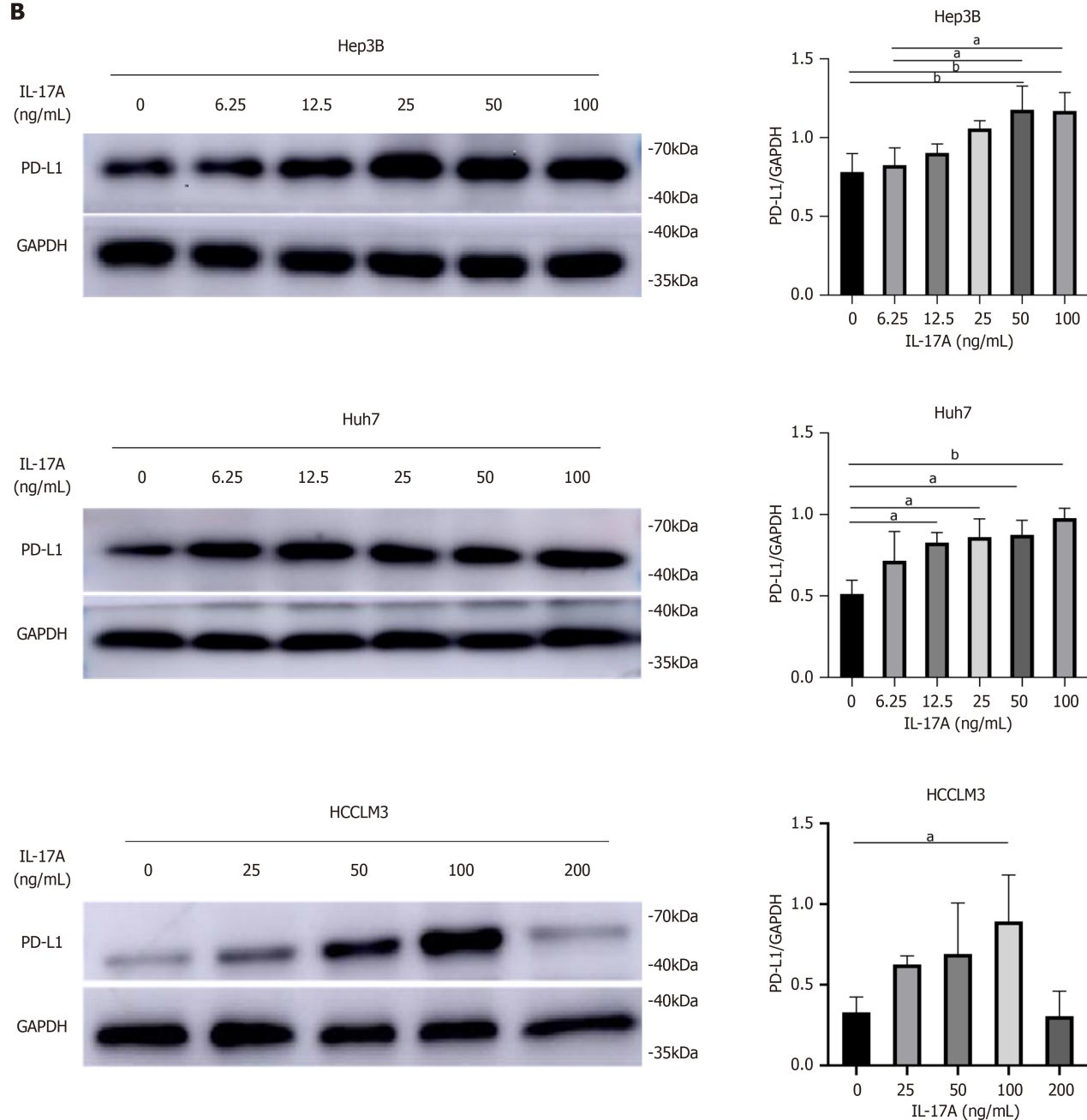
Western blotting revealed that IL-17A notably increased only the level of p-SMAD2 protein but did not affect the level of SMAD2 protein (Figure 3F). The ratio of p-SMAD2 to SMAD2 in the IL-17A-100 ng/mL group was greater than that in the control group (Figure 3F). Subsequent analysis revealed that the IL-17A-induced increase in PD-L1 expression was inhibited by pretreatment with ITD-1 (an inhibitor of Smad2 phosphorylation) (Figure 3G). The dose of ITD was determined according to the cell viability inhibitory concentrations (IC50 values) established by the cell counting kit-8 assay (Supplementary Figure 1). However, further studies are needed to verify whether IL-17A binds to IL-17RA to directly or indirectly regulate p-SMAD2 expression. The cells in the IL-17RA-knockdown and NC groups were treated with IL-17A. The protein levels of SMAD2 and p-SMAD2 were tested *via* western blotting. The ratio of p-SMAD2 to SMAD2 in the IL-17RA-knockdown group was lower than that in the NC group (Figure 3H). Together, these findings suggest that the upregulation of PD-L1 expression by IL-17A may be mediated through the IL-17RA/p-SMAD2 signaling pathway.



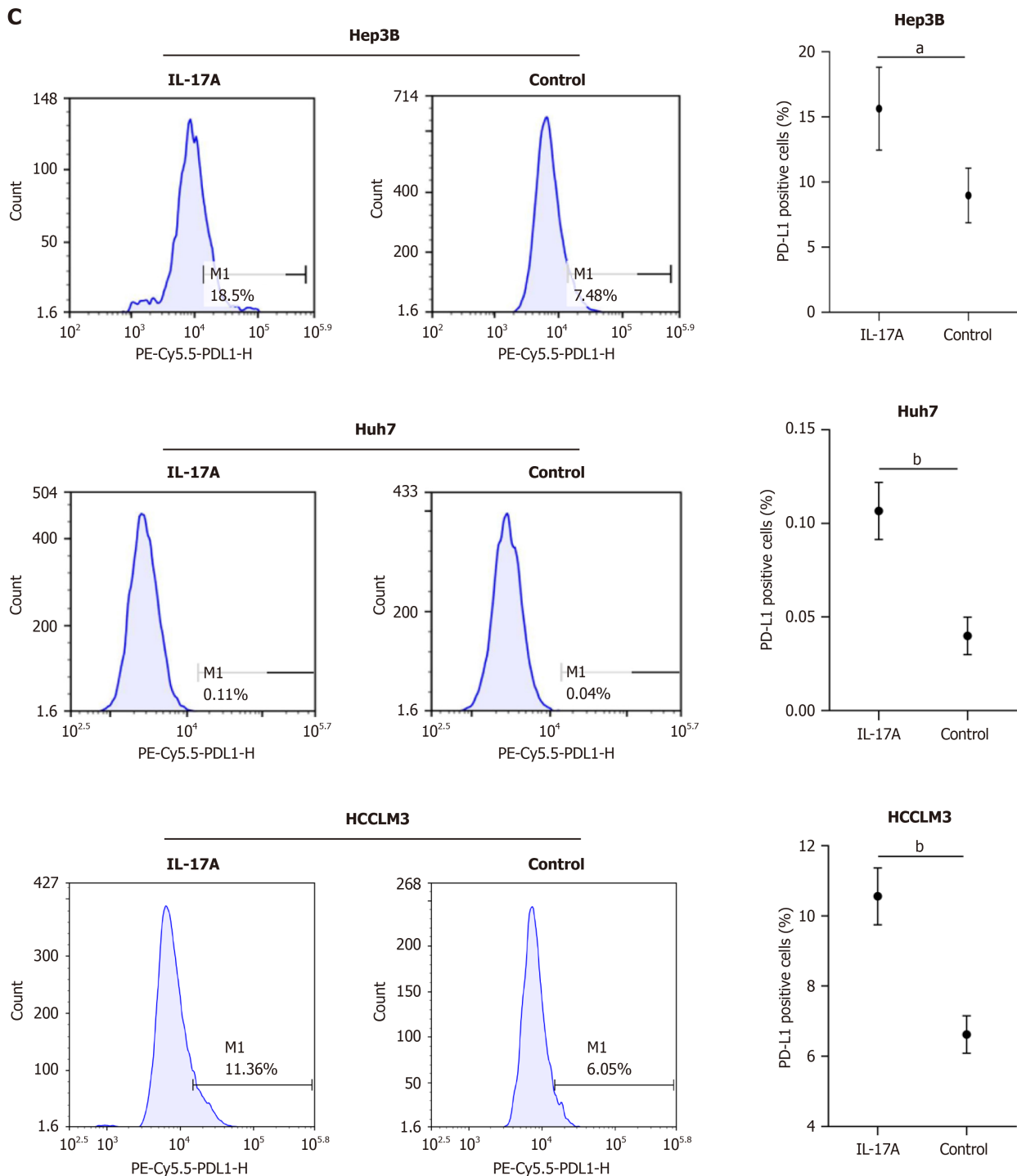
**A**



**B**





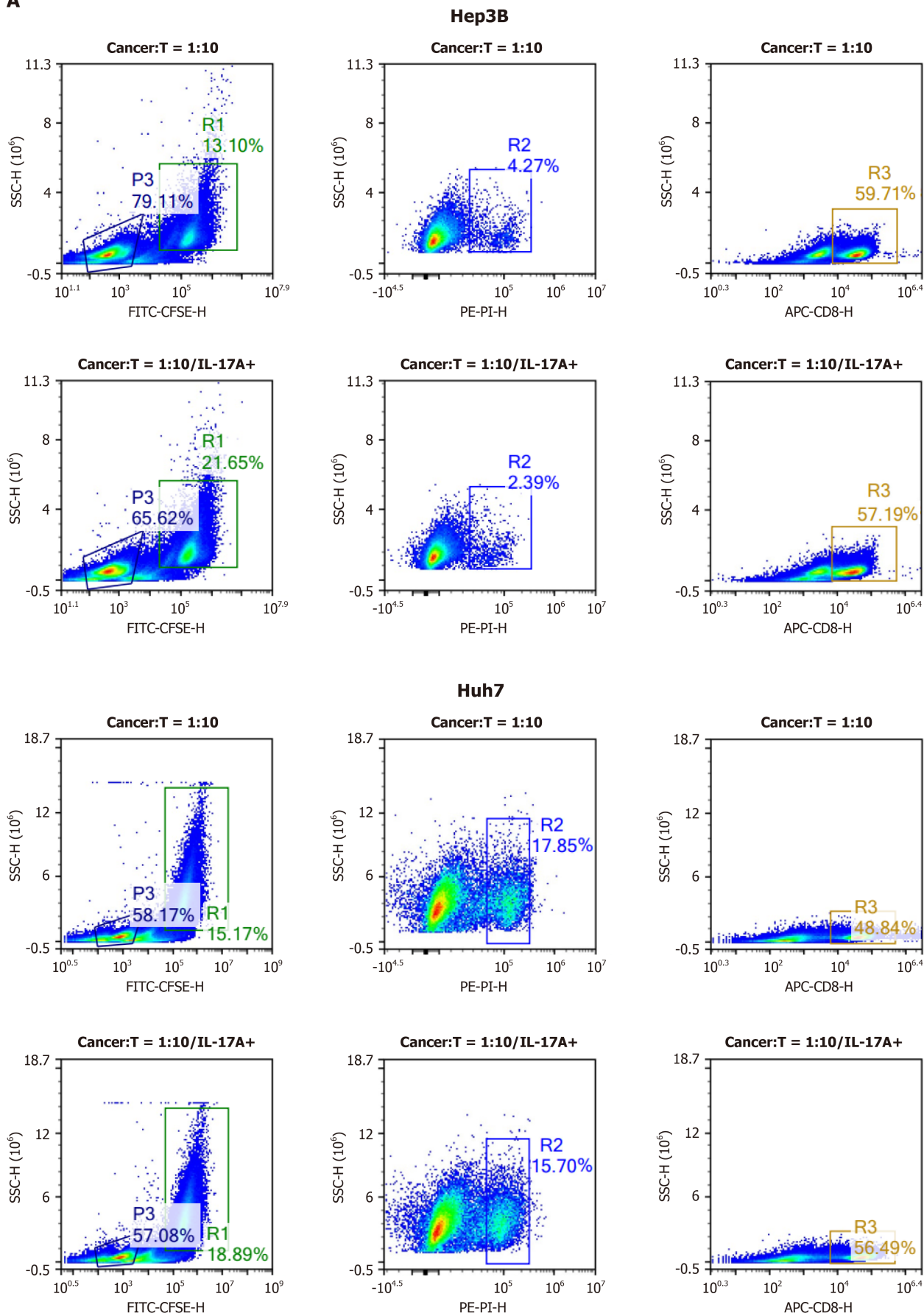


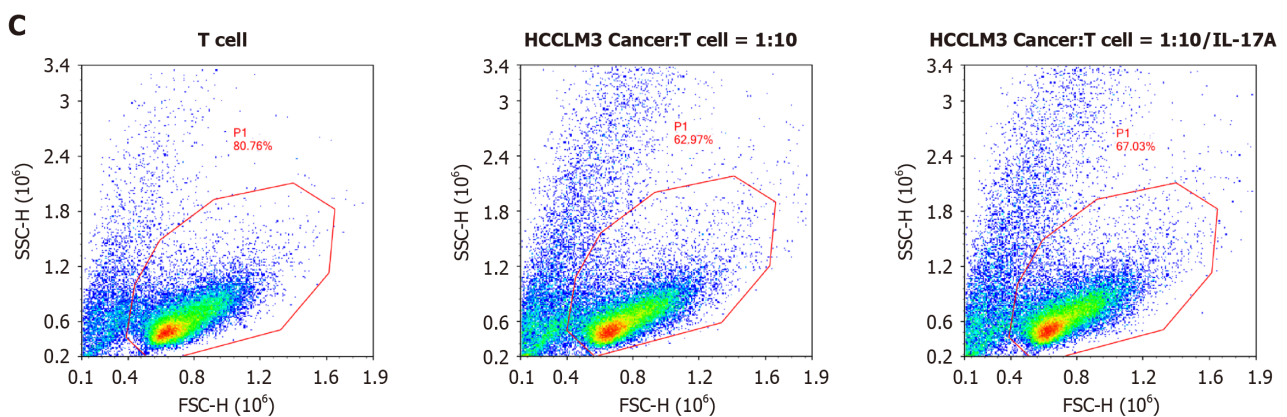
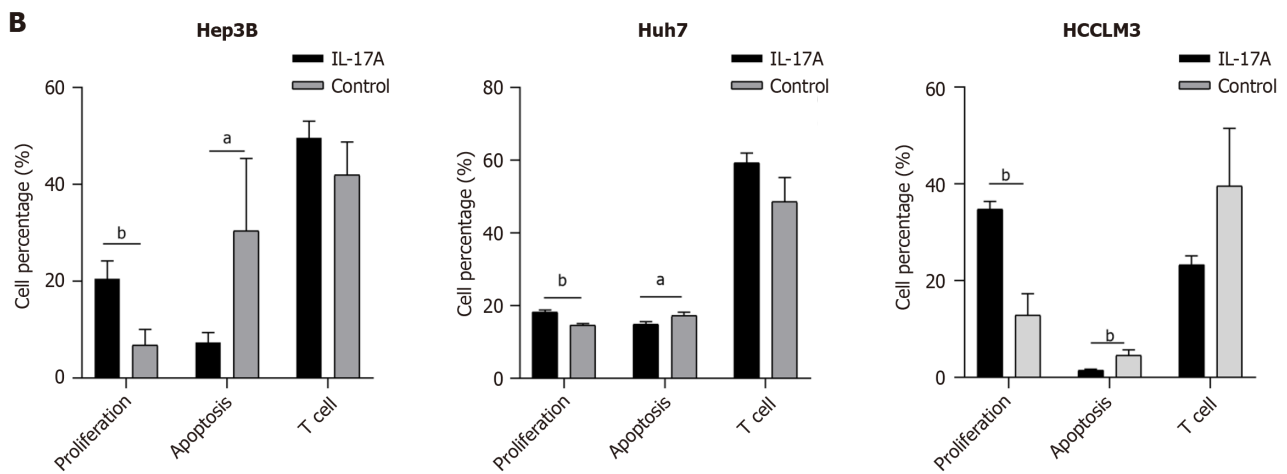
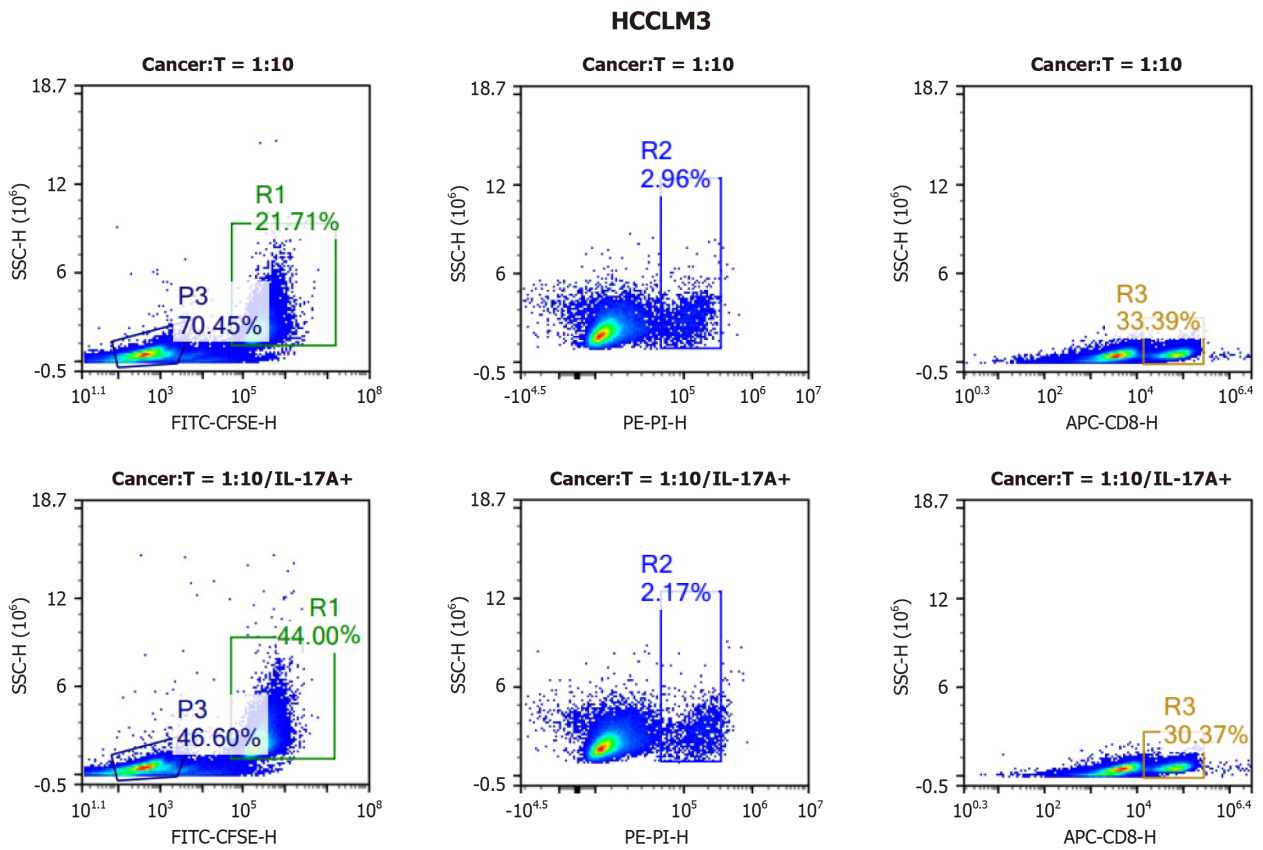
**Figure 1 Interleukin-17A regulated programmed cell death ligand-1 expression at the RNA and protein levels in a dose-dependent manner.** A: Programmed cell death ligand-1 (PD-L1) mRNA levels were detected by reverse transcription PCR in hepatocellular carcinoma (HCC) cells after treatment with different concentrations of interleukin-17A (IL-17A) for 24 h; B: PD-L1 protein levels were determined by western blotting in HCC cells after treatment with different concentrations of IL-17A for 24 h; C: PD-L1 protein levels in HCC cells were tested by flow cytometry after treatment with 100 ng/mL IL-17A for 24 h. <sup>a</sup>*P* < 0.05; <sup>b</sup>*P* < 0.01. PE: Phycoerythrin.

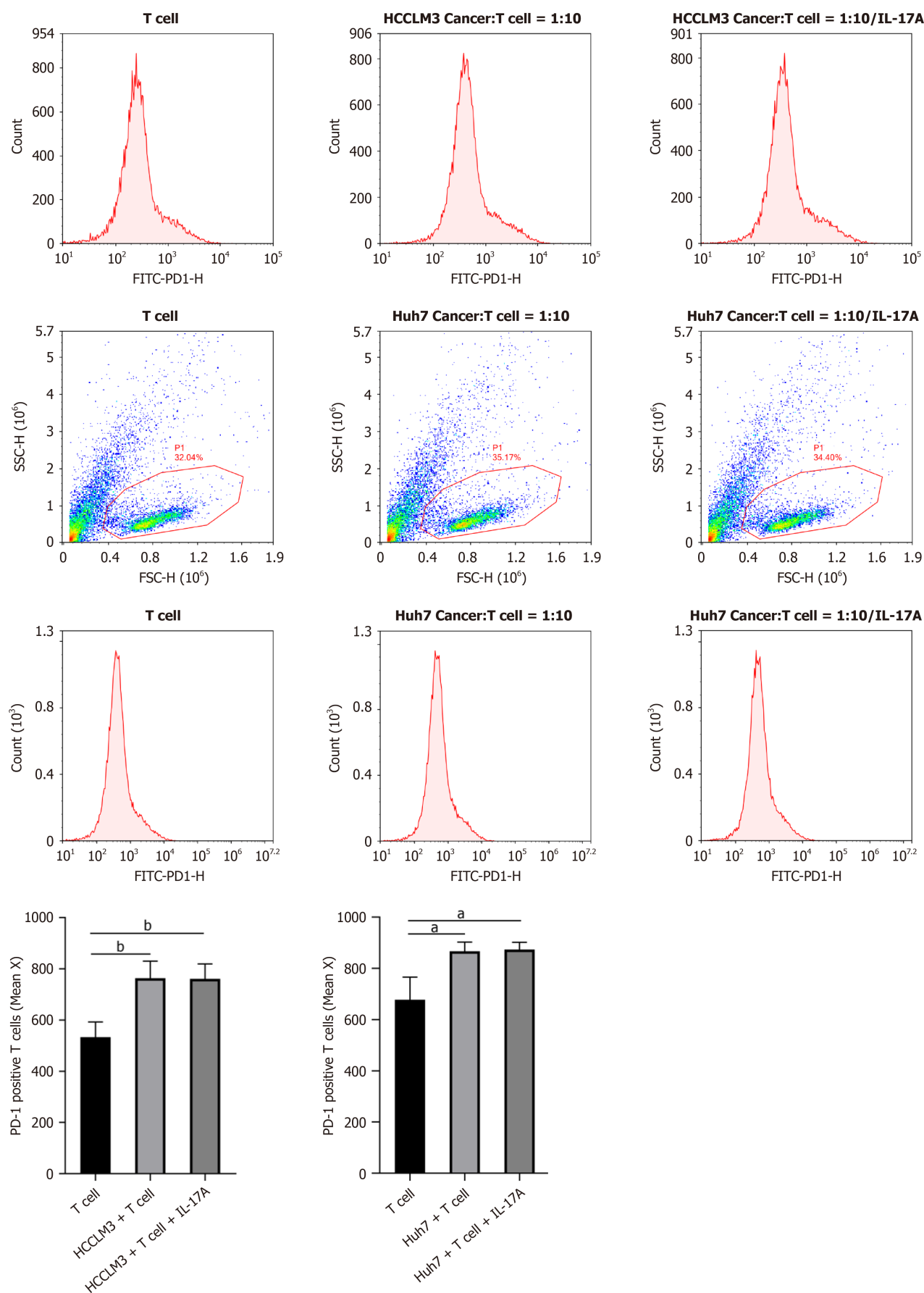
### IL-17A facilitated HCC cell proliferation, migration, and angiogenesis

The proliferation abilities of the HCC cells were analyzed, and growth curves were generated. The viability of HCC cells increased significantly after IL-17A treatment for 24 h (Figure 4A). Notably, even with prolonged incubation, IL-17A did not exert a sustained effect on the proliferation of HCC cells (Figure 4A). As expected, further experiments confirmed that IL-17A could promote HCC cell proliferation. Flow cytometry analysis revealed that, compared with the control, IL-17A greatly increased the proportion of HCC cells in G2/M phase (Figure 4B). The effect of IL-17A on the protein expression of CyclinD1 in HCCLM3, Huh7, and Hep3B cells was subsequently observed by western blotting. The results revealed that IL-17A increased the level of CyclinD1 in these cells (Figure 4C).

**A**

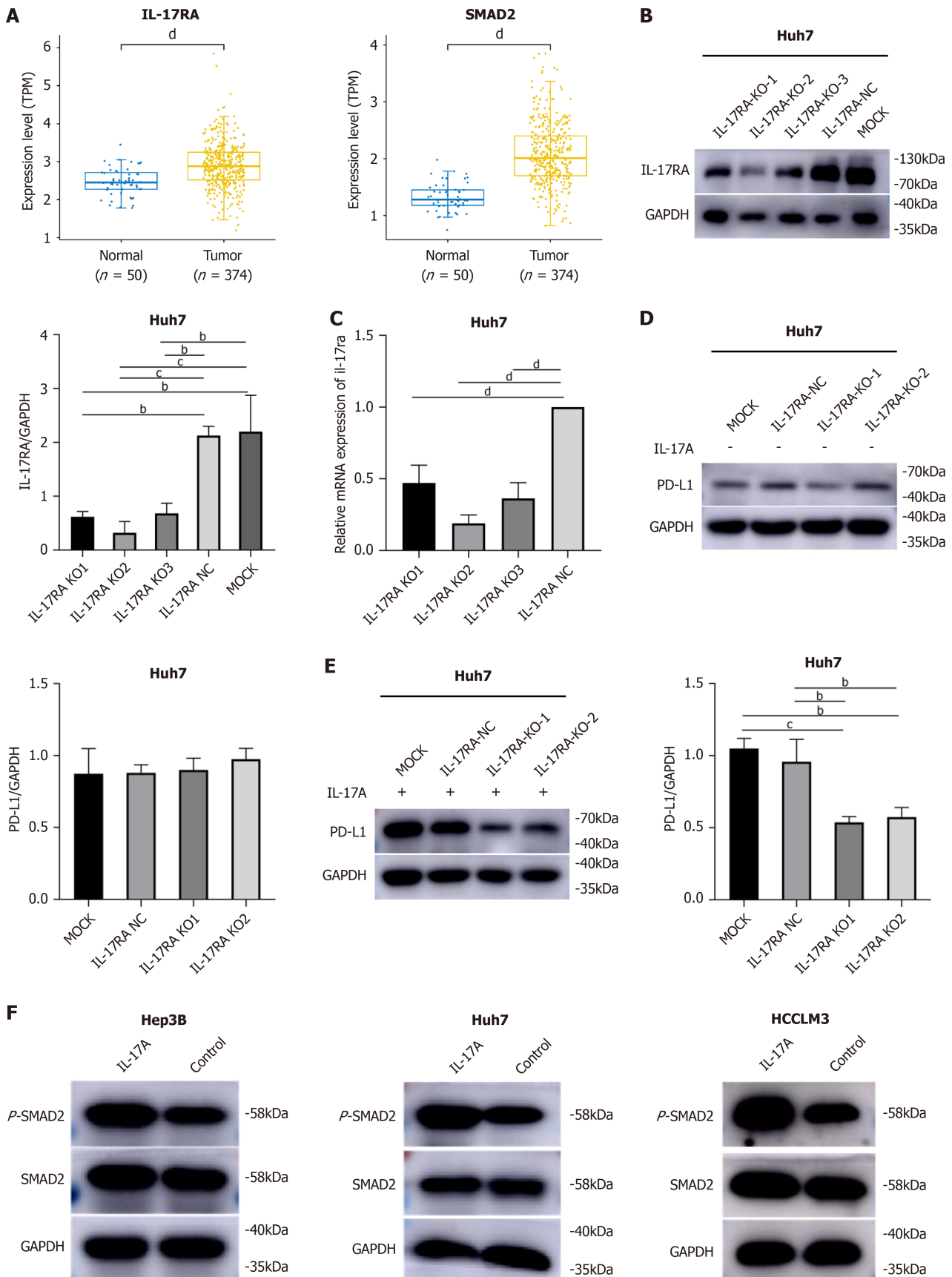




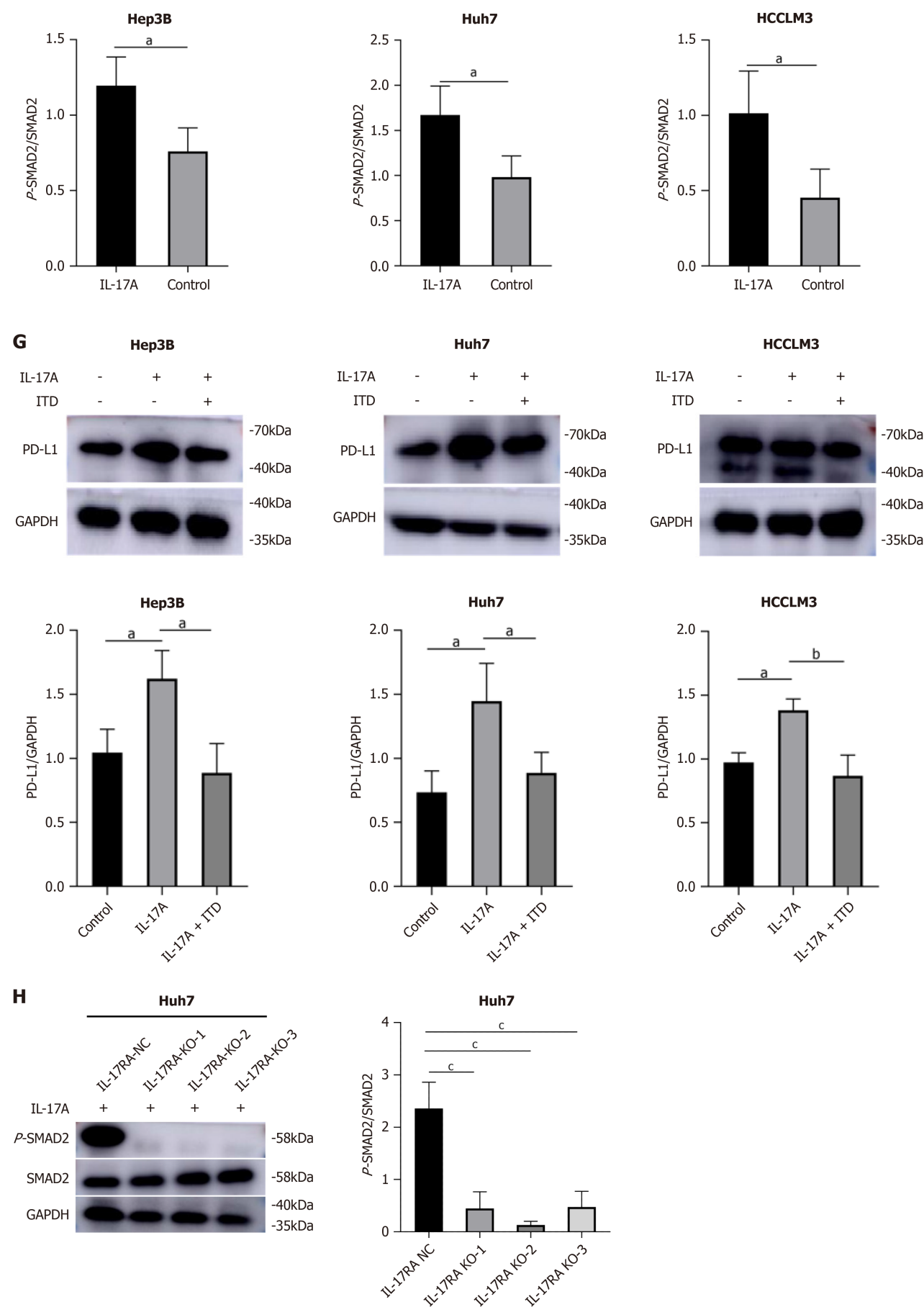


**Figure 2** Interleukin-17A weakened the killing effect of T cells on hepatocellular carcinoma cells. A: Hepatocellular carcinoma cell proliferation and apoptosis were tested by flow cytometry after coculture with or without interleukin-17A (IL-17A) for 24 h. The number of T cells was ten times greater than the number of tumor cells; B: Histogram showing the percentage of proliferating and apoptotic hepatocellular carcinoma cells and the percentage of T cells in the coculture model;

C: The expression of programmed death-1 on T cells in coculture models. <sup>a</sup> $P < 0.05$ ; <sup>b</sup> $P < 0.01$ ; <sup>c</sup> $P < 0.001$ . APC-CD8-H: Allophycocyanin-cluster of differentiation 8-height; FITC-CFSE-H: Fluorescein isothiocyanate-carboxy fluorescein diacetate succinimidyl ester-height; FITC-PD1-H: Fluorescein isothiocyanate-programmed cell death 1-height; FSC-H: Forward scatter-height; PE-PI-H: Phycoerythrin-propidium iodide-height; SSC-H: Side scatter-height.







**Figure 3** Interleukin-17A upregulated programmed cell death ligand-1 expression *via* the interleukin-17A receptor/p-small mothers against decapentaplegic 2 signaling pathway in hepatocellular carcinoma cells. A: The Cancer Genome Atlas results revealed that interleukin-17A

(IL-17A) and small mothers against decapentaplegic 2 (SMAD2) expression was increased in hepatocellular carcinoma (HCC) samples compared with normal tissue samples; B: Interleukin-17A receptor (IL-17RA) protein expression level after knockout (KO) of IL-17RA in Huh7 cells; C: IL-17RA mRNA levels after KO of IL-17RA in Huh7 cells; D: IL-17RA KO alone did not affect programmed cell death ligand-1 (PD-L1) expression in Huh7 cells; E: IL-17A-induced PD-L1 expression was reversed by IL-17RA KO in Huh7 cells; F: IL-17A increased the level of phosphorylated (p)-SMAD2 in HCC cells; G: IL-17A-induced PD-L1 expression was inhibited by pretreatment with transforming growth factor-beta signal pathway inhibitor in HCC cells; H: IL-17RA KO sharply reversed IL-17A-induced p-SMAD2 expression in Huh7 cells. <sup>a</sup>*P* < 0.05; <sup>b</sup>*P* < 0.01; <sup>c</sup>*P* < 0.001; <sup>d</sup>*P* < 0.0001. ITD: TGF-beta signal pathway inhibitor; MOCK: Blank control; NC: Negative control.

The migration abilities of Hep3B, Huh7, and HCCLM3 cells after IL-17A treatment for 24 h were observed by wound healing and Transwell assays, which showed that HCC cell migration was promoted by IL-17A (Figure 4D and E). VEGF plays a crucial role in angiogenesis, and MMP9 promotes angiogenesis indirectly by interacting with VEGF[22]. We also evaluated the effects of IL-17A on VEGF and MMP9 protein expression in HCC cells. The results revealed that the protein levels of VEGF and MMP9 were increased in HCC cells treated with IL-17A compared with those in the control group of HCC cells (Figure 4F). These results indicate that IL-17A can stimulate the proliferation, migration, and angiogenesis of HCC cells.

### IL-17A inhibited HCC cell apoptosis

To assess the impact of IL-17A on the apoptosis of Hep3B cells, we cultured the cells with IL-17A for 24 h and tested apoptosis *via* flow cytometry. The results demonstrated that IL-17A reduced the percentage of apoptotic Hep3B cells (Figure 5A). Moreover, we performed western blotting to investigate the role of IL-17A in the expression of BAX and Bcl-2 in Hep3B cells. IL-17A downregulated the protein expression of BAX and upregulated the protein expression of Bcl-2 in the treatment group compared with the control group (Figure 5B). Similar results were observed in Huh7 and HCCLM3 cells (Figure 5A and B). Collectively, these data suggest that IL-17A inhibits HCC cell apoptosis.

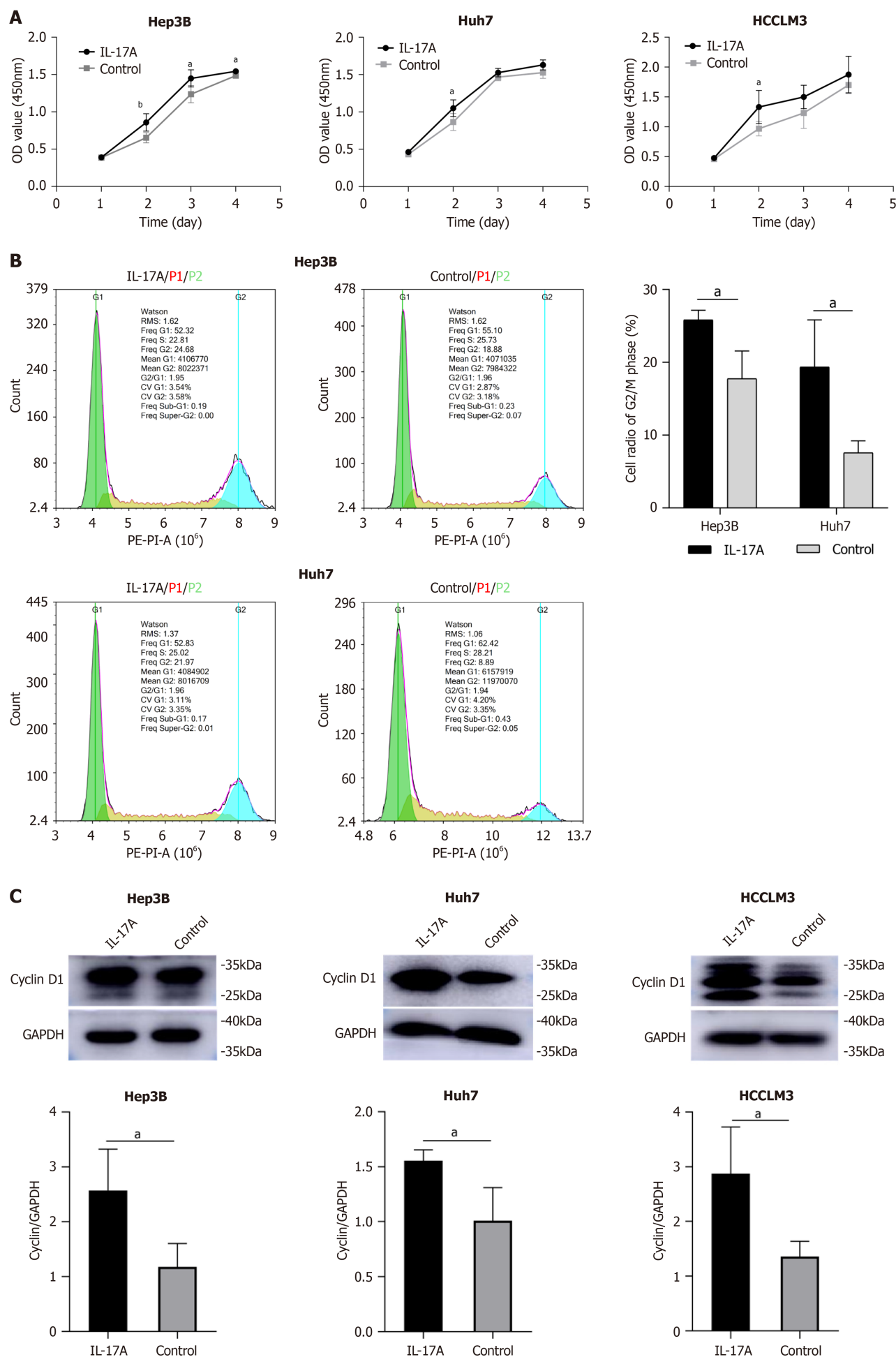
### Blockade of IL-17A suppressed tumor growth and increased the effect of the PD-L1 antibody *in vivo*

According to the regulation of PD-L1 expression and the role of IL-17A in malignant cell behavior, we hypothesized that blocking IL-17A might suppress tumor progression and enhance the therapeutic effect of anti-PD-L1 therapy. To test this hypothesis, we subsequently performed a preclinical study using a mouse model. These results indicated that anti-IL-17A antibodies combined with anti-PD-L1 antibodies and anti-IL-17A antibodies alone could inhibit tumor growth. Moreover, the efficacy of this combination was better than that of anti-IL-17A antibody or anti-PD-L1 antibody monotherapy (Figure 6A-C). The effects of different treatments on immune cell recruitment, serum parameters, and pathological parameters were also assessed. The number of infiltrating CD8<sup>+</sup> T cells in the combined therapy group was greater than that in the control group and the anti-IL-17A monotherapy group (Figure 6D). The number of infiltrating CD4<sup>+</sup> T cells in the combined therapy group was lower than that in the control group (Figure 6D). The serum expression of soluble PD-L1 and IL-17A was lower in the combined therapy group than in the control group (Figure 6E). A positive correlation was observed between the serum expression of soluble PD-L1 and that of IL-17A in the control group (Figure 6E). The expression of Ki67, IL-17A, and PD-L1 in tumor tissues in the combined therapy group was obviously lower than that in the control group (Figure 6F).

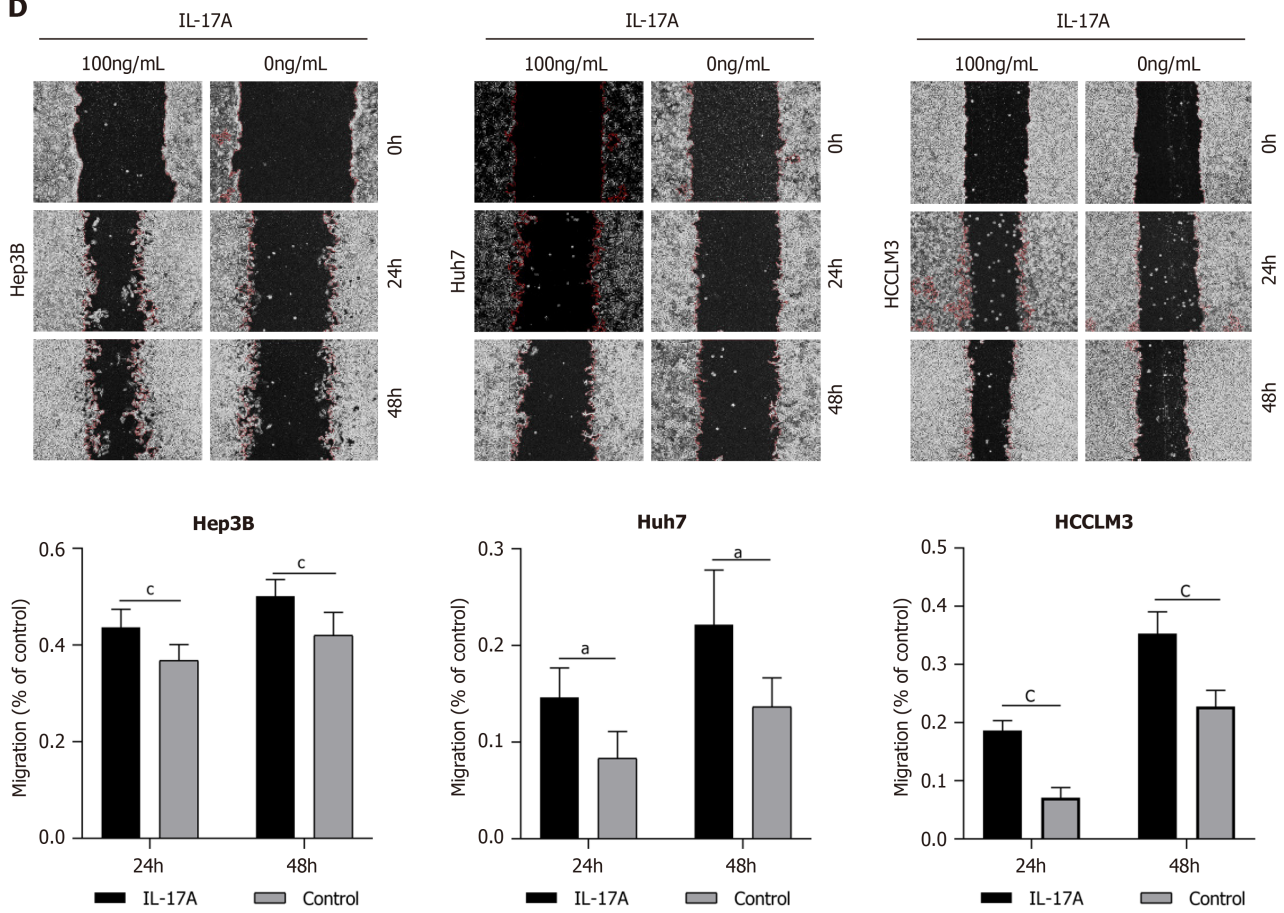
## DISCUSSION

Several studies have shown that IL-17A can increase the expression of PD-L1 in tumor cells and promote the progression of tumors, including colorectal cancer[23], ovarian cancer[24], pancreatic carcinoma[25], and lung cancer[16]. However, related research in HCC is scarce. To our knowledge, only one study has reported the regulatory effect of IL-17A on PD-L1 in hepatoma stem cells[26]. However, the significance of IL-17A in the regulation of PD-L1 in HCC cells has not been clearly defined. Our previous study indicated that the plasma level of IL-17A was positively correlated with the expression of soluble PD-L1 in HCC patients. Similar results were observed in the mouse model in this study. Furthermore, the results of the present study revealed that IL-17A upregulated the mRNA and protein levels of PD-L1 in a dose-dependent manner in HCC cells. The overexpression of PD-L1 in tumor cells leads to effector T cell exhaustion, which suggests a crucial correlation with tumor invasiveness and postoperative recurrence in HCC[27]. IL-17A also increased the resistance of hepatoma stem cells to cytotoxic T cells *via* the upregulation of PD-L1[26]. Similarly, we performed a coculture assay, and the results revealed that IL-17A could increase the survival of HCC cells. These findings demonstrated that IL-17A could regulate PD-L1 in HCC cells and might play a protumor role partially through the upregulation of PD-L1.

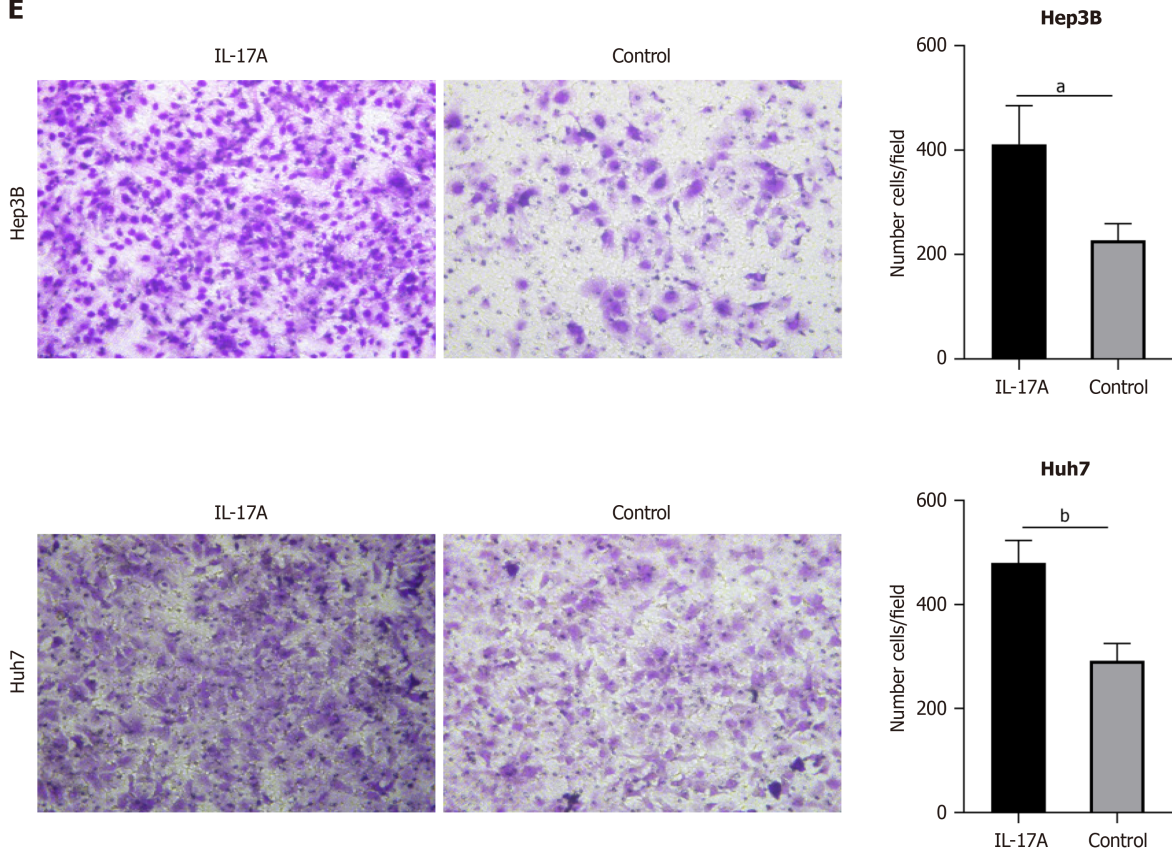
It is important to explore how IL-17A enhances PD-L1 expression in HCC cells. However, the specific mechanism of IL-17A in HCC is unclear. To some extent, this study revealed a novel mechanism by which IL-17A regulates PD-L1 expression in HCC cells. Liver fibrosis, particularly cirrhosis, is closely correlated with the occurrence of HCC. The SMAD pathway is crucial for the origin and development of liver fibrosis. Therefore, many studies on the mechanism of liver cancer progression and invasion have focused on the SMAD pathway. SOX18 expression is increased by TGF-β1 *via* stimulation of the SMAD2/3 complex, which promotes tumor associated macrophage and regulatory T cell accumulation and HCC development[28]. KIN17 accelerates the migration ability and invasiveness of HCC cells by activating the TGF-β/SMAD2 pathway[29].



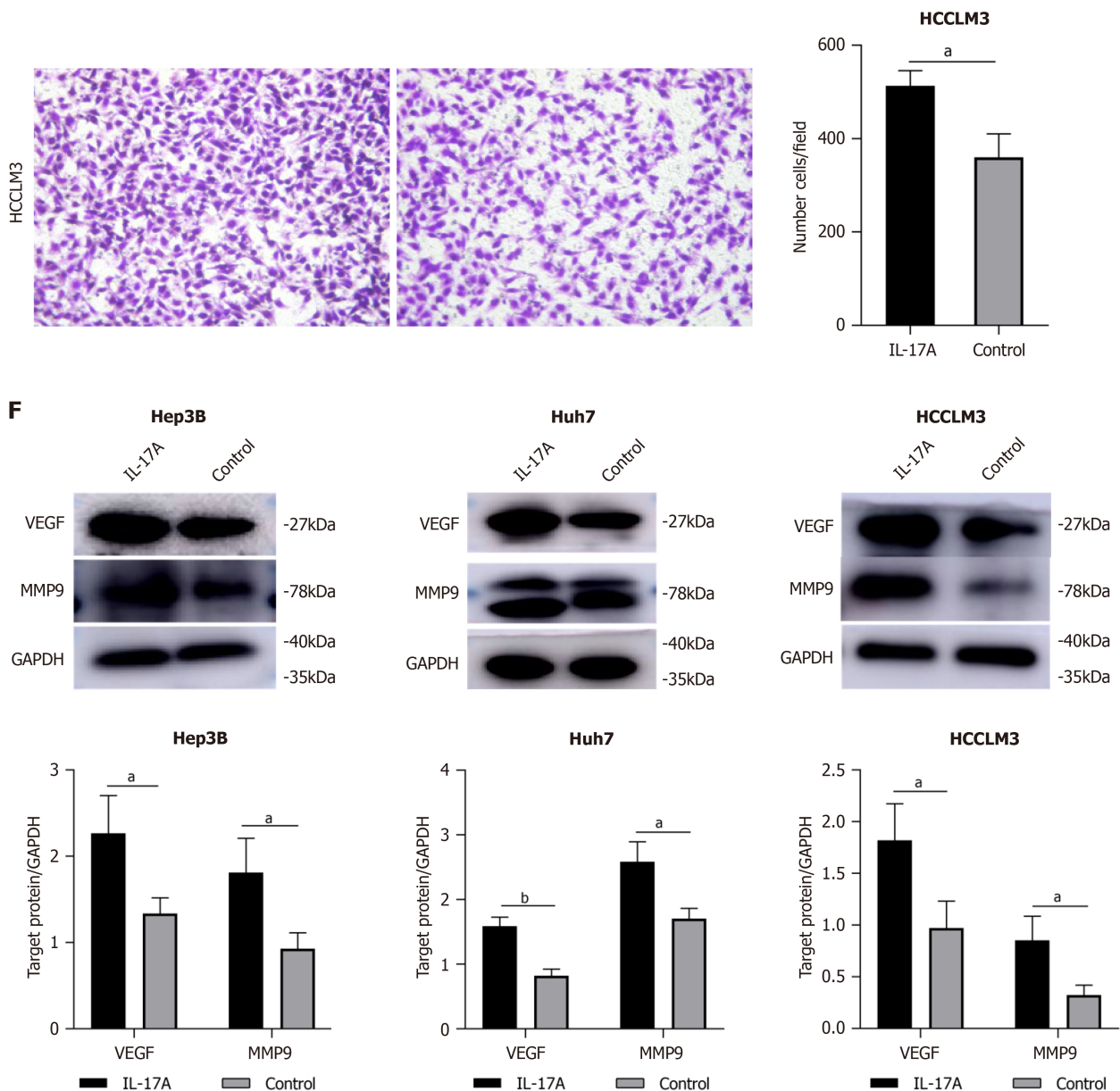
**D**



**E**





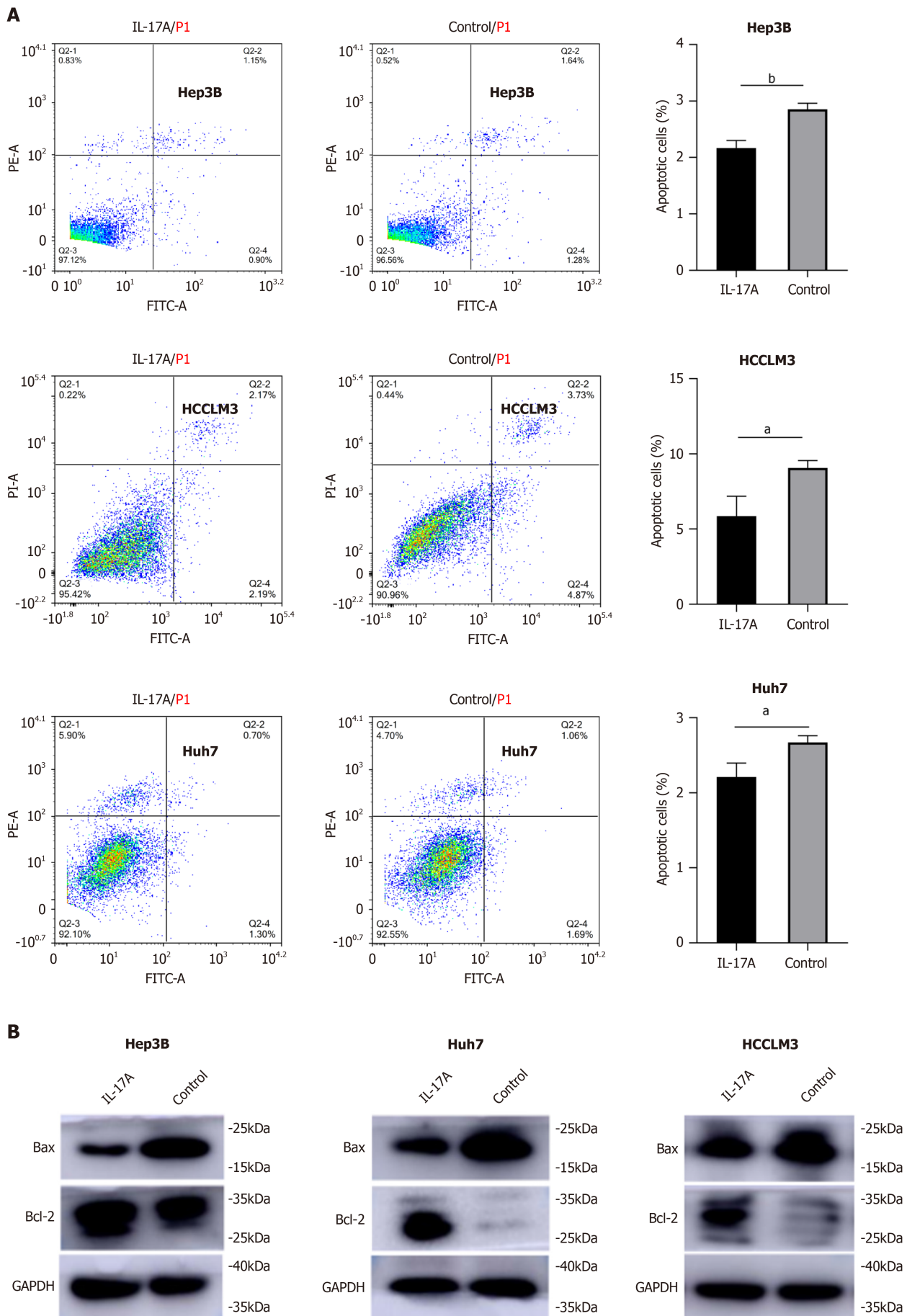


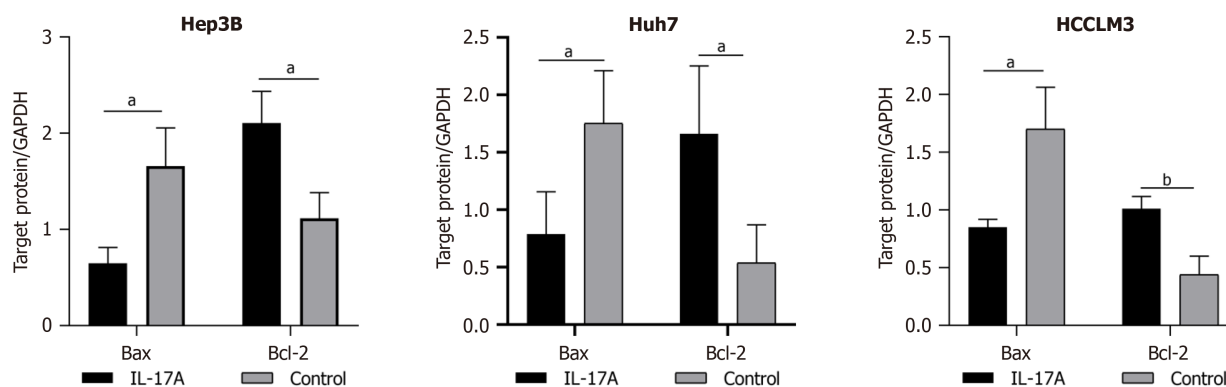
**Figure 4 Interleukin-17A promoted hepatocellular carcinoma cell proliferation, migration, and angiogenesis.** A: Growth curve showed that interleukin-17A (IL-17A) stimulated cell proliferation, a significant difference that was detected at 24 h after treatment; B: Flow cytometry revealed that, compared with the control, IL-17A significantly increased the proportion of cells in G2/M phase; C: IL-17A elevated cyclinD1 expression in hepatocellular carcinoma (HCC) cells; D and E: Scratch tests and Transwell assays revealed that IL-17A promoted the migration of HCC cells ( $\times 100$  magnification); F: IL-17A increased the protein expression of VEGF and MMP9 in HCC cells. <sup>a</sup> $P < 0.05$ ; <sup>b</sup> $P < 0.01$ ; <sup>c</sup> $P < 0.001$ . PE: Phycoerythrin; PI: Propidium iodide.

Golgi protein 73 promotes epithelial-mesenchymal transition and invasiveness of HCC cells by increasing p-SMAD2 and p-SMAD3 levels[29]. MiR-148a inhibits the development of HCC by decreasing SMAD2 expression[30]. Moreover, the relationship between SMADs and immune checkpoint molecules has been studied in other solid tumors. For example, one study revealed that p-SMAD2 expression was greater in PD-L1-positive *vs* PD-L1-negative non-small cell lung cancer patients[31]. However, whether IL-17A mediates PD-L1 expression through p-SMAD2 has not been reported in HCC. In the present study, we found that SMAD2 expression was increased in HCC samples compared with normal samples according to the TCGA database analysis. Further experiments revealed that IL-17A increased p-SMAD2 levels in HCC cells. Inhibition of p-SMAD2 with the pharmacological inhibitor ITD-1 markedly reduced IL-17A-related PD-L1 expression. Taken together, these results confirm that IL-17A induces PD-L1 expression through the SMAD2 pathway.

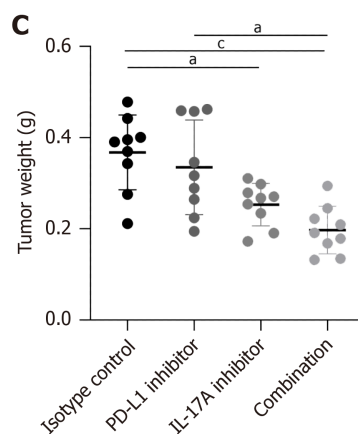
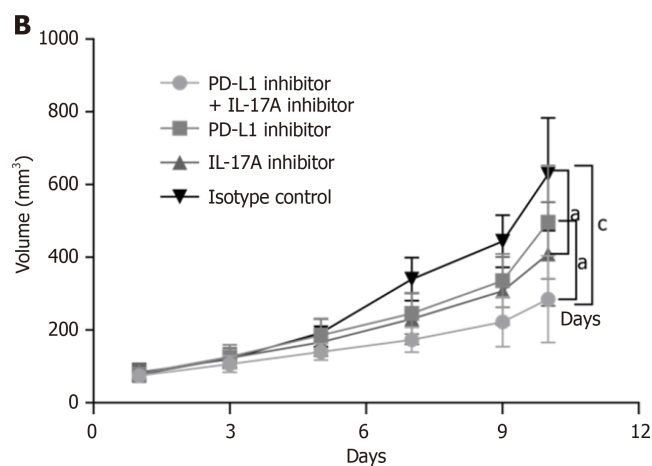
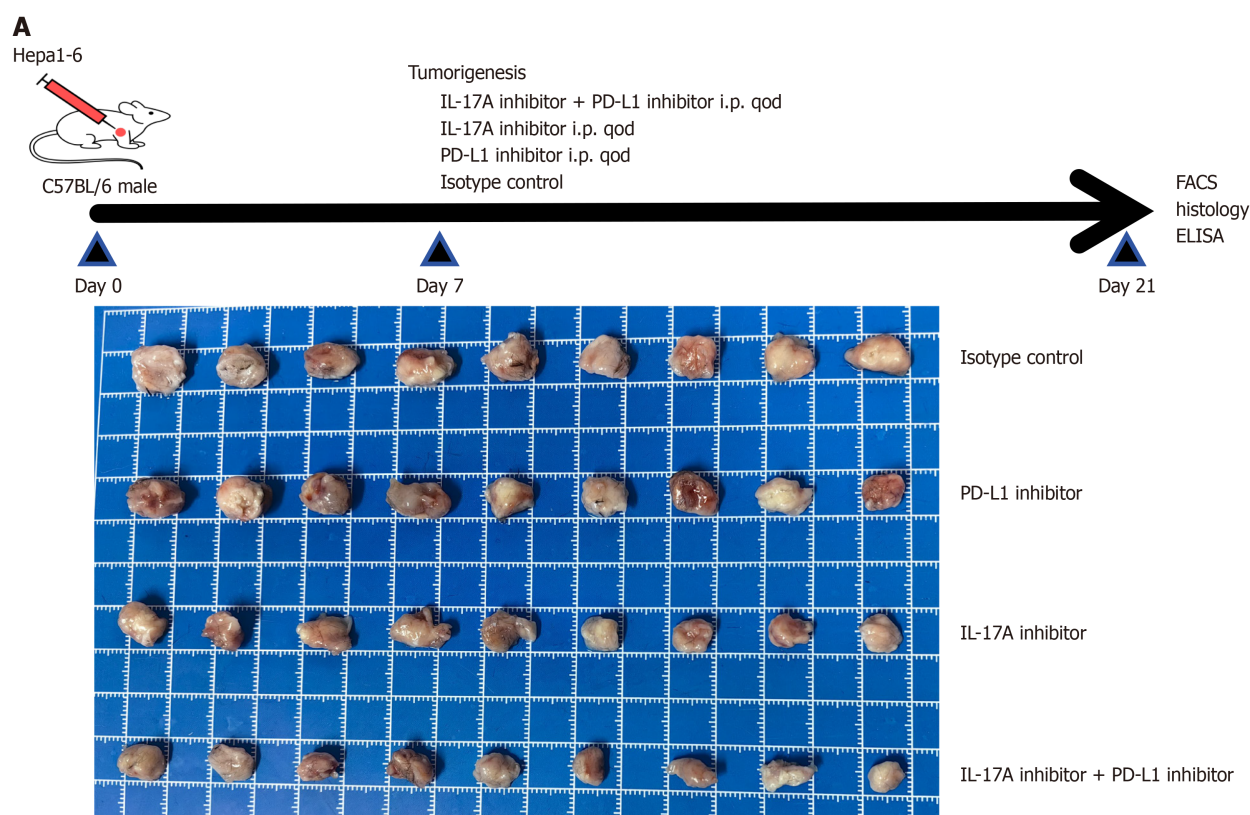
Cytokines in the IL-17A family exert their biological effects *via* IL-17 receptors. IL-17A/IL-17RA signaling plays a critical role in tumorigenesis and tumor development[13]. To further verify whether IL-17A regulates PD-L1 expression through IL-17RA in HCC, we silenced *IL-17RA* *via* gene knockout. The results indicated that specific deletion of *IL-17RA* in HCC cell lines had the opposite effect on IL-17A-induced PD-L1 expression. These findings demonstrated that IL-17A positively regulates PD-L1 protein expression by acting on IL-17RA in HCC. Another study revealed that IL-17RA could regulate the SMAD pathway in the formation of hypertrophic scars[23]. To the best of our knowledge, no study has reported the relationship between IL-17RA and the SMAD2 signaling pathway in tumors. Here, we verified that IL-17A-induced p-SMAD2 expression was reversed by *IL-17RA* knockout, whereas SMAD2 expression was unchanged.

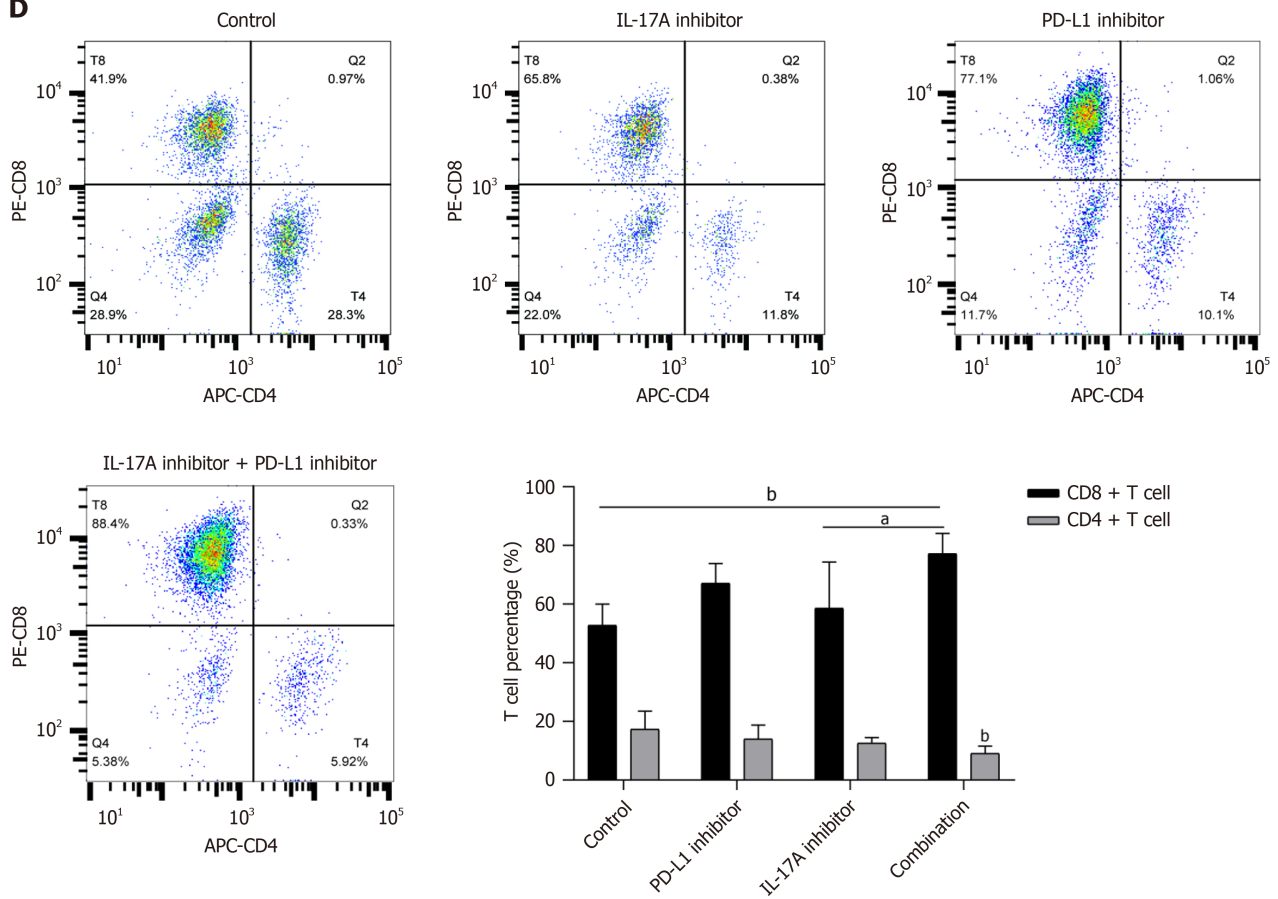
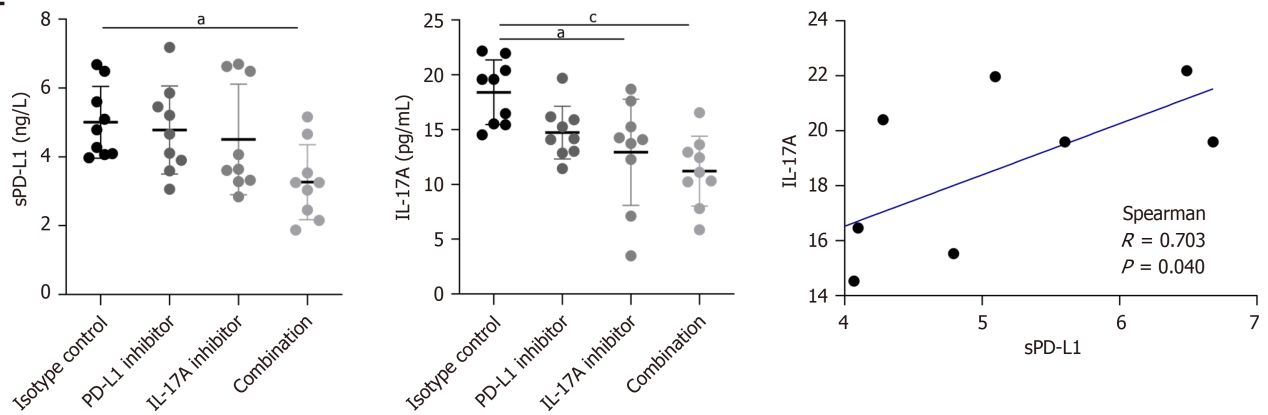
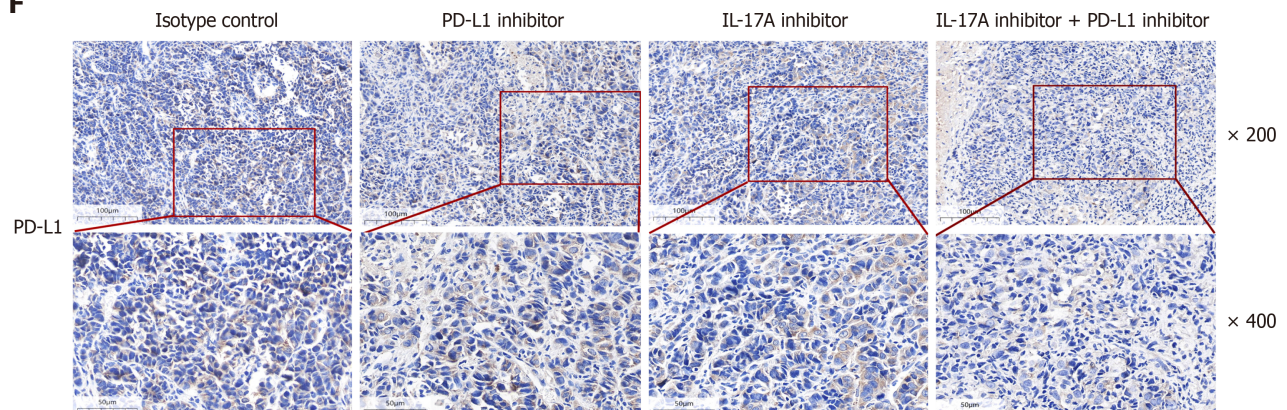




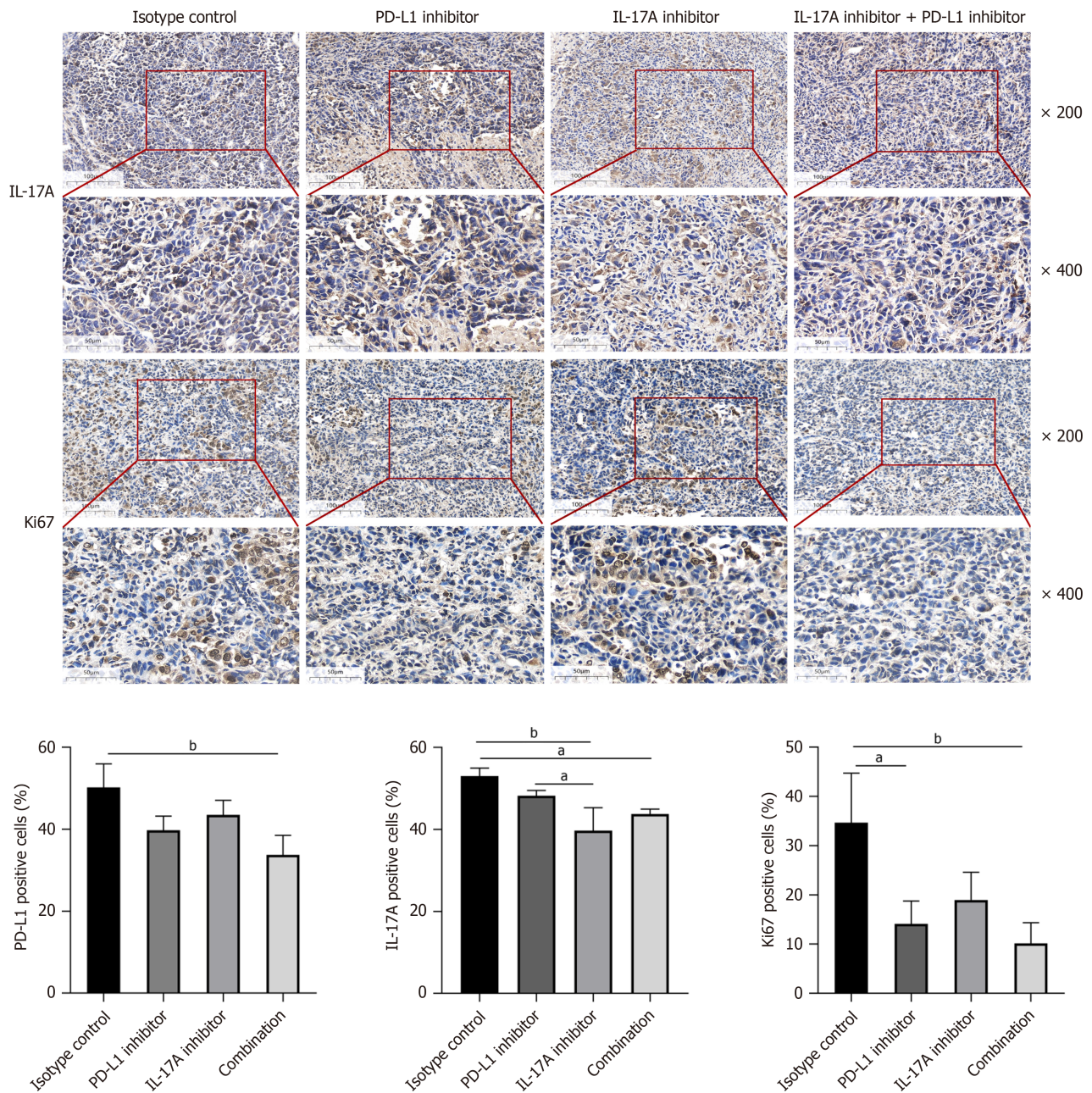


**Figure 5 Interleukin-17A inhibited hepatocellular carcinoma cell apoptosis.** A: Flow cytometry analysis revealed that interleukin-17A (IL-17A) suppressed hepatocellular carcinoma (HCC) cell apoptosis; B: IL-17A decreased the expression of BAX and increased the expression of Bcl-2 in HCC cells. <sup>a</sup> $P < 0.05$ ; <sup>b</sup> $P < 0.01$ . FITC-A: Fluorescein isothiocyanate-area; PE-A: Phycoerythrin-area.



**D**

**E**

**F**






**Figure 6 An interleukin-17A inhibitor suppressed tumor growth and enhanced the therapeutic efficacy of an anti-programmed cell death ligand-1 antibody.** A: Flow diagram of the construction of the mouse model and treatment scheme for programmed cell death ligand-1 (PD-L1) inhibitors and/or interleukin-17A (IL-17A) inhibitors in mice. Images of the tumors in different treatment groups (the control group, PD-L1 inhibitor group, IL-17A inhibitor group, and combined group) are shown. Each group contained nine mice; B: Tumor growth curves of the mice after PD-L1 inhibitor and/or IL-17A inhibitor treatment. A PD-L1 inhibitor combined with an IL-17A inhibitor demonstrated a much greater antitumor effect on the hepatocellular carcinoma mouse model; C: Tumor weights of mice in the four groups after treatment. The tumor weights of mice in the combined group were significantly lower than those of mice in the control group; D: Flow cytometry analysis of the differences in the infiltration of cluster of differentiation 8+ T cells and cluster of differentiation 4+ T cells in tumor tissues among the four groups; E: The levels of serum soluble (s)PD-L1 and IL-17A were compared among the four groups. The sPD-L1 and IL-17A levels were lower in the combined group than in the control group. The sPD-L1 level was positively correlated with the serum IL-17A level in the control group; F: Immunohistochemical staining revealed the expression of PD-L1, IL-17A, and Ki67 in tumor tissues. Scale bars, 100 μm (×200) and 50 μm (×400). The number of positive cells was determined using ImageJ2x software. Boxplots displaying the expression of PD-L1, IL-17A, and Ki67 in the four groups. <sup>a</sup>*P* < 0.05; <sup>b</sup>*P* < 0.01; <sup>c</sup>*P* < 0.001. APC-CD4: Allophycocyanin-cluster of differentiation 4; FACS: Fluorescence-activated cell sorting; PE-CD8: Phycoerythrin-cluster of differentiation 8.

Collectively, these data emphasize that IL-17A induces PD-L1 protein expression in HCC cells *via* the IL-17RA/p-SMAD2 axis.

Atezolizumab in combination with bevacizumab has become the standard first-line therapy for advanced HCC. However, advanced HCC develops primarily from cirrhosis and is always accompanied by esophageal and gastric varices. Therefore, VEGF-neutralizing antibodies may increase the risk of bleeding in these patients. A new methodology is therefore needed to improve the therapeutic sensitivity to anti-PD-L1 antibodies beyond the VEGF-neutralizing antibody. In one study, the combination of an IL-17A inhibitor and a PD-1 inhibitor exhibited better antitumor efficacy

than monotherapy in patients with colorectal cancer[32].

Research has shown that IL-17A contributes to the immune evasion of HCC cells, possibly by upregulating PD-L1 expression. IL-17A also promotes HCC cell proliferation, migration, and angiogenesis and inhibits cell apoptosis. On the basis of these results, it was necessary to assess the therapeutic efficacy of an IL-17A inhibitor in combination with an anti-PD-L1 antibody for the treatment of HCC *in vivo*. We expected that targeting IL-17A could delay carcinoma growth and significantly enhance immune therapeutic efficacy in an HCC mouse model. However, anti-PD-L1 monotherapy was not sufficient to exert a strong antitumor effect. These results are consistent with the idea that combining an IL-17A inhibitor with an anti-PD-L1 antibody has a synergistic antitumor effect on HCC[33], but the dosage and frequency of drug administration in other studies were different from those in our study. Therefore, targeting IL-17A is a potential treatment strategy for optimizing PD-L1 antibodies for the treatment of HCC.

The combination of an IL-17A inhibitor and PD-1 blockade stimulates the infiltration of CD8<sup>+</sup>, interferon- $\gamma$ <sup>+</sup>, CD3<sup>+</sup> T cells into tumors and demonstrates significant efficacy in colorectal cancer models[23]. The prognosis of tumor patients is associated with CD8<sup>+</sup> T cell enrichment in tumors[25]. IL-17A can recruit CD8<sup>+</sup> T cells to infiltrate tumors in cancer models[14]. Clinical studies have shown that CD8<sup>+</sup> T cell infiltration is predictive of whether patients with tumors will benefit from ICB treatment[34]. Consistent with previous work, our study also confirmed that the infiltration of CD8<sup>+</sup> T cells in the combined treatment group was significantly greater than that in the other groups in HCC models. In addition, the data indicated that the levels of IL-17A and PD-L1 in tumor tissue and serum were lower in the combined treatment group than in the control group. This might partly explain why combination therapy is preferable for HCC.

These results provide a foundation for exploring the role of IL-17A in accelerating HCC progression in a PD-L1-dependent manner. Further clinical studies are needed to estimate the therapeutic efficacy and safety of anti-IL-17A combined with PD-L1 blockade in patients with HCC.

## CONCLUSION

This study demonstrated a potential mechanism by which IL-17A upregulates PD-L1 expression through the IL-17RA/p-SMAD2 signaling pathway in HCC cells. Blockade of IL-17A enhances the therapeutic efficacy of PD-L1 antibodies for the treatment of HCC.

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## FOOTNOTES

**Author contributions:** Yang ZX, Zhang LT, and Mao XR designed the research study; Yang ZX and Peng XB performed the research; Yang ZX and Liu XJ analyzed the data and wrote the manuscript; Zhang LT and Mao XR critically revised the article.

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**Institutional animal care and use committee statement:** All procedures involving animals were reviewed and approved by the Animal Experimental Ethical Inspection of Gansu University of Chinese Medicine, No. SY2023-766.

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**Data sharing statement:** No additional data are available.

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Basic Study

## Dysregulation of genes involved in the long-chain fatty acid transport in pancreatic ductal adenocarcinoma

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### Abstract

#### BACKGROUND

Pancreatic ductal adenocarcinoma (PDAC) is an aggressive lethal malignancy with limited options for treatment and a 5-year survival rate of 11% in the United States. As for other types of tumors, such as colorectal cancer, aberrant *de novo* lipid synthesis and reprogrammed lipid metabolism have been suggested to be associated with PDAC development and progression.

#### AIM

To identify the possible involvement of lipid metabolism in PDAC by analyzing in tumoral and non-tumoral tissues the expression level of the most relevant genes involved in the long-chain fatty acid (FA) import into cell.

## METHODS

A gene expression analysis of *FASN*, *CD36*, *SLC27A1*, *SLC27A2*, *SLC27A3*, *SLC27A4*, *SLC27A5*, *ACSL1*, and *ACSL3* was performed by qRT-PCR in 24 tumoral PDAC tissues and 11 samples from non-tumoral pancreatic tissues obtained *via* fine needle aspiration or *via* surgical resection. The genes were considered significantly dysregulated between the groups when the *p* value was < 0.05 and the fold change (FC) was ≤ 0.5 and ≥ 2.

## RESULTS

We found that three FA transporters and two long-chain acyl-CoA synthetases genes were significantly upregulated in the PDAC tissue compared to the non-tumoral tissue: *SLC27A2* (FC = 5.66; *P* = 0.033), *SLC27A3* (FC = 2.68; *P* = 0.040), *SLC27A4* (FC = 3.13; *P* = 0.033), *ACSL1* (FC = 4.10; *P* < 0.001), and *ACSL3* (FC = 2.67; *P* = 0.012). We further investigated any possible association between the levels of the analyzed mRNAs and the specific characteristics of the tumors, including the anatomic location, the lymph node involvement, and the presence of metastasis. A significant difference in the expression of *SLC27A3* (FC = 3.28; *P* = 0.040) was found comparing patients with and without lymph nodes involvement with an overexpression of this transcript in 17 patients presenting tumoral cells in the lymph nodes.

## CONCLUSION

Despite the low number of patients analyzed, these preliminary results seem to be promising. Addressing lipid metabolism through a broad strategy could be a beneficial way to treat this malignancy. Future *in vitro* and *in vivo* studies on these genes may offer important insights into the mechanisms linking PDAC with the long-chain FA import pathway.

**Key Words:** Carcinoma; Pancreatic ductal; Fatty acid transport; Gene expression; Biomarkers

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**Core Tip:** In this original article, we show preliminary results of a case-control study in which we analyzed the expression level of nine relevant genes involved in the long-chain fatty acid (FA) import in pancreatic ductal adenocarcinoma (PDAC). We found that three FA transporters (*SLC27A2*, *SLC27A3*, and *SLC27A4*) and two long-chain acyl-CoA synthetases genes (*ACSL1* and *ACSL3*) were significantly upregulated in the PDAC tissue compared to the non-tumoral tissue. These data suggest that addressing lipid metabolism through a broad strategy that may impact both tumor cells and the tumor microenvironment could be a beneficial way to treat this malignancy.

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## INTRODUCTION

Lipids are essential biological components that function as building blocks for membranes and are involved in energy metabolism, signaling cascades, and cell transport. The preservation of lipid homeostasis is essential for life, and prolonged exposure to excess lipids may have harmful effects and lead to serious lipid-related illnesses[1]. In particular, reprogramming of lipid metabolism is a characteristic of different types of cancer[2], as tumor cells can increase *de novo* lipogenesis, fatty acid (FA) absorption, and FA oxidation represent mechanisms to produce energy and accumulate lipids for the synthesis of plasma membranes[3].

Dysregulated FA metabolism is driven by specific carcinogenic signaling pathways, including the B-Raf kinase and the epidermal growth factor receptor, and affects the composition and saturation of lipid membranes[4]. This, in turn, modulates cancer cell tolerance to reactive oxygen species, enabling their survival, invasion, and metastasis[5]. Consequently, targeting lipid metabolism using a multifaceted strategy that can affect tumor cells as well as the tumor microenvironment would appear to represent a valuable approach to treat cancer[6]. Notably, alterations in cellular lipid metabolism also play a significant role in tumor drug resistance[7].

One of the most lethal cancers is pancreatic ductal adenocarcinoma (PDAC), an aggressive solid tumor with a 5-year survival rate of 11% in the United States. The poor survival rate is attributed to several characteristics, including aggressive tumor biology, late symptom presentation, tumor localization, difficult surgical care, and an absence of effective systemic drugs[8]. When adjusting for age, countries with the highest projected growth in the number of individuals above 65-years-old are the same as those with the highest rates of pancreatic cancer. Unfortunately, only approximately 15%-20% of patients are diagnosed with surgically resectable PDAC[9]. Thus, as the lifespan increases



worldwide, the overall burden of pancreatic cancer will also increase. Current estimates indicate that pancreatic cancer will become the second leading cause of cancer-related death after lung cancer.

A growing number of studies now indicate a relationship between PDAC and dysregulated lipid metabolism[10-13]. Specialized transporters, such as CD36 or the FA transport protein family [FATPs; often referred to as solute carrier protein family 27 (SLC27)], are necessary for the effective passage of exogenous FAs across the plasma membrane[14].

CD36 (also known as FA translocase) is a cell surface scavenger receptor involved in metastasis, immune evasion, and drug resistance[15]. Kubo *et al*[16] identified elevated CD36 expression as a major adverse prognostic factor in PDAC that affects gemcitabine resistance by influencing anti-apoptosis protein activity. Conversely, a low expression of CD36 in PDAC has been found to be associated with low Tumor, Node, Metastasis (TNM) staging and CA19-9 levels, even in the presence of a large tumor size and a poor prognosis for survival[17].

Another factor that affects several aspects of PDAC is SLC27. It consists of a family of six members, from SLC27A1 through SLC27A6, that are involved in the uptake of long-chain FAs. These transporters are also implicated in the emergence of several malignancies, as they can modify FA metabolism, cell growth, and cell proliferation[18]. For example, while normal cells obtain FAs exogenously, tumor cells obtain FAs both exogenously and by *de novo* synthesis via FASN[19]. FASN functions as a major regulator of lipid metabolism, is essential for the development and survival of tumors exhibiting lipogenic characteristics, and is also involved in the metabolism of amino acids and glycolysis in cells [19].

The bioconversion of exogenous or newly generated FAs to fatty acyl-CoA is catalyzed by five distinct long-chain acyl-CoA synthetase (ACSL) isoforms that make up the ACSL family and are implicated in the growth of malignant tumor cells[20,21]. For example, Cai and Ma demonstrated that ACSL1 expression levels were elevated in human prostate cancers, and that ACSL1 enhanced triglyceride production, lipid accumulation in cancer cells, and the manufacture of fatty acyl-CoAs, such as C16: 0-, C18: 0-, C18: 1-, and C18: 2-CoA[22].

In the present study, our aim was to investigate the role of genes involved in long-chain FA transport in PDAC by comparing the gene expression levels of *CD36*, *SLC27A1*, *FASN*, *SLC27A2*, *SLC27A3*, *SLC27A4*, *SLC27A5*, *ACSL1*, and *ACSL3* in 24 PDAC tumoral tissues to the expression levels in 11 pancreatic non-tumoral tissues.

## MATERIALS AND METHODS

### Sample collection and gene expression analysis

Tumoral pancreatic tissue from 24 patients was obtained *via* fine needle aspiration ( $n = 19$ ) or surgical resection ( $n = 5$ ) and were diagnosed with PDAC at the Clinical Emergency Hospital of Bucharest. During surgical resection, 11 samples of non-tumoral pancreatic tissue were also obtained from the peritumoral area of patients with PDAC ( $n = 6$ ), neuroendocrine tumor ( $n = 3$ ), and metastasis of colorectal carcinoma ( $n = 2$ ) as a control group (CTRL). The CTRL tissues were verified by a pathologist and only tissues without tumoral cells were included in the study. The samples were collected between January 2020 and March 2023. Only adults aged 18 years or older with a diagnosis of PDAC were included in the study; patients who underwent chemotherapy before sample collection were excluded. When possible, information on the lifestyle habits, presence of diabetes, and months of survival after PDAC diagnosis, were collected (Table 1). All patients provided written informed consent to participate in the study.

For the gene expression analysis, we selected the most relevant genes involved in long-chain FA import into cells (GO: 0044539), which included *CD36*, *SLC27A1*, *FASN*, *SLC27A2*, *SLC27A3*, *SLC27A4*, *SLC27A5*, *ACSL1*, and *ACSL3*. *IPO8* was used as the reference gene for qRT-PCR, as a previous study demonstrated its stability in human pancreatic cancer[23].

The miRNeasy Mini Kit (Qiagen, Hilden, Germany) was used to isolate the total RNA and the RT2 First Strand Kit (Qiagen) to reverse transcribe 300 ng of total RNA. PCR was performed in a volume of 25  $\mu$ L on an ABI-7500 fast instrument (Thermo Scientific, Waltham, MA, United States) using 12.5  $\mu$ L of RT2 SYBR® Green qPCR Mastermix (Qiagen), 2  $\mu$ L of cDNA, 9.5  $\mu$ L of RNase free water, and 1  $\mu$ L of primer (RT2 qPCR Primer Assay 200 Cat. No./ID: 330001). The primers were purchased at Qiagen and the Gene Globe IDs were PPH01356A, (*CD36*, NM\_000072) PPH17902A (*SLC27A1*, NM\_198580), PPH07803A (*SLC27A2*, NM\_003645), PPH20806A (*SLC27A3*, NM\_024330), PPH00471A (*SLC27A4*, NM\_005094), PPH16732B (*SLC27A5*, NM\_012254), PPH19272A (*ACSL1*, NM\_001995), PPH15368F (*ACSL3*, NM\_004457), and PPH16835A (*IPO8*, NM\_006390). The mRNA expression data are reported both as  $2^{-\Delta CT}$  values for each group and as fold change ( $FC = 2^{-\Delta\Delta CT}$ ; Table 2, Figure 1 and Figure 2), and were calculated as previously described by Livak and Schmittgen[24]. A gene was considered differentially expressed between the groups when  $FC > 2$  or  $FC < 0.5$  and  $P < 0.05$ .

### In silico validation of gene expression results

Genes that showed significant dysregulation in our comparison of the 24 PDAC and 11 CTRL tissues were searched in public databases that report RNA-seq data from large case-control studies. Data from the TCGA database, including 178 patients with pancreatic adenocarcinoma and 200 controls (obtained from GTEx study), were downloaded from OncoDB (<http://oncodb.org/index.html>) and analyzed with Student's *t*-test.

### Statistical analysis

Differences in categorical variables (sex, lifestyle habits, and presence of diabetes) and continuous variables between the groups were assessed using the  $\chi^2$  test and Student's *t*-test, respectively. The normality of the gene expression data (in terms of  $2^{-\Delta CT}$ ) was evaluated using the Shapiro-Wilk test. Because the gene expression data were not normally distributed (Shapiro-Wilk test,  $P < 0.05$ ), the nonparametric Mann-Whitney test was used to assess the statistical



**Table 1 Sociodemographic data, lifestyle habits, and presence of diabetes in pancreatic ductal adenocarcinoma patients and controls**

| Parameter              | PDAC, <i>n</i> = 24      | CTRL, <i>n</i> = 11 | <i>P</i> value |
|------------------------|--------------------------|---------------------|----------------|
| Age                    | 64.75 ± 10.17            | 58.00 ± 13.94       | 0.115          |
| Sex as %               | 54.2 (F), 45.3 (M)       | 54.5 (F), 45.5 (M)  | 0.983          |
| Smokers as %           | 25                       | 33.3 <sup>1</sup>   | 0.632          |
| Coffee consumers as %  | 63.2 <sup>2</sup>        | 55.5 <sup>1</sup>   | 0.700          |
| Alcohol consumers as % | 4.1                      | 0 <sup>1</sup>      | 0.557          |
| Diabetes as %          | 20.8                     | 0 <sup>1</sup>      | 0.160          |
| Survival in months     | 4.81 ± 3.25 <sup>3</sup> |                     |                |

<sup>1</sup>Available for 9 control group patients.<sup>2</sup>Available for 19 pancreatic ductal adenocarcinoma patients.<sup>3</sup>Available for 16 pancreatic ductal adenocarcinoma patients.

CTRL: Control group; PDAC: Pancreatic ductal adenocarcinoma.

**Table 2 Gene expression results**

| Gene    | Our study (24 PDAC vs 11 NT)   |                              | OncoDB (200 PDAC vs 178 normal) |                             |        |                             |
|---------|--------------------------------|------------------------------|---------------------------------|-----------------------------|--------|-----------------------------|
|         | PDAC (2 <sup>-ΔCT</sup> ± SEM) | NT (2 <sup>-ΔCT</sup> ± SEM) | FC                              | <i>P</i> value <sup>1</sup> | FC     | <i>P</i> value <sup>2</sup> |
| CD36    | 0.527 ± 0.004                  | 0.499 ± 0.009                | 1.06                            | 0.001                       | 2.893  | < 0.001                     |
| SLC27A1 | 0.462 ± 0.003                  | 0.462 ± 0.002                | 1.00                            | ns                          | 2.836  | < 0.001                     |
| FASN    | 1.325 ± 0.233                  | 0.986 ± 0.222                | 1.34                            | ns                          | 1.86   | < 0.001                     |
| SLC27A2 | 0.763 ± 0.252                  | 0.135 ± 0.036                | 5.66                            | 0.033                       | 3.689  | < 0.001                     |
| SLC27A3 | 2.384 ± 0.548                  | 0.888 ± 0.168                | 2.68                            | 0.04                        | 2.948  | < 0.001                     |
| SLC27A4 | 0.996 ± 0.367                  | 0.318 ± 0.059                | 3.13                            | 0.033                       | 2.366  | < 0.001                     |
| SLC27A5 | 0.087 ± 0.026                  | 0.045 ± 0.010                | 1.94                            | ns                          | 2.385  | < 0.001                     |
| ACSL1   | 14.063 ± 2.103                 | 3.424 ± 0.725                | 4.10                            | < 0.001                     | 19.043 | ns                          |
| ACSL3   | 6.925 ± 1.397                  | 2.593 ± 0.651                | 2.67                            | 0.012                       | 7.242  | < 0.001                     |

<sup>1</sup>Mann-Whitney test.<sup>2</sup>*t*-test Student mean.

FC: Fold change; NT: Non-tumoral; PDAC: Pancreatic ductal adenocarcinoma; SEM: Standard error of the mean.

differences between the two groups. The statistical analyses were performed using SPSS version 20.0, and the graphs were generated using GraphPad Prism 8.4.3.

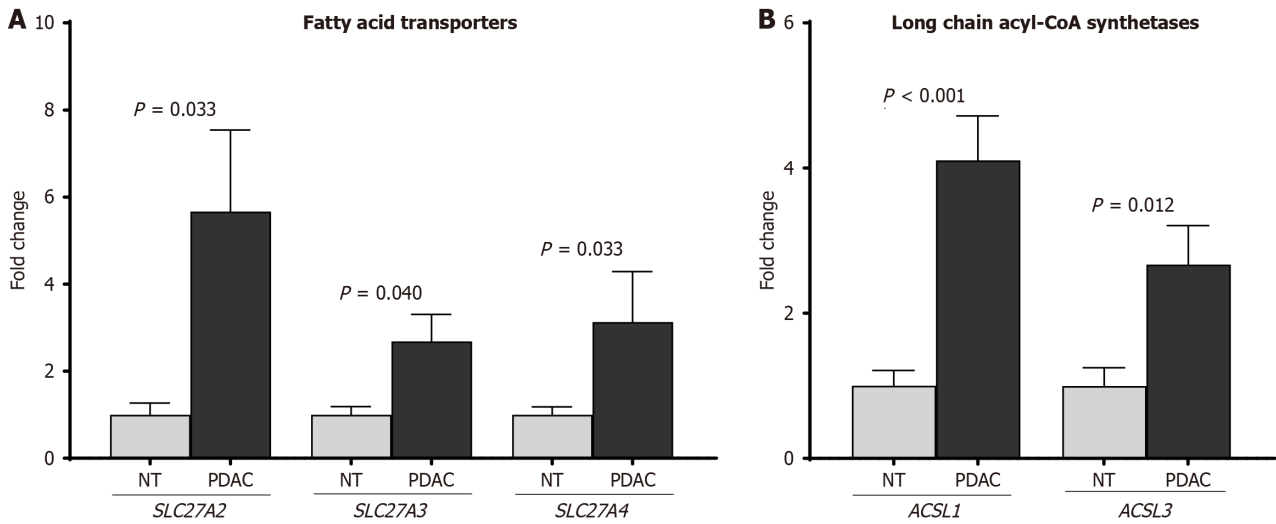
## RESULTS

The groups of patients and controls were age-matched ( $P = 0.115$ ) and sex-matched ( $P = 0.983$ ). No difference between patients and controls was found in terms of number of smokers ( $P = 0.632$ ), coffee consumers ( $P = 0.700$ ), alcohol consumers ( $P = 0.557$ ), and presence of diabetes ( $P = 0.160$ ; Table 1).

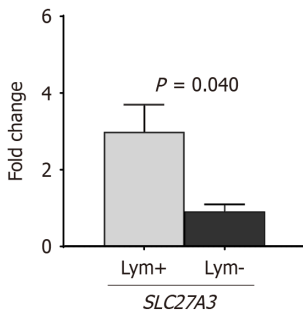
Most of the patients presented PDAC localized in the head of the pancreas ( $n = 18$ , 75%), followed by 2 in the body (8.3%), 2 in the body-tail (8.3%), 1 patient in the neck (4.2%), and 1 patient in the tail of the pancreas (4.2%). At the time of sample retrieval, 17 of 24 patients presented with lymph node involvement, 9 patients had hepatic metastasis, and 3 patients had lung metastasis.

The gene expression analysis showed that five of the nine investigated genes were significantly dysregulated within the PDAC tissue compared to the CTRL. The dysregulated genes belonged to two categories: FA transporters and Long-Chain ACSL. Our gene expression results obtained by qRT-PCR and those obtained by RNA-seq available in OncoDB are reported in Table 2.

The five genes that showed significant differences in expression between the groups were *SLC27A2*, *SLC27A3*, *SLC27A4*, *ACSL1*, and *ACSL3*. All five genes were upregulated ( $FC > 2$  and  $P < 0.05$ ) in the pathological condition: *SLC27A2* ( $FC = 5.66$ ;  $P = 0.033$ ), *SLC27A3* ( $FC = 2.68$ ;  $P = 0.040$ ), *SLC27A4* ( $FC = 3.13$ ;  $P = 0.033$ ), *ACSL1* ( $FC = 4.10$ ;  $P < 0.001$ ), and *ACSL3*



**Figure 1 Gene expression results.** A and B: Genes found differentially expressed between non-tumoral pancreatic tissue and pancreatic ductal adenocarcinoma tissue, comprising fatty acid transporters (A) and long-chain acyl-CoA synthetases (B). Bars indicate the mean  $\pm$  standard error. NT: Non-tumoral; PDAC: Pancreatic ductal adenocarcinoma.



**Figure 2 Expression difference of SLC27A3 between pancreatic ductal adenocarcinoma tissue with lymph nodes invasion (Lym+) and pancreatic ductal adenocarcinoma tissue without (Lym-).** Bars indicate the mean  $\pm$  standard error.

(FC = 2.67;  $P = 0.012$ ); (Figure 1).

We further investigated any possible association between the levels of the analyzed mRNAs and the specific characteristics of the tumors, including the anatomic location, the lymph node involvement, and the presence of metastasis. A significant difference in the expression of *SLC27A3* was found comparing patients with and without lymph nodes involvement with an overexpression of this transcript in 17 patients presenting tumoral cells in the lymph nodes (FC = 3.27;  $P = 0.040$ ; Figure 2). When correlating the expression levels of the analyzed genes with the patient's survival, we observed a significant negative correlation between the months of survival and the *FASN* expression ( $P = 0.035$ ,  $r = -0.528$ ).

## DISCUSSION

In this study, we report a general upregulation of key genes involved in long-chain FA import in PDAC. We found that three FA transporters and two long-chain ACSLs genes were significantly upregulated in the tumoral tissue compared to the non-tumoral pancreatic tissue. Specifically, we found upregulation of *SLC27A2*, *SLC27A3*, and *SLC27A4*, as well as *ACSL1* and *ACSL3*.

The *SLC27A2*, *SLC27A3*, and *SLC27A4* genes encode FATP2, FATP3, and FATP4, respectively. FATP2 and FATP4 transport exogenous FAs into the cell[25,26], whereas FATP3 does not have a transporter function, but instead acts as an acyl-CoA ligase, facilitating the ATP-dependent formation of fatty acyl-CoA[27]. The existing literature indicates that FATPs contribute to the development of various cancers by altering FA metabolism.

FATP2 plays a role in reprogramming neutrophils in cancer to mediate the acquisition of immunosuppressive activity [28]. In the kidneys, FATP2 regulates proximal tubule lipopapoptosis[29], and its upregulation suppresses the proliferation and invasion of renal cancer[30]. In lung cancer, reduced levels of FATP2 induce cisplatin resistance and are correlated with poor patient survival[31]. In thyroid cancer, high levels of FATP2 promote tumor proliferation and migration[32].

FATP3 expression is involved in glioblastoma, where it supports glioblastoma stem cell maintenance and tumorigenicity[33]. FATP3 expression is increased in lung cancer[27], and our research group has observed similar increases in FATP3 expression in colorectal cancer[34], as well as upregulation of FATP4.

Elevated levels of FATP4 have also been associated with tumorigenesis and tumor progression in clear cell renal cell carcinoma[35], and with tumor progression in non-muscle-invasive bladder cancer[36].

To our knowledge, our study is the first to report upregulation of expression of genes encoding these three transporters in PDAC tissue. Moreover, we also found higher levels of *SLC27A3* (FATP3) in the tumors from patients with lymph node involvement than in those without. This upregulation is not surprising since FATP3 can mediate the levels of long-chain FAs that have been found to accumulate in metastatic sites. Targeting this mechanism to reduce this accumulation has been suggested to improve anti-tumor immune responses[37].

We also found that *ACSL1* and *ACSL3* were upregulated in PDAC tissue compared to non-tumoral pancreatic tissue. The ACSL family enzymes, which comprise *ACSL1* and *ACSL3-6*, play key roles in activating free FAs to form fatty acyl-CoAs, which are needed for FA incorporation into phospholipids.

ACSLs are involved in endoplasmic reticulum stress, ferroptosis, drug resistance, and in perpetuating the tumor inflammatory microenvironment[38]. In liver cancer, *ACSL1* promotes tumor growth[39], and its upregulation in hepatocellular carcinoma induces intracellular lipid accumulation[40]. In colorectal cancer, *ACSL1* is considered a prognostic biomarker because its high expression is associated with poor clinical outcomes in stage-II cancer[41] and with promotion of tumor invasion in ovarian cancer[42].

*ACSL3* expression is also associated with different cancers and shows an involvement in the metastasis of melanoma[43] and prostate cancer, where it also promotes tumor growth and proliferation[44]. In lung cancer, *ACSL3* seems to promote tumor survival and chemosensitivity, and its high expression correlates with worse outcome in patients[45].

In pancreatic cancer, evidence linking ACSL family members has come from studies that investigated *ACSL3*, *ACSL4*, and *ACSL5*. In line with our findings, Sebastiano *et al*[46] found that *ACSL3* mRNA levels were higher in primary ductal adenocarcinomas and metastasis than in healthy epithelium, and their results were confirmed by interrogating public databases analyzing PDAC human samples. The authors, conducting a study in mice, also demonstrated that *ACSL3* deletion delayed PDAC progression and reduced fibrosis[46].

Another study showed that depletion of extracellularly derived lipids by restriction of *ACSL3* could trigger autophagy and reduce PDAC cell proliferation[47]. For *ACSL4*, most studies indicate that it has an oncogenic function in most cancers; however, in pancreatic cancer *ACSL4* expression appears to facilitate cell sensitivity to chemotherapy[48]. For *ACSL5*, progression-free survival is significantly shorter in patients with low expression than with high expression[49].

In the present study, although we identified an association between PDAC and the expression of three FA transporters and two long-chain ACSLs, our results cannot explain the molecular mechanism underpinning this relation. We can hypothesize that, as for other cancers, the overexpression of these transporters induces the elevated uptake of exogenous FAs that are subsequently stored as lipid droplets and ultimately undergo  $\beta$ -oxidation to generate ATP. This mechanism may produce enough ATP to support the enhanced growth and progression of tumor cells. The limitations of our study included its relatively small sample size and our investigation of our panel of genes only at the mRNA level, without confirming expression at the protein level.

## CONCLUSION

The results reported in this article highlight the involvement of genes implicated in long-chain FA import in PDAC. We identified five transcripts (*SLC27A2*, *SLC27A3*, *SLC27A4*, *ACSL1*, and *ACSL3*) that were differentially expressed between PDAC and non-tumoral pancreatic tissue, with significant upregulation observed in the pathological condition. Despite the small number of patients analyzed, the preliminary results are promising. Future *in vitro* and *in vivo* studies on these genes may offer important insights into the mechanisms linking PDAC with the long-chain FA import pathway.

## FOOTNOTES

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Basic Study

## Correlations of the expression of Cx43, SCF<sup>FBXW7</sup>, p-cyclin E1 (Ser73), p-cyclin E1 (Thr77) and p-cyclin E1 (Thr395) in colon cancer tissues

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### Abstract

#### BACKGROUND

Previous cellular studies have demonstrated that elevated expression of Cx43 promotes the degradation of cyclin E1 and inhibits cell proliferation through ubiquitination. Conversely, reduced expression results in a loss of this capacity to facilitate cyclin E degradation. The ubiquitination and degradation of cyclin E1 may be associated with phosphorylation at specific sites on the protein, with Cx43 potentially enhancing this process by facilitating the phosphorylation of these critical residues.

#### AIM

To investigate the correlation between expression of Cx43, SKP1/Cullin1/F-box (SCF)<sup>FBXW7</sup>, p-cyclin E1 (ser73, thr77, thr395) and clinicopathological indexes in colon cancer.

#### METHODS

Expression levels of Cx43, SCF<sup>FBXW7</sup>, p-cyclin E1 (ser73, thr77, thr395) in 38 clinical colon cancer samples were detected by immunohistochemistry and were analyzed

by statistical methods to discuss their correlations.

## RESULTS

Positive rate of Cx43, SCF<sup>FBXW7</sup>, p-cyclin E1(Ser73), p-cyclin E1 (Thr77) and p-cyclin E1 (Thr395) in detected samples were 76.32%, 76.32%, 65.79%, 5.26% and 55.26% respectively. Positive expressions of these proteins were not related to the tissue type, degree of tissue differentiation or lymph node metastasis. Cx43 and SCF<sup>FBXW7</sup> ( $r = 0.749$ ), p-cyclin E1 (Ser73) ( $r = 0.667$ ) and p-cyclin E1 (Thr395) ( $r = 0.457$ ), SCF<sup>FBXW7</sup> and p-cyclin E1 (Ser73) ( $r = 0.703$ ) and p-cyclin E1 (Thr395) (0.415) were correlated in colon cancer ( $P < 0.05$ ), and expressions of the above proteins were positively correlated in colon cancer.

## CONCLUSION

Cx43 may facilitate the phosphorylation of cyclin E1 at the Ser73 and Thr195 sites through its interaction with SCF<sup>FBXW7</sup>, thereby influencing the ubiquitination and degradation of cyclin E1.

**Key Words:** Colon cancer; Cx43; SCF<sup>FBXW7</sup>; Phosphorylation of cyclin E1; Sites of cyclin E1; Correlation analysis

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**Core Tip:** In this study, we found that SKP1/Cullin1/F-box (SCF)<sup>FBXW7</sup> exhibited a positive correlation with cyclin E1 expression at positions ser73 and thr395 in colon cancer tissues, suggesting that SCF<sup>FBXW7</sup> may facilitate phosphorylation-dependent degradation by interacting with cyclin E1 at these specific sites. Furthermore, the expressions of Cx43 and SCF<sup>FBXW7</sup> were positively correlated, as well as their association with the levels at positions ser73 and thr395. This indicates that Cx43 may enhance the phosphorylation of these two sites through its interaction with SCF<sup>FBXW7</sup>, thereby promoting the ubiquitination and degradation of cyclin E1.

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## INTRODUCTION

Colon cancer is the third most commonly diagnosed cancer and the second leading cause of cancer-related mortality[1]. Despite significant advancements in recent years with chemotherapeutic agents targeting colon cancer, severe side effects, toxicity, and drug resistance remain major clinical challenges[2]. Therefore, it is imperative to identify additional therapeutic targets for colon cancer treatment to mitigate these adverse effects.

Cx43 is a crucial component of cell gap junctions, regulating cell proliferation and differentiation through intercellular communication *via* gap junctions[3]. Cx43 plays a significant role in modulating the cell cycle of tumor cells, and its abnormal expression is often associated with tumorigenesis[3,4-6]. Our previous studies have demonstrated that Cx43 expression is reduced in various cancer tissues, including lung and esophageal cancers[7-9].

Our previous study has indicated that AKAP95 and Cx43, functioning as a pair of molecular switches, influence the cell cycle by regulating the expression of cyclin Ds and cyclin Es, as well as the expression and activity of their associated cyclin-dependent kinases[10,11]. In lung cancer, Cx43 down-regulates cyclin E1 expression, thereby inhibiting Rb phosphorylation and E2F activation, which hinders cell cycle progression through competitive bindings to cyclin E1 with AKAP95[10]. Furthermore, Cx43 can negate the protective effect of AKAP95 on cyclin Es[10].

Ubiquitination is a crucial and widespread mechanism of protein degradation within cells. This pathway is catalyzed by ubiquitin-activating enzyme (E1), ubiquitin-conjugating enzyme (E2), and ubiquitin ligase (E3)[12-14]. Among the family of E3 Ligases, SCF has garnered significant attention in recent years. SCF<sup>FBXW7</sup> has been identified as a specific ubiquitin ligase for cyclin E1, mediating its ubiquitination and subsequent degradation[15-17]. The SCF protein complex contains phosphate-binding domains that recognize and bind to phosphorylated sites on substrates, thereby facilitating substrate reactions[18]. We hypothesize that phosphorylation of cyclin E1 is a prerequisite for its ubiquitination and degradation; thus, we examined the expression levels of Cx43, SCF<sup>FBXW7</sup>, and the phosphorylation status at various sites of cyclin E1 in 38 clinical colon cancer tissues while analyzing correlations among these proteins.

## MATERIALS AND METHODS

### Sample sources

Thirty-eight colon cancer tissue samples were all surgical specimens from colon cancer patients in Air Force Hospital of Eastern Theater during 2015-2020. The age range of the patients was 30-94, with an average of 67.3 years. The pathological diagnosis of patient samples was clear, including 1 case of T1N0M0, 1 case of T1N1aM1a, 5 cases of T2N0M0, 1 case of T2N1aM0, 2 cases of T3N0M0, 16 cases of T4aN0M0, 1 case of T4aN0M1a, 3 cases of T4aN1bM0, 1 case of T4aN1bM1a, 3 cases of T4aN1cM0, 2 cases of T4aN1cM1a, 1 case of T4aN2bM0 and 1 case of TisN0M0 (TNM typing).

### Reagents and antibodies

General two-step immunohistochemical kit (PV-9000) and DAB chromogenic solution were purchased from Fuzhou Maxim Biotechnology Development Co., Ltd; Hematoxylin dye was purchased from Solarbio Co., Ltd; Anti-rabbit Cx43 (AF0137), FBXW7 (DF12400), p-cyclin E1 (Ser73) (AF4413), and p-cyclin E1 (Thr395) (AF3235) were purchased from Affinity Biosciences (Ohio, United States). Anti-rabbit p-cyclin E1 (Thr77) (ET1612-31) was purchased from Hangzhou HuaAn Biotechnology Co., Ltd (Hangzhou, China).

### Immunohistochemical assay

The specimens were fixed in 10% neutral formaldehyde and embedded in paraffin, and then 4  $\mu$ m serial sections were cut. After hydration with xylene and gradient ethanol, the sections were placed in citric acid/ sodium citrate buffer for thermal repair. After blocking endogenous peroxidase, the primary antibody was incubated overnight (8 hours) and then the reaction enhancer and horseradish peroxidase labeled secondary antibody were incubated successively. After incubating DAB reagent, slides were put into hematoxylin staining solution to stain the nucleus, and dehydrate the slides after cleaning.

### Positive criteria

Brownish yellow in cancer tissues was considered as protein positive expression under the light microscope. Each tissue slide was randomly observed in 10 different visual fields, and 200 tumor cells were counted in each visual field. The ratio of the number of positive cells to the total number of counted cells and the positive intensity were taken as the judgment criteria. Under the light microscope, no brownish yellow in the field of vision or proportion of positive cells was less than 10% would be record as '-'; proportion of positive cells was  $\geq 10\%$  and  $< 30\%$  would be recorded as '+'; proportion of positive cells was  $\geq 30\%$  and  $< 50\%$  would be recorded as '++'; proportion of positive cells was  $\geq 50\%$  would be recorded as '+++'. '-' was regarded as negative results while '+', '++' and '+++' were regarded as positive results. The slides were read by different experimenters for 3 times, and the average results were taken for statistical analysis.

### Statistical analysis

IBM SPSS statistical was used for statistical analysis.  $\chi^2$  test was used for rate comparison, Spearman rank correlation analysis was used for correlation analysis, and test level  $\alpha = 0.05$ .

## RESULTS

### Expression of Cx43, SCF<sup>FBXW7</sup> and p-cyclin E1(Ser73, Thr77, Thr395) in colon cancer tissues

In 38 cases of colon cancer, positive expression of Cx43 and SCF<sup>FBXW7</sup> were 29 and 29 cases respectively, and their positive rates were 76.32% and 76.32%; positive expression of phosphorylation site Ser73, Thr77 and Thr395 of cyclin E1 were 25, 2 and 21 cases, and positive rates were 65.79%, 5.26% and 55.26% respectively (Table 1).

Positive rates of expression of Cx43, SCF<sup>FBXW7</sup>, p-cyclin E1 (Ser73) and p-cyclin E1 (Thr395) were significantly higher than p-cyclin E1 (Thr77). Cx43, SCF<sup>FBXW7</sup>, p-cyclin E1 (Ser73) and p-cyclin E1 (Thr395) were expressed in both nucleus and cytoplasm (Figure 1).

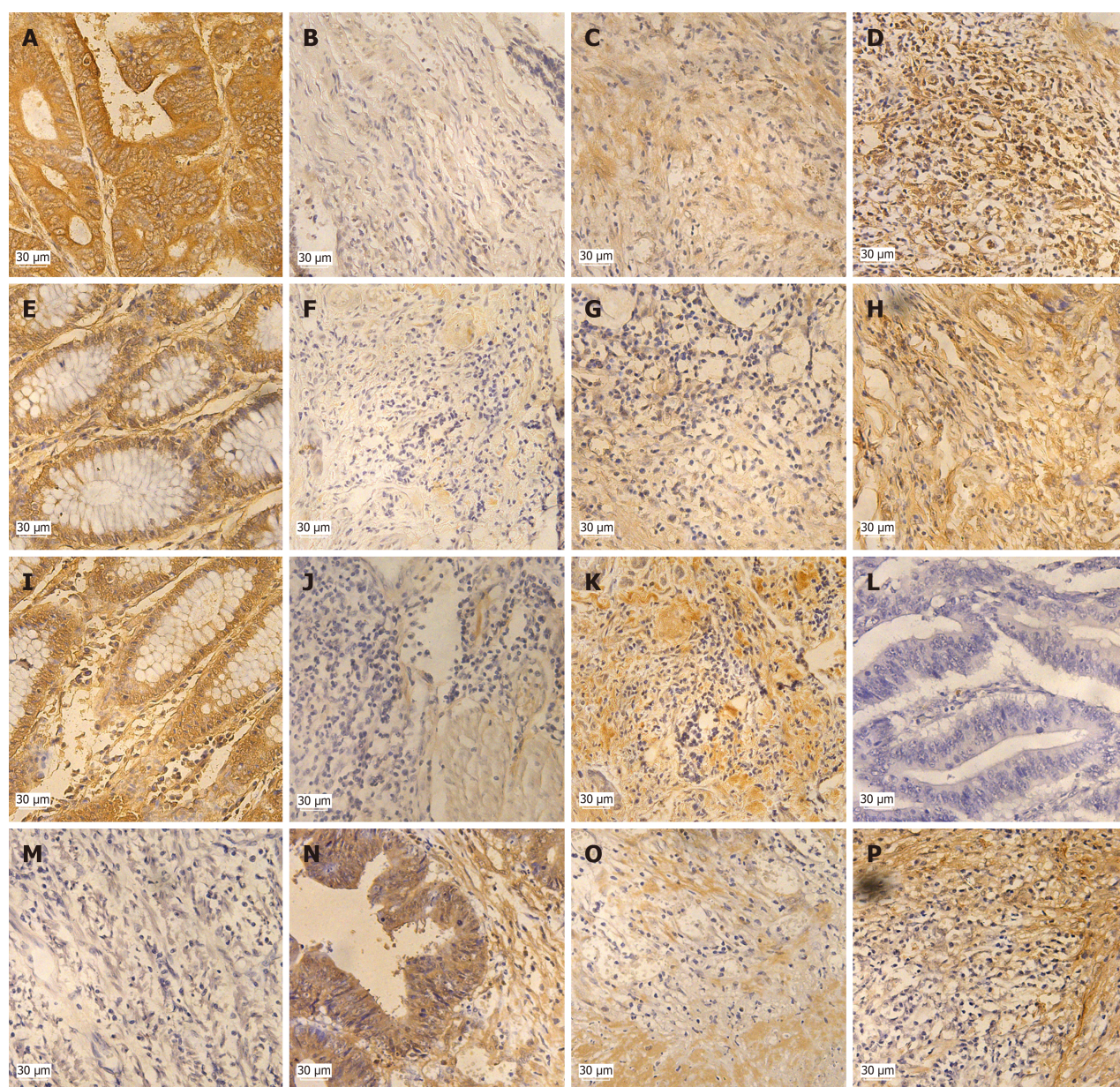
### Correlation analysis of SCF<sup>FBXW7</sup>, p-cyclin E1(Ser73, Thr77, Thr395)

Tables 2, 3, and 4 showed analysis results of correlation between expression of SCF<sup>FBXW7</sup> and p-cyclin E1 (Ser73), SCF<sup>FBXW7</sup> and p-cyclin E1 (Thr77), and SCF<sup>FBXW7</sup> and p-cyclin E1 (Thr395) in 38 colon cancer tissue cases. The expression of SCF<sup>FBXW7</sup> and p-cyclin E1 (ser73), SCF<sup>FBXW7</sup> and p-cyclin E1 (Thr395) were statistically significant ( $P < 0.05$ ) and their spearman correlation coefficient were 0.703 and 0.415 respectively. The results showed that there were positive correlations between the expression of SCF<sup>FBXW7</sup> and p-cyclin E1 (ser73), and SCF<sup>FBXW7</sup> and p-cyclin E1 (thr395) in colon cancer. No correlation between SCF<sup>FBXW7</sup> and p-cyclin E1 (Thr77) was detected this time.

### Correlation analysis of Cx43, SCF<sup>FBXW7</sup>, p-cyclin E1(Ser73), p-cyclin E1(Thr77) and p-cyclin E1(Thr395)

Tables 5, 6, 7, and 8 showed analysis results of correlation between expression of Cx43 and SCF<sup>FBXW7</sup>, Cx43 and p-cyclin E1 (Ser73), Cx43 and p-cyclin E1 (Thr77), and Cx43 and p-cyclin E1 (Thr395) in 38 colon cancer tissue cases. The expression of Cx43 and SCF<sup>FBXW7</sup>, Cx43 and p-cyclin E1 (ser73), Cx43 and p-cyclin E1 (Thr395) were statistically significant ( $P < 0.05$ ) and their spearman correlation coefficient were 0.749, 0.667 and 0.457 respectively. The results showed that there were positive correlations between the expression of Cx43 and SCF<sup>FBXW7</sup>, Cx43 and p-cyclin E1 (ser73), and Cx43 and p-cyclin E1 (Thr395) in colon cancer while there was no correlation between Cx43 and p-cyclin E1 (Thr77).





**Figure 1 Expression of Cx43, Skp1-Cullin1-F-box (SCF)<sup>FBXW7</sup>, Phosphorylation of cyclin E1 (p-cyclin E1) (Ser73, Thr77, Thr395) in 38 colon cancer tissue cases.** A: High expression of Cx43 in normal tissues; B: Low expression of Cx43 in colon cancer tissues; C: Medium expression of Cx43 in colon cancer tissues; D: High expression of Cx43 in colon cancer tissues; E: High expression of SCF<sup>FBXW7</sup> in normal tissues; F: Low expression of SCF<sup>FBXW7</sup> in colon cancer tissues; G: Medium expression of SCF<sup>FBXW7</sup> in colon cancer tissues; H: High expression of SCF<sup>FBXW7</sup> in colon cancer tissues; I: High expression of p-cyclin E1 (Ser73) in normal tissues; J: Low expression of p-cyclin E1 (Ser73) in colon cancer tissues; K: High expression of p-cyclin E1 (Ser73) in colon cancer tissues; L: Negative expression of p-cyclin E1 (Thr77) in normal tissues; M: Negative expression of p-cyclin E1 (Thr77) in colon cancer tissues; N: High expression of p-cyclin E1 (Thr395) in normal tissues; O: Medium expression of p-cyclin E1 (Thr395) in colon cancer tissues; P: High expression of p-cyclin E1 (Thr395) in colon cancer tissues.

## DISCUSSION

Our long-term studies have showed that AKAP95 and Cx43 are a pair of "molecular switches", regulating the progress of cell cycle by affecting the expression of cyclin Es[7-11,19]. AKAP95 and Cx43 could competitively bind to cyclin Ds and cyclin Es, regulating degradation of them: AKAP95 could bind to cyclin Ds and cyclin Es, preventing them from degradation, on the one hand, and inhibiting Cx43 promoting degradation of cyclin Ds and cyclin Es by binding to Cx43; Cx43, on the contrary to AKAP95, could accelerate the degradation of cyclin Ds and cyclin Es[10].

Ubiquitination is an important way of protein hydrolysis in cells. To discuss whether Cx43 affects the degradation of cyclin E1 and its expression level by regulating cyclin E1's ubiquitination, we further detected the expression of Cx43 and SCF<sup>FBXW7</sup> and their correlation in clinical colon cancer tissues this time. Our data showed that there was a positive correlation between expression of Cx43 and SCF<sup>FBXW7</sup>, which was in line with the relevant report of 'Cx43 promote the degradation of cyclin E1/2 and hinder the progress of cell cycle'[15-17].

Protein ubiquitination and degradation mediated by SCFs are related to the phosphorylation of substrate molecules [18]. For instance, phosphorylation of Thr286 site of cyclin D1 has been reported to be a necessary condition for cyclin

**Table 1 Expressions of proteins in colon cancer tissues (*n* = 38)**

|                   | Cx43  | SCF <sup>FBXW7</sup> | p-cyclin E1 (Ser73) | p-cyclin E1 (Thr77) | p-cyclin E1 (Thr395) |
|-------------------|-------|----------------------|---------------------|---------------------|----------------------|
| Positive          | 29    | 29                   | 25                  | 2                   | 21                   |
| Negative          | 9     | 9                    | 13                  | 36                  | 17                   |
| Positive rate (%) | 76.32 | 76.32                | 65.79               | 5.26                | 55.26                |

**Table 2 Correlation analysis between FBXW7 and p-cyclin E1 (Ser73) in colon cancer tissues**

| FBXW7 | Ser73(-) | Ser73(+) | Ser73(++) | Ser73(+++) | <i>r</i> | <i>P</i> value |
|-------|----------|----------|-----------|------------|----------|----------------|
| -     | 7        | 2        | 0         | 0          | 0.703    | 0.001          |
| +     | 5        | 7        | 2         | 2          |          |                |
| ++    | 1        | 1        | 4         | 2          |          |                |
| +++   | 0        | 0        | 2         | 3          |          |                |

**Table 3 Correlation analysis between FBXW7 and p-cyclin E1 (Thr77) in colon cancer tissues**

| FBXW7 | Thr77(-) | Thr77(+) | Thr77(++) | Thr77(+++) | <i>r</i> | <i>P</i> value |
|-------|----------|----------|-----------|------------|----------|----------------|
| -     | 9        | 0        | 0         | 0          | 0.079    | 0.638          |
| +     | 15       | 0        | 0         | 0          |          |                |
| ++    | 9        | 0        | 0         | 0          |          |                |
| +++   | 5        | 0        | 0         | 0          |          |                |

**Table 4 Correlation analysis between FBXW7 and p-cyclin E1 (Thr395) in colon cancer tissues**

| FBXW7 | Thr395(-) | Thr395(+) | Thr395(++) | Thr395(+++) | <i>r</i> | <i>P</i> value |
|-------|-----------|-----------|------------|-------------|----------|----------------|
| -     | 5         | 3         | 0          | 0           | 0.415    | 0.010          |
| +     | 8         | 5         | 2          | 1           |          |                |
| ++    | 4         | 2         | 3          | 0           |          |                |
| +++   | 0         | 1         | 2          | 2           |          |                |

**Table 5 Correlation analysis between Cx43 and FBXW7 in colon cancer tissues**

| Cx43 | FBXW7(-) | FBXW7(+) | FBXW7(++) | FBXW7(+++) | <i>r</i> | <i>P</i> value |
|------|----------|----------|-----------|------------|----------|----------------|
| -    | 6        | 3        | 0         | 0          | 0.749    | 0.001          |
| +    | 3        | 6        | 3         | 0          |          |                |
| ++   | 0        | 6        | 4         | 1          |          |                |
| +++  | 0        | 0        | 2         | 5          |          |                |

D1's ubiquitination and degradation[20]. However, there is still a lack of researches on the relationship between ubiquitination and phosphorylation of related site and of cyclin E1. We detected correlation between ubiquitination and three phosphorylation sites of cyclin E1 this time, and our data showed that phosphorylation of sites Ser73 and Thr395 of cyclin E1 was positively correlated with SCF<sup>FBXW7</sup> and Cx43 respectively, and Cx43 and SCF<sup>FBXW7</sup> were also positively correlated as well, suggesting that ubiquitination and degradation of cyclin E1 might be related to the phosphorylation of sites Ser73 and Thr395 of cyclin E1, and Cx43 might promote the ubiquitination and degradation of cyclin E1 by promoting the phosphorylation of these two sites.

Low positive rate of phosphorylation level of sites Thr77 of cyclin E1 was detected and no correlation between expression levels of Cx43 or SCF<sup>FBXW7</sup> showed this time, suggesting that the phosphorylation of site Thr77 might not be related to ubiquitination and degradation of cyclin E1, and Cx43 did not affect its phosphorylation.



**Table 6 Correlation analysis between Cx43 and p-cyclin E1 (Ser73) in colon cancer tissues**

| Cx43 | Ser73(-) | Ser73(+) | Ser73(++) | Ser73(+++) | <i>r</i> | <i>P</i> value |
|------|----------|----------|-----------|------------|----------|----------------|
| -    | 8        | 1        | 0         | 0          | 0.667    | 0.001          |
| +    | 2        | 7        | 2         | 1          |          |                |
| ++   | 3        | 2        | 3         | 3          |          |                |
| +++  | 0        | 0        | 3         | 3          |          |                |

**Table 7 Correlation analysis between Cx43 and p-cyclin E1 (Thr77) in colon cancer tissues**

| Cx43 | Thr77(-) | Thr77(+) | Thr77(++) | Thr77(+++) | <i>r</i> | <i>P</i> value |
|------|----------|----------|-----------|------------|----------|----------------|
| -    | 9        | 0        | 0         | 0          | 0.262    | 0.112          |
| +    | 12       | 0        | 0         | 0          |          |                |
| ++   | 11       | 0        | 0         | 0          |          |                |
| +++  | 6        | 0        | 0         | 0          |          |                |

**Table 8 Correlation analysis between Cx43 and p-cyclin E1(Thr395) in colon cancer tissues**

| Cx43 | Thr395(-) | Thr395(+) | Thr395(++) | Thr395(+++) | <i>r</i> | <i>P</i> value |
|------|-----------|-----------|------------|-------------|----------|----------------|
| -    | 5         | 3         | 0          | 1           | 0.457    | 0.004          |
| +    | 8         | 3         | 1          | 0           |          |                |
| ++   | 4         | 4         | 3          | 0           |          |                |
| +++  | 0         | 1         | 3          | 2           |          |                |

In general, our results of 38 clinical colon cancer samples preliminarily showed that ubiquitination and degradation of cyclin E1 were related to phosphorylation of site Ser73 and Thr395, but further experimental verification was still needed. In addition, Cx43 might affect degradation of cyclin E1 by affecting its phosphorylation and the expression of SCF<sup>FBXW7</sup>.

## CONCLUSION

It is postulated that Cx43 might facilitate the phosphorylation of cyclin E1 at the Ser73 and Thr395 sites *via* its interaction with SCF<sup>FBXW7</sup>, thereby exerting an impact on the ubiquitination and degradation of cyclin E1.

## FOOTNOTES

**Author contributions:** Zhang YX and Zhao L designed the research study; Luan RG, Liu MD and Deng ZF performed the research; Lu CL, Zhang MY, Liu R and Yu ML analyzed the data; Zhao L contributed of pathological tissues; Luan RG wrote the manuscript; An R, Yao YL and Guo DB gave administrative support. All authors have read and approved the final manuscript. Professor Zhang YX and Zhao L jointly designed the experiment. Professor Zhang YX provided most of the experimental platforms and techniques, while Zhao L provided pathological tissues and annotated corresponding general conditions and clinical stages. Subsequent to the initial drafting phase, Professor Zhang YX and Zhao L have contributed equally to the iterative revisions of the manuscript. Following a comprehensive deliberation involving all co-authors, it has been mutually agreed that Professor Zhang YX and Dr. Zhao L be designated as co-corresponding authors.

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Basic Study

## BIBR1532 inhibits proliferation and metastasis of esophageal squamous cancer cells by inducing telomere dysregulation

Qin Wang, Qing-Rong Li, Lei Xu, Zi-Chun Yuan, Xiao Liu, Mao-Ju Tang, Man Luo, Xiao-Wu Zhong, Qiang Ma, Xiao-Lan Guo

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### Abstract

#### BACKGROUND

Esophageal squamous cell carcinoma (ESCC) is a malignant tumor with high morbidity and mortality, and easy to develop resistance to chemotherapeutic agents. Telomeres are DNA-protein complexes located at the termini of chromosomes in eukaryotic cells, which are unreplaceable in maintaining the stability and integrity of genome. Telomerase, an RNA-dependent DNA polymerase, play vital role in telomere length maintain, targeting telomerase is a promising therapeutic strategy for cancer.

#### AIM

To investigate the efficacy and underlying mechanisms of BIBR1532, a telomerase inhibitor, in ESCC.

#### METHODS

KYSE150 and KYSE410 cells were cultured and exposed to various concentrations of BIBR1532. Cell viability was assessed at 48 hours and 72 hours to determine the IC<sub>50</sub> values. The effects of BIBR1532 on ESCC cell proliferation, migration, and cellular senescence were evaluated using the cell counting kit-8 assay, plate colony formation assay, scratch assay, transwell assay, and  $\beta$ -galactosidase staining, respectively. Western blotting was performed to detect the expression of

proteins in BIBR1532-treated ESCC cells, such as human telomerase reverse transcriptase (hTERT), key molecules involved in DNA damage response (DDR) or cellular senescence, as well as telomere-binding proteins. Additionally, a tumor-bearing nude mouse model was established to evaluate the anti-cancer effect of BIBR1532 *in vivo*.

## RESULTS

The IC<sub>50</sub> values for KYSE150 and KYSE410 cells after 48 hours of BIBR1532 exposure were 48.53  $\mu$ M and 39.59  $\mu$ M, respectively. These values decreased to 37.22  $\mu$ M and 22.71  $\mu$ M, respectively, following a longer exposure of 72 hours. BIBR1532 exhibited dose-dependent effects on KYSE150 and KYSE410 cells, including decreased hTERT expression, inhibition of proliferation and metastasis, and induction of cellular senescence. Mechanistically, BIBR1532 upregulated the expression of the DDR protein,  $\gamma$ -H2AX, and activated the ataxia telangiectasia and Rad3-related protein (ATR)/check point kinase 1 (CHK-1) and ataxia-telangiectasia mutated gene (ATM)/CHK2 pathways. BIBR1532 downregulated the expression of telomere-binding proteins, including telomeric-repeat binding factor 1 (TRF1), TRF2, protection of telomeres 1, and TIN2-interacting protein 1. In a nude mouse xenograft model, BIBR1532 significantly suppressed tumor growth, reduced hTERT expression, and increased  $\gamma$ -H2AX protein levels. Hematoxylin and eosin staining of various organs, including the heart, liver, spleen, lungs, and kidneys, revealed no apparent adverse effects.

## CONCLUSION

BIBR1532 exerts anti-cancer effects on ESCC by inducing DDR through the ATR/CHK1 and ATM/CHK2 pathways and downregulating the expression of telomere-binding proteins.

**Key Words:** Esophageal squamous cell carcinoma; BIBR1532; Human telomerase reverse transcriptase; DNA damage response; Telomere-binding proteins

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**Core Tip:** BIBR1532 inhibited proliferation and metastasis of esophageal squamous cell carcinoma (ESCC) cells in a dose-dependent manner, which also effectively blocked the growth of ESCC in tumor-bearing nude mouse model. Mechanistically, BIBR1532 downregulated the expression of telomere-binding proteins, upregulated the expression of phosphorylated histone H2AX, ataxia telangiectasia and Rad3-related protein/check point kinase 1 (CHK-1) and ataxia-telangiectasia mutated gene/CHK2 pathways. The *in vitro* and *in vivo* studies showed that BIBR1532 is a potential chemotherapeutic drug for ESCC.

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## INTRODUCTION

Esophageal cancer (EC) is one of the most frequently occurring malignant tumors worldwide, ranking seventh in terms of incidence and sixth in terms of mortality[1]. Approximately 600000 new cases of EC are reported globally each year, and over half of these occur in China. Esophageal squamous cell carcinoma (ESCC) is the predominant histological variety, constituting more than 90% of cases[1-3]. The incidence of ESCC has been correlated with various dietary and lifestyle factors, including the consumption of very hot food and drinks, alcohol intake, and cigarette smoking. Additional risk factors include the consumption of mold-contaminated food, food preparation methods involving charring or smoking, drinking water quality, soil composition, and environmental microbial communities[4]. According to the EC Diagnosis and Treatment Guidelines (version 2022), ESCC treatment modalities include surgery, radiotherapy, chemotherapy, targeted therapy, immunotherapy, and combination therapies[4]. However, the initial stages of EC are often asymptomatic and a significant number of patients present with advanced local disease or distant metastases upon diagnosis. This precludes surgical intervention and necessitates systemic drug therapy to manage the disease[4]. ESCC has been documented to develop resistance to radiotherapy and chemotherapy due to heterogeneity in histology, molecular characteristics, and etiology[5]. Immunotherapy and targeted therapy, although promising, may present with severe side effects or offer uncertain efficacy[6,7]. The current standard first-line chemotherapy regimen typically comprises paclitaxel combined with cisplatin, or cisplatin in combination with fluorouracil or capecitabine. However, side effects of these treatments are often undesirable. Despite advances in ESCC treatment, the prognosis remains poor, with an overall five-year survival rate of < 30%[8]. This highlights the urgent need to identify novel and safe anti-EC agents.

Telomeres are DNA-protein complexes located at the termini of chromosomes in eukaryotic cells. They consist of short repetitive sequences of telomeric DNA (5'-TTAGGG-3') and associated proteins [telomeric-repeat binding factor 1 (TRF1), TRF2, TIN2-interacting protein 1 (TPP1), protection of telomeres 1 (POT1), TRF1-interacting nuclear protein 2 (TIN2), and repressor activation protein 1 (RAP1)]. The primary role of telomeres is to shield chromosome ends from degradation or aberrant recombination[9,10]. Telomere length homeostasis depends on cellular division and telomerase activity. Telomerase is an RNA-dependent DNA polymerase comprising RNA molecules with telomeric template sequences and a protein catalytic subunit telomerase reverse transcriptase (TERT)[11]. Several studies have identified human TERT (hTERT) as a key regulator of telomerase activity[12]. Although telomerase remains transcriptionally inactive in most somatic cells, it is reactivated in over 85% of human cancers, primarily through upregulation of the typically silent hTERT gene[13]. Our previous study demonstrated that the expression of hTERT mRNA in ESCC tissues is significantly upregulated and that hTERT overexpression substantially enhances the proliferation and metastatic potential of cancer cells[14]. These findings suggest that hTERT contributes to ESCC progression and is a potential therapeutic target in afflicted patients.

For nearly two decades, targeting telomerase has been the focus of cancer research. Therapeutic strategies include immunotherapy, small-molecule telomerase inhibitors, oligonucleotide inhibitors, and plant compounds[15]. Among these, the small molecule inhibitor BIBR1532 is a non-nucleoside, non-competitive antagonist that selectively inhibits hTERT[16]. Lavanya *et al*[17] demonstrated that BIBR1532 dose-dependently curtails telomerase activity in human glioblastoma LN18 cells, inducing apoptosis through downregulation of telomerase at both the transcriptional and translational levels. Ding *et al*[18] revealed that lower concentrations of BIBR1532 effectively suppress telomerase activity and exacerbate radiation-induced telomeric dysfunction, compromising chromosome stability and inhibiting the ataxia-telangiectasia mutated gene (ATM)/check point kinase 1 (CHK-1) pathway, thereby impeding DNA damage response (DDR). Another study indicated that telomerase inhibition could regulate epithelial-mesenchymal transition (EMT) in breast cancer, suggesting that telomerase inhibitors primarily eradicate breast cancer stem cells, constrain cellular migration and invasiveness, and ultimately prevent breast cancer cell metastasis[19]. Collectively, these studies imply that BIBR1532 may function as a broad-spectrum anti-cancer agent. However, the effects of BIBR1532 on ESCC have yet to be reported. This study aimed to decipher the biological impact and molecular mechanisms of the telomerase inhibitor BIBR1532 in ESCC cells and provide data for its future clinical use as a potential therapeutic agent for ESCC.

## MATERIALS AND METHODS

### Reagents and antibodies

RPMI 1640 medium was obtained from Gibco (Grand Island, NY, United States). Fetal bovine serum (FBS) was purchased from OCEC (Inner Mongolia, China). Penicillin and Streptomycin were procured from SolarBio (Beijing, China). BIBR1532 was obtained from Pottery (Shanghai, China). Cell counting kit-8 (CCK-8) and  $\beta$ -galactosidase ( $\beta$ -gal) detection kits were obtained from Beyotime Biotechnology (Shanghai, China). The cell cycle detection kit was provided by KeyGen Biotech (Nanjing, Jiangsu Province, China). Immunohistochemistry (IHC) kit was purchased from BOSTER (Wuhan, Hubei Province, China). Antibodies against GAPDH, CHK1, CHK2, phosphorylated histone H2AX ( $\gamma$ -H2AX), phosphorylated ataxia telangiectasia and Rad3-related protein (p-ATR), phosphorylated ATM, hTERT, and goat anti-rabbit IgG were purchased from Cell Signaling Technology (Beverly, CA, United States). Goat anti-rabbit IgG antibody was purchased from BOSTER (Wuhan, Hubei Province, China).

### Cell culture

The human ESCC cell lines KYSE150 and KYSE410 were obtained from the Translational Medicine Research Center of the North Sichuan Medical College. All the cells were cultured in DMEM supplemented with 10% FBS at 37 °C in a humidified atmosphere containing 5% CO<sub>2</sub>.

### CCK-8 assay

CCK-8 assay was performed to assess the viability of KYSE150 and KYSE410 cells. Briefly, the cells were seeded in 96-well plates at a density of  $3 \times 10^3$  cells/well and incubated at 37 °C in 5% CO<sub>2</sub>. After 24 hours, cells were treated with DMSO (vehicle control) or a series of BIBR1532 concentrations (25  $\mu$ M, 50  $\mu$ M, 75  $\mu$ M, and 100  $\mu$ M) for 48 hours or 72 hours. At the indicated time points, 10  $\mu$ L of the CCK-8 reagent was added to each well. The plates were incubated for 2 hours in the dark, and the absorbance (A) was measured at 450 nm using a microplate reader.

### Plate colony formation assay

KYSE150 and KYSE410 cells were seeded in six-well plates at a density of  $2 \times 10^3$  cells/well. After 24 hours of incubation, cells were treated with either DMSO or different concentrations of BIBR1532 (25  $\mu$ M, 50  $\mu$ M, and 75  $\mu$ M). Cells were cultured for 1-2 weeks until visible clones emerged in control wells. Subsequently, cells were fixed with methanol for 10 minutes and stained with crystal violet for 10 minutes. Finally, plates were washed, air-dried, and imaged.

### Wound healing assay

KYSE150 and KYSE410 cells were seeded in six-well plates at a density of  $5 \times 10^5$  cells/well. When the cell monolayer reached approximately 90% confluence, two parallel scratches were created across the cell layer by using a sterile pipette tip. The plates were washed three times with PBS and fresh culture medium was added. Initial images (0 hour) were



captured, and the cells were treated with either DMSO or a series of BIBR1532 concentrations (25  $\mu$ M, 50  $\mu$ M, and 75  $\mu$ M). After 24 hours, images of the same locations were obtained using an optical microscope to assess the wound closure.

### **Transwell assay**

KYSE150 and KYSE410 cells were cultured, trypsinized (0.25% w/v), and resuspended in serum-free RPMI 1640. The cell density was adjusted to  $5 \times 10^5$  cells/mL. Subsequently, 500  $\mu$ L of RPMI 1640 medium containing 10% FBS was added to the lower chamber of a 12-well plate, and 200  $\mu$ L of the cell suspension was added to the upper chamber of the Transwell insert. The cells were then treated with DMSO or different concentrations of BIBR1532 (25  $\mu$ M, 50  $\mu$ M, and 75  $\mu$ M). After 24 hours, the non-migrated cells on the upper surface of the membrane were removed, and the migrated cells on the lower surface were fixed with methanol for 10 minutes and stained with crystal violet for 20 minutes. Images were captured using an optical microscope.

### **Cell senescence assay**

KYSE150 and KYSE410 cells were seeded into six-well plates at a density of  $1 \times 10^5$  cells/well and treated with either DMSO or different concentrations of BIBR1532 (25  $\mu$ M, 50  $\mu$ M, and 75  $\mu$ M). After treatment, cells were washed twice with PBS and fixed at room temperature for 15 minutes. Subsequently, the cells were washed three times with PBS and incubated overnight at 37 °C in  $\beta$ -gal staining solution. The plates were sealed with plastic wrap to prevent evaporation, and the senescent cells were observed under an optical microscope.

### **Tumor-bearing nude mice model construction and treatment**

Male 6-week-old BALB/c nude mice (approximately 20 g) were purchased from Beijing Laboratory Animal Research Center (Beijing, China). Animal care and experiments were performed with the approval of the Animal Ethics Committee of North Sichuan Medical College. KYSE150 cells in the logarithmic phase of growth were harvested and adjusted to a density of  $1 \times 10^7$  cells/mL. Subsequently, 100  $\mu$ L of the cell suspension was subcutaneously implanted into the upper right flank of each mouse. When the tumor volume reached approximately 100 mm<sup>3</sup>, mice were randomly divided into two groups ( $n = 4$  per group). The treatment group received intraperitoneal injections of BIBR1532 (50 mg/kg), whereas the control group received an equal volume of DMSO. Injections were administered every two days. Tumor dimensions were measured using a Vernier caliper every two days, and tumor volumes were calculated using the following formula: Volume (mm<sup>3</sup>) = length  $\times$  width<sup>2</sup>/2. On day 20, all mice were euthanized and tumor tissues were collected and fixed in 4% paraformaldehyde solution for 24 hours. Fixed tissues were embedded in paraffin for further analysis.

### **Immunohistochemical staining**

Paraffin-embedded xenograft tissues were sectioned and subjected to immunohistochemical staining. Briefly, sections were deparaffinized, rehydrated, and subjected to antigen retrieval using sodium citrate buffer. The sections were incubated with primary antibodies against hTERT, Ki-67, and  $\gamma$ -H2AX at 4 °C overnight. Subsequently, the sections were stained using an immunostaining kit (BOSTER, Wuhan, Hubei Province, China), according to the manufacturer's instructions.

### **Hematoxylin and eosin staining of the tissue specimens**

Paraffin-embedded tissue sections were deparaffinized and rehydrated. The nuclei were stained with hematoxylin, and the cytoplasm was counterstained with eosin. Finally, the sections were dehydrated, cleared, mounted, and observed under a microscope.

### **Western blotting**

Tissue samples were homogenized, and total proteins were extracted using RIPA buffer. Proteins were separated using SDS-PAGE and electrophoretically transferred to polyvinylidene difluoride (PVDF) membranes. The PVDF membranes were washed and blocked with 5% skimmed milk for 1 hour at room temperature. Subsequently, the membranes were incubated with the primary antibodies overnight at 4 °C. After washing, membranes were incubated with secondary antibodies for 1 hour at room temperature. Finally, the protein bands were detected using an enhanced chemiluminescence system (VILBER FUSION FX7, France).

### **Statistical analysis**

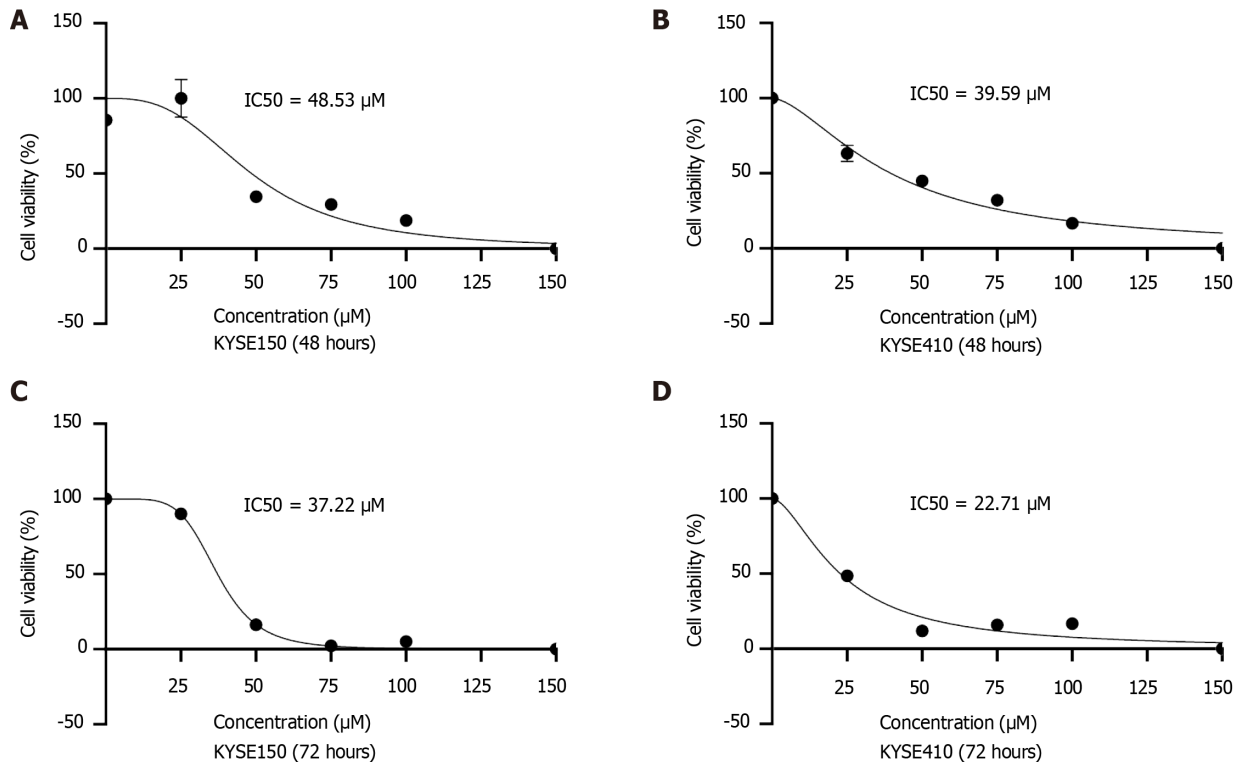
The experimental data were analyzed using the GraphPad Prism 8 software. Data are presented as mean  $\pm$  SD of three independent experiments. Comparisons between two groups were performed using the Student's *t*-test, and comparisons between multiple groups were performed using analysis of variance (ANOVA). Differences were considered statistically significant at  $P < 0.05$ .

## **RESULTS**

### **IC50 of BIBR1532 in ESCC Cells**

To assess the potential toxicity of BIBR1532 in ESCC cells, KYSE150 and KYSE410 cells were treated with various concentrations of BIBR1532 (25  $\mu$ M, 50  $\mu$ M, 75  $\mu$ M, and 100  $\mu$ M) for 48 hours or 72 hours. Cell viability was evaluated, and the half-maximal inhibitory concentration (IC50) values were calculated. Our results indicated a significant dose-dependent

decrease in the viability of both KYSE150 and KYSE410 cells post-treatment at both time points, the IC<sub>50</sub> of BIBR1532 was 48.53  $\mu$ M and 39.59  $\mu$ M in KYSE150 and KYSE410 cells treated for 48 hours, and 37.22  $\mu$ M and 22.71  $\mu$ M in above-mentioned two cell lines treated for 72 hours (Figure 1). Based on these findings, BIBR1532 concentrations of 25  $\mu$ M, 50  $\mu$ M, and 75  $\mu$ M and a 48-hour treatment duration were selected for subsequent experiments.



**Figure 1** IC<sub>50</sub> determination of BIBR1532 in esophageal squamous cell carcinoma cells. A and B: Viability of KYSE150 (A) and KYSE410 (B) cells after treatment with the indicated concentrations of BIBR1532 for 48 hours; C and D: Viability of KYSE150 (C) and KYSE410 (D) cells after treatment with the indicated concentrations of BIBR1532 for 72 hours.

### BIBR1532 inhibits ESCC proliferation

Since BIBR1532 is a telomerase inhibitor, we first evaluated whether it regulates the expression of hTERT, a core catalytic subunit of telomerase. The results showed that BIBR1532 significantly downregulated the expression of hTERT in KYSE150 and KYSE410 cells in a dose-dependent manner (Figure 2A). Subsequently, we evaluated the effect of BIBR1532 on the proliferation of KYSE150 and KYSE410 cells. As shown in Figure 2B, BIBR1532 significantly inhibited the viability of both the cell lines. The inhibitory effect on cell viability increased gradually with higher concentrations of BIBR1532 and longer incubation times, in a time- and dose-dependent manner. Plate colony formation assays further confirmed the ability of BIBR1532 to inhibit proliferation of KYSE150 and KYSE410 cells (Figure 2C).

### BIBR1532 inhibits the migration ability of ESCC

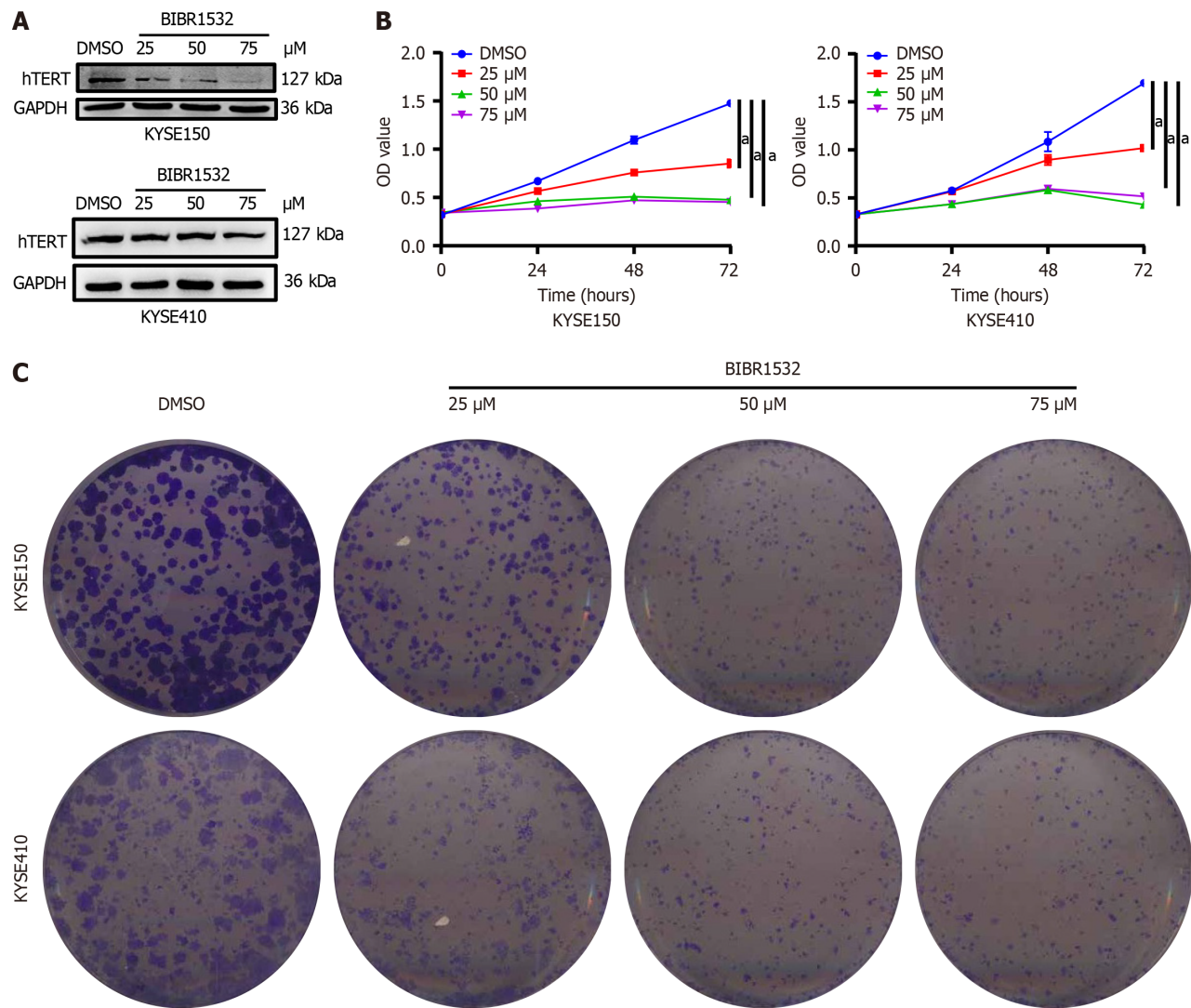
To explore whether BIBR1532 regulates the migration capacity of EC cells, scratch and transwell assays were used to evaluate the migration of KYSE150 and KYSE410 cells after exposure to BIBR1532. The results showed that the migration distance of KYSE150 and KYSE410 cells in the BIBR1532-treated group was significantly shorter than that in the DMSO control group, in a dose-dependent manner (Figure 3A). Similarly, transwell assays revealed that the number of migrated cells in the BIBR1532-treated group was significantly lower than that in the DMSO group (Figure 3B). These results suggested that BIBR1532 significantly inhibits the migration of EC cells.

### BIBR1532 induces senescence in ESCC

Because BIBR1532 is a telomerase inhibitor, we investigated whether it induced cellular senescence.  $\beta$ -gal staining assay was employed to detect the effect of BIBR1532 on the senescence of KYSE150 and KYSE410 cells. The number of senescent cells in the BIBR1532-treated group was significantly higher than that in the DMSO control group (Figure 4A). In addition, the senescent marker P53 was evidently upregulated after BIBR1532 exposure (Figure 4B). These results showed that BIBR1532 induces senescence in ESCC.

### BIBR1532 inhibits the proliferation and migration of ESCC through downregulation of hTERT

To determine whether BIBR1532 exerted its anti-cancer effect on ESCC cells by downregulating hTERT expression, we treated the cells with BIBR1532 (50  $\mu$ M) combined with hTERT overexpression. The results showed that BIBR1532



**Figure 2** Effect of BIBR1532 on the proliferation of KYSE150 and KYSE410 cells. **A:** Human telomerase reverse transcriptase expression in KYSE150 and KYSE410 cells after exposure to a series of BIBR1532 concentrations; **B:** Viability of KYSE150 and KYSE410 cells after treatment with various concentrations of BIBR1532 at the indicated time points; **C:** Plate colony formation by KYSE150 and KYSE410 cells after treatment with various concentrations of BIBR1532 at the indicated time points. <sup>a</sup>*P* < 0.05 was compared with the control group respectively. *P* < 0.05 was considered statistically significant. hTERT: Human telomerase reverse transcriptase.

inhibited the proliferation and migration of KYSE150 cells. Moreover, hTERT overexpression in KYSE150 cells promoted ESCC cell proliferation and migration. Importantly, hTERT overexpression alleviated the tumor-suppressive effects of BIBR1532 in KYSE150 cells (Figure 5). These results indicated that BIBR1532 exerts anti-cancer effects on ESCC by downregulating hTERT expression.

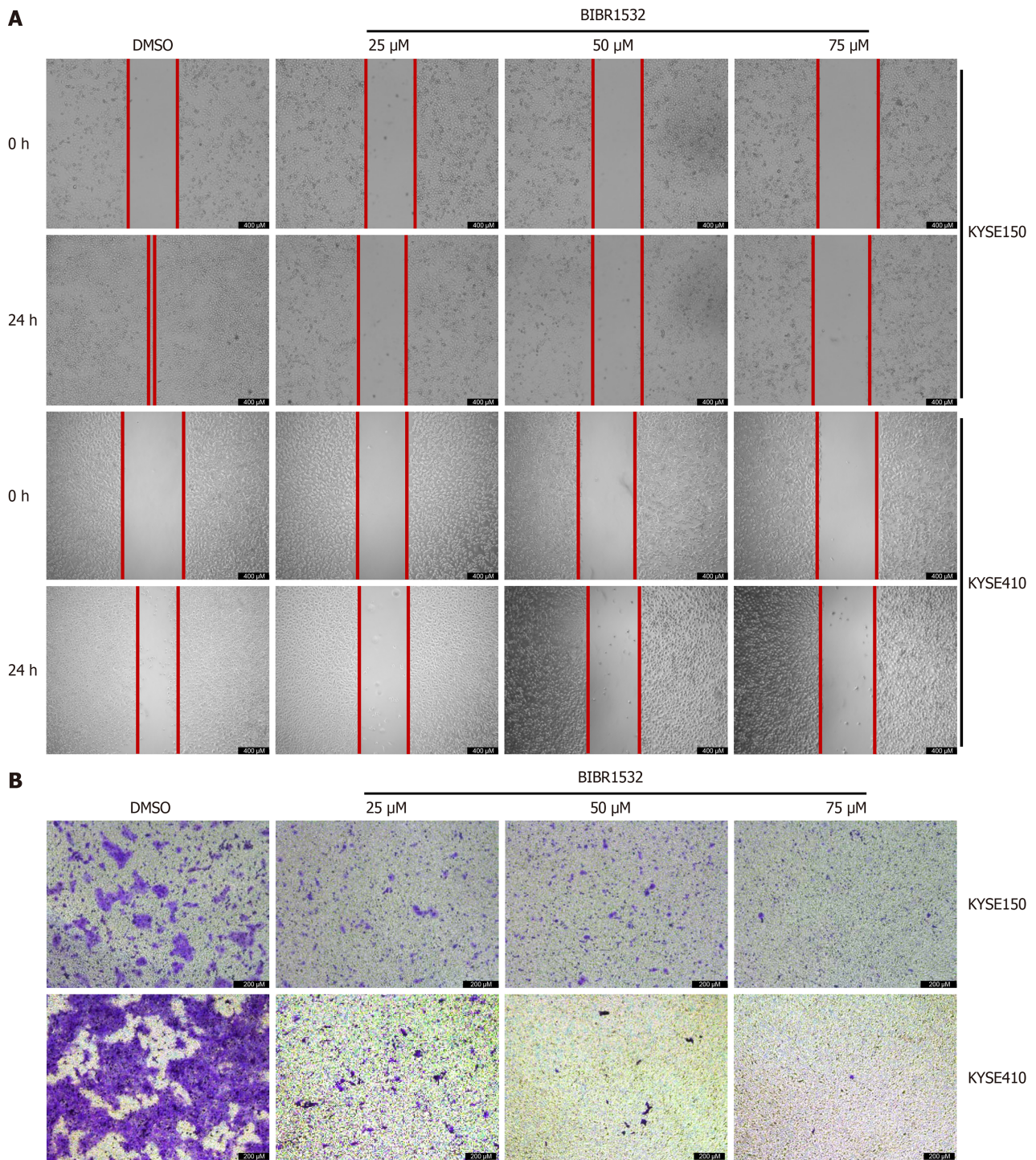
#### **BIBR1532 downregulates the expression of telomere protective proteins in EC cells**

Studies have demonstrated that BIBR1532 is cytotoxic and can cause direct damage to telomere structure, leading to the loss of TRF2 binding, thereby inducing telomere dysfunction[20]. To investigate whether BIBR1532 regulated the expression of other telomere protection proteins, the expression of shelterin proteins (TRF1, TRF2, TPP1, POT1, TIN2, and RAP1) was evaluated in KYSE150 and KYSE410 cells treated with BIBR1532. The results showed that BIBR1532 significantly downregulated the expression of TRF1, TRF2, TPP1, and POT1 in both cell lines, but had no significant effect on the expression of TIN2 and RAP1 (Figure 6A and B). These results indicated that BIBR1532 may lead to the dysregulation of telomere structure and function.

#### **BIBR1532 regulates the DDR of EC cells through the ATM/ATR signaling pathway**

The main function of telomere protection proteins is to protect DNA ends from being recognized as double-strand breaks that trigger DDR[15]. Excessive lengthening or shortening of telomeres results in an imbalance in genome homeostasis, ultimately inducing DDR. Given that BIBR1532 inhibits the expression of hTERT and the telomere protection proteins TRF1, TRF2, TPP1, and POT1, we hypothesized that BIBR1532 can induce DDR in ESCC cells. As shown in Figure 6C and D, the expression of γ-H2AX in KYSE150 and KYSE410 cells was significantly upregulated after treatment with the indicated concentrations of BIBR1532. ATM- and ATR-mediated protein expression levels of CHK2 and CHK1, which are



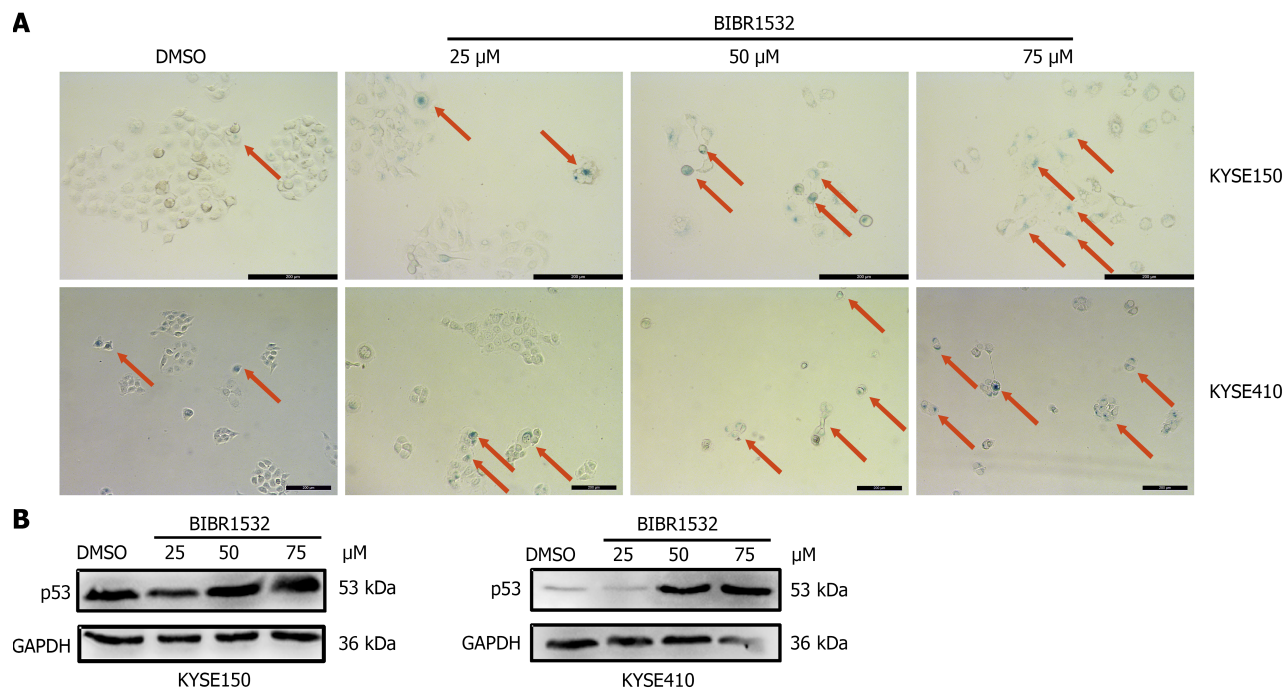


**Figure 3** Effect of BIBR1532 on the migration of KYSE150 and KYSE410 cells. A: Migration of KYSE150 and KYSE410 cells after treatment with various concentrations of BIBR1532 for 24 hours, as evaluated by scratch assay; B: Migration of KYSE150 and KYSE410 cells after treatment with various concentrations of BIBR1532 for 24 hours, as evaluated by the transwell assay.

important downstream regulators of the DNA damage repair pathway, were also upregulated. These results suggested that BIBR1532 may induce DDR in ESCC cells through the ATM-CHK2 and ATR-CHK1 pathways.

#### **BIBR1532 inhibits tumor growth in ESCC xenograft mouse model**

To further investigate the anti-cancer effect of BIBR1532 *in vivo*, nude mouse xenograft models were constructed by subscapular injection of KYSE150 cells. The results showed that tumor growth was inhibited in xenograft mice after treatment with BIBR1532 (Figure 7A and B). Moreover, the tumor weight was significantly lower in BIBR1532-treated mice than in DMSO-treated controls (Figure 7C). Furthermore, IHC results showed that the expression of hTERT and Ki-67 was reduced, whereas that of  $\gamma$ -H2AX was increased in tumor tissues treated with BIBR1532 (Figure 7D). Consistent with the IHC results, western blot analysis confirmed that the expression of hTERT was significantly downregulated, whereas that of  $\gamma$ -H2AX was upregulated in tumors treated with BIBR1532 (Figure 7E). Importantly, macroscopic images



**Figure 4** Effect of BIBR1532 on the senescence of KYSE150 and KYSE410 cells. A: Senescence of KYSE150 and KYSE410 cells after treatment with various concentrations of BIBR1532 for 48 hours; B: Expression of the cell senescence biomarker p53 in KYSE150 and KYSE410 cells after treatment with various BIBR1532 concentrations for 48 hours.

and hematoxylin and eosin (H&E) staining of the heart, liver, spleen, lungs, and kidneys of mice showed no obvious differences between the BIBR1532-treated group and the DMSO group (Figure 7F and G). Taken together, these data demonstrated that BIBR1532 inhibits ESCC growth *in vivo* without apparent toxicity.

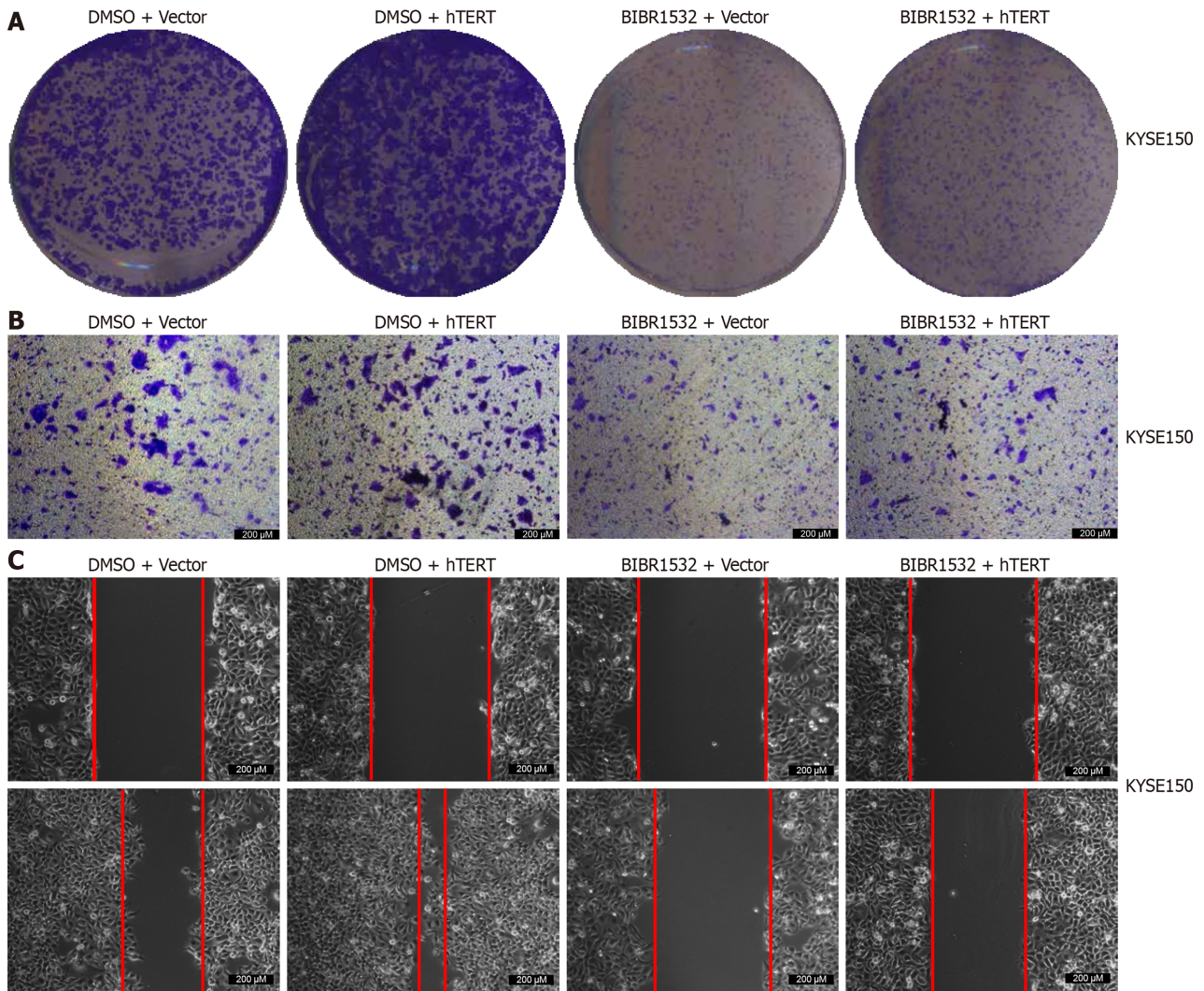
## DISCUSSION

Telomerase, an enzyme comprising catalytic proteins and RNA templates, is responsible for telomere elongation in cells. Normally, telomerase expression is suppressed in somatic cells, resulting in telomere shortening after cell division[21]. During the malignant transformation of cells, telomerase is reactivated, promoting uncontrolled cell growth. Studies have shown that telomerase maintains tumor cell proliferation capacity and promotes tumor development by regulating telomere length[22]. Previous research has demonstrated that hTERT is highly expressed in various tumors, including ESCC[23-25]. Our previous studies also confirmed that hTERT overexpression promotes the proliferation and metastasis of EC cells[14]. Therefore, targeting hTERT holds great potential for EC treatment.

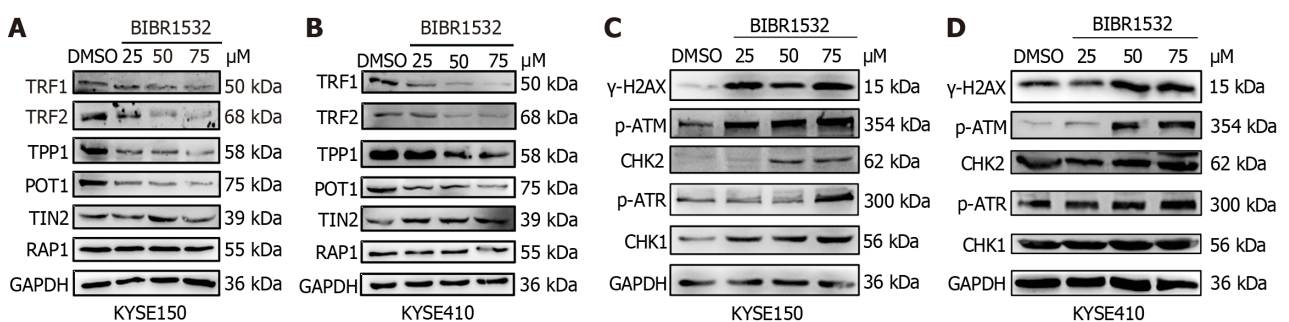
Various telomerase inhibitors have been developed as potential therapeutic agents. Among them, BIBR1532 is a selective non-competitive inhibitor that primarily impairs DNA substrate extension after extending to the 5' end of the template, reducing the number of TTAGGG repeats, and inhibiting long reactant formation[26]. BIBR1532 inhibits the proliferation, migration, and invasion of endometrial cells in patients with endometriosis by reducing the cascade reaction of telomerase activity and the MAPK signaling pathway[27]. In addition to benign diseases, BIBR1532 is primarily used in cancer therapy. For instance, it inhibits proliferation and migration, while inducing apoptosis in anaplastic thyroid cancer SW1736 cells[28]. Consistent with previous studies, we found that BIBR1532 downregulated hTERT expression and inhibited ESCC cell proliferation in a dose-dependent manner. Moreover, BIBR1532 significantly inhibited EC cell migration in a dose-dependent manner. Next, we explored the *in vivo* anti-EC effect of BIBR1532. These results demonstrated that BIBR1532 inhibited the growth of transplanted tumors in nude mice. H&E staining of the heart, liver, spleen, lung, and kidney tissues showed that BIBR1532 did not cause obvious microscopic changes in the key organs of nude mice, indicating its low toxicity *in vivo*. These findings further demonstrated that BIBR1532 is a potential therapeutic drug for ESCC.

Telomeres play a crucial role in the maintenance of chromosomal integrity. In eukaryotic cells, telomeres are protected by the telomere protection protein complex to prevent chromosome end DNA molecules from being recognized as broken double-stranded DNA, which induces ATM- and ATR-dependent DDR[29,30]. When DNA is damaged, upstream ATM and/or ATR protein kinases are activated, subsequently activating downstream signal transduction kinases, CHK1 and/or CHK2, as well as a series of receptors (BRCA1, MDC1, and 53BP1). These kinase cascades enhance DNA damage signals and initiate different response systems through the effectors CDC25, p53, and SMC1, ultimately leading to cell cycle arrest, activation of DNA damage repair pathways, and cell apoptosis and/or senescence[31]. In this study, we found that the expression of telomere protection proteins (TRF1, TRF2, TPP1, and POT1) was downregulated in BIBR1532 treated EC cells KYSE150 and KYSE410. Concurrently, the expression of the DNA damage-related response proteins  $\gamma$ -



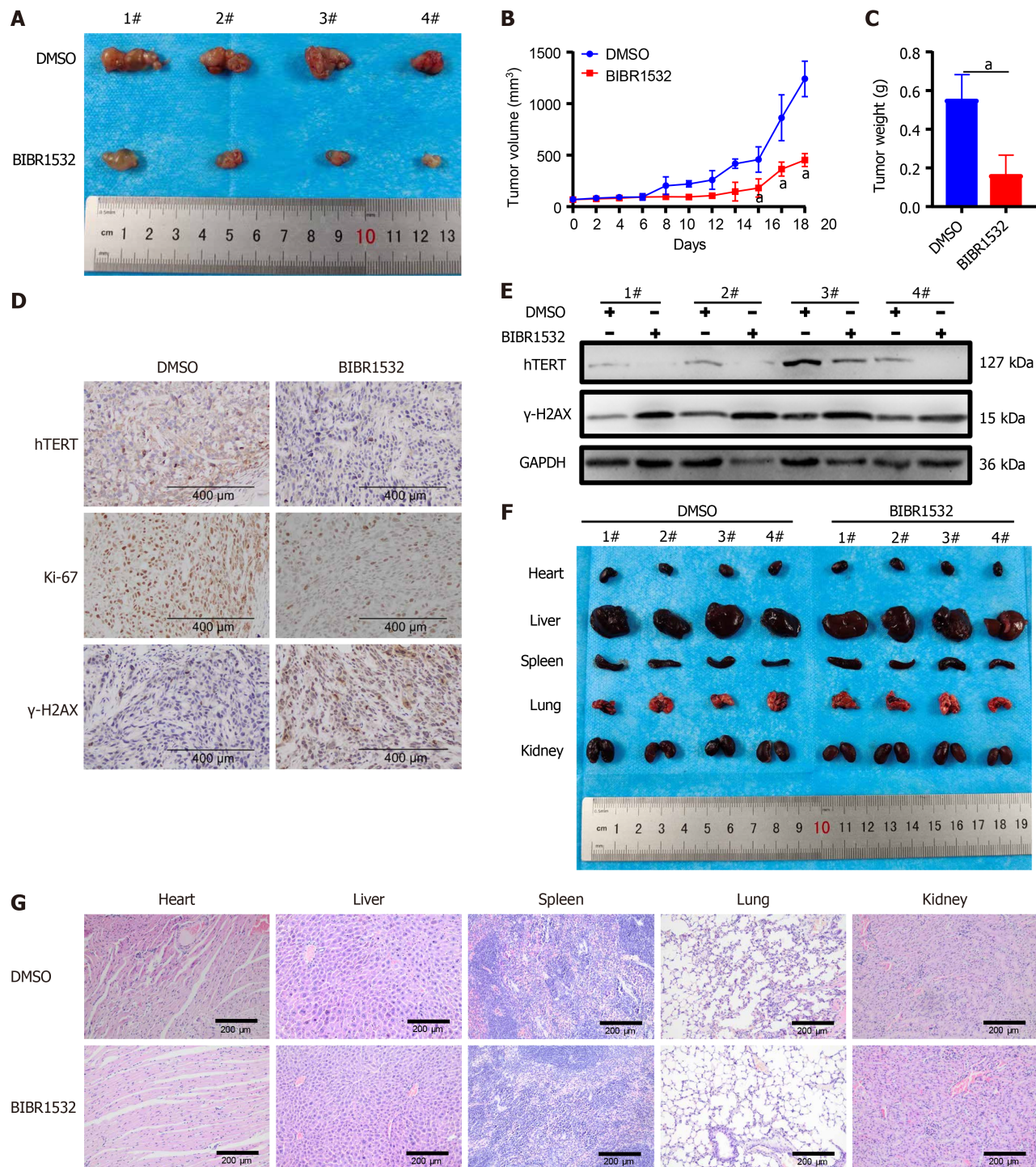


**Figure 5** Proliferation and migration of KYSE150 cells after treatment with BIBR1532 combined with human telomerase reverse transcriptase overexpression. A: Plate colony formation by KYSE150 cells after treatment with BIBR1532 (50  $\mu$ M) and/or human telomerase reverse transcriptase (hTERT) overexpression for 48 hours; B: Migration evaluated by transwell assay of KYSE150 cells after treatment with BIBR1532 (50  $\mu$ M) and/or hTERT overexpression for 48 hours; C: Migration evaluated by the scratch assay of KYSE150 cells after treatment with BIBR1532 (50  $\mu$ M) and/or hTERT overexpression for 48 hours. hTERT: Human telomerase reverse transcriptase.



**Figure 6** Effect of BIBR1532 on shelterin protein and key proteins in the DNA damage response pathway expression in KYSE150 and KYSE410 cells. A and B: Expression of telomeric-repeat binding factor 1 (TRF1), TRF2, TIN2-interacting protein 1, protection of telomeres 1, TIN2, and repressor activation protein 1 in KYSE150 (A) and KYSE410 (B) cells after treatment with indicated concentrations of BIBR1532 for 48 hours; C and D: Expression of  $\gamma$ -H2AX, p-ATM, CHK2, p-ATR, and CHK1 in KYSE150 (C) and KYSE410 (D) cells after treatment with the indicated concentrations of BIBR1532 for 48 hours. TRF1: Telomeric-repeat binding factor 1; TRF2: Telomeric-repeat binding factor 2; TPP1: TIN2-interacting protein 1; POT1: Protection of telomeres 1; TIN2: TRF1-interacting nuclear protein 2; RAP1: Repressor activation protein 1;  $\gamma$ -H2AX: Phosphorylated histone H2AX; p-ATM: Phosphorylated ataxia-telangiectasia mutated gene; p-ATR: Phosphorylated ataxia telangiectasia and Rad3-related protein; CHK2: Check point kinase 2; CHK1: Check point kinase 1.





**Figure 7** Anti-cancer effect of BIBR1532 in an esophageal squamous cell carcinoma xenograft mouse model. A-C: Tumor images (A), growth curves (B), and tumor weights (C) obtained from xenograft tumors derived from KYSE150 cells treated with BIBR1532 (50 mg/kg); D and E: Expression of human telomerase reverse transcriptase, Ki-67, and γ-H2AX in xenografted tumor tissues evaluated by immunohistochemistry (D) and Western blotting (E); F: Macroscopic images of the heart, liver, spleen, lungs, and kidneys of nude mice treated with BIBR1532 or DMSO; G: Hematoxylin and eosin staining of the heart, liver, spleen, lung, and kidney tissues from nude mice treated with BIBR1532 or DMSO. \* $P < 0.05$  was compared with the control group respectively.  $P < 0.05$  was considered statistically significant. hTERT: Human telomerase reverse transcriptase; γ-H2AX: Phosphorylated histone H2AX.

H2AX, p-ATM, CHK1, p-ATR, and CHK2 was significantly upregulated. These findings indicate that BIBR1532 inhibits telomerase activity and downregulates the expression of telomere protection proteins, inducing DDR and activating the ATM/ATR signaling pathway in EC cells. Our findings are consistent with those of a previous study showing that the knockdown of TPP1 induces DDR in EC cells[32]. Additionally, we observed that BIBR1532 induced cellular senescence in a concentration-dependent manner and upregulated the expression of the senescence marker P53, which is consistent with a series of reactions following telomere attrition, such as triggering the DDR pathway, cellular senescence, and apoptosis[33,34].

## CONCLUSION

In summary, we found that BIBR1532 inhibited the proliferation and migration of ESCC cells, which is likely associated with the activation of DDR and the ATM/ATR signaling pathway, ultimately leading to telomere dysregulation and cellular senescence. Although this study presents novel findings, it has several limitations. First, we were unable to uncover the detailed mechanisms by which BIBR1532 downregulates hTERT expression, or whether it affects telomerase activity. Second, the mechanism by which BIBR1532 downregulates the expression of the four telomere protective proteins remains unclear. In the near future, we will further investigate the role of BIBR1532 in ESCC to provide more information regarding its potential therapeutic application. This may include exploring the direct effects of BIBR1532 on telomerase activity, elucidating the molecular pathways involved in the downregulation of telomere-protective proteins, and investigating potential combination therapies to enhance its anti-cancer effects.

## FOOTNOTES

**Author contributions:** Guo XL and Ma Q contributed to conceptualization; Yuan ZC, Liu X, and Zhong XW contributed to investigation; Wang Q, Li QR, Xu L, Yuan ZC, Liu X, Tang MJ, Luo M, and Zhong XW contributed to methodology; Wang Q, Li QR, and Ma Q contributed to writing-original draft; Guo XL contributed to writing-review and editing; and all authors have read and approved the manuscript.

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## Complete response of gallbladder cancer treated with gemcitabine and cisplatin chemotherapy combined with durvalumab: A case report and review of literature

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### Abstract

#### BACKGROUND

Gallbladder cancer (GBC) is the most common and aggressive subtype of biliary tract cancer (BTC) and has a poor prognosis. A newly developed regimen of gemcitabine, cisplatin, and durvalumab shows promise for the treatment of advanced BTC. However, the efficacy of this treatment for GBC remains unclear.

#### CASE SUMMARY

In this report, we present a case in which the triple-drug regimen exhibited marked effectiveness in treating locally advanced GBC, thus leading to a long-term survival benefit. A 68-year-old man was diagnosed with locally advanced GBC, which rendered him ineligible for curative surgery. Following three cycles of therapy, a partial response was observed. After one year of combined therapy, a clinical complete response was successfully achieved. Subsequent maintenance therapy with durvalumab monotherapy resulted in a disease-free survival of 9 months for the patient. The patient experienced tolerable toxicities of reversible grade 2 nausea and fatigue. Tolerable adverse events were observed in the patient throughout the entirety of the treatment.

#### CONCLUSION

The combination of gemcitabine and cisplatin chemotherapy with durvalumab was proven to be an effective treatment approach for advanced GBC, with manageable adverse events. Further research is warranted to substantiate the effectiveness of the combined regimen in the context of GBC.

**Key Words:** Gallbladder cancer; Chemotherapy; Immunotherapy; Durvalumab; Complete response; Case report



**Core Tip:** This study presents a significant case of a patient with locally advanced gallbladder cancer (GBC) who achieved a clinical complete response following treatment with a novel regimen combining gemcitabine, cisplatin, and durvalumab (GC-D). Despite the notorious resistance of GBC to conventional therapies, the positive outcomes observed in this case suggest potential benefits of immunotherapy in this context. These findings highlight the need for further research to validate the efficacy of the GC-D regimen and to explore its implications for future treatment protocols in GBC.

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## INTRODUCTION

Gallbladder cancer (GBC) is a rare but invasive malignant tumor, accompanied by high mortality (median 5-year overall survival of 18%)[1]. In its early stage, GBC often remains asymptomatic, thus leading to frequent negligence. Based on the GLOBOCAN 2018 data, 43% of GBCs are diagnosed with concurrent liver and lymph node metastases, which eliminates the chance for curative surgical resection[2]. More than half of the GBC patients suffer from tumor recurrence after undergoing radical surgery[3].

Traditionally, gemcitabine and cisplatin (GC) are widely regarded as being first-line therapies for locally advanced biliary tract cancer (BTC), but their effectiveness is limited[4].

In recent years, the emergence of immunotherapy has revolutionized the treatment approach for solid tumors, thus leading to substantial improvements in patient survival. The success of the double-blind phase III TOPAZ-1 study, which has explored the effects of a combined regimen of gemcitabine, cisplatin, and durvalumab (GC-D) in combination with GC, has marked the beginning of a new era in immunotherapy for BTC[5]. Research has indicated that patients who are given GC-D have notably increased median overall survival (OS; 12.8 *vs* 11.5 months), 24-month OS rate (24.9% *vs* 10.4%), and progression-free survival (7.2 *vs* 5.7 months), with comparable adverse events being reported[6]. This triple therapy regimen is recommended as first-line treatment for BTC, according to the 2023 National Comprehensive Cancer Network guidelines. However, compared with other types of BTC, GBC has distinct biological characteristics, including unique genetic mutations and a more immunosuppressive microenvironment, which contributes to its aggressive nature and poor response to standard therapies[7,8]. Unlike cholangiocarcinoma or pancreatic cancer, GBC is frequently diagnosed at advanced stages because of its asymptomatic nature, thus leading to a more dismal prognosis. Given the unique biological characteristics and clinical behavior of GBC, investigations of the treatment responses within this specific context are crucial. Moreover, an understanding of these nuances can provide insights into optimizing therapeutic strategies and improving patient outcomes.

Herein, we report a case in which GC-D was significantly effective for locally advanced GBC, with a clinical complete response (CR) eventually achieved. This case is particularly noteworthy, as it highlights the potential for improved outcomes in a patient population that is typically characterized by poor prognosis, thus contributing valuable insights into the treatment landscape for GBC.

## CASE PRESENTATION

### Chief complaints

A 68-year-old man presented with right upper abdominal pain that has persisted for 7 days.

### History of present illness

Seven days earlier, the patient experienced intermittent mild pain in the right upper abdomen, which was tolerable and lasted for several hours before subsiding on its own. There were no accompanying symptoms such as fever, nausea, vomiting, or diarrhea. The patient's abdominal pain worsened after meals, prompting the patient to seek medical attention at a local hospital, where an ultrasound examination indicated cholecystitis.

### History of past illness

No significant past medical history was reported.

### Personal and family history

The patient's personal and family medical histories were unremarkable.

### Physical examination

Physical examination revealed tenderness in the right upper quadrant, with no signs of jaundice or masses.

### Laboratory examinations

Laboratory examinations revealed a total white blood cell count of  $12.32 \times 10^9/L$ , with a neutrophil percentage of 80.3%. Additionally, the CA19-9 level was 28.7 U/mL, which was slightly elevated above normal limits and other routine blood tests were within normal limits.

### Imaging examinations

Multiphasic contrast-enhanced computed tomography (MCCT) indicated gallbladder enlargement, wall thickening, and potential cholecystitis, in addition to swollen hepatoduodenal mesenteric lymph nodes and a lower density lesion in the S4 segment of the liver, thus suggesting possible metastasis (Figure 1).

## FINAL DIAGNOSIS

The preoperative diagnosis was unclear, thus raising the possibility of either cholecystitis or GBC.

## TREATMENT

Given the unclear preoperative diagnosis, laparoscopic examination was performed. Thickening and hardening of the cystic duct were intraoperatively observed. A cholecystectomy was initially performed, and the proximal end of the cystic duct was sent for intraoperative frozen sectioning, which revealed the presence of tumor cells accompanied by necrosis. Further exploration revealed the presence of multiple enlarged lymph nodes at the hepatic hilum, with some nodes fused together, as well as involvement of the lower segment of the common bile duct. If radical resection had been performed, the performance of hepatopancreatoduodenectomy would have entailed significant surgical trauma and extensive resection, thus possibly resulting in a variety of postoperative complications. After communicating the corresponding risks with the patient's family, they refused to have the patient undergo radical surgical resection and opted for later systemic treatment instead, thus eliminating the need for the operation. The patient received GC-D therapy (gemcitabine: 1000 mg/m<sup>2</sup>, days 1 and 8; cisplatin: 25 mg/m<sup>2</sup>, days 1 and 8; durvalumab: 1500mg, days 1; 1 course for 21 days).

## OUTCOME AND FOLLOW-UP

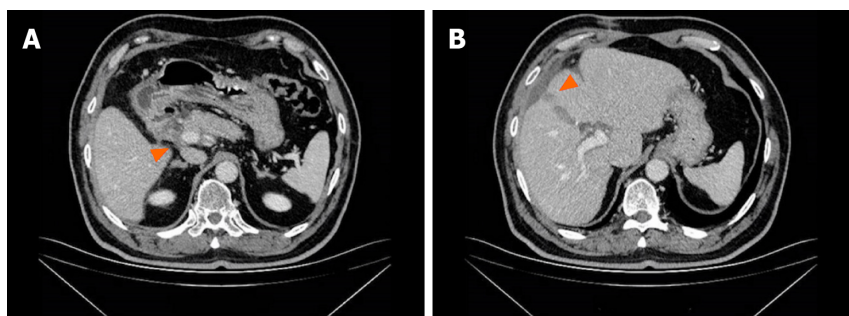
The patient experienced tolerable toxicities of reversible grade 2 nausea and fatigue. These symptoms occurred in approximately 60% of the treatment cycles and were effectively managed with tropisetron prior to chemotherapy. After 3 cycles of therapy, the CA19-9 level decreased to 11.4 U/mL. MCCT revealed a reduction in the number of hepatoduodenal mesenteric lymph nodes and a lower-density lesion in the S4 segment of the liver (Figure 2). Due to the positive outcomes, the patient proceeded with the ongoing treatment regimen. Six months after the start of GC-D therapy, the tumor marker level remained relatively low. MCCT revealed a significant reduction in the number of hepatoduodenal mesenteric lymph nodes and the disappearance of lower-density lesions in the S4 segment of the liver (Figure 3). An objective response of partial response (PR) was assessed. As a result of the favourable treatment effects, the patient was able to continue with the initial therapeutic regimen despite experiencing increased nausea and fatigue two days after chemotherapy. One year after beginning therapy, MCCT revealed the disappearance of the hepatoduodenal mesenteric lymph nodes, with his tumor marker levels remaining within normal range. A clinical CR was assessed. When considering the adverse effects of chemotherapy, the patient chose maintenance therapy with durvalumab monotherapy. The entire clinical course is displayed in Figure 4. He returned to his normal daily life, and the ultimate goal of treatment, which was to prolong the patient's quality of life, was achieved. Given the significant CR, we plan to conduct follow-up studies to track the patient's long-term survival, recurrence rates, and overall quality of life over several years, to assess the durability of the GC-D regimen for GBC patients.

## DISCUSSION

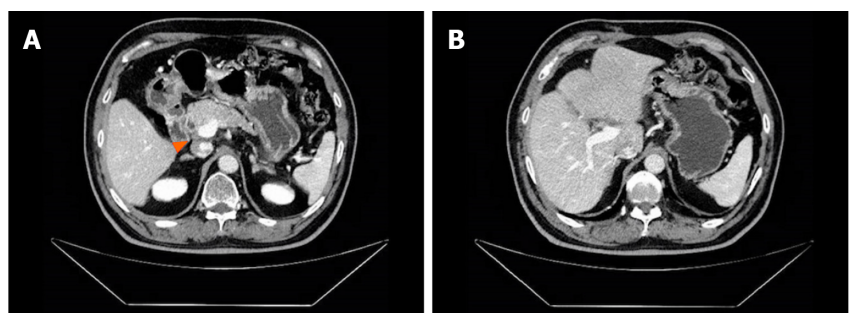
GBC is a highly malignant tumor. Due to its insensitivity to chemotherapy, its therapeutic efficacy is limited[9-11]. Despite ongoing efforts and exploration, progress in treating GBC has been limited over a prolonged period of time[12-14]. TOPAZ-1 represents a silver lining that illuminates the path for treating TBC[5]. However, the extent to which GBC patients can derive any survival benefits from triple treatment remains uncertain. This aspect has rarely been addressed in previous studies. In this study, a triple combined regimen of gemcitabine, cisplatin and durvalumab achieved a clinical



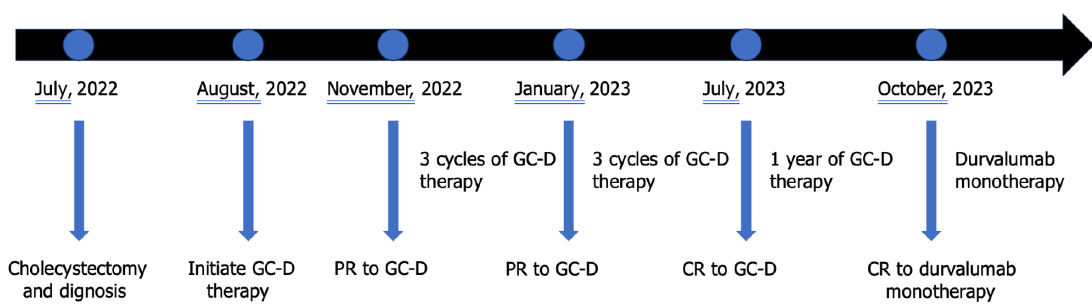
**Figure 1** Multiphasic contrast-enhanced computed tomography findings. A: Gallbladder enlargement and wall thickening; B: Swollen hepatoduodenal mesenteric lymph nodes; C: A slightly lower density lesion.



**Figure 2** Multiphasic contrast-enhanced computed tomography findings after 3 cycles of therapy. A: The shrunken hepatoduodenal mesenteric lymph nodes; B: The shrunken lower density lesion.



**Figure 3** Multiphasic contrast-enhanced computed tomography findings after 6 months of therapy. A: The significantly shrunken hepatoduodenal mesenteric lymph nodes; B: The disappeared lower density lesion.



**Figure 4** The timeline of the entire clinical course. GC-D: Gemcitabine, cisplatin, and durvalumab; PR: Partial response; CR: Complete response.

CR in a patient with locally advanced GBC, which is an encouraging outcome. Consequently, the present case demonstrates considerable clinical value.

Given the atypical clinical presentation of early-stage GBC, it is challenging to determine the presence of the tumor through preoperative examinations. Intraoperative laparoscopy and frozen section biopsy serve as effective modalities for elucidating the histopathological characteristics of tumors[15-17]. In this study, the malignancy of the gallbladder tumor was intraoperatively confirmed through laparoscopic exploration and frozen section biopsy following cholecystectomy. Furthermore, the tumor was assessed as being in a locally advanced stage, thus rendering curative resection infeasible. Hepatopancreatoduodenectomy may potentially achieve curative resection of the tumor, but it is associated with significant trauma to the patient and the possibility of severe postoperative complications[18,19]. Therefore, full respect should be given to the viewpoints of patients' family members, while actively engaging in communication to avert potential doctor-patient discord.

Multiple studies have suggested that immune checkpoint inhibitors (ICIs) have a profound impact on the treatment of BTC. In a previous phase 1 trial of nivolumab treatment alone or in combination with cisplatin plus gemcitabine for unresectable BTC, Ueno *et al*[20] reported that 40% of patients achieved a PR in the combination therapy group, whereas no patient achieved a CR. Findings from another research endeavor involving pembrolizumab in advanced biliary adenocarcinoma demonstrated an objective response rate (ORR) of 5.8% (with all 6 out of 104 patients displaying a PR) [21]. A real-world study investigating the treatment of advanced biliary tract tumors with the combination of durvalumab and the GC regimen revealed an ORR of 34.5%, with a CR rate of 4.8% and a PR rate of 29.6%[22]. Unfortunately, none of the abovementioned studies conducted subgroup analyses specifically for GBC. Therefore, further research to validate the efficacy of the combination of durvalumab and the GC regimen in the context of GBC is warranted.

The mechanism underlying the combination of chemotherapy and immunotherapy in GBC remains a complex and debated topic. Programmed death-1 (PD-1) protein is a checkpoint protein that, when engaged, inhibits T-cell activation and proliferation[23]. In GBC, tumor cells can upregulate PD-1 expression in response to chemotherapy, thus promoting an immune-evasive environment. This upregulation may hinder the effectiveness of immunotherapy by reducing the activity of cytotoxic T cells against tumor cells[24]. However, the combination of chemotherapy and immunotherapy can counteract this effect, thus restoring T-cell function and enhancing antitumor immunity[25]. Additionally, GBC is characterized by a unique microenvironment that is often immunosuppressive. Chemotherapy may induce changes in the tumor microenvironment, thus potentially decreasing the levels of immunosuppressive factors and thereby enhancing the efficacy of ICIs. This synergistic effect may improve patient outcomes by promoting a more favorable immune response against the tumor[26]. Furthermore, chemotherapy can induce cellular stress responses that increase the expression of tumor-associated antigens on cancer cells, thereby enhancing antigen presentation. Improved antigen presentation can lead to increased recognition and attack by the immune system, particularly when combined with PD-1 blockade[27,28]. This dual approach may help to overcome the tumor's mechanisms of immune evasion. Overall, the combination of chemotherapy and immunotherapy may create a synergistic effect in which chemotherapy sensitizes tumors to immune attack. By inducing immunogenic cell death, chemotherapy may enhance the effectiveness of subsequent immunotherapy, thus leading to better overall responses[23,29]. This mechanism could justify further exploration of combination regimens in clinical trials.

The most commonly observed adverse events associated with GC treatment include fatigue, anemia, neutropenia, thrombocytopenia, and other conditions[9,11,22,30]. In our study, only mild nausea and fatigue were observed, with no additional immune-related adverse events being identified. This discrepancy could be attributed to several individual patient factors, such as age, overall health status, and genetic variations that influence drug metabolism. Additionally, the specific dosing regimen may have played a role in mitigating these adverse effects, thus suggesting a potential avenue for future research into optimizing treatment protocols to increase tolerability.

Some studies have shown that curative resection is performed after effective conversion therapy for initially unresectable GBC[31-33]. With the advent of the immunotherapy era, a series of questions have arisen. For example, there is a question regarding if surgery is still warranted for patients achieving CR through immunotherapy combined with chemotherapy. Additionally, there are questions regarding the extent of targeted resection, as well as the optimal timing for surgery. These inquiries all necessitate further research efforts to offer definitive answers.

This case provides critical insights into the potential efficacy of the GC-D regimen for GBC patients, particularly in achieving a clinically CR. These findings encourage clinicians to consider the role of immunotherapy in GBC treatment protocols. Furthermore, these findings underscore the need for larger-scale clinical trials to confirm these findings and to explore the optimal integration of immunotherapy in the management of GBC.

## CONCLUSION

The combination of GC chemotherapy with durvalumab has proven to be an effective treatment approach for advanced GBC, with manageable adverse events. Further research is warranted to substantiate the effectiveness of the combined regimen in the context of GBC.

## FOOTNOTES

**Author contributions:** Chen K conducted the literature review and contributed to manuscript drafting and data interpretation; Feng X collected all clinical data and evaluated the examination results; Shi Y assisted in data collection and analysis; Li XL was responsible for



revising the manuscript for important intellectual content; Shi ZR contributed to the study design and methodology; Lan X served as the corresponding author, overseeing the overall direction and final approval of the manuscript for submission and publication.

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## Multiple liver metastases of unknown origin: A case report

Ying-Jin Wang, Ze-Chuan Liu, Jian Wang, Yin-Mo Yang

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### Abstract

#### BACKGROUND

The liver is the most common site of digestive system tumor metastasis, but not all liver metastases can be traced back to the primary lesions. Although it is unusual, syphilis can impact the liver, manifesting as syphilitic hepatitis with inflammatory nodules, which might be misdiagnosed as metastasis.

#### CASE SUMMARY

This case report involves a 46-year-old female who developed right upper abdominal pain and intermittent low fever that persisted for more than three months. No definitive diagnosis of a tumor had been made in the past decades, but signs of multiple liver metastases were recognized after a computed tomography scan without evidence of primary lesions. With positive serological tests for syphilis and a biopsy of the liver nodules, a diagnosis of hepatic syphilis was made and confirmed with follow-up nodule reduction after anti-syphilis therapy.

#### CONCLUSION

Clinicians must be aware of the possibility that syphilis can cause hepatic inflammatory masses, especially when liver metastasis is suspected without evidence of primary lesions. A definitive diagnosis should be established in conjunction with a review of the patient's medical history for accurate therapeutic intervention.

**Key Words:** Syphilitic hepatitis; Liver nodules; Liver metastasis; Treponema pallidum; Case report

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**Core Tip:** The liver is the most common metastasis site of digestive system tumor, while not all liver metastases could be traced back to the primary lesions. Syphilis is unusual and impacts the liver manifesting syphilitic hepatitis with inflammatory nodules, which might be misdiagnosed as metastasis. We presented a case showing that when multiple hepatic nodules with primary lesions are confronted, focusing on infectious or self-immune diseases based on the patient's history might help to answer the final question.

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## INTRODUCTION

The liver is the most common metastasis site of digestive system tumors, with malignant colorectal tumors accounting for approximately 70% of metastatic lesions[1]. Incidental identification of single or multiple solid liver lesions is not uncommon in general surgery practice, and it is important to locate the primary tumor or prevent the recurrence of previously treated lesions[2]. However, not all liver metastases can be traced back to the primary lesions. It is essential to exclude inflammatory lesions caused by viruses, bacteria, and special pathogens. Caused by the *Treponema pallidum*, the syphilis spirochete has reemerged as a significant public health concern[3]. If untreated, it progresses through various stages of infection. Several weeks to months following infection, a subset of patients developed secondary syphilis, which is characterized by a distinctive rash affecting the palms and soles, lymphadenopathy, and systemic symptoms[4]. Syphilis can impact the liver during the secondary stage as syphilitic hepatitis and during the tertiary stage as gumma. The diagnosis of syphilitic hepatitis relies on the presence of abnormal liver tests in conjunction with other indications of systemic syphilis, particularly the characteristic rash[3]. Herein, we present a case of syphilis that manifested as a hepatic mass, which was initially suspected to be a malignant tumor, given the absence of a primary lesion.

## CASE PRESENTATION

### Chief complaints

The patient's main complaints were right upper abdominal pain and intermittent low fever persisting for more than three months.

### History of present illness

Three months earlier, a 46-year-old female experienced right upper abdominal pain without any obvious cause. It was occasionally accompanied by a slight increase in body temperature, but there were no symptoms of nausea, vomiting, jaundice, palpitation, chest tightness, or changes in bowel habits.

### History of past illness

No definitive diagnosis of the tumor had been made in past decades. The patient denied any previous history of infection.

### Personal and family history

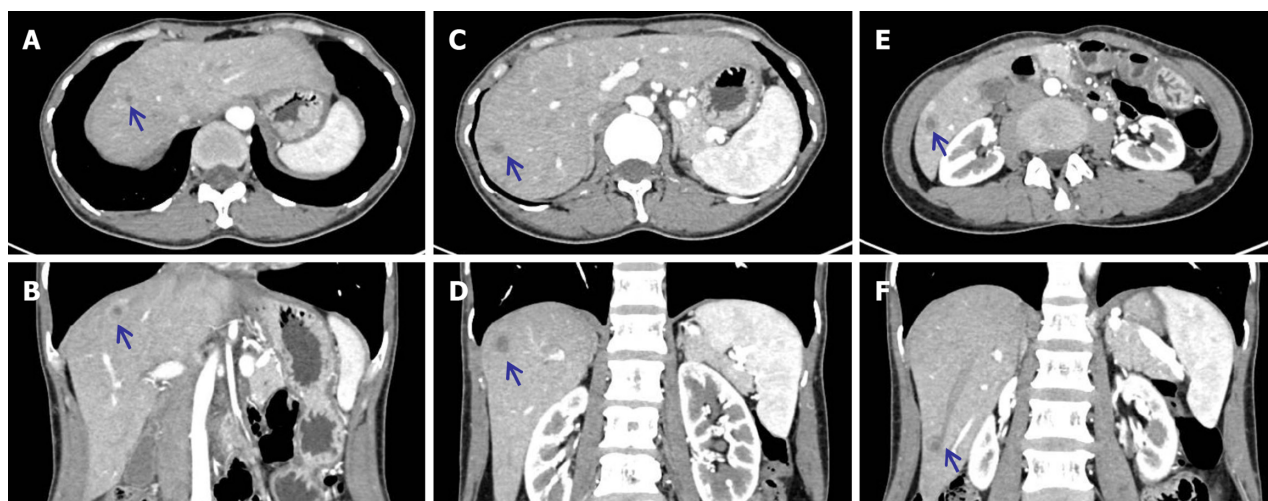
The patient's family had no history of tumors.

### Physical examination

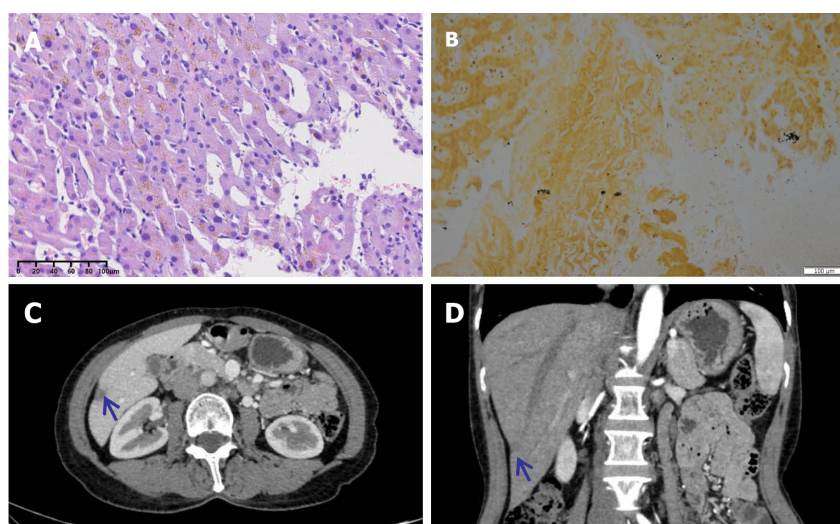
After admission, the patient's blood pressure was 121 mmHg/75 mmHg, heart rate was 85 beats per minute, and body temperature was 36.8 °C. Tests for abdominal tenderness, rebounding pain, muscle tension, and acute peritonitis were negative. No enlarged lymph nodes were found during the physical examination.

### Laboratory examinations

Blood tests revealed mild anemia (hemoglobin: 105 g/L) and an increased neutrophil percentage (82.4%) without an elevated leucocyte count. Total bilirubin was slightly elevated (20.6 μmol/L) according to the results of the biochemical analyses. Coagulation and thyroid function tests were normal. Serum tumor marker levels, including alpha-fetoprotein, carbohydrate antigen 19-9, and carcinoembryonic antigen levels, were also within normal ranges. Infectious screening revealed syphilis antibody positivity, yet results of the rapid plasma reagin test were negative. The relative markers of the hepatitis virus were negative. Infection with severe acute respiratory syndrome coronavirus 2 was also excluded *via* polymerase chain reaction.



**Figure 1** Baseline contrast-enhanced computed tomography revealed multiple liver nodules with a typical bull's eye sign. A and B: Central liver region; C and D: Subcapsular lesion; E and F: Inferior margin lesion. Blue arrow: Abnormal lesions in lateral and coronal sections of computed tomography.



**Figure 2** The patient's final diagnosis, outcome, and follow-up. A and B: Pathology results of hematoxylin-eosin and silver-impregnation staining showing hepatitis and *Treponema pallidum*; C and D: After penicillin G treatment, the number of nodules was significantly reduced, and they were well controlled. Blue arrow: Hepatic lesion in inferior margin after treatment.

### Imaging examinations

Contrast-enhanced computed tomography (CT) revealed multiple potential liver metastases (Figure 1, bull's eye sign) without certain primary lesions. Due to financial constraints, the patient refused further positron emission tomography/CT scans. Unfortunately, gastrointestinal endoscopy had also been neglected.

## FINAL DIAGNOSIS

To inform a definite diagnosis, a percutaneous biopsy of the liver was performed, and radiofrequency ablation was completed incidentally. However, the final pathology was not consistent with the preoperative diagnosis. The results revealed fibrinoid necrosis and eosinophilic infiltration without any evidence of cancerous lesions. Recognizing the history of syphilis, hematoxylin-eosin and silver-impregnation staining were performed to confirm the diagnosis of the lesion, and *Treponema pallidum* was detected (Figure 2A and B).

## TREATMENT

Penicillin G was subsequently used to control the progression of the hepatic nodules.



## OUTCOME AND FOLLOW-UP

A few months later, some small nodules disappeared, and medium nodules were partially reduced or controlled (Figure 2C and D, compared with the pre-treatment results shown in Figure 1E and F).

## DISCUSSION

When confronting multiple liver nodules, especially the typical bull's eye suggested by contrast-enhanced CT, we usually prefer to consider the diagnosis of liver metastases subconsciously. However, doing so may result in unforeseen complications due to a lack of evidence of a primary tumor. Currently, it is vital to review the patient's history of infectious diseases, including those caused by bacteria, viruses, parasites, and other pathogens, such as *Treponema pallidum*. With respect to etiological treatment, multiple liver nodules can be effectively controlled or cured. We reviewed previously reported cases involving multiple hepatic nodules of unknown origin caused by *Treponema pallidum*. In the literature, 12 cases involving five female patients and seven male patients have been reported. The characteristics of these patients are summarized in Table 1. Their average age was 50 years, and the primary symptom was right upper quadrant abdominal pain. The majority of syphilis patients are in stage III and are diagnosed with mucosal damage and gumma. It was evident that male patients tended to carry human immunodeficiency virus (HIV), especially those with a history of sex with men. For treatment, penicillin G was the main therapeutic regimen, and doxycycline was also used. Common outcomes of interest were a reduction in or disappearance of liver nodules and recovery of liver function.

**Table 1 Characteristics of previously reported cases of hepatic nodules caused by syphilis**

| Ref.                            | Country        | Gender | Age | Primary symptoms                                                                                           | Radiologic or ultrasonic findings                                  | Stage of syphilis | HIV infection | Treatment                                                                                                       | Outcome                                                                                                                                           |
|---------------------------------|----------------|--------|-----|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|-------------------|---------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| Maincent <i>et al</i> [5], 1997 | France         | Female | 56  | Right upper quadrant abdominal pain                                                                        | Several low-density nodules with no contrast uptake                | III               | No            | Penicillin G (daily for five days and weekly for six weeks)                                                     | The abdominal pain subsided, and the liver nodules disappeared                                                                                    |
| Peeters <i>et al</i> [13], 2005 | /              | Female | 47  | Vision problems, pain in the right hypochondrium, one enlarged submandibular lymph node                    | Two hepatic lesions                                                | III               | No            | Doxycycline                                                                                                     | The sedimentation rate and liver tests normalized, and the hepatic lesions disappeared. However, vision problems remained                         |
| Mahto <i>et al</i> [6], 2006    | United Kingdom | Male   | 44  | Fever, severe persistent upper abdominal pain, weight loss, and a desquamating rash on the palms and soles | Mildly enlarged liver with multiple ill-defined hypoechoic lesions | II                | Yes           | Doxycycline twice daily for a month                                                                             | Repeat CT at one month showed that the largest mass decreased in size, and at two months, there was near-complete resolution of the liver masses  |
| Shim[7], 2010                   | South Korea    | Female | 65  | Intermittent abdominal pain and distension                                                                 | Ascites and two hepatic nodules with peripheral enhancement        | III               | No            | In the beginning, platinum-based combination chemotherapy for six months; after recurrence, penicillin was used | Complete response after six cycles of chemotherapy but recurrence after nine months; liver nodules disappeared followed by penicillin application |
| Hagen <i>et al</i> [3], 2014    | United States  | Male   | 51  | Follow-up with liver lesions during chemotherapy for Burkitt lymphoma                                      | Two liver lesions on PET                                           | I                 | Yes           | Penicillin G for 2-3 weeks                                                                                      | Resolution of liver test abnormalities and 50% reduction of the liver masses size                                                                 |
|                                 |                | Male   | 53  | Right upper quadrant abdominal pain and weight loss                                                        | Multiple enhancing lesions in the liver and spleen, up to 5.7 cm   | I                 | Yes           |                                                                                                                 | Liver tests resolved, but follow-up imaging was not performed                                                                                     |
|                                 |                | Male   | 47  | Fatigue, left lower chest wall pain,                                                                       | Over 50 enhancing lesions in the liver, the                        | I                 | Yes           |                                                                                                                 | The liver test abnormalities                                                                                                                      |



|                                      |               |        |    |                                                                             |                                                                                                                                   |     |     |                                                        |                                                                                                                               |
|--------------------------------------|---------------|--------|----|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|-----|-----|--------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
|                                      |               |        |    | fever, chills, intermittent diarrhea, and nausea                            | largest measuring 2.6 cm                                                                                                          |     |     |                                                        | resolved, and virtually complete resolution of the hepatic lesions was achieved                                               |
| Gaslightwala <i>et al</i> [11], 2014 | United States | Male   | 59 | Persistent fevers, chills, night sweats, and weight loss                    | Multiple intensely hypermetabolic hepatic lesions on PET/CT                                                                       | III | No  | Penicillin G                                           | None                                                                                                                          |
| Desilets <i>et al</i> [14], 2019     | Canada        | Male   | 54 | General deterioration, posterior rib pain, progressive weight loss          | PET-scan showed multiple hypermetabolic liver nodules                                                                             | II  | Yes | Penicillin G                                           | Complete interval resolution of hypermetabolic osteomedullary and liver lesions                                               |
| Al Dallal <i>et al</i> [15], 2021    | United States | Female | 36 | Unresponsive with convulsions of all extremities and fever                  | Multiple hypoenhancing lesions                                                                                                    | III | No  | Penicillin G for only four days due to patient refusal | Liver function improved, but follow-up imaging was not performed                                                              |
| Smith <i>et al</i> [16], 2022        | Australia     | Male   | 39 | Right upper quadrant and several weeks of fluctuating tenesmus and diarrhea | Short segmental, irregular rectal wall thickening, bilateral mesorectal lymphadenopathy, and multiple hypoenhancing liver lesions | III | Yes | Penicillin G                                           | Significant reduction in the size of a dominant lesion in the right anterior liver section, with no other appreciable lesions |
| Otsuka <i>et al</i> [8], 2023        | Japan         | Female | 50 | Low-grade fever and nausea                                                  | Three nodules in the S3, S4, and S5 of the liver with round ring enhancement at the portal phase                                  | III | No  | Sulbactam sodium and ampicillin sodium                 | Marked downsizing of liver nodules                                                                                            |

HIV: Human immunodeficiency virus; CT: Computed tomography; PET: Positron emission tomography.

In 1997, Maincent *et al*[5] reported the first case in which a 56-year-old female presented with right upper quadrant abdominal pain and several low-density liver nodules with no primary origin. Based on the patient's history of syphilis, serum tests, and pathological evidence from biopsy, hepatic syphilis gumma was diagnosed. The patient was prescribed penicillin G daily for five days and then weekly for six weeks. As a result, not only did her abdominal pain subside but also her liver nodules disappeared. In 2006, Mahto *et al*[6] reported a case involving a male patient with syphilis who was coinfecting with HIV. However, the diagnostic process is not always straightforward. In 2010, Shim[7] described a patient who was initially diagnosed with primary peritoneal serous carcinoma and achieved complete remission following six cycles of platinum-based chemotherapy. Two hepatic nodules subsequently developed during the follow-up period and were originally labeled hepatic metastases. Nevertheless, the pathological examination of resected hepatic nodules did not support the initial diagnosis, underscoring the importance of considering tertiary syphilis in the differential diagnosis of space-occupying lesions, even in the presence of a preexisting cancer diagnosis. Otsuka *et al*[8] reported a similar case in 2023, adding that syphilitic hepatitis was difficult to identify, especially because it manifested as multiple hepatic nodules with a bull's eye sign. In terms of radiological features, the hepatic nodules caused by syphilitic hepatitis are similar to those caused by metastatic tumors. Consequently, the special abscesses and tertiary hepatic syphilis should be considered in the differential diagnosis of metastatic tumors.

The manifestations of syphilis, including intermittent low-grade fever, abdominal pain, headache, weight loss, sore throat, arthralgia, splenomegaly, lymphadenopathy, and uveitis, are always non-specific[9,10]. The tertiary stage of syphilis occurs in approximately one-third of untreated patients. Whereas any organ can be affected, the most common manifestations of tertiary disease include gummatous lesions, cardiovascular syphilis, and neurosyphilis[4]. Syphilis can impact the liver during both the secondary and the tertiary stages of the disease. Secondary hepatic syphilis typically develops within a few weeks to a few months following the appearance of the primary chancre[7,11]. Localized gummas may form in the liver during the tertiary stage, typically arising 1 to 10 years after the initial infection[3,6,9]. Hepatic syphilis is unusual but is reported somewhat more frequently among men who have sex with men and in patients with HIV[12]. Notably, we reported a female patient with syphilis and a relatively healthy immune system. Accordingly, we speculate that the strength of the patient's immunity might not be critical to pathogenesis and that delayed treatment with standardized anti-syphilis agents might induce multiple system injuries, including hepatic syphilis, especially inflammatory nodules.

## CONCLUSION

We presented a case showing that when multiple hepatic nodules with primary lesions are confronted, focusing on

infectious or self-immune diseases based on the patient's history might help to answer the final question. A definite diagnosis should be made in conjunction with a medical history review for accurate therapeutic intervention.

## FOOTNOTES

**Author contributions:** Wang YJ and Liu ZC collected the patient data and drafted the manuscript, they contributed equally to this article, they are the co-first authors of this manuscript; Wang J and Yang YM revised the manuscript; and all the authors read and approved the final manuscript.

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## Targeted gene sequencing and bioinformatics analysis of patients with gallbladder neuroendocrine carcinoma: A case report

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### Abstract

#### BACKGROUND

Gallbladder neuroendocrine carcinoma (NEC) represents a subtype of gallbladder malignancies characterized by a low incidence, aggressive nature, and poor prognosis. Despite its clinical severity, the genetic alterations, mechanisms, and signaling pathways underlying gallbladder NEC remain unclear.

#### CASE SUMMARY

This case study presents a rare instance of primary gallbladder NEC in a 73-year-old female patient, who underwent a radical cholecystectomy with hepatic hilar lymphadenectomy and resection of liver segments IV-B and V. Targeted gene sequencing and bioinformatics analysis tools, including STRING, GeneMANIA, Metascape, TRRUST, Sangerbox, cBioPortal and GSCA, were used to analyze the biological functions and features of mutated genes in gallbladder NEC. Twelve mutations (*APC*, *ARID2*, *IFNA6*, *KEAP1*, *RB1*, *SMAD4*, *TP53*, *BTB*, *GATA1*, *GNAS*, and *PRDM3*) were identified, and the tumor mutation burden was determined to be 9.52 muts/Mb via targeted gene sequencing. A protein-protein interaction network showed significant interactions among the twelve mutated genes. Gene

Ontology and Kyoto Encyclopedia of Genes and Genomes analyses were used to assess mutation functions and pathways. The results revealed 40 tumor-related pathways. A key regulatory factor for gallbladder NEC-related genes was identified, and its biological functions and features were compared with those of gallbladder carcinoma.

## CONCLUSION

Gallbladder NEC requires standardized treatment. Comparisons with other gallbladder carcinomas revealed clinical phenotypes, molecular alterations, functional characteristics, and enriched pathways.

**Key Words:** Gallbladder neuroendocrine carcinoma; Targeted-gene sequencing; Bioinformatics analysis; case report; Immunocytochemistry; Case report

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**Core Tip:** Gallbladder neuroendocrine carcinoma (NEC) is a rare and aggressive malignancy with unclear genetic alterations and mechanisms. Our case study of a 73-year-old female with gallbladder NEC revealed 12 mutated genes (*APC*, *ARID2*, *IFNA6*, *KEAP1*, *RB1*, *SMAD4*, *TP53*, *BTK*, *GATA1*, *GNAS*, *JAK2*, *PRDM3*) and a high tumor mutation burden. Bioinformatic analysis identified significant protein-protein interactions and tumor-related functions/pathways, highlighting key regulatory factors. Gallbladder NEC exhibits distinct molecular profiles compared to other gallbladder carcinomas, emphasizing the need for tailored therapeutic strategies and further research to unravel its underlying biology.

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## INTRODUCTION

Neuroendocrine carcinoma (NEC) predominantly affects the digestive and respiratory tracts, including the stomach, intestines, pancreas, and lung, accounting for approximately 97% of all NEC cases[1]. However, the occurrence of gallbladder NEC is rare in clinical practice[2]. Owing to a lack of specific guidelines or consensus, treatment for gallbladder NEC often follows protocols for gallbladder adenocarcinoma[3]. Notably, gallbladder NEC exhibits aggressive traits distinct from those of other gallbladder malignancies[4]. However, due to limited research, the clinicopathological, genetic, and molecular characteristics of gallbladder NEC are poorly understood. Therefore, gaining a deeper insight into its genetic and molecular features is essential. Comprehensive gene mutation profiling and molecular analysis could clarify the mechanisms underlying tumorigenesis and progression, offering key insights for formulating future research, clinical diagnosis, and treatment strategies.

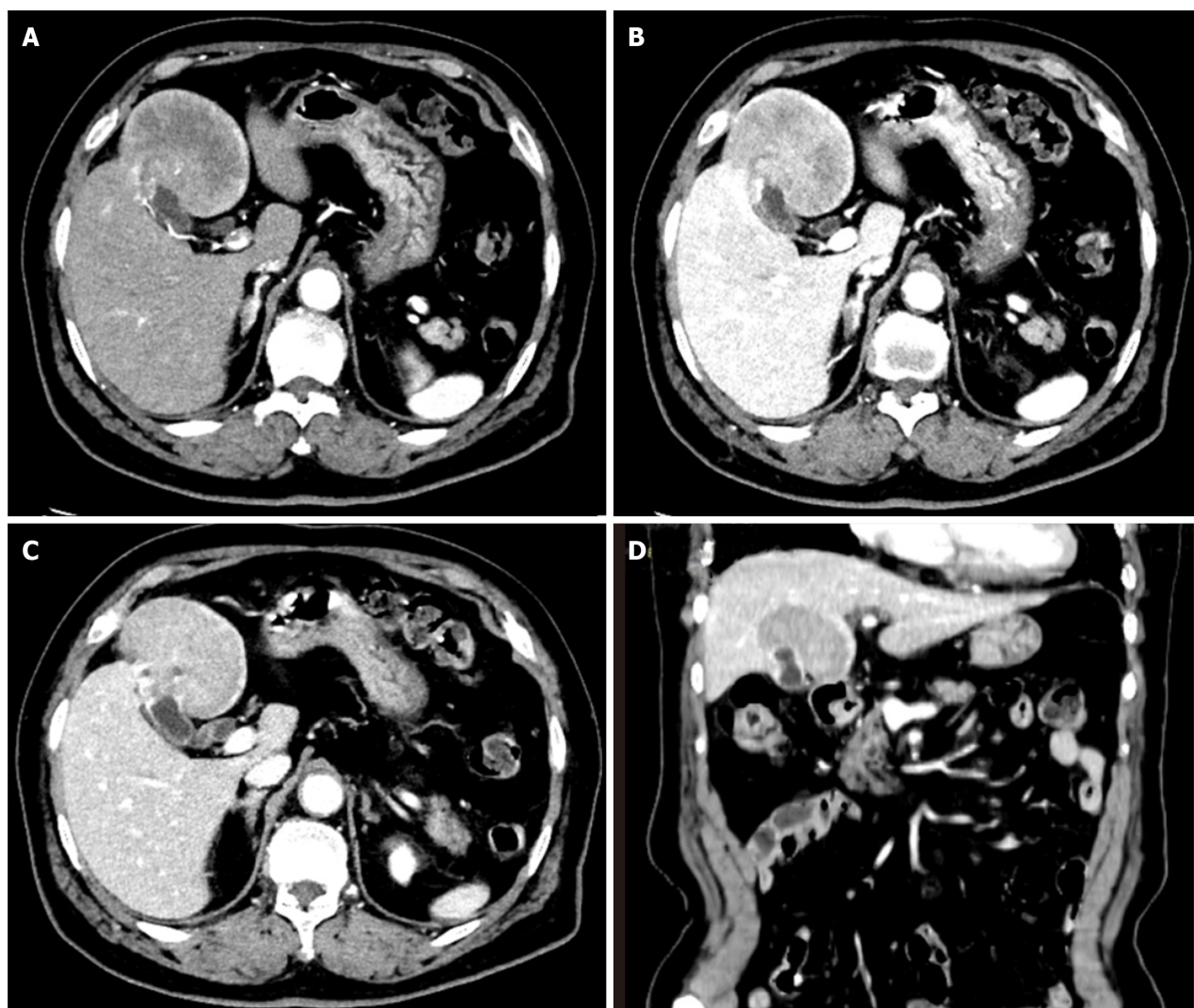
This case report describes an instance of gallbladder NEC in a 73-year-old female patient, incorporating targeted gene sequencing with standard histopathological evaluation. Notably, the mutational spectrum, regulatory factors, functional interactions, and enriched pathways of mutated genes in gallbladder NEC have not been studied thoroughly. This study aimed to explore the clinical profiles, genetic features, and clinical management of gallbladder NEC, while comparing its biological characteristics to those of gallbladder adenocarcinoma to obtain crucial insights into this disease. The report follows the CARE checklist for clinical case reporting.

## CASE PRESENTATION

### Chief complaints

A 73-year-old Chinese female presented with upper abdominal discomfort lasting for one week on December 30, 2019. An initial abdominal ultrasonography revealed a 7 cm hyperechoic focus with ill-defined margins and multiple gallbladder stones in the context of cholecystitis. No edema, anemia, jaundice, hepatomegaly, or splenomegaly were observed on admission. The patient did not experience discomfort, weight loss, fever, or night sweats. A history of hypertension for 5 years and cholelithiasis for 10 years was noted. Levels of tumor markers, including carcinoembryonic antigen, carbohydrate antigen 19-9, and alpha-fetoprotein, were normal. Biochemical tests for aspartate aminotransferase (AST), alanine aminotransferase (ALT), albumin, and bilirubin were also within the normal range. Abdominal contrast-enhanced computed tomography (CT) demonstrated a 7 cm mass in liver segments IVb and V, accompanied by thickening of the gallbladder fundus wall with early and prolonged enhancement. Multiple gallbladder stones were also identified. No pancreatic enlargement or bile duct dilatation was observed (Figure 1). Dynamic contrast-enhanced magnetic resonance imaging (MRI) showed a 6.7 cm mass with low T1 and high T2 signal intensities, along with diffusion-weighted imaging findings (Figure 2). Given the imaging features, gallbladder carcinoma with liver invasion and cholelithiasis was initially





**Figure 1** Abdominal contrast-enhanced computed tomography scan reveals a 7 cm mass in liver segments IVb and V, with localized thickening of the gallbladder fundus wall and early-stage enhancement followed by a prolonged contrast effect. A: Arterial phase showed inhomogeneous lesion enhancement; B: The portal venous phase showed a prolonged contrast effect in the mass; C: The delayed phase showed progressive enhancement of the mass; D: The mass invades liver segments IVb and V.

suspected. After discussions with a multidisciplinary team, a diagnosis of extensive gallbladder carcinoma with liver invasion and cholelithiasis was confirmed. Surgical resection was planned prior to chemotherapy, considering the potential complications of cholelithiasis and the patient's refusal to undergo chemotherapy.

A radical cholecystectomy with hepatic hilar lymphadenectomy and resection of liver segments IV-B and V was performed. A 6 cm × 7 cm greyish-yellow globular lesion, largely occupied by multiple yellow stones, was macroscopically identified at the gallbladder fundus (Figure 3). Immunohistochemical analysis revealed a nest-like pattern of heterogeneous tumor cells undergoing necrosis infiltrating the gallbladder and liver. These cells were positive for CK7, CK19, CK (pan), chromogranin A (CgA), and synaptophysin (Syn), while negative results were obtained for CD56, CK5/6, P40, and hepatocytes. Notably, the mitotic count was 24 per 10 high-power fields, along with a Ki-67 index of 70%, indicating a poorly differentiated NEC (Figure 4).

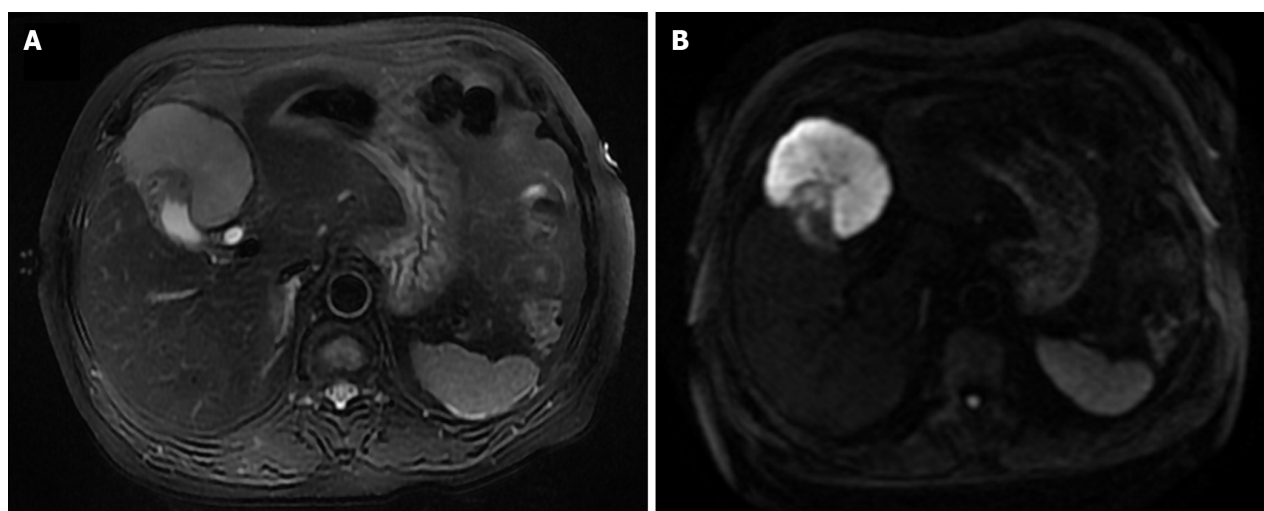
Comprehensive genetic testing was performed on tumor DNA extracted from the gallbladder NEC, encompassing selected introns of 448 cancer-related genes and all exons. As summarized in Table 1, twelve somatic mutations were identified. The tumor mutation burden (TMB) was determined to be 9.52 muts/Mb. An immunohistochemical assay for PD-L1 was performed to predict the response to PD-1/PD-L1 inhibitors, and the results revealed a lack of expression in the gallbladder NEC. Additionally, the tumor proportion score and combined positivity score were calculated to assess the immunohistochemical expression of PD-L1, as depicted in Figure 5.

The patient recovered smoothly and was discharged on the 8<sup>th</sup> day post-surgery. One month later, six cycles of chemotherapy, consisting of cisplatin (area under the curve of 5 on day 1, repeated every 21 days) and etoposide (80 mg/m<sup>2</sup> on days 1-3, repeated every 21 days), were administered. However, at two months post-discharge, an MRI scan revealed a recurrence in segment VI of the liver. Subsequently, second-line oral chemotherapy was initiated with capecitabine (3 tablets BID, days 1-14) and temozolomide (200 mg, days 10-14), repeated every 3 weeks. After 1 month, multiple recurrences were detected in the liver, leading to disease progression and the patient's demise 15 months post-



**Table 1** The information of neuroendocrine carcinoma of gallbladder-related mutated genes

| Genes | Original name                          | Cytoband | Exon count | Variant type              | Abundance variation |
|-------|----------------------------------------|----------|------------|---------------------------|---------------------|
| APC   | APC regulator of WNT signaling pathway | 5q22.2   | 20         | Copy number variation     | CN: 1.2             |
| ARID2 | AT-rich interaction domain 2           | 12q12    | 22         | c.3382C>T (p.Q1128)       | 77.3%               |
| IFNA6 | interferon alpha 6                     | 9p21.3   | 1          | c.53C>G (p.S18)           | 42.8%               |
| KEAP1 | Kelch like ECH associated protein 1    | 19p13.2  | 7          | c.1408C>T (p.R470C)       | 87.9%               |
| RB1   | RB transcriptional corepressor 1       | 13q14.2  | 27         | c.772-776del (p.N258Efs1) | 76.1%               |
| SMAD4 | SMAD family member 4                   | 18q21.2  | 12         | Copy number variation     | CN: 1.1             |
| TP53  | tumor protein p53                      | 17p13.1  | 11         | Copy number variation     | CN: 1.1             |
|       |                                        |          |            | c.574C>T (p.Q192)         | 81.3%               |
| BTK   | Bruton tyrosine kinase                 | Xq22.1   | 21         | c.574C>T (p.D232V)        | 48.6%               |
| GATA1 | GATA binding protein 1                 | Xp11.23  | 6          | c.173C>A (p.A58E)         | 42.5%               |
| GNAS  | GNAS complex locus                     | 20q13.32 | 22         | c.1048G>C (p.E350Q)       | 42.9%               |
| MECOM | MDS1 and EVI1 complex locus            | 3q26.2   | 24         | c.1161G>T (p.Q387H)       | 2.4%                |

**Figure 2** Preoperative magnetic resonance imaging examination of the reported case. A and B: The gallbladder lesion appears slightly hyperintense on T2-weighted imaging (A) and hyperintense on diffusion-weighted imaging (B).

surgery.

### History of present illness

A 73-year-old Chinese female presented with upper abdominal discomfort lasting for one week on December 30, 2019. An initial abdominal ultrasonography revealed a 7 cm hyperechoic focus with ill-defined margins and multiple gallbladder stones in the context of cholecystitis. No edema, anemia, jaundice, hepatomegaly, or splenomegaly were observed on admission. The patient did not experience discomfort, weight loss, fever, or night sweats.

### History of past illness

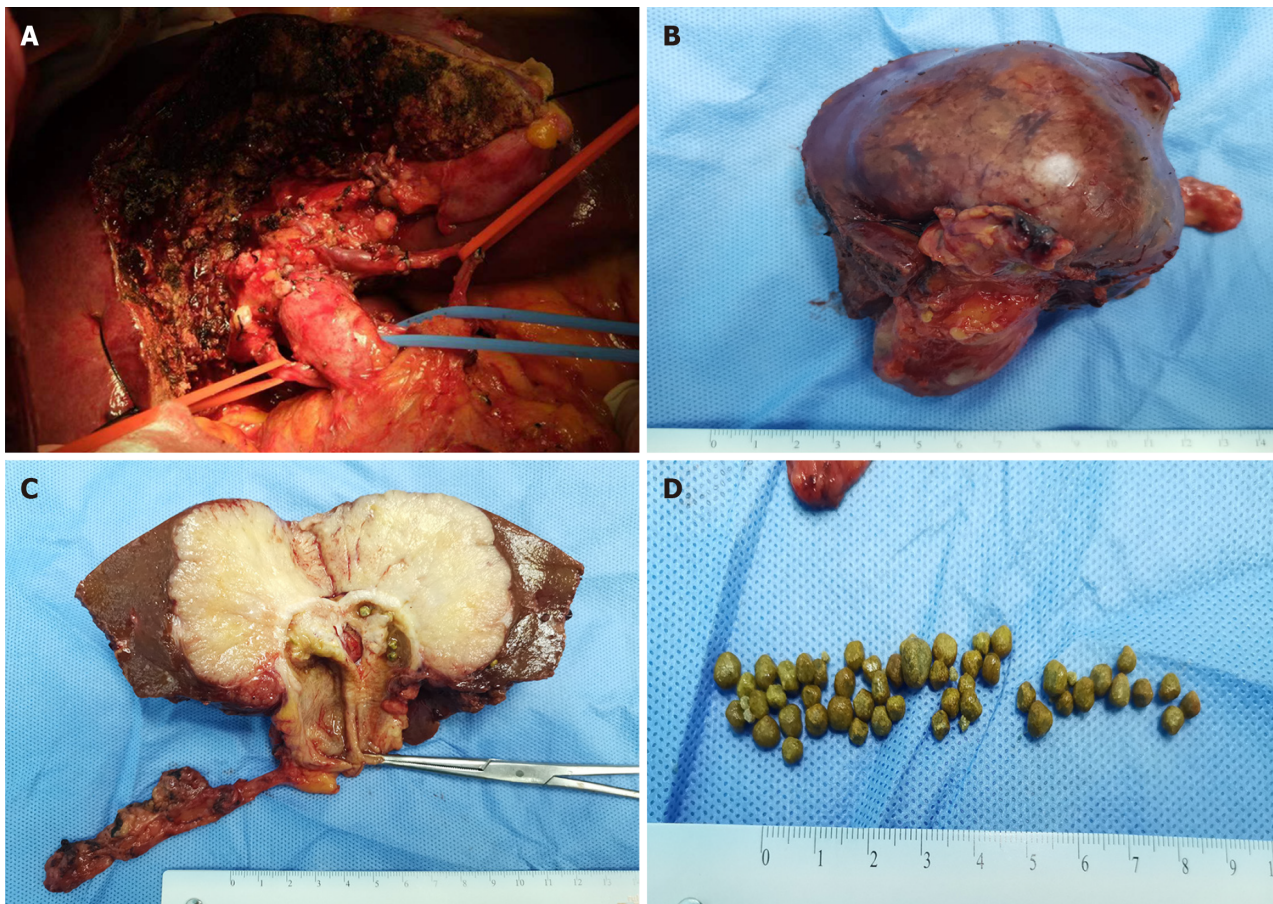
A history of hypertension for 5 years and cholelithiasis for 10 years was noted.

### Laboratory examinations

Levels of tumor markers, including carcinoembryonic antigen, carbohydrate antigen 19-9, and alpha-fetoprotein, were normal. Biochemical tests for AST, ALT, albumin, and bilirubin were also within the normal range.

### Imaging examinations

Abdominal contrast-enhanced CT demonstrated a 7 cm mass in liver segments IVb and V, accompanied by thickening of the gallbladder fundus wall with early and prolonged enhancement. Multiple gallbladder stones were also identified. No pancreatic enlargement or bile duct dilatation was observed (Figure 1). Dynamic contrast-enhanced MRI showed a 6.7 cm



**Figure 3 Illustration of the surgical procedure.** A: A radical cholecystectomy was performed; B: The gross tumor specimen was displayed; C: Macroscopic analysis revealed a greyish-yellow globular lesion; D: Multiple yellowish stones were identified.

mass with low T1 and high T2 signal intensities, along with diffusion-weighted imaging findings (Figure 2).

## MULTIDISCIPLINARY EXPERT CONSULTATION

After discussions with a multidisciplinary team, a diagnosis of extensive gallbladder carcinoma with liver invasion and cholelithiasis was confirmed. Surgical resection was planned prior to chemotherapy, considering the potential complications of cholelithiasis and the patient's refusal to undergo chemotherapy.

## FINAL DIAGNOSIS

Given the imaging features, gallbladder carcinoma with liver invasion and cholelithiasis was initially suspected.

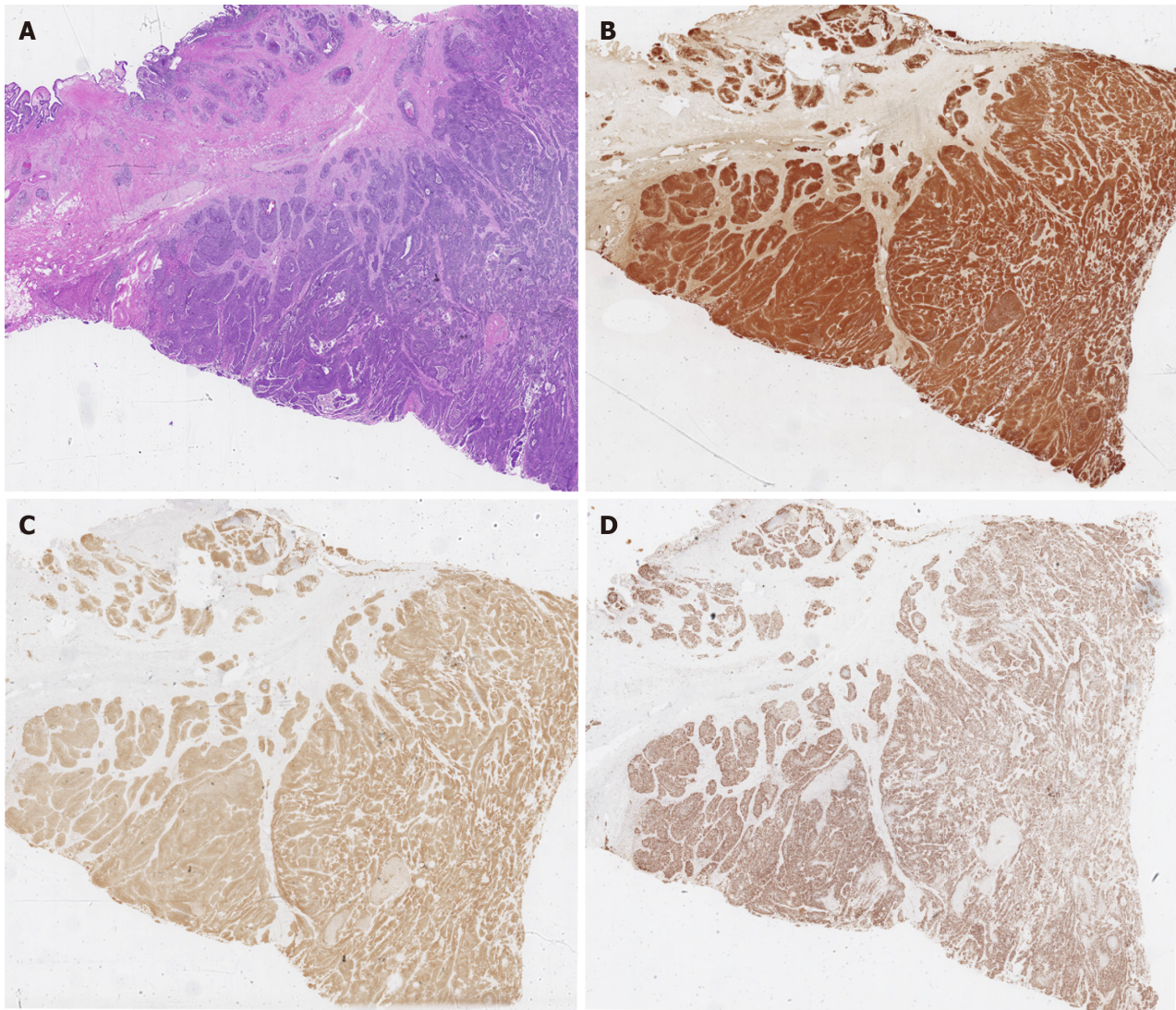
## TREATMENT

A radical cholecystectomy with hepatic hilar lymphadenectomy and resection of liver segments IV-B and V was performed. A 6 cm × 7 cm greyish-yellow globular lesion, largely occupied by multiple yellow stones, was macroscopically identified at the gallbladder fundus (Figure 3).

## OUTCOME AND FOLLOW-UP

The patient recovered smoothly and was discharged on the 8<sup>th</sup> day post-surgery. One month later, six cycles of chemotherapy, consisting of cisplatin (area under the curve of 5 on day 1, repeated every 21 days) and etoposide (80 mg/m<sup>2</sup> on days 1-3, repeated every 21 days), were administered. However, at two months post-discharge, an MRI scan revealed a recurrence in segment VI of the liver. Subsequently, second-line oral chemotherapy was initiated with





**Figure 4 Pathological analysis results.** A: Hematoxylin and eosin staining revealed a nest-like arrangement of tumor cells exhibiting marked cellular heterogeneity and visible necrosis; B–D: Immunohistochemical analyses showed positivity for chromogranin A, Ki-67, and synaptophysin, respectively.

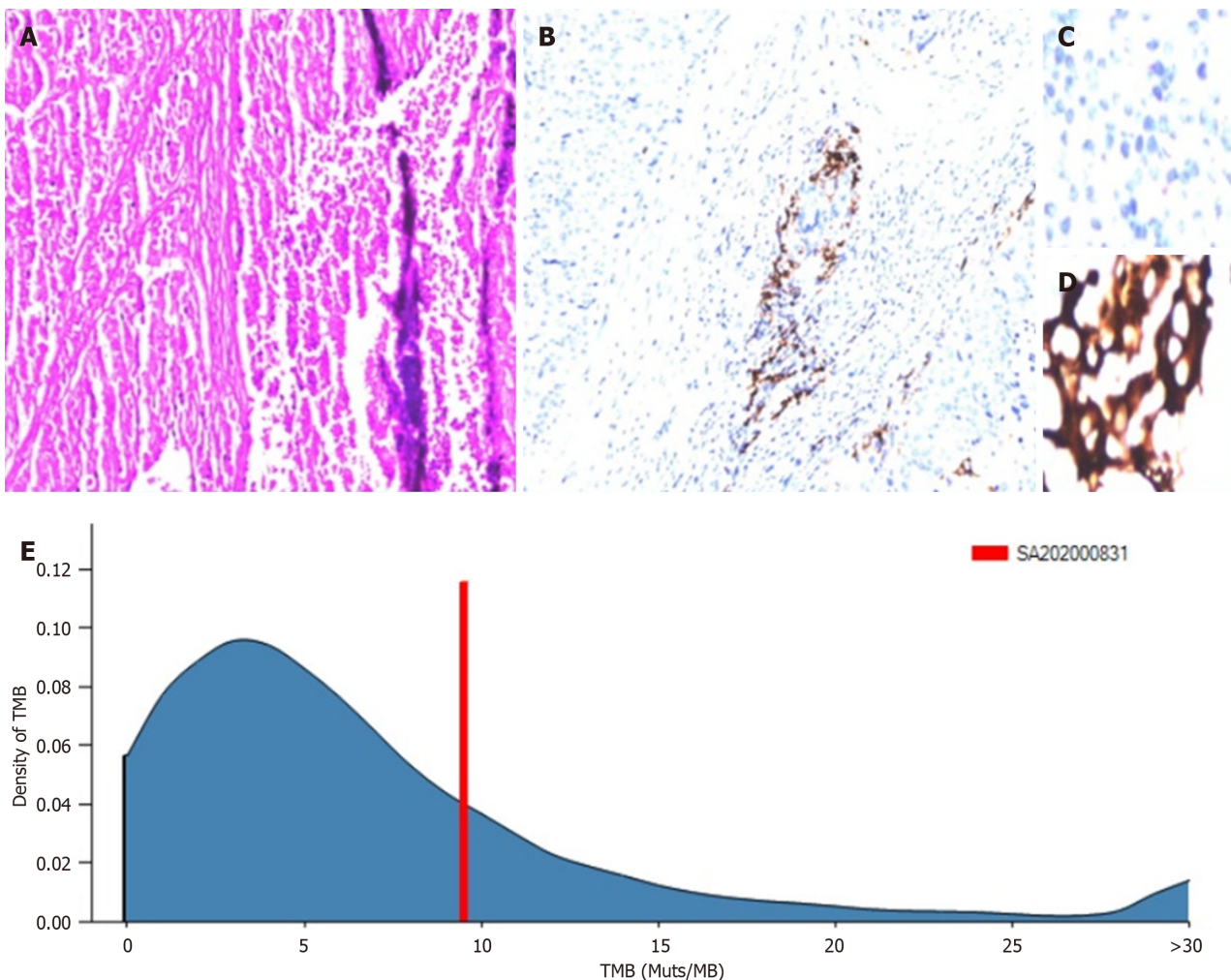
capecitabine (3 tablets BID, days 1-14) and temozolomide (200 mg, days 10-14), repeated every 3 weeks. After 1 month, multiple recurrences were detected in the liver, leading to disease progression and the patient's demise 15 months post-surgery.

## DISCUSSION

It has been hypothesized that gallbladder NEC evolves from adenocarcinoma, and the interconversion between NET tumors and adenocarcinomas in the gastrointestinal tract has been reported previously[5]. However, our understanding of the differences between gallbladder NEC and gallbladder carcinoma remains limited. This study reviews existing literature and uses bioinformatics analysis to compare the clinicopathologic and genetic characteristics of gallbladder NECs and gallbladder carcinomas.

Targeted gene sequencing helped identify 12 mutations unique to the specimen (Table 1). To understand the biological properties and potential therapeutic targets of this rare tumor more effectively, bioinformatics databases were utilized to explore oncogenic mechanisms. Protein-protein interaction networks (PPIs) were analyzed and visualized using the STRING[6] (version: 11.5, <https://string-db.org/>) database. The resulting STRING network consisted of 11 nodes and 14 edges, with an average local clustering coefficient of 0.776 (PPI enrichment  $P$  value < 0.0001; Figure 6A). GeneMANIA (<http://genemania.org/>) was used to explore the potential biological mechanisms, and our results[7] revealed that the mutated genes were associated with the transcription regulator complex, ATPase complex, SWI/SNF superfamily-type complex, negative regulation of mitotic cell cycle phase transition, negative regulation of cell cycle phase transition, protein-DNA complex subunit organization, and regulation of metaphase/anaphase transition of cell cycle (Figure 6B). In addition, protein-protein interaction enrichment analysis was performed using the Metascape (<https://metascape.org/>) database (Figure 6C and D).





**Figure 5 PD-L1 and tumor mutation burden.** A and B: Targeted gene sequencing revealed no expression of PD-L1 in gallbladder neuroendocrine carcinoma cells; C and D: Buffer solutions and isotype-matched monoclonal antibodies were used as controls to confirm the specificity of primary antibody binding; E: Targeted gene sequencing also helped quantify the tumor mutation burden. TMB: Tumor mutation burden.

Transcription factors are important regulators of gene expression that play a crucial role in tumor development. The TRRUST[8] (version 2, <https://www.grnpedia.org/trrust/>) database was used to identify the transcription factors associated with these mutated genes in humans. YY1, KAT2B, PAX5, DNMT1, EZH2, FOS, GATA1, SPI1, MYC, E2F1, and TP53 were identified as pivotal transcription factors linked to these mutations (Table 2). Using the Sangerbox 3.0 (<http://vip.sangerbox.com>) database, Gene Ontology (GO) and Kyoto Encyclopedia of Genes and Genomes (KEGG) analyses were performed to explore the potential biological functions of these genes. GO analysis of biological processes suggested that these genes might be involved in regulating molecular function (MF) and biological quality, as well as tissue development (Figure 7A). GO analysis of cellular components indicated that these genes were mainly located in the nucleoplasm, transcription factor complex, and chromosomes (Figure 7B). GO analysis of the MF showed enrichment in identical protein binding, transcription factor binding, and proximal promoter sequence-specific DNA binding (Figure 7C). KEGG enrichment analysis revealed potential involvement in cancer pathways, hepatocellular carcinomas, and human papillomavirus infections (Figure 7D). These results are consistent with the findings from the Metascape database (Figure 2E and F).

Sakaki *et al*[9] proposed that gallbladder NEC arises from the metamorphosis of gallbladder adenocarcinoma. A recent study involving the whole exome sequencing analysis of 151 gallbladder cancer patients identified the most common mutated genes as *TP53* (27%), *KMT2C* (11%), *SMAD4* (11%), *PER3* (8%), *ERBB3* (8%), *ARID2* (7%), *ARID1A* (7%), and *ERBB2* (7%), with the ErbB signaling pathway being the most commonly altered pathway[10]. Our findings indicate that the mutational profiles of gallbladder NEC partially overlap with those of gallbladder adenocarcinoma. Therefore, we further analyzed the relationship between these two tumor types.

Tumorigenesis is driven by genetic mutations, making the nucleus a key target for tumor suppression. The cBioPortal (<https://www.cbioportal.org/>) database was used to explore gene mutation information for gallbladder carcinoma (MSK, Cancer 2018). As shown in Figure 8A, a high mutation rate was observed for *SMAD4* and *TP53* in gallbladder carcinoma patients. Among the 101 sequenced cases, genetic alterations were found in 31% and 58% of 3159 gallbladder carcinoma patients. Meanwhile, these genes showed the highest mutation rates in gallbladder carcinoma (74.76% of 103 cases), followed by cholangiocarcinomas (48.92% of 417 cases) and intrahepatic cholangiocarcinomas (24.03% of 412 cases; Figure 8B). Taken together, these results suggest that the identified mutations may play a crucial role in gallbladder

**Table 2 Key regulated factor of neuroendocrine carcinoma of gallbladder-related genes**

|    | Key TF | Description                                            | Overlapped genes       | P value  | FDR      |
|----|--------|--------------------------------------------------------|------------------------|----------|----------|
| 1  | YY1    | YY1 transcription factor                               | <i>APC, GNAS, TP53</i> | 1.74E-05 | 1.32E-04 |
| 2  | KAT2B  | K(lysine) acetyltransferase 2B                         | <i>RB1, SMAD4</i>      | 2.40E-05 | 1.32E-04 |
| 3  | PAX5   | Paired box 5                                           | <i>RB1, TP53</i>       | 6.45E-05 | 2.36E-04 |
| 4  | DNMT1  | DNA (cytosine-5-)-methyltransferase 1                  | <i>RB1, TP53</i>       | 1.42E-04 | 3.91E-04 |
| 5  | EZH2   | Enhancer of zeste homolog 2 (Drosophila)               | <i>APC, TP53</i>       | 2.38E-04 | 5.24E-04 |
| 6  | FOS    | FBJ murine osteosarcoma viral oncogene homolog         | <i>SMAD4, TP53</i>     | 4.85E-04 | 7.61E-04 |
| 7  | GATA1  | GATA binding protein 1 (globin transcription factor 1) | <i>GATA1, GNAS</i>     | 4.85E-04 | 7.61E-04 |
| 8  | SPI1   | SFFV proviral integration oncogene spi1                | <i>BTK, GATA1</i>      | 5.73E-04 | 7.88E-04 |
| 9  | MYC    | V-myc myelocytomatosis viral oncogene homolog (avian)  | <i>GATA1, TP53</i>     | 1.48E-03 | 1.81E-03 |
| 10 | E2F1   | E2F transcription factor 1                             | <i>RB1, TP53</i>       | 2.64E-03 | 2.90E-03 |
| 11 | TP53   | Tumor protein p53                                      | <i>RB1, TP53</i>       | 3.92E-03 | 3.92E-03 |

TF: Transcription factor; FDR: False discovery rate; SFFV: Spleen focus forming virus.

carcinoma development.

*KEAP1* is an important tumor suppressor gene. Mutations in *KEAP1* reduce its affinity for Nrf2 in the cytoplasm, resulting in Nrf2 accumulation in the nucleus, which promotes tumor occurrence and development[11]. Importantly, *KEAP1* mutations are found in many types of cancer, including gallbladder cancer[12-14]. Genetic mutations serve as targets for precision therapy in cancer treatment. In the present sample, *KEAP1* was the most frequently mutated gene, with a mutation frequency of 87.9%. To identify potential drugs targeting *KEAP1* mutations, the GSCA (<http://bioinfo.life.hust.edu.cn/GSCA/>) web server was used to explore drug-gene interactions. Figure 8C shows the correlation between *KEAP1* expression and the sensitivity of the top 30 GDSC drugs during pan-cancer analysis.

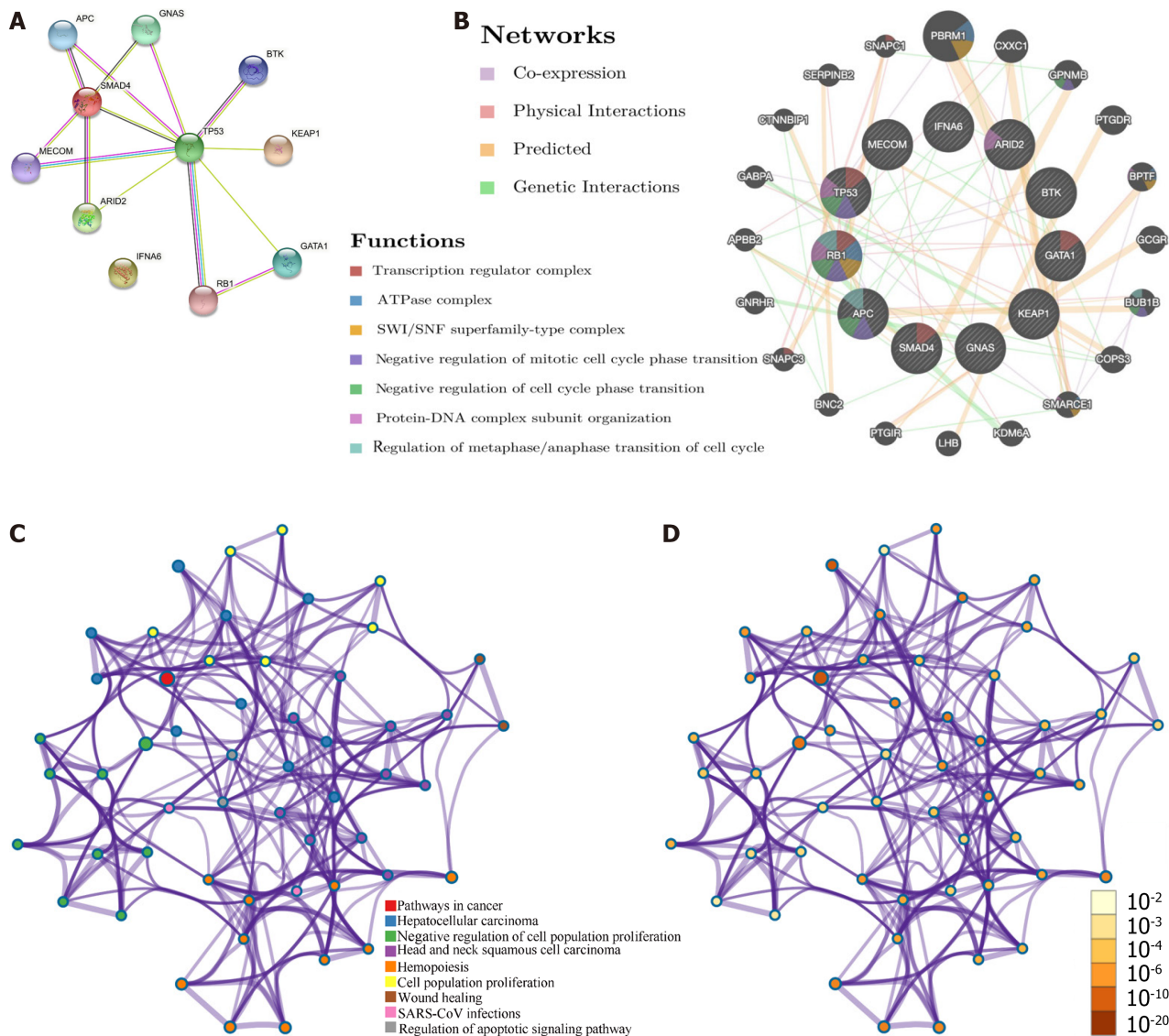
The genetic and molecular characteristics of gallbladder NECs are poorly understood, and no molecular targeted therapies for gallbladder NEC have been developed for clinical use[15]. There is an urgent clinical need to identify molecular markers that contribute to its pathological progression and develop new therapeutic modalities. While gallbladder NECs and gallbladder adenocarcinomas are distinct entities, they are closely related to each other. However, treatment strategies for gallbladder adenocarcinoma are not entirely applicable to gallbladder neuroendocrine tumors.

The available literature on gallbladder NECs is limited to case reports and case series. Common symptoms include epigastric pain, weight loss, and anorexia, often affecting females over 60[16]. Gallbladder stones and cholecystitis are thought to promote NEC development, as in our case, where gallbladder NECs co-occurred with gallbladder stones. Although imaging modalities, including ultrasound, enhanced CT, and MRI aid in diagnosis, distinguishing NECs from other gallbladder cancers remains challenging. Gallbladder NECs often originate from the deeper layers of the lamina propria or submucosa, which might explain the partial preservation of the gallbladder mucosal epithelium and the linear enhancement seen on CT and MRI. Similar findings have been reported in previous studies on NECs in the gastrointestinal tract[17,18]. In addition, metastatic lymph nodes in gallbladder NECs tend to be larger than those in adenocarcinomas[19], complicating accurate preoperative diagnosis.

A definitive diagnosis of gallbladder NEC necessitates an integrative approach combining pathological and immunohistochemical analyses. Among the array of immunohistochemical markers, CgA, Syn, and neuro-specific enolase (NSE) are widely recognized to be essential for differentiating NECs from other gallbladder pathologies[20]. CgA is a secretory protein found in neural and neuroendocrine tissues, including the adrenal medulla, thyroid C-cells, and certain endocrine tumors. In the context of gallbladder NEC, the detection of CgA through immunohistochemistry analysis indicates the presence of neuroendocrine elements or neuroendocrine differentiation in the necrotic process. Syn, another important biomarker, is a synaptic vesicle protein expressed in neurons and neuroendocrine cells. Its presence in gallbladder NEC tissues is suggestive of neuronal or neuroendocrine differentiation, which further supports disease diagnosis. NSE, also known as gamma-enolase, is an enzyme found primarily in neurons and neuroendocrine cells. Elevated levels of NSE in the context of gallbladder NEC can signify neuronal damage or the presence of neuroendocrine components within necrotic tissues. The combined use of these biomarkers, along with standard pathological examination, significantly enhances the accuracy of diagnosis of gallbladder NEC. Healthcare professionals can make more informed treatment decisions by identifying the presence and distribution of these specific proteins.

In a previous study involving 21 patients with gallbladder NECs, over 80% showed positive staining for CgA and Syn [21]. Another study involving 15 patients with gallbladder NECs reported positive rates of 92.3% and 100% for CgA and Syn, respectively[22]. Consistent with these findings, immunohistochemical results of the patients showed positivity for CgA and Syn. However, the occurrence of NSE was not verified through immunohistochemistry analysis. Additionally, a previous study has reported that an elevated Ki-67 index and high mitotic rate are strongly associated with poor prognosis[21]. Unfortunately, the patients in this study exhibited high Ki-67 index and mitotic indices. Despite postoperative adjuvant chemotherapy, the tumor recurred rapidly and the patient succumbed to the disease 15 months



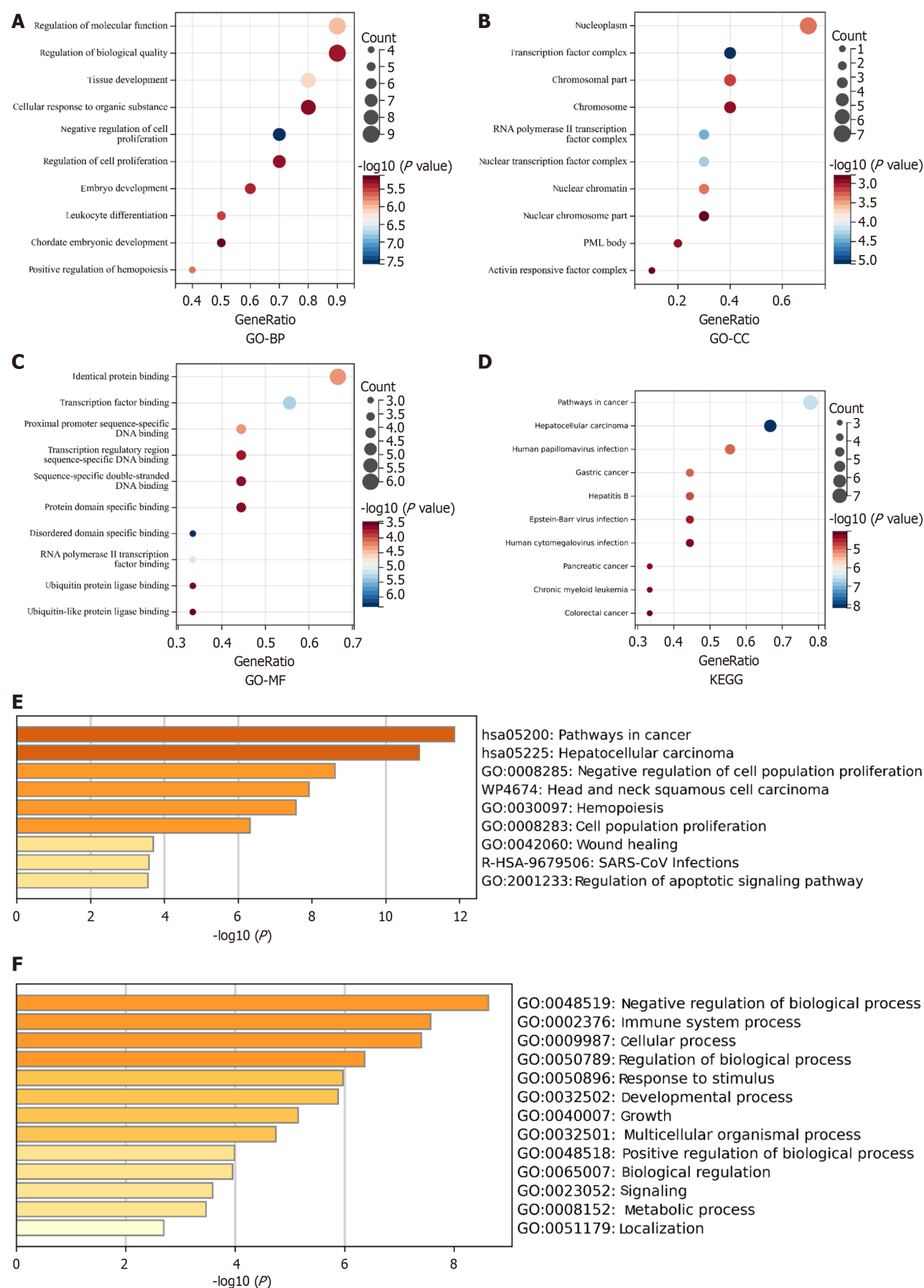


**Figure 6 Interaction network analyses.** A and B: The protein-protein interaction network was constructed using 12 mutated genes; C and D: Protein-protein interaction enrichment analysis was performed to explore functional relationships between these 12 mutated genes.

after surgery.

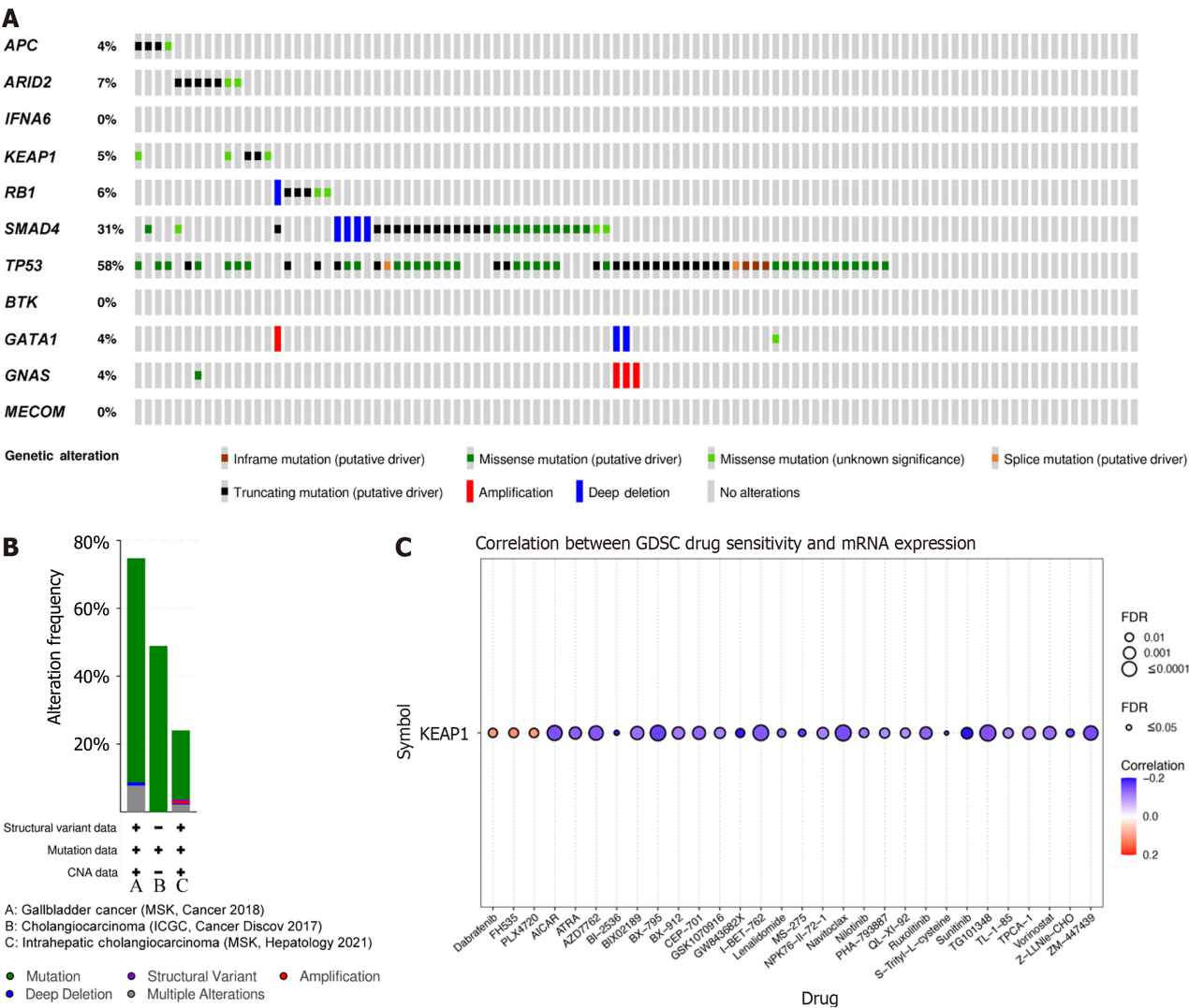
Globally, there are no definitive guidelines or consensus on optimal treatment strategies for gallbladder NEC. Treatment options for gallbladder NEC are typically guided by recommendations for gallbladder cancer. In early-stage gallbladder NEC, radical surgery can improve long-term survival, while chemotherapy serves as a palliative treatment modality for advanced cases, though its efficacy remains debatable. Wang *et al*[3] assessed 62 patients with gallbladder NECs and found no significant impact of postoperative adjuvant chemotherapy on overall survival. Similarly, a large multicenter study in China reported no improvement in long-term survival using platinum-based chemotherapy as an adjuvant therapy[16]. However, a Japanese case report enumerated upon a complete response to a combination of cisplatin, irinotecan, and radiotherapy in advanced gallbladder NEC, with no recurrence after 3 years of follow-up[23]. Ayabe *et al*[24] analyzed survival outcomes for patients with gastrointestinal NETs and gallbladder adenocarcinomas using a national database, revealing that gallbladder NECs are associated with the poorest survival among gastrointestinal NETs, although their prognosis is better than that of gallbladder adenocarcinomas.

The dependence of the study on a single case report, albeit justified given the rarity of gallbladder NEC, inherently limits the generalizability of the findings. Although it provides valuable insights into the unique clinical, histopathological, and molecular characteristics of this malignancy, a single case cannot fully reflect the heterogeneity and complexity of the disease across patients. The identified genetic mutations, TMB, and molecular pathways may not be representative of all cases, given the potential for significant variation in the genetic and biological behavior of gallbladder NEC. To address this limitation, future research should aim to expand the sample size by including multiple cases of gallbladder NEC, potentially through multicenter collaborations between different institutions that pool resources and data to conduct larger-scale studies. Such efforts would increase the statistical accuracy of the findings and provide a broader understanding of the commonalities and differences among cases, thereby enhancing the generalizability of the results.



**Figure 7** Significantly enriched Gene Ontology terms and Kyoto Encyclopedia of Genes and Genomes pathways for mutated genes. A-D: Gene Ontology analysis of biological processes (A), cellular components (B), molecular function (C), and Kyoto Encyclopedia of Genes and Genomes enrichment analysis (D); E and F: The Metascape database yielded similar results for the mutated genes. GO: Gene Ontology; BP: Biological processes; CC: Cellular

components; MF: Molecular function; KEGG: Kyoto Encyclopedia of Genes and Genomes.



**Figure 8 Gene mutations in gallbladder carcinomas.** A: A summary of alterations in the 12 queried gene mutations from the cBioPortal database; B: Detailed summary of alterations in the 12 mutated genes; C: The correlation between KEAP1 expression and the sensitivity to GDSC drugs (top 30) in pan-cancer analysis.

## CONCLUSION

In summary, a rare case of rare gallbladder NEC was presented, and clinicopathologic and genetic characteristics were discussed. The prognosis of gallbladder NEC was unsatisfactory. Gene sequencing tests may improve clinical management and disease prognosis. Studies involving a higher number of cases are needed to investigate more effective treatments for gallbladder NEC.

## FOOTNOTES

**Author contributions:** Yang YC, Chen ZT, and Wan DL made substantial contributions to the conception and design of the study and critically revised the manuscript; Yang YC and Chen ZT were responsible for data collection, analysis, and manuscript writing; Tang H performed pathological evaluations; Wan DL and Liu ML made critical revisions; all authors assume full responsibility for the integrity and accuracy of the work, ensuring that all relevant queries were appropriately addressed; the final version of the manuscript has been reviewed and approved by all authors.

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## Advancing treatment strategies: Insights from network meta-analysis of hepatic arterial infusion chemotherapy for advanced hepatocellular carcinoma

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### Abstract

This study examines the pivotal findings of the network meta-analysis of Zhou *et al*, which evaluated the efficacy of hepatic arterial infusion chemotherapy and combination therapies for advanced hepatocellular carcinoma (HCC). This meta-analysis suggests that therapeutic combinations have greater efficacy than do standard treatments. The article highlights the key insights that have the potential to shift current clinical practice and enhance outcomes for patients with advanced HCC. Additionally, this article discusses further research that can be conducted to optimize these treatments and achieve personalized care for patients with HCC.

**Key Words:** Hepatic arterial infusion chemotherapy; Advanced hepatocellular carcinoma; Combination therapy; Network meta-analysis; Treatment efficacy

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**Core Tip:** This study discusses the comprehensive findings of the network meta-analysis of Zhou *et al* on hepatic arterial infusion chemotherapy (HAIC) and its combination strategies for advanced hepatocellular carcinoma. It highlights the efficacy and comparative benefits of HAIC in improving treatment outcomes and emphasizes its potential as a targeted therapeutic option in clinical practice.

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## TO THE EDITOR

The study of Zhou *et al*[1] published in the *World Journal of Gastrointestinal Oncology* presents a comprehensive network meta-analysis evaluating the efficacy of hepatic arterial infusion chemotherapy (HAIC) and its combination therapies for advanced hepatocellular carcinoma (HCC). HCC often presents in an advanced stage for which treatment options are limited, rendering treatment challenging. HAIC delivers potent anticancer agents directly to the tumor through the hepatic artery. The meta-analysis of Zhou *et al*[1] compares the effectiveness and safety of HAIC alone and in combination with other treatments. This study contextualizes the findings, explores their clinical implications, and discusses strategies for optimizing therapeutic approaches for managing advanced HCC. Studies such as that of Zuo *et al*[2] have highlighted the potential of combining HAIC with immune checkpoint inhibitors and antiangiogenic agents such as camrelizumab and apatinib to improve outcomes and survival in patients with advanced HCC. Mei *et al*[3] introduced the Assessment for Retreatment with HAIC (ARH) score as a tool to guide retreatment decisions on the basis of treatment response and disease progression. Moreover, Wang *et al*[4] examined the effects of a combination of programmed cell death protein-1 (PD-1) inhibitors, tyrosine kinase inhibitors (TKIs), and HAIC as a first-line treatment of advanced HCC associated with the hepatitis B virus (HBV), and they obtained promising tumor control and survival results. These studies illustrate the ongoing efforts to enhance therapeutic outcomes through innovative combinations and personalized treatment strategies tailored to the clinical profiles of patients with advanced HCC. In summary, the meta-analysis of Zhou *et al*[1] and recent advancements in combination therapies offer critical insights into the evolving role of HAIC in treating advanced HCC. This study provides clinicians with perspectives on current practices and to guide research and improve outcomes for patients who have received a diagnosis of this challenging condition.

### Evolution of HAIC

HAIC was developed as a targeted treatment for HCC that utilizes the liver's unique vascular anatomy to deliver concentrated chemotherapy drugs directly to tumor sites, reducing systemic exposure and related toxicities[1]. This approach addresses the challenge of the liver's dual blood supply by enabling selective delivery of therapeutic agents through the hepatic artery, which primarily supplies HCC tumors. Advancements in HAIC have been driven by a deep understanding of HCC's pathophysiology and the need for localized treatment strategies involving high drug efficacy and small adverse effects. The network meta-analysis of Zhou *et al*[1] illustrates the comparative effectiveness of HAIC across therapeutic regimens, emphasizing the role of the treatment in improving survival and tumor response rates in patients with advanced HCC. Furthermore, recent studies have explored combination therapies aiming to enhance the efficacy of HAIC. For example, synergistic effects were found when HAIC was combined with immune checkpoint inhibitors such as camrelizumab and targeted therapies such as apatinib; antitumor immune responses were enhanced, and progression-free survival was extended[2]. Mei *et al*[3] emphasized the importance of personalizing treatment on the basis of a patient's response and disease progression. HAIC is thus a pivotal advancement in the management of HCC that enables tailored therapeutic approaches, maximizing efficacy and minimizing systemic toxicity. Researchers continue to refine HAIC protocols and explore new combinations to optimize outcomes for patients with advanced HCC.

### Comparative effectiveness of HAIC and combination therapies

The network meta-analysis of Zhou *et al*[1] provides a comprehensive evaluation of HAIC alone and in combination with various therapeutic agents or modalities for advanced HCC. The meta-analysis provides a comparative assessment of outcomes such as tumor response rate, progression-free survival, and overall survival. Additionally, the meta-analysis indicates the efficacy of HAIC in delivering targeted therapy directly to liver tumors, using the liver's vascular anatomy to achieve high local drug concentrations and to minimize systemic toxicity. Zhou *et al*[1] employed a frequentist approach to compare the efficacy and safety of HAIC and its combination strategies for treating advanced HCC. This method estimates treatment effects by integrating direct and indirect evidence from multiple studies, enhancing the robustness of the comparative outcomes[1]. Zhou *et al*[1] used hazard ratios (HRs) and odds ratios (ORs) with 95% confidence intervals to evaluate overall survival, progression-free survival, the tumor response rate, and adverse events. HRs and ORs provide standardized measures of effect size across studies, enabling comparison of treatments with varying baseline characteristics[1]. Additionally, the *P*-score, which ranks treatments on the basis of the probability they are the best option, was calculated to provide a detailed interpretation of the relative efficacy of various therapeutic combinations[1]. Use of the *P*-score enabled the inclusion of studies that did not directly compare all treatments but

contributed valuable indirect comparisons. This approach is particularly relevant for HAIC, for which direct head-to-head trials are lacking. Combining direct and indirect evidence addresses gaps in the literature to provide a comprehensive understanding of the benefits and risks associated with various HAIC strategies[1]. This article references studies that have employed similar or complementary statistical methods, emphasizing the importance of robust analysis in advancing treatment strategies for HCC. For example, Zuo *et al*[2] employed a similar approach to demonstrate the effectiveness of the combination of HAIC, camrelizumab, and apatinib, validating the findings of Zhou *et al*[1] and highlighting the ability of innovative combination therapies to improve patient outcome. By highlighting the incorporation of detailed statistical methods in the meta-analysis of Zhou *et al*[1], this article underscores the reliability of network meta-analyses in guiding clinical decisions to advance HCC treatment. The methodological rigor of these studies supports this article's conclusions and suggests directions for future research and clinical practice[1]. Zhou *et al*[1] further discussed the synergistic benefits of combining HAIC with therapies such as immune checkpoint inhibitors (camrelizumab) and vascular endothelial growth factor receptor inhibitors (apatinib) that exhibit enhanced antitumor activity and provide long-term disease control in patients with advanced HCC[2,4]. Their findings underscore the focus of research on treating HCC with combination therapies involving HAIC to improve outcomes and patient survival.

### **Safety and tolerability profiles**

Assessing the safety and tolerability of therapeutic regimens is integral to treating HCC. The network meta-analysis of Zhou *et al*[1] provides insights into the safety of HAIC and its combination therapies for advanced HCC. The meta-analysis highlights safety concerns such as hematological and hepatic toxicities and other treatment-related adverse events[1]. For example, when combined with an immunotherapy agent such as camrelizumab and targeted therapy such as apatinib, HAIC has manageable toxicity if a patient is carefully monitored[2]. Additionally, the retrospective study of Wang *et al*[4] highlights the balance that must be struck between efficacy and safety, particularly when integrating immune checkpoint inhibitors and TKIs with HAIC to treat advanced HCC associated with HBV. Managing treatment-related adverse effects is essential to optimizing outcomes and ensuring the feasibility of HAIC-based therapies for advanced HCC.

### **Clinical implications and future directions**

The meta-analysis of Zhou *et al*[1] can inform clinical decision-making and shape research into HCC treatment strategies. Integrating these strategies into clinical practice can enhance outcomes for patients with advanced HCC. For example, combining HAIC with camrelizumab and apatinib may improve the efficacy and tolerability of HAIC[2]. Mei *et al*[3] emphasized the importance of personalized treatment approaches, suggesting the use of tools such as the ARH score to optimize retreatment decisions and manage adverse events. Future research must identify predictive biomarkers with which patient populations receiving tailored treatments can be identified. Additional research is required to develop combination therapies that minimize toxicity and maximize efficacy[4]. However, acknowledging gaps and challenges in the study of Zhou *et al*[1] is essential in examining the limitations of evidence regarding the efficacy of HAIC and its combination therapies. One major limitation is the heterogeneity among studies in the network meta-analysis; variations in design, patient populations, and treatment regimens may have affected the generalizability of the findings. The lack of direct comparisons between therapeutic strategies also complicates the interpretation of the results because indirect comparisons can introduce biases that weaken the conclusions[1]. Another limitation is the inadequate representation of certain combination therapies, particularly those involving novel agents such as immune checkpoint inhibitors. Although HAIC combined with PD-1 inhibitors and TKIs has potential, as noted by Wang *et al*[4], the retrospective nature of the studies and the absence of large-scale randomized controlled trials (RCTs) raise concerns regarding the robustness of the evidence supporting these combinations[1]. Future research must prioritize well-designed RCTs to validate the efficacy and safety of these novel combinations and establish standardized treatment protocols for broader clinical use. However, the literature does not address long-term outcomes or potential late-onset toxicities associated with HAIC and its combination therapies. Studies such as those of Zuo *et al*[2] and Mei *et al*[3] provide insights into short-term efficacy and safety, but more comprehensive studies are required to assess long-term survival, quality of life, and posttreatment complications. Future research must also identify and validate predictive biomarkers to enable personalized treatment approaches tailored to each individual patient's characteristics. Additionally, decision-making tools, such as the ARH score proposed by Mei *et al*[3], need to be refined and validated in larger cohorts to enhance their clinical utility[1]. Personalized treatment strategies must consider individual patient factors, specifically liver function, tumor burden, and molecular profiles, when evaluating the appropriateness of HAIC and its combination therapies. Using predictive biomarkers in clinical decision-making can help tailor treatment plans to maximize efficacy and minimize adverse effects [1]. Nevertheless, combining HAIC with modalities such as PD-1 inhibitors or TKIs must be approached cautiously until validated by large-scale RCTs. Clinicians must weigh the benefits against the risks, particularly for patients with compromised liver function or comorbidities[1]. Monitoring patients undergoing HAIC-based therapies in terms of their long-term outcomes and potential late-onset toxicities is critical; regular follow-ups and comprehensive assessments are required to manage adverse effects and ensure sustained therapeutic benefits[1]. Ongoing clinical trials can provide additional evidence regarding the effectiveness of HAIC and its combinations and enable refinement of treatment protocols and improvement of outcomes[1]. Addressing these limitations and incorporating these recommendations can help researchers and clinicians effectively harness HAIC's potential, improving the prognosis for patients with advanced HCC.

## CONCLUSION

The network meta-analysis of Zhou *et al*[1] considerably advances our understanding of HAIC and its combination therapies for treating advanced HCC. Their findings illustrate HAIC's potency as a localized treatment that delivers high concentrations of chemotherapy agents directly to liver tumors and thereby minimizes systemic side effects[1]. This study summarizes the results of the meta-analysis, emphasizing the comparative efficacy of HAIC alone and in combination with other therapies. Additionally, this article examines HAIC's history, mechanistic benefits, and safety profiles highlighted in the analysis. The discussion addresses clinical implications, suggesting methods for optimizing treatment strategies and improving patient outcomes for those with advanced HCC. Future research should refine HAIC protocols, explore novel combinations such as HAIC with immunotherapy and targeted agents (*e.g.*, camrelizumab and apatinib), and identify biomarkers that can enable personalization of treatments[2-4]. These efforts can expand therapeutic options for advanced HCC, improving survival rates and patients' quality of life. In conclusion, the meta-analysis of Zhou *et al*[1] provides critical insights for future HCC treatment, validating the role of HAIC in managing this challenging disease.

## FOOTNOTES

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## Gallbladder carcinoma in the era of artificial intelligence: Early diagnosis for better treatment

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### Abstract

Gallbladder carcinoma (GBC) is the most common malignant tumor of biliary tract, with poor prognosis due to its aggressive nature and limited therapeutic options. Early detection of GBC is a major challenge, with most GBCs being detected accidentally during cholecystectomy procedures for gallbladder stones. This letter comments on the recent article by Deqing *et al* in the *World Journal of Gastrointestinal Oncology*, which summarized the various current methods used in early diagnosis of GBC, including endoscopic ultrasound (EUS) examination of the gallbladder for high-risk GBC patients, and the use of EUS-guided elastography, contrast-enhanced EUS, trans-papillary biopsy, natural orifice transluminal endoscopic surgery, magnifying endoscopy, choledochoscopy, and confocal laser endomicroscopy when necessary for early diagnosis of GBC. However, there is a need for novel methods for early GBC diagnosis, such as the use of artificial intelligence and non-coding RNA biomarkers for improved screening protocols. Additionally, the use of *in vitro* and animal models may provide critical insights for advancing early detection and treatment strategies of this aggressive tumor.

**Key Words:** Gallbladder carcinoma; Endoscopic ultrasound; Biopsy; Elastography; Choledochoscopy; Artificial intelligence; Non-coding RNAs; Screening; Animal models; *In vitro* studies

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**Core Tip:** Gallbladder carcinoma is the most common malignant tumor of biliary tract, with poor prognosis due to its aggressive nature and limited therapeutic options. Current methods available for early screening include endoscopic ultrasound (EUS) examination, EUS-guided elastography, contrast-enhanced EUS, trans-papillary biopsy, natural orifice transluminal endoscopic surgery, magnifying endoscopy, choledochoscopy, and confocal laser endomicroscopy. Despite these established modalities, there is a need for innovative diagnostic methods, particularly the use of artificial intelligence and non-coding RNA biomarkers, to improve screening protocols and facilitate earlier disease detection.

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## TO THE EDITOR

Gallbladder carcinoma (GBC) is the most common biliary malignant tumor with an aggressive nature and poor prognosis [1,2]. The editorial reported by Deqing *et al* [1]: “Endoscopic diagnosis and management of Gallbladder carcinoma in a minimally invasive era: New needs, new models”, highlighted various minimally invasive diagnostic and therapeutic procedures in GBC. This editorial written by Deqing *et al* [1] was based on the work published by Pavlidis *et al* [2]: “New Trends in the Diagnosis and Management of Gallbladder Carcinoma”. GBC is diagnosed late and has a poor prognosis with a 5-year survival rate of 13% [3].

### **Imaging, endoscopic and non-endoscopic methods for early detection of GBC**

Deqing *et al* [1] emphasized the early detection of GBC and recommended incorporating endoscopic ultrasound (EUS) examination of the gallbladder inner wall as a quality control indicator for high-risk GBC patients. They also advocated using EUS-guided elastography, contrast-enhanced EUS, trans-papillary biopsy, natural orifice transluminal endoscopic surgery, magnifying endoscopy, choledochoscopy, and confocal laser endomicroscopy, when necessary for early diagnosis of GBC [1].

Other new emerging modalities used for differentiating benign and malignant lesions in the liver and breast such as real-time elastography using acoustic radiation force impulse (ARFI) could play an important role in the diagnosis of GBC [4,5]. Routine use of ARFI while doing ultrasonography combined with multidimensional computed tomography (CT) and contrast-enhanced endoscopic ultrasonography can help diagnose and stage early diffuse wall thickening type GBC [6].

The use of dual-time-point 18F-fluoro-2-deoxy-2-D-glucose [(18)F-FDG] positron emission tomography (PET) has also shown encouraging results in predicting gall bladder malignancy in gall bladder polyps. Delayed (18)F-FDG PET is more helpful than early (18)F-FDG PET for evaluating malignant lesions because of increased lesion uptake and increased lesion-to-background contrast, and when combined with the retention index, sensitivity is increased to 100% and specificity to 80% [2,7].

### **Early diagnosis of GBC using artificial intelligence and non-coding RNAs**

Recent investigations have examined the potential of artificial intelligence (AI) in enhancing the detection and early diagnosis of GBC through CT imaging analysis. Deep learning AI algorithms have demonstrated particularly promising results, with improved efficacy and accuracy at early diagnosis of GBC, achieving accuracy rates of 98.35% using deep neural networks and MobileNet architectures. Conventional neural network approaches have shown moderate efficacy, with an area under the curve of 0.81. Despite their considerable promise, several barriers to clinical implementation persist, including regulatory compliance requirements, ethical considerations, as well as the need for validation and integration within existing clinical workflows. Despite these challenges, the integration of AI in CT scan analyses presents a promising method for the early diagnosis of GBC [8].

The early identification of GBC is a major clinical challenge, with most cases being discovered accidentally during cholecystectomy procedures performed for gallbladder stones. At present, there is a lack of effective population-level screening tests for GBC. Traditional tumor markers, including carcinoembryonic antigen and carbohydrate antigen 19-9 demonstrate limited diagnostic ability, particularly in early-stage GBC [9]. As a result, non-coding RNAs have emerged as potential novel biomarkers for early diagnosis and treatment of GBC, given their role in transcriptional regulation of target genes associated with solid tumor development [10,11]. However, there is a need for further research using both *in vitro* systems and experimental animal models to identify and validate new GBC-specific biomarkers [12].

The editorial by Deqing *et al* [1] presents limitations in its analysis, notably omitting crucial economic considerations related to novel GBC diagnostic technologies. A comprehensive evaluation should address the healthcare workforce and time costs, as well as medical insurance reimbursement implications, factors which are essential to assess feasibility of clinical implementation and integration into current systems to enhance the practicality and clinical relevance of their recommendations [13-15].

## CONCLUSION

Current diagnosis methods for GBC cover a spectrum of techniques, such as EUS examination, EUS-guided elastography, contrast-enhanced EUS, trans-papillary biopsy, natural orifice transluminal endoscopic surgery, magnifying endoscopy, choledochoscopy, and confocal laser endomicroscopy. Despite the variety of diagnostic techniques available, early detection of GBC remains a major challenge, with most GBCs being detected accidentally during cholecystectomy procedures for gallbladder stones. This challenge has prompted the study of new modalities for early detection of GBC, particularly into AI and non-coding RNA biomarkers to improve screening protocols for GBC. Additionally, further research using *in vitro* systems and animal models of GBC is essential to develop novel diagnostic approaches and detect new biomarkers to assist with early diagnosis and better treatment of this aggressive tumor.

## FOOTNOTES

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## Controversies around the treatment of peritoneal metastases of colorectal cancer

Francisco J Morera-Ocon, Clara Navarro-Campoy, Ticiano Guastella, Francisco Landete-Molina

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### Abstract

In this editorial we examine the article by Wu *et al* published in the *World Journal of Gastrointestinal Oncology*. Surgical resection for peritoneal metastases from colorectal cancer (CRC) has been gradually accepted in the medical oncology community. A randomized trial (PRODIGE 7) on cytoreductive surgery (CRS) with hyperthermic intraperitoneal chemotherapy (HIPEC) failed to prove any benefit of oxaliplatin in the overall survival of patients with peritoneal metastases from colorectal origin. Nevertheless, isolated systemic chemotherapy for CRC stage IV has demonstrated a reduced response in peritoneal metastases than that obtained in other metastatic sites such as the liver. Another tool is required in those patients to achieve more local control of the disease. Surgical groups in peritoneal surgery continue to use HIPEC in their procedures, using other agents than oxaliplatin for peritoneal cavity infusion, such as mitomycin C. These patients present with complex surgical issues to manage, and consequently a large burden of complications has to be anticipated. Therefore, identifying patients who will benefit from CRS with or without HIPEC would be of great interest.

**Key Words:** Colorectal cancer; Peritoneal metastasis; Hyperthermic intraoperative chemotherapy; Treatment strategies; Peritoneal Surface Oncology Group International

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**Core Tip:** Local control of peritoneal metastasis in colorectal cancer requires surgical resection to assist the outcome of systemic chemotherapy and target therapy. Despite the negative results of a randomized phase III trial studying the effect of oxaliplatin as a hyperthermic intraperitoneal chemotherapy (HIPEC) agent, HIPEC therapy may work in synergy with complete surgical resection to achieve locoregional control of the disease. Studies focusing on diagnostic tools to achieve better selection of patients who will benefit from comprehensive treatment (surgery, HIPEC, and systemic chemotherapy) are welcome.

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## TO THE EDITOR

The term “peritoneal carcinomatosis” has contributed to maintaining the nihilistic approach of the medical oncology community and general surgeons toward surgical resection as part in the treatment of colorectal cancer (CRC) peritoneal metastases. Until recently, surgery for these patients has only been considered as palliative treatment[1]. Nevertheless, the medical oncology community has always considered surgery as the standard treatment approach for patients with resectable oligometastatic disease of CRC origin, “even in the absence of randomized trials comparing surgical with non-surgical disease management”, as written by the authors of ESMO consensus guidelines for the management of patients with metastatic CRC in 2016[2]. Consequently, when surgical treatment of liver metastases from CRC began, the strategy was easily embraced by the oncologic community, even before any dedicated randomized trial was complete. Peritoneal surgery, unlike liver surgery, has never received the same recognition.

The conventional therapy for patients with CRC peritoneal metastases is based on systemic chemotherapy that aims to obtain prolongation of survival and symptomatic relief. Keeping in mind that isolated modern chemotherapy regimens have poorer efficacy in patients with CRC peritoneal metastases than in patients with other metastatic sites[3,4], it would be desirable to make available a more aggressive locoregional therapy to address the peritoneal involvement.

## DEVELOPMENT OF PERITONEAL SURGERY

In the 1980s and 1990s, surgical pioneers in peritoneal surface malignancies: Paul Sugarbaker[5], François Gilly[6], Dominique Elias[7], and Franz Zoetmulder[8], developed surgical techniques to address malignant involvement of the peritoneal cavity, naming those procedures cytoreductive surgery (CRS). Surgeons worldwide trained in this surgical expertise, and an international group (Peritoneal Surface Oncology Group International (PSOGI), 1998) and other national groups (for example the Grupo Español de Cirugía Oncológica Peritoneal (GECOP) 2007, in Spain) were founded. Within these surgical groups, the combination of hyperthermic intraperitoneal chemotherapy (HIPEC) with CRS has always been considered.

The rationale for the association of CRS and HIPEC is to achieve a complete surgical resection of all macroscopic disease within the peritoneal cavity, and to treat the residual microscopic disease (or residual nodules less than 2.5 mm in diameter) with intraperitoneal chemotherapy[9].

Other surgical groups also perform peritoneal metastatic resection without the use of HIPEC[10-12]. The reason for not using HIPEC is mostly due to its presumed high morbidity. In 2016, Baratti *et al*[13] conducted a systematic review on CRC peritoneal metastases treatment, based on retrospective studies, and showed the benefits of comprehensive treatment with CRS and HIPEC. For comparison purposes, only retrospective studies have ever been required for the acceptance of surgical treatment of CRC liver metastases. For CRS/HIPEC, there is a greater demand required to prove its benefits, and the lack of randomized trials has been underscored.

## CONTROVERSIAL STUDIES ON CYTOREDUCTIVE SURGERY AND HIPEC

A phase III randomized trial was conducted by Verwaal *et al*[14] comparing CRS/HIPEC to the standard treatment at the time, *i.e.* systemic chemotherapy with 5-fluorouracil (5-FU) and leucovorin. The results revealed a median survival of 12.6 months in the standard therapy arm, and 22.3 months in the HIPEC group ( $P = 0.032$ ), but the median follow-up was only 21.6 months. This study generated a great deal of criticism. It was mainly criticized as cases of peritoneal disease from mucinous appendicular neoplasia were present within the included patients in the HIPEC group, and the study was performed in the era of 5-FU. Subsequently, chemotherapy and target therapy for CRC have evolved since then with increased overall survival (OS).

The results of PRODIGE 7, a multicenter French randomized phase III trial comparing CRS/HIPEC with CRS alone for CRC peritoneal metastases, were presented at the ASCO meeting and published as an abstract in 2018[15]. Curiously, the



manuscript was not published until 2021[16].

The study included 133 patients in the CRS/HIPEC arm, and 132 patients in the CRS alone group. After a median follow-up of 63.8 months, the median OS was 41.7 months in the CRS/HIPEC group and 41.2 months in the CRS alone group ( $P = 0.99$ ). The negative result for HIPEC in this study made us recall Thomas Henry Huxley at The Address at the Meeting of the British Association at Liverpool (1870), when he said: "But the great tragedy of Science-the slaying of a beautiful hypothesis by an ugly fact ... was played, almost immediately, for the benefit of Buffon and Needham"[17]. In this case, the results of PRODIGE 7 were promptly "played for the benefit of" the anti-HIPEC adversaries[18].

In the PRODIGE 7 study, systemic 5-FU and folinic acid were delivered intravenously 20 minutes before intraperitoneal infusion of oxaliplatin at 43 °C over 30 minutes[16]. From their results it appears that "the beautiful hypothesis" of the benefit of oxaliplatin as locoregional treatment for microscopic disease for 30 minutes was rejected because this HIPEC did not prolong survival (which became "the ugly fact"). Nevertheless, the hypothesis of HIPEC as adjuvant locoregional treatment in CRC with peritoneal involvement was not falsified by this trial. What the trial leads us to conclude is that HIPEC with oxaliplatin at that specific dose and perfusion time did not influence OS. Furthermore, the trial results show that a potential benefit of the regimen cannot be excluded. There was a trend towards better locoregional control of the disease in the first 18 months after surgery, as shown by the Kaplan Meier curves, corresponding to a decrease in peritoneal recurrence observed in the CRS/HIPEC group compared with CRS alone[19]. Additionally, the authors found in a post-hoc subgroup analysis that median overall and relapse-free survival were longer in patients with a peritoneal cancer index (PCI) of 11-15 in the CRS plus HIPEC group than in those in the CRS group. This result may encourage future research into the role of HIPEC in patients with a PCI of 11-15 and in whom complete or near-complete surgical resection is achieved.

Apart from OS results, the issue of morbidity and mortality is of importance when discussing the role of HIPEC. The morbidity at 30 days reported by the PRODIGE 7 study was not different between the groups, with 42% in the CRS/HIPEC group *vs* 32% in the CRS alone group ( $P = 0.083$ ). The intra-abdominal complications were not different at 30 days (27% *vs* 18%,  $P = 0.084$ ) and 60 days (6% *vs* 3%,  $P = 0.38$ ) between the CRS/HIPEC and CRS alone groups, respectively. Four patients died within 30 days of CRS with or without HIPEC, two (2%) due to cardiac failure and massive pneumonia in the CR/HIPEC group, and 2 (2%) due to intraperitoneal hemorrhage and septic shock in the CRS alone group. The difference in morbidity was statistically significant for: neutropenia (17% *vs* 8%,  $P = 0.025$ ), thrombocytopenia (9% *vs* 2%,  $P = 0.011$ ), and late severe complications (day 31-60) (26% *vs* 15%,  $P = 0.035$ ) in the CRS/HIPEC group and CRS alone group, respectively. It is striking that the higher complication rate in the HIPEC/CRS group was rapidly associated with the oxaliplatin intraperitoneal infusion, and was not considered to be related to 5-FU intravenous bolus administered to the anesthetized patient, as this was performed following the bidirectional chemotherapy protocol[20] used in the trial. It is well known that bolus administration of 5-FU is associated with hematological toxicities (anemia, neutropenia, and thrombocytopenia)[21-23]. Therefore, the effect of endovenous administration of 5-FU on postoperative complications should be studied before ascribing the higher morbidity shown in the CRS/HIPEC group to the sole administration of intraperitoneal chemotherapy agent.

The Group of Professor Bruno Camps from Valencia, Spain, one of the pioneers of CRS/HIPEC in this country, used mitomycin C for 60 minutes at 40 °C, without the administration of systemic chemotherapy. No treatment-associated myelosuppression was observed in our patients.

Despite the negative results for HIPEC in the PRODIGE 7 trial, worldwide CRS/HIPEC surgical groups have not been discouraged and persevere using several HIPEC protocols in patients with CRC peritoneal metastases. These patients, mainly if metastases are metachronous, may require very complex surgical management, due to the disease itself and to previous surgical adhesions. Therefore, identifying patients who will benefit from CRS with or without HIPEC would be of great interest.

## PROGNOSTIC MARKERS AND SURGICAL INDICATIONS FOR CRS/HIPEC

In the recent issue of *World Journal of Gastrointestinal Oncology*, Wu *et al*[24] published their work on markers related to the prognosis of patients with peritoneal metastasis of CRC. The authors performed a study aiming to investigate the association of preoperative inflammatory neutrophil-to-lymphocyte ratio (NLR) and nutritional markers (hemoglobin) with prognosis in patients with CRC peritoneal metastases. They undertook a retrospective study including a series of 133 patients with peritoneal metastases from CRC who underwent CRS and HIPEC. The protocol used in their institution was a mixture of 5-FU, oxaliplatin, and platinum, at 42°C, for 60 minutes for patients with a completeness of cytoreduction (CC) score of CC 0 or CC 1 (non-macroscopic disease after resection, or residual tumor nodules of less 2.5 mm as the maximum diameter, respectively). They determined an optimal NLR cutoff value of 3.1 for predicting OS (high NLR group:  $NLR \geq 3.1$ ; low NLR group:  $NLR < 3.1$ ). The authors observed a median OS for patients with high NLR of 7.9 months compared with 25.4 months for those with low NLR ( $P = 0.002$ ). As revealed by the authors, there are currently no standardized NLR values for all patient cohorts and this could limit the conclusion of the study concerning the influence of NLR on OS.

Another finding in the study was that albumin level, unlike hemoglobin (Hb) level, was not an independent prognostic factor in their multivariate analysis, and therefore they proposed that Hb was a better indicator of nutritional status and prognosis than albumin. In their series, patients with normal Hb had a significantly longer median OS (18.5 months) than those with low Hb (6.3 months;  $P < 0.001$ )[24].

The study also provided a nomogram, which included the factors Hb, age, NLR, serum cancer antigen 19.9, and PCI [24], that translated the importance of these factors for assessment of surgical risk, as well as prognostic factors. The

consideration of these factors, mainly the PCI, will be necessary when the decision to proceed with CRS with or without HIPEC is taken.

## CONCLUSION

In conclusion, CRS must be included in the treatment of selected patients with stage IV CRC with peritoneal metastases, in association with systemic chemotherapy. Thus, surgery should not be viewed only as palliative treatment, and therapeutic resection surgery must always be considered. The administration of HIPEC should be left to the discretion of the surgical group. Provided that there are no postoperative complications directly related to HIPEC, the administration of HIPEC should be encouraged mainly when CC 0 and CC 1 resections are obtained, and preferably in clinical trials.

## FOOTNOTES

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## Curcumin in gastric cancer treatment: A commentary on mechanistic insights and future directions

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### Abstract

The study by Yang *et al* presents a comprehensive investigation into the therapeutic potential of curcumin for gastric cancer (GC). Using network pharmacology, the researchers identified 48 curcumin-related genes, 31 of which overlap with GC targets. Key genes, including *ESR1*, *EGFR*, *CYP3A4*, *MAPK14*, *CYP1A2*, and *CYP2B6*, are linked to poor survival in GC patients. Molecular docking confirmed strong binding affinity of curcumin to these genes. *In vitro* experiments demonstrated that curcumin effectively inhibits the growth and proliferation of BGC-823, suggesting its therapeutic potential in GC through multiple targets and pathways.

**Key Words:** Curcumin; Gastric cancer; Network pharmacology; Mechanism of action; *In vitro* experiments

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**Core Tip:** The study by Yang *et al* elucidates the therapeutic mechanisms of curcumin in gastric cancer treatment, identifying key targets and confirming their interactions with curcumin through molecular docking. This study provides a solid foundation for further exploration of curcumin's role in gastric cancer therapy.

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## TO THE EDITOR

We had the privilege of reading the article “Curcumin for gastric cancer: Mechanism prediction *via* network pharmacology, docking, and *in vitro* experiments[1],” authored by Yang *et al*[1], published in the *World Journal of Gastrointestinal Oncology*. This study explores the potential therapeutic mechanisms of curcumin for gastric cancer (GC) through network pharmacology, molecular docking, and *in vitro* experiments, offering new perspectives and approaches for GC treatment.

We would like to commend the authors for their work on elucidating the pharmacological mechanisms of curcumin. The article initially assesses the pharmacokinetic properties of curcumin using network pharmacology methods and predicts its potential targets through various databases. The cross-analysis with GC disease targets successfully identified multiple key genes associated with curcumin, laying the foundation for subsequent experimental validation, and providing a powerful tool for the modernization of research into natural medicinal materials. The identification of key genes such as ESR1 and EGFR, along with the validation of curcumin's binding affinity through molecular docking, presents a significant advancement in the field[2,3].

It is particularly noteworthy that this study goes beyond theoretical exploration and further verifies the interaction between curcumin and core targets through molecular docking and *in vitro* experiments. The inhibitory effects of curcumin on BGC-823 cells contribute to further evidence for the use of curcumin in cancer therapy[4]. The highlight of this study lies in its integration of multidisciplinary methods. By employing advanced network pharmacology, combined with molecular docking techniques and *in vitro* experimental validation, this interdisciplinary research approach provides a new strategy to explore the pharmacological effects of natural medicinal materials. Gene ontology enrichment analysis and Kyoto Encyclopedia of Genes and Genomes pathway analysis reveal that curcumin may act through multiple biological processes and signaling pathways. Furthermore, the analysis of patient survival data using Kaplan-Meier plots shows that high expression of certain core targets is correlated with poor prognosis in GC patients, providing clinical relevance for curcumin as a potential therapeutic agent.

However, we also have some exploratory opinions on certain aspects of the study. Firstly, regarding the pharmacokinetic properties of curcumin, although the article mentions the assessment results of Lipinski's Rule of Five, the discussion on the bioavailability and pharmacokinetic characteristics of curcumin in the body appears insufficient. Given that the bioavailability of curcumin has always been one of the challenges in its clinical application[5], future research that further explores its pharmacokinetic behavior in the body will be significant in promoting its clinical use.

Secondly, while the study's network pharmacology predicted multiple targets and validated them through molecular docking experiments, an in-depth discussion on the specific mechanisms by which these targets affect the occurrence and development of GC and how they synergistically influence the biological behavior of GC cells seems lacking. Future research that delves into the molecular mechanisms of action of these core targets will help to better understand the anti-cancer effects of curcumin.

In future experiments, the range of curcumin concentrations used in the article may need further optimization in animal models to simulate real clinical use and consider drug interactions and side effects. The study should also consider the potential genetic and epigenetic differences between patients, which may affect the efficacy and tolerance of curcumin. Lastly, although the *in vitro* experimental results are encouraging, the anti-cancer effects and mechanisms of curcumin in the body still need to be verified by more *in vivo* experiments. It is suggested that the authors consider conducting relevant animal model studies to further explore the *in vivo* anti-tumor effects of curcumin.

In summary, the research by Yang *et al*[1] provides valuable insights and directions for the application of curcumin in GC treatment. We commend this work and look forward to the authors conducting more in-depth investigations on the issues in their future studies.

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## FOOTNOTES

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## Network pharmacology: Changes the treatment mode of "one disease-one target" in cancer treatment

Shuai Liu, Yong-Wei Yu

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### Abstract

The article concluded that network pharmacology provides new ideas and insights into the molecular mechanism of traditional Chinese medicine (TCM) treatment of cancer. TCM is a new choice and hot spot in the field of cancer treatment. We have also previously published studies on TCM and network pharmacology. In this letter, we summarize the new paradigm of network pharmacology in cancer treatment mechanisms.

**Key Words:** Network pharmacology; Cancer; Multicomponent; Multitarget; Therapy

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**Core Tip:** Cancer cannot be effectively treated against a single gene target because it involves the synergy of different gene groups. Network pharmacology provides strong evidence of "multicomponent-multitarget" synergistic effects for the treatment of cancer with Chinese medicine.

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## TO THE EDITOR

We read with great interest the article recently published on the *World Journal of Gastrointestinal Oncology*[1]. The authors suggest that gastric cancer (GC) is the third most common malignancy in terms of both morbidity and mortality. At the same time, due to the difficulty in early diagnosis of GC, the current therapeutic methods are limited[2]. Although some molecular targeted drugs can be used for certain patients with overexpression or activation of certain targets, the scope of application is still very limited. Traditional Chinese medicine (TCM) is designed on the basis of the integrity of the human body and has the characteristics of multicomponent, multitarget and multilevel action[3], which can improve the clinical symptoms and quality of life in GC patients, prolong the survival time of patients, and reduce the toxic side effects caused by radiotherapy and chemotherapy. The authors revealed the possible mechanism by which the TCM Xiaojianzhong decoction improves GC by the synergistic effect of multiple targets through network pharmacology.

In recent years, the incidence and mortality of cancer have been rising, and traditional treatments, including chemotherapy, radiotherapy and surgery, are often unable to effectively control the progression of cancer. In the past few decades, the development of cancer treatment has focused on the development of drugs for a single target, that is, the "one disease-one target" model[4]. However, this strategy has been limited in addressing the complex pathological mechanisms of cancer. Cancer is a multifactorial, multistep, and multigene mutation-driven disease that involves abnormal activation or inhibition of multiple biological pathways[5]. Single-target drugs often cannot effectively address the diversity and complexity of cancer.

## LIMITATIONS OF THE TRADITIONAL "ONE DISEASE-ONE TARGET" MODEL

The traditional drug development model is usually based on a single relationship between drug targets and diseases, which means that each disease is directly related to one or a few targets and that drugs regulate the progression of the disease by acting on these targets. However, the pathogenesis of cancer involves multiple signalling pathways and complex gene-environment interactions. Therefore, single-target drugs often fail to achieve the expected results in clinical applications, especially in the face of cancer heterogeneity and drug resistance[6]. First, the heterogeneity of cancer means that even for the same type of cancer, there are significant differences in gene expression profiles and pathological characteristics between patients. This heterogeneity means that a certain targeted drug is effective for some patients but may be ineffective or even harmful to others. Second, tumor cells are highly adaptable, and long-term use of a single targeted drug often leads to drug resistance, which gradually weakens or even makes the treatment ineffective. In addition, cancer involves abnormalities in multiple biological processes, such as proliferation, apoptosis, metabolism, and immune escape, and these processes cannot be fully inhibited by regulating a single target.

## THE RISE OF NETWORK PHARMACOLOGY

In response to these challenges in cancer treatment, network pharmacology has been developed. Network pharmacology is a research method based on systems biology and network science that aims to understand the impact of drugs on the entire biological system by analyzing the complex interactions between drugs, genes, targets and diseases. Unlike the traditional "one disease-one target" model, network pharmacology focuses on the overall regulation of multiple targets and biological pathways and uses multi omics data and computational models to identify potential multitarget drugs or drug combinations, thereby formulating more precise and comprehensive treatment strategies[7,8]. Network pharmacology reveals complex disease mechanisms, especially multiple pathway regulatory mechanisms in cancer, by constructing a "disease-gene-target-drug" network. It uses computational models and big data analysis to connect targets, pathways, drugs, and diseases to form a multidimensional interactive pharmacological network. On the basis of this model, researchers can screen for potential multitarget drugs and even design treatments that can regulate multiple pathways simultaneously, thereby improving the accuracy and efficacy of cancer treatment.

## APPLICATION OF NETWORK PHARMACOLOGY IN CANCER THERAPY

In cancer treatment, network pharmacology can provide new ideas and tools for the development of personalized treatment plans. Through network analysis, researchers can identify key regulatory nodes and core pathways in cancer, thereby developing multifunctional drugs that act on multiple targets. These drugs can not only regulate the multiple pathway mechanisms of cancer but also reduce the drug resistance caused by the failure or mutation of a single target[9-11]: (1) Development of multitarget drugs: Unlike single-target drugs, multitarget drugs can act on multiple interrelated targets or signalling pathways at the same time. Through network pharmacology, researchers can discover key target combinations that are closely related to cancer pathological mechanisms, facilitating the design of more effective drugs. For example, some natural products or compound drugs may regulate multiple signalling pathways at the same time, and the screening and development of these compounds can be achieved through network pharmacology; (2) Optimization of drug combinations: In addition to developing new multitarget drugs, network pharmacology can also be used to optimize existing drug combinations. By analyzing the interactions between different drugs and their impact on cancer pathology networks, we can identify drug combinations with synergistic effects, thereby improving efficacy and

reducing side effects; and (3) Precision medicine and personalized treatment: Network pharmacology can provide personalized treatment options for cancer patients. By analyzing multi omics data such as patient genomes, transcriptomes, and proteomes, researchers can construct personalized disease networks and identify patient-specific pathological pathways and key targets. This personalized network analysis lays the foundation for precision medicine, allowing each patient to receive a tailored treatment plan to maximize the treatment effect.

## SHORTCOMINGS AND FUTURE OF NETWORK PHARMACOLOGY

Although network pharmacology has shown great potential in cancer treatment, it still faces some challenges. First, network pharmacology requires a large amount of multi omics data support, and the integration of different types of omics data is still difficult. Second, the construction and analysis of complex network models require advanced computational tools and algorithms, which places high demands on the technical level of researchers. In addition, although multitarget drugs and combination therapies are expected to improve therapeutic effects, how to reduce their potential side effects and toxicity still needs further study. In the future, with the advancement of omics technology and the accumulation of data, network pharmacology is expected to play a more important role in cancer treatment. In particular, with the introduction of artificial intelligence and big data analysis technology, network pharmacology will be able to predict the mechanism of action and clinical effects of drugs more accurately, thereby leading to more breakthroughs in cancer treatment.

## CONCLUSION

As an emerging research paradigm, network pharmacology has changed the traditional "one disease-one target" treatment model and provided a new perspective for the multitarget and multi pathway treatment of cancer. By integrating multiomics data and systems biology methods, network pharmacology can not only improve the efficiency of drug development but also promote the development of personalized medicine, thereby providing cancer patients with more accurate and effective treatment options. In the future, with the further development of technology, network pharmacology will play an increasingly important role in cancer treatment.

## FOOTNOTES

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